

# GML

GOVERNOR'S MONTHLY LETTER

SEPTEMBER 2023

## Basic Education and Literacy Month

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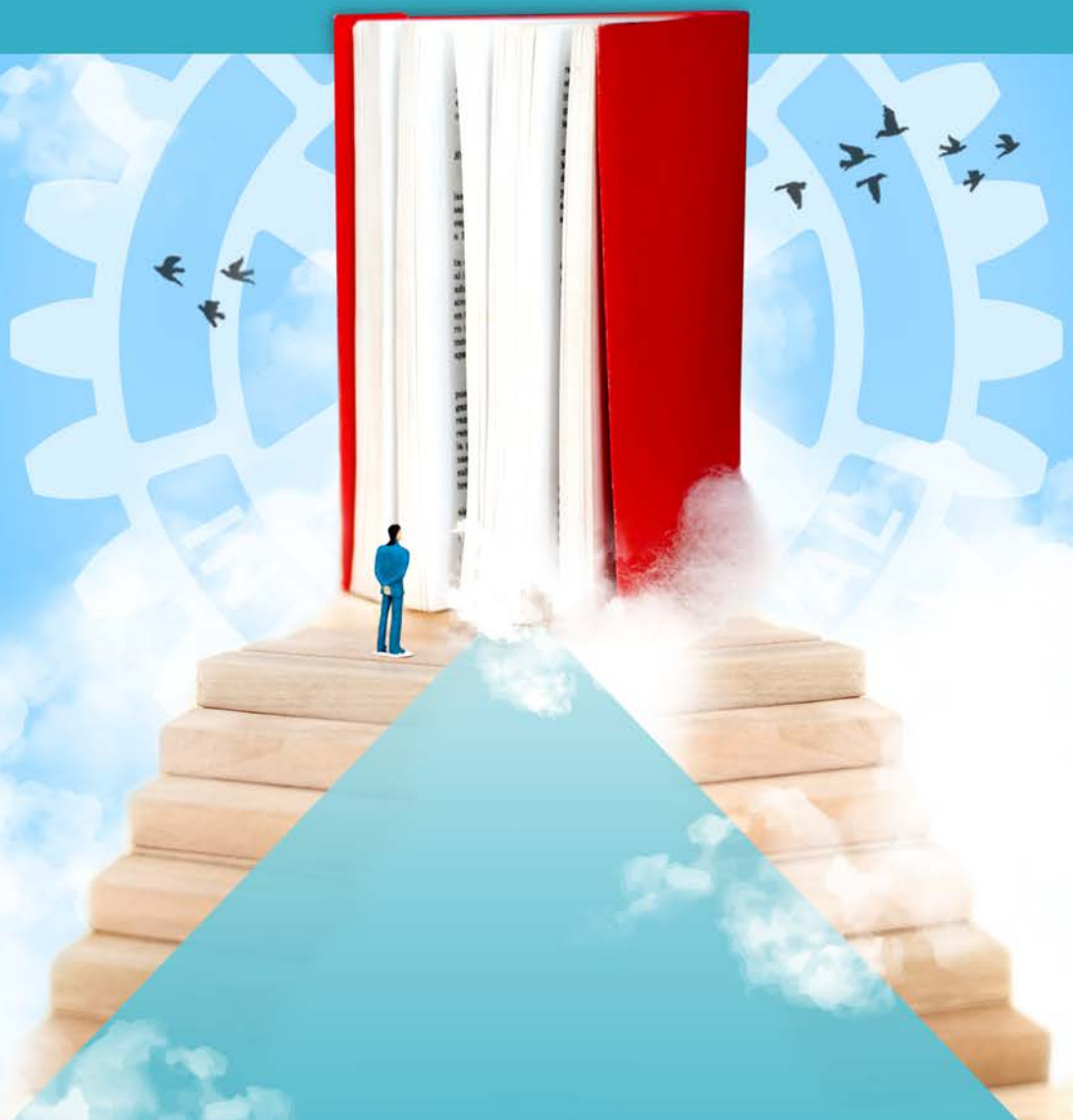
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**Gordon R. McNally**  
President 2023-24  
Rotary International



**Rajendra Dhoju**  
District Governor 2023-24  
Rotary International District 3292



*Towards*  
**BETTER FUTURE**



# GOVERNOR'S MONTHLY LETTER

Dear Fellow Rotarians, Rotaractors, and Interactors,

I am truly privileged to witness the remarkable dedication and activity among Rotarians across our district. The positive energy, aspirations, and initiatives I've seen in clubs, members, and district teams have been nothing short of inspiring.

**September, dedicated to 'Basic Education and Literacy Month' in Rotary, has seen a series of marvelous events and activities. Recognizing that the future of our children hinges on the quality of education they receive, as well as the nurturing environment and the dedication of teachers in the classroom, we, as Rotarians, stand ready to contribute with utmost dedication.**

The Rotary Nepal Literacy Mission (RNLM), under the leadership of PDG Tirtha Man Sakya, achieved a significant milestone on the 8th September by organizing an important seminar. This initiative is poised to be a game-changer in our commitment to literacy and the pursuit of better education. As Rotarians, we champion programs like TEACH, Back to School, and WASH in School, which directly impact the creation of healthy and conducive learning environments. To realize the objectives of RNLM, we have outlined seven Action Plans. I implore all club leaders to align their efforts with these common objectives, allowing us to combine our strengths for even greater achievements.

Throughout September, we also witnessed significant events such as Vibrant Club Workshops, the NCRS Walkathon for Cancer Awareness, Inter City Meetings (ICMs), Rota Quiz Events, Mental Health Programs and the Peace Conference, among many others at both district and club levels. My heartfelt appreciation goes out to everyone for their dedication in upholding the Rotary spirit and making our district take a leap towards Creating Hope in the World with new Light of Hope.

As we approach the festive season, let us remember that we are not only members of Rotary, but true humanitarians always ready to serve for the community in need. Let us extend the warmth and joy not only within our own families but also to those who are in desperate need. I humbly request each of you to look around and bring a glimmer of happiness to every hungry eye through whatever means you can.

May we all celebrate Dashain and the upcoming festivals with hearts full of happiness and joy with our family and Rotarians.

Yours in Rotary,

**- Rtn. Rajendra Prasad Dhoju**

District Governor 2023-24

Rotary International District 3292, Nepal-Bhutan

## SEPTEMBER

Basic Education  
and Literacy Month

As Rotarians, we champion programs like TEACH, Back to School, and WASH in School, which directly impact the creation of healthy and conducive learning environments.



# RI PRESIDENTIAL STATEMENT

Earlier this year, Rotary members from opposite sides of the border again met at the shrine, this time with about twice as many participants.

**Any work toward building peace needs to be brave and bold. What these Rotary members have done is just that. The Pakistani government took an important step toward peace when it admitted Indian pilgrims to the Kartarpur Sahib shrine, but Pakistani Rotary members took the next step when they welcomed Rotary members from India as friends and family. That is Positive Peace at work.**

These peacebuilders did not stop there. Club representatives at this year's meeting signed twin club certificates to recognize their long-term commitment to continue to learn from each other and to work together on more peacebuilding efforts, and they have held joint meetings via video chat.

The importance of communicating with and learning from another culture cannot be overstated, and Rotary is making it

even easier to do so. One way of engaging in cross-cultural dialogue and building relationships across borders is through virtual international exchanges that build on our current programs and make them more accessible.

A virtual exchange uses online platforms to connect people from different parts of the world so they can share their traditions, priorities, values, and more. Virtual exchanges can serve as a window to another part of the world through activities such as teaching a digital cooking class, learning a new language, or even designing service projects with a global impact.

These online chats have the potential to inspire new connections and more respect between societies.

Taking that knowledge and using it to better the lives of our fellow human beings is the next step.

Let's see where it takes us.

**- Rtn. Gordon R. McNally**  
President 2023-24  
Rotary International



## SHARING HOPE WITH THE WORLD

SINGAPORE  
25-29 MAY 2024

#Rotary24



# The Rotary Nepal Literacy Mission (RNLM)



**PDG RTN. TIRTHA MAN SAKYA**  
CHAIR, RNLM

Literacy means acquiring the ability to read & write whereas Education is about holistic development of a person making it a complete human, who can not only read or write but also has the ability to think in broader terms & analyze the things rationally. Thus, although most people consider being literate and being educated as the same, there is a distinct difference between them.

