

GML

GOVERNOR'S MONTHLY LETTER

JULY 2023

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Gordon R. McNally

President 2023-24
Rotary International



Rajendra Dhoju

District Governor 2023-24
Rotary International District 3292

A young girl with dark hair, wearing a white ribbon, is shown in profile, looking down at a lit candle. The candle is in the foreground, and its flame is bright. The background is dark, and the lighting is warm and focused on the girl and the candle.

Light *of* Hope



GOVERNOR'S MONTHLY LETTER

Dear fellow Rotarians, Rotaractors and Interactors

First of all, I would like to congratulate all Rotarians, Rotaractors and Interactors for the Rotary Year 2023-24 and would like to offer my best wishes to everyone. We have just successfully completed Rotary Year 2022-2023. Rotary International, our District 3292 and all Rotary Clubs have done our best to serve the communities.

As Rotarians, we embody the ethos of "Service Above Self" and are deeply motivated to create positive change within our communities. Rotary International President R. Gordon R. McNally has unveiled his theme for the Rotary Year 2023-24 as "Create Hope in the World." This theme aims to restore hope, promote healing from destructive conflicts, and facilitate lasting change. President McNally emphasizes the importance of peace, continuity on empowering women, fostering diversity, equity, and inclusion, all while steadfastly pursuing our mission to eradicate polio.

In alignment with the RI Theme, our District has chosen "Light of Hope" as the District Theme. My vision is to rally all fellow Rotarians around the common goal of spreading positivity through impactful service projects within our society. Our district goals are based on this theme and I would advise all clubs to align their club goals and action plans accordingly.

This Rotary Year, we are revitalizing the Governor's Monthly Letter (GML) with an updated format and content structure. We have allocated dedicated space to highlight updates from The Rotary Foundation (TRF), Global Grant Projects, and District Grant Projects, with the aim of inspiring others and learning from successful initiatives. Additionally, we plan to introduce an interview section featuring esteemed personalities and leaders from various fields, creating an avenue for thought leadership both within and beyond the Rotary fraternity. I urge all Club Presidents and Secretaries to share their noteworthy club news and activities with us at gml.district3292@gmail.com in a timely manner, enabling us to feature and disseminate your stories to a wide audience.

We must understand that we, Rotarians, engage ourselves in service projects for the needy communities. Rotary leadership, despite the fact that lasts only for one year, can be life changing if we can use the potential of our team and members of the club.

Yours in Rotary,
- Rtn. Rajendra Prasad Dhoju
District Governor 2023-24
Rotary International District 3292, Nepal-Bhutan



JULY

Transition Month

I would like to congratulate RI President Gordon R. McNally, all District Governors, District Officials, Club Presidents and all fellow Rotarians on this month of Leadership Change and wish you all the best for your successful tenure.



RI PRESIDENTIAL STATEMENT

Even as we face new and serious challenges, Rotary takes care of its members and those we serve, works to build lasting peace, and embeds belonging and inclusion in everything we do. That is why I am asking everyone in Rotary to Create Hope in the World.

This year, we're prioritizing projects to support mental health. This effort is deeply personal to me. I know what it's like to see someone suffer in silence. I have also witnessed the power of personal connections, the value of discussing emotional and mental well-being, and the lifesaving impact of preventive care and treatment.

Building peace is the essence of Rotary. Many of our service projects foster the conditions for Positive Peace. This year, we'll promote virtual international exchanges for members to strengthen those vital connections.

The spirit of connection and purpose should inspire every Rotary member. When club leaders focus on offering an excellent club experience, we retain more members and attract more prospective members.

Our goal is to create a sense of belonging, from our club meetings to our service

activities. We need to continue creating inclusive, welcoming environments where everyone can be their authentic selves.

Over the next year, I will be putting a focus on continuing our journey in diversity, equity, and inclusion – ensuring that Rotary reflects the communities we serve and continues to take significant steps toward accessing the full range of human talents and experiences, so that we can better serve humanity. And we will continue to empower women and girls by helping them unlock the potential already within them.

As we begin this journey together, I take inspiration from Scotland's national poet, Robert Burns, who in the 18th century spoke of all the world becoming kin, promoting "sense and worth, over all the earth." This has long been my call to action, and I share it now with you.

Let us build peace within and spread it freely. Let us create belonging and imagine the future of Rotary afresh. Let us work together joyously and Create Hope in the World.

- Rtn. Gordon R. McNally
President 2023-24
Rotary International



PRIORITIZING MENTAL HEALTH

This year, we're prioritizing projects that aim to support mental health. Research shows that performing acts of kindness is one of the most effective steps any of us can take to protect our well-being and make us more resilient to all the challenges we encounter in life. And by building peace within, we become more capable of bringing peace to the world.

FOSTERING PEACE

Building peace is the essence of Rotary. Peace isn't just a dream, and it's not passive. It's the result of working hard, earning trust, and having open conversations that may be difficult. Peace must be waged persistently – and bravely. Everything we do, across all our areas of focus, has the potential to foster the hope that can make peace possible



CREATING A WELCOMING CLUB EXPERIENCE

The spirit of connection and purpose should inspire every Rotary member. Our goal is to create a sense of belonging, from our club meetings to every service activity we offer. We need to continue creating inclusive, welcoming environments where everyone can be their fully authentic selves.

PUSHING POLIO ERADICATION TO THE FINISH LINE

This is a critical year for polio eradication efforts as Rotary and our Global Polio Eradication Initiative (GPEI) partners are aggressively working to interrupt transmission of the poliovirus in the remaining endemic countries and other areas.

CREATING HOPE: A LOOK AT THE YEAR AHEAD

DISTRICT GOVERNOR'S INSTALLATION

HOTEL SIDDHARTHA VILASA
BHAIRAHAWA, LUMBINI

1 JULY 2023

The formal installation of District Governor Elect (DGE) Rtn. Rajendra Prasad Dhoju took place, officially designating him as the District Governor for Rotary International District 3292, Nepal-Bhutan, for the Rotary year 2023-24. Despite facing challenges such as flight cancellations and road blockades due to adverse weather conditions, the ceremony witnessed a significant turnout of approximately 600 Rotarians from across the country.

In a symbolic act, District Governor 2022-23 Rtn. Jitendra B. Rajbhandary handed over the DG Collar, Rotary Gong, and Gavel to the newly installed DG, Rajendra Prasad Dhoju, signifying the transfer of leadership. The DG Installation ceremony was conducted smoothly and included the presentation of the newly visualized Rotary Song, written by Rtn. Hari Bhakta Budhathoki (RC Pashupati), with music by Suresh Adhikari, and audio-visual direction by Rtn. Raj Shrestha (Rotary E-Club of District 3292).

During the event, DG Rajendra Prasad Dhoju also unveiled his recently conceptualized District Theme, 'Light of Hope,' which will serve as the guiding principle for the district's activities and initiatives throughout his term. This memorable ceremony marked the beginning of a new chapter in Rotary's service and commitment to making a positive impact on the communities in Nepal and Bhutan. More than 40 club presidents across the district were also installed in the ceremony.





RI THEME FOR ROTARY YEAR 2023-24



CREATE HOPE in the WORLD

At International Assembly in Orlando, Rotary International President-elect R. Gordon R. McNally announced his theme for the 2023-24 Rotary year, "Create Hope in the World". He explained that the goal is to restore hope to help the world heal from destructive conflicts and to help achieve lasting change. He emphasized the need for peace and continuity, including work to empower women and work toward diversity, equity, and inclusion, while not neglecting our mission to end polio.



MENTAL
HEALTH



INTERNATIONAL
EXCHANGES



PROMOTE
PEACE FOR
HOPE



ACTION
PLANS OF
CLUBS TO
PROMOTE
LASTING
CHANGE



WORK FOR
POLIO TO
CONTROL OUT
BREAK



DIVERSITY,
EQUITY AND
INCLUSION
(DEI)



CONTINUE
TO EMPOWER
GIRLS



PROMOTE
ROTARACTORS FOR
LEADERSHIP ROLES,
COLLABORATION
AND SERVICE IN
ROTARY

SCAN THIS QR TO
LEARN MORE ABOUT
RI PRESIDENTIAL
THEME.



DISTRICT THEME FOR ROTARY YEAR 2023-24

SCAN THIS QR TO
LEARN MORE ABOUT
DISTRICT THEME.



