

GML

GOVERNOR'S MONTHLY LETTER

MAY, 2022

Rotary
District 3292



LETTER
FROM THE DG

MESSAGE FROM
THE RI PRESIDENT

DISTRICT CONFERENCE
OF ROTARY & ROTARACT

CLUB
ACTIVITIES

Rotaract



Interact



YOUTH SERVICE MONTH



SERVE TO
CHANGE LIVES

Letter from the Governor

Dear fellow Rotarians,

Greetings from the first lady Nabinita and me!

At the very outset let me Thank You for your valued participation in the 14th District Conference held from April 1-3, 2022 at Hotel Mechi Crown, Jhapa. I am sure you must have enjoyed it as much as the organizing team enjoyed hosting the event.

This Conference was a much-needed in-person event, especially in these times when finally we got the opportunity to meet and renew our friendship and also make new acquaintances. We could also learn about Rotary happenings globally and about our own District.

May is Youth Service Month and it is a special time in Rotary. It is a Month when Rotary Clubs, around the world focus on youth services, Rotaract, Interact, RYLA, and Youth Exchange. Rotary believes in developing the next generation of leaders. Our programs help younger leaders build leadership skills, expand education and learn the value of service. Throughout the month of May, members of Rotary clubs, Rotaract, Interact, and those involved in Rotary Youth Leadership Awards (RYLA) and Rotary Youth Exchange celebrate the opportunities Rotary provides to connect, and grow through service, develop leadership skills, mentor or be mentored, and have fun.

The youths are given special importance in Rotary as they are the future Rotarians. RI has even given Rotaracts a special status as a Rotarians and they can also participate in the Global Grant.

I would like to urge all the Rotary Clubs to nurture their respective Rotaract Clubs, Interact Clubs and participate in the organizing RYLAs. Rotary Youth Leadership Awards is a leadership program coordinated by Rotary Clubs around the globe. Each year, thousands of young people are chosen to participate in this highly selective program. Young people ages 13–30 are sponsored by Rotary Clubs to attend the event run by the clubs in cooperation with the district committee.

Let's share our future well so that we can together "Live to Serve" and "Serve to Change Lives"



Santosh Prasad Rijal
District Governor
RI District 3292



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ROTARY INTERNATIONAL CONVENTION | HOUSTON, TEXAS, USA
4-8 JUNE 2022





Shekhar Mehta

**RI President,
RY 2021-22**

RI President's Message

Friends, one of my mantras in Rotary has been do more, grow more. I am sure you are adopting this mantra. Do more, as in bigger and impactful service projects, and grow more, as in increasing our membership.

There is so much excitement across the Rotary world about our Each One, Bring One effort. Everywhere I travel, club presidents, district governors, and Rotary members — both veteran and new — express appreciation that their membership efforts are inspiring the Rotary world.

We are growing more, and I cannot wait to celebrate all of this success with you at the Rotary International Convention in Houston in June. There is still time to register and make your plans to join us. We are looking forward to a once-in-a-lifetime experience that will unite our members after far too much time apart.

As we grow more, we will have so much more opportunity to do more. April is Maternal and Child Health Month, a great opportunity for your clubs to consider what you are doing to support the health of mothers and young children. Improving access to care and the quality of care for women and children worldwide is an important focus for us and it also ties in very well with our Empowering Girls initiative. I appreciate the work being done by various clubs in this area of focus, and I would encourage you to think of ways to do more.

It has been so exciting to see Rotary members come together at the presidential conferences to share ideas about using our areas of focus to bring about big, lasting change in the world. The past and upcoming presidential conferences are looking at our new area of focus — the environment — and how our work to protect our planet must support our efforts to grow local economies, especially in places with the greatest poverty. I also had the honor to speak at the 26th United Nations climate change conference in Glasgow, Scotland, known as COP26. This important meeting brought together nearly 100 heads of state and government over a two-week period to set new targets for fossil fuel emission. My call to action was to restore mangroves, a crucial ecosystem that can mitigate the effects of climate change in coastal areas. Already, countries across the world are showing great enthusiasm for this plan.

Our survival is at stake — the damage of environmental catastrophe is already upon us — and so, too, is our ability to lift the world's most needy out of poverty and offer them hope. We must find ways to protect our planet while sustaining the economic growth necessary to achieve our highest humanitarian goals.

This is a very exciting time in Rotary, a time when the world needs us most. As we Serve to Change Lives, remember that we are also changing ourselves. We are becoming the world's great change-makers and peacebuilders.

The world is ready for us. It's time to rise to that call.

