www.rotarydistrict3292.org.np

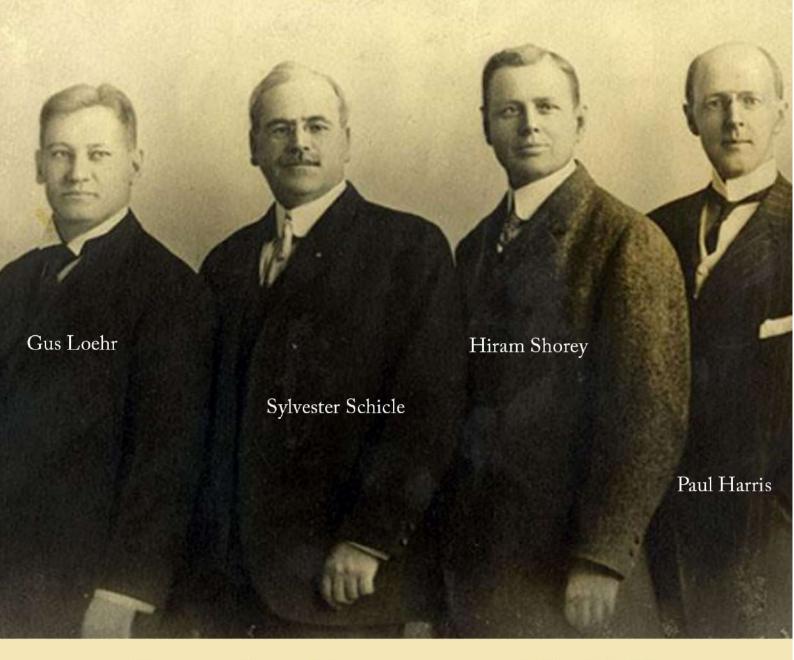
## GOVERNOR'S MONTHLY LETTER







January 2023



**Founding Years** 

1905-1911

#letterfromdg\_jan\_rid3292\_2022-23 #rotary\_foundation\_symposium\_and\_recognition #publicimage\_rid3292\_2022-23 #serviceproject\_rid3292\_2022-23 #editorsnote\_jan\_rid3292\_2022-23

## #letterfromdg\_Jan\_rid3292\_2022-23



## GOVERNOR'S MONTHLY LETTER

Dear Rotarians Friends,

January 2023 was full of activities. Zone 6 Multi District the Rotary Foundation Symposium was organized with RI District 3292 as host district. This was the first zone 6 Multi District Program with involvement of all ten districts. Past RI President and the Trustee Chair Ian Riseley was the Chief Guest and RI Director AS Venkatesh and Past RI Director & Trustee Dr. Bharat Pandya as Guests of Honor. Six batch mate District Governors from zone 6; Dr. Anand Jhunjhunwala, Pawan Agarwal, Dinesh K Sharma, Dr. Kushanava Pabi, Shashank Rastogi & Prabhu Dutta Subuddhi were present and also Rotarians from all ten districts were present. In the program, AKS members and Major Donors were felicitated by PRIP & the Trustee Chair Ian Riseley.

January is dedicated to Vocational Service Month. We owe our Rotary membership to our profession/vocation in the form of our Classification. We Rotarians believe in Four Way Test and Rotary's Core Values. We all are and should be proud of our noble traditions of promoting exemplary business practices as guided by Rotary motto. We always should lead by example, live up to the highest ethical standards in our Rotary and Professional life.

We had half yearly review meeting with Assistant Governors in Sauraha, Chitwan where current update as well as upcoming district programs were discussed. Assistant Governors were reminded to motivate clubs assigned to them to do good to the world and to plan at least two joint meetings of clubs assigned to them. This will help clubs to understand more about Rotary and increase fellowship and bonding.

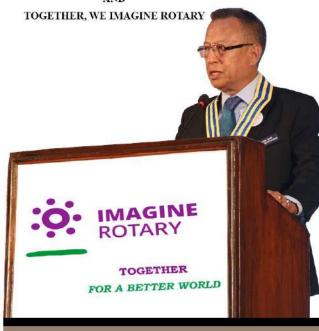
Club visits have been in the full swing. During January 2023, 18 clubs were visited. With this, 92 official club visits have been completed.

We have successfully completed first seven months of the IMAGINE ROTARY YEAR 2022-2023 with lots of exciting activities. Great way to start the year.

Sarita and myself and entire District Team are with you every inch of the way to enjoy Imagine Rotary Year and to do good to the world.

Imagine Rotary Year and to do good to the world.

TOGETHER FOR A BETTER WORLD
AND



With Warm Regards,

Jitendra B Rajbhandary

DG, RID 3292



Jennifer Jones RI President

Rotary recently surveyed our members and found something that should be unsurprising but still caused many of us in Rotary leadership to sit up and pay attention: The single most important factor in member satisfaction is the club experience. How at home you feel in your club, how rewarding club meetings are, and how engaged you feel in service projects.

I have seen this firsthand across the Rotary world this year. When members feel an emotional connection to their club, they cannot imagine leaving. And that connection is often forged in "Rotary moments," when people feel that special connection to the people around them and the impact of their service. Our Imagine Impact Tour is all about shining a light on those Rotary moments and encouraging our members to tell their stories.

But there's something else that makes an enormous difference in building and sustaining that connection. It's the comfort and care of our members — both Rotarians and Rotaractors. As my Rotary friend Todd Jenkins says, "People can't see how you think, but they sure can see your actions."

We are in the relationship business, and if we take care of each other — genuinely show concern for each other — then we will make friends for life, and we will do anything to widen that circle of friendship.

The question is: How do we live with our eyes wide open and do the things that really matter? We do this by taking time for each other, actively listening to one another, and treating every Rotary member as equally valuable — no matter how long we have been a member or what position we hold.

People like me in Rotary leadership can offer all kinds of advice about how to make your club experience more valuable. But what's most important is for everyone in every Rotary club to speak up and listen to one another. We should never be afraid to share with our fellow Rotary member what we expect to get out of our membership and have an open discussion about how to make that happen.

To lead a Rotary club is to invite such dialogue and to be willing to try new approaches. Good leadership is giving it away. Propping others up. Allowing others to feel the victory.

I have one last request for club leaders. We still need to do more worldwide to increase our female membership. It's up a bit this year, but I know we can and must do better. Rotary is growing again. As I write this, we're just a handful of members away from surpassing 1.2 million Rotarians again. So let's redouble our efforts to bolster our clubs with great new members, then keep them for life by providing comfort and care.

it, and they are able to diagnose and treat malaria and other ailments. Rotary partnerships create lasting change.











