

GOVERNOR'S MONTHLY LETTER



GML



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March 2023



#letterfromdg_march_rid3292_2022-23

##A glimpse at the 15th District Conference_2022-23

#publicimage_rid3292_2022-23

#serviceproject_rid3292_2022-23

#editorsnote_march_rid3292_2022-23



TOGETHER FOR A BETTER WORLD
AND
TOGETHER, WE IMAGINE ROTARY



Dear Rotarians Friends,

March is dedicated to Water, Sanitation & Hygiene Month.

March 2023 was full of activities.

Rotary Club of Bagmati in partnership with Southwestern State College organized Inter College Speech Competition.

Our biggest event of the year "15th District Conference: 'Parikalpana'" was held on 17-18 March 2023 in Gokarna Forest Resort. It was a two full days event full of activities, excellent resource persons, good food, fellowship, music & dancing where around 1,200 Rotarians participated. Rotary International President's Representative was PDRR Nishita Pednekar. Rotary International Director A S Venkatesh was the Chief Guest, whose presence and keynote address encouraged and motivated Rotarians to Imagine Rotary and do good to the world. PDG Sam Patibandla in membership session, ARRFC PDG Sanjay Giri in Foundation session & RPIC PDG Sandeep Narang in Public Image session were key note speakers, whose deliberations helped to understand more about Rotary and Foundation. District Conference was a grand success and participants thoroughly enjoyed.

Maternal and Child Health Committee organized Dimensions of Infertility. Dr. Bhola Rijal delivered the key note address. Member of Parliament and former Minister Dr. Toshiima Karki was the guest of honor. Program was attended by over 100 participants.

Club visits have been in the full swing. During March 2023, 12 clubs were visited. With this, 118 official club visits have been completed. Region 7 Vibrant Club workshop was organized where more than 130 Rotarians participated.

DGE Rajendra Dhoju organized PETS on 31 March-01 April 2023 in Chitwan.

We have successfully completed first nine months of the IMAGINE ROTARY YEAR 2022-2023 with lots of exciting activities. We have three more months to accomplish our dreams & imaginations. I urge all Rotarian friends, Rotaractors and Interactors to work towards achieving the target.

Sarita and myself and entire District Team are with you every inch of the way to enjoy Imagine Rotary Year and to do good to the world.

With Warm Regards,

Jitendra B Rajbhandary

DG, RID 3292

Imagine Rotary Year and to do good to the world.



Jennifer Jones
RI President

Recently, I spent time in the Nakivale refugee settlement in Uganda. As the "settlement" in its name suggests, the people living there are free to move around and integrate as best they can — one thing that makes the place unique.

I had a chance to play soccer with boys and girls from about a dozen nations and talk with women who had fled areas of conflict. It was a tapestry of human experience shared through both laughter and tears.

As I walked across a school campus at the settlement with a teacher, she shared with me the dire statistics on girls' education. Most don't get through grade school. Many are sold into child marriage to pay for food for their families. As I looked around at these young girls, I was gutted.

Our work with empowering girls and women is much more than creating equity — sometimes, it's about health or education. Other times it's about providing safety. Regardless of the path, it's always about basic human rights. We can do more to empower girls and women, and we can expand how we share the progress Rotary members and our partners have made toward this goal.

There is no shortage of inspiring examples of our work, from interest-free microcredit loans for women in Nigeria, to projects in India that provide girls menstrual hygiene products. Hundreds of projects are taking place across all Rotary areas of focus and are making a meaningful and often lifesaving difference.

Together, we can address the needs and inequities that girls throughout the world face daily. But we must also monitor the impact of these projects and create awareness of Rotary resources and subject matter experts, including Rotary Action Groups, The Rotary Foundation Cadre of Technical Advisers, Rotary Peace Fellows, and others. It is especially important that we tell the stories of our initiatives that have a positive impact on the lives of women and girls. This last point is near and dear to my heart. This means sharing our stories on social media, through local news outlets, in this magazine, and wherever we can inspire others.

As you do so, it's important to provide information that helps our Rotary family connect with others who are implementing activities in their regions, as well as across the world. Let's share our successes and learn from one another — then proudly tell our stories to a larger audience.

These are exciting times in Rotary, and the world is taking notice. As we work to empower women and girls to step into their full potential, we create new pathways for membership growth and greater collaboration with partners to create positive, lasting change. Thank you for your continued action in this vital effort.