*Literacy Awards are presented for each category to the most deserving top three Clubs in overall performances.*





For sustainable Rotary service "Basic Education and Literacy" is very formidable and pursuant in many developing countries. Following the success of Polio eradication, Rotarians have seen this area essential for reducing poverty, improving health, encouraging community and economic development, and promoting peace. More than 775 million people over the age of 15 are illiterate, which is 17% of the world's adult population. Rotary's goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy.

According to the detailed report of the National Census 2078 BS published by the National Statistics Office, the literacy rate of the total population aged five years and above is 76.3 percent. Among them, the male literacy rate is 83.6 percent while the female literacy rate is 69.4 percent. However, Nepal's worrying education scenario shows nearly 97% enrollment in the primary level, but it drops to nearly 50% by the children reaching the middle school, thus depriving half of population of children from growing into their full potential. Children from rural areas are more than twice as likely to be out of primary school as their urban peers. Without skills for lifelong learning, children face greater barriers to earning potential and employment along with adverse health later in life.



## RECOGNITION OF ACHIEVEMENTS

**8th September is the International Literacy Day and the Basic Education & Literacy Committee celebrates the event through awareness and orientation programs, with the basic idea for Clubs to take up projects and opportunities to foster growth of better education and its environment. Each year since 2018, RNLM has also been encouraging the efforts of Clubs in undertaking Literacy projects. Literacy Awards are presented for each category to the most deserving top three Clubs in overall performances.**

**Finally, in order to materialize the Vision of Total Literacy by 2030, formats and guides have been prepared to help the Clubs to make an initial headway for the 5-year period starting from RY 2023-24 25, which will actually be in line with the District Goals.**

Since 2012, and in complimenting the efforts of Government of Nepal Ministry of Education (MOE), to achieve universal enrolment, literacy and quality education.

RID 3292 has committed through the District Basic Education & Literacy Committee (RNLM), in promoting a literate community through active engagement of its network of Rotary Clubs and its partners-in-service. The Committee is pursuing its goal of universal enrolment, literacy and quality education, and the Vision of Total Literacy by the year 2030, will have three interlinked programmatic approaches:

- i. **T-E-A-C-H Program:** to support quality education and improved school management and physical environment in community schools.
- ii. **Back to School Program:** to ensure children who have dropped out of school return back to school
- iii. **WASH in Schools (WINS):** to support improvement of water, sanitation and hygiene condition and behavioral practices in school.

### Action Plan

1. The District Basic Education & Literacy Committee is to build partnerships and collaborations with local government, inter-government, and non-government organizations through specific actionable Memorandum of Understanding, joint project agreements, as well as mobilize individual financial and technical support for the program.

2. Each Rotary Club will adopt more than one government/community school to convert into the Child-Friendly-School.
3. Existing School Improvement Plan (SIP) will be taken as the basis for supporting the school or the schools will be supported to develop SIP if it does not exist.
4. All Clubs would involve their Rotaracts, Interacts, RCCs, Inner Wheel/Spouse Groups and partners including local government to implement the program.
5. In accordance to stipulated guidelines, Clubs can avail support of the Committee funds.
6. District Basic Education & Literacy Committee encourages Clubs to participate in projects through Global/District Grants, and has decided to support one third amount of the Clubs contribution in projects. To assist Clubs, a number of MOUs have been signed and completed with vendors of computers and e-learning (online/visual) support, paint companies etc. Similarly, CSR values of companies is a major resource for projects. Many Clubs undertake a number of projects, and is funded through a yearly rolling fund of NRs.10 million. The Clubs have recently ratified annual support to Literacy @ NRs.500.00 per member.
7. Clubs are encouraged to adopt simple ways for awarding best Students and Teachers from within their adopted schools. Less advantaged guardians are provided with trainings on income generating vocations. 🌟

# Rotary Clubs Unite for Sustainable Waste Management

**REGION 1, REGIONAL INTERCITY MEETING 2023-24  
26 AUGUST 2023**

The Rotary Club of Bhadgaon took the initiative to host and actively participate in the inaugural Regional Intercity Meeting for the Rotary Year 2023-24, which took place on August 26, 2023. This significant event was a collaborative effort between multiple Rotary Clubs, including RC Sankhu, RC Himalayan Golfers, RC Gokaneshwore, and RC Bouddha, in conjunction with the District ICM Committee and various clubs from Region 1. The chosen theme, "Promoting Sustainable Solid Waste Management: Adopting Best Practices for a Cleaner Environment," emphasized the urgent need for effective waste management solutions in our communities. The event saw a remarkable turnout, showcasing the collective dedication and commitment of Rotarians towards this crucial cause. It provided a platform for Rotarians to exchange ideas,

share expertise, and foster collaborations in order to implement sustainable waste management practices. The discussions and presentations were insightful, shedding light on innovative approaches and successful case studies from different clubs.

This gathering was not only a testament to the Rotary Club of Bhadgaon's proactive stance in addressing environmental challenges, but also highlighted the strength of unity within the wider Rotary community. The event's success underscores the shared commitment to creating a cleaner and more sustainable environment for all. 🌍



# Vibrant Club Workshop 2023: A Resounding Success

**REGION 5, RUPANDEHI, NEPAL  
2 SEPTEMBER 2023**







# Adventure Rota Camp 2.0 Medal to Bravery: A Triumph of Courage and Camaraderie

KAKANI, NUWAKOT, NEPAL | 15-17 SEPTEMBER 2023

Adventure enthusiasts gathered for the highly anticipated Adventure Rota Camp 2.0 - Medal to Bravery. The event was an outstanding success, a testament to the trust and support of our valued participants. With an impressive turnout of 130 participants, the event was nothing short of a triumph. We trust that each attendee departed with a treasure trove

of experiences and valuable lessons from this exhilarating adventure. We extend our deepest thanks to each and every one of you for being an integral part of this memorable event. Your participation contributed immeasurably to its success, and we look forward to creating more unforgettable moments together in the future. 🌟



The Vibrant Club Workshop 2023 of region 5 was held on 2 September 2023, at The SR International Hotel in Tilottama, Rupandehi. The event buzzed with energy and enthusiasm, drawing Rotarians from over 30 clubs, including esteemed guests, District Governor, Past District Governors, Governor Council Members, Rotary Club Presidents, and dedicated Rotarian Members. The atmosphere was electric, characterized by vibrant discussions, fruitful collaborations, and inspirational sessions. The workshop equipped clubs with indispensable tools and knowledge to elevate their vibrancy, nurture collaboration, and drive impactful community service projects.

Attendees departed with a renewed sense of purpose and a profound understanding of Rotary's mission.

The Vibrant Club Workshop 2023 stood as a testament to Rotary clubs' unwavering dedication to catalyzing positive change within their communities. It served as a platform for sharing invaluable best practices, fostering camaraderie, and gaining crucial insights. The success of this workshop is poised to reverberate throughout our Rotary District, setting the stage for even more meaningful service endeavors in the future. 🌟







# Solidarity to Secure Health NCRS Walk-A-Thon for Cancer Awareness

KATHMANDU, NEPAL  
16 SEPTEMBER 2023

Nepal Cancer Relief Society (NCRS) Walk-A-Thon was held to commemorate the society's 41st anniversary, underscores a dedicated commitment to advancing cancer care in Nepal, with a focus on early detection and effective treatment.