Light of Hope

In alignment with the RI Theme, District Governor Rajendra Prasad Dhoju has chosen "Light of Hope" as the District Theme. His vision is to rally all fellow Rotarians around the common goal of spreading positivity through impactful service projects within our society. Our district goals are also based on this theme and he advises all clubs to align their club goals and action plans accordingly.



DISTRICT GOALS 2023-24

RI District 3292



ADMINISTRATION

- Encourage all Members to enrol in My Rotary
- Review Club Annual Plans and Bylaws
- Clubs to streamline financial plans including Budget and Audit
- Each Club to have a Strategic Plan and implement
- 18th District Conference at Kathmandu, Nepal



MEMBERSHIP

- Growth in female membership up to 20% of total membership
- 10% general growth in membership
- Retention target 98%
- Formation of at least 5 new Clubs
- Support growth and retention with available resources
- Encourage Rotaract to be Rotarians



SERVICE PROJECTS

- Carry out 35 Global Grants
- Encourage active Clubs to partner and inspire other Clubs in GG Projects
- Encourage Rotaract Clubs to do District Grants, Global Grants
- RYLA and ICMs in all Regions
- RCC Conference at Lumbini
- Involve Rotaractors and Interactors in club Projects
- Toilet project 1000 to 1500 members



PUBLIC IMAGE

- Each Club to enhance Public Image and awareness through hoarding boards in their respective areas, Project sites and public events
- Conducting Marathons, Walkathons, photo exhibitions, Polio drive, ICM Seminars and Workshops on areas of focus with Rotarians and non-Rotarians participation, 4 Way Test
- Engaging Media partners in Rotary's humanitarian service creating an impact in the Community
- Extensive use of social media platforms to promote and highlight Rotary's activities and achievements in alliance with Rotaracts
- Upgrade and continue with the District's website and Rotary Apps
- Enhance the system of recognizing Rotarians for their selfless effort and commitment to Rotary's core values
- Promote Rotary Image through sports activities

FEATURE

A woman in a colorful dress is performing on stage, playing an acoustic guitar and singing into a microphone. The stage is lit with vibrant, colorful patterns on the backdrop. A large audience is visible in the foreground, looking towards the stage. The scene is set in a large arena or stadium.

Witnessing RI Convention 2023

My first-hand experience
at Melbourne, Australia

BY RTN. DINESH RAJ MANANDHAR, PHD
PP RC PATAN SOUTH
DISTRICT SECRETARY 2023-24

We were excited to travel to Melbourne to attend the Rotary International Convention in Melbourne. Accompanied by my spouse Arati and with over 400 Rotarians from our home district 3292, I experienced my first ever in person Rotary convention. Attending sessions in world famous Melbourne Convention and Exhibition Center and Rod Laver Arena stadium was unforgettable moments.





RI President 2022-23 Jennifer E. Jones.



RI President 2023-24 Gordon R. McNally.

I could not stop thanking the founder of Rotary, Paul P. Harris and his three friends Gustavus Loehr, Silvester Schiele, and Hiram E. Shorey, who on 23 February 1905, gathered in Loehr's office to initiate history of Rotary, which has brought over 20,000 Rotarians to Melbourne from all over the world from May 27-31, 2023.

I have this privilege to reflect and witness on the Melbourne Rotary International Convention. I found the overall program put together for the Convention was both forward thinking and full of fresh perspectives. Below are few of my take aways, why you should consider attending a convention.

Opening Session

RI President Jennifer Jones in her opening message said. we have taken the best

from the worst, and we are writing a new chapter in world history, one where we play a defining leadership role. That is why entering into this arena, walking through these hallways, connecting with each other gives us pause – a chance to connect as people of action, people of purpose, people crafting our own destiny. Over the next four days we will focus on hope, our dreams – on change and on our future. That is why our theme for this convention, Imagine What's Next, is so important.

Sharing common experiences with other members

At the top of the list is the opportunity to connect with others. I met up with Rotarians from Australia, who had walked with me through the remote places in Nepal and in meeting at the events in Africa, Thailand, India and other parts of the world

at the House of Friendship. The fellowship and sharing of joys with new friends in Rotary was really fun. It was great to meet friends from all over the world, whom we were meeting over online only for past few years due to the Covid-19 Pandemic. I talked to Rotarians and leaders of their own profession, businesses, who gave me ideas to administer Rotary activities, re-charge local community service projects and who sponsor international projects, we always wanted to implement for betterment of community in need. House of Friendship was the best place, where you meet and greet and get opportunity to interact with world leaders in Rotary.

Listening to keynote and other speakers

Listening to inspiring speakers talk about how Rotary and its members



Rotary has access to community, can do capacity building, promote advocacy. This convention is a wonderful opportunity of connecting people.

I visited Nepal 30 years ago, and had wonderful experience of Pokhara, Ghodepani and Manang. I have a good memory of the song "Pan ko Paat". I would like to come to Nepal again and see many possibilities of doing Rotary projects in Nepal.

- Ron Denham
Chair Emeritus - WASHRAG



Working with Ron since 1967. Rotary is a place of passionate people. Rotary Action Group (RAG) is a specific platform. Ron Denham, invited Anna in 2007 to join WASHRAG. Together started WASHRAG. She however joined Rotary in 2015. But working with Rotary from earlier and got PHF in 2004.

- Anna Shepherd
Secretariat - WASHRAG



I started my journey of Rotary in 1997, by invitation of my friend. I find Rotary different than other humanitarian agencies as it does things differently. Network, Fellowship and Service go together. Rotary foundation money is spent with less administrative cost compared with other agencies. You can go anywhere in the world as Rotarian, that is beauty of Rotary. Together and collectively, we can do much better than individually.

- Chehab (Shab) El Awar
Global Grant Chair D5300

are connecting and engaging with our communities around the world was just fascinating, we enjoyed hearing great leaders talk about working with Rotary toward the shared goal of eradicating polio, now left with only two countries Afghanistan and Pakistan. Speakers emphasized the importance of partnerships in reaching that goal. To name few, the speakers were Leymah Gbowee, 2011 Nobel Peace Laureate and Founder of Gbowee Peace Foundation Africa, Kari Aina Eik, Managing Director, Global Strategy, SDG Impact Fund, Michael McQueen, bestselling author and Rotarian, Right Honourable Lord Mayor of Melbourne, Sally Capp, The Honourable Steve Dimopoulos, MP, Minister for Tourism, Sport and Major Events, Hugh Evans, Co-Founder and CEO, Global Citizen, our own Jennifer Jones, Rotary International President, Nakeeyat Dramani Sam, Ghanian Poet and Climate

Vulnerable Forum Ambassador, Gaby Moreno, Grammy Award winning singer-songwriter-producer, John Hewko, Rotary International General Secretary and CEO, Khaula Jamil, Freelance Documentary Photographer, Photojournalist, and Filmmaker, Monika Lozinska, Photographer/Visual Storyteller, Rotary International, Ian H.S. Riseley, The Rotary Foundation Trustee Chair and Past President of Rotary International, Stephanie Urchick, Rotary International President-Nominee, R. Gordon R. McInally, Rotary International President-elect. All of them delivered excellent speech that inspired the audience. The vast area of Rotary Non Rotary relation and collaborative working opportunities emerged.

Being reminded of our global impact

At the RI convention, we are constantly reminded we are more than local or national citizens, we are



DS Dinesh Manandhar with RI President Gordon R McInally.

world citizens. Speakers addressed the challenges and obstacles we face in meeting our goals. There was recognition of the polio workers and the enormity of the task ahead of us. But although it is taking longer than we anticipated, this message was clear: We won't give up until polio is gone and the earth is declared polio free. And it will happen because of the partnerships Rotary has formed and the continued support of members.

Attending training and breakout sessions

As apart of Cadre of Technical Advisors (TA), I had a chance to attend a whole day training session, where RI President Elect- Gordon McInally also addressed and I could share with him, how we are doing it in our district. In the breakout sessions, one had to get in line early, but once inside, the sessions were worth the wait. In one session I attended — on Health Care and WASH, great to learn about so many initiatives and opportunities Rotary has created and working with UNEP, Adopting river, ESRAG and WASHRAG projects.



District Secretary (DS) Dinesh Manandhar with his spouse Arati at the RI Convention hall.

Enjoying the host events

The thousands of convention attendees who attended the host events got a reminder of the importance of Rotary's work in various focus areas.

