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GOVERNOR'S MONTHLY LETTER

GML



December 2022



#letterfromdg_rid3292_2022-23

#heritagewalkwithjenniferjonesatbhaktapur

#serviceproject_rid3292_2022-23

#editorsnote_rid3292_2022-23



Dear Rotarians Friends

December was a month full of exciting programs for all of us. We hope everyone enjoyed last month of 2022.

December 2022 is Disease Prevention & Prevention month. Biggest attraction was visit of Rotary International President Jennifer E Jones, partner Nice and RI Director Drew Kessler during 4-8 December 2022. It was great opportunity for our district to welcome her and her entourage in our country. On 5 December morning, we took her to Rotary project sites where we explained about Rotary's involvement and benefits it has generated to the people. In the afternoon, we organized special program to felicitate her on 5 December. In the same program RI President Jennifer felicitated Rotarians from our district who has contributed more than USD 1,000 during 2022-2023. On 6 December morning, we organized RI President Jennifer E. Jones' interaction with Rotaractors & Interactors. In the afternoon, RI President Jennifer had audience with Rt. Honorable President of Nepal, Mrs. Vidya Devi Bhandari. Same evening we organized dinner with corporate, industries, business sector in Patan Durbar Square, where RI President spoke about Rotary and its values.

On 7 December morning, we organized Heritage Walk in beautiful Bhaktapur city.

RI President Jennifer E. Jones, Partner Nick, RI Director Drew Kessler enjoyed their visit and Nepal stay.

Immediate after RI President visit, we attended Rotary Institute 2022 in Vizag, India. Club visits were continued. Train the Trainers program for the Rotary Year 2023-2024 was successfully conducted.

We have successfully completed first six months of the IMAGINE ROTARY YEAR 2022-2023 with lots of exciting activities. Great way to end the year.

Sarita and myself and entire District Team wish you Merry Christmas and a Happy New Year 2023.

Imagine Rotary Year and to do good to the world.

TOGETHER FOR A BETTER WORLD
AND
TOGETHER, WE IMAGINE ROTARY



With Warm Regards,

Jitendra B Rajbhandary

DG, RID 3292



Jennifer Jones
RI President

While sitting with a group of Rotary leaders outside of Lusaka, Zambia, I ask a question: "How many of you have ever had malaria?" Every hand in the room goes up. They even begin to tell me about the first, second, or third time they experienced the disease, one of the main causes of death and sickness in many developing countries.

They are fortunate. They have access to medical treatment and lifesaving medicines. For the people of rural Zambia, their story is very different.

On a wooden bench in a small village, I sit with Timothy and his young son Nathan. With a camera crew capturing our conversation, he tells me of the time Nathan showed signs of malaria. He brought the boy to the nearby home of a community health worker, where Nathan quickly received medicines that in all likelihood saved his life.

Calmly, Timothy tells me about his other son's bout with the disease a few years earlier. He had to race that son to a medical clinic more than 5 miles away. Riding a bike and carrying his child on his back, he tells me, he could feel his son's legs turn cold and then his little body go limp. As he finally entered the clinic, he screamed for help, but it was too late. The camera stops rolling, and we sit in silence. He begins to weep, and I hold him tightly. "I lost my son, I lost my son," he says.

This story is all too familiar for the families we meet over the next few days. And yet there is hope. Partners for a Malaria-Free Zambia is Rotary's first Programs of Scale grant recipient, and it is saving lives. Across two provinces of Zambia, 2,500 volunteer health workers have been selected by their communities. They are trained to bring medical care closer to those who need it, and they are able to diagnose and treat malaria and other ailments. Rotary partnerships create lasting change.



Rotary
Corner

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GOVERNOR'S MONTHLY LETTER



IMAGINE
ROTARY

#happynewyear_2023

20
23

H A P P Y N E W Y E A R !

Rotary 



#Heritagewalk_Bhaktapur_Ripresident_JenniferJones





#Heritagewalk_Bhaktapur_Ripresident_JenniferJones





#Heritagewalk_Bhaktapur_Ripresident_JenniferJones





#Heritagewalk_Bhaktapur_Ripresident_JenniferJones





#serviceproject_rid3292_2022-23

Rotary Club of Biratnagar Downtown

Due to the high cost of disposable pads, the Rotary Club of Biratnagar Downtown conducted a training course on how to make reusable cloth pads as part of its "Happy Village Project."

