

GOVERNOR'S MONTHLY LETTER



# GML



[www.rotarydistrict3292.org.np](http://www.rotarydistrict3292.org.np)

2023 ROTARY INTERNATIONAL CONVENTION  
27-31 MAY | MELBOURNE, AUSTRALIA



## May 2023

#letterfromdg\_May\_rid3292\_2022-23 #Glimpses of Rotary International Convention 2023,  
Melbourne, Australia # Glimpses of RYLA 2023 #publicimage\_rid3292\_2022-23  
#serviceproject\_rid3292\_2022-23 #editorsnote\_May\_rid3292\_2022-23



TOGETHER FOR A BETTER WORLD  
AND  
TOGETHER, WE IMAGINE ROTARY

Dear Rotarians Friends

May 2023 was full of activities.

Club visits have been in the full swing. During May 2023, 6 clubs were visited. With this, 144 official club visits have been completed.

All clubs have been very active in doing good to the world. I would like to thank all clubs for their active participation in humanitarian activities.

Rotary Year 2023-2024 District Team Training Assembly (DTTS) and Grant Management Seminar (GMS) were successfully completed in Kathmandu.

Rotary International Convention started with its opening session on 28th May 2023 in Melbourne Convention & Exhibition Center, Melbourne. It was a grand affair and maximum number of participants from our district. With prominent speakers including Nobel prize winner in plenary sessions, Convention was very informative and was an excellent place for friendship and fellowship. Convention ended with its closing session on 31st May 2023

We have successfully completed eleven months of the IMAGINE ROTARY YEAR 2022-2023 with lots of exciting activities. We have one more month to accomplish our dreams & imaginations. I urge all Rotarian friends, Rotaractors and Interactors to work towards achieving the target.

Sarita and myself and entire District Team are with you every inch of the way to enjoy Imagine Rotary Year and continue to do good to the world.



With Warm Regards,

**Jitendra B Rajbhandary**

**DG, RID 3292**

**Imagine Rotary Year and to do good to the world.**

**I believe it is a time in our world for brave, courageous, intentional leadership.**

Last month, in this column, you heard from my dear friend Anniela Carracedo. She is an amazing member of our Rotary family, and as a past Interactor and now Rotarian, she is this kind of leader.

Anni shared a very personal story about coping with a panic attack, something that I have also experienced. The outpouring and response to this story have been tremendous and punctuate how critical it is that we acknowledge not only our strengths but our vulnerabilities too.

When we talk about finding space for one another — creating comfort and care within Rotary — we're describing a club experience where we can all feel comfortable sharing like Anni did, and we can all empathize with and support one another. Whatever we are facing in life, Rotary is a place where we know we're not alone.

We spend so much time helping our world, whether it's working to end polio, cleaning up the environment, or bringing hope to communities that need it most. Sometimes we can lose track of the need to apply some of our energy and care to our fellow members and partners in service.

The comfort and care of our members is the single greatest driver of member satisfaction and retention. We need to ensure that it remains a priority — and that we further strengthen these bonds by performing service that helps reduce the stigma of seeking out mental health treatment and expands access to care.

That is why I'm so heartened by President-elect Gordon McInally's wonderful vision to help improve the global mental health system, not only for Rotary members, but for the communities we serve.

When Gordon announced our focus on mental health at this year's International Assembly in Orlando, Florida, he reminded us that helping others benefits our mental health by reducing stress and improving our mood. Studies show that performing acts of kindness is an effective way to improve your own mental and physical health. Rotary service brings hope to the world and joy to our lives.

Our new focus on mental health will take some time to do right, and yet it builds on something that has been part of who we are for 118 years. We are People of Action, and behind that action is care, compassion, empathy, and inclusion. Becoming champions of mental health is not only the right and kind thing to do, it is a tool that can Create Hope in the World, Gordon's inspiring theme for his upcoming year as president.

If we serve our members, we serve our communities, and if we can meet people where they are and lift them up, they will imagine Rotary in a new light and come to fully understand our value and our infinite potential.



**Jennifer Jones**  
**RI President**



## # Glimpses of Rotary International Convention 2023, Melbourne

2023 ROTARY INTERNATIONAL CONVENTION  
27-31 MAY | MELBOURNE, AUSTRALIA





## # Glimpses of Rotary International Convention 2023, Melbourne





## # Glimpses of Rotary International Convention 2023, Melbourne





## # Glimpses of Rotary International Convention 2023, Melbourne



# Glimpses of RYLA 2023

# Rotary Youth Leadership Awards



## RYLA 2023



Rotary District 3292, in collaboration with RC Rudraamti, RC Durbar marg, RC Rajdhani, and RC Pashupati, recently organized a highly successful Rotary Youth Leadership Awards (RYLA) event. RYLA has proven to be a transformative force in nurturing and empowering young leaders, providing them with a platform to showcase their talents, enthusiasm, and unwavering aspirations.

Under the theme "Imagination Creates Reality," RYLA encouraged participants to dream big and believe in their ability to make a difference in the world. The event emphasized the power of thoughts and beliefs in shaping one's reality and urged young leaders to take action towards their goals.

The event brought together a diverse group of talented individuals from various backgrounds, fostering a vibrant atmosphere charged with contagious energy. Participants actively engaged in a wide range of activities designed to push their boundaries and build lifelong connections. The dedication and passion displayed by these young leaders were truly inspiring. The success of RYLA would not have been possible without the generous support and contributions from the host clubs and sponsors. Their unwavering commitment to youth leadership played a crucial role in creating a memorable and impactful experience for all involved. The organizers extend their heartfelt gratitude to these stakeholders for their invaluable support.

RYLA also featured a lineup of distinguished speakers who shared their insights and expertise with the participants. Anil Chitrakar, a renowned Nepalese engineer and energy planner, Deepak Bhatta, the Principal of NIST College specializing in genetics and critical thinking leadership, Raju Sarkar, co-founder of the Himalayan Peace Study Center and certified trainer on non-violence conflict reconciliation and transformative leadership, Dev Raj Ghimire, an experienced consultant and trainer passionate about youth capacity building, Sugarika KC, former Miss Nepal actively involved in education and social work, and Dr. Sareesha Shrestha, Miss Nepal Earth 2022 and former President at Rotaract Club of KIST Medical College, all brought their unique perspectives to the event.

The collaborative spirit and selfless dedication of partner clubs, volunteers, and Rotary District Officials were instrumental in the success of RYLA. The event created an environment that fostered growth, mentorship, and teamwork, leaving a lasting impact on the participants. RYLA stands as a beacon of hope, recognizing and nurturing the incredible potential within the youth. By equipping young leaders with essential skills, knowledge, and connections, RYLA has paved the way for a brighter future for both individuals and communities. The event served as a stepping stone that ignited the participants' passion for leadership excellence, leaving an indelible mark on their journey.

RYLA 2023 will be remembered as a testament to the power of youth leadership and the Rotary District 3292's commitment to empowering the next generation of change-makers.



## # Glimpses of RYLA 2023

IMAGINE ROTARY RYLA 2023 Rotary District 3292



### Deepak Bhatta

Speaker

Deepak Bhatta, Ph.D. Scholar is the Principal of NST College, Banepa. He is doing PhD in Genetics & did M.Sc. in Botany from Tribhuvan University. He has good communication skills, problem solving capacity and is critical thinking leader.

IMAGINE ROTARY RYLA 2023 Rotary District 3292



### Dev Raj Ghimire

Speaker

Dev Raj Ghimire is an experienced consultant and trainer who has served in various leadership roles in organizations such as WOSM, Duke of Edinburgh's International award, and RC Mahaboudha. He is passionate about enhancing the capacity of young people through education and development initiatives.

IMAGINE ROTARY RYLA 2023 Rotary District 3292



### Anil Chitrakar

Speaker

Anil Chitrakar, a Nepalese engineer and energy planner, focuses on conservation education campaigns, environmental management, heritage conservation, renewable energy, biodiversity projects, and sharing insights through his YouTube series.

IMAGINE ROTARY RYLA 2023 Rotary District 3292



### Anil Chitrakar

Speaker

Anil Chitrakar, a Nepalese engineer and energy planner, focuses on conservation education campaigns, environmental management, heritage conservation, renewable energy, biodiversity projects, and sharing insights through his YouTube series.

IMAGINE ROTARY RYLA 2023 Rotary District 3292



### Sugarika KC

Speaker

Sugarika KC, a former Miss Nepal, is a highly successful individual who is actively involved in various fields, including education and social work. She has made significant contributions to society through her work while also continuing her studies.

IMAGINE ROTARY RYLA 2023 Rotary District 3292



### Raju Sarkar

Speaker

Raju Sarkar, Co-founder of Himalayan Peace Study Center. He is a certified trainer on Non-violence Conflict Reconciliation & Transformative Leadership. He has received awards & honor from different National & International Organizations.