Closing Session

During the convention's closing session, 2023-24 Rotary International President R. Gordon R. McNally explained why he's asking members to make mental health a priority. When his only brother took his own life, McNally said, he became determined to fight the stigma around mental health issues and expand access to care. McNally urged Rotary members to Create Hope in the World by getting involved and taking action at a critical moment in history.

Like Rotary, Melbourne has attracted leaders who offer sanity and stability in the face of political and religious forces that sometimes threaten to pull us apart. Another thing was clear in that Rotarians around the world are making a difference and creating hope in the world. After imagining the future of Rotary in Melbourne, Australia, members and speakers at the 2023 Rotary International Convention looked ahead to next year's gathering in Singapore and being able to share and create hope in the world by focusing on mental health and well-being. Don't miss your chance to discover what Rotary is really about. 🌟



I remember the song from John Lenon and this Imagine Rotary year is also creating hope in the world for next year. I am working in environment as we need to leave the world for brighter future of our grandchildren, protect natural resources, and sustainability of life. Adopt a river is another worldwide project I am involved along with UNEP. There has to be a balance among Rotary clubs in developed and developing countries. Membership is getting less in developed countries. Establish clubs and mentoring members is needed rather than losing them.

- Rtn. Bracia El Awar

PREPARING DISTRICT TEAM FOR ROTARY YEAR 2023-24



Assistant Governor Training Seminar (AGTS) And District Team Training Seminar (DTTS)

HOTEL POKHARA GRANDE, POKHARA

3-4 FEBRUARY 2023

The Assistant Governors Training Seminar (AGTS) and District Team Training Seminar (DTTS) took place in Pokhara, and it was graced by the presence of significant district dignitaries, Assistant Governors (AGs), and the District Team for the Rotary Year 2023-24. The event concluded with great success, providing essential training and guidelines to the AGs on effectively managing their respective clubs within their zones. District Governor (DG) for 2023-24, Rajendra Prasad Dhoju, shared insightful goals and vision during the event. The training program proved to be highly successful for the District Team as well, enabling them to plan and align their annual activities with the objectives set forth by the DG.





President Elect Training Seminar (PETS)

SIRAICHULI HOTEL, CHITWAN

31 MARCH – 1 APRIL 2023

The Presidents-Elect Training Seminar (PETS) 2023 was a resounding success, held on March 31 and April 1, 2023, at the Siraichuli Hotel in Chitwan. The event provided a unique platform for the upcoming Rotary leaders to learn and practice leadership, in line with the Rotary International (RI) theme for the Rotary Year 2023-24, which is 'Create Hope in The World.' The distinguished guests highlighted the importance of such training programs, which help upcoming leaders to hone their skills and knowledge and make a positive impact on society.





District Training Assembly (DTA)

LITTLE ANGELS SCHOOL,
HATTIBAN, LALITPUR

6 MAY 2023

The District Training Assembly (DTA) within Rotary plays a crucial role in preparing all club officials, including the Club President and Club Secretary. This training program was centered around several key aspects, such as leadership development, strategic planning, goal setting, club reporting, and clarifying the roles and responsibilities of all club chairs. Additionally, it emphasized the importance of reiterating Rotary International and district goals while providing fellowship opportunities for all participants. Rotary leaders delivered inspirational visions, plans, and goals to more than 600 attendees at the venue.





Rotary International District 3292, Nepal-Bhutan
DTA 2023

Grant Management Seminar (GMS)

HOTEL RYNE AND EVENTS GAUSHALA, KATHMANDU

7 MAY 2023

The Rotary International District 3292 in Nepal-Bhutan organized a one-day Grant Management Seminar (GMS) on May 7, 2023, at Hotel Ryne and Events in Gaushala, Kathmandu. The event aimed to educate participants about the importance of Global Grants and how Nepal, being a Least Developed Country (LDC), can benefit from them.



RRFC PDG Basudev Golyan graced the occasion as the Chief Guest, and he emphasized the significance of leveraging Global Grants to uplift and support needy communities in Nepal. District 3292 has a noteworthy track record of success in obtaining a maximum number of Global Grants and implementing projects that cater to various focus areas of Rotary International.

The GMS provided a valuable platform for more than 50 attendees, including District Governor 2022-23 Jitendra B. Rajbhandary, District Governor Elect Rajendra Prasad Dhoju, PDGs (Past District

Governors), district officials, and various Club Presidents and officials. Participants had the opportunity to learn about Global Grants, District Grants, and the overall importance of The Rotary Foundation in promoting positive change and making a significant impact in local and international communities.

The event served as an educational and networking opportunity for Rotary members and leaders, fostering a spirit of collaboration and a deeper understanding of the grant management process and its potential to create positive change in the region. 🌟



Installation of Club Presidents

During the month of July



President Rtn Hari Lamsal (RC Rupandehi)



President Rtn Pitambar Khanal (RC Sainbhu Bainsenapati)



President Rtn Om Bahadur Rajbhandary (RC Kasthmandap)



President Rtn Umesh Chandra Acharya (RC Bhairahwa)



President Rtn Udab Krishna Shrestha (RC Newroad City)



President Rtn Sony Dhewaju (RC Pokhara Midtown)



President Rtn Shobha Shrestha (RC Yala)



President Rtn Kusum Chainwala (RC Biratnagar Downtown)



President Rtn Surya Bdr Adhikari (RC Pashupati Kathmandu)



President Rtn Dr Rajendra Kumar Sherchan (RC Mahaboudha)



President Rtn Arpana Pradhan (RC Narayani Mid Town)



President Rtn Uma Karki (RC Bhadgaon)



President Rtn Ravin Man Bajracharya (Rotary E-Club of District 3292)



President Rtn Dr Bishnu Raj Upreti (RC Jawalakhel)



President Rtn Gen. Pyar Jung Thapa (Rc Himalayan Golfers)



President Rtn Sumedh Shakya (RC Himalaya Patan)



President Rtn Deepak Tulsyan (RC Birganj)



President Rtn Chandreshwor Bhattarai



President Rtn Karun Khanal (RC Butwal)

IPDG

Jitendra B Rajbhandary

Supporting Change.
Strengthening Leadership.

IMAGINE ROTARY
2022-23 DISTRICT GOVERNOR

INTERVIEW BY RTN. RAJ SHRESTHA

Rtn. Jitendra B Rajbhandary, Chartered Accountant by profession, started his Rotary journey as a Charter member of the Rotary Club of Kopundol in 2001 and became Club President in the Rotary Year 2004-2005. He has been continuously involved in the district as chair of various committees, and served as District Governor for the Rotary Year 2022-23.

Rtn. Rajbhandary is a Major Donor (Level II) and Paul Harris Society Member. Immediate Past District Governor (IPDG) Rajbhandary is happily married with Sarita, who is a Charter member of Rotary Club of Gyaneswor. They are blessed with one daughter, Anjana and son in law John Sievers Moran III. He has always been passionate about serving humanity through Rotary and believes in reaching out to and helping the people, and take the Rotary movement in the District 3292 to a new height.

Here is an excerpts of the interview taken by Rtn. Raj Shrestha, Chair-District Publication and GML Sub Committee.

Welcome to this first episode of GML for Rotary Year 2023-24. Congratulations to your successful tenure as District Governor 2022-23 in Rotary International District 3292, Nepal-Bhutan. You have recently handed over the responsibility of District Governor to new leader. How do you look back to the Rotary Year 2022-23?

Thanks for your kind words. Imagine Rotary Year 2022-2023 was a special year for all Rotarians as we for the first time had first female President Jennifer E Jones in 117 years of Rotary International history. It was an honor to get the opportunity to work under her.

When I look back at the year just completed, I am very much satisfied with what our district has achieved. Biggest positive impact I could see is we all worked as a team with more emphasis on "We" and less emphasis on "I". Team work has been a biggest achievement I would say which led to smooth functioning of the District and achieve many Goals.

Since, the Rotary's mission is 'Service above Self', how did you assess the need of support from the humanitarian organizations like Rotary in Nepal? How does such organizations play instrumental role in uplifting the lives of people across Nepal?

Rotary International is a social organization committed to serve the communities. Under seven areas of focus, we have worked in Disease Prevention & Treatment, Water & Sanitation, Maternal & Child Health, Economic & Community Development, Supporting Environment, Peace & Conflict Prevention/ Resolution and Basic Education & Literacy to help poor and under privileged people. Our major focus this year was on Women Empowerment with emphasis on sending girl child to school and building girl child friendly toilets in government/ community-based schools.