## #serviceproject\_rid\_2022-23



# Rotary responds to earthquake that has devastated areas of Turkey and Syria

Turkey and Syria were struck by a devastating earthquake on 6 February that has killed tens of thousands of people, destroyed thousands of homes and other structures, and left people across the region without shelter in bitterly cold winter weather. While still providing aid to those impacted by the first earthquake, another 6.4 magnitude earthquake occured in the same area on 20 February, bringing even more devastation.

The Rotary world responded to this catastrophe immediately. RI President Jennifer Jones activated our disaster response efforts, communicated with the affected districts, and encouraged governors in those regions to apply for disaster response grants and share information about their relief efforts so that Rotary can amplify the calls for support.

The Rotary Foundation Trustees decided that all donations made, from now until 31 March, to the Turkey/Syria Disaster Response Fund will be used to aid earthquake relief projects. In addition, the Trustees made available more than \$125,000 to Rotary districts affected by the earthquake through Disaster Response Grants.

Rotary's project partner ShelterBox also has an emergency response team assessing the needs in the region and how it can respond. That team is communicating with Rotary district leaders. Rotary's service partner Habitat for Humanity International is also working on its response. Many Rotary members are asking how they can help. Here's how to have the greatest impact:

Give to Turkey/Syria Disaster Response Fund. Donations help clubs and districts provide aid and support rebuilding efforts where the need is greatest. The funds are distributed to affected communities through disaster response grants. The Disaster Response Fund can accept cash contributions and District Designated Funds (DDF).

Support local initiatives. As we learn about local response efforts that are being led by clubs and districts, Rotary raises awareness about how to support them. People can then support these projects by working directly with Rotary members in the region. If you want us to publicize information about local response efforts, write to relief@rotary.org.









# #rotary\_foundation\_symposium\_and\_recognition









Rotary District 3292 hosted the Zone 6 Multi District Foundation Symposium for the first time in history on January 31, 2023 convened by Zone 6 RRFC PDG Basu Dev Golyan. The Tristee Chair/PRIP Ian Riseley was the Chief Guest and RI Director AS Venkates & Past RID and Trustee Dr. Bharat Pandya we're guests of honor. Approximately 75 Rotarians (including 6 District Governors) from nine Indian Districts, and around 200 Nepalese Rotarians, attended the program, where AKS of all ten districts and Major Donors during 2022-2023 were felicitated. symposium was hosted by RI District 3292 was a great success with DG Jitendra B Rajbhandary as host District!









# #rotary\_foundation\_symposium\_and\_recognition





















# #rotary\_foundation\_symposium\_and\_recognition



























Together We Transform - Together We Make a Difference



## **Rotary's Quest for Peace in the World**

Compiled by Rtn. Rajendra Shakya Past President/Club Trainer/Editor RC Tripureswor



Maintaining peace and prevention of conflict is first priority and pre-condition for a sustainable development of a country and its people. Given this reality, Rotary International has designated February-the month of Rotary Anniversary as the Peace and Conflict Prevention & Resolution Month. It is also one of the seven priority focus areas of The Rotary Foundation. The month also embraces the anniversary of the first meeting of Rotary held on 23 February 1905, now recognized as World Understanding and Peace Day.

Yes, it was exactly 118 years ago this month, because of the vision of one man and his three friends that this pioneering organization Rotary has succeeded in establishing its presence in more than 200 countries in the world.

I have tried to collect information from different Rotary references and put them together into this compiled short write-ups to provide information on the Milestones of Peace Initiatives of Rotary. This short write-up may not be the exhaustive list of all Peace initiatives taken by Rotary worldwide. But I hope this collection of materials will still be helpful to get some insights into Rotary Peace initiative and to commemorative February as Rotary Peace and Conflict Prevention and Resolution Month.

# Inspiring Words on Peace by PRIP Sakuji Tanaka

(Source: RI Assembly 2012-2013)

### **PEACE THROUGH SERVICE**

"In Rotary, our business is not profit. Our business is peace. Our reward is not money, but the happiness



and satisfaction of seeing a better, more peaceful world — one that we have achieved through our own efforts".

"Every Rotary project, every act of service, is an act of love and kindness," Tanaka said. "When we serve in the right ways, and for the right reasons, we bring people together, in peace and in harmony. How could it be otherwise?"

"I ask you to put Peace Through Service at the forefront of your Rotary work. And I ask you to understand that peace, in all of the ways that we can understand it, is a real goal and a realistic goal for Rotary. Peace is not something that can only be achieved through treaties, by governments, or through heroic struggles. It is something that we can find and that we can achieve, every day and in many simple ways".

"I realized that the purpose of my life was not just to earn more, to sell more, to make my business better than anyone else's. I realized that I wanted to have better goals and higher goals — both personally and professionally. I realized that for me, the most important thing in life was being useful to other people. And I realized that by helping others, even in the simplest of ways, I could help to build peace".











"We hear the word peace every day. We hear it in the news, we use it in conversation, and we talk about it a great deal in Rotary. But, most of us spend very little time thinking about what peace is, and what that word means.

On its simplest level, peace can be defined by what it is not. It is a state of no war, no violence, and no fear. It means that you are not in danger of hunger or persecution or the suffering of poverty. (Negative Peace).

But we can also define peace by what it is, and by what it can be. Peace can mean freedom of thought and of speech, freedom of opinion and of choice, and the ability for self-determination. It can mean security, confidence in the future: a life and home in a stable society. (Positive Peace).

On a more abstract level, peace can mean a sense of happiness, of inner serenity, of calm.

Putting Service Above Self allows us to focus our energies on what is truly important. We put the common good above our own. We prioritize others' needs over our own desires. We think less about ourselves and more about what is best for everyone. And in this way, we help to build the foundation for a more peaceful world".

# Rotary creates environments of peace

(Source: www.rotary.org/Promoting-Peace)

We refuse to accept conflict as a way of life. Rotary projects provide training that fosters understanding and provides communities with the skills to resolve conflicts.

As a humanitarian organization, peace is a cornerstone of our mission. We believe when people work to create peace in their communities, that change can have a global effect.



By carrying out service projects and supporting peace fellowships and scholarships, our members take action to address the underlying causes of conflict, including poverty, discrimination, ethnic

tension, lack of access to education, and unequal distribution of resources.