#serviceproject\_rid3292\_2022-23

# "Run for Women's Health & Women Empowerment," Kasthamandap Heritage Walkathon by RC New Road City Kathmandu



On the occasion of the 19th Charter Day of RC New Road City Ktm, under the leadership of President Rtn. Ramila Shrestha, a Heritage Walkathon was organized, commencing from Basantapur Durbar Square on the 5th of May, 2023.

The Heritage Walkathon, themed "**Run for Women's Health & Women Empowerment**," aimed to raise awareness and support for the well-being and empowerment of women. The event was inaugurated by Chief Guest Rtn. Jitendra B. Rajbhandary, Rotary District Governor 3292 for the Rotary Year 2022-2023.

The Walkathon began its journey from Basantapur and traversed through Pyafal, Nardevi, Chetrapati, Ason, Janabahal, Indrachow, Makhan, Hanumandhoka, and concluded back at Basantapur, covering various iconic heritage sites along the route.

RC New Road City Ktm partnered with RC Kirtipur for the Walkathon, uniting their efforts to promote the importance of cultural heritage and support community initiatives.

During the event, the District Governor and the President of RC New Road City Ktm, Rtn. Ramila Shrestha, distributed certificates of honor to all the participants, recognizing their commitment and contribution to the cause.

The Walkathon saw enthusiastic participation from members of RC New Road City, IW New Road City, Rotaract, Interact, local residents, invited government representatives, youth clubs, members of the Wada office, and other Rotarians from various clubs.

The Heritage Walkathon successfully combined physical activity, cultural appreciation, and community engagement, creating a memorable and impactful event on the occasion of RC New Road City Ktm's 19th Charter Day.



#serviceproject\_rid3292\_2022-23

## Free Medical Camp by RC Baneshwor



Rotary Club of Baneshwor, in collaboration with Kathmandu Medical College. The event took place on May 12, 2023, at Anand Bhairav High School, located in Kageshwori Manahara municipality-7, Mulpani.

The purpose of the event was to provide free healthcare services to the community. The Rotary Club organized a Free Health Camp where people of all age groups, including children, adults, and senior citizens, were able to receive medical attention. The camp was equipped with multi-specialty health facilities to cater to the diverse healthcare needs of the attendees. During the camp, a total of 452 patients were examined and received medical check-ups. The healthcare professionals associated with Kathmandu Medical College provided technical support to ensure the smooth functioning of the camp. Additionally, medicine was distributed to the patients, aiming to address their immediate medical needs.

Although the health camp was provided free of charge to the attendees, there were costs associated with organizing such an event. The estimated total cost for the camp was approximately Rs. 200,000/-. This amount would cover expenses related to logistics, medical supplies, staff coordination, and other necessary arrangements.

Overall, the event organized by the Rotary Club of Baneshwor, with support from Kathmandu Medical College, aimed to improve the healthcare access and well-being of the local community by providing free medical services to a significant number of individuals in need.

## बालबालिकालाई स्कूल ब्याग वितरण

रोटरी क्लब अफ विराटनगर डाउनटाउनले बालबालिकाहरूलाई स्कूल ब्याग वितरण गरेको छ । एनआईसी एसिया बैंकको सहयोगमा क्लबले एक कार्यक्रमकाविच विराटनगर खार्जीस्थित ज्योती आधारभूत विद्यालयमा अध्ययनरत विद्यार्थीहरूलाई स्कूल ब्याग वितरण गरेको हो । साक्षरता अभियानलाई सहयोग गर्न विद्यार्थीहरूलाई स्कूल ब्याग वितरण गरिएको रोटरी क्लब अफ विराटनगर डाउनटाउनकी अध्यक्ष रेखा राठीले बताइन ।





#serviceproject\_rid3292\_2022-23

# Handover of Water Station



The needs for water accessibility vary each school. There was no facility for safe drinking water at the Kharji-adopted Shree Jyoti Adharbhoot Vidhyalaya by RC Biratnagar Downtown.

RC Biratnagar Downtown subsequently built a water station in accordance with GG 2238917.

Ensure that employees, teachers, and kids have enough water to drink throughout the day. The function was attended by club members, the principal of the school, staff members, instructors, and students in addition to the president, Rtn. Rekha Rathi.

## दिल्लीमा अलपत्र किशोरको उद्धार



प्रवासी नेपाली मित्र मन्चले भारतमा अलपत्र १३ वर्षिय नेपाली किशोर शंकर चौधरीको उद्धार गरी नेपाल ल्याएको छ। सुर्खेतको वीरेन्द्रनगर नगरपालिका वडा नम्बर ८ का शंकर गतवर्ष साथीहरुको लहैलहैमा भारत पसेका थिए। भारतमा ज्याला मजदूरी राद्दागद्दै प्रहरीले उद्धार गरेर उनलाई बाल कल्याण समिति फिरोजाबादको बाल गृहमा राखिएको थियो।

भण्डै ६ महिना जति बाल गृहमा बसेका शंकरलाई दिल्लीमा क्रियाशील प्रवासी नेपालीहरुको संस्था मित्र मन्चले उद्धार गरी रुपन्देही ल्याएर मानव कल्याण मित्र मन्च र रोटरी क्लब अफ मणिग्रामलाई हस्तान्तरण गरेको हो।

प्रवासी नेपाली मित्र मन्चका अध्यक्ष विष्णुप्रसाद खनाल र सदस्य सिद्धार्थ खनालले मानव कल्याण मित्र मन्चका अध्यक्ष दुर्गाप्रसाद अर्याल, महासचिव भविलाल भण्डारी तथा रोटरी क्लबका सचिव मिनप्रसाद भण्डारीलाई बुझाएका हुन्।

बुवा सानैमा बेपत्ता र आमाले ज्याला मजदूरी गर्ने अतिविपन्न परिवारका शंकर र कक्षा मात्र पढेका छन्। अहमदाबादमा २ महिना होटलमा काम गरी विभिन्न हण्डर र ठक्कर खाँदै आएका, दिल्लीमा भौतारिइरहेका उनलाई दिल्लीका एक अटोचालकले उद्धार गरी प्रहरीलाई बुझाएका थिए। प्रहरीले बाल गृहमा पठाइदियो। बाल गृह सन्चालक बाल कल्याण समितिका न्यायिक मजिस्ट्रेटले नेपाली राजदुतावास, प्रवासी नेपाली मित्र मन्च र मानव कल्याण मित्र मन्चसँग समन्वय गरी नेपाल पठाउन सहयोग गरेका थिए। मानव कल्याण मित्र मन्च तथा रोटरी क्लब अफ मणिग्रामका अध्यक्ष दुर्गाप्रसाद अर्यालले बाल गृहमा सुर्खेतका शंकर चौधरी रहेको प्रारम्भिक जानकारीपछि, त्यहाँको विद्यालय, प्रहरी र नगरपालिकासँग समन्वय गरी उनको घर तथा आफन्त पत्ता लगाएका थिए। प्रवासी नेपाली मित्र मन्चले जिम्मा लगाएका शंकरलाई १/२ दिनमै उनको परिवारमा पुनर्स्थापित गर्ने अर्यालले जानकारी दिए।

प्रवासी नेपाली मित्र मन्चका अध्यक्ष विष्णुप्रसाद खनालले स्थापनादेखि हालसम्म २ हजार २ सय ५५ महिला तथा बालबालिकाको उद्धार तथा पुनर्स्थापना गरी नेपालमा पुनर्स्थापित गरिएको जानकारी दिए। उनले मन्चले अलपत्र, बेचबिखन वा शोषणमा परेका नेपालीको उद्धार तथा सहयोग गरिरहेको पनि जानकारी दिए। शंकरलाई जिम्मा लगाउन आयोजित कार्यक्रममा रोटरी क्लब अफ मणिग्रामका पूर्वअध्यक्ष कुलमणि जवाली, प्रेसिडेण्ट इलेक्ट निमल बस्याल, सचिव सुरज भण्डारी, मन्चका महासचिव भविलाल भण्डारीलगायतले पनि मानव बेचबिखन र उद्धार कार्यबारे बोलेका थिए।



#serviceproject\_rid3292\_2022-23



Construction of a toilet at Shree National Basic School in Parewakot, adopted by the Rotary Club of Purv Chitwan, is expected to cost Nrs. 260,000/- (Two lakh sixty thousand)

### रोटरीद्वारा साईबर सुरक्षाका लागि जागरण



विराटनगर (सु-सृष्टि दैनिक)- कोरोनाकालपछि इन्टरनेट प्रयोगकर्ताको संख्या ह्वातै बढ्यो र, खासगरी बालबालिकामा यसको लत नै बस्यो। अनलाईन कक्षा पहिले बाध्यता बन्यो, मोबाइल, ल्यापटप र कम्प्युटर अनिवार्य चाहिने भएकोले गच्छेअनुसार विद्यार्थीको हात-हातमा डिजिटल सामग्री हात पऱ्यो यद्यपि शिक्षामात्र होइन अन्य अपराधक्रम पनि बढ्यो समाजमा।