Your tenure has also been perceived as a very challenging time in terms of social and economic plunge. Did it really affect to achieve your goals or provided even greater opportunities to perform better?

Since 2019 COVID era, time has been very challenging Globally and our country Nepal is not an exception. However as long as one is committed to work, delivery does not become an issue. Availability of sufficient fund is definitely an issue. We may not have been able to achieve all we had planned and hoped for. However, I am quite satisfied with whatever we could achieve during the year.

It's also learned that the public image of Rotary is not as fascinating as it used to be in the past. What are the steps you took, and how did they affect in enhancement of becoming a proud Rotarian?

If you would recall, Rotary International until recently, had a policy of not publicizing its services. Since the past few years Rotary International has changed its policy and now made it a practice to publicize all of its humanitarian works with Non-Rotarians as a part of its Public Image Building Strategy. This has indeed helped to get Rotary noticed. In our District, we have focused on sharing Rotary's humanitarian works with the corporate world which has helped us to get CSR fund for Rotary projects.

When then RI President Jennifer E Jones was in Kathmandu in December 2022, we organized RI President's interaction with the corporate leaders. This has immensely helped to drive Rotary's message across and also, we have started receiving positive responses for working jointly.

RID 3292 is one of the major districts to pull Global Grants. How are you assessing the change that has brought to end beneficiaries?

Global Grants and District Grants are supervised by District Rotary Foundation Committee (DRFC) and Service Project Committee. Under DRFC, there are District Grant Sub-Committee and Stewardship Committee, which regularly supervise & monitor projects to ensure effective use of funds. I am happy to share that our district has been applauded by the Rotary Foundation for effective use of the Fund.



IPDG Jitendra B Rajbhandary with spouse Sarita.

Rotary doesn't only believe in receiving but also in giving back. How have we been contributing to The Rotary Foundation (TRF) and also to other districts when needed.

We are here to give back to the society what we have earned in the form of time, talent and treasure. Over the years, our district has received significant amounts from the Rotary Foundation for doing the projects. However, we have not been proactive in making the Rotary Foundation financially strong as our contribution to the Annual Program Fund is not very high.

Therefore, we now have to emphasize on contributing more towards Annual Program Fund to make the Rotary Foundation strong and we have already started doing that by encouraging clubs to contribute towards the Annual Program Fund.

Retaining members is one of the key challenges in Rotary. How can a leadership play conducive role in motivating them?

Yes, membership retention has been a global issue. That was the reason Immediate Past RI President Jennifer E Jones had given priority to

Membership Retention rather than increasing members.

Coming back to our district, reduction of members is not due to disinterest. I personally feel that members are being brought in, whether in the existing clubs or by establishing the new clubs, without properly briefing and educating them about the Rotary and its values. During 2022-2023, we have lost eight clubs and a total of 292 members. Therefore, my advice is to educate new members joining either existing clubs or forming new clubs about Rotary objective values, time one has to give and financial commitment. This will help in retaining members

What were the major service project goals you had set for Rotary Year 2022-23? How much could you achieve? How do you rate yourself in achieving your own goals?

I had put goal of 30 Global Grants which did happen. Our clubs did excellent projects in water & sanitation and health sectors. My priority in 2022-2023 was in Girl Child Empowerment Initiative leading to Women Empowerment. In this, I advocated with clubs to send at least ten girl-child to



RI President 2022-23 Jennifer E Jones in Newari traditional attire, visiting Bhaktapur Durbar Square (UNESCO World Heritage Site) with IPDG Rajbhandry, First Lady Sarita, RRFC PDG Basudev Golyan and Binita Hada.

In our District, we have focused on sharing Rotary's humanitarian works with the corporate world which has helped us to get CSR fund for Rotary projects.

Biggest achievement of our district during the year 2023-2024 was the visit by RI President Jennifer E Jones, her spouse Nick and RI Director Drew Kessler.

school till class ten so that they could become financial independent. To ensure girl child attendance in government schools, I encouraged clubs to build girl child friendly toilets in schools where there are none. This is the first year and the response has been very encouraging.

Rotary has also been actively supporting youth leadership. How do you assess your progress in this avenue?

Rotary Youth Leadership Award (RYLA) is one of the very popular Rotary programs to promote youth. We did two RYLA, one in Gorkha and the second one in Banepa, both were very successful with good attendance and active participation.

You have also been successful to host RI President Jennifer Jones in our District 3292. How was the experience? How do you think, this can change perspective of our district to the remaining?

Our district has been lucky and fortunate to host RI President Jennifer E Jones in December 2022. Her visit to our district has boosted the morale of our Rotarians. Her friendly, easily approachable and down to earth personality had touched the hearts of

all our Rotarians who got the opportunity to meet her and listen to her encouraging and motivational words.

At last, what do you think was the biggest achievements in the Rotary Year 2022-2023.

Rotary Year 2022-2023 has been a milestone in our District. We got the opportunity to host galaxy of International Leaders; Immediate Past Rotary International President Shekhar Mehta, RI Director AS Venkatesh in various district events, RI Director Elect Anirudh Roy Chaudhury, The Rotary Foundation Trustee & Past Rotary International President Ian Riseley, The Rotary Foundation Trustee & Past RI Director Dr. Bharat Pandya, ARPIC Sandeep Narang and PDG Sam Patibandla.

Biggest achievement of our district during the year 2023-2024 was the visit by RI President Jennifer E Jones, her spouse Nick and RI Director Drew Kessler. Her visit has energized our district to do better for the world.

As I have been saying every time, we have come together for creating a better world and I do believe that we did play a part in it. And, also joining the Rotary movement way back in 2001 was the best decision I had taken. 🌟

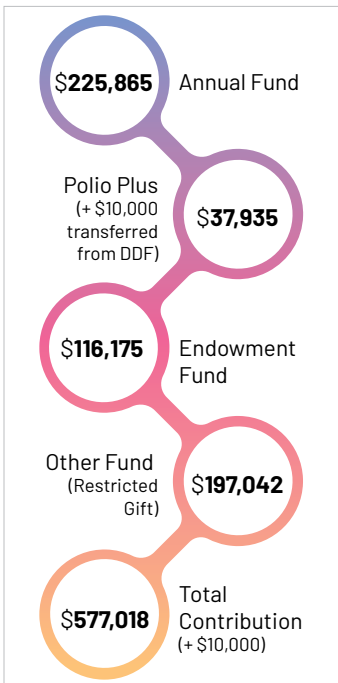


The Rotary Foundation transforms your gifts into service projects that change lives both close to home and around the world. Since it was founded more than 100 years ago, the Foundation has spent more than \$4 billion on life-changing, sustainable projects.

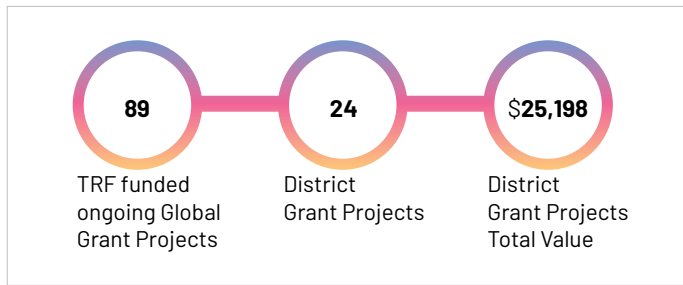
With your help, we can make lives better in your community and around the world.

RY 2022-23 TRF SUMMARY

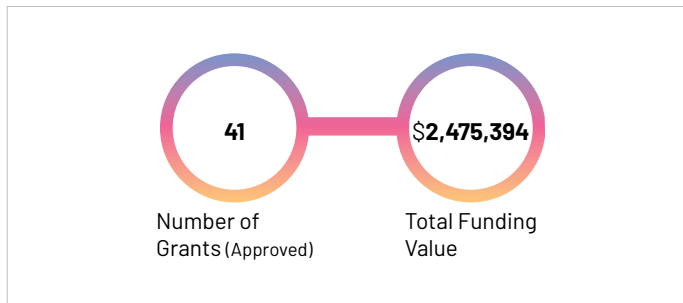
CONTRIBUTION TO TRF



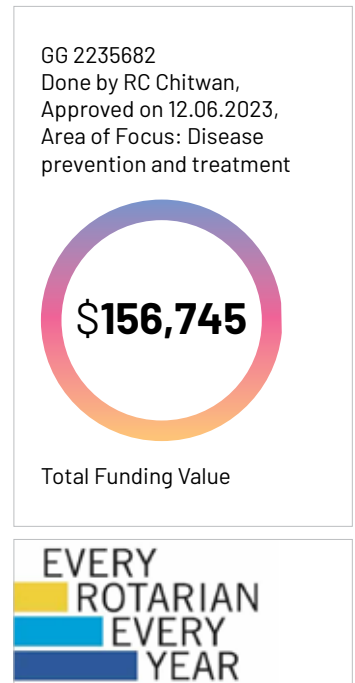
TRF FUNDED ONGOING GLOBAL GRANT PROJECTS



GG FUNDING



HIGHEST VALUE GRANT



GOALS FOR THE ROTARY FOUNDATION 2023-24



Annual Target
USD 500,000



Encourage Clubs to increase AKS, Major Donor, PHS, MPH and PHF members



End Polio Contribution
USD 25,000



Atleast **one** Endowment Fund

30%

of **Total Contribution** to Annual Fund



Promote **100%** contributory club



If you have story, just share.