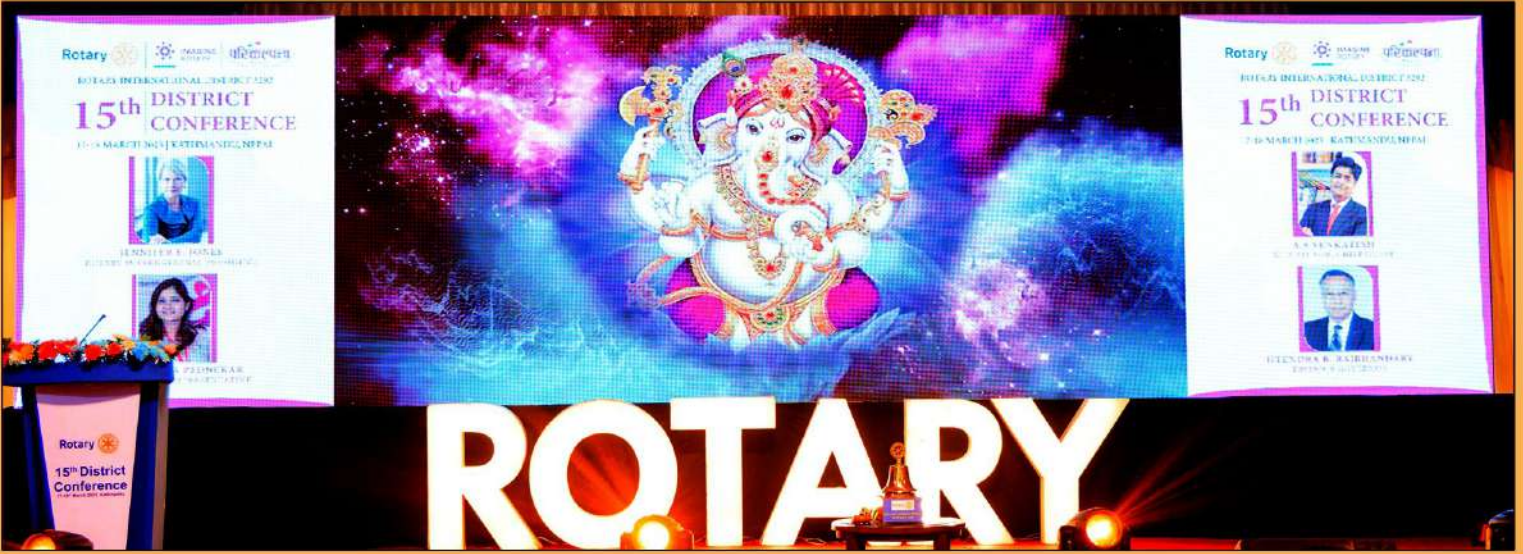


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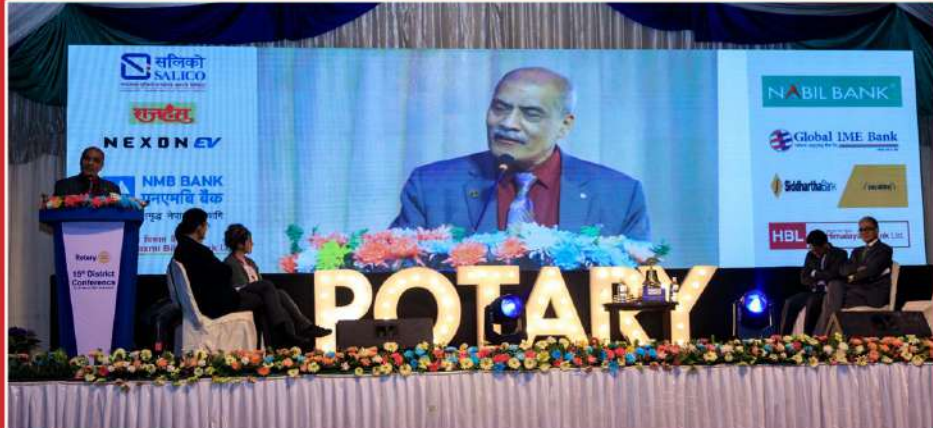


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#serviceproject_rid3292_2022-23

District Governor at RC Birgunj

The visit was attended by the DG Jitendra B. Rajbhandary, the DS Amit Giri, the PDG Rtn. Sanjay Giri, the AG Rtn. Ashesh Bhandary (Zone 34), the chair of the New Generation Committee Rtn. Sohan Poddar, the AG 35 Rtn. Anand Kr. Jha, and the chair of the Scholarship Committee Rtn. Ranjesh Shrestha. All visitors and club members are made to feel welcome by RC Birgunj. The club's reports were delivered to the president, Rtn. Piyush Gupta, and the board of directors during the club meeting. During the visit, the Rotaract Club of Birgunj was also present.



Distribution of wheelchairs and warm clothing by RC Kasthamandap

Those with disabilities in the Bhakhari and Jhorahat Morang District were given wheelchairs and warm clothing by RC Kasthamandap. PP Niranjana Bhattarai held the distribution program at Jhorahat and at Bhakhari, in two separate places. Over 30 locals from both locations took part, including the ward chairpersons from Jhorahat Morang's Mrs. Durga Devi Sardar and Bhakhari's Mr. Hira Lal Kamat. The distribution of four wheelchairs and 20,000 rupees worth of warm clothing was made possible by PP Niranjana, Rtn Lata Rajak, and RCK club members.



Free health camp by Rotary E-club of Medicofusion Hybrid

Rotary E-club of Medicofusion Hybrid Nepal has organized two free health camp in the month of february at Murgiya, Rupandehi and Shandhikharka, Arghakhanchi.

Club has Jointly Organized Free health camp with Deurali yatayat and Meditech International Hospital at Shandhikharka , Arghakhanchi. More than 600 patient has taken benefit of free specialist consultation (General medicine , Surgery, Gynecology Orthopedics, ENT,Radiology). More than hundred ultrasound done and more two hundred patient had taken benefit of Lab test(blood sugar, RFT, SGOT, LIPID Profile , Urine R/M/E). Free medicine worth more than 3 lakh was also distributed.

On the same Day they conducted another health camp jointly with RC Sainamaina at Murgiya . More then 300 Patient were screened , Diagnosed and Medicine distributed. Patient were checked up by Physician , Surgeon, gynaecologist, orthopedician, ENT surgeon and Dental Surgeon



Traffic Awareness Board & Face Mask Handover by RC Butwal

At Raj Marga Chauraha Butwal, the Rotary Club of Butwal organized a project to distribute face masks and traffic awareness boards. The primary goal is to improve Rotary's reputation in the neighborhood. Two traffic information boards were given to the Lumbini Provincial Traffic office, which will aid in reducing accidents and raising public knowledge of traffic safety. The traffic police will unquestionably benefit from the use of both the mask and the board in their everyday operations. Almost 500 traffic police will gain anything from the mask.





#serviceproject_rid3292_2022-23

RC Butwal and RC Butwal Downtown 3rd District level Rotary Badminton Tournament 2022-23

Rotary Club of Butwal & Rotary Club of Butwal Downtown Organized 3rd District level Rotary Badminton Tournament on 4th Feb.2023 at Tilottama Badminton Club Hall in the presence of Chief Guest Ram Krishna Khad, Mayor of Tilottama Municipality & Charter Member of Rotary Club of Butwal.

Tournament was Categorize in two group i.e., Open and Veteran double men players. Total 28 teams are participated in the tournament from all over Nepal from Rotary Family. The Tournament was chaired by Rtn.Bonin Piya, President of Rotary Club of Butwal. The game was started from 7:30 AM -7:45 PM in the three court. The winner of the Open double was Rotary Club of Dhading and receive cash Prize of Rs.20000/-, Trophy, Certificate and Medal likewise 1st Runner up was Rotary Club of Butwal and received cash prize 15000/- including trophy and medal like wise 2nd Runner up was Rotary Club of Butwal and Rotary Club of Butwal Downtown and receive cash prize of Rs. 10000/- including Trophy and medal.

Rotary Club of Butwal was the Winner of Veteran double man game and receive cash prize of Rs. 15000/-, medal and trophy likewise Rotary Club of Central was 1st Runner up and received cash prize of Rs. 10000/- medal and trophy. Similarly Rotary Club of Butwal and Rotary Club of Butwal Downtown are the 2nd Runner up and receive cash prize of Rs.6000/- medal and trophy.

In the Tournament nearly 275 Rotarians were participated from RI District 3292 Nepal Bhutan.



Presidential theme

Rotary Year 2023-24: Create Hope in the World

RI President-elect R. Gordon R.

McInally calls for Rotary to create hope in the world by working for peace and mental wellbeing. He urges members to engage in tough conversations and earn the trust that's necessary to realize these values.