विद्यालयका कालला विद्यार्थीलाई सहि तरिकाले इन्टरनेट अनलाईनको उपयोग गर्ने र साइबर अपराधको दुष्चक्रबाट मुक्त हुने शिक्षा दिन रोटरी क्लब अफ विराटनगर डाउनटाउनले बुधवार साइबर सुरक्षा जागरणको कार्यक्रम संचालन गर्‍यो। मोरङ व्यापार संघको सभाहलमा संचालित कार्यक्रममा डीएफपी, डिवीएस, अरनिको, आदर्श र

सेन्ट जोसेफका ३ सयभन्दा बढी विद्यार्थी सहभागि भए। काठमाडौँबाट आएका साईबर विज्ञ एवं उद्देरक डा. संविधान आचार्यले साइबर अपराध कसरी र के कारणले हुन्छ भनेर अर्थ्याएका थिए भने इन्टरनेटको प्रयोगका सुरक्षित तरिका विद्यार्थीलाई सिकाएका थिए। डाउनटाउनकी अध्यक्ष रेखा राठीले आजको युगमा विद्यार्थीले अनलाईन मिडियाको खुबै प्रयोग गर्ने गरेको र प्रायः ब्यक्ति इन्टरनेटमाथि भर परेको बताइन्। उनले जति जति इन्टरनेटको प्रयोग बढ्दो छ त्यति नै साइबर अपराधले पनि रमन्तार समाएको बताइन्। कार्यक्रममा पूर्वअध्यक्ष सन्तोष जैन, अर्चना शर्मा सदस्य अनिता सारडा, पुनम गठी, सुगन्धा तौवी, सीता सिंघानिया, मञ्जु अग्रवाल लगायतको सहभागिता थियो।

# Rotary Club Of Kirtipur



A Nepali new year's greeting and fellowship program was organized by the Rotary Club of Kirtipur and the Rotaract Club of Kirtipur in front of community leaders, members of the press, and other senior executives from other organizations.

The primary honoree was former district governor Rtn. Jaya Rajya Laxmi, while the special honoree was deputy mayor of Kirtipur Municipality Shubha Laxmi Shakya. They have visitors from different Kirtipur Municipality wards, as well as from academic institutions, the financial industry, Rotary friends from various clubs, and other persons with a range of professional backgrounds.

The Rotary Club of Kirtipur gave information about the Rotary Club and what they do throughout the program. In a quick video presentation, President Pushpa Raj Adhikari gave a brief overview of the Rotary Club of Kirtipur and its operations.

The Nepali New Year calendar for 2080 was given to each participant on the same day that two wheelchairs were given to those in need and prizes were given to Kirtipur's media outlets and top journalists in honor of World Press Freedom Day.



#serviceproject\_rid3292\_2022-23

# Rotarian in Mountain

## Sharad Joshi's Incredible Journey

Rtn. Sharad Joshi



Waving the Flag  
with the RI  
Theme, District  
Theme, and Club  
logo at the top of  
Mt. Himlung  
7126m.

Rotary is a global network of volunteers who dedicate their time and talent to tackling the world's most pressing humanitarian challenges. Rotary clubs are found in almost every corner of the world, and their members come from all walks of life. One such inspiring Rotarian is Sharad Joshi, who has combined his passion for mountaineering with his dedication to Rotary's mission.

Sharad Joshi is an educationist and a photojournalist by profession. **He has been a Rotarian since 2018 and currently serves as secretary of the Rotary Club of Birtamode Midtown, District 3292,** and was the charter president of the Rotaract club of Birtamode Midtown. But what sets him apart is his love for trekking and mountaineering. Mr. Joshi has done remarkable work in branding Rotary through his expeditions and has become an inspiration for Rotarians around the world.

In 2016, Mr. Joshi concluded his Rotaract presidential handover ceremony at the Annapurna base camp, which is located at an altitude of 4,130 meters. This event marked the beginning of his journey to promote Rotary through mountaineering. Mr. Joshi believes that mountaineering is not just a sport or a hobby; it is a way of life. It teaches you to discipline, perseverance, and the importance of teamwork, values that are also at the heart of Rotary's mission.

In 19th October 2020, Mr. Joshi achieved a significant milestone in his mountaineering journey by summiting Mera Peak, the highest trekking peak in Nepal, at an altitude of 6,476 meters. But this achievement is even more remarkable because he took the Rotary International pin with him and flaunted it at the summit. This gesture showed his love for Rotary and helped promote the organization among the mountaineering community.

On 17th October 2021, Mr. Joshi went a step further and summited Mt. Himlung, which is situated in Manang, Nepal, at an altitude of 7,126 meters. At the summit, he waved the flag of Rotary International and District 3292, which once again demonstrated his commitment to Rotary's cause. His expedition also garnered significant media attention, and his story was featured in several national news outlets. Besides this Sharad has been to high-altitude trekking Like Tilicho(4949m), Mardi Himal base camp (4500m), Thorung la Pass(5416m), and others.

Mr. Joshi's incredible journey as a Rotarian in the mountain has not only brought attention to Rotary's mission but has also inspired others to follow in his footsteps. His dedication and passion for both mountaineering and Rotary serve as a testament to the power of individuals to make a difference in their communities and the world.

In conclusion, Sharad Joshi's journey as a Rotarian in the mountain has been nothing short of extraordinary. His expeditions have promoted Rotary's mission and shown the world the importance of perseverance, teamwork, and dedication. Mr. Joshi is a true inspiration for all Rotarians and serves as a shining example of what one can achieve with passion, dedication, and hard work.

#serviceproject\_rid3292\_2022-23

# ३२ जनालाई साइकल वितरण

## विराटनगर (न्यू सृष्टि दैनिक)-

शिक्षा, रोजगारीमा सहयोग पुगोस् भन्ने हेतुले रोटर्री क्लब अफ विराटनगर डाउनटाउनले ३२ जना छात्रा, महिलालाई एक-एक थान साइकल हस्तान्तरण गरेको छ ।

विराटनगरको खारजी, बखरी, सुनसरीको बर्जु, मोरङ बुधनगरका विद्यार्थी र रोजगारमा संलग्न महिलालाई साइकल दिइएको क्लबकी अध्यक्ष रेखा राठीले जानकारी दिइन् । यो सहयोग डिष्ट्रिक्ट ग्राण्डअन्तर्गत भएको हो । रोटर्रीका असिष्टेण्ट डाइरेक्टर कमल अग्रवाल, डाउन टाउन क्लबकी किरण कर्ण, रोटरियन बेनीगोवाल मून्दडा, गिरिजा सारडा, अध्यक्ष राठीलगायतले साइकल हस्तान्तरण गरेका हुन् । अध्यक्ष राठीले



यो वर्ष ५० साइकल वितरण गर्ने कार्यक्रम रहेको जानकारी दिइन् । क्लबले शिक्षा, स्वास्थ्य, वातावरणको क्षेत्रमा काम गर्दै आएको छ ।

निरन्तर सामाजिक कार्यमा संलग्न रहेको क्लबले दर्जनौं कार्यक्रम

सम्पन्न गरेको छ । रोटर्री क्लबले डाउन टाउन क्लबलाई उत्कृष्ट क्लबको रूपमा लिदै आएको छ र, क्लबले असारसम्म अन्य थप कार्यक्रम संचालन गर्दैछ । अध्यक्ष राठीको कार्यकाल सकिनै लागेको छ ।

# अपाङ्गता भएकालाई सहायक सामग्री

विराटनगर (न्यू सृष्टि दैनिक)- निरन्तर सामाजिक कार्य गर्दै आएको रोटर्री क्लब अफ विराटनगर डाउनटाउनले अपाङ्गता भएका व्यक्तिहरूका लागि सहायक सामग्री प्रदान गरेको छ ।

डाउनटाउनले सीबीआर प्रोजेक्टको सहकार्यमा ४ अपाङ्गता भएका व्यक्तिलाई सहायक सामग्री प्रदान गरेको अध्यक्ष रेखा राठीले न्यू सृष्टि दैनिकलाई जानकारी दिइन् । सहायक सामग्रीअन्तर्गत २ वटा कृत्रिम खुट्टा र २ वटा कृत्रिम हात हस्तान्तरण गरिएको अध्यक्ष राठीले बताइन् ।

महिलामात्र संलग्न रहेको रोटर्रीको यो क्लबले शिक्षा, स्वास्थ्य र



वातावरणको क्षेत्रमा काम गर्दै आएको छ । क्लबको वर्तमान कार्यसमितिको कार्यकाल सकिनै लागेको छ । पछिल्लो १० महिनामा क्लबले दर्जनौं सामाजिक कार्य गरेको छ ।

अध्यक्ष राठीले सेवा नै धर्मको

मूल मन्त्रलाई ध्यानमा राखेर विपन्न समुदाय लक्षित काम अघि बढाएको बताइन् । उनले आफ्नो कार्यकालमा थप केही कार्यक्रम र योजना बाँकी रहेको र आगामी दिनमा त्यसलाई सम्पन्न गर्ने बताइन् ।

#serviceproject\_rid3292\_2022-23

## Restoring hope by donating Prosthetic Limbs



When a person loses a limb in an accident, their entire existence is flipped upside down.