Our commitment to peacebuilding today answers new challenges: how we can make the greatest possible impact and how we can achieve our <u>vision</u> of lasting change. We are approaching the concept of peace with greater cohesion and inclusivity, broadening the scope of what we mean by peacebuilding, and finding more ways for people to get involved.

Rotary creates environments where peace can happen. True peace is more than the absence of violence, it is educating every day the volunteers and leaders tomorrow on Positive Peace.

But it starts with you. How will you respond?

## **Rotary's Peace Milestones**

(Source: www.rotarianactiongroupforpeace.org)



1905
Paul Harris (\* 1868 – † 1947),
a Chicago attorney, founded
the first Rotary Club, setting
off over a hundred years of
service for the world with
"Friendship" and "Tolerance"
as its initial true essence.

1917



RI President Arch C. Klumph proposed that an endowment be set up "for the purpose of doing good in the world." In 1928, when the

endowment fund had grown to more than US\$5,000 it was renamed **The Rotary Foundation**, and it became a distinct entity within Rotary International.

When the Rotary Foundation was created in 1917, its single guiding principle has been to bring peace to the world through education, by reducing hunger and suffering, by increasing self-sufficiency and by helping people to better understand one another particularly in cross@cultural settings.

The mission of The Rotary Foundation is to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty.











#### 1921

With memories of the Great World War I fresh in their minds, Rotarian delegates to the 1921 convention in Edinburgh, Scotland, unanimously agreed to incorporate <u>peacemaking</u> for the first time into Rotary's constitution and by-laws with these words: "The advancement of international understanding, goodwill, and peace through a world of fellowship of business and professional persons united in the ideal of service".

#### 1940

Rotarians again made a significant contribution to peacemaking at their 1940 Rotary convention in Havana, Cuba by adopting a resolution calling for "freedom, justice, truth, sanctity of the pledged word, and respect for human rights" that became the framework for the United Nations' Universal Declaration of Human Rights.

#### 1942



Rotary clubs from 21 nations organized conference in London chaired by **Past** RI President Sydney W. Pascal to develop a vision for advancing education, science and culture in preparation for the post

World War II period. This meeting led the international dialogues on reconstructing education around the world once WWII was over, and led to the establishment of **UNESCO in 1946.** 

#### 1945



In April 1945, Rotary was at the forefront of arguably one of the most important meetings of the 20th Century, the finalizing of the

charter of the United Nations in San Francisco. Forty-Nine Rotary members served in 29 delegations to **the United Nations Charter Conference.** 

#### 1947



Since 1947, Ambassadorial Scholars have spread the Rotary message of goodwill to the many countries where they have studied.

### 1948



The United Nations Universal Declaration for Human Rights was finalized using the framework and guidelines from the 1940 Rotary

International Convention in Havana.

#### 1965

<u>In 1965, the Group Study Exchange</u> (GSE) program began sending teams of young professionals abroad to share ideas with others in their field.

#### 1974

Youth Exchange, which had begun with a 1927 exchange between the Rotary Club of Copenhagen, Denmark, and American students, became an official RI program in 1974.



#### 1985

Rotary builds peace through its single largest and most significant project: **PolioPlus.** To date, Rotarians

worldwide have contributed more than \$1 billion toward the eradication of polio. Polio once infected more than 350,000 children annually, now remaining to be eradicated from only few countries in the world.

### 1999



The RI Trustees approved the plan to collaborate with universities to establish the Rotary Centers for International Studies in Peace and Conflict

**Resolution**. Rotary International would offer full scholarship to promising students around the world for a two-year master's degree program of international relations, peace, and conflict resolution. In 2006, it added another component: A 3-month certificate program, designed to cater to professional interested in peace studies and conflict resolutions.





#### 2002

In 2002, the Rotary Centers for International Studies admitted the first class of 70 students committed to careers in peacemaking and conflict resolution.

### 2012

A group of Rotarians founded and launched Rotarian Action Group for Peace, a semi-autonomous international organization recognized by Rotary International.



## Rotary Day at United Nations:

Today, Rotary maintains close relationships with many UN agencies. RI's representatives to the UN in New York host an annual Rotary Day (in November each year) at the United Nations to celebrate this partnership for peace.

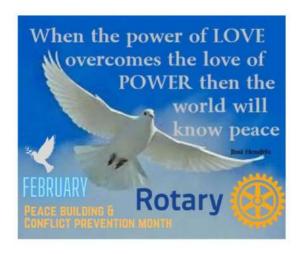


## World Peace and Conflict Resolution Month



Rotarian
peacemaking
activities have been
further encouraged
by the RI Board,
which designated
February as World
Peace and Conflict

<u>Prevention Resolution Month</u> and <u>23 February as</u> World Understanding and Peace Day.



## GOVERNOR'S MONTHLY LETTER,







# What Does Peace Means for Me as a Rotarian?

- When there is no justice, there will be no Peace. So, we should always stand for the justice in dealing with others.
- 2. Once we become the Right persons, everything falls into a Right Place. In Rotary, I consider embracing the Rotary Four-Way Test and Rotary Core Values of Fellowship, Diversity, Service, Leadership and Integrity make us true Rotarians and hence get transformed into the Right and the Justice Persons. This will lead to Peace.
- 3. When we distance ourselves from petty politics, and gaining power for selfish gains, when instead we stand united for a common cause of "Service Above Self", World Understanding, Goodwill and Friendship, then there will be no need for Conflict. Then Peace Prevails.
- 4. We are not the partisan politicians but the Rotarian leaders, who stand for a cause above self, who stand by universal values of truth, honesty and integrity for the growth of Rotary and for the benefits of common people in needs. This I believe will pave the way for Peace to prevail in one family, one community, one society, one nation and one world.

# THERE MUST BE PEACE IN THE HEART

Rotarians must follow the 6<sup>th</sup> century BC Chinese philosopher — Lao Tzu's words: "There must be peace in the heart." (Source: Rotary News, Past RID C Basker)

If there is to be peace in the world, there must be peace in the nations.

If there is to be peace in the nations, there must be peace in the cities.

If there is to be peace in the cities, there must be peace between neighbors.

If there is to be peace between neighbors, there must be peace in the home.

If there is to be peace in the home, there must be peace in the heart.

Jai Rotary!