District Governor's Activities



District Activities

TRF SEMINAR AND RECOGNITION PROGRAM



RI District 3292 The Rotary Foundation Committee organized The Rotary Foundation Seminar and Recognition Program on 20th April 2022 at Hyatt Place. Chief Guest of the event RI Director A S Venkatesh recognized the contribution of Major Donors and PHS members in the presence of Senior Grant Coordinator RISAO Rtn Roy John. The program started with a welcome address by DRFC MK Jha followed by remarks by DG Santosh Prasad Rijal, ARRFC PDG Kiran Lal Shrestha, and RRFCD PDG Basu Dev Golyan. RI Director AK Venkatesh motivated the gathering to contribute to TRF. ARC PDG and District Trainer Sanjay Giri highlighted the importance of the program and DGE Jitendra B. Rajbhandari explained the importance of the Rotary Foundation. Incoming DRFC Rajendra Lamsal briefly explained how to apply for Grants and Sr. Coordinator Grant, RISAO Roy John gave a session on Grant. DRFC MK Jha on behalf of DGSE Siba Bhakta Rajbhandari highlighted the statutes of District Contribution and Participation on TRF and also gave a presentation on Giving is Living. The entire event was facilitated by Major Gift Subcommittee Chair, Manohar Das Mool, and the vote of thanks was delivered by Chair, Fund Raising Subcommittee Pradeep Kumar Shrestha.

Chief Guest of the event RI Director A S Venkatesh recognized the contribution of Major Donors and PHS members. District Governor Santosh P Rijal contributed \$25,000 to Endowment Fund (Gavatri Rajeshwoari Rijal Endowed Fund) during the event. Likewise, Rtn. Sashi Raj Pandey also gifted \$25,000 to Endowment Fund (Govinda Lalita Pandey Endowment Fund). Both the donors were felicitated by RI Director AS Venkatesh during the program.

RELEASE OF GML-APRIL ISSUE



District Governor Santosh P Rijal unveiled the April Issue of Governors Monthly Letter (GML) on 1st April 2022 during the District Conference held in Mechi Crown, Jhapa. District Publication and GML Subcommittee 2022-23 has been issuing the GML virtually and it was the 10th issue of the year.

PRESIDENT-ELECT TRAINING SEMINAR



President-Elect Training Seminar (PETS) was organized by the District on 8th April 2022 at Hotel Grand, Pokhara. DGE Jitendra B. Rajbhandari elaborated on the RI Theme "Imagine Rotary" by RI President Jenifer Jones. DG Santosh Rijal, DGN Rajendra Dhoju gave their opening remarks and District Trainer PDG Sanjay Giri highlighted the Program. The Presidents-elect were then capacitated by various esteemed speakers on various topics. PDG Tirtha Man Shakya explained on Girl Child Education; Rtn. Azaj Alam explained about "Service and Your Community"; DT ARC PDG Sanjay Giri talked about "Strong Clubs"; District Secretary Prabhath Yonjon explained about "Club Matters" and Rtn. Dhiraj Karki Chhetri highlighted "Sports & Rotary".

Trainers, Dhruva Prasad Acharya Rajendra Lamsal Dinesh Manandhar, Kumar Giri Hariom D Joshi Pawan Khanal, Binod Koirala Laxman Gnowali Meenu Kunwar Shrestha, Sunil Ratna Tuladhar, Raj Kumar Gupta, Vishnu B Karkee, and Subash Sigdel took various sessions during the seminar. The program was facilitated by incoming District Secretary Amit Giri.

DISTRICT AWARD & RECOGNITION



District Award & Recognition Ceremony (RY 2020-21) was held on 23rd April 2022 at Regal Ballroom Hall, Hotel Yak & Yeti, Durbar Marg, Kathmandu. IPDG Rajib Pokhrel Awarded and Facilitated various individuals and clubs for the support and outstanding contribution to IPDG Rajib Pokhrel during this tenure as District Governor. The event was coordinated by Chair, Award & Recognition Committee Pradeep Man Vaidya. The highlight of the event was a special performance by Indian Idol winner Pawandeep Rajan.

Youth Service Month



Bishnu Hari Dahal
Chair-Rotaract District
Committee

We observe and celebrate Youth Service Month as we begin the 11th month of the Rotary year. Interact, RYLA, and the Youth Exchange Program are among the areas we're celebrating this month.

Rotary's Youth Service Month is a memorable occasion. Members of Rotary clubs, Rotaract, Interact, and participants in the Rotary Youth Leadership Awards (RYLA) and Rotary Youth Exchange celebrate the opportunities Rotary provides to connect, grow through service, develop leadership skills, mentor or be mentored, and have fun throughout the month of May.

Youth is truly our greatest asset and our most promising future! How appreciable it is that Rotary dedicates a month to youth services! Many Rotarians join or stay in the 'family of Rotary' because of its advocacy for youth programs, according to a study of all Rotarians. Rotary's cooperation helps leadership, literacy, and scholarship programs thrive. For even the smallest of the effort, I want to thank Rotarians for everything you do to support youth initiatives. I request Rotarians to participate in countless projects that our Rotaractors and Interactors have done, and provide a plethora of leadership opportunities that prepare students to take charge and assume responsibility. Our youth instill a spirit of possibility in our world.