People tend to lose hope in these instances because they feel as though they have reached a dead end.

RC of Biratnagar Downtown gave four artificial limbs to the disabled in collaboration with the Community Based Rehabilitation (CBR) Center. The professionals also assisted the recipients in becoming acquainted to their new limb and its functionality for simple use of the prosthetic limb.

All the limbs were customized according to the measurement of the beneficiaries.

These prosthetic limbs were created at highly advanced workshop of CBR by a skilled team of prosthetics and orthotics engineers. This project increased the impaired people's comfort, confidence, and mobility while also giving them a new lease on life. They will be able to walk, work, and support themselves from now on. This project will cost Rs. 140,000.

## साईपालमा स्वास्थ्य शिविर सञ्चालन



सुदूरपश्चिम प्रदेश वभाङको अति दुर्गम साईपाल गाउँपालीकामा गुंरासे कल्याणकारी सेवा प्रतिष्ठान र रोटररी क्लब अफ नक्साल, शक्तिको आयोजनामा नेपालगन्ज मेडिकल कलेज (T U T H) र साईपाल गाउँ पालिकाको सहकार्य तथा Gmc Hospital pokhara का साथै Ucmc Bhairahawa को प्राविधिक सहयोगमा शिविर सञ्चालन भएको छ ।

गाउँपालीका उपाध्यक्ष डोल्मा तामाङ र मानविर बोहराले सम्माननिय राष्ट्रपति विद्यादेवी भण्डारीलाई भेटेर जनसमुदायको स्वास्थ्य समस्या वारे जनाए पछि उहाको पहलमा शिविर सञ्चालन गरिएको गाउँपालीका इन्जिनियर तिलक विकले दुर्गम साईपाल गाउँपालीकामा स्वास्थ्य शिविर सञ्चालन भए पछि सेवालीन जनसमुदायहरु आएका छन । शिविर सञ्चालन भए पछि गाउँपालीका अध्यक्ष मानविर बोहराले हाम्रो गाउँघरमा गरिबी अशक्त र एकल परिवार सँगै आर्थिक स्थिति कमजोर भएको कारण उपचार गर्न नपाएकोले सहजै सेवा लिनपाएको बताए ।

गाउँपालीका उपाध्यक्ष डोल्मा तामाङले भने, राष्ट्रपतीलाई प्रत्येक भेटेर शिविर गाउँमा ल्याउन पाउँदा खुसि भएको बताए । स्थानीयका अनुसार धेरै आडखस्ने गरेका महिलाहरु भएको कारण शिविरले राम्रो भएको बताए । शिविरमा विभिन्न ठाउँबाट विशेषज्ञ डाक्टरहरु सेवामा दिन आउनु भएको छन । स्वास्थ्य शिविरमा गाउँपालीका अध्यक्ष मानविर बोहराको अध्यक्षतामा प्रमुख अतिथि रोटररी क्लब नक्सालका संस्थापक डाक्टर लुना शर्मा अतिथि रगुरामे कल्याणकारी सेवा परिषद सल्लाहकार माधव सम्रा अतिथि राष्ट्रपति कार्यालयका स्वकीय सह- सचिव शिव भट्टराई उपाध्यक्ष डोल्मा तामाङ लगाएतको उपस्थिति रहेको थियो ।



#serviceproject\_rid3292\_2022-23

## WCS conducted by RC Shimodate, RC Hitachi Japan and RC Kasthamandap

Three clubs from RC Shimodate, RC Hitachi and RC Kasthamandap organized Rotary World Community Services (WCS) by visiting three different schools namely Shree Ganesh Primary School Namobuddha, Dapcha, Shree Janaudaya School Bhainsepati and Shramik School, Pulchowk. On the occasion, PDG Soichi Fujii, PDG Kazou Arai, Past president Tomohisa Ono RC Hitachi, and President elect Kenichi Miyata RC Shimodate all from RID 2820 Japan participated along with President Yadab Pradhan RC Kasthamandap, CP Gajendra B. Shrestha, IPP Nepal Bhusan Chand and other past presidents and members to distribute stationaries, school bags, sport materials and other school necessities. During the program they also handed over cheque of Rs. 60,000 to the president of Nepal Associations for Welfare of Blind (NAWB) to support the printing of brail calendar of BS 2080.

RC Kasthamandap has been supporting various schools in Nepal since last 20 years in collaborations with RC Shimodate. Later RC Hitachi also joined the collaborations since last 5 years. The total support amount for the program was more than six lakhs.



## Carrier Development Program by RC Butwal

Rotary Club of Butwal Organized Carrier Development on 20th May,2023 at Deep Boarding High School Program focusing to the Interactors & Rotaractors (family of Rotary Club of Butwal) of Interact Clubs and Rotaract Clubs Sponsored by Rotary Club of Butwal.

Dr. Lekh Jung Thapa, Senior Neurologist, Rtn. Rajendra Lamsal, Past President of Rotary Club of Butwal & Ramjee Adhikari, Central President of Manav Sewa Ashram. Program was Chaired by Rtn. Bonin Piya, President of Rotary Club of Butwal.

The program was divided into 3 sessions each of 1 hour. Every session conducted in the interactive mode. Interactors are actively participated in the sessions by raising queries to the speakers. All the Interactors and Rotaractors shows their positive vibes to the event and demand to organized such event in regular interval of time.

180 Interactors and Rotaractors were participated from 6 Interact Clubs and 3 Rotaractors Clubs sponsored by Rotary Club of Butwal Both Outgoing and Incoming youth leaders of Rotaract and Interact are participated.







#serviceproject\_rid3292\_2022-23

# RCBhaktapur Launches Free Barista Training for Deaf and Dumb Individuals, Paving the Way for Financial Independence



In a remarkable demonstration of inclusivity and empowerment, the Rotary Club of Bhaktapur has embarked on an initiative to provide free barista training for 10 individuals with special abilities. This program aims to equip deaf and dumb participants with the skills needed to secure employment and achieve financial independence. With generous funding of \$1000 from the Rotary District, matched by the Rotary Club's own contribution, this groundbreaking initiative has now commenced, promising a brighter future for its participants. The free barista training program, designed exclusively for deaf and dumb individuals, offers a comprehensive curriculum spanning a period of two weeks. The participants will receive specialized instruction covering all aspects of the barista profession, ensuring they gain a thorough understanding of coffee preparation techniques, customer service, and hygiene standards. To further enhance their practical skills, a one-week internship opportunity is included, allowing the participants to apply their knowledge in a real-world coffee shop setting. The ultimate goal of this program is to empower the participants by facilitating their integration into the workforce.

Upon successful completion of the training and internship, the Rotary Club of Bhaktapur is committed to assisting the participants in securing job placements. By bridging the gap between skill development and employment, the initiative aims to foster self-dependence and financial stability among the deaf and dumb community.

"Our primary objective is to provide equal opportunities for individuals with special abilities," stated the president Rtn. Binita Hada of the Rotary Club of Bhaktapur. "We firmly believe that with the right training and support, these talented individuals can excel in their chosen field and lead fulfilling lives. By focusing on barista skills, we aim to create avenues for them to thrive in the coffee industry, where they can showcase their abilities and contribute meaningfully to society."

The Rotary Club's efforts have received widespread acclaim from local communities, disability advocacy groups, and individuals passionate about inclusivity. By offering free training and employment opportunities, this initiative not only empowers deaf and dumb individuals but also demonstrates the Rotary Club of Bhaktapur's commitment to social integration. The launch of the free barista training program for deaf and dumb individuals signifies a significant step towards achieving financial independence and social integration. With the backing of the Rotary District and their own dedicated efforts, the club aims to equip these individuals with the necessary skills to secure employment and lead self-reliant lives. This endeavor serves as an inspiring example of how communities can come together to create positive change and empower individuals of all abilities. ■

On Mother's Day, **Rotary Club of Narayani Mid-Town**, led by President Sweta Upadhyay, celebrated with three needy women who earn their livelihood by selling roasted corn cobs. Sansari Majhi (79), Kapila Majhi (55), and Buddhimaya Majhi (58) sell bhutta on Bishal Chawk Bypass Road in scorching Chitwan. The event, chaired by Pavitra Acharya Gautam, included spending time with the women, providing financial support, and donating basic necessities. Notably, Kapila Majhi's husband suffers from kidney failure, and RCNMT has pledged assistance. The day highlighted the sacrifices made by these remarkable mothers for their families.