**CREATE HOPE
in the WORLD**



#serviceproject_rid3292_2022-23

RC Kasthamandap Dharan



RC Kasthamandap has been providing support in Dharan since last 16 years to the disable children and senior citizens. This year also PP Niranjana Bhattarai visited the place to handover some items in Dharan and also in Jhapa on behalf of RC Kasthamandap.

Two wheelchairs to disable as well as blankets, white sticks, senior citizen sticks were distributed to 32 senior citizens in Samajik Bihar, Chatara, Dharan in a program chaired by Prof. Dr. Sanjiv Kumar Sharma, BP Koirala, Health Academy which was attended by about 85 people including members of Samjik Bihar, Jaycees, businessmen and social workers. The cost was approximately Rs. 50,000 which was supported by various RC Kasthamandap members.

Two wheelchairs and 25 blankets were provided to Susta Manasthiti Sasokar at Suranga, Kankai, Jhapa. The cost was approximately Rs 30,000 which was mainly funded by PP Prabhu Ram Bhandary and PP Niranjana which benefited 28 persons. Mayor of Kankai Nagarpalika Mr. Rajendra Pokharel also attended the distribution program.

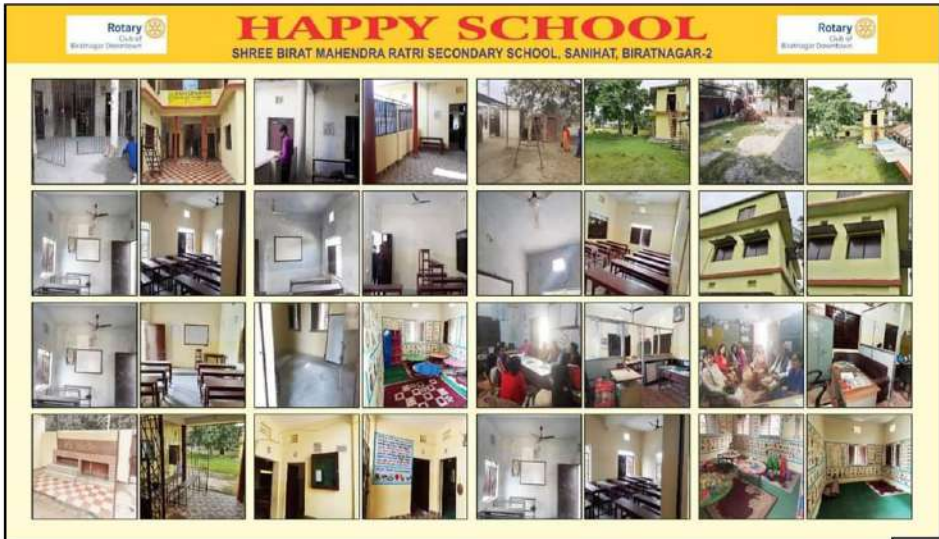
Handover of Happy School

GG project 1984034 is a collaboration between three Rotary Clubs in Biratnagar and is titled "MODERNIZATION OF THREE COMMUNITY SCHOOLS." A "Happy School" cultivates an environment where students, parents, and staff members are all positive about their learning environment.

Also, this is in keeping with RNLM's objective, which places a focus on the TEACH program.

Shree Birat Mahendra Ratri Secondary School was adopted by RC of Biratnagar Downtown and transformed into Happy School by remodeling and painting the entire school building, including the classrooms, restrooms, doors, windows, and boundary wall. Wiring for electricity was modified. Among of the projects completed under this Grant include railing, a water station, a library, a computer room with tables, desks, and benches, a Montessori area with a variety of games, an office, and teacher training.

There was a handover ceremony attended by the mayor, the head of the ward, the assistant governor, the presidents of other Rotary clubs, Rotaracts, the head of the education department, the principal of the school, teachers, members of the media, and club members.





#serviceproject_rid3292_2022-23

Free cervical and breast cancer screening for women

Rotary Club Ratnanagar and Spouse Club of RC Ratnanagar jointly organized free cervical and breast cancer screening for women at Kalika Municipality Ward No. 9 Shaktikhor, Chitwan on Friday.

Marginalized Chepang women and women from other communities were examined in the camp. The health camp was Inaugurated by Kalika Municipality Mayor Mr. Binod Regmi and women were examined for cervical and other diseases and free medicine was provided.

Rotarian Laxmi Lal Shrestha , secretary of Rotary Club of Ratnanagar, informed that 106 women were screened for cervical and breast cancer and video X-ray was conducted in the camp. Mrs. Bimala Subedi



Khanal , President of Spouse Club of RC Ratnanagar, informed that a camp was organized for the protection of motherhood by raising public awareness about cervical cancer among women of marginalized communities. Health camp coordinator and past president of Rotary Club of Ratnanagar rotarian DrBijaya Raj Neupane informed about the purpose and importance of the program. In the inaugurating program, rotarian Dr. Keshav Bhurtel , a former medical suptintendent and Gynecologist of Bharatpur Government Hospital, said that cervical cancer can lead to death of women and if they are examined on time, the risk can be avoided.

Rotarian Niranjana Pradhan , Joint District Secretary of Rotary International District 3292 Region 6, informed about the establishment of Rotary Club and the programs that Rotary conducts in the community under its focus area.

In the program, President of Rotary Club of Ratnanagar rotarian Ramhari Lamsal said that Rotary has been doing excellent social work in the community by identifying the need. He said that Rotary has been working for library, clock tower, education of underprivileged community, health, community toilet, construction of building for Musahar Basti , availability of clean & safe drinking water. Past Presidents of Rotary Club of Ratnanagar rotarian Madhav Aryal, Nirajan Khanal , Janak Paudel , Jagannath Adhikari , Bishnu Bibash , Prem Khanal , rotarians members , Spouse Club members and Rotaractors were present in the program.