## #serviceproject\_rid3292\_2022-23





# RC Narayani Mld Town







The Rotary Club of Narayani Midtown, Rotaract Club of Narayani Midtown, and WEAN Chitwan organized a three-month embroidery training program for 10 women from underprivileged backgrounds on January 7. Typically, one woman's training would cost roughly 7000, but it will be provided without charge. After the course, they will earn about 30,000 for a job at Beenu Fashion Technology, which is where they received their training. The program's trainer is a native of India.

Amit Giri, the district secretary, and Jitendra Raj Bhandari, our distinguished chief guest and DG leader of 3292, opened the event. They spoke encouraging words, as did our esteemed RCNMT AG Suresh Sen Bahadur. DG Rajendra Sherchan, first lady Sarita Raj Bhandari, and other district leaders were also there, and they all expressed their appreciation for our presentation. The event was a success.













## #serviceproject\_rid3292\_2022-23

# Rotary Club of Itahari hosted a free health camp



The prominent cooperative society Public Savings and Credit Cooperative Society of Itahari has collaborated with the camp's organizers to run the program. 368 persons at the health camp had received free examinations. 101 people have had their teeth examined, while 267 people have had their eyes tested and treated.

Also, plans have been established for people who require surgery to have a free procedure. Technical support was offered at the camp on January 2 by Global Eye Center and Suswasthya Dental Hospital.

## RC Biratnagar Downtown distributed sweaters to 150 students

To support RNLM, Under(C - Child Development) of the TEACH program, the Rotary Club of Biratnagar Downtown distributed sweaters to 150 students at our adopted school, Kharji. NIC ASIA BANK sponsored the sweaters.

They gave 150 students sweaters with the ROTARY EMBLEM and the Club's name embroidered on them. When the sweaters arrived, the students were overjoyed. We do everything we can to ensure the children's well-being.

Their main goal was to ensure that students could fully concentrate on their studies while feeling safe and warm during the cold season. This will keep attendance up.

The Rotary 4-Way Test hoarding board was also given to the



school's principal in to promote moral values in both teachers and students.

## RC Biratnagar Downtown organized a thyroid awareness program



Thyroid disease affects one out of every ten people. Thyroid awareness is important because it plays an important role in the human body.

More than half of those suffering from thyroid disorders go undiagnosed.

Thyroid awareness is critical in assisting people in recognizing the symptoms of thyroid problems.

Because January is National Thyroid Awareness Month, the RC Biratnagar Downtown organized a thyroid awareness program.

The resource person was Rtn. Dr. Mamta Verma, charter president. The program's goal was to raise awareness about thyroid disease, as well as its prevention, treatment, and cure.

The program benefited RCC members and community members from Kharji and Bakhri villages, as well as club members.











## #serviceproject\_rid3292\_2022-23

# Rotary CLub of Narayangarh



A joint breakfast meeting was held with the Rotarians of the Rotary Club of Narayangarh and the Rotarians of the Rotary Club of Hanalei Bay, Kauai, Hawaii at Bharatpur Garden Resort on Friday, 9th December, 2022.

A team of Rotarians from Rotary Club of Hanalei Bay, Kauai, Hawaii came to attend the breakfast meeting at our invitation after visiting the famous Royal Chitwan National Park. In that meeting we shared our experiences of implementing service projects and future plans. In this regard, the Club expressed its sincere gratitude and thanks to them for supporting two global grant projects (one completed and one ongoing ) conducted by the Narayangarh Rotary Club in Dhading District under Bagmati Province.

In the meeting, Rtn. Jonatha from RC Hanalei Bay, President Rtn. Joe Brown, Rtn. Mary Peterson and Rtn. Lynn Chritian was present while Narayangarh Rotary Club's President Rtn. Nagendra Shrestha, Charter President Rtn. Niranian Pradhan. Past President Rtn. Ramesh Shrestha, Club Secretary Rtn. Rajaram Sitaula, Service Project Chair Rtn. Guneshwar Mahato and Spouse Shova Shai Mahato participated.



## JOINT MEETING WITH RC HANALEI BAY INTER ZONAL ROTA QUIZ, REGION-VI

The club has participated in the Inter Zonal Rota Quiz, region 6 zone 32, 33 & 35 held on Tuesday, 27th December, 2023 at Bharatpur Garden Resort, organized by District Rota Quiz Committee Rotary International District 3292, Nepal Bhutan.

The other participating clubs were Rotary Club of Chitwan. Rotary Club of Ratnagar, Rotary Club of Bharatpur, Rotary Club of Gaindakot and Rotary Club of Purbi Chitwan.



The quiz master and assistant governor of zone 35, Rtn. Ashesh Bhandary, conducted the Rota quiz, while Rtn. Janak Paudel and Rtr. Paramananda Gautam were the time keeper and scorers respectively. Assistant Governor of Zone 32 Rtn. Bipin Pokhrel, Joint District Secretary of Region 6 Rtn. Niranjan Pradhan and District Advisory Council Member Rtn. G Narayan Chettri & Rtn. IP Dhakal were the Jury of the Rota Quiz, while the program was presided over by Region 6 Chair Rtn. Surendra Regmi.



As 6 clubs from Zone 32, 33 and 35 participated under Region 6, Rotary Club of Ratnagar secured first position with 155 points and Rotary Club of Gaindakot secured second position with 105 points. Rotary district officers, club presidents, Rotarians, Rotaractors and interactors were significant participated in the Rota Quiz program.













# Scholarship Distribution By RC Kathmandu

Rotary Club of Kathmandu distributed educational scholarships to 130 chepang students of Shree Prathamik School, Lawati, Makawanpur & 104 chepang students of Borang Basic School, Dhading marking New Year 2023.

The team including President Achut Babu Ojha, IPP Suresh Man Singh, PP Ram Gartaula & Secretary Rajendra Gautam distributed tracksuits, sweaters, shoes, and stationery materials to 234 school children.



Rotary E-club of Medicofusion Hybrid Nepal has organized free health camp with ultrasound, blood sugar test, cervical cancer screening and medicine distribution in association with Siyari municipality at Siyari Public School. Nearly 600 Patients were screened by 18 specialist doctors of our club. 92 patients have taken benefit of USG, 50 pap smear were done to rule out Cervical cancer. Free medicine of worth 3 lakhs was distributed. Our club has offered free consultation, testing, diagnosis, treatment and free follow-up to the patients.















# 6-day long 'Achar Training' for Single Women by RC Budhanilkantha

PEEOSW (promoting employability and entrepreneurial opportunity amongst single women) aims to benefit single women by helping them earn livelihood and potentially become entrepreneurs through vocational training/entrepreneurial support.