# Inter-College Speech Competition 2023 on “Rotary: The Four Way Test”

The Rotary Club of Bagmati, Kathmandu and Southwestern State College, Basundhara, Kathmandu jointly organized Inter College Speech Competition 2023 on “Rotary: The Four Way Test”. The program was co-hosted by Zone 6 Clubs- Rotary Club of Tripureshwor, Rotary Club of Kathmandu Metro, Rotary Club of Kantipur, Kathmandu.

Various colleges from Kathmandu valley and all over Nepal were invited. 67 students from 38 colleges had registered their name for the participation in the program. Among them, 37 participants took part in the first round of top 10 selection on 15th February 2023. The first round of competition was conducted online in Zoom platform. The judges’ panel for the selection round included Rtn. Badan Lal Nyachhyon, Chair Rotary Ethics and Rotary the Four-way test, Rtn. Gopal Sundar Lal Kakshapati, Chair, Rotary Image, Rtn. Laxman Pandey, Business Development, India, Rtn. S. K. Shrestha, Past President Rotary Club of Bagmati, Kathmandu, Rtn Rama Kandel, AG, RI District 3292, Past President Rotary Club of Bagmati, Kathmandu, Rtn. Ira Shrestha, Rotary Club of Bagmati, Kathmandu and Rtn. Manisha Thapa, Rotary Club of Bagmati, Kathmandu,

The theme of the competition was Rotary: The Four Way Test of things we think, say or do. It focused on 1. Is it the truth? 2. Is it fair to all concerned? 3. Will it build goodwill and better friendships? and 4. Will it be beneficial to all concerned? Since the initial days of the association, Rotarians were concerned with promoting high ethical standards in their professional lives. One of the world's most broadly printed and quoted statements of business ethics is the 4-Way Test, which was created in 1932 by Rotarian Herbertr J. Taylor, when he was asked to take charge of a company that was facing bankruptcy.

The Grand Finale of the competition was organized on the occasion of 118th Rotary Day Celebration on 23rd February 2023 in the Auditorium Hall of Southwestern State College. The participants were awarded with attractive cash prizes of NRs 30,000/-, NRs 20,000/-, NRs 10,000/- and NRs 3,000/- for the First, Second, Third and two Consolation positions respectively along with medal and certificate. The First, Second and Third positions in the competition were secured by Dikshya Upadhyaya, Budhanilkantha School, Abhishek Sharma Southwestern State College and Suyasha Rai, Southwestern State College, respectively, whereas the Consolation position was secured by Grishma Upreti, Deer Walk Sifal College Bam Bahadur Biswakarma, Farwestern College, Dhangadhi, Kailali. All other participants were also provided a certificate of participation and token of love in the program. And the volunteers in the program were also provided a certificate of appreciation and token of love.

The judges’ panel of the program in the finale included Mr. Tribhuvan Chandra Wagle, Senior Journalist, Gorkhapatra Sansthan, Faculty member of Nepali Department, SWSC as the Chief Judge, along with Rtn. Gopal Sundar Lal Kakshapati, Chair, Rotary Image, and Rtn. Badan Lal Nyachhyon, Chair, District Rotary Ethics and 4-way Test Promotion sub-committee as the judges.

Rotarian Jitendra Rajbhandari, Chief Guest of the program and District Governor 2022-2023, International Relations Coordinator of SWSC, Mrs. Sarita Shakya-Pradhan, Rtn. Bijay Sagar Pradhan, Past President and Coordinator of Rotary the four-way test from Rotary Club of Bagmati Kathmandu and Rtn. Manik Ratna Shakya, President Nominee, Rotary Club of Bagmati Kathmandu had made their remarks in the program.





#serviceproject\_rid3292\_2022-23

## RC Chitwan Donates Wheelchairs to Needy Individuals in Bharatpur-3

The Rotary Club of Chitwan generously donated four wheelchairs to individuals in need from Bharatpur-3. Led by President Rtn. Deepak Pradhan and with the special presence of Ward Chairman Mr. Bikash Thapa, the program aimed to improve mobility and enhance the lives of the recipients. The wheelchairs were handed over to Krishna Bahadur Ghimire (91), Sati Maya Pariyar (81), Ganesh Lohani (43), and Rati Maya Shrestha (90). Additionally, a Four Way Test Board, symbolizing ethical standards, was attached to the ward chairman's office during the program. The Rotary Club of Chitwan's compassionate initiative was appreciated by the local community, reflecting their commitment to creating an inclusive society.



## Free Health Camp at Madi - 9 by RC Chitwan and Rotarct Club of Chitwan



In a joint effort to serve the community, the Rotary Club of Chitwan and the Rotaract Club of Chitwan organized a free Health Camp at Madi-9, Govinda Basti on Saturday, 20th May 2023. The health camp aimed to provide essential healthcare services to the local community, with a total of 306 participants, including elderly individuals, children, and young people.

The health camp offered a range of services to address various health concerns. The attendees had the opportunity to undergo blood pressure monitoring, blood sugar testing, orthopedic consultations, ECG screenings, and dental check-ups.

These services were provided without any charges, ensuring that everyone in the community could access necessary healthcare support.

Under the able chairmanship of Rtn. Deepak Pradhan, President of the Rotary Club of Chitwan, and Rtr. Achyut Neupane, representative of the Rotaract Club of Chitwan, the program was successfully conducted. Their leadership and dedication to community service were instrumental in organizing and managing the health camp effectively.

The collaborative efforts of the Rotary Club of Chitwan and the Rotaract Club of Chitwan were highly appreciated by the participants and the local community. The event exemplified the clubs' commitment to promoting health and well-being among the community members.

Through initiatives like this health camp, the Rotary Club of Chitwan and the Rotaract Club of Chitwan continue to make a positive impact and contribute to the overall welfare of the community. Their joint efforts reflect the spirit of service and dedication to helping others, which are the core values of Rotary and Rotaract clubs worldwide.



#serviceproject\_rid3292\_2022-23

# DISTRIBUTION OF BICYCLE TO GIRL STUDENTS AND BREADWINNER WOMEN UNDER DISTRICT GRANT 2022-23

For Women Empowerment, "under District Grant 2022-23-6", RC of Biratnagar Downtown distributed 32 bicycles to underprivileged girl students and bread winner women for their smooth education and financial stability. 1 bicycle was given on 7th May to a needy woman. Thus total 33 bicycles were distributed under District Grant. This project will also support RNLM as girls who had left school due to lack of conveyance, will get re-enrolled in school. The beneficiaries were from our 4 RCC- Kharji, Barjugaon, Budhanagar and Bakhri. Assistant Governor, Rtn.Kamal Agrawal, Senior Rotarian, Beni Gopal Mundara, Zonal Ambassador for Girls Empowerment Initiative Rtn.Kiran Karna, Past Presidents, Club members, RCC members and media representatives were present.





#serviceproject\_rid3292\_2022-23

# Blood Donation Programme by Rotary E-Club of Medicofusion Hybrid Nepal



Rotary E-Club Of Medicofusion Hybrid Nepal in co-ordination with Tilottama raktadata samaj and Leo club of tilottama vrikuti town had conducted blood donation program on 27th May 2023 at tilottama-8 Rupendehi. Total of 52 unit of whole blood was collected.

Blood donation is an important public health service that helps to ensure that there adequate supply of safe blood for patient in need. Anyone who is in good health and meets eligibility criteria can donate blood. After the blood is collected, doners are typically advised to rest and drink plenty of fluids to help replenish the fluid lost during donation. Program was chaired jointly by President of Rotary E-Club Of Medicofusion Hybrid Nepal Rtn. Dr. Prakash Basnet and President of leo club Vrikuti town Uttam Pokharel. Chief guest woda president Krishna Poudel, Guest Rtn. Dr. Santosh Pokharel, Rtn.dr.KI singh K.C. and Rtn. Dr. Anupa Thapa had few words on importance of Blood donation.