The shelf life of these pads is between six months and a year. The marginalized community will benefit from this program by saving money on disposable pads each month and from the training they will receive to create and sell the pads, which will enable them to become self-sufficient. The instructors were from Mahendra Morang Adarsh Multiple Campus and were Miss Nanjin Khatoon and Miss Prakriti Koirala.





President Sweta Upadhaya of the Rotary club of Narayani Midtown 3292 exchanges a flag with President Mahesh Biyani of the Rotary club of Calcutta Mahanagar.

रोटरी क्लब कपिलवस्तु मिडटाउनद्वारा न्यानो कपडा तथा अन्य सामग्री वितरण



कपिलवस्तु । रोटरी क्लब अफ कपिलवस्तु मिड टाउनले बाणगङ्गा नगरपालिका वार्ड नम्बर ५ मधौली निवासी ८५ बर्षिय आशक्त वृद्ध एवं एकल महिला मोति थारु लाई ११ हजार बराबरको न्यानो कपडा साथै अन्य सामग्री हस्तान्तरण गरेको छ । ८५ बर्षिय बयोवृद्ध एकल महिलाको मलिन चेहरामा मुस्कान ल्याउनको निम्ति क्लबमा कृत्यासिल रोटरीयनहरुले सामग्रीहरु सौजन्य गरेका थिए । हस्तान्तरण कार्यक्रममा क्लबका अध्यक्ष मोहन बेल्लासे, निवर्तमान अध्यक्ष तथा कार्यक्रम संयोजक माधव भाट , सचिव कान्ता गहतराज, सर्जन एट आम्स हेमन्त थापा , सीता भाट क्षेत्री स्थानीय सामाजिक व्यक्तित्व विष्णु के.सि. लगायतको उपस्थित रहेको थियो।

RC Tinau Butwal with Jyotish Janardhan



Rotary Club of Chitwan

On The Rotary Foundation Month, the Rotary Club of Chitwan held a sports materials handover program at the Shree Basic School in Bharatpur 17, Laungata. The school principal and the school management committee received the papers.

At honor of Economic and Community Development Month, the Rotary Club of Chitwan held a sewing machine handover program in Bharatpur 22, Patihani. The Machine was given to financially vulnerable Gaureshwori Mahato.

On The Rotary Foundation Month, the Rotary Club of Chitwan arranged a stretcher handover program at the Meghauri Healthpost in Parsadhap to aid patients' mobility.





#serviceproject_rid3292_2022-23

RC Kathmandu Downtown



On October 22, RC Kathmandu Downtown held a health camp in the Buddhist Service Center Goldhunga, Balaju Nepal, in the name of humanitarian service. Free medical supplies and medications were given out in association with Green City Hospital.

375 residents got access to general medical care and medication for heart, dental, skin, bone, and joint, gynecological, and obstetrical conditions at the health camp. There were 32 health professionals on hand, including Rotarians and doctors and nurses.

Among the current patients, those with lower economic levels will receive free care from Green City Hospital, while those who come from the camp for treatment will receive a 15% discount.

RC Biratnagar Downtown

Together with Cerebral Palsy students, RC Biratnagar Downtown and Peter Pan, Play Pen school commemorated "World Disabled Day."

They got the kids involved in indoor and outdoor games, dance, and painting. The school had also planned great lunches, fun activities, and lovely gifts for them, so the kids were ecstatic.

Madhu Lohia, the school's owner and a former club member, completed all the necessary arrangements. She deserves a heartfelt thank you, as does her entire school staff, for their exceptional hospitality.

All of the club members enjoyed spending time with CP children and schoolchildren and seeing their smiles.

There were CP children, their parents, schoolchildren, instructors, and club members in attendance.



"Happy Village Project"

RC Biratnagar Downtown

Due to the high cost of disposable sanitary pads, the Rotary Club of Biratnagar Downtown conducted a training course on how to make reusable cloth pads as part of its "Happy Village Project."

The shelf life of these pads is between six months and a year. The underserved community will benefit from this scheme by monthly savings on disposable pads.

They will be able to create and sell the pads thanks to this instruction, which will also assist them in becoming independent. The instructors were from Mahendra Morang Adarsh Multiple Campus and were Miss Nanjin Khatoon and Miss Prakriti Koirala.