Rotaract and Interact have also been doing fantastic work in our district as well. If you have truly interacted with your Rotaract Club members and Interact Club members you can feel that they

are more competent in many ways. In Rotaract District itself they have been using advanced software and systems that help them to be data-driven, simplifying their reporting as well as help them to be more strategic. Our Rotaract and Interact have both received international level recognitions for their efforts which we should have always appreciated. We've never been able to fully harness the power of youth. They are more technically adept, have more energy and excitement, and if we can fascinate them, we will be able to extract the best from them. We can promote the development of the next generation of leaders by complementing Rotaract and Interact. Our programs assist young leaders in developing leadership abilities, furthering their education, and learning the importance of service. This year, we want everyone in the district to participate more in the Youth Services programs that are available.

Involvement in youth service can take the form of sponsoring a new club in places where none exist, or it can simply take the form of a chat with one of our program's alumni or members. Reach out to participants of each of these programs and ask them about their experiences — how they became involved, how we can help them stay committed, and, most importantly, what they are passionate about.

With these young people we can imagine Rotary as a vibrant organization in many more years to come. Every day, you can make a difference. Not just in May, but every day in the Rotary Year.

Message from District Rotaract Representative



Sumit Bajracharya
District Rotaract
Representative

that is innovative and impactful in many ways. Under the direction of our dynamic leaders, our Rotaractors have been quite busy. Rotaractors are buzzing as they build on the Rotary of the past, but even more so now that the theme of Elevate Rotaract is guiding the future.

The 2019 Council on Legislation's policy revisions has drawn attention, particularly to how these policy changes affect Rotaract and Rotary Club structures, operations, and projects. Despite perceived cultural and generational disparities inside and among clubs, there are simple yet effective ways to help overcome these obstacles.

As Rotaract moves closer to the Rotary framework, Rotary is more important than ever to guide how Rotaract may enhance its administration and other factors such as engaging membership, enhancing impact, expanding our reach, and increasing our ability to adapt. Rotary's Council on Legislation approved Rotaract's upgraded status inside the organization in 2019 as part of an ongoing effort to make Rotary more appealing and welcoming to young professionals. It is more important than ever for Rotarians to find a means to attract young people, especially when they already have them and appear to forget about them.

The Rotary International theme for May is Youth Services, and our District is one of the most engaged, with a high level of youth participation. Our District's Rotaractors have been doing excellent work

Rotarians can serve as mentors and service partners for Rotaractors, while Rotaractors can show Rotarians how digital approaches can simplify arduous duties and overcome obstacles. Rotaractors are inspired to become Rotarians as a result of this synergy. Because Rotarians provide unforgettable membership experiences through inspirational, collaborative moments, people become Rotarians.

Rotarians recognize that, while Rotaractors may have a different cultures, we all share a shared vision of uniting people to take action. Rotary's ability to adapt to future difficulties is aided by Rotaract's distinctive ways of doing things, which serve as inspiration for innovation. Together, Rotarians and Rotaractors will construct the future, so let's get started now.

Many Rotarians still think of Rotaract as their youth organization only, but that isn't the case. Rotarians must accept Rotaractors as a part of themselves, and they must be treated as such. They must have mutual respect and consider each other as equals to succeed together. Let us see Rotaractors for what they are: students and young leaders, as well as successful managers and entrepreneurs capable of planning, organizing, and leading a Rotary Organization.

Let us recall the strengths of Rotary and Rotaract as we embark on this adventure together. Let's get started shaping the future together right away. As a result, we provide our company with limitless potential.

TIME TO DISCUSS THE GROWING “ME”!



Jiya Chaudhary
President, DAV Interact Club

What makes fireflies glow? How do calotropis secrete milk? Can Covid-19 virus structures be destroyed mechanically through ultrasound waves?...

During my quest of exploring life,

all these whys, whats, and hows have played a significant role either as a reason for my peers to call me “weird” or as only my raison d’etre, forming those parts of me that always inclines me towards unraveling books and contributing to academia with my inquisition. The enthusiastic support of my teachers and mentors towards both my academic progress and downfalls has inspired me to elevate this spirit and polish my school shoes, but an emotional vacancy that accompanies it still remains unfulfilled, reminding me every day of the stones I am to unturn.

However, through this piece, let’s discover another aspect of me. Today, the academic zeal, as earlier, still sparkles within me, but the emptiness doesn’t; how?

With “Namaskar, Sita Aama(my address to the President)!” ;

Every evening, after school, when I enter the ambiance of naturality, selflessness, and empathy, I lose myself in the fresh air and get free of all kinly bonds. Unlike the widespread prevalence of narcissism, the individuals there reside in simplicity, unity, and altruism. The feeling of togetherness and “we” is way more than “me” and “mine .”A newfound purpose of life impels me daily when I enter the Purwanchal Bal Ashram and bring my knowledge to life, implicating a meaningful outcome to my teachers’

lessons. Enlightening the children differently every day, seeing them thrive and embrace their mistakes because of my sessions, drives me to influence more lives through my education and ideals.