Spouse Club of RC Ratnagar President Bimala Subedi Khanal presided over the program and Vice President Gita Adhikari delivered the welcome speech. The camp was organized in collaboration with BP Koirala Memorial Cancer Hospital, Maulakalika Hospital, Shaktikhor Health Post , Nepal Ausadhi Byabasayi Sangh Chitwan , Rotaract Club Of Ratnanagar and Shakti Youth Club. The program was conducted by Spouse Club Secretary Radhika Timalisnav

तिन महिने सिपमुलक सिलाई कटाई तालिम

रोटरी क्लब अफ तिनाउ बुटवलको आयोजनामा वर्ष २०२२/२३ को डिक्टि ग्रांट अन्तर्गत किशोरी आमाहरुका लागि ३ महिने सिलाई कटाई सिपमुलक तालिम कार्यक्रमको समुद्घाटन भएको छ। कार्यक्रमका प्रमुख अतिथि बुटवल उप-महानगरपालिक उपप्रमुख अयालले सीप सिकेका महिलाहरुले निर्माण गरेका सामग्री नगरपालिकाले खरिद गर्ने र बजारीकरणमा सहयोग गर्ने बताउनुभएको छ। तालिममा सहभागी किशोरी आमाहरुलाई सिलाई सामग्री हस्तान्तरण गरी समुद्घाटन गरिएको कार्यक्रममा बोल्दै उपप्रमुख अयालले महिलाहरुले आर्थिक उपाजन गर्न नसक्दा सम्म कहिल्यै सफल र सक्षम हुन नसक्ने बताउनुभयो।

अब तपाईंहरुले सिकेर तयार गरेका चिजहरु बुटवल उपमहानगरपालिकाले लिन्छौं, हामीले कोशेली घर निर्माण गर्दछौं, सबै महिलाहरुले उत्पादन गरेका बजारीकरणका लागि योग्य सबै चिजहरु बुटवल उपमहानगरमा ल्याउनु नगरले लिन्छ, अनि हामी कहाँ निर्यात गर्नुपर्छ, नगरपालिकाले त्यो काम गर्छ, उपप्रमुख अयालले भन्नुभयो। विपन्न परिवारका सानै उमेरमा विवाह गरेका २० जना किशोरी आमाहरुको सहभागीता रहेको ३ महिने सिलाई कटाई तालिममा लामो समय देखि सिलाई कटाईमा सक्रिय विमला प्रधान प्रशिक्षकको रुपमा रहनुभएको छ।

रोटरी क्लब अफ तिनाउ बुटवलका अध्यक्ष रोटरीयन कल्पना तिवारीको अध्यक्षता, कार्यक्रम संयोजक रोटरीयन मीना पाण्डे अस्मिनाको स्वागत तथा सचिव रोटरीयन अनिता भुसालको संचालन संचालनमा भएको कार्यक्रममा रोटरी क्लब अफ तिनाउ बुटवलका एसाइन एसिस्टेन्ट गर्भेनर रोटरीयन राजुदेवी खनाल कार्यक्रममा बुटवल उप-महानगरपालिका वडा नम्बर ११ का वडा अध्यक्ष रामचन्द्र क्षेत्री, प्रशिक्षक विमला प्रधान ,रोटरी क्लब अफ तिनाउ बुटवलका सदस्यहरु को उपस्थिति रहेको थियो।

छिटो विवाह गरेका किशोरी आमाहरुका विषयमा अध्ययन गरेर उनीहरुका समस्या पहिचान गरि जिवन उपयोगी सिपको आवश्यकता पहिचान गरि आत्मनिर्भर बनाउने उद्देश्यले रोटरी क्लब अफ तिनाउ बुटवलले तालिमको आयोजना गरेको हो। सिपमुलक तालिमको उद्घाटन कार्यक्रममा उपस्थित अतिथिहरुलाई क्लबका इलेक्ट प्रेसीडेन्ट अमृता भुसालले धन्यवाद ज्ञापन गर्दै सम्पन्न भएको थियो।



रीताले सदाका लागि बिसाइन् पेटमा बोकेको ३० किलोको भारी

स्वास्थ्य सेवामा पहुच नपुगेकहरुको अवस्था दयनीय छ। दिनानुदिन सोसियल मिडियामा यस्ता मिडियो सार्वजनिक हुन्छन जसले शिक्षा अनि आर्थिक अभावका कारण सर्वसाधारण निकै पिडामा रहेको उजागर गरिदिएको छ। पुपको मध्यतिर टिकटकमा एक महिलाको स्वास्थ्य अवस्थाको बारेमा एउटा मिडियो पोस्ट गरिएको थियो। उहाँको पेट २ वपदेखि निरातर बड्दै गएको र कमजोर आर्थिक अवस्थाले गर्दा निकै दयनीय अवस्थामा गुजिरहेको बाहिरियो। त्यो बाहिरिए लगत्तै अर्को (विनिता क्षेत्र) पत्रकारले आफ्नो युट्युवमा हाल्नुभयो। उक्त महिलाको नाम रिता शोर्पा हा। उहाँ ४९ वर्षको हुनुहुन्छ। उहाँ अहिले श्रीमान विर बहादुर लामाको साथमा भक्तपुरमा बस्नु हुन्छ। उहाँलाई स्वास्थ्य सेवा उपलब्ध गराउने प्रयास स्वरुप पत्रकारले उक्त महिलाको अन्तरवार्ता सहितको मिडियो पोस्ट गर्नुको साथै वसुन्धरा स्थित ग्रिन सिटी हस्पिटलका तथा रोटरी क्लब अफ काठमान्डू डाउन टाउनका अध्यक्ष लोक बहादुर टन्डनको सम्पर्कमा पत्रकार आउनुभयो। पुपको अन्त्यमा पत्रकार स्वयमले विरामीलाई वसुन्धरा स्थित ग्रिन सिटी हस्पिटलमा लग्नु भयो। अध्यक्ष टन्डनले उहाको अवस्था बुझेर सक्दो सहयोग गर्ने प्रतिवद्धता दिए पछि विरामीको उपचार सुरुभयो। उहाको स्वास्थ्य सेवाको लागि सहयोगी हात जुटाउन पत्रकार र अध्यक्ष टन्डन दुवैले विशेष ध्यान दिनुभएको थियो। अध्यक्ष टन्डनले हस्पिटलका स्वास्थ्य कर्मी सगै बसेर विरामीलाई सक्दो चाडो निको बनाउने प्रयास गर्नु भयो। विरामी को उपचारका लागि डा.अजित खनालसग सलाह भयो। डा. खनालका अनुसार आर्थिक समया बाट गुजिरहेको विरामी लाई ग्रिन सिटीले बेड चार्ज नलिइ उपचार गरिने र साथै पेट बढ्नु पछाडिको कारण धेरै हुनसकेतापनि क्यान्सर नै भएको हुन सक्ने सम्भावना भने निकै कम थियो। जुन कुरा सुनेर विरामीले केहि सक्नुको सास फेर्न भएको थियो। पछि विरामीको पेटको पनि चेक गर्दा क्यान्सरपनि देखिएन। माघको पहिलो हप्तामा डा. रुपा भाको अगुवाइमा उहाँको सफल सत्यक्रिया सम्पन्न भयो। डा.भा सत्यक्रियाको अनुभव सुनाउदै भन्नु हुन्छ, “यो साधारण सिस्ट थिएन। त्यसैले ३ घण्टाको समय लाग्यो। उहाँको आन्द्रा र पिसाव नाली टासिएका थिए। उहाँलाई ऋगभ्रमभयगक अथकत वमभलकव भएको थियो। “अध्यक्ष टन्डनले हस्पिटलमा फ्री उपचार सगसगै अपरेसन कक्षमा विरामीलाई सत्यक्रिया दौरान र पश्चात उनको अवस्था बुझ्न साथै उपस्थित हुनुहुन्थ्यो। आफुलाई विरामी निको भएको देख्न पाउदा निकै आनन्द लाग्ने अध्यक्ष टन्डन बताउनु हुन्छ। मानविय सेवा नै सबै भन्दा ठुलो सेवा हो भन्ने आशयलाई आत्मसाथ गर्दै रोटरी इन्टरन्यासनलको ७ फोकस क्षेत्र भित्र पर्ने Disease Prevention & Treatment को लागि क्लबको अध्यक्ष भएको नातालेपनि एस्तो सेवा प्रधान गर्ने प्रेरणा मिलेको अध्यक्ष टन्डन उहाले यो काम को श्रेय पत्रकार क्षेत्रलाई दिदै उहाकै अन्तर्वार्ता हेरेर रिता सेर्पाले आफ्नु गरिव भएकैले एक कप चिया पनि नपत्याउने यो समाजले आफुलाई के सहयोग गर्छ भन्ने कुरा गर्दा आफुलाई निकै भावुक बनाएकोपनि बताउछन। त्यसैले आर्थिक समस्यामा परेकाहरुको लागि यसअघिपनि गर्दै आएको र सहयोग गर्नु ठुलो धर्म भएकोले आफुले रिता शोर्पालाई सहयोग गर्न तयार भएको जानकारी दिएका छन।