#serviceproject_rid3292_2022-23



The **Rotary Club of Kirtipur** presents 30 chairs to the Ishaneshowr Mandir in Maitrinagar-02, Kirtipur, Nepal. They also held an interaction program with members of the local community and the Temple Management Committee during the handover event.



The Rotary Foundation Month was observed with a sports materials handover program by the **Rotary Club of Chitwan** at the Shree Basic School in Bharatpur 17, Laungata. The School Management Committee and School Principal received the materials.



Rotaract Club of Narayani Midtown members went to the Sree Panchadeep Adharvut Vidhyalay where they have been supporting 10 children since 2019. We provided the students with warm clothing, stationery, shoes, and backpacks. We also promised to treat a third-grade student who needed hernia surgery.



At the tourist destination Taltalaiya Itahari, the third club assembly of the RC Itahari has been completed. A three-member election committee was created by the legislature on December 24, under the direction of Rtn. Laxmi Dhital. Additionally, the board has been charged with updating the bylaws. The group unanimously approved the Secretary Rtn. Chetan Dhamala's status report and future plan. There were 37 club members present for the gathering. A picnic was also organized following the assembly.



In order to aid patients' movement, the **Rotary Club of Chitwan** arranged a stretcher handover program at the Meghauli Healthpost in Parsadhaph during the Rotary Foundation Month.





#serviceproject_rid3292_2022-23

"HAPPY VILLAGE"



RC of Biratnagar Downtown organized a Mega Health Camp at Kharji village as part of the "HAPPY VILLAGE" project in collaboration with Birat Nursing Home Pvt. Ltd., Birat International Diagnostic Lab Pvt. Ltd., Biratnagar Mahanagarpalika Ward No. 4, and also with medication support from Amtech Med Pvt. Ltd., Brt. ENT, Gynecologist, Dermatologist, Paediatrician, General Practitioner, and Surgeon were among the doctors from various faculties that were present. 1500 pamphlets were handed out during the course of the 3 days of campaigning. Five communities received the pamphlets for distribution.

For a general health check-up, the group of 20 doctors and healthcare professionals checked both adults and children. All the residents received free blood sugar tests in addition to free medicines. Approximately 500 residents of neighbouring villages benefited from the camp. Members of the club as well as the Rotaract Clubs of Nobel Medical College and Biratnagar Downtown participated actively.

The approximate cost of the drugs is Rs. 40000, and the total cost of the health camp is Rs. 81000. Camp was also visited by the AG, Rtn. Kamal Agrawal, Senior Veteran District Leader Rtn. Beni Gopal Mundra, and media representatives.

20th Charter Day Celebration of Rotary Club of Narayangarh



At the Rotary Saune Child Development Center in Tanhu, Devghat, the Rotary Club of Narayangarh commemorated the 20th anniversary of its founding. The third Rotary Community Corps was started by the Rotary Club of Narayangarh in Saune Bhujel Basti Ward No. 3 of the Debaghat Rural Municipality.

By utilizing local expertise and resources, the Rotary Club of Narayangarh constructed the new Rotary Saune Child Development Center building in the Rotary Community Corps last year. There are currently 12 local parents' children in the center, and they are being played with and educated in accordance with Montessori's ideals.

DG Jitendra B. Rajbhandary and a Rotarian, covered the entire cost of the course. The Narayangarh Rotary Club donated to the Child Development Center items worth Rs 35,000 including warm clothing for kids, mats, stationery, sports equipment, educational materials, ceiling fans, and office drawers in honor of the club's charter day.

The supplies were presented to Ms. Nisha Thapa, the instructor of the Child Development Center, by the program's primary guest, Rotarian Bipin Pokhrel, Assistant Governor of Zone 32, Rotarian Nagendra Shrestha, and Charter President Rotarian Niranjana Pradhan.

The immediate past president of this club, Rotarian Arun Khanal, also celebrated his birthday by cutting a cake. In attendance for the event were the club's immediate past president, Rtn. Arun Khanal, the past president, rtn. Krishna Prasad Shrestha, rtn. Anukul Shrestha, rtn. Tara Nath Pathak, rtn. Ajita Piya, and rtn. Debmaya Shrestha. Rtn. Rajaram Sitaula, the club's secretary, led the program.