GML is here to listen to your stories and deliver them to the world.

The Governor's Monthly Letter (GML) holds a vital role as the official communication channel within District 3292, fostering unity and collaboration among Club Presidents, Secretaries, Rotarians, and stakeholders. Spearheaded by Rtn. Raj Shrestha and supported by Co-Chairs Rtn. Gautam Shrestha and Rtn. Arjun Shrestha, the GML plays a pivotal part in shaping a positive image of Rotary and highlighting the diverse contributions of Rotary Clubs across the district.

Understanding the significance of effective communication in building Rotary's reputation, District 3292 took the initiative to disseminate the impactful work of Rotary Clubs throughout the region. With the guidance of District Publication and GML Sub-Committee Chair and Editor Raj Shrestha, four distinct templates are introduced: Club News & Activities, Experience Sharing & Reflection, Articles & Poems, and Art & Paintings. These templates serve as a creative framework for clubs to share their stories in a compelling and organized manner.

Timely and organized submission of content was emphasized during Assistant Governor Training Seminars (AGTS), President-Elect

Training Seminars (PETS), and District Training Assembly (DTA). Clubs were encouraged to craft engaging stories and news and submit them to gml.district3292@gmail.com by the 22nd day of each month. This approach ensures that the GML captures the freshest and most inspiring tales of Rotary's service and fellowship, unifying the entire district under a shared sense of purpose.

Furthermore, the GML fosters introspection and growth within clubs, allowing them to learn from each other's experiences and identify avenues for continuous improvement. It serves as a valuable tool for clubs, inspiring them to deepen their commitment to service and elevate their contribution to society. 🌟



SHARING HOPE WITH THE WORLD

SINGAPORE 25-29 MAY 2024

#Rotary24

Club News & Activities

JULY 2023



School Uniforms Distributed in Gorkha

Rotary Club of Kathmandu Metro
30th June 2023

In a heartwarming support for education and welfare of students, the Rotary Club of Kathmandu Metro, in collaboration with the E-club of 2650, Japan, the Rotaract Club of Metro City, and RC Kathmandu Metro, distributed school uniforms, bags, stationery, and 200 meters of drinking water pipes equivalent to Rs. 160,000.00 to Praja Jyoti Basic School in Ghyalchowk, Gandaki Rural Municipality, Gorkha.

The event, held on July 2023, aimed to equip underprivileged students with essential resources to facilitate their educational journey with dignity and convenience. The generous funding provided by the E-club of 2650, Japan, combined with the dedicated efforts of the Rotaract Club of Metro City and RC Kathmandu Metro, made this initiative possible.

Dignitaries from the Rotary Clubs, local authorities, and the school faculty were present at the event, witnessing

the impact of the initiative firsthand. The Rotary Club of Kathmandu Metro volunteers, Rtn. Pramod Kunwar, Rtn. Ramesh Neupane, Rtn. Arjun Kumar Shrestha, and Rotaract Club of Metro City volunteer, Rtr. Rajan Maharjan, played a vital role in organizing and executing the distribution drive, ensuring an efficient and seamless process.

Praja Jyoti Basic School, located in Ghyalchowk, caters to the education of numerous students from the Chepang community. The provision of school uniforms, bags, and stationery will not only improve their access to education but also enhance their self-esteem and motivation to learn.

Additionally, the distribution of 200 meters of drinking water pipes will address the school's water supply needs, guaranteeing a clean and safe environment for the students.

Dust Bin Distribution and Puja Programme

Rotary Club of Mahaboudha
1st July 2023

On July 1, 2023, the Rotary Club of Mahaboudha launched a service program at Mahaboudha Temple, involving dustbin distribution and a 108 Deep Prajwalan (light) puja. The team also met with the Temple committee to discuss the environmental waste management around the temple. The program witnessed participation of 23 individuals, including members from Rotary, Rotaract and the temple committee.



Free Heart Check-Up Camp

Rotary Club of Ratnanagar
22nd July 2023

A remarkable free heart check-up camp was organized by the Rotary Club of Ratnanagar in collaboration with the Ratnanagar Water Supply & Sanitation Users Committee on July 22, 2023. The camp aimed at promoting heart health awareness and early detection of cardiac issues. The health camp witnessed an overwhelming response from the local community.

The Mayor of Ratnanagar Municipality was the chief guest for the event. A total of 517 individuals benefited from the heart check-up camp, with 275 women and 242 men taking advantage of the medical services offered. The camp provided free ECG tests to 435 people, allowing for the early detection of potential heart abnormalities. Additionally, 315 individuals underwent an echocardiogram to assess their heart's condition more comprehensively.

Apart from the diagnostic services, the camp also distributed free medicines to those in need. The initiative garnered praise from the local residents for its thoughtful approach in not only diagnosing heart conditions but also providing the required medications without any financial burden on the beneficiaries.

The event's success was made possible by the concerted efforts of eight doctors,

two heart specialist DM Dr. Bishal Shrestha and Dr. Sabina Sedhai, 20 nurses, and technicians who selflessly volunteered their time and expertise. Their dedication and professionalism ensured that each participant received personalized attention and care throughout the camp. The overall health camp was able to make a remarkable impact in the community.



Distribution of Portable chair for children with Cerebral Palsy

Rotary Club of Patan Durbar Square
21st July 2023

During the 21st Installation Ceremony on June 25th 2023, Rotary club of Patan Durbar Square handed over 10 portable toilet chairs to Self-Help group for Cerebral Palsy, Dhapakhel for the children suffering from cerebral palsy from the underprivileged family and children of single mothers. The handover was successfully conducted in the presence of District Governor Rtn. Rajendra Prasad Dhoju.



Mahila Swasthya Upahar Coupon

Rotary Club of Rajdhani
4th July 2023

Mahila Swasthya Upahar Coupon scheme was launched by District Governor Rajendra Prasad Dhoju amidst Joint installation program of RC Rajdhani. The scheme promotes the screening of Cervical Cancer through

gift vouchers costing Rs 250 per ticket. DG was the first to purchase coupons followed by Zonal Coordinator & PDG Basu Dev Golyan who purchased coupons for the cervical cancer screening for 100 Women.

Late Bijuli Prasad Award

Rotary Club of New road City, Kathmandu
18th July 2023

PP Late Bijuli Prasad Shrestha tragically passed away in the earthquake of 2072, while attending Service Project of Rotary Club of New Road City held in Chispani, Nagarkot. His wife, pp of the innerwheel club of New Road City Anju Shrestha, has been awarding those who have contributed to aiding the less fortunate in honor of his life and all of his charitable work. The chairman of the Chhetrapati Free Clinic, Dr. Manoj Man Shrestha, who has made outstanding contributions to humanity, received the honor this year. He was

significant during the pandemic and has assisted many families in need. Since then, he has been involved in many social works.

He received the honor by inner wheel pp Anju Shrestha along with Rs 35000 and memento appreciation on 18 July on the day of installation of President Udab Krishna Shrestha.

On the same day new member Pradeep Pradhan was also inducted as the new member of Rotary Club of New Road City.



Fruit Seedling Plantation

Rotary Club of Yala
15th July 2023

On Saturday, July 15, 2023, RC Yala in association with Phulchowki Higher Secondary School, Thaiba organized a fruit seedling plantation program in the vicinity of the school. A total of **104 plant seedlings of different fruits were planted**. The seedlings were obtained from the Forest Office Godavari. Rotarians, Ann's of RC Yala, teachers, and students of the school actively participated in the program.