रोटरी क्लब अफ तिनाउ वुटवलको आयोजनामा तिन महिने सिपमुलक सिलाई कटाई तालिम

रोटरी क्लब अफ तिनाउ वुटवलको आयोजनामा वर्ष २०२२/२३ को डिक्टि ग्रान्ट अर्न्तगत किशोरी आमाहरुका लागि ३ महिने सिलाई कटाई सपिमुलक तालिम कार्यक्रमको समुद्घाटन भएको छ। कार्यक्रमका प्रमुख अतिथि वुटवल उप-महानगरपालिक उपप्रमुख अर्यालले सीप सिकेका महिलाहरुले निर्माण गरेका सामग्री नगरपालिकाले खरिद गर्ने र बजारीकरणमा सहयोग गर्ने बताउनुभएको छ। तालिममा सहभागी किशोरी आमाहरुलाई सिलाई सामग्री हस्तान्तरण गरी समुद्घाटन गरिएको कार्यक्रममा बोल्दै उपप्रमुख अर्यालले महिलाहरुले आर्थिक उपाजन गर्न नसक्दा सम्म कहिल्यै सफल र सक्षम हुन नसक्ने बताउनुभयो। अब तपाईंहरुले सिकेर तयार गरेका चिजहरु वुटवल उपमहानगरपालिकाले लिन्छी, हामीले कोशेली घर निर्माण गर्दैछी, सबै महिलाहरुले उत्पादन गरेका बजारीकरणका लागि योग्य सबै चिजहरु वुटवल उपमहानगरमा ल्याउनु नगरले लिन्छ, अनि हामी कहाँ निर्यात गर्नुपर्छ, नगरपालिकाले त्यो काम गर्छ, उपप्रमुख अर्यालले भन्नुभयो। विपन्न परिवारका सानै उमेरमा विवाह गरेका २० जना किशोरी आमाहरुको सहभागीता रहेको ३ महिने सिलाई कटाई तालिममा लामो समय देखि सिलाई कटाईमा सक्रिय विमला प्रधान प्रशिक्षकको रुपमा रहनुभएको छ। रोटरी क्लब अफ तिनाउ वुटवलका अध्यक्ष रोटरीयन कल्पना तिवारीको अध्यक्षता, कार्यक्रम संयोजक रोटरीयन मीना पाण्डे अस्मिनाको स्वागत तथा सचिव रोटरीयन अनिता भुसालको संचालन संचालनमा भएको कार्यक्रममा रोटरी क्लब अफ तिनाउ वुटवलका एसाइन एसिस्टेन्ट गर्भनर रोटरीयन राजुदेवी खनाल कार्यक्रममा वुटवल उप-महानगरपालिका वडा नम्बर ११ का वडा अध्यक्ष रामचन्द्र क्षेत्री, प्रशिक्षक विमला प्रधान, रोटरी क्लब अफ तिनाउ वुटवलका सदस्यहरु को उपस्थिति रहेको थियो। छिटो विवाह गरेका किशोरी आमाहरुका विषयमा अध्ययन गरेर उनीहरुका समस्या पहिचान गरि जिवन उपयोगी सिपको आवश्यकता पहिचान गरि आत्मनिर्भर बनाउने उद्देश्यले रोटरी क्लब अफ तिनाउ वुटवलले तालिमको आयोजना गरेको हो। सिपमुलक तालिमको उद्घाटन कार्यक्रममा उपस्थित अतिथिहरुलाई क्लबका इलेक्ट प्रेसीडेन्ट अमृता भुसालले धन्यवाद ज्ञापन गर्दै सम्पन्न भएको थियो।

डाउनटाउनले गयो शौचालय निर्माण एवं हस्तान्तरण



विराटनगर (न्यू सृष्टि दैनिक)-
रोटरी क्लब अफ विराटनगर
डाउनटाउनले विराटनगर-४ स्थित
खारजी कोहबरा टोलमा ७३ वटा
शौचालय निर्माण गरेर हस्तान्तरण
गरेको छ।

डाउनटाउनले रोटरी क्लब
अफ इन्टरनेशनल ग्लोबल ग्रान्टको
सहयोगमा विपन्न समुदायका व्यक्तिको
घरमा शौचालय निर्माण गरिदिएको हो
। मंगलबार सम्बन्धीत घरका
महिलालाई शौचालय जिम्मा दिइयो।
साथै डाउनटाउनले खानेपानी उपलब्ध
गराउनका लागि टोलका घरमा २१
वटा नयाँ चापाकल जडान गरिदिएको
छ। कतिपयका घरमा पहिलेदेखि नै
रहेको तर काम नलाग्ने विग्रिएको २०
थान चापाकलको मर्मत गरिदिएर पुनः
पानी आउने बनाउन डाउनटाउनले
सहयोग गरेको छ।