Initially,whenI couldn’tfindanyaccompaniments for my project “Eng2phan”, which aims to impart English speaking, spelling, and writing abilities to the kids in the orphanage, I hesitantly moved ahead to launch and carry it out alone, but when my steps reached there, I could feel no loneliness. The kids, adults, and the environment inside the Ashram comforted me and enthused my project. Later, observing the freshmen students struggle with comprehending different STEM concepts (like Trigonometry, Geometry, Electrostatics, Mechanics.), I cherished involving them in numerous self-designed activities such as “Resistance Jump” and “TRIGO Connect” to explain the concepts practically and make learning intriguing. Celebrating birthdays, frying sel-rotis, and preparing Diwali performances together are all the treasurable moments I would reminisce about wherever I am.

Serving this community paradoxically taught me many more valuable principles than what I imparted them. I could never discern when my transition from “Ma’am” to “Didi” diffused me in their colorful family effortlessly. The way they inculcate in me, the tendency to build up immutable connections with people despite the different walks of life they come from, to love unconditionally, and to be independent in all terms, transfigures my perception towards life and humanity, justifies my decision to serve here despite my peers’ discouragement and reflects the impeccable meaningfulness this community has added to my existence.

Grateful to have such a family:)

Continuing my journey there, many realizations came along, be it the loopholes of the curriculum or the level of vulnerability of the school-going generation; I got to scrutinize them all. When, as a student, I began relishing academic concepts, exams knocked on the door, and revision began, fading the interest that arose. Today, being a young novice educator, I see it from a different perspective. As soon as I untangle the lessons and make them interesting for the students, exams knock on the door, I start taking revisions, and all the prior work fades away. Arousing their fascination for the same concept after exams is a new target for the next month. Hence, I realize how troubles knock on both sides, significant is the way we tackle them, the way we present ourselves to it, and the way we perceive it.

The compassion developed at the Ashram helped me willingly be a part of the “Back To School” project. Last October, when I walked into Shri Bakhri Govt. School as the Charter President of DAV Interact Club with self-designed survey forms in hand, about thirty-six adolescents dressed in torn clothes stared at my team with strong aspirations that our survey would get them back to school. Working alongside two Rotary officials to survey each of the 60+ dropouts across six government schools about their circumstances and feeling disappointed after hearing reasons such as early marriage, witchcraft, unreasonable healthcare, fees, and transportation, I could discern how privileged I and all the students who ably attend school are. I, supervised by the Rotarians and Interact mentors, prepared my presentation report for the International Webinar with Rotary Club Of Stonehill, Georgia, USA, through which we later were able to successfully raise enough funds through our “Back To School” campaign and bring over 30 of the dropouts back to their schools.

Above all the acknowledgment received by the project, seeing the kids satisfied with their uniforms, and nurturing their hopes at school every day fuels my ambition to empower the community and reiterates to me how the power

to make change is within human hands, within my hands.

In retrospect, noting my odyssey from “Butter chicken” to “sel-rotis,” from “Namaste” to “Darshan,” from “ma” to “aama,” from “Delhi” to “Biratnagar,” from “human” to “empath,” through all the events and projects carried, all I have learned is to “embrace,” embrace the challenges or the change, either in cultures, traditions, languages, and people and give back to the communities that have fostered me. Having grown in multiple cities in countries like India and Nepal, where rituals, languages, and even calendars differ in meters and undergone multiple challenges like losing my house and surviving on single meals, I have had the opportunity to experience the circumstances from different angles, to live with varying lifestyles and on top of all to cultivate my pioneering values extracting inspiration from the incidents and the people from different walks of life, making my life’s tale an accumulation of the stories of all those who have touched mine.

The values from two dynamic countries contained within me, learnings from the social projects, and the takeaway from my multifaceted story, to empathize with each moment of life and get through whatever it offers; life might never stop posing adversities- “but you never stop embracing them, NEVER STOP LEARNING FROM THEM” is what I look forward to contributing my community with.

My fervent vacancy and academic spirit befriended each other to bring the best out of me and aware me to tie my shoelaces to be the change that the world needs and ignite others for the same as well;) The resolute and resilient individual that I am today, is a result of the friendship between these odds within me, the connection with my people and my vision to learn from everything around and I fervidly aspire to inculcate it within my community, nation and the world!