Additionally, in a show of solidarity and active participation, numerous Rotarians, including District Governor Rajendra Prasad Dhoju, took part in the 7 km long Walk-A-Thon event. This event not only highlights the unwavering dedication of the Rotary community but also emphasizes the collective effort to combat cancer and improve the lives of those affected by this disease. 🌟



# Vibrant Club Workshop Enhancing Rotary Values and Process

REGION 7, MORANG, NEPAL  
23 SEPTEMBER 2023



Vibrant Club Workshop for Region 7 was conducted on 23rd September 2023 at Hotel Nepalirika, Birat Chowk. The Program was Chaired by Rtn. Archana Taparia, District Training Committee Chair Region 7. District Governor Rtn. Rajendra Prasad Dhoju was the chief guest of the program. Notable figures like PDG Rtn. Basudev Golyan, PDG and District Learning Facilitator Rtn. Sanjay Giri, PDG Rtn. Santosh Prasad Rijal, IPDG Rtn. Jitendra Bahadur Rajbhandari, DGE Rtn. Rajendra Man Serchan, DGN Rtn. Binod Koiral, District Secretaries Rtn. Dinesh Raj Manandhar and Rtn. Durga Subedi, DRFC





## National Peace Conference 2080 Promoting Harmony and Unity

KATHMANDU, NEPAL  
21 SEPTEMBER 2023

Rtn. Kumud Tripathi, Assistant Governors of region 7 and District Resources persons added charm to the event. Total 167 Rotarians attended the workshop.

There was a break away session on Membership, Importance of Foundation and service Project, Importance of Public Image. The workshop was well managed by Rotary Club of Dharan and hosted by 20 clubs of Region 7. Rtn. Chandra Agrawal from RC Dharan was the coordinator of the workshop. 🌟

Rotary Club of Jawalakhel along with other clubs hosted 'National Peace Conference-2080' at Rastriya Sabha Griha, Bhrikutimandap. This significant event was organized to commemorate the International Peace Day, underscoring the universal importance of peace and harmony.

Distinguished individuals from various sectors and walks of life convened to engage in discussions, share insights, and foster connections in pursuit of a more peaceful world. The conference provided a vital platform for thought leaders, activists, and peace advocates to exchange ideas and strategies, reinforcing the collective commitment to peacebuilding. 🌟





# Installation of Club Presidents

During the month of September



President Rtn. Indira Parajuli (Installation of RC Dillibazar-Kathmandu)



President Rtn. Rambahadur Koiri  
(Installation of RC Central Lumbini)



President Rtn. Sthaneshower Regmi  
(Installation of RC Kathmandu Downtown)



# DG Visit

## During the month of September



RC Kathmandu Height DGs Visit on 9th September 2023



RC Mahabouddha DG Visit (17th August 2023)





Rotary Club of Himalaya Patan DG Visit on 17th September 2023



Rotary Club of Kasthamandap Kathmandu DG Visit on 4th August 2023





Rotary Club of Yala DG Official Visit on 2nd September



The Himalayan Gurkhas DG Official Visit - Chartered Day Celebration



LEADER SPEAKS

CO-FOUNDER,  
TEACH FOR NEPAL

# Shisir Khanal

A Man on A Mission to  
Reform Education System of Nepal



## INTERVIEW BY RTN. RAJ SHRESTHA

Mr. Shisir Khanal is the Co-Founder of Teach For Nepal (TFN) and served as the Board Chair of TFN from 2019 to 2020. He held the position of CEO at TFN from 2012 to 2019. Currently, he also serves as a Board Member of the Collaborative School Network (CSN), where his efforts have been instrumental in revitalizing various community schools.

Hon. Khanal is also a Member of Parliament in the Federal Republic of Nepal and has garnered extensive experience as a Minister at the Education, Science, and Technology Ministry. He completed his master's degree in International Public Affairs (MIPA) from the La Follette School of Public Affairs in 2005, and holds a bachelor's degree in International Political Economy from the University of Bridgeport. In 2012, he was honored with the "Forward Under 40" award by the University of Wisconsin-Alumni Association for his exceptional contributions to sustainable development. In 2019, he received the prestigious "Young CEO of the Year" award in Nepal. Furthermore, Mr. Khanal serves as an Education Advisor to the Tulsipur Sub-Metropolitan City in Tulsipur, Dang. Here is an excerpt of what he shared with Raj Shrestha, Editor of GML, on the periphery of the current state of education in Nepal.

**Thank you for allocating your precious time to share some knowledges and opinions with the Rotary fraternity. How much are you aware about the Rotary movements and its contribution towards community development?**

I have been very impressed by Rotary's long tradition of community building and its

commitment to global peace. While I haven't been a direct member, I have had several friends who are members and are actively contributing to their community .

**Since Rotary celebrates September as 'Basic Education and Literacy Month', are you aware of any significant contribution towards educational support and development it has done in Nepal?**

Rotary's TEACH Program has been one of the flagship campaigns in Nepal. Rotary has helped build education infrastructures including school buildings across Nepal. I have had the opportunity to interact and present education project ideas to several rotary clubs and in national forums. Through these interactions, I have come to understand that Rotary clubs and members have made significant impact in improving basic literacy of thousands of Nepalese children.

**We often hear disintegrated views on the education system of Nepal. How have you assessed the current situation, the driving force and the needful corrections in our basic education?**

I would say Nepal's singular challenge with basic education is learning outcomes at basic levels. Surveys and tests conducted

by the Ministry of Education as well as other non-government organizations show that most children by grade 3 are below their grade levels. Even by grade 8, less than 40% of students are mastering basic mathematical concepts. Some studies show that by grade 3, almost 80% of students who go to rural public schools haven't attained proficiency in vowel or consonant letters or even basic English.

Such a dismal performance is driven by many factors. At the high level, I see the education system in Nepal doesn't have clearly defined accountability structures. But at micro-levels many problems abound, including shortage of quality teachers, lack of proper training & support system for the teachers; in many communities, schools do not have adequate infrastructures and little ownership of community and parents of the schools, particularly in urbanizing communities, are also creating challenges.

**Where do the major challenges lie in our education system? Is it the curriculum, learning environment, tutors and instructors, assessment system, or the holistic approach of its delivery?**

We are at a place, where unfortunately we would have to say all of the above. I see that the school curriculum is very ambitious and puts quite a high demand on the students but classroom pedagogy, instructional time and quality as well as students' social and family environment do not provide adequate support to the students, particularly those students who come from marginalized backgrounds.

**You are also engaged with 'Teach for Nepal', how is your experience in developing an able workforce through quality education?**

Through the founding and then leading TFN through the first 7 years as the CEO, I was privileged to see the direct impact on the lives of students and transformative potential of Nepal's young leaders. The work of Teach For Nepal Fellows, volunteers who committed to teach in rural public schools for two years, is perhaps one of the most successful and impactful education initiatives Nepal has seen in the last decade.

**If we see the current trend, it looks like every young individual wants to leave Nepal whether in search of a good future**



*Hon. Khana addressing the parliament on the issue of education and its reformation*

**or good fortune. Do you think that our education system is somewhat liable to create this unfortunate situation?**

I would argue that education system is definitely part of the problem but isn't the entire story. There are enough data to show that number of people leaving Nepal including for further studies have increased dramatically in the last year. However, in the recent days I have seen that many young 'professionals,' with potential for good career track are also leaving Nepal. There is now a confluence of many factors – quality education, livelihood opportunity, social prestige, family dynamics and perception of better life outcomes outside of Nepal are now pushing many to leave Nepal.

**Nepal Government has allocated significant budget to reform our education system and safe school environment. Do you think the effort is effective enough to bring positive change in creating hope?**

Even though Nepal spends almost 11% of its annual budget on education, unfortunately, we are in perpetual scarcity context. Nationally we have almost 53,000 teacher shortage. Government isn't able to provide even basic federal minimum wage to early childhood education assistants. Similar issues exist with non-teaching staff. Of Nepal's total education budget 80% is spent on school education of which almost 75% goes on paying teachers salary. So when

we look from micro-perspective, at school level schools receive anywhere between NPR 15,000 to NPR 25,000 a year on un-earmarked funds. This means that schools simply do not have any money to invest in new innovation and to experiment with new ideas.

**The general perception in Nepal is such that private schools can deliver better education over government schools. And, the people spend their hard-earned money to send their kids to expensive private schools. Is it so? If not, why is the education in private schools are so much glorified?**

When compared with public schools, national examinations such as SEE (formerly SLC) show that students in private schools receive better grades. Additionally, the private schools main 'attraction' is English medium instructions in classroom. Ultimately, what I have seen across the country is that parents want to see their children attain better life outcomes than theirs. Private schools are seen as a medium to achieve that goal. There are enough experiences around each family in Nepal that on average students who have gone to private schools have found better opportunities in Nepal and abroad. Thus, there is a very strong perception that private schools are ultimate pathways to success.