The program aims to ultimately benefit the school by helping it become self-reliant in the long run, as the trees will bear fruit. The program will also help cleanse the environment by providing greenery to the area and producing much-needed oxygen. The effort is also expected to build team spirit among the students and their commitment to serve society, as well as to nurture the knowledge of preserving greenery and a good environment in the near future.

Mosquito Net (Jhul) Distribution

Rotary Club of Biratnagar Fusion
23rd July 2023

As per Ministry of Health and Population Department of Health Services, As of 15 July, 2023 a total of 2930 dengue cases have been identified from 68 districts, with Koshi province reporting highest number (1746), followed by Bagmati province (468) and Sudurpaschim Province (279).

With widespread news spreading of dengue cases, we came up with the idea of distributing mosquito nets to the needy ones. For this we partnered with Maheshwari Mahila Manch, an active social organization

in Nepal. In all, we have targeted distribution of 1000 nets.

In the 1st phase of distribution in the Bakhri area of Biratnagar Ward 12, 300 families were benefited. An awareness message to prevent dengue was also given by the President Rtn. Bikash Rathi. Besides the members of Biratnagar Fusion and Maheshwari Mahila Manch the program was attended by Regional Trainer, Region 7, Rtn. Archana Taparua, Assistant Governor Rtn.



Ram Avtar Agrawal and Biratnagar Ward 12 chairman Hira Lal Kamat.

The program will be conducted in two more phases in two different areas nearby Biratnagar. In total, about 900 families will be benefited by this mosquito net distribution drive.

Heritage Cleaning Program at Maitidevi Temple

Rotary Club of Dillibazar-Kathmandu
1st July 2023



Every year on July 1, 2023, the Rotary Club of Dillibazar-Kathmandu commences the new journey with the Heritage Cleaning Program at Maitidevi Temple premises, situated near RC Dillibazar-Kathmandu, in collaboration with the Rotaract Club of Dillibazar and Interact Clubs. This activity aims to educate hundreds of people, including temple visitors and worshippers, through a demonstration that emphasizes the importance of keeping

the temple environment clean. It also helps improve the image of Rotary by engaging in social work activities. The participants used garbage bins, brooms, gloves, and other equipment to clean the temple effectively. A total of 60 participants, including AG Saroj Shrestha, Rotarian members, spouses, family members, Rotaractors, and Interactors from Albert School & Suryodaya School, joined the program.

Financial contributions of **NPR 1000/-** each were made by Dr. Parthibeshwar Pd. Timilsina and Indra Shekhar Khadka. Additionally, food was served by Indira Paudyal Parajuli and Sujita Adhikari Pokhrel, while fruits were provided by Sandhya Rajbhandari for the participants.



Awareness on breastfeeding and maternity kit distribution

Rotary Club of Biratnagar Downtown
21st July 2023

Rotary Club of Biratnagar Downtown, conducted an awareness program on breastfeeding in the Maternity Ward of Koshi Zonal Hospital, Biratnagar. The resource person was Senior Nursing Officer Sweta Upadhyaya. She explained the topic thoroughly and used visual aids, including sketches, to enhance the understanding.

During the program, we distributed maternity kits to all 40 new mothers present.

Each kit included a maternity gown, baby dress, baby blanket, Horlicks, biscuits, sanitary pads, soap, and fruits. The total cost incurred for these kits was NPR 39,985.

The beneficiaries of the program were 40 new mothers and their babies. Everyone present at the event was educated about the importance of breastfeeding for the child's healthy future and was also provided guidance on how to take care of a new mother.



Science and Spirituality for better life

Rotary Club of Bhadgaon
15th July 2023

Rotary Clubs of Bhadgaon, Bagmati, Rajdhani, Kantipur, and Matribhumi organized a joint program on the topic "Science and Spirituality for better life" at the Grand Hotel, Kathmandu on July 15, 2023. The five rotary clubs came together in a collaborative effort to organize this enlightening event which was supported by Rotaract Club of Bagmati.

The program featured a thought-provoking speech by His Grace Rupeshwor Gaur

Das, Chairman of Reta World and General Secretary of ISKCON Nepal. His speech resonated well with the audience and explored the integration of science and spirituality, promoting a holistic understanding of various aspects of life.

We extend our appreciation to all the participating rotary clubs for their joint efforts in making this program a success. Such insightful events contribute to the intellectual growth of our members and the community.



Biratnagar Kora 2023

Rotary Club of Biratnagar Fusion
15th July 2023

Biratnagar Kora 2023, an awareness program for cycling with a cause, was successfully held on 15 July 2023. The Pan Nepal event had over 5000 participants covering almost 175,000 km. The Rotary Club of Biratnagar Fusion, along with NYEF Biratnagar Chapter and Digo Bikash Institute, were the organizing members of this event in Biratnagar.

The term "Kora" comes from Tibetan Buddhism, signifying a clockwise circumambulation of any shrine done to show respect to the god. However, a similar practice has existed in Hinduism

for centuries, where devout Hindus circumambulate temples they pass by. Thus, Biratnagar Kora involved a clockwise circumambulation of the Biratnagar city - forming a circle.

Approximately 65 participants rode to raise funds for the earthquake victims in Turkey and Syria, who were the first responders during the earthquake in Nepal. The motto was "ABA HAMRO TURN!" meaning that now it's our turn to support their rebuilding efforts which was the cause for the year 2023.



Dental Camp in Clark Memorial School

Rotary Club of Yala
12th July 2023

On 12th July 2023, Rotary Club of Yala organized Dental camps in Clark Memorial Himalaya School, Bungamati . Dr. Wayanabe San from Japan dedicated his time and skills to help the students at Clark Memorial Himalaya School in Bungamati. Dr. Wayanabe San has been volunteering at this school every year. During the event, Dr. San was able to examine 18 new students and provide treatment to those who required it. The camp has been extended for a

few more days which will benefit even more students to receive the care and treatment.

Rotary Club of Yala is extremely grateful to Dr. San for his selfless dedication to improving the oral health of the students at this school. The Rotary Club of Yala acknowledges Dr. San's commitment and heartily thanks him for his ongoing support.



Mental Health Program

Rotary Club of Bhairahawa

The Rotary Club of Bhairahawa successfully conducted a training program on Mental Health Well-being and Career Counseling for the high school students at Kashi Noble

Academy, marking the beginning event for the Rota Year 2023/24. The program aligned with Rotary International's special concern area for this year.



Fire Victim Relief Program

Rotary Club of Dharan
9th July 2023

A fire broke out in the residence of Kumar Majhi, Balkendra Marga, Dharan 15, completely destroying his home. As a result, Mr. Majhi lost all his belongings and became homeless. To provide relief, Dharan Sub-Metropolitan City constructed a basic structure for his new house. In addition, the Rotary Club of Dharan donated metal roof sheets and metal beams worth NRS 40,000/- to the family on July 9, 2023. The donation was made in the presence of Ward 15 Chairman, community members, and members of RC Dharan.



Vitamin D Distribution at Panchakanya Ma Vi

Rotary Club of Dharan Ghopa
10th July 2023

Rotary Club of Dharan Ghopa organized the distribution of Vitamin D injections in collaboration with the orthopedic department of BPKIHS. Vitamin D plays a crucial role in the growth, development, and overall health of children. Adequate levels of vitamin D are essential for maintaining strong bones, a healthy immune system, and proper muscle function. However, vitamin D deficiency is becoming increasingly prevalent among school-age children due to lifestyle changes and limited sun exposure.

To address this issue and promote the well-being of students, a program was initiated to distribute Vitamin D injections to school students. The process was conducted in a systematic and controlled manner to ensure safety and efficacy. Medical professional Doctors administered the injections under supervision.

A standardized schedule was followed, ensuring that students receive the injections. Records of each student's administration were maintained for future reference and monitoring.

The event was organized with the participation of 295 students, 12 Rotarians and 25 Non-Rotarians with the motive that the distribution of Vitamin D injections to school students would be a proactive measure to combat vitamin D deficiency and promote overall health. By collaborating with healthcare professionals, parents, and schools, this program aims to ensure the well-being of the younger generation, fostering healthy growth and development for a brighter future.



Rotary E-Club planted 100 trees at Namo Buddha

Rotary E-Club of District 3292
29th July 2023



Rotary E-Club, in partnership with Rotary Club of Kathmandu Height, Rotaract Club of Baneshwor Royal, Rotaract Club of Dhulikhel, Rotaract Club of Swoyambhu, and Rota Club of E-Club, organized a successful tree plantation program as part of their sustainable environment goals.