With the help of a donation from the Rotary Club of Narayani Midtown, Asmita BK, a 9-year-old student in Grade 3 with a hernia, is having treatment at Maula Kalikai Pvt Hospital. This commitment was given to her when the club visited her school. An operation and medication worth Rs. 55,000 were sponsored by PP Rtn. Keshav Raj Bhurtel.

रोटरी क्लब अफ रत्ननगर द्वारा राष्ट्रिय आधारभुत विद्यालय लटौलीलाई जग्गा हस्तान्तरण



रोटरी क्लब अफ रत्ननगरले कालिका-९ मा रहेको राष्ट्रिय आधारभुत विद्यालय लटौलीलाई भवन निर्माणार्थ जग्गा हस्तान्तरण गरेको छ ।

शनिवार क्लबले एक कार्यक्रमका विच स्कुललाई करिब ७ लाख ५० हजार बराबर को साढे ३ कठ्ठा जग्गा हस्तान्तरण गरेको हो । उक्त जग्गामा क्लबकै पहलमा बागमती प्रदेश सरकारबाट ३० लाख र कालिका नगरपालिका बाट १० लाख गरि ४० लाखमा भवन निर्माण को लागि टेक्का समेत लगाइसकिएको छ ।

रोटरी जोन ३५ का एजी अपेश भण्डारीज्यु को प्रमुख आध्यतामा, डिएस रो. निरन्जन प्रधान, district women training chair रो.अर्पना प्रधान भण्डारी, कालिका वार्ड न ९ का वडा अध्यक्ष निलकन्ठ मगरको आतिथ्यता रहेको सो कार्यक्रममा विद्यालयका प्रथ बुद्धिराज गिरी, क्लबका निवर्तमान अध्यक्ष निराजन खनाल,पूर्व अध्यक्षहरु रो.जगन्नाथ अधिकारी ,रो.प्रेमकृष्ण खनाल,रो.विष्णु शर्मा,रो.जनकराज पौडेल, स्पाउस क्लब का अध्यक्ष विमला सुवेदी खनाल,रोट्याक्ट क्लब अफ रत्ननगर का अध्यक्ष Rtn. मनिष वार्निया, क्लब का कार्यसमिती एव एक्सपर्ट एजुकेसनका सञ्चालक डिल्लीराम अधिकारी लगाएतको उपस्थिति रहेको थियो । उक्त अवसरमा रो.डिल्लीराम अधिकारी बाट न्यु क्यापिटल कलेज को तर्फ बाट १० हजार र Expert education को तर्फ बाट २० हजार गरि ३० हजार बराबर को स्कुललाई नगद सहयोग गरिएको क्लबका सचिव लक्ष्मीलाल श्रेष्ठले जानकारी गराउनु भयो । साथै ९१ जना विद्यार्थीहरुलाई स्टेशनरी सामानसँगै दैनिक उपभोग्य सामान खाद्यान्न, चप्पल, जुता, कपडा, पि-म्याटेस लगाएतको सामान पनि वितरण गरिएको थियो । उक्त कार्यक्रममा रोट्याक्ट क्लब र स्पाउस क्लब को पनि सहभाहिता थियो।

RC Kasthamandap in Itahara

RC Kasthamandap members have been supporting disabled children at Damravitta village, ward no 3, Itahara Morang since last six years. Past President Niranjan Bhattarai visited to continue support on behalf of the club to the disables of one family of six members where all five of the family members are disabled except for the mother. The support this year included food items enough for three months and warm clothes that worth total approximately Rs. 50,000. This amount was supported by Rtn Urmila Shrestha, charter member of the club. After the support by RC Kasthamandap six years back, several other people also came to know about the difficulties of this family and they have also started some help to the family.





#serviceproject_rid3292_2022-23



In the winter, the Sree Baraho Prathmik Vidyalay Debpur students received 90 sweaters from the **Rotary Club of Narayani Midtown** and the Rotaract Club. It had Keshav Raj Burtel's sponsorship. Ward presidents, society presidents, school principals, teachers, guardians, etc. were among the participants. Along with them, they held a parenting program.