At micro-levels many problems abound, including shortage of quality teachers, lack of proper training & support system for the teachers; in many communities, school do not have adequate infrastructures and little ownership of community and parents of the schools, particularly in urbanizing communities, are also creating challenges.

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We have seen schools transform in a few years and through the experience, we have learned that – better management; in-classroom support to teachers; additional short to children from low income households and improved community-parent-school relationship can fundamentally bring positive change to the performance of schools.

**You are also in the board of 'Collaborative Schools Network', which has been able to create hope in community schools as well with aspiring learning environment and commendable results. What really made a difference to bring back that glory in those schools?**

At Teach For Nepal (TFN), we were working directly in the classroom. We saw that a committed teacher can have a huge impact in a life of students but to have schoolwide impact, we needed to find ways to have impact in managing schools. That's where Collaborative School Network (CSN) was born. Through CSN, we have seen schools transform in a few years and through the experience we have learned that – better management; in-classroom support to teachers; additional short to children from low income households and improved community-parent-school relationship can fundamentally bring positive change to the performance of schools.

**Where are we lacking to instill transformative and vocational skills in our younger generation that would make them self-reliant in terms of career focus?**

Our general education is still based on rote-learning and memorizations. Examinations systems incentivize students ability to memorize facts and information and there is very little attention paid to develop critical thinking and analytic capabilities in the students. Our education system doesn't encourage risk taking abilities, which ultimately hinders in innovation and in developing entrepreneurial mindsets.

If we can instill in our students the ability to ask questions, solve problems and engage them in identifying opportunities around them, we can begin to build fundamental skills that are required to be self-reliant individuals who can potentially be entrepreneurs and change agents.

**You have also served as Education, Science and Technology Minister and serving as Member of Parliament, how do you assess our nation-wide movement to stop brain-drain from the country and ability to create enough opportunities for young talents?**

I served as Education Minister for a short stint, which unfortunately didn't allow me to work on any significant plan but as a law-maker my focus is in identifying areas that can have potentially transformative impact in Nepal's economy. I serve in International Relations

and Tourism Committee in the parliament. I see tourism as very under-leveraged arena in Nepal. We have talked about using hydro-electricity as major areas and recent trade agreements with India has generated some excitement in the sector. IT is growing rapidly and a research report released recently indicated that we are already exporting over USD \$500 million worth of IT services a year. Nepal also has potential in high value agriculture products, including fruits and herbs. If we can leverage these key sectors and connect them from community, to education backed by strong investment in research and innovation, we can definitely slow down and to some degree reverse some of the brain drain.

**How do you think, Rotary can partner with the organizations you are associated with as well as government to create synergistic outcome?**

Rotary E-Club is already working with CSN that I am part of. Some rotary clubs and the members have also contributed to Teach For Nepal's work over the years. Since the organizations I am associated with work primarily in education, there is a natural synergy. Through the network of CSN school partners and engagement of Teach For Nepal Alumni in various education related projects, I see that rotary clubs can design in local community development projects.

**At last, would you like to share any of your thoughts and vision toward better Nepal?**

I want to see Nepal, where everyone has access to great education; where all citizens can access quality health care and find purposeful meaningful engagement to contribute to the growth of self, community and the nation. 🌟



Mr. Shishir Khanal at the scholarship award ceremony

# Club News & Activities

SEPTEMBER 2023



## Mental Health Orientation in Schools

Rotay E-club of Medicofusion Hybrid Nepal  
1<sup>st</sup> & 8<sup>th</sup> September 2023

As Medicofusion aims to sensitize 10,000 individuals on basic mental health issues, on September 1st, 2023, the organization organized a Basic Mental Health Awareness Program for teachers from three schools jointly: United English Boarding School, Suddhodhan Boarding School, and Rosebird English Boarding School. A total of 120 teachers and school staff were present. The program was chaired by Mr. Ram Krishna Khanal, the Principal of United Boarding School. Club President-Elect Rtn Dr. Bikram Kafle, a psychiatrist, led the session,

along with co-trainer Yashoda Bagale, a psychologist.

Similarly, on September 8th, 2023, the club successfully conducted a mental health orientation program for 54 teachers at Jana Jyoti Secondary School. The program was chaired by school principal Babu Ram Acharya, and the session was led by Dr. Bikram Kafle, a psychiatrist, and Ashodha Bagale, a psychologist. The club's objectives and work were shared by Club President Apsara Nepal.



## ICU Ventilator Handed Over

Rotary Club of Dhulikhel  
27<sup>th</sup> August 2023

In collaboration with the Rotary Club of Gongabu, we successfully delivered five ICU ventilator beds to Shree Kaushallya Memorial Hospital in Kohalpur, Nepal. This initiative is a crucial component of the global grant GG2127590, with the Rotary Club of Gongabu acting as the host club and the Rotary Club of Singapore North participating as an international partner. Additional financial support has been generously provided by the Rotary Clubs of Dhulikhel, Kavre-Valley, Singapore, and Hong Kong North-East, as well as Rotary District 3310 and Rotary New Zealand World Community Service.

These vital pieces of equipment represent a significant milestone for the hospital, as they can now offer life-saving care to critically ill patients from Kohalpur district and the surrounding areas, particularly those who are economically disadvantaged at a nominal cost. The overall budget for this grant amounts to USD \$51,000.00, demonstrating the collective commitment of these Rotary Clubs and organizations to improving healthcare access for the underserved communities in Nepal.





# Literacy, Health and Dreams

Rotary Club of Dharan Foothills  
8<sup>th</sup> September 2023

Rotary Club of Dharan Foothills organized a program to mark the occasion of "World Literacy Day" at Shree Panchayat Basic School, Dharan, where children hailing from low socioeconomic backgrounds pursue their education. This thoughtful initiative aimed to address the critical issues of health and education for these young learners.

President Rtn Dr Rita Khadka delivered an insightful talk on health, emphasizing the importance and ways of maintaining good health and Rtn Dr Anju Pradhan delivered an inspiring speech on the significance of education, motivating the students to pursue knowledge and dreams relentlessly. The support of the program's sponsor Excel Development Bank made this event possible and demonstrated the power of collaboration between organizations and community groups.

The RC Dharan Foothills and its sponsor Excel Development Bank further brightened the day for the young students. They distributed nourishing juice to invigorate their spirits and essential stationary items to aid in their educational journey. These acts of kindness not only provided immediate relief but also served as a reminder of the community's support for their educational aspirations.

The Rotary Club of Dharan Foothills' World Literacy Day Program stands as a shining example of how a community can come together to make a positive impact on the lives of underprivileged children. It not only celebrated the importance of literacy but also demonstrated the club's dedication to holistic development by addressing health and educational needs.



# Mega Blood Donation Camp Breaks Records in Ratnanagar

Rotary Club of Ratnanagar  
15<sup>th</sup> September 2023

In a remarkable show of solidarity and generosity, the Rotary Club of Ratnanagar, in collaboration with Rotaract Ratnanagar, Spouse Club of Ratnanagar, Interact Club of Skyrider, and Interact Club of New Capital College, organized a Mega Blood Donation Camp on September 15, 2023. The event took place at the New Capital College Ratnanagar premises and received technical support from the Regional Blood Transfusion Center in Bharatpur.

The camp was inaugurated by the honorable Mayor of Ratnanagar Municipality, Pralhad Sapkota, who expressed his eagerness to establish a dedicated blood collection center in Ratnanagar. He recognized the importance of such initiatives to meet the growing demand for blood in Chitwan District, known as a medical hub.



Club President Hari Kumar Shrestha highlighted the pressing need for blood in the region. A total of 414 pints of blood were collected during the event, breaking previous records in Chitwan District. The breakdown of donors included 352 males and 62 females, with an impressive 239 first-time donors and 175 returning donors.