## रोटर्याक्ट विराटनगरका युवाहरुले कोलकत्ता स्टेडीयममा फहराए नेपाली झण्डा

विराटनगर, वैशाख १२

रोटर्याक्ट क्लब अफ विराटनगरका पाँच युवाहरुले भारतको कोलकत्तामा चलिरहेको आईपीएल म्याच अवलोकन गरेका छन् । क्रिकेट खेलमा नेपालले गरिरहेको प्रगतीलाई शाहनुभुति प्रकट गर्न त्यहाँ पुगेको टोलीका सदस्य अनिल रौनियारले जानकारी दिए । अप्रिल २३ तारिक त्यहाँ भएको सिएसके भर्सस केकेआएर बिचको खेलमा उनीहरुले उपस्थिती जनाएका थिए । त्यस खेल अवलोकन गर्न पुगेका विराटनगरका रोटर्याक्ट युवाहरुले नेपालको झण्डा बोकी स्टेडियमको परिक्रममा गरेको थिए । उनीहरुलाई यस भ्रमणको लागि माउं संस्था रोटरी क्लब अफ विराटनगरले सहयोग गरेको थियो ।

[HTTPS://WWW.JANACHARCHA.COM/DETAILS/7130.HTML](https://www.janacharcha.com/details/7130.html)



रोटरी क्लब विराटनगरको सभामा बोल्दै रोटरी अन्तर्राष्ट्रिय ३२९२ का डिस्ट्रिक्ट गभर्नर जीतेन्द्र राजभण्डारी साथमा सचिव अमित गिरी, कविन श्रेष्ठ, आरआरएपीसी वासुदेव गोल्याण, ताराचन्द्र खेतान, अर्चना तापाडिया लगायत । सो अवसरमा रोटरीको सेवालार्ई अझ प्रभावकारी र विस्तारित गर्ने बारेमा जोड दिइएको थियो ।

## बालिकाको उद्धार गर्दाको क्षण



धुनिवेशी नगर पालिका, ७, च्यानडाँडा, राजधानी काठमाडौंबाट जम्मा २५ कि मि दुरीमा अवस्थित यो बाँस्ति वक्ति मुनिको अर्ध्याँरो ठाउँ हो । यहाँ एक प्राथमिक विद्यालय उजाद अनुहार लिएर उद्धारको पर्खाइमा तलको हाइवेमा ओहोर दोहोर गुडिरहने गाडिहरूलाई तोलाइरहेको छ, बर्षौंदेखि ।

यहि विद्यालयमा अध्यापन गराउने प्रधानाध्यापिका विद्यादेवि भट्टले वरपरका बासिन्दाहरूको स्वास्थ्य परिक्षण गरिदिन अनुरोध गर्दै रोटरी क्लब अफ पाटन दर्वार स्क्वायरमा एक पत्र पठाउनु भयो । धेरै चरणको छलफल पछि, २०७९ साल चैत्र २५ गतेलाई स्वास्थ्य परिक्षणको मिति तय गरियो । एकै कार्यक्रम गर्दा ठुलो खर्च आउने देखियो त्यसैले पहिलैदेखि हातेमालो गर्दै आएका रोटरी क्लब अफ सैवु भैसेपाटी, रोटरी क्लब अफ जावलाखेल मञ्जुश्री, रोटरी क्लब अफ माउण्ट एम्प्रेष्ट ललितपुर साथै लायन्स क्लब अफ काठमाडौं गुराँस समक्ष प्रस्ताव गरियो । सबै क्लबहरूबाट उत्साहपूर्ण जवाफमात्रै आएन विभिन्न स्वास्थ्य संस्थाहरूसँगको समन्वय गर्न प्रतिबद्धता समेत जाहेर गर्नुभयो ।

त्यसै गरी प्रधानाध्यापिका विद्यादेवि भट्टले धु न पा, वडा कार्यालय, धुनिवेशी अस्पताल, विद्यालय प्रशासन साथै वरपरका बासिन्दाहरूसँग समन्वय गर्नुभयो । तिलगंगा आँखा अस्पताल, नेपाल क्यान्सर अस्पताल, ओम समाज डेण्टल अस्पताल समेतको सहभागितामा भएको उक्त कार्यक्रममा अनपेक्षित सहभागिता रहयो भने स्थानिय बासिन्दाहरूबाट अपूर्व स्वयमसेवा प्राप्त भयो ।

कार्यक्रमको शुरुमै शरिर नै सिरिङ्ग हुने एक बालिका कार्यक्रमस्थलमा आइपुगिन, अविभावकका साथ । जलाबन्धु तथा मोतियाबिन्दुको लागि निशुल्क सर्जरी गर्न तिलगंगा आँखा अस्पताल तयार थियो तर सो बालिकाको अवस्था जतिल थियो । सानैदेखि छारे रोग तथा मानसिक रोगबाट पिडित बालिका बेहोश अवस्थामा आगोले जल्न पुगेकीले आँखा तथा कान जलेर अत्यन्तै पिडादायी अवस्थामा बाँचिरहेकै रहिछन्, बिनिता तामाङ्ग ।

मान्सिक रोगिका बिरामी, बिनिता स्कुलमा आउँदा रहिछन्, बच्चाहरूसँग खेललाई । 'स्कुलमा आउँछे अरु बच्चाहरु सँग खेललाई, सबै जनाले छि छि, दुरदुर गर्छन्, लो न सर के गर्न सकिन्छ कि, डाक्टर सापहरूसँग कुरा गरिदिनोस न' । प्रधानाध्यापिका विद्यादेवि भट्टले याचना गरिन ।

तिलगंगा आँखा अस्पतालको नेतृत्व गर्नुभएका डा वासुदेव अधिकारीसँग सल्लाह गर्दा मेजर अपरेशन गर्नुपर्ने भएकोले पचास हजार सम्म खर्च आउन सक्छ, सो मध्य पच्चिस हजार अस्पतालबाट व्यहोरिने तुरुन्तै घोषणा गरिदिनुभयो । दश हजार रोटेरियन कर्ण थापा, पाँच हजार लायन्स अमर नेपालले तुरुन्तै कबुल गर्नुभयो, बाँकी दश हजार रोटरी क्लब अफ पाटन दर्वार स्क्वायरबाट वाचा गरि जाँतिसक्दो छिटो अस्पताल पुऱ्याउन चाँजोपाँजो मिलाउनेतिर लागियो ।

उपचारको लागि अनपढ आमाबाबुको निम्ति पैसामात्रै समाधान थिएन । त्यसैले अस्पताल पुगिसकेपछि बाँक कामको जिम्मेवारी रोटेरियन कर्ण थापाले लिनुभयो । आँखा अस्पतालको प्रारम्भिक परिक्षणबाट छारे रोगको कारणले केश जतिल देखियो । आँखाको अपरेशन भन्दा पहिले अन्य रोगको उपचार गर्नु पर्ने देखिएपछि अनुमान गरिएको भन्दा दोब्बर खर्च आउने भयो ।

बितेका दुई हप्तादेखि बिहान देखि बेलुकी सम्म विभिन्न अस्पतालहरूमा विभिन्न परिक्षण गराउन डौदिरहेका कर्ण थापाज्युले समय र पैसाको प्रवाह नगरी आफ्नै सन्तान भै खत्तुभएको त्यो क्षण वास्तवमै अर्द्धितय छ । यहाँ सम्म आइपुग्दा आँखाको अपरेशन वाहेक पचास हजार भन्दा बाँड खर्च भइसकेको थियो । तिलगंगा आँखा अस्पतालको व्यवस्थापनबाट उदारतापूर्वक अपरेशन खर्च पुरै व्यहोर्ने जानकारी दिदै होशला थापदिनुभयो । उपचार खर्च जति नै लागे पनि उपचार गरेरै पठाउने भन्ने लायन्स क्लबका साथिहरुबाट पनि प्रतिबद्धता आयो ।

यसरी लगभग एक महिनाको अथक प्रयास पछि अन्ततः अपरेशन सफल भयो । लामो समय सम्म औषधि सेवन गर्नु पर्ने डाक्टरको सल्लाह अनुसार रोटरी क्लब अफ पाटन दर्वार स्क्वायरबाट तीन महिनाको लागि औषधि किनेर पठाइएको छ । साथै सरकारबाट उपलब्ध विमा शुल्क, अबको पाँच वर्ष सम्म रोटरी क्लब अफ पाटन दर्वार स्क्वायरबाट तिरीदिने निर्णय गरिएको छ ।

अत्यन्तै गरिविको मार खेपिरहेको बिनिताको परिवारले उनको उपचारको कल्पना सम्म गरेका रहेनछन् । निरन्तर आँसु बागिरहने आँखा, लगभग हरेक दिन मुर्छा परेर लड्ने छारे रोग पालेर अत्यन्तै नाजुक अवस्थामा बाँचिरहेकी एक अर्धव्य बालिकाको उद्धार गर्न सहयो पुऱ्याउनुहुने सम्पूर्ण क्लबका साथिहरु, तिलगंगा आँखा अस्पताल, विशेष गरि रोटेरियन कर्ण थापाज्यु प्रति हार्दिक आभार । जय रोटरी



#serviceproject\_rid3292\_2022-23

# Mega Health Camp by RC Narayani Midtown

On the 27th of May, the Rotary Club of Narayani Midtown, in collaboration with Maulakalika Hospital and Paiyu Municipality, organized a Mega Health Camp in the remote village of Paiyu, Huas Swasth Chawki, guided by the vision of "service before self." This remarkable initiative brought together a dedicated team of 45 individuals, including 28 pharmacists and doctors from various specialties, along with 17 Rotarians accompanied by their spouses.