The PEEOSW is going to be implemented as a flag-ship project by RC Budhanilkantha as a 5-year program (2022-2026). PEEOSW envisions collaboration with partner rotary clubs and other non-rotary stakeholders within and out of Valley.

A 6 day long 'achar making training' was imparted as a pilot activity to 10 financially weak 'ekal mahila' residing in Budhanilkantha municipality, between 1-5 January 2023. Training conducted in collaboration with WHR (Women for Human Rights), through Mee-Khadya-Udhyog (industry partner) a member of WEAN cooperative at 'Chahari-ghar' established by WHR in H attigauda.

A total of more than 108 bottles of 4 types of achars (pickles) produced. Amongst the 104 bottles of achars sold, 34 bottles were bought by Rotarians and their guest. Other achar sold through WEAN, personal marketing of MKU, and to Mart promoted by Rotarian from RC Budhanilkantha. Proceeds from Achar sale divided three ways. 1/3 to participants, 1/3 industry partner, and 1/3 to be used as seed fund for next PEEOSW training.

Rs 107,000 was pledged by RC Budhanilkantha members for the pilot project, which was completed at the cost of Rs 82,587. Further 9,000 raised after the completion of training to fund post-training support to graduates, which entails material support of approximately Rs 20,000 and registration/participation for the graduates as a group during fairs/events such as the RID 2023 Assembly at Gokarna and other selective melas/markets during 2023.

Out of the total Rs 116,000 generated, under the fundraising drive coordinated by Rtn Trilochan Malla, Rs 12,000 saved as seed grant for next PEEOSW activity (possibly tailoring or knitting/weaving training) envisioned to be conducted out of Valley in collaboration with partner Rotary Club.

First phase of project was completed on time as scheduled and within estimated budget. Surplus funds will be used to finance 2nd stage of the project, plus further PEEOSW activity.



















District Girls Child Empowerment Committee and Rotary Club of Bhaktapur jointly organized Crochet Making Training at Underprivileged Children's Educational Programs (UCEP) Nepal, Bhaktapur. The training was conducted for 10 girl child under age of 18 living in Bal Sudhar Griha.

The purpose of the training was to provide opportunity for employment or start up self-employed businesses by the girls after leaving the Bal Sudhar Griha. The girls can engage themselves in the economic activities as employee in any other organization or as entrepreneurs.

The duration of the training was for a month that started from 22nd August 2022. The products manufactured by the girls were purchased by Samsara Creation. The latter is still buying the products made by the girls.

The closing ceremony of the program was organized on 26th Dec 2022 in presence of the Chair- Girl Child Empowerment Committee, RID 3292 Rtn. Hema Kumari Adhikari, Rtn. Binita Hada Pradhananga, President- RC, Bhaktapur and district and club officials.

Rtn. Hema Adhikari handed over certificates to the trainees. She also handover a cheque of Rs. 20,000/- to Rtn. Binita Hada Pradhananga, President, RC- Bhaktapur to support the training expenses. JCI Bhaktapur was partnered in this noble cause whereas the program was also supported by the Rotary Club of Jawalakhel.





3rd Club
Assembly
and
Fellowship
Program by
Rotary Club
of
Kapilvastu
Mid Town















# Cancer Screening camp by RC Narayani Midtown

A free cancer camp was held at the Maulakalika hospital in Jeetpur. The committee chair and hospital director rotarian doctor Keshavraj Raj Bhurtel, who also tested the women, was the special guest. The world president, Dana Pani Rijal, delivered a speech in which he expressed gratitude for the efforts. U. Raj Neopani, the district's previous chair, checked, tested, spread awareness, and gave a speech on cancer and is awareness. He also stated that the cancer should be examined every two years. The entire event was covered by the journalist. The event was a success.





Cultivating Leaders

1931-1957











## #serviceproject\_rid3292\_2022-23



# **RCNMT Bulletin**

## ROTARY CLUB OF NARAYANI MID-TOWN

RI District 3292 Nepal-Bhutan, Club No.: 62762



\_\_\_\_\_\_Monthly Bulletin

**ROTA YEAR 2022-23** 

District Governer: Rtn. Jitendra B.Rajbhandary



VOL. 6 DECEMBER ISSUE

President: Rtn. Sweta Upadhaya

## आर.आई. अध्यक्ष जेन्निफर जोन्सको नेपाल भ्रमण

रोटरी इन्टरनेशनल डिस्ट्रिक्ट ३२९२ नेपाल भूटानले मंसिर १९ (डेसेम्बर ४) तारिख सोमबारका दिन काठमाडीको होटल हयात प्लेसमा आयोजना गरेको खागत तथा सम्मान समारोहलाई सम्बोधन गर्दै रोटरी इन्टरनेशनलकी अध्यक्ष जेन्निफर जोन्सले नेपालमा रोटरीले गरेको काम देखेर आफ उत्साहित भएको बताउन भएको थियो ।

नेपालमा रोटरी इन्टरनेशनलकी अध्यक्षको भ्रमणले आफुहरुमा अत्यन्तै उत्साह यपेको र आगामी दिनमा अभ बढी उत्साहित भएर मानविय सेवाका काममा लाग्न अभिप्रेरित गरेको रोटरी इन्टरनेशनल डिस्टिक्ट ३२९२ नेपाल भुटानका डिस्टिक्ट गभर्नर जितेन्द्र बहादर

राजभण्डारीले बताउन्भयो ।

अध्यक्षको आगमनले आम नेपाली रोटरियनमा नयां उत्साहको संचार गराएको छ, नेपालको रोटरिको इतिहासमा एउटा नयां अध्याय धिएको महशुस गरेका छौ । डिस्ट्रिक्ट गभर्नर राजभण्डारी ले भन्नुभयो । उत्सक र्यक्रममा यस कल्बबाट अध्यक्ष रो. श्वेता उपाध्याय, रो. भद्रनारायण पिया, रो. अनिल धपलिया ज्यूहरूको उपस्थिती रहेको थियो । अध्यक्ष श्वेता उपाध्यायले नेपाली मैलिक सुनको पोते लगाईदिई रोटरी इन्टरनेशनलकी अध्यक्ष जेन्निफर जोन्सको स्वागत एवं सम्मान गर्नुभयो ।