Walkathon for diabetes awareness



Aarus Life Style Hospital, in association with DEAN Nepal, Pragya Foundation, and Rotary Club of Yala, organised a walkathon to create awareness on diabetes and its

prevention and healthy lifestyle in Patan Durbar Square on 12th November 2022 Saturday. The walkathon, which started at Patan Durbar Square, passed through Mangal Bazaar, Pulchowk, Kupondol and Maitighar Mandala. Honorable Deputy Mayor of KMC, Sunita Dangol was also participated in that event. More than 100 people participated in it. The program was coordinated by Rtn Dr Santosh Shakya.



30 chairs were donated by the **Rotary Club of Kirtipur**

to the Ishaneshwor Mandir in Maitrinagar-02, Kirtipur, Nepal.

They also held an interaction program with members of the local community and the Temple Management Committee during the handover event.

The Valimiki Interact Club

organized a theatre competition about the struggles and issues facing young people in Nepal. Their main goal is to provide a forum for the student to highlight the challenges faced by Nepalese young, to foster innovative thinking, and to raise the student's self-confidence. As a result, each contestant from each home impressively displayed their drama and accepted the reality of Nepalese youths who are imitating the pattern of brain drain because of challenges with unemployment in Nepal.

Red House's outstanding performance earned them the title of the Drama competition's champion. In addition, Priseela Bhusal was named the theater competition's "Best Performer."





#serviceproject_rid3292_2022-23

रोटरी क्लब कपिलवस्तु मिडटाउनद्वारा न्यानो कपडा तथा अन्य सामग्री वितरण



कपिलवस्तु । रोटरी क्लब अफ कपिलवस्तु मिड टाउनले बाणगङ्गा नगरपालिका वार्ड नम्बर ५ मधौली निवासी ८५ बर्षिय आशक्त वृद्ध एवं एकल महिला मोति थारु लाई ११ हजार बराबरको न्यानो कपडा साथै अन्य सामग्री हस्तान्तरण गरेको छ । ८५ बर्षिय बयोवृद्ध एकल महिलाको मलिन चेहरामा मुस्कान ल्याउनको निम्ति क्लवमा कृयासिल रोटरीयनहरुले सामाग्रीहरु सौजन्य गरेका थिए । हस्तान्तरण कार्यक्रममा क्लवका अध्यक्ष मोहन बेल्बासे, निबर्तमान अध्यक्ष तथा कार्यक्रम संयोजक माधव भाट , सचिव कान्ता गहतराज, सर्जन एट आम्स हेमन्त थापा , सीता भाट क्षेत्री स्थानीय सामाजिक व्याक्तित्व बिष्णु के.सि. लगायतको उपस्थिति रहेको थियो।

अन्तराष्ट्रिय सामाजिक सस्था, स्वार्थ भन्दा माथी सेवा भन्ने मूल्य र मान्यतालाइ आत्मसाथ गर्दै सामाजिक एवम् मानविय कार्य गर्दै आइरहेको रोटरी इन्टरनेसनलको अभिन्न अङ्गको रुपमा रहेको रोटरी क्लब अफ कपिलवस्तु मिड टाउनले यस क्षेत्रमा विभिन्न सामाजिक तथा मानवीय कार्य गर्दै आइरहेको छ ।

रोटरी क्लव अफ कपिलवस्तु उपचारार्थ सहयोग रकम हस्तान्तरण



रोटरी क्लव अफ कपिलवस्तु मिड टाउनले बाणगङ्गा नगरपालिका वार्ड नम्बर ३ सिउटी निवासी ५० बर्षिय महिला बिसु पान्डेलाइ पाठेघरको क्यान्सर उपचार को लागि नगद रु.२११११/- एक्काईस हजार एक सय एघार रुपैयाँ सहयोग रकम हस्तान्तरण गरेको छ ।

