

GOVERNOR'S MONTHLY LETTER

# GML

NOV/DEC 2022

[www.rotarydistrict3292.org.np](http://www.rotarydistrict3292.org.np)

#letterfromdg\_rid3292\_2022-23

#Felicitation & TRF Seminar with  
RI President Jennifer Jones

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TOGETHER FOR A BETTER WORLD  
AND  