# बिरामीलाई निःशुल्क शल्यक्रिया

मासर २४, २०७९ राटरी क्लबअफ नारायणी मिट टाउनको पहल र मौलाकालीका अस्पतालको समन्वय एवं आदरणीय पुर्व अध्यक्ष रो. केशब राज भुर्तेलज्युको व्यक्तिगत सहयोगले पञ्चिदम मा. वि. रत्ननगरमा कक्षा ३ मा अध्ययनरत छात्रा अश्मिता बि.क.को निशुल्क हर्नियाको सफल शल्यिकया गरियो । उक्त उपचारमा लाग्ने सम्पूर्ण औपधी समेत डा. भुर्तेलले व्यवस्था मिलाउनु भएको थियो । यस उच्चपहलकदमी को लागी सम्पूर्ण सदस्य साथिहरू डा. भुर्तेलको उच्च सम्मान प्रकट गर्दछौ ।



## जन्मोत्सव समारेाह फेलोसिप कार्यक्रम

पस २८ का दिन यस क्लबको ९४७ औ नियमित बैठक सम्पन्न भयो । बैठकमा उल्लेख्य संख्यामा पूर्व अध्यक्षज्यूहरूको उपस्थिति रहेको थियो । सोही दिन निवर्तमान अध्यक्ष रो. राजेश्बर खनाल ज्यूको जन्मदिन परेकाले सोही बैठकमा अध्यक्ष ज्यूले सम्पूर्ण उपस्थित सदस्यहरू का तर्फबाट शुभकामना दिनुभयो, उक्त कार्यक्रमा खोटो केक कटिंग फेलोसिप पनि रहेको थियो ।



# रोटा वर्ष २०२३-२०२४ को नेतृत्व चयन

पौष ११, रोटरी क्लब अफ नारायणी मिडटाउनको रोटा वर्ष २०२३/२४ का लागी क्लबको अध्यक्ष पदमा रो. अर्पना प्रधानज्यू एवं सचिव पदमा रो. कृष्ण दाहालज्यू निर्विरोध चयन हुनुभयो , सोहिकार्यक्रम मा क्लबका सम्पुर्ण पदाधीकारी एवं सदस्यहरूका तर्फबाट अध्यक्षज्युले बधाई ज्ञापन गर्नुभयो ।







## विद्यालयमा न्यानो कपडा वितरण

मंसिर २४ आदरिणय पूर्व अध्यक्ष रो. डा. केशब भुर्तेलज्यूको विशेष सहयोगमा तथा रोटरी क्लव अफ नारायणी मिड टाउन र रोटऱ्याक्ट क्लव अफ नारायण मिड टाउनको संयुक्त आयोजनामा देवघाट-४, देउपुरमा अवस्थित बराह आधारभूत विद्यालय को परिसरमा स-साना नानी बाबु विद्याधीहरूलाई न्यानोकपडा वितरण गरियो, कार्यक्रममा रोटरियन साथिहरू, स्थानीय बासिन्दा एवं विध्यालय कर्मचारी एवं शिक्षक शिक्षीका हरूको उपस्थिती रहेको थियो ।













## #serviceproject\_rid3292\_2022-23

2

December

RCNMT Bulletin

RC NARAYANI MID TOWN



## यौन शिक्षा र एच. आई. भि. बारे जनचेतना कार्यक्रम

९ पौष, रोटरी क्लब अफ नारायणी मिड टाउनद्वारा राष्ट्रिय माध्यमिक विद्यालय गर्दास इच्छाकामना वडा नं ७ मा रहेका विद्यार्थीहरूलाइ शुक्रबार एच.आइ.भि एड्स तथा यौन शिक्षा सम्बन्धी सचेतना तथा विद्यार्थीहरूको सामान्य ज्ञान परिक्षण कार्यक्रम सम्पन्न भयो । कार्यक्रममा डा. केशवराज भूर्तेलले विद्यार्थीहरूलाई यौन शिक्षा र एच.आइ.भि एड्स सम्बन्धी जानकारीमुलक सन्दर्भ सामाग्री सहित जानकारी गराउन भएको वियो ।

नारायणी मिड टाउनले उक्त विद्यालयमा विगत देखि अभिभावकत्व ग्रहण अन्तरगत २२ जना विद्यार्थीहरूलाई माध्यमिक तहसम्मको पढाई अवधिभर सम्पुर्णरूपमा शैक्षिक सामाग्री सहित सहयोग गर्दै आएको क्लबकी अध्यक्ष स्वेता उपाध्यायले जानकारी गराउनु भयो ।कार्यक्रममा स्वेता उपाध्याय, गोपाल भण्डारी, रामचन्द्र पिया, दिपेश श्रेष्ठ, टिकाराम गैरेको उपस्थित रहेको थियो । विद्यार्थीहरूको शैक्षिक अवस्थाबारे जानकारी पाउने उद्देश्यका साथ समसामयिक र सम्बन्धीत विद्यवस्त वारे सामान्य ज्ञान परिक्षण गरिएको थियो ।



## हाजिरी जवाफ प्रतियोगितामा प्रथम

१० पुष, हेटीडामा सम्पन्न भएको ईन्टर जोनल रोटा हाजीरी जवाफ प्रितियोगीता २०२२/२३ मा रो. अर्पना प्रधान को नेतृत्वमा प्रितियोगितामा भाग लिएको यस रोटरी क्लव अफ नारायणी मिंड टाउनले १४५ अंक सिहत पहिलो स्थान हासील गर्यो, प्रतियोगितामा यसै जोनका बिभिन्न क्लवहरूको सहभागीता रहेको थियो । कार्यक्रम रोटरी क्लव अफ हेटीडा र रोटरी क्लव अफ मकबानपुरले संयुक्तरूपमा आयोजना गरेका थिए । प्रतियोगीताको संचालन/प्रस्तोता यसै क्लबका पूर्व अध्यक्ष रो. अशेष भण्डारी ज्युले गर्नुभएको थियो ।





## 100% Attendance

Rtn. Sweta uppadyaya Rtn. Bishnu poudel Rtn. Dipesh shrestha

Rtn. Birat ghimire Rtn. Hira lal sharma Rtn. Gopal bhandari Rtn. Dr Achut pokhrel Rtn. Bikram kc

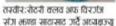
Rtn. Dr keshav raj bhurtel Rtn. Chhaya shrestha



## रोटरी भण्डा आदान प्रदान

तस्वीरः रोटरी क्लव अफ









तस्वीरः क्षण्डा साटासाट पक्षी रोटरी क्लव अफ हैटीब्रका पदाधिकारीसंग्र तास्वर लिंदै अध्यक्षन्य