शौचालय र चापाकल
हस्तान्तरण कार्यक्रममा बोल्दै
डाउनटाउनकी रेखा राठीले डाउनटाउन
विगत १८ वर्षदेखि स्वास्थ्य, शिक्षा,
वातावरण, महिला सशक्तिकरण एवं
विपन्न वर्गको जीवन स्तरोन्नति जस्ता
सामाजिक र रचनात्मक कार्य गर्दै आएको
बताइन्। राठीले आफ्नो नेतृत्वमा टोलमा
प्रौढ शिक्षा, सिलाई कटाई तालिम, च्याउ
खेती तालिम, स्वास्थ्य शिविरको
आयोजना गरेको बताइन्।

डाउनटाउनकी पूर्वअध्यक्ष
रचना राठीले डाउनटाउन मानवीय
सेवाको लागि सधैं तत्पर रहने गरेको
बताइन्। कार्यक्रममा असिस्टेन्ट गर्भनर
कमलकुमार अग्रवाल, रोटेरियन
वेनीगोपाल मून्डडा, किरण कर्ण, वडा
नं. ४ का वडाध्यक्ष जितन थापाले
जिम्मामा लिएका घरपरिवारले
शौचालयको सरसफाई र जडान अनि
मर्मत गरिएको चापाकलको संरक्षण
गर्न जरूरी रहेको बताए।

विराटनगर महानगरपालिकाकी
उपमेयर शिल्पा निराला कार्कीले
महानगरपालिकाले पुरा गर्नु पर्ने
कर्तव्यलाई सामाजिक सुधारका लागि
डाउनटाउनले गरेको देख्दा आफू हर्षित
भएको बताइन्।

ग्लोबल ग्रान्ट अन्तर्गत
विराटनगर डाउनटाउनलाई १७ हजार
४०९ अमेरिकी डलर सहयोग प्राप्त
भएको थियो भने शौचालय निर्माण,
चापाकल जडान र मर्मत, विद्यार्थीलाई
खाद्यान्न, खानेपानी टंकी निर्माणका
लागि डाउनटाउनका पदाधिकारीले
एकआपसमा १२ हजार ६ सय
अमेरिकी डलर संकलन गरेका थिए।
कार्यक्रममा रोटेरियन अनिता सारडा,
अर्चना तापडीया, डा. ममता वर्मा,
गिरिजा सारडा, कुसुम चैनवाला,
नमिता अग्रवाल लगायतको
सहभागिता थियो।

FREE SURGICAL CAMP



The Rotary E-club of Medicofusion Hybrid Nepal
jointly with Chhaya hospital Shandhikharka
Arghakhanchi has successfully completed a free
surgical camp at Chhaya hospital from March 25 to
27, providing essential medical services to patients in
need. The camp offered both major and minor
surgical procedures to patients, improving their
quality of life. In addition, ultrasound and Lab tests
were also conducted to diagnose and treat various
health issues. Total 683 patients were screened, 273
ultrasound, 512 lab test, 12 major and 18 minor
surgery and free medicine distribution was done.
Whole camp was facilitated by rtn dr Pradip jung k.c.,
rtn dr Neeta Shrestha, rtn dr Bijay Bhandari , dr.
Ranjit Mahato and 22staffs. Special thanks to
managing director of Chhaya hospital Mr. Dal bdr.
K.C. The Rotary E-club of Medicofusion Hybrid
Nepal showed their commitment to improving the
health and well-being of people in Nepal by providing
free medical Screeing, Diagnosisand treatment to
patients who required it. Their efforts have
contributed to improving the overall health of the
community, which is admirable.

निशुल्क ट्युमरको शल्यक्रिया सम्पन्न



रोटरी क्लब अफ काठमान्डौ डाउन टाउनले ग्रिनसिटिको साथमा संयुक्त
रूपमा संचालन गरेको निशुल्क स्वास्थ्य सेवाको विषयमा जानकारी
गराउनको निमित्त एक प्रेस कन्फरेन्सको आयोजना गरिएको थियो। उक्त
कार्यक्रममा क्लबको अध्यक्ष, उपाध्यक्ष लगायत रोटरियन डाक्टर रोमियो
कसाकार, रुपा भ्वा, नर्स गंगा हुमागाई र अग्रज पत्रकार टंक पन्त को सहित
स्वास्थ्य सेवा पाउने विरामीहरु रिता शोर्पा, किशन टमटा, कृष्ण कुमारी
घोरासैनी उपस्थित थिए। ग्रिनसिटिमा गरिएको उक्त कार्यक्रममा
पत्रकारहरुको उल्लेखनीय उपस्थिति थियो।



#serviceproject_rid3292_2022-23

Rotary Club of Butwal Downtown



On March 17 and 18, the 15th Rotary District Conference was place in Kathmandu, and the Rotary Club of Butwal Downtown attended. 22 club members had signed up through the club. The 15th Rotary District Conference saw a remarkable accomplishment for RC Butwal Downtown. RC Butwal Downtown has received two of the five vocational awards given out.

Prize for the greatest club in Nepal for the health sector's excellence: JANAK DAS- KANCHI MAIYA (Award amounts to Rs 500000).

Rtn. Tej Kumari Luitel received the Dr. SUNITI and GOPAL ACHARYA award for supporting professional women for Rotary members (Award amounts to Rs 100000)

Food Stationary and medicine and sanitary pads distribution program



On 8th march, 2023, Wednesday, on the occasion of 113th international women's day, Rotary club of Chitwan and Rotaract club of Chitwan jointly organized Food Stationary and medicine and sanitary pads distribution program and women's awareness program at Shree Janaki Gargi Gurukulam. Rotary District 3292 Jarno award winner and journalist Pratima Silwal talks about Women Empowerment and Sexual Harassment. The Program was conducted in the presence of Rotary District 3292 past district Governor Rtn. Rabindra Kumar Piya and Chairman of Shree Janaki Gargi Gurukulam Santa Prasad Pokhrel.

Free Eye Screening and Cataract Operation Camp



On March 22, 2023, the Ramlal Golchha Eye Hospital in Biratnagar provided technical support for a collaborative event between the RC of Biratnagar Downtown and Tillganga Ramlal Golchha Eye Hospital called "Free Eye Screening and Cataract Operation Camp."

Not only were all residents of the Manavsewa Ashram, Tintolia branch, Biratnagar, given free eye exams, but there were also facilities for refraction and the distribution of free eyeglasses to those in need. Also, free medicines were given to individuals in need. All of the residents of Manavsewa Ashram received snack baskets. 86 mentally handicapped persons of ashram along with their staffs were \sbenefited from this effort.

17 patients received free cataract surgery from Ramlal Golchha Eye Hospital. The project's price tag was Rs. 94500.