A total of 100 trees were planted in Fulbari, Namo Buddha's community forest, where local residents have shown keen interest in protecting and nurturing the newly planted trees. Shree Krishna Dhital, a proud Rotarian, gardener, and engineer, demonstrated the proper tree planting techniques, ensuring maximum survival rates.

With the active participation of over 50 Rotarians, Rotaractors, and Rota Kids, the event proved to be an educational and fulfilling experience for all involved. The plantation site being 45 KM away from Kathmandu showcased the dedication of the participants. Green Valley Green Nepal provided the plants, and Rotary E-Club pledged for 150 trees with the support of its members, families, and friends, furthering their positive impact on the environment.



Sawyer Filter Distribution and WASH awareness programme

Rotary Club of Kathmandu Height
23rd July 2023

Rotary Club of Kathmandu Height in collaboration with Wine to Water Nepal organized "Sawyer Filter Distribution and WASH awareness programme" at Shree Mahendra Gram Secondary School, Changanarayan - 8, Sudal, Bhaktapur on 23rd July 2023.

Sawyer filter is highly effective in removing E.Coli from contaminated water. It has a filter pore size of 0.1 micron (20 times smaller than a single human hair) and an absolute micro-filtration rate of up to 1,200 gallons of water per day. Rotary Club of Kathmandu Height distributed 115 Sawyer Filters to 115 families of students studying from Grade 6 to 8 of Shree Mahendragram Secondary School.

An orientation on the installation, use and cleaning of sawyer filters and WASH awareness was also given to parents and students by Ms. Roshani Karkee, Country Director, Wine to Water Nepal. The school administration extended their full support during the event and also has committed to the regular monitoring of the efficient use of the filter.



Stress Management & Self Care Workshop

Rotary Club of Narayani Mid Town
22nd July 2023

The Workshop on Stress Management and Self-Care was jointly organized by RC Narayani Mid Town and the Women Entrepreneurs Association of Nepal (WEAN), Chitwan, on 22nd July 2023 at Hotel Royal Century, Bharatpur. The resource person for the workshop was Psychosocial Counselor and Assistant Professor, Nisha Dhakal. The workshop focused on alleviating stress arising from various socio-economic conditions by providing different stress management techniques.



Matribhumi Rotary Park – Tree Plantation

Rotary Club of Matribhumi
Baluwatar
29th July 2023

Rotary Club of Matribhumi Baluwatar in association with Rotaract club of Matribhumi Baluwatar, Rotaract club of Matribhumi Baluwatar IOM, Interact club of Golden Gate Intl. College and Interact club of Matribhumi Baluwatar conducted a Tree-Plantation program at Pasikot, Budhanilkanta-4 Kathmandu. The idea behind is to develop the area as public park and name it 'Matribhumi Rotary Park'. Local government has agreed and provided about 7 Ropanis of the land to construct and maintain the park, where 185 trees has been planted on the day. The park will have the walking trail for visitors, Children Park with sports, beautiful garden with flowers and benches for the visitors to relax. The program was graced by the presence of Hon. Pradeep Poudel (Member of Parliament), ShreeRam KC - Ward Chairperson, Club President Subidhya Khanal Dahal and Rotarians, Rotaractors & Interactors 27 person and non-Rotarian contributing the total participants of 113.



'My Rotary' Portal Training conducted in Nawalparasi

Rotary Club of Nawalparasi

The Rotary Club of Nawalparasi has taken a proactive step to empower its members by conducting training on the 'My Rotary' portal. As the official interactive platform of Rotary International, 'My Rotary' offers valuable insights into organizational objectives, leadership, and updates. Members can access role-specific training modules and earn certifications, ensuring a deeper understanding of Rotary's principles and their responsibilities.

Under the guidance of President Birendra Agrahari, President Elect (PE) Sunil Kasaudhan as Resource Person delivered a training session for 15 members, familiarizing them with the portal's functionalities and encouraging regular usage. By leveraging this platform, Rotarians can enhance their skills and knowledge, leading to more effective service projects and community initiatives.

Promoting continuous learning through online courses on 'My Rotary' showcases the club's commitment to Rotary's values and its desire to create a positive impact. Such initiatives strengthen the Rotary movement in Nawalparasi, fostering a sense of engagement and unity among its members.



Fruits Tree Plantation: Rotary Club Initiative to preserve the environment

Rotary Club of Lekhnath
8th July 2023

Rotary Club of Lekhnath planted different types of aboriginal fruits plants in Navadurga Aadhar Bhut school premises located in Pokhara-29 Sainik Basti on July 8, 2023, with the aim of protecting and maximizing the benefit and utility of local fruits including environmental protection.

The tree plantation program was chaired by President of Rotary Club of Lekhnath Ram Prasad Acharya in presence of club officers, past presidents, members, president of the school management committee, members, people's representatives of Pokhara-29, head teachers, teachers. The Program was hosted by Madhav Prasad Baral.

Rajendra Prasad Dhoju is the District Governor for Rotary Year (RY) 2023-24. He is a resident of Butwal and holds a Bachelor's of Commerce from Tribhuvan University. He is a renowned businessman with his investments in varied businesses at Rupandehi and Kathmandu ranging from textiles, educational institutions, finance companies, and media houses. Apart from owning numerous businesses, he is a leading figure through his social involvement.

DG Dhoju holds the experience of almost three decades of service to Rotary Fraternity since 1993. A Charter Member at Rotary Club of Butwal, his gradual rise to the leadership position began from RY 2011/12 when his leadership had two major accolades, Outstanding President and Outstanding Club. He has served as a District Rotaract Sub Committee and District Club Extension Sub Committee member in R.Y. 2011-12. In addition, he was Co-chair at District Club Extension and Consolidation Committee in R.Y. 2013/2014, and he has also served as Assistant Governor of Zone 17 in R.Y.2013/14. He was the District Governor's Special Representative for

Rotary Club Of Kapilvastu Midtown and Rotary Club Of Nawalpur, Kawasoti. He also attended Rotary International Conventions in different Rotary Years.

He is a Major Donor (Level II), and he was elected as the District Governor Nominee Designated in Rotary District Conference 2020/21 held at Kathmandu.

He is happily married to Samira Shrestha Dhoju, Major Donor, and is blessed with three children, daughter (Rashi) and two sons (Abhishek and Ayush).



KNOW YOUR DG RAJENDRA PRASAD DHOJU

District Governor's Calendar August 2023

DATE	DAY	EVENT
1	Tuesday	Installation ceremony of RC Central Butwal Assistant Governor Virtual Meeting
2	Wednesday	Installation Ceremony of RC Butwal South Meeting with President (Virtual)
3	Thursday	Charter day and Installation of RC Kathmandu Height Installation Ceremony of RC Kirtipur
4	Friday	Council of Governors Meeting DG Visit of RC Kasthamandap
5	Saturday	District Membership & Public Image Seminar
6	Sunday	Installation Ceremony of RC Itahari
7	Monday	Installation Ceremony of RC Ilam
8	Tuesday	Installation ceremony of RC Mechinagar Installation Ceremony of RC Biratnagar Fusion
9	Wednesday	Installation Ceremony and Charter Day of RC Patan Heritage Installation ceremony of RC Biratnagar
10	Thursday	Installation Ceremony of RC Kathmandu Midtown Rotaract Official Training Seminar
11	Friday	Rotaract President Night
12	Saturday	Installation Ceremony of RC Central Lumbini Installation Ceremony of RC Palpa Lumbin
13	Sunday	Installation Ceremony of RC Lumbini Stars
14	Monday	Installation Ceremony of RC Ratnanagar
15	Tuesday	DG visit of RC Kantipur Kathmandu
17	Thursday	DG Visit of RC Mahabouddha
18-20	Friday-Sunday	RLI Kalimpong
20	Sunday	Installation Ceremony of RC Birtamode Midtown
25	Friday	Installation and Charter day of RC Kathmandu Downtown
26	Saturday	Charter day and DG visit of RC Nyatapole Inter City Meeting
27	Sunday	DG visit of RC Jawalakhel
29	Tuesday	Charter day and DG visit of RC Patan

ROTARACT ACTIVITIES



District Team Training Seminar 2023-24

Rotaract District 3292 recently hosted the transformative District Team Training Seminar (DTTS) 2023 at ADBI Training Center in Bode. Over two days, more than 60 enthusiastic participants, including the District Committee Members for Rotary Year 2023-24, gathered to hone their leadership skills and enhance community service impact.