अन्तराष्ट्रिय सामाजिक सस्था, स्वार्थ भन्दा माथी सेवा भन्ने मूल्य र मान्यतालाइ आत्मसाथ गर्दै सामाजिक एवम् मानविय कार्य गर्दै आइरहेको रोटरी इन्टरनेसनलको अभिन्न अङ्गको रुपमा रहेको रोटरी क्लव अफ कपिलवस्तु मिड टाउनले यस क्षेत्रमा विभिन्न सामाजिक एवं मानवीय कार्य गर्दै आइरहेको छ । ५० बर्षिय महिलाको उपचारमा केही राहत होस भन्ने हेतुले क्लवमा कृयासिल रोटरीयनहरु बाट उक्त रकम संकलन गरिएको हो । हस्तान्तरण कार्यक्रममा क्लवका अध्यक्ष रो.मोहन बेल्बासे, निबर्तमान अध्यक्ष तथा कार्यक्रम संयोजक रो. माधव भाट , सस्थापक अध्यक्ष रो.लक्ष्मण अधिकारी सचिव रो. कान्ता गहतराज,सर्जन एट आम्स रो.हेमन्त थापा ,सल्लाहकार रो. कृष्ण प्रसाद भट्टराई ,रो. सीता भाट क्षेत्री लगायतको उपस्थिति रहेको थियो।।

RC New Road City Kathmandu

मंसिर २४ गते तदनुसार २०२२ डिसेम्बर १० दिन १६ दिने महिला हिंसा विरुद्धको कार्यक्रमको अवसरमा Rotary Club of New Road City Kathmandu को आयोजनामा Motivational Event towards women Empowerment and Social Entrepreneurship Development कार्यक्रम संस्थाका अध्यक्ष रमिला श्रेष्ठ शाक्यज्यूको अध्यक्षतामा होटल ग्राण्ड, कालीमाटीमा सम्पन्न भयो ।

उक्त कार्यक्रममा प्रमुख अतिथि, बासमती प्रदेशका समानुपातिक तर्फबाट निर्वाचित श्री हरिप्रभा खड्गी श्रेष्ठज्यू, विशेष अतिथि Distric Arban Chair – नर्बानिता रिजालज्यू, Guest speaker कोपिला डंगोलज्यूले महिला सर्शाक्तिकरणको बारेमा बोल्नु भएको थियो । कार्यक्रममा महिला सर्शाक्तिकरण विधाका सामाजिक अभियन्ता श्री किरण सिन्हाज्यू, महिला उद्यमी रेखा शर्मा चौधरीज्यू तथा भर्खरै बागमति प्रदेशका समानुपातिक तर्फबाट निर्वाचित श्री हरिप्रभा खड्गी श्रेष्ठज्यूलाई सम्मान गरिएको थियो । Inner Wheel New Road City Kathmandu र भुगु नेपालले यस कार्यक्रमको लागि आवश्यक सहयोग गरिएको थियो । सो कार्यक्रममा विभिन्न सामानहरुको प्रदर्शनी तथा विक्री वितरण गरिएको थियो ।





#serviceproject_rid3292_2022-23

KNOW US MORE



November is Rotary Foundation Month



"We should not live for ourselves alone, but for the joy in doing good for others."

- Arch C. Klumph, 1929



Rotary



DID YOU KNOW?

A Paul Harris Fellow (PHF) pin is presented in recognition not only to Rotarians, but to any individual who **donates** or in whose name a **minimum of US \$ 1,000.00** is donated to The Rotary Foundation.

The implication is that a PHF pin is **not a Rotary pin** and does not single you out as a Rotarian if you wear it on its own.

To be identified and distinguished as a Rotarian who has contributed to the foundation, please wear your PHF pin together with a Rotary pin.



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GOVERNOR'S MONTHLY LETTER

#editorsnote_Dec_rotayear2022-23



Rotary Corner



Rtn. Sarin Shrestha

**Chair, District Publication
& GML Sub-Committee (2022-23)
Rotary International District 3292**

EDITOR'S NOTE

Be a Gift to the World 2015-16

Greetings, fellow Rotarians,

Introducing the sixth Governor's Monthly Letter (GML) of this year, for December Issue.

Along with covering club events, we also work to offer pieces from other Rotarians that might serve as sources of inspiration and help us better understand Rotary. In order to boost Rotary's exposure and emphasize the significance of the organization's public image and branding, we have included a page designed by Rotary Club of Biratnagar Downtown.

We have also included the newsletters published by several clubs in this issue, demonstrating the interest these groups have in disseminating the work they have accomplished as a group. I hope more and more clubs are motivated to publish these newsletters and spread the word about our activities to those outside of Rotary as well as to other clubs.

Having said that, we continuously work to include as many club activities as possible in our GML, but a lot of inspiring activities appear to be overlooked due to low reporting. We also encourage members to submit articles so that such tales might motivate our audience.

Imagine Rotary with SMILE

GML Published by

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