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RC Bhaktpur



Talk Program on End Polio and Diversity, Equity & Inclusion

Rotary Club of Bhaktapur and End Polio Region 1 Chair Bhawani Ghimire organized on 4th March 2023, talk program on End Polio and Diversity, Equity & Inclusion at Hotel Deep Jyoti Inn, Battisputali with Region 1 Presidents representatives.

PDG Rajiv Pokharel was chief guest of this event. 35 participants from different club we participated the program.

RID 3292 Polio Chair Rtn. Kaushlendra Kumar Das was Highlighted current situation of Polio and DEI Chair Rotarian Rabi Baral was highlighted about Diversity, Equity & Inclusion.

This program was broadcasted on Sakura TV and District 3292 Girls Child Empowerment Committee Chair Hema Kumari Adhikari was also graciously presented on this program. After talk program PDG Rajiv Pokharel Inaugurated Rotary wheel at Deep Jyoti Inn.

मुटु बाथरोग शिविर



रोटरी क्लव अफ भक्तपुरको आयोजनामा भक्तपुर को मेधा स्कूलको प्राणणमा २४ फेब्रुअरी २०२३ मा करिब ११०० विद्यार्थीहरूको निशुल्क मुटु वाथरोग को सफल परिक्षण गरियो। यस शिविरमा मेधा स्कूलका ७०० जना र शान्ती निकेतन विद्यालय का करिब ४०० गरि ११०० जना विद्यार्थी लाभान्वित भएका थिए। यो शिविर संचालनका लागि नेपाल हार्ट फाउण्डेशन को विशेष सहयोग रहेको थियो। डिस्ट्रिक्ट ३२९२ का गल चाइलड इम्पावोमेंट कमिटी चेयर रोटारियन हेमा कुमारी अधिकारी तथा को चेयर रोटारियन तारा मानन्धर तथा बडा अध्यक्षको विशेष उपस्थिति मा ११०० जना विद्यार्थी को परिक्षण गरि कार्यक्रम सफल भएको छ।

नारायणगढ रोटरीद्वारा क्यान्सर अस्पतामा ह्विलचेयर वितरण



रोटरी क्लव अफ नारायणगढले आज एक कार्यक्रम विच वी.पी. कोइराला मेमोरियल क्यान्सर अस्पताल, भरतपुरमा पाँच थान ह्विलचेयरहरू वितरण गरेको छ। क्लवका अध्यक्ष नरोन्द्रबहादुर श्रेष्ठले उक्त ह्विलचेयरहरू क्यान्सर सेवा समाजका संयोजक चिजकुमार मास्केको उपस्थितिमा अस्पतालका निर्देशक डा. देजकुमार गौतमलाई हस्तान्तरण गरेको हो।

सेवालाई स्वार्थभन्दा माथी राख्नुपर्छ, भन्ने मान्यताकासाथ अगाडि बढेको रोटरी क्लव अफ नारायणगढले प्रदान गरेको उक्त सहयोगको लागि क्यान्सर सेवा समाजका संयोजक चिजकुमार मास्केले धन्यवाद दिएका थिए। त्यसैगरी अस्पतालका निर्देशक डा. देजकुमार गौतमले नारायणगढ रोटरी क्लवको सहयोगप्रति आभार व्यक्त गर्दै उक्त ह्विलचेयरले अस्पतालका विरामीहरूलाई उपचारको क्रममा यताउती हिँडदुल गर्न सजिलो गर्ने बताए।

नारायणगढ रोटरी क्लवका संस्थापक अध्यक्ष रोटारियन निरञ्जन प्रधानले दीनदुःखीहरू र अष्टयारोमा परेकाहरूलाई क्लवले स्थापनाकालदेखि नै धेरै ठाउँमा सहयोग गर्दै आएको जानकारी गराउँदै आगामी दिनहरूमा पनि आवश्यकता हेरी क्लवले अस्पतालका र त्यहाँ उपचारार्थ भना भएका विरामीहरूका लागि सहयोग गर्ने बताए। उक्त पाँचथान ह्विलचेयरहरू आफ्नो स्वर्गीय पिताजी नारायणबहादुर प्रधानको स्मृतिमा उनले सौजन्य गरेका हुन्।

कार्यक्रममा क्यान्सर सेवा समाजका अन्य पदाधिकारीहरूकासाथै सबैकी आँखाकी नानी छायाँ श्रेष्ठ, नारायणगढ रोटरी क्लवका पूर्व अध्यक्षहरू विज्ञानलाल श्रेष्ठ, रमेश पौडेल, सुसनलाल प्रधान लगायत सदस्यहरू देवमाया श्रेष्ठ, ज्ञानुमाया श्रेष्ठ र अजिता पियाको उपस्थिति रहेको थियो।



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BIO ENZYMES WORKSHOP



Bio enzymes offer a wide range of applications in the food, pharmaceutical, and agricultural industries and are cost- and environmentally-friendly.

Bio-enzymatic cleaners encourage a zero waste lifestyle because they are an eco-friendly approach to clean the house. In order to manage waste, Round Table 18 and the RC of Biratnagar Downtown organized a lecture on "Bio enzymes Production and Usage."

It was a helpful, educational, and engaging seminar led by Mrs. Dipika Jalan, West Bengal President of Women's Indian Chamber of Commerce and Industry Bio enzyme council, and Mrs. Payal Agrawal, a member of the same organization.

Integrated Animal Health and One Day Goat Farming



A joint program was conducted by RC Tulsipur City and Tulsipur Sub Metropolitan City Animal Section at Ward No. 13. Integrated Animal Health Program was led by Tulsipur Sub Metropolitan City Animal Section and facilitated by RC Tulsipur City whereas; One Day Goat Farming Training was led by RC Tulsipur City. The joint program was chaired by President Rtn. Yagya Bahadur K.C. Animal Section Officer, Dr. Manoj Oli and there was a joint opening ceremony. Similarly, the program was hosted by Rtn. Manoj Basnet. There were altogether 150 participants on this joint program including the farmers, Rotarians, rotaractors.

Women's Day celebration: Youth & Sports



On the occasion of Women's Day, the RC E- Club of Medicofusion hybrid Nepal and Horizon Sports club together organized a district level interschool girls volleyball event. The new Horizon School Playground hosted a tournament from March 6 to March 8. Twelve different Rupendehi District schools took part. Program was launched by Club President Rtn Dr. Prakash Basnet and Mr. Lokh Nath Upadhyya, Principal of New Horizon School. The top four teams each received a cash prize of Rs. 30,000, 20,000, 15,000. and 8000 along with a certificate.