## पाठे घरको मुख क्यान्सर स्जिनिङ्ग क्याम्प

पुस १४, भरतपुर-२६, चितवन । पाठेघरको मुखको क्यान्सर हुनबाट जोगाउँन रोटरी क्लव अफ नारायणी मिड टाउनको पहलमा पाठेघरको मुखको क्यान्सर भीआईए अर्थात् भिजुअल इन्सपेक्सन विष एसिटिक एसिड परिक्षण कार्यक्रम सम्पन्न गरियो ।

भरतपुर २८ का वार्ड अध्यक्ष दन्डपाणी रिजालको अध्यक्षतामा सम्पन्न कार्यक्रममा मौलाकालिका अस्पतालका निर्देशक केशव राज भूर्तेल प्रमुख अतिथिको रूपमा रहनुभएको थियो।

900 जना महिला हरूले पठेघरको परिक्षण गराएको कार्यक्रममा भरतपुर २८ का वार्ड सदस्यहरू, नर्सिङ अधिक्त मीरा धिताल, पिंक फार्मेसीका सन्चालक दिपेन्द्र चौधरी, महिला सामुदायिक स्वाख्य स्वयमसेविका हकहित मन्चकी अध्यक्ष कल्पना थापा, भरतपुर स्वाख्य चौकी प्रमुख इश्वरा तिवारी लगायतको उपस्थित रहेको थियो ।



## प्रधानमन्त्रिज्यद्वारा सम्मान तथा बधाई

पुष १६- यस क्लबको पुर्ब अध्यक्ष रो. छाया श्रेष्ठज्युलाई उहाँले सामाजीक क्षेत्रमा पुऱ्याउनुभएको योगदानकोलाई सम्माननिय प्रधानमन्त्री पृष्पकमल दाहाल प्रचण्ड द्वारा कदर पत्र सहित सम्मान गर्नभयो, उक्त सम्मानले उहाँको मनोबल अभ बढोस् सामाजीक कार्यमा अभिप्रेरित हुनुहोस् भन्ने कामना सहित सम्पूर्ण क्लब रो. अध्यक्ष उपाध्यायको तर्फबाट बधाई ज्ञापन गर्दछौ ।

















# MENSTRUAL CUP DISTRIBUTION





# WORLD DISABLED DAY

00

RC of Biratnagar Downtown and Peter Pan's Play Pen School jointly celebrated "WORLD DISABLED DAY" with our Cerebral Palsy children. They engaged kids in dance, paintings, both indoor and outdoor games. The kids were overjoyed.

Additionally the school had delicious meals, activities and beautiful gifts for them. Owner of the school Madhu Lohia ji, also a previous member of the club made superb preparations. She and her entire school team deserve a warm thank

you for their outstanding hospitality.













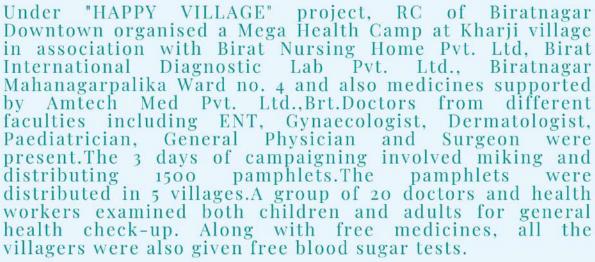
#serviceproject\_rid3292\_2022-23

# TEACHERS TRAINING WORKSHOP



RC of Biratnagar Downtown organized a Teacher's Training workshop at St. Joseph School.35 teachers were trained on how to deal with the challenges of teaching students while also preparing them for the future. The resource person was Past President, Rtn. Santosh Jain.





Approx 500 people of different villages nearby were benefitted by the camp. Rotaract Club of Nobel Medical College and Rotaract Club of Biratnagar Downtown with RCC members were also actively involved. AG, Rtn. Kamal Agrawal, Senior Veteran District Leader Rtn. Beni Gopal Mundra and media persons also visited our camp.







Plants trees he/she will never sit under;

Knows real happiness that "Can Only

Makes crawlers into walkers halfway

Be Found By Helping Others"

around the world;



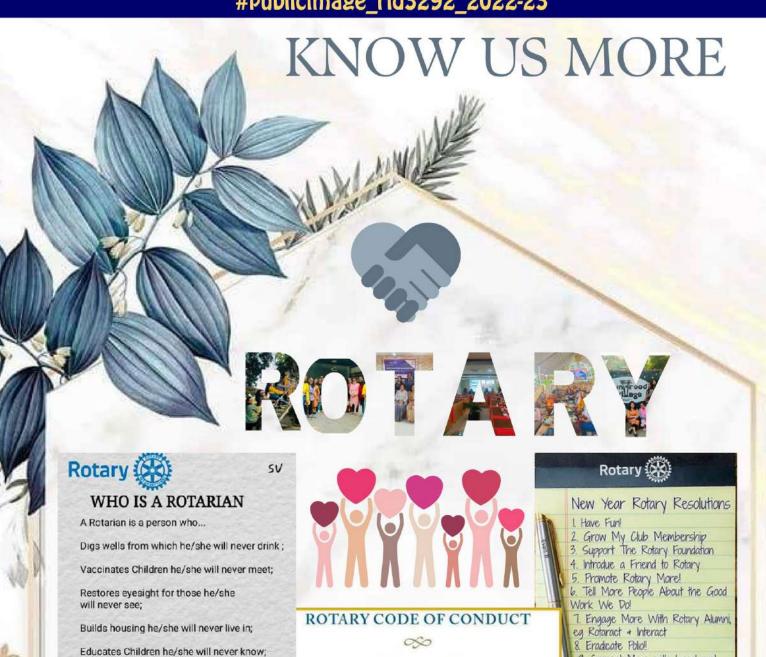
## GOVERNOR'S MONTHLY LETTER,







## #publicimage\_rid3292\_2022-23



#### As a Rotarian, I will

- 1. Exemplify the core value of integrity in all behaviors and activities
- 2. Use my viscational experience and talents to serve in Rotary
- Conduct all of my personal, business, and professional affire ethically, encouraging and fostering high ethical standards as an example to others
- Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
- 5. Promote recognition and respect for all occupations which are useful to society
- Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special reeds of others, and to improve the quality of life in my community
- Honor the trust that Rotary and fellow Rotarium provide and not do anything that will bring disfavor or reflect adversely on Rotary or fellow Rotarians
- Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

- 9. Connect More with Local and Global Communities
- 10. INSPIRE OTHERS!