Club Activities

INTEGRATED REPRODUCTIVE HEALTH & MENSTRUAL HYGIENE MANAGEMENT & INCOME GENERATION PROGRAM



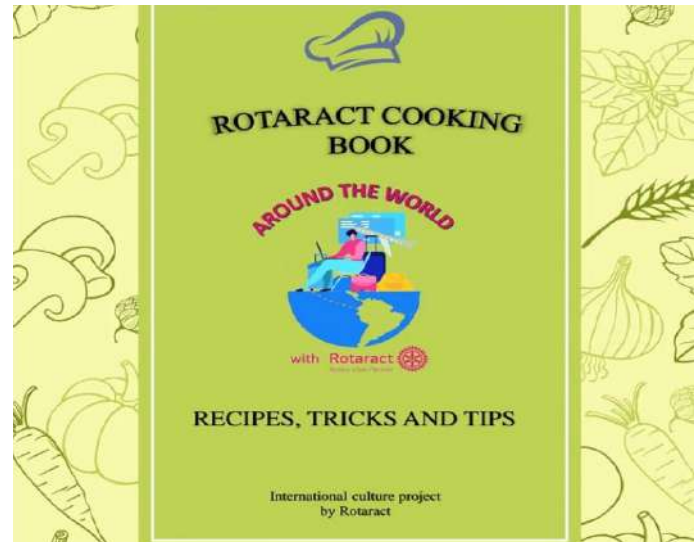
Menstruation is a natural part of the reproductive cycle. However, it remains taboo, stigmatized, 'hidden', and rarely discussed in a patriarchal society like Nepal. Prevailing ill practices surrounding menstruation affect girls/women's lives, health, and safety, reinforcing gender inequalities and exclusion. Rotary Club of Rudramati Kathmandu with its international partner Rotary Club of Albuquerque Del Sol is implementing the Global Grant project entitled 'Integrated Reproductive Health & Menstrual Hygiene Management and Income Generation Program' in Phalebas Municipality of Parbat District. The purpose of the project is to carry out a massive level of awareness among men, boys, girls, women, and the community as a whole for creating an environment of the safe and effective menstruation hygiene management. Regarding the project, a 5-day intensive Advance Sewing Training of reusable sanitary pads for 20 women was held. The training was not only attended by the women but male members. The project trains the local women to make reusable sanitary pads and distributes them to women groups, and schools, and conducts massive awareness-raising activities. In addition, in the coming days, women will be trained in income generation by introducing basic marketing and entrepreneurship skills.

ESTABLISHMENT OF ROTARY ENVIRONMENT AWARD



Rotary Club of Rajdhani has established an award viz. Rotary Club of Rajdhani – MAMAA Green Foundation Environment Conservation Award to encourage and honor the outstanding Rotary Club under District 3292 each year from Rota Year 2022/2023 on an ongoing basis. For this purpose, the Rotary Club of Rajdhani and MAMAA Green Foundation have signed MOU, formulated evaluation committee and evaluation criteria, approved award procedures, and arranged funding guarantees for every year. The award worth Rs. 51,000 (Fifty-One Thousand) will commence from RY 2023-23 onwards.

AROUND THE WORLD WITH ROTARACT



The world is home to culturally and ethnically diverse people. This diversity can also be seen reflected in their varied food and cuisines. In other words, food is often used as a means of retaining their cultural identity. In an attempt to promote cuisines from different parts of the world, Rotaract Club of Kardzhali, RID 2482, Bulgaria initiated the project – Around the World with Rotaract. As part of this project, Rotaract Club of Kardzhali collected traditional recipes to prepare a recipe book. On 4 April 2022, under the international service avenue, the Rotaract Club of Yala participated in the project by promoting the recipe for Chatamari. Chatamari, a traditional snack of the Newars of the Kathmandu Valley in Nepal, is a rice flour crepe eaten during festivals and other special occasions. Along with this, we also got to learn about different cuisines from different parts of the world.

PROMOTING WOMEN ENTREPRENEURSHIP



Rotaract Club of Rudramati has been supporting Kalilamaya Mahila Laghu in several ways for the past few years. The Dalit women group has been sewing petticoats, maxi, blouses, and different handloom Dhaka products. Now, they are looking for advanced training in the design of the products, and market for proper delivery of the product.

Club Activities

EXPERIENCE FESTIVALS BETTER

Machhindranath Jatra



Machhindranath Jatra is a chariot procession of deities Rato Machhindranath and Manath. The jatra is held in Lalitpur, Nepal. It is one of the greatest religious events in the city and the longest chariot festival celebrated in the country. Numerous people come to take on in the streets to pull the chariot from one place to another.



HOW DO WE CELEBRATE?

Just before the monsoon hit the Kathmandu valley, Machhindranath and Manath are worshipped by pulling them around the valley in a huge, man-made chariot. The chariot is made out of bamboo and wood and the idol of the god is placed inside the chariot. Devotees pull the chariot to different localities in Patan. The festival ends with Bhoto Jatra, a ceremony where the rain god's bejeweled vest is displayed.

Rato Machhindranath is believed to have been brought from Assam when Kathu was suffering from a long drought. He left the valley with rain and is thus known as the valley's rain god.