Starting at 8 a.m., the team gathered all the necessary medicines and equipment for the camp. They embarked on a challenging journey, boarding one bus and four cars from Gaidakot, traveling from Kaligandakichawki to Doteni Bulinglar Dad Gaorampur, Palpa. The team persevered through 22 kilometers of uneven mountain roads, finally arriving at the medical camp at 6:00 p.m.

The following day witnessed a surge of patients eager to receive treatment at the camp. It marked the opening ceremony of this impactful service camp, graced by the esteemed presence of Mr. Mitral Baishyal, a provincial member of Gandaki, who served as the chief guest. In his inspiring speech, Mr. Baishyal expressed his commitment to ensuring the success of the camp and providing treatment to all patients. Notable guests in attendance included Village Ward President Taran Maliya and Dr. Keshavraj Bhurtel, the director of Maulakalika Hospital.

Throughout the camp, a total of 3,188 patients were examined. A diverse team of doctors specializing in various fields, including chest, stomach, dental care, eye care, dermatology, orthodontics, pediatrics, women's health, gynecology, and Ayurvedic medicine, provided their expertise. The camp also offered vital diagnostic tests such as lab examinations and X-rays. As a testament to their commitment, approximately 200 patients were provided with free spectacles, while 20 patients underwent ultrasound scans, and another 20 received dental treatments, including extractions.

The driving force behind the success of this extraordinary event was the past president of RCNMT, Keshavraj Bhurtel. His exceptional organizational skills and unwavering dedication played a crucial role in ensuring the smooth execution of the camp. The Mega Health Camp incurred a total cost of approximately 5 lakh rupees for medicines and equipment, with an additional 4 lakh rupees allocated for travel and accommodation expenses. Despite the financial commitment, the impact made on the lives of the patients was immeasurable. In the closing moments, Dr. Bhurtel and the President of RCNMT, Sweta Upadhyay, expressed their deep gratitude and delivered a heartfelt vote of thanks. They extended their appreciation to all participants, volunteers, sponsors, and contributors who played a pivotal role in making this health camp a resounding success.

This Mega Health Camp not only provided vital medical care to the underserved community of Paiyu but also stood as a testament to the power of collective action and compassion. The collaborative efforts of the Rotary Club of Narayani Midtown, Maulakalika Hospital, and Paiyu Municipality served as an inspiring example of how a united community can make a lasting impact on the lives of many.





#serviceproject\_rid3292\_2022-23

# Program on Thalassemia

The Rotary Club of Narayani Midtown and Rotaract Club made history in Nepal on May 8th by organizing a program on thalassemia, coinciding with World Thalassemia Day. The event took place at Ratnakar World 1 in Om Shanti Basic School and aimed to raise awareness about this lesser-known disease. The organizers are thrilled to have been part of this impactful initiative.

The distinguished guest for the program was Kulprasad Sapkota from Ward 1, who honored the event with his presence. Dr. Bhurtel, during his address, announced that financial assistance would be provided to thalassemia patients in Chitwan. The patients expressed their overwhelming gratitude for this support.

Following the awareness program, a bag distribution event was held for students from LKG to Class 5, with 200 bags being distributed. The active participation of Rotarians, including the president, past presidents, and all fellow members, contributed to the success of this endeavor.

The program proved to be highly informative and enriching, providing valuable knowledge about thalassemia to the attendees. By shedding light on this genetic disorder, the organizers played a crucial role in spreading awareness and promoting early detection and management.



The Rotary Club of Narayani Midtown and Rotaract Club's commitment to community service is evident through initiatives like these. By addressing crucial health issues and empowering communities through education, they contribute to the betterment of society.

The organizers reflect on the success of this program with a sense of accomplishment and gratitude. Their hope is that the shared knowledge and support will have a lasting impact on the lives of thalassemia patients. Together, they are working towards a healthier and more informed future for all.

## RC Shimodate, Japan, and RC Kasthamandap celebrated the renewal of their Twin Club Relations

The Rotary Clubs of Shimodate, Japan, and Kasthamandap celebrated the renewal of their Twin Club Relations after 20 years of successful partnership. The event witnessed the presence of esteemed members, including past presidents and four distinguished Rotarians from Japan.

Among the Japanese delegates were PDG RID 2820 Shoichi Fujii, PDG RID 2820 Kazuo Arai, PP RC Hitachi Tomohisa Ono, and President-Elect RC Shimodate Kenichi Miyata, who joined the event to strengthen the bond between the clubs. President Yadab of RC Kasthamandap delivered a warm welcome address, emphasizing the significance of the Twin Club Relations and their impact on fostering international cooperation.

During the ceremony, the Memorandum of Understanding (MOU) for the renewal of Twin Club Relations was signed by President Rtn Yadab Lal Pradhan of RC Kasthamandap and President-Elect Rtn Kenichi Miyata of RC Shimodate. The Japanese guests expressed their satisfaction in jointly undertaking service projects annually in Nepal, made possible through the strong club relations. PDG Kazuo Arai and PDG Shoichi Fujii highlighted the support received from RC Kasthamandap during a Global Grant project. The project involved providing expensive Hitachi equipment to Ibarki Children's Hospital for radiation testing immediately after the Fukushima earthquake and nuclear disaster in 2011.

CP Gajendra B. Shrestha spoke about the history of the club relations and their effectiveness in fostering meaningful people-to-people connections through Rotary. In the meeting, a proposal was put forth to designate PDG Shoichi Fujii from RC Hitachi and PDG Kazuo Arai from RC Shimodate as honorary members of RC Kasthamandap, representing RI District 2820. The proposal was accepted and will be forwarded to the RC Kasthamandap Board for approval.

The renewal of Twin Club Relations signifies the enduring commitment of both clubs to collaboration, friendship, and service. It sets the stage for future joint initiatives, further strengthening the bond between Rotary clubs in Japan and Nepal.





#serviceproject\_rid3292\_2022-23

# RCC District Conference



रोटरी डिस्ट्रिक्ट ३२९२ नेपाल-भुटान को रोटरी सामुदायिक समितिको राष्ट्रिय भेला (District RCC Conference) २०७९ साल चैत्र महिनाको १८ र १९ गते (April 1-2) चितवनको सौराहा स्थित सौराहा थारु गाऊमा सम्पन्न भयो । सो कार्यक्रममा २० वटा RCC का ६० जना सदस्यहरु उपस्थित रहेका थिए भने अन्य रोटरीयन, रोटुयाक्ट र पाहुना गरी करिब १२० जनाको सहभागीता रहेको थियो । कार्यक्रमको उद्घाटन सो कार्यक्रमका प्रमुख अतिथी डिस्ट्रिक्ट ३२९२ का गभर्नर रोजितेन्द्र बहादुर राजभण्डारीले गर्नु भएको थियो ।

सो कार्यक्रमका प्रमुख अतिथी डिस्ट्रिक्ट ३२९२ का गभर्नर रोजितेन्द्र बहादुर राजभण्डारीले उद्घाटन मन्तव्य राख्दै रोटरीलाई र रोटरीले गरेको कामलाई समुदायसम्म पुराउन RCC ले महत्वपूर्ण भूमिका खेलेको हुनाले यस्ता खालका भेलाहरु हुनु आवश्यक रहेको उल्लेख गर्नु भयो। सम्मेलनको सफलताको शुभकामना दिँदै गभर्नरले चक्रवर्तन अयलाभचभलश्रम आयोजना गरेकोमा आयोजकलाई धन्यवाद दिनुभयो। सो कार्यक्रममा एम्न रो वासुदेव गोल्यान, DGE रो राजेन्द्र धोजु र DGN रो राजेन्द्रमान शेरचनले पनि शुभकामना मन्तव्य राख्नु भएको थियो।