Protarianetanburr













## #serviceproject\_rid3292\_2022-23

## RC Kasthamandap has been supporting

**disabled children in Mulghat** Dhankuta for the past 16 years, thanks to the contributions of Rotary club Kasthamandap members led by PP Niranjan Bhattarai. This year, Past President Bhattarai visited Mulghat, Dhankuta and provided warm clothing, sports equipment, stationery, and food to 15 students and a helper. The distribution program was held at Sri Kausika Adhabhut School in Ward # 9, Dha.Na.Pa, with 150 people in attendance, including students and teachers, and was chaired by Subarna Karki from Dhankuta Nagarpalika, with special guest Govinda Tamang, chairman of Teachers Associations. The total cost of the project was approximately Rs. 125,000.



# Rotary Club Of Tinau

The blood donation program was completed as part of a collaborative project between the Gautam Buddha Community Heart Hospital, the Rotary Club of Tinau Butwal, and other Rotary Clubs and Rotaractor clubs. In this program, 56 people donated blood. RC Tinau had 20 members participate.







RC Tinau participating on public Awareness Rally Program



Barista training for people with disabilities has finally resulted in job placement plans for them. Thank you to the #hotelassociationofbhaktapur for identifying the project and the rotary club of bhaktapur for taking the initiative to help the underprivileged.













## #serviceproject\_rid3292\_2022-23

# RC Devdaha held a wheelchair distribution program

On January 7, 2079, the Rotary Club of Devdaha held a wheelchair distribution program.

5 Needy People from Devdaha Municipality, Sunwal Municipality, Rupandehi and Nawaparasi Districts received donations.

The program was chaired by Club President Rtn.Sachin Pangeni, and the chief guest was Mr.Ganesh Dumre, Chairman of Devdaha Municipality Ward 5 and Devdaha Municipality Spokesperson.

Rtn.Dammar Bahadur Gurung, Club Past President, delivered a speech about Rc Devdaha's past work over the last five years. President Pangeni expressed his pride that RC Devdaha is enhancing someone's daily activities.









RC Bhaktapur continues their noble endeavor by providing two wheelchairs to two individuals of varying capacities.

Mr. Hari Prasad Timilshina, the president of Ward 7 in Dakshinkali, Kathmandu, is also in the program.

Prem Kumari, 78, and Bina Goley, 42, express their heartfelt gratitude to Mr. President Binita Hada and the club RC Bhaktapur.



Expanding Our Reach 1912-1930



Cultivating Leaders 1931-1957

On Monday, January 16, 2023, the Rotary Club of Chitwan and the Chamber of Commerce and Industry Chitwan collaborated to hold a blooad donation camp at Chitwan Mahotsab Parisar, where a total of 60 pints of blood were collected.















# RC New Road City Kathmandu at Rotary Carnival Inaguration Program, Pokhara













The RC New Road City
Kathmandu and the
Inner Wheel Club of
New Road City Ktm, in
collaboration with Youth
Eye Service and
Stiching Zorg,
successfully organized
a free cataract surgery
camp in 2023.













# ROTARY CLUB OF GYANESWOR

# Community Service Projects

## **Few Glimpse**



Bakery Training ar Shree Kumar Bakery Udhyog; Sanothimi



Food and clothes distribution to mothers and newly born babies at Prasuti Griha.Thapathali



Wheelchair Handover at Deurupa Sapkota, Vyas 10, Deurali & Jhalak BK Vyas-8 Tanahun



Wheelchair Handover at Spark Health



58th National Children's Day ,14th September 2022 at Gyan Bikash Aadharbhut School,Gyaneswor



Relief Handover Jointly with RC Durbarmarg, RC Dhulikhel & RC Baglung for Singti Bazar and Chilangha of Bigu Rural Municipality of Dolakha



Rotary Club of Gyaneswor, along with RC Rajdhani, Innerwheel Club of Rajdhani, Rac Rajdhani, RAC Gyaneswor Cist and Pedal organized a Tree Plantation program at Ashadeep Nepal,











# #publicimage\_rid3292\_2022-23

## STORY BEHIND ROTARY FOUR WAY TEST

The origins of the Four Way Test date back to 1932 when creditors of a near bankrupt aluminum company assigned the author of the Four Way Test, Herbert Taylor, to save it from further financial ruin. Competition in the aluminum industry was fierce. Mr. Taylor was looking for a way to distinguish his new company from the others, while at the same time achieving financial prosperity. Mr. Taylor decided that ethics and doing what was right would be the key to the turnaround and he penned these four simple questions that would guide him in his task:

Is it the truth?

Is it fair to all concerned?

Will it build good will and better friendships?

Will it be beneficial to all concerned?

Mr. Taylor applied this test to every aspect of the way the company conducted business and his company ended up thriving, not only paying off all of its debts, but also paying dividends to its shareholders. From the depths of failure came an ethical test that is still applied over 85 years





# What rotary do?

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000+ clubs and 1.2 million Rotarians work together to:

Promote peace

Fight disease

Provide clean water, sanitation, and hygiene

Save mothers and children

Support education

Grow local economies

In the Nutshell, Rotary provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.







#editorsnote\_Dec\_rotayear2022-23





Rtn. Sarin Shrestha

Chair, District Publication & GML Sub-Committee (2022-23) Rotary International District 3292

# EDITOR'S NOTE

Rotary Serving Humanity 2016-17

Greetings, fellow Rotarians,

#### A very Happy New Year 2023 to you!

You have received the 7th Governor's Monthly Letter (GML) and the first issue of the new year of January 2023.

I'd like to take a moment to thank all of the clubs for sharing more and more information with the GML, as well as to recognize the efforts of our Publication and GML Subcommittee Teams via emails, texts, and in person. Your encouragement inspired us to get started.

The year 2023 represents an opportunity to renew our commitment to Rotary and our fellow Rotarians. Let's get involved in a new project and share it in GML to inspire others.

We have also included newsletters published by several clubs in this issue, demonstrating their interest in disseminating the work they have accomplished as a group. I hope that more clubs will be inspired to publish these newsletters and spread the word about our activities to those outside of Rotary as well as other clubs. I eagerly await your emails!

## Imagine Rotary with SMiLE

## **GML Published by**

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