The 600-year-old festival has many legends associated with it. The different stories have different characters but at the end of the day the story is the same - a drought hit the Kathmandu valley and in order to end people seek the help of the rain God - Machhindranath.



Festivals are a reflection of a country's culture. They celebrate life, glorious heritage, culture, and traditions. They are meant to rejoice in special moments and emotions in our lives with our loved ones.

With the aim of knowing more about Sri Lankan festivals and sharing our beloved Nepalese festivals with our friends in Sri Lanka, the Rotaract Club of Yala conducted "Experience Festivals Better" - an informative festival brochure exchange with the Rotaract Club of the University of Moratuwa. The project was conducted on 9 April 2022, under the international service avenue.

Rotaract Club of Yala shared about the Nepalese festivals Dashain, Tihar, Machhindranath Jatra, and Indra Jatra. Similarly, the Rotaract Club of the University of Moratuwa shared about the Sri Lankan festivals Thai Pongal, Vesak, Sinhala & Tamil New Year, and Ramazan.

Through the brochure exchange, both the clubs were able to know more about each other's festivals, cultures, significance, and how the festivals are celebrated.

MEDAL CAMP IN 14TH DISTRICT CONFERENCE

ROTARY CLUB OF DHARAN served as a subcommittee chair of the Medical Camp team for the 14th District Conference along with RC Dharan Ghopa, RC Suranga, and RC Dharan Foothills that was held in Jhapa from April 1-3, 2022. More than 800+ participants visited the stall and benefited from the camp service.



FUTSAL WITH YALARIANS



Under the project avenue Club Service, Rotaract Club of Yala, jointly with Rotary Club of Yala and Interact Club of Yala organized "Futsal with Yalarians" with the objective to enhance the bond of fellowship and promote sportsmanship among Yalarians. The friendly match among the members and guests was organized on 26th March at Yala Futsal located at Gwarko.

Team Green including Rtn. Dharmendra Shakya, Rtr. Pramod Singh, Rtr. Santosh KC, Rtr. Utshaha Subedi, Itr. Pawan Shrestha, Itr. Sneha Shrestha and Itr. Saugat Bhandari won the competition with the maximum score. Team Yellow came in the first runner-up position. The club congratulates all the winners of the Futsal. Further, the club expresses sincere gratitude to the coordinators of the event Rtr. Santosh KC, Itr. Saugat Bhandari, Itr. Saugat Timalisina, Itr. Rizan Babu Shrestha and Ms. Sabnam Sherpa for bringing all three clubs together in the Futsal Court and for an amazing experience.

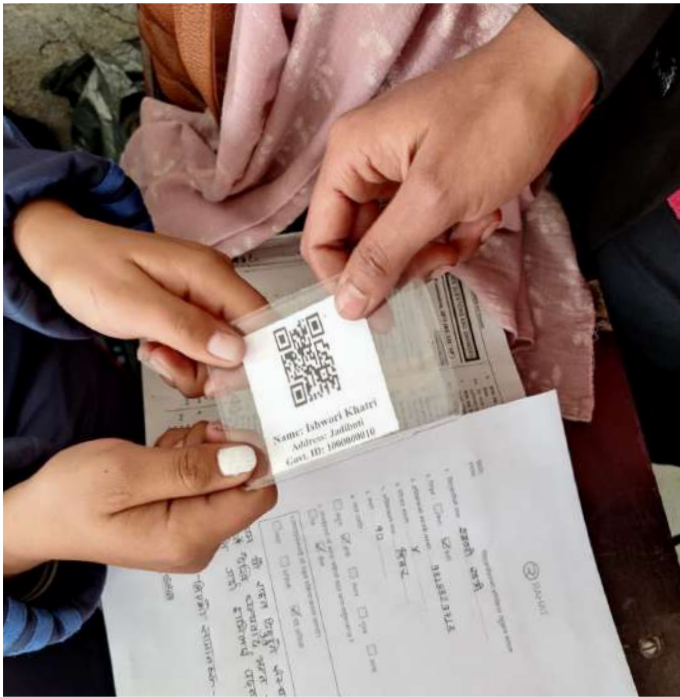
PARTICIPATION IN PRESIDENT-ELECT TRAINING SEMINAR

Four Rotarians from Rotary Club of Narayani Mid Town participated in the President-Elect Training Seminar held in Pokhara on 8th and 9th April 2022. President-Elect Sweta Upadhayaya, Incoming AG Zone 35 Rota Year 22/23 Ashesh Bhandary, Spouse Rotarian Arpana Pradhan, and Past President Anil Thapaliya attended the PETS. The training program was very fruitful, motivating the President-Elect to do their best.



Club Activities

PROJECT SHIKSHYA



Under community service avenue, Rotaract Club of Yala joined hands with Rahat (Rumsan Associates) to support 32 students from Shree Chandi Adarsha Saral Secondary School through the 'Project Sikshya'.