Rotary Futsal Tournament



A rotary futsal tournament between clubs was organized by Rotary Gaidakot. Rotary Narayangarh, RCNMT, Rotary West Chitwan, Rotary Ratnanagar, Rotary Chitwan, and Rotary Bharatpur were among the participants. Rotary Ratna Nagar took home the prize. The ceremony was attended by every president and former president. Running shields were given as prizes to the winners. There was a fellowship session in the evening, and 110 people showed up. From region 6, the three AGs in attendance were Rtn. Suresh Sen Thakuri, Rtn. Ashesh Bhandari, and Rtn. Bipin Pokhrel.



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RC Tilottama Rupandehi



Tilottama Rupandehi's hallmark project, which involved choosing a local school to have paintings done at, has been finished. On the auspicious day of Holi, they accomplished the duty of painting the Shree Saraswati Aadharbhoot Vidhyalaya, Tilottama — 14, Mangalpur, Raheera, and Rupandehi school. More than 200 children from underprivileged backgrounds are enrolled in the school, which is located in a rural part of Tilottama Municipality.

They have organised a handover program of school painting on March 7, 2023 at school premises in the presidency of club president Rtn. Bishnu Prasad Bhandari. The chief guest of the program was Mayor of Tilottama Municipality, Mr. Ram Krishna Khand. Special guest was Rtn Rajendra Prasad Dhoju, DGE, RID 3292 and special guest Rtn. Raju Kharel, AG RID 3292 Zone 30. Various no of club members, members of ward no 14, members of school management committee, school principal, teachers, students and their parents and journalists were present in that program.

Mayor Mr. Ram Krishna Khand congratulate to RC Tilottoma Rupandehi president and all members for their noble tasks to the society and emphasized to perform such tasks jointly by municipality and Rotary Club in the future. Special guest Rtn Rajendra Prasad Dhoju Congratulate and request such tasks in the days to come. Special Guest Rtn Raju Kharel, AG RID 3292, Zone 30 congratulate for this signature project as well as District grant of providing 10 computers Pashupati Shiksha Sadan, Bhairahawa to establish computer lab at school.

Club President Rtn Bishnu Prasad Bhandari informed that the club also have approved district grant and will provide 10 computers to Pashupati Shiksha Mandir on the occasion of charter day of the club. He also informed club's global grant project about Autism and request Mayor, DGE, AG for their help to complete the grant project. The program was hosted by club secretary and program coordinator Rtn Shankar Pandey.

Motivational Speech Program



RC Biratnagar focusing on Youth Professionals (+2 and Bachelor students) organized a Motivational Speech Program. Miss Sristi K.C. founder/president as speaker from Blind Rocks organization. At the Program 800 plus students, rotarians, rotaractors, etc. were present. Such a motivational speech program attracted participants, in the current situation how to lead a life filled with happiness, dignity and self-empowerment.

3 month Adult Literacy Program Closing Ceromony



A conclusion ceremony for a three-month adult literacy program was held in Devdaha Khaireni under the direction of RC Butwal Downtown president Rtn. Bharat Bdr Rana, with Bidhya Laxmi Gurung 9 (Deputy Mayor of Devdaha Municipality) serving as the chief guest. The program was finished for a cost of Rs. 30,000, which included instructor fees and other costs for educational supplies. The certificate was given to the trainee. For them, the club has also arranged an advanced course.



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Mega Free Health Camp in Bharse



28 th January 2023. The program was chaired by club president Rtn. Bharat Bdr Rana and President of Satyawati Rural Municipality Tikaram Pandey was the chief Guest of the program. Rtn. Shiva Gyawali was the co ordinotor of the program. The camp was mainly organized focusing Women and children. Dr Sharmila Sharma (Gynecologists) , Dr. Kiran Subedi (Child Doctor) , Dr. Shambu Khanal and Dr Sudip Bhandari (Physician) were their in camp for the treatment of patient. More than 450 patients were benefited by the camp . 15 of them were VIA TEST positive to cancer patient and they were referred to lumbini province hospital and club has made agreement to support the patient in treatment. Different Medical distributor supported the camp by providing free medicine for the camp. The Health camp was successfully completed with the beneficiaries from different Rural Municipality.

RC Butwal Dntown has organized mega Health Camp in Satyawati Rural Municipality -8 Bharse, Gulmi in the coordination with Satyawati Rural Municipality ,Gulmi, Chandrakot Rural Municipali , Gulmi and Kaligandaki Rural Municipality Gulmi on

Club has also handed over Four Way Test to the Government office of Shree Satyawati Rural Municipality of Gulmi District.

Hygiene Sanitation and Water project

The residents of the Kharji village come from the working class and are underprivileged financially. The residents of Kharji came to RC Biratnagar Dntown club to alert us to the awful state in which the settlement was in, where even the most fundamental essentials were lacking.

RC of Biratnagar Dntown has consistently carried out need-based, long-lasting service projects. After conducting a thorough needs assessment, it was discovered that 73 out of 100 homes lacked essential amenities like toilets and many lacked access to drinking water.

They built 73 toilets and put 21 hand pumps in communal housing as part of GG 2238917. Moreover, 20 hand pumps were repaired.

On February 28, 2023, a handover ceremony was held with the Deputy Mayor, Mrs. Shilpa Nirala Karki, as the Chief Guest, as well as the Zonal Leader, District Officers, Assistant Governor, Club members, Rotaracts, RCC members, media representatives, community leaders, and members of the community.



25**GOVERNOR'S MONTHLY LETTER**

#editorsnote_Mar_rotayear2022-23

**Rtn. Sarin Shrestha**

Rotary Corner

**Chair, District Publication
& GML Sub-Committee (2022-23)
Rotary International District 3292**

EDITOR'S NOTE

Be The Inspiration 2018-19**Greetings, fellow Rotarians,**

You have received the 9th Governor's Monthly Letter (GML) for March 2023.

In addition to thanking our Publishing and GML Subcommittee Teams for their efforts through emails, texts, and face-to-face meetings, I'd also like to take a moment to thank all the clubs for continuing to provide the GML with information. Your encouragement encouraged us to start.

In 2023, we have the opportunity to reaffirm our commitment to Rotary and our fellow Rotarians. Let's become involved in something new and encourage others by posting about it on GML. We encourage all of our members to download the Rotary app on their smartphones, communicate with one another, and access Rotary information at the touch of a finger. We also have a dedicated location where we can witness, learn from, and exchange the amazing work done by our young friends, as motivated by our leader to involve and expand participation among Rotary, Rotaract, and Interacts.

Imagine Rotary with SMiLE**GML Published by**

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