उद्घाटन सत्र सकेपछि PDG सञ्जय गिरि र DGND विनोद कोईरालाले सेसन लिनु भएको थियो। रोटरी र RCC को सम्बन्ध वारे सञ्जय गिरिले प्रकाश पार्नु भएको थियो भने, रोटरीले समुदाय हितको लागि सात फोकस एरिया मार्फत कसरी काम गर्छ भन्ने कुराको जानकारी DGND विनोद कोईरालाले दिनु भएको थियो। दोस्रो दिन सहभागीहरुलाई चितवनका रोटरी क्लबहरुले निर्माण गरेको रोटरी मुसहर वस्ति निरिक्षणमा लिएको थियो। सो कार्यक्रममा मुसहर वस्ति कसरी बन्ने जानकारी RCC सदस्य जीवन मुसहर र रोटरी क्लब अफ रत्ननगरका चाटर् प्रेसिडेण्ट रो राजेन्द्रमान श्रेष्ठले जानकारी गराउनु भएको थियो। त्यसपछि भएको सेसनमा रोटरी क्लब अफ धुलिखेलका पुर्व अध्यक्ष रो अशोक कुमार श्रेष्ठले चलाउनु भएको थियो। सो सेसनमा उपस्थित रोटरी सामुदायिक समितिका सदस्यहरुले आफ्नो चक्रवर्तन ले गरेका कामहरुको प्रस्तुति गर्नु भएको थियो। कार्यक्रममा उत्कृष्ट प्रस्तुति गर्ने मध्ये RCC लाफा (गोर्खा) प्रथम, RCC हाडिखोला (हेटौडा) द्वितिय र RCC कोर समुह भोटेकोशी (सिन्धु पाल्चोक) तृतीय भएका थिए। उत्कृष्ट प्रस्तुति गर्नेहरुलाई प्रोत्साहन स्वरुप नगद रकम क्रमशः रु ५,०००/-, ३०००/- र २०००/- प्रदान गरिएको थियो । डिस्ट्रिक्ट RCC Subcommittee को सभापति रो उत्तम खड्काको अध्यक्षता भएको सो दुई दिने भेला सफलता साथ सम्पन्न गर्न सहयोग गर्ने सबकर्मि सदस्यहरुलाई, सल्लाहकारहरुलाई, प्रमुख अतिथि डिस्ट्रिक्ट गभर्नर रोजितेन्द्र बहादुर राजभण्डारीलाई, काउन्सिल अफ गभर्नरसंलाई, उपस्थित सबै रोटरीयनहरुलाई,कार्यक्रमको शोभा बढाईदिने उपस्थित सबै RCC सदस्यहरुलाई, Rotaract तथा अन्य सबै पाहुनाहरुलाई कार्यक्रममा अपस्थित भएर कार्यक्रम सफलता साथ सम्पन्न गर्न सहयोग गर्नु भएकोमा सभापति उत्तम खड्काले धन्यवाद प्रकट गर्नुभयो। साथै अर्को वर्ष चौथो RCC भेला लुम्बिनीमा गरिने कुराको जानकारी वृटवलका RCC हरुको तर्फबाट जानकारी गराइएको थियो ।



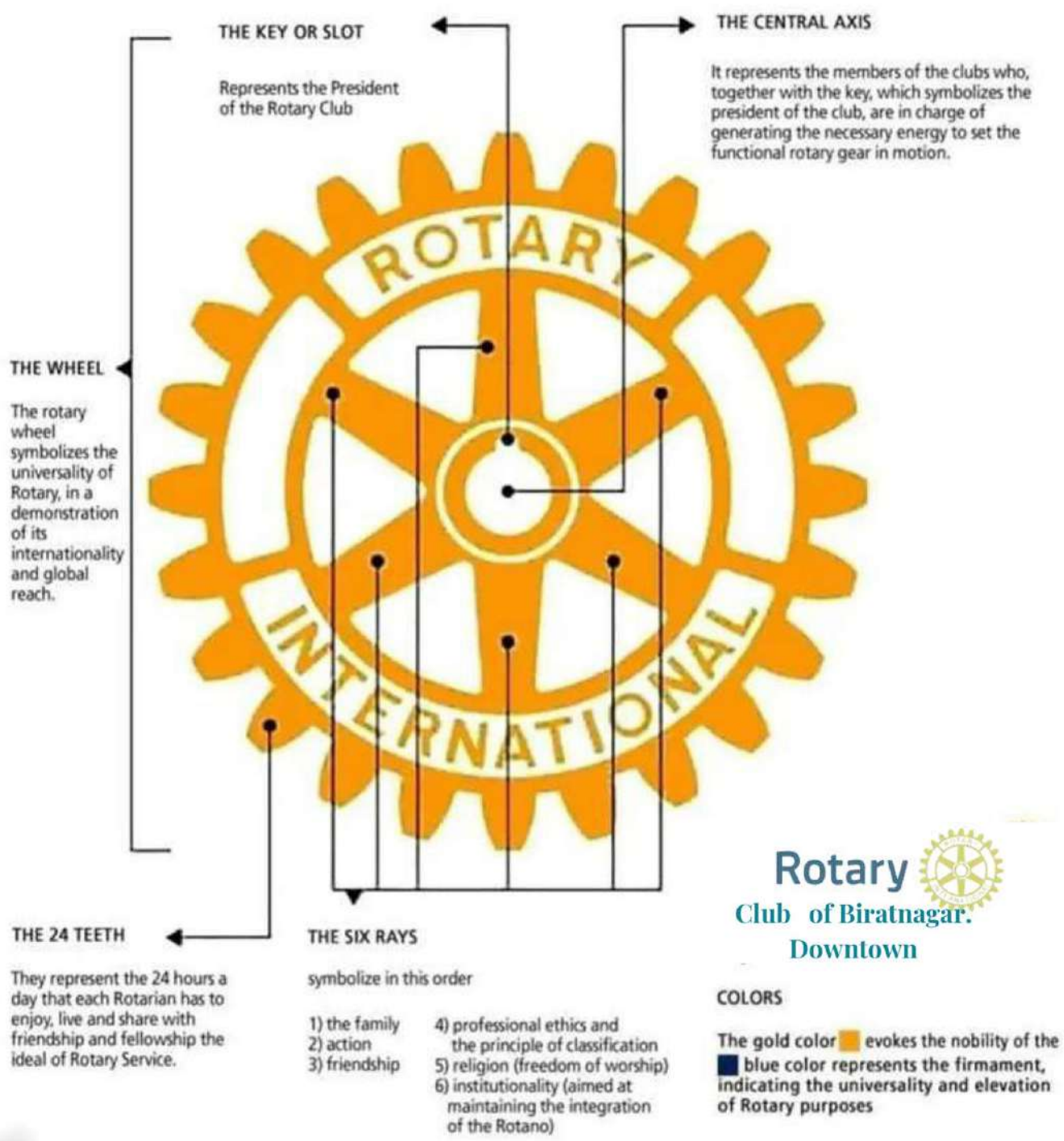


#publicimage\_rid3292\_2022-23

# KNOW US MORE

Every Rotarian should know this ...

## WHAT DOES THE ROTARY WHEEL MEAN?



Rotary  
Club of Biratnagar.  
Downtown





Rtn. Sarin Shrestha



# Rotary Corner

Chair, District Publication  
& GML Sub-Committee (2022-23)  
Rotary International District 3292

# EDITOR'S NOTE

Rotary Opens Opportunities -2020-21

Greetings, fellow Rotarians,

Welcome to the May edition of the Governor's Monthly Letter. As we transition from spring to summer, we find ourselves reflecting on the progress and challenges that lie ahead for our beloved nation of Nepal.

In this month's letter, we aim to shed light on some of the key initiatives and developments that have shaped our nation's path towards progress. We hope to provide you with valuable insights and updates on the various sectors that play a pivotal role in our society.

The Governor's Monthly Letter for May 2023 seeks to provide a comprehensive overview of the significant milestones and ongoing endeavors that shape Nepal's journey towards progress and prosperity. We hope this letter serves as a source of inspiration, encouraging each and every citizen to contribute to the betterment of our society and the realization of our collective dreams.

Thank you for your continued support, and we look forward to sharing more updates and insights in the coming months.

Imagine Rotary with SMILE

## GML Published by

District Governor Rtn. Jitendra B Rajbhandary  
RI District 3292, Rotary Club of Kopundol  
Cell : 9851023265, jitendra.rajbhandary@gmail.com

## GML Publication Team

Rtn. Sarin Shrestha  
Chair, RC Newroad City Kathmandu  
Cell : 9851106869, sarinxyz@gmail.com

Rtn. Mohan Dhoj Joshi  
Co-Chair, RC Kathmandu West  
Cell: 9851020809, Email: mdmohan@wlink.com.np

Rtn. Sarita Shrestha  
Chair, Region 1-3, RC Yala  
Cell: 9851082223, sarita.shrestha@gmail.com

Rtn. Raj Shrestha  
Co-Chair Region 1-3, RC Eclub of District 3292  
Cell: 9851000209, rajk.shrestha@gmail.com

Rtn. Dinesh Kumar Shrestha  
Chair, Region 4, Club: RC Damauli  
Cell: 9856060726, dineshstha13@gmail.com

Rtn. Bikram Chhetri  
Chair, Region 5, RC Lumbini Stars  
Cell: 9857030576, chhetribikram576@gmail.com

Rtn. Shailendra Prasad Verma  
Chair, Region 6, RC Birganj Metropolis  
Cell: 9851047350, spvermaquest@gmail.com