Project Sikshya was a month-long initiative, from 5th January to 30th March 2022, to search for needy and deserving students, and find out the educational gap. With the objective of economic growth through the development of education along with the upliftment of the local vendors by helping them in the economic gain and to help the community be technologically and digitally literate in this era of digitalization, Project Sikshya was developed. Since the "Iron Gate" of education - SEE Examination was nearing, Rotaract Club of Yala provided SEE examination preparation materials and coaching fees to 32 students of grade 10 of Shree Chandi Adarsha Saral Secondary School, Chakupat, Lalitpur with a total amount of Rs. 48,000. Different items like set books, calculator, geometry box, pen, copies, pencil, ruler, eraser, and sharpener were provided to the students with the help of a local vendor while using a digital platform: The Rahat App. Working on digital literacy, with the assistance of Rahat (Rumsan Associates), we provided digital literacy sessions to the local vendors from Shubha Prabhat Stationery and educators of Shree Chandi School. Further, the students were also provided a session on how transactions are done through QR codes. Information regarding the use of various digital platforms such as esewa and khalti and mobile banking applications were provided. The vendors were instructed to download and create accounts and the students were provided with a unique QR code amounting to Rs. 1500 each. The students were asked to pick the educational materials and the payment was made using the electronic platform. The vendors learned how the transaction could be done just by scanning the QR code and how the amount would be deposited into their bank accounts.

CORPORATE FUTSAL FOR PUBLIC IMAGE



Rotary Club of Rupandehi organized interbank seventh corporate futsal on the 28th of Chaitra, 2078. Six banks and financial institutions participated in the futsal. It is a signature project of the club, which has been organized by the club for the last 7 years ago. The winner's prize was Rs 50000 and the first runner-up prize was Rs 30000. Muktinath Bikash bank won the winner prize of Rs 50000 with the trophy and Mega Bank Limited won the first runner-up prize of Rs 30000 with the trophy. Assistant governor of zone twenty-two Rtn.Rajkumar Gupta was the chief guest for the opening and closing sessions. Rotarians vs Rotaractor also played one friendly match on the same day. Rotary Club of Rupandehi won by 3-2 goals to Rotaract club of Rupandehi.

BASIC EDUCATION TO ADULTS 30 DAY PROGRAM

Rotary Club of Biratnagar Fusion organized a Basic Education to Adults (especially Women and Moms) program through Raj Ji (wheelchair guy) and His wife Sangita for 50 people in Mushar Basti near Rani. The club also has an automatic tri-bike for Raj Ji to facilitate this event. RC Biratnagar Fusion will be conducting a test to check what they have learned in this time so that the program is truly fruitful.



Club Activities

TALK ABOUT SENIOR CITIZEN

On April 9, 2022, the Rotary Club of Dharan organized a talk program on Senior Citizens by District Senior Citizen Subcommittee chair Rtn Chhatra Pradhan who was also accompanied by his spouse Rtn Tara Pradhan. They discussed senior citizens' problems and life skill programs and also the importance of daycare centers. The program was held at Rotary Sadan Dharan



HYGIENE AWARENESS PROGRAM



On 7th April 2022 Rotary club of Biratnagar Downtown distributed 32 Menstrual cups to the nursing staff of Koshi Anchal Hospital. Club Charter President Rtn. Mamta Verma had told them about the use and benefits of the cups and also mentioned that it is an eco-friendly product. The nursing staff were happy to receive the cups. Club President Rtn. Sanhita Jain, secretary along with 8 members were present in the program. The total cost of the project was Rs 16000.

MATERNAL AND CHILD GIFT HAMPERS



Rotary club of Biratnagar Downtown on 13th April 2022 handed over Maternal and child gift hampers to 40 new mothers and newborn babies which includes maternity gowns, baby dresses, Horlicks, and sanitary pads, baby blankets, soap, fruits & cloth bags. Charter president Rtn. Dr. Mamta Verma had explained to them the importance of breastfeeding. Mothers were very happy to receive the hampers. President Rtn. Sanhita Jain, secretary Rtn. Anita Sarda along with 8 members joined the program. A total of 40 women benefited from this project which cost Rs34000.

MDYEP



With approximately 34 Rotaractors from 11 districts, Rotaract District 3292 held the "Multidistrict Youth Exchange Program, MDYEP NEPAL -2022" hosted by 10 zones of our District. The event allowed Rotaractors from all around Nepal to learn about Nepal's culture, history, and natural beauty. Delegates were hosted from April 11th to April 15th, 2022. We thank Rotaractors from different clubs and zones of our District for showing wonderful hospitality to all our delegates along with our International Relationship Officer, Rtn. Manisha Shrestha for doing an amazing job.