This achievement surpassed the previous record set during the Rotary year 2019/20 when RC Ratnanagar, under the leadership of Bipin Pokhrel, collected 405 pints of blood. The coordination of this successful program was led by Rtn Dipendra Sharma, with Surya Prakash Regmi serving as the Service Project Chair.

The Mega Blood Donation Camp's overwhelming response underscores the community's commitment to saving lives through voluntary blood donations. Rotary Club of Ratnanagar and its partners have set a remarkable example, not only by breaking records but also by addressing the critical need for blood in the region.



# Three successful Cataract Surgery

Rotary Club of Himalayan Golfers  
16<sup>th</sup> August 2023



In a significant stride towards community health, the Rotary Club of Himalayan Golfers and Nepal Eye Hospital collaborated to organize an impactful eye camp in Kurintar on July 26th. The event, marked by its resounding success, not only provided free eye check-ups to locals but also restored vision for three children through fully funded cataract surgeries.

Remarkably, Nepal Eye Hospital went beyond its role in the camp by fully sponsoring the three cataract surgeries from Kurintar required by the young patients. This philanthropic act not only alleviated the children from their visual impairment but also exemplified the hospital's dedication to transforming lives through quality eye care.



# Tree Plantation

Rotary Club of Bhadgaon  
12<sup>th</sup> August 2023

The Rotary Club of Bhadgaon organized a Tree Plantation Program in Changunarayan-2, Duwakot, Bhaktapur, on August 12th, 2023. The participating members were pleased to see the plants we had previously planted. The community was even happier to receive fruit plants such as Lemon, Orange, Guava, Rudrakshya, Avocado, Walnut, etc. The

community also actively participated in this program and expressed their commitment to taking care of the plants for their growth.

This year, RC Bhadgaon focused on planting fruit trees with the aim of creating both an eco-friendly environment and providing nutritional benefits. The land for this initiative was generously provided by the President of Changunarayan Ward No. 2.



# Suicide Prevention Training : Occasion of International Suicide Prevention day 2023

Rotary Club of Bhairahwa  
31<sup>st</sup> August 2023

"Let's join hands together to Stop Suicide". RC Bhairahawa has been able to conduct an important program to minimize the uncertain casualties due to Suicidal Attempts at the presence of almost 70 plus candidates and youths . This awareness and thoughtful approach will definitely help to expand all the consequences and prevention that need to be taken to lessen the immature events.



# Girl's Toilet Project Handover Program

Rotary Club of Dharan  
11<sup>th</sup> September 2023

Handover program of Girl's Toilet Project under District Grant (RNLN) of Shree Sarda Balika Namuna Secondary School, Dharan -16 was completed on 11th September 2023. Three Asian style toilet, one disabled friendly toilet, one changing room and one water tank stand was handed over to school in presence of the Chairman of Ward 16, Mr. Murari Bhattra, school management committee members, Principal Dharma Narayan Singh, Past presidents, President, rotary members and School staffs.





## Joint Tree Plantation

RC Patan & RC Himalaya Patan  
26<sup>th</sup> August 2023

RC-PATAN in collaboration with RC - Himalayan Patan, organized a Tree Plantation program on 26 August 2023.

According to the Rtn. Khadak S. Bisht, RCP Vice-President, and Environment

Committee Chair, the event was organized in collaboration with RC Himalaya Patan, and Ward No. 22 chair at Bungamati and also supported by Women for Women, Rotaract Club of Patan and Himalayan Patan, Women for Women and Yoga center Bungamati. More than 90 people from various organizations participated in the program. Altogether 200 plants (various trees, fruits, and soil-stabilizing plants) were planted.



## Rotary four days homestay management training at Arughat, Gorkha

RC of Dillibazar-Kathmandu  
23<sup>rd</sup> to 26<sup>th</sup> August 2023

Rotary Club Dillibazar in collaboration with Arughat Rural Municipality, under the Rotary District Grant project conducted four days homestay management training from 6<sup>th</sup> to 9<sup>th</sup> of Bhadra at Arughat Rural Municipality, Oyak, Gorkha, Gandaki Province. Training included theoretical and practical knowledge of management and hospitality, cleaning and housekeeping, homestay promotion and marketing and culinary education training in local Raithane cooking.

Basic training has been provided to 28 local households of Arughat rural municipality under Manaslu trekking route in the tourist area Manaslu road.

During the training program Raju Gurung, Chairman of the Rural Municipality said that Arughat Rural Municipality will be prosperous only through tourism if tourists can be well received. In addition, he informed that the training will improve the management of the homestay and also increase the capacity of the operators. He believed that if good hospitality is provided to the tourists, the number of domestic and foreign tourists will increase and the revenue of the village will increase and support their livelihood. During the closing session of the program Rural Municipality chairman, vice-chairman, ward chair, local media, 9 members from Rotary club of Dillibazar were present.



## Blood donation, Free health checkup and free water distribution at gai jatra

Rotary Club of New Road City  
Kathmandu  
31<sup>st</sup> August 2023

The Rotary Club of New Road City Kathmandu, in collaboration with the Inner Wheel Club, Rotaract, Interact club of new road city, and Lal Guthi organized a free blood donation camp, as well as a free health checkup and water distribution on the occasion of gai jatra on 31<sup>st</sup> august 2023 at the Hanuman dhoka.

The health check-up camp benefitted around 300 people. On the same day, 100 pints of blood were collected, and the event was sponsored by Chirayu Hospital Private Limited as well as Nepal Army Shree Jung Gulma Hanuman dhoka.



## Cerebral Palsy Clinic and Care Center

Rotary Club of  
Patan Durbar Square  
18<sup>th</sup> September 2023

With continuous support from Rotary Club of Patan Durbar Square and Self-help group for Cerebral Palsy, we are able to successfully open a center for children having neurological disorders. Cerebral Palsy is the signature project of the Rotary Club of Patan Durbar Square. The Cerebral Palsy Clinic and Care Center will be more focused on both physical and mental condition of CP children. On 18<sup>th</sup>

September 23, Rotary Club of Patan Durbar Square had "Puja Ceremony" for the success of the Care Center at Satdobato, opposite of the swimming Pool where AG Rtn. Rajani Shrestha, Past President Rtn. Rajendra Pd Shakya, Rtn. Bhuwan K Shrestha from Green Nepal Green Valley, Mr. Mahesh Bir Bajracharya from RID District 3292, SGCP CEO Mr. Sushil Kumar Shrestha, from District Cerebral Palsy/ Down Syndrome Chair Rtn. Bimal Lal Shrestha, Rotarians, Anns and Rotaractors from Rotary Club of Patan Durbar Square, friends and families were all present in this gracious puja ceremony.



## Ceiling Fan Handover to Arniko Ma Vi, Mechinagar-7

Rotary Club of Kakarvitta  
3<sup>rd</sup> September 2023

On the 3<sup>rd</sup> of September 2023, a delegation from the Rotary Club of Kakarvitta, led by President Rtn. Er. Rudra Manialee, and in the presence of Chief Guest, Chairman of Mechinagar Municipality Ward No. 7, Praladmani Oli, and other esteemed guests, including the President of the School Management, Nirmal Adhikari, handed over 12 ceiling fans to Arniko Secondary School.

The primary objective of this project was to enhance the learning environment for the students of Arniko Secondary School by providing them with improved ventilation through the installation of ceiling fans. The project aimed to contribute to the overall well-being and comfort of both students and teachers, thereby promoting a conducive atmosphere for quality education.

## Raising Children is not an easy task. Parenting Education Sessions Held in Lalitpur

Rotary E-Club of District 3292  
23<sup>rd</sup> September 2023

The Rotary E-Club 3292, in collaboration with the Collaborative School Network, organized two sessions on parenting education. The initial session was conducted on September 2, 2080, at Bhanodaya Basic School, situated in Mahalaxmi Municipality -6, Siddhipur, Lalitpur. The second session was held on September 23, 2023, at Lalit Kalyan Kendra Basic School, located in Bhol Dhoka-9, Lalitpur. These endeavors are in line with the Rotary's September theme, which focuses on Basic Education and Literacy.

The primary objective of these parenting education sessions was to provide parents with valuable support and guidance in effectively raising their children by imparting knowledge about positive parenting techniques. Ms. Pratima Lama, a seasoned parenting trainer with seven years of expertise, led these programs. Approximately 100 parents, who have children in their early childhood stages, greatly benefited from these insightful sessions.







## Dapcha: Heritage tour

Rotary Club of Yala  
16<sup>th</sup> September 2023

A Heritage Walk of Rotary Club Yala was organized at Dapcha by Rtn. Om Krishna Shrestha. The guests were welcomed by the locals with traditional Newar Culture. The walk was participated by 27 Rotarian, 20 Anns, and 8 Guests. The club felicitated Mayadevi Shrestha (taata) for her contribution to preserve the local heritage and culture. NPR. 22,000 was donated by the club to the Samiti Sachiv for maintenance of the Bhimsen Temple and NPR. 6,000 to the dancers. This was followed by a cultural program of Ganesh, Bhairab & Kari dance. The town of Dapcha has a rich cultural heritage and history.

Long ago, there lived a king known by the name of Shankheshwar. One day, Shankeshwar was asked for land by a yogi. The king then conceded that all the land that shall be covered by the yogi before sundown shall belong to him. The yogi had already begun his journey when he suddenly realized he had lost the handle of his 'Khukuri' or 'Dap'. Subconsciously, he let out the sound 'Dap Ja' which came to be the name of his land. Dapcha, is in Namobuddha Municipality about 15 kms southeast of Dhulikhel. It is a ridgetop settlement, and was previously on the trade route that led to Kathmandu. The village has forty-five historic wooden and brick buildings. The local culture is historically Newar and is being promoted for tourism.



Donation of 5  
Wall Mounted  
Fans & Tooth-  
paste , tooth-  
brush to  
orphanage  
Siddarth  
Balgruha on  
26-08-2080



## Installation of Wall mounted fans to Orphanage – Siddarth Balgruha Bhairahwa

RC central Lumbini  
26<sup>th</sup> August 2023

RC Central Lumbini has successfully conducted a service project by donating and installing 5 wall-mounted fans at Siddartha Bal Griha, a loving home for orphaned children. RC Central lumbini's contribution aims to enhance comfort

and wellbeing of these children during warm months. RC Central lumbini is dedicated to supporting such a meaningful cause and making a positive impact in the lives of these children.

## Training Program in Dhup Making

Rotary Club of Chitwan  
11<sup>th</sup> September 2023

On 11th September, 2023, Rotary Club of Chitwan and Chitwan Chamber of Commerce & Industries jointly conducted a training program for women of RCC Village, Gobreni, Chitwan. A one-day training program in dhup making (incense ) empowers women economically by providing them with a sustainable livelihood option and nurturing their entrepreneurial spirit, ultimately fostering self-development and independence.



Trainer Shanti Piya trained 35 women from RCC village in the program. The program was conducted under the chairmanship of RC Chitwan's president Rtn. Chandreshwar Prasad Bhattarai whereas the chief guest of the program was the chairman of Chitwan Chamber of commerce & Industries , Chun Narayan Shrestha.





## Support for Amarsingh School & Shree Kundahar Aadharbhut Bidhyalaya

Rotary Club of Pokhara Paradise  
2<sup>nd</sup> September 2023

On September 15, 2023, the Rotary Club of Pokhara Paradise and the Inner Wheel Club of Newroad Pokhara jointly organized the 'White Cane Stick and Cricket Bat Donation Program' at the Amarsingh School blind section.

On September 9, 2023, RC Pokhara Paradise organized the 'Tej Celebration and Lunch Feeding Program' at Amarsingh School, Pokhara, in the blind section.

Similarly, on July 31, 2023, the Rotary Club of Pokhara Paradise organized the 'Eye Camp, General Health Checkup, and Food



'Supply Donation' program for blind people at SHREE KUNDAHAR AADHARBHUT BIDHYALAYA, benefiting students, parents, and teachers. Two students from the school, Anjana and Abhishek, were struggling with severe cataract problems affecting their eyesight. The technical team from Himalaya Eye Hospital in Gharipatan diagnosed their problems and recommended cataract surgery. Both children underwent successful surgeries, and meeting them, the overwhelming happiness they expressed upon regaining their eyesight was truly heartwarming.

## Blood Donation Program

Rotary Club of Pashupati-Kathmandu

2<sup>nd</sup> September 2023

Rotary Club of Pashupati-Ktm, Jaycees Kapan, Red Cross Society and Lions club of Kathmandu Universal Kasthamandap jointly organized a blood donation program on 2 September 2023 at Joseph High School, Kapan. Total 30 donors donated blood to serve the needy.



## Blossoming Earth

Rotary Club of Biratnagar Central  
August 2023

"Blossoming Earth" is a beautiful and environmentally conscious project. Members of RC Biratnagar Central planted 410 Jacaranda trees, 80 banana & papaya trees, 70 decorative plants in Biratnagar and a few in Duhabi. They took initiatives focussing on sustainability, conservation and efforts aimed at making the world a greener and more flourishing place.



## Groceries Distribution Program

Rotary Club of Itahari Yugal  
12<sup>th</sup> September 2023

Addressing the small but essential needs of the community can indeed bring immense happiness and make a meaningful impact. Rotary club of Itahari Yugal distributed food and essential groceries like rice, lentils, sugar, salt, oil, chiura, murai and soybeans to three randomly selected needy families in Sundar Haricha. The main purpose of the initiative is to make a positive difference in the lives of the needy family. The total cost of this program was NPR 15000. Targeting the festival Teej, we Rotarian decided to share happiness among three needy families. It is a great satisfaction to have been able to contribute to this social event.





## Tripartite Agreement & Cheque Handover Program to Nepal Eye Program

Rotary Club of Bagmati  
Kathmandu  
27<sup>th</sup> August 2023

Rotary Club of Bagmati Kathmandu,  
Retina Support Nepal & Nepal Eye  
Program, Tilganga Institute of

Ophthalmology signed Tripartite Agreement and Rotary Club of Bagmati Kathmandu handed over Cheque of NPR 1,50,000 (Nepalese Rupees One Lakh Fifty Thousand) to Nepal Eye Program at 2:00 PM at Tilganga Institute of Ophthalmology, Gaushala.



## MOU Signing Ceremony between Nepalese Doctors Association (NDA) UK, Avaani Foundation and Rotary Club of Kasthamandap

Rotary Club of Kasthamandap  
27<sup>th</sup> August 2023

On 27<sup>th</sup> August 2023, Rotary Club of Kasthamandap along with the Nepalese Doctors Association (NDA) UK, and Avaani Foundation signed an MOU at Yellow Pagoda Hotel. Rotary Club of Kasthamandap will act as a monitoring and main partner between the Nepalese Doctors Association UK and Avaani Foundation. NDA will provide funds to Rotary Club of Kasthamandap

through a separate account and after proper monitoring of the activities of implementing partner Avaani Foundation regarding autism, RC Kasthamandap will release funds to Aavani Foundation on the basis of activities progress. The total budget of the project is £10,000 where the resources will be used for training programs for Autism child parents, along with training products, and others.

## Awareness on Prenatal (ANC) and Postnatal Care

RC of Biratnagar Fusion  
30<sup>th</sup> July 2023

In Nepal, 58.6% of women had a doctor visit during the 4 months (fourth, sixth, eighth and ninth) per national protocol. Although coverage of antenatal care (ANC) has increased, as of 2018 the maternal mortality ratio was equal to 259 deaths per 100 000 live births, well above the Sustainable Development Goal target of 70 deaths per 100 000 live births. This indicates a gap in quality for provision of maternal care, including ANC.

The proportion of women who had received postnatal care after delivery was low (34%). Less than one in five women (19%) received care within 48 hours of giving birth. Lack of awareness was the main barrier to the utilization of postnatal care. With this in mind, we approached MD, Obstetrician and Gynecologist Dr. Renuka Rathi to help us spread awareness in a needy community area. With the help of local health care workers, we arranged for an awareness program for pregnant and new mothers along with doctor checkup.

53 ladies turned up for this event and interacted with the doctor to clear their queries. Medicines were prescribed after individual checkup and the same was provided to them. Later we also distributed snacks packets to the participants.





# Training on Leprosy, Oral hygiene and dental care and menstrual hygiene

Rotary Club of Narayani MidTown  
2<sup>nd</sup> September 2023



On 2<sup>nd</sup> of September 2023, Rotary Club of Narayani MidTown organized a training session for the community of Pawadi-3, Madi, Chitwan. Rotarian Dermatologist Dr. Achyut Pokharel provided valuable insights on the signs and symptoms of Leprosy, along with information on its treatment through medications. Orthodontist Dr. Pooja Koirala Pokharel conducted a session on maintaining optimal oral hygiene, emphasizing the correct tooth-brushing techniques. Additionally, 140 sets of toothbrushes, toothpaste, and hand washing soap were distributed among the attendees.

Arpana Pradhan, President of RC Narayani MidTown, led a training session specifically addressing menstrual hygiene for the women in the community. This informative program was attended by 14 Rotarians, making it a comprehensive and impactful event.



## Distribution of Vegetable Seeds to Local Farmers

Rotary Club of Lekhnath  
15<sup>th</sup> September 2023

The Rotary Club of Lekhnath continues its annual tradition of supporting the local farming community. This year, the club distributed winter seasoned vegetable seeds to farmers in Pokhara-26, building on previous efforts that included providing high-quality seeds for seasonal crops. With internal funds of Rs. 30,000, the club reached out to 15 different farmer's networks, benefiting over 200 farmers. Service Committee Chair Rtn. Dipendra Bhandari emphasized the positive impact on local farmers' financial independence. The event, graced by Club President Rtn. Ram Prasad Acharya, was skillfully facilitated by Club Secretary Rtn. Madhav Prasad Baral.

## World Literacy Day

RC Biratnagar Downtown  
8<sup>th</sup> September 2023

Rotary Club of Biratnagar Downtown organized a program on the occasion of World literacy Day on 8 September 2023, where school uniform, shoes, socks, school bags, water bottle, stationary, snacks and juice were distributed to all 149 students in our adopted school, Shiv Aadharbhat Vidyalaya, Belgachi-1.

Prizes for the handwriting competition were also distributed to the respective students. It is the initiative to motivate the children to be active and regular to school. There was an Awareness program on Dengue for students and their parents by our club Charter president Rtn. Dr. Mamta Verma,

where she demonstrated the entire session in their local language, making it easier for all to understand.

The chief guest of the program was the Ward Chairman, Mr. Kaji Bahadur Basnet and AG Rtn. Ramavatar Agrawal. 15 members were present there.

This mission unlocks a world of opportunities, nurturing future leaders and ensuring a brighter, more equitable future for all.

THE TOTAL COST OF THE PROJECT WAS  
**NPR. 206,240**





# Blood Normal: Menstrual Hygiene and Health

Rotary Club of Kathmandu Height  
18<sup>th</sup> September 2023

Rotary Club of Kathmandu Height organized "Blood Normal: Menstrual Hygiene and Health" awareness and sanitary pad distribution program at Mahasiswa-9, Bethanaha, Janakpur on 18th September 2023.

The program was targeted to the adolescent girls of the two public schools and the Musahar community girls of that



area. According to the need assessment conducted, it was found that the girls were missing their schools during their menstruation period mostly due to the stigma as well as the lack of access to the sanitary pad. The facilitators provided an insight on the hygiene and sanitation during the menstruation, the use of the sanitary pad and most importantly the sexual and reproductive health and changes among the adolescent girls in their puberty.

The total of 320 girls received reusable sanitary pads. The girls were a bit hesitant to

talk on the menstrual issues earlier and later they opened with a series of questions and queries to the facilitators.

The girls were also committed to come to schools during the menstruation without hesitation and became aware to take care of their hygiene to prevent any health hazards.

RC Kathmandu Height team also met with local government and school authorities and talked about the situation and for extending collaboration. The total budget for the project was NPR 2,04,000.

# International Peace Day 2023 Celebration

Rotary Club of Panauti  
21<sup>st</sup> September 2023

Rotary Club of Panauti marked International Peace Day 2023, joined by several organizations such as the Rotaract Club of Panauti and the Interact Club of Siddhartha Vanasthali Institute, Panauti along with Lions club Panauti, Panauti Chamber of Commerce & Industry, Kavre Sewa Samaj, Panauti Tourism Development Centre, Kavre Punyawati Yatayat and Panauti Community Homestay.

They illuminated the occasion with oil lamps at Namobuddha Dyó Chhen, the birthplace of Prince Mahasatto, later renowned as Namobuddha following his salvation. These groups contributed to the celebration by lighting oil lamps, conveying the message of global peace.



# Rotary Friendship Exchange Programme between RID 3292 and RID 3120

Rotary Club of Rupandehi  
22<sup>nd</sup>-23<sup>rd</sup> September 2023

The Rotary Club of Rupandehi from Rotary International District 3292 Nepal-Bhutan, and the Rotary Club of Lucknow West, representing Rotary International District 3120 in Lucknow, India, came together for a remarkable Rotary Friendship Exchange Program. The event took place at Gomti Hotel, Lucknow, on September 22-23, 2023, with the primary objective of nurturing friendship, strengthening international Rotary relationships, and initiating collaborative projects.

The event featured a joint meeting between two clubs on Friday 22<sup>nd</sup> September in presence DG of RI District 3120 Rtn. Sunil Bansal, PDG RID 3120 Rtn. Shailendra Jain, President of RC Lucknow West Rtn. Kamlakar Tiwari, President of RC Rupandehi Rtn. CA Hari Lamsal, PP of RC Rupandehi Rtn. Suraj Khatri along with 60 other Rotarians from both the clubs where ideas flowed freely, and plans for future joint projects were discussed.

The exchange program provided a vibrant platform for members of both clubs to interact, share ideas, and establish lasting bonds. Discussions centered on potential joint initiatives that could make a positive impact in their respective communities. This collaborative spirit exemplified the essence of Rotary International's mission to foster goodwill and cooperation across borders. The event was co-ordinated by Secretary of RC Rupandehi Rtn. Thaneshwor Chapagain and Secretary of RC Lucknow West Rtn. Ashok Khatri and was moderated by Rtn. CA Sunil Kumar Bhargava of RC Lucknow West.







# Rotary Foundation Trustees establish Targeted Funds to Aid Morocco



**The Rotary Foundation Trustees established a new Morocco Earthquake Response Fund in September 2023 to support immediate relief efforts for people affected by the devastating earthquakes. Donors can give directly to relief efforts led by Rotary members.**

Contributions will be accepted until 31 December 2023. Districts can apply for grants from the funds until 21 September 2024 or until the funds have all been allocated. Any contributions that haven't been spent by 21 September 2024 will be transferred to the general Disaster Response Fund, to be made available for disasters worldwide.

## **HOW CONTRIBUTIONS ARE CREDITED AND RECOGNIZED**

Gifts to the Morocco Earthquake Response Fund:

- Count toward a donor's total cumulative giving
- Factor into Paul Harris Fellow, Paul Harris Society, Major Donor, and Arch Klumpp Society recognition
- Help the donor's club achieve the 100% Foundation Giving Club banner
- Are not credited toward a club's Annual Fund giving, toward per capita or SHARE calculations, or toward generating DDF



# District Governor's Calendar

## October 2023

DATE	DAY	EVENT
1	Sunday	DG Visit of RC Lalitpur Midtown
2	Monday	Celebration of Cerebral Palsy Day DG Visit of RC Swoyambhu
3	Tuesday	DG visit of RC Gandaki DG visit of RC Pokhara Paradise
4	Wednesday	DG visit of RC Lekhnath DG visit of RC Pokhara Lakeside
5	Thursday	DG visit of RC Damauli DG visit of RC Pokhara Fishtail
6	Friday	DG Visit of RC Pokhara Midtown DG visit of RC Pokhara Newroad
7	Saturday	Inter City Meeting (ICM)
8	Sunday	Indo Nepal Rotary Fellowship Conference. Multi District Meet (3120, 3292, 3250, 3110)
9	Monday	DG Visit of RC Narayani Midtown
10	Tuesday	DG Visit of RC Hetauda DG Visit of RC Makawanpur World Mental Health Day Program in Hetauda (Manav Sewa Ashram)
11	Wednesday	DG Visit of RC Bardibas DG Visit of RC Birgunj Metropolis
12	Thursday	DG Visit of RC Janakpurdham
14	Saturday	Rotary Marathon
15	Sunday	DG Visit of RC Kavre Valley
16	Monday	DG Visit of RC Gongabu
17	Tuesday	DG Visit of RC Patan East
18	Wednesday	DG Visit of RC Kathmandu Kalanki
19	Thursday	Dashain Gathering at Rotary Office DG Visit of RC Boudha
20	Friday	Global Ethics Day program
29	Sunday	DG visit of RC Naxal Shakti DG visit of RC Panauti
30	Monday	DG visit of RC Budhanilkantha DG visit of RC Kavre Banepa
31	Tuesday	DG visit of RC Gokarneswor DG visit of RC Mount Everest Lalitpur





# ROTARACT ACTIVITIES



In recent times, Rotaract District 3292 has emerged as a shining beacon of Rotary's unwavering dedication to service, fellowship, and impactful community engagement. The district has orchestrated a series of successful activities that have indelibly marked the Rotaract community.

## PRESIDENT NIGHT

**Celebrating Unity and Vision** A remarkable achievement was the President Night, an extraordinary event set against the serene backdrop of Chitwan Sauraha on September 1 and 2, 2023. This grand occasion brought together Rotaract District members and club presidents to celebrate their shared values and aspirations. During this unforgettable

night, the district proudly unveiled its endorsed district t-shirt and district directory. The evening was graced by the esteemed presence of DRCC Rtn. Narayan Krishna Kharel, who presided as the chief guest. The program unfolded flawlessly and garnered immense appreciation from over 120 club presidents in attendance. The night brimmed with excitement, featuring a jungle safari, a soulful musical night, and an open session with DRCC and DRR. President Night served as an authentic testament to the unity and unwavering commitment of Rotaract District 3292, and our heartfelt thanks go to the host club, Rotaract Club of Narayani Mid Town, and the co-host clubs who jointly made this event a resounding success.



## PRESIDENT SECRETARY MEET

**Fostering Collaboration** Another notable achievement was the President Secretary Meet, held on September 23, 2023, in Bhairahawa. This event saw the participation of over 700 individuals, including presidents and secretaries from across the district, alongside esteemed guests like Mr. Amik Serchan, the Providence Head of Lumbini. This gathering provided a platform for fruitful discussions on various agendas and strategies to enhance the district's public image. The parallel session program was executed with finesse, thanks to the collective efforts of all participants and the hosting club, Rotaract Club of Bhairahawa, in collaboration with co-host clubs. It was a day marked by collaboration and forward-thinking for the betterment of the district.

## UPCOMING EVENTS

**A Glimpse of What's to Come** Rotaract District 3292 is far from complacent; it is actively preparing for even more impactful activities. Here's a preview of what lies ahead:

- 1. Sachin Smirity Nationwide Blood Donation Campaign:** On November 25, the district is set to organize a nationwide blood donation campaign. This noble initiative will unfold simultaneously across Nepal under a single banner, exemplifying the district's unwavering commitment to saving lives and enhancing its public image.
- 2. Santosh Memorial Rota Quiz:** The district is gearing up to host the Santosh Memorial Rota Quiz, an event designed to test knowledge, inspire learning, and promote healthy competition among its members. The zonal rounds for this quiz will commence on December 16, 2023.
- 3. Rotaract Podcast Series:** Stepping into the digital realm, Rotaract District 3292 is launching a series of podcasts. These podcasts will delve into crucial topics such as mental health, women's empowerment, and all aspects related to Rotary and Rotaract. This initiative aims to reach a wider audience and raise awareness about these important issues.



# INTERACT ACTIVITIES



## MENTAL HEALTH AWARENESS EVENT

9<sup>th</sup> September, 2023

On September 9, 2023, an official mental health counseling session took place at Mahalaxmasthan Lagankhel by the Interact Club of YALA in collaboration with the BookWishes Club. Starting at 11:30 AM, the event gathered 37 participants from various Zone-8 clubs. The session commenced with an introduction to mental health concepts and a comprehensive

outline of the day's program. The main focus was on fostering mental well-being, covering topics like self-awareness, self-care, self-love, positive thinking, and effective problem-solving techniques. The BookWishes Club sponsored and hosted the event at their premises. After the initial introductions, participants engaged in interactive games and discussions, encouraging open dialogue about mental health. Activities included exploring comfort zones, identifying panic zones, and

expanding personal boundaries. A creative exercise prompted participants to express their immediate thoughts visually, shedding light on their self-perception. The session concluded by emphasizing self-awareness, self-care, and self-love, followed by strategies for handling challenges with a positive and realistic outlook. This event successfully promoted mental health awareness and provided attendees with practical tools for personal growth and well-being.

## BLOOD DONATION PROGRAM

12<sup>th</sup> August 2023

The Interact Club of Sagarmatha Midtown, in collaboration with Novel Hospital, successfully organized a Blood Donation Program on Saturday, August 12th, with the theme "Interact for Service, Service for a Cause." This event took place at Novel Hospital in Birauta, commencing at 8 AM and concluding at 12 PM. The program was conducted with the support of the Nepal Red Cross Society and witnessed the participation of over 40 generous individuals who selflessly donated blood.

During the event, the significance of blood donation was emphasized, and an interesting fact was shared – Pokhara contributed 5% of the total blood supply in Nepal, highlighting the community's commitment to this noble cause. The primary focus of the program was on service to the community. Donors were treated to refreshing juice and nutritious snacks as a



token of appreciation, and they received Certificates of Thanks to recognize their invaluable contributions.

Notably, eligible members of the Interact Club of Sagarmatha Midtown also participated in the blood donation drive, while the remaining members dedicated their time and efforts as volunteers to ensure the program's success.





# FROM THE EDITOR'S DESK



Dear Fellow Rotarians,

Festive greetings! The monsoon season has come to an end, and autumn has ushered in a change in the atmosphere, with more of festive vibes. As Indra Jatra commences in Kathmandu, we find ourselves fully engaged in this year's festival season. Nepal, a country known for its rich cultural diversity, boasts over 125 distinct castes and ethnic groups, and more than 123 languages of their mother tongue. This diversity sets the stage for a celebration unlike any other on Earth.

**Rotary, at its core, celebrates unity within diversity. We come from diverse backgrounds, bound by a common motto to serve our community. In observance of September as 'Basic Education and Literacy Month,' our district and clubs have undertaken various projects, all of which we believe will play a crucial role in shaping a brighter future for the generations to come.**

On September 8, 2023, under the stewardship of PDG Tirtha Man Shakya, the Rotary Nepal Literacy Mission (RNLM) convened, aligning with the monthly theme. This event is poised to articulate a clear voice and actionable plan for the betterment of our children's future. Among the highlights this month are Inter-City

Meetings, Vibrant Club Workshops, the Cancer Awareness Walkathon, and Adventure Rota Camp 2.0.

As you all know, Rotary has played pivotal role in eradication of Polio from the World. However, there are still a few marks to bring it to zero. October 24 marks World Polio Day, a day when we unite to underscore the critical importance of polio vaccination in safeguarding every child against this debilitating disease. It's also an occasion to celebrate the parents, professionals, and volunteers whose collective efforts make polio eradication a reality. Let's make it a grand participation.

And, as always, don't miss the opportunity to share news and updates with us. We encourage clubs from all regions to participate and share their good deeds and service projects.

In closing, may your festivities be filled with joy, good health, and happiness. Let us all revel in this season of celebration by catalyzing positive change within our community, creating hope, and make the country livable. Happy Dashain!!

Yours in Rotary,  
**- Rtn. Raj Shrestha**  
 Chair 2023-24  
 District Publication & GML Sub-Committee

**DISTRICT GOVERNOR 2023-24**

Rotary International District 3292, Nepal-Bhutan  
**Rtn. Rajendra Prasad Dhoju**  
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