Day One centered on empowering leadership, with interactive workshops led by esteemed trainers Nani Kaji Khadka, Rtn Samir Nepal, and DRCC Rtn Narayan Krishna Kharel. DRR 2022-23, Rtr. Laxman Kharel, and DRR-Elect, Rtr. Bikram Chettri, inspired attendees with the theme "Empowering Communities, Transforming Lives." District Governor 2023-24, Rtn Rajendra Dhoju, graced the occasion, delivering an inspiring speech on embodying Rotary's values in service. Day Two saw DRR 2023-24, Rtr. Roshan Karki, presenting the mission, vision, and goals for Rotary Year 2023-24, igniting a shared commitment to transformative change. The seminar's highlight was the unanimous approval of the estimated budget, paving the way for strategic resource allocation for impactful projects.

The event left a lasting impact on all participants, empowering them to lead with purpose and exemplifying Rotaract's potential as a force for positive change. Guided by visionary leadership, District 3292 stands ready to create a lasting impact in the lives of the communities they serve.

Grant Management Seminar 2023-24

Rotaract District 3292 hosted an empowering Grant Management Seminar at the renowned Ryan Hotel on June 23, 2022. The event garnered enthusiastic participation, with over 100 Rotaract clubs and more than 20 Rotary clubs coming together to enhance their knowledge on effective grant management. The presence of esteemed guests, including PDG Sanjay Giri, DG Rajendra

Dhoju, DG-Elect Rajendra Man Serchan, and DG Nominee Binod Koirala, added prestige to the seminar. Alongside them, District Secretary Rtn. Dinesh Manandhar and Durga Dev Subedi graced the occasion, sharing valuable insights on organizational management. DRCC Narayan Krishna Kharel presided over the seminar, guiding the attendees on project planning, budgeting, implementation, and monitoring. The seminar focused on fostering transparency, accountability, and responsible stewardship of resources to ensure impactful community projects. With the invaluable knowledge gained from the seminar, the participants left with a renewed commitment to create positive change and make a lasting impact in their communities.

District Assembly and District Leadership Training Seminar 2023-24

Rotaract District 3292 recently organized an inspiring District Leadership Training Seminar, District Assembly, and Recognition event at the prestigious DAV College, attracting over 800 enthusiastic participants from diverse Rotaract clubs across Nepal. With a focus on empowering club leaders, the event offered interactive workshops and expert-led sessions, equipping attendees with essential leadership skills and insights to drive impactful community projects.

During the District Assembly, participants engaged in constructive discussions and unanimously approved the estimated budget, paving the way for strategic allocation of resources to support various community initiatives in the upcoming Rotary year. This event was organized by Rotaract District 3292 and hosted by Rotaract Club of Kathmandu, Rotaract Club of Kathmandu Midtown, and Rotaract Club of Bhaktapur, along with the participation of other co-host clubs.

District Rotaract Representative Installation 2023-24

Rotaract District 3292 celebrated a momentous occasion at the Anandabhumi event venue in Baneshwor as they officially completed the District Rotaract Representative (DRR) installation. The event marked the official handover of office from DRR 2022-23, Rtr. Laxman Kharel, to the newly appointed DRR for the Rotary Year 2023-24, Rtr. Roshan Karki.

The ceremony witnessed a remarkable turnout, with over 120 participants in attendance, including district committee members. The esteemed guests, DG Rtn. Rajendra Dhoju, PDG Rtn. Sanjay Giri, DG-Elect Rtn. Rajendra Man Serchan, and DG Nominee Rtn. Binod Koirala, graced the event with their presence, elevating the occasion's significance. Additionally, DRCC Narayan Krishna Kharel and Rotary District Secretary Rtn. Dinesh Manandhar added to the grandeur of the ceremony.

As the highlight of the event, Rtr. Roshan Karki, the incoming DRR, took an oath from the Chief Guest, District Governor Rtn. Rajendra Dhoju. The solemn oath signified Rtr. Karki's commitment to uphold the principles of Rotaract and lead the district with dedication and integrity.

In a symbolic gesture, DRR Rtr. Roshan Karki also administered the oath to the incoming district committee members for the Rotary Year 2023-24. As he handed out the appointment letters, the event brimmed with excitement and optimism for the year ahead.

The installation ceremony showcased the spirit of unity and purpose within the Rotaract community, highlighting the organization's commitment to meaningful service and community development. With Rtr. Roshan Karki at the helm, Rotaract District 3292 is poised for an impactful year, continuing its mission of making a positive difference in the lives of those they serve.

INTERACT ACTIVITIES



12TH DISTRICT INSTALLATION CEREMONY

Interact District Committee 3292- Nepal & Bhutan celebrated its 12th District Installation Ceremony on July 2nd at Hotel Ryne. The ceremony marked the beginning of the committee's 12th year of service. Itr. Biplob Thapa was installed as the District Interact Representative for the Rotary Year 2023-24. The event was attended by members of the District Governor Council, as well as other guests from Rotary District 3292 and Rotaract District 3292. The ceremony was graced by the esteemed presence of District Governor 2023-24, Rtn. Rajendra Dhoju, District Interact Committee Chair, Rtn. Suraj Kharel, District Rotaract Representative, Rtr. Roshan Karki, and renowned Nepali artists Mr. Yabesh Thapa and Mr. Brijen Maharjan, enhancing the significance of the event. The event was an opportunity to reflect on the district's past successes and to look forward to its future endeavors.

UPCOMING EVENTS

Interact District 3292 is gearing up for the inaugural of first-ever District Assembly, a significant milestone in the history of District 3292, scheduled for July 29, 2023. Furthermore, the district aims to foster leadership development by organizing the Zonal Leadership Training Seminar across various regions in Nepal.

This training will commence in the month of August, with a series of sessions planned in different locations: Dhangadhi on August 5th, Dang on August 6th, Butwal on August 7th, Palpa on August 8th, Kusma on August 10th, Pokhara on August 11th, Damauli on August 12th, Birgunj on August 13th, Itahari and Dharan on August 15th, Bhadrapur and Birtamode on August 16th, Chitwan on August 19th, and the Valley on August 27th.

District 3292 focuses on leading together towards creating an impact through interact.

FROM THE EDITOR'S DESK



Dear Fellow Rotarians,

Greetings! I am thrilled to embark on this exciting journey of experience-sharing with all of you. As your editor for the entire Rotary Year 2023-24, I promise to be a dedicated advocate of our shared values, exemplified by the mantra 'Service above Self.'

I consider myself fortunate to have already engaged with many of you personally, witnessing the inspiring work of your clubs and learning about your stories. I am deeply grateful to the leadership for affording me this opportunity to foster communication and unity among us.

The Governor's Monthly Letter (GML) stands as an official newsletter connecting the District Governor with every club and member. It serves as a platform to stay informed about the current affairs of Rotary International and our district, including service projects, news, and updates across the fraternity.

July signifies a 'Transition Month' in Rotary as we celebrate leadership changes not only at the international level but also within our district and active clubs. This month of transitions has brought us a series of installations, celebrations, and fellowships. Cheers to them!!

This Rotary Year, we breathe new life into the Governor's Monthly Letter (GML) by introducing an updated format and captivating content structure presented in a beautiful and professional layout. We plan to have dedicated sections to showcase updates from The Rotary Foundation (TRF), Global Grant Projects, and District Grant Projects, with the aim of inspiring others and learning from successful endeavors. Furthermore, we proudly feature interviews with esteemed personalities and leaders from various fields, creating a platform for thought leadership both within and beyond the Rotary fraternity. To achieve this, I call upon all Club Presidents and Secretaries to share their club news and activities with us at gml.district3292@gmail.com promptly, enabling us to feature and disseminate your stories to a wide audience.

Lastly, I would also like to extend my appreciation to the District Publication and GML Sub-Committee 2023-24 team for their expression of interest, whose unwavering support I anticipate throughout the year.

Together, let's 'Create Hope in the World'.

Yours in Rotary,
- Rtn. Raj Shrestha
 Chair 2023-24
 District Publication & GML Sub-Committee

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ROTARY NEWS / RISAO

What's up?

Send club news & activities, articles and your creativity to gml.district3292@gmail.com
And, get it published.

TEMPLATES HERE →



ROTARY ON HAND

Download 'Rotary District 3292' App



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