EACH ONE BRING ONE

- R.I. District 3141 (Mumbai)
- R.I. District 3211 (Kerala)
- R.I. District 3070 (Ludhiyana)
- R.I. District 3170 (Goa)
- R.I. District 3232 (Pune)
- R.I. District 3131 (Pune)
- R.I. District 3150 (Telangana & Andhra Pradesh)
- R.I. District 3204
- R.I. District 3201 (Tamilnadu)
- R.I. District 3020 (Bay of Bengal)
- R.I. District 3053

Club Activities

SAY NO TO PLASTIC



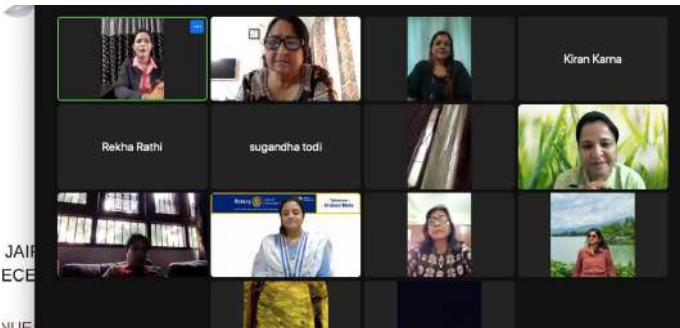
On 20th April 2022 Rotary Club of Biratnagar Downtown initiative to Save Environment started by spreading awareness against plastic & distributed 100 cloth bags in local Gudari, Biratnagar. It is our ongoing project with a project cost of Rs 25000. Club secretary Rtn. Anita Sarada and member Rtn. Sobhana Duggar has contributed to this project. President Rtn. Sanchita Jain along with members had joined the program

HANDED OVER A FOUR-WAY TEST HOARDING BOARD



Rotary club of Biratnagar Downtown on 15th April 2022 handed over four-way test hoarding to Golchha Eye Hospital, Biratnagar. President Rtn. Sanchita Jain had explained the Rotary four-way test at both places. President Rtn. Sanchita Jain, Secretary Rtn. Anita Sarada along with members was present in the program.

TALK SHOW ON ALL ABOUT MEDIA MEETING



Rotary club of Biratnagar Downtown always plans to make weekly meetings to be interesting, entertaining, and informative for added value to the membership. Hence, on 6th April 2022, RC Biratnagar Downtown organized a talk show, fellowship & classification talk of our own members, etc. This time we came up with a Talk show all about Media. Meeting called to order & a warm welcome to all by President Rtn. Sanchita Jain. Club's Honorary member Rtn. Dipika Bohara shared her media field journey and educated the audience about the media field. The session was very inspirational and interactive as the audience was curious about the topic. 20 members joined the program

KISAN MILAP PROGRAM



Concerning increasing agricultural imports in the local market, RC Rupandehi along with Saktiman brand organized a Kisan Milap Program to foster agricultural productivity. Saktiman brand was the financial sponsor for the whole program. Rotary supported on the technical front, like management of Agricultural Scientists, Expert, Presentation and overall program management Around two thousand farmers participated in the program that was held on 16th April 2022 at Dreamland Gold Resort, Manigram, Rupandehi.

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Rotary  HOUSTON 2022 

Rotary District Conference



Rotary District Conference



Rotary District Conference



Rotaract District Conference



Editorial Note



Dear Fellow Rotarians,
I am pleased yet again to bring to you the 11th Governor's Monthly Letter (GML) of this year-May Issue.

The month of April was like a festival for us as we all could meet in the Kumbha Mela of our District Conference at Jhapa from April 1st to 3rd.

We were able to listen to great speakers, connect with old friends, and had a great fellowship.

The month of May is celebrated as "Youth Service Month". Youth Service Month is a special time in Rotary. Throughout the month of May, members of Rotary clubs, Rotaract, Interact, and those involved in Rotary Youth Leadership Awards (RYLA) and Rotary Youth Exchange celebrate the opportunities Rotary provides to connect, and grow through service, develop leadership skills, mentor or be mentored, and have fun. We have also included special highlights of the wonderful moments of the 14th District Conference of RI District 3292.

It is with this theme that we have tried to include as many reports of Rotaracts and Interacts as were submitted to us. We also have a special message from the Chair, District Rotaract Subcommittee, Rtn. Bishnu Hari Dahal and DRR Summit Bajracharya. We also have a special feature of the glimpse of the District Conference of Rotaracts.

This time, we had a very low turnout of NEWS submitted by the clubs. We hope to see more clubs participating in sharing the NEWS in the GML as it is not only about showcasing your project activities but, it's a great platform to inspire others to do more.

We would once again like to request you to contact your respective Regional Chairs to send us the report in the prescribed format and not on Viber, WhatsApp, and other social media platforms as we are swamped with other information on such platforms and great humanitarian works done by clubs might be missed. We are all here to showcase your project! Cheers to Rotary! Happy reading!

Nischal B. Shrestha
Chair, District Publication & GML Sub-Committee
(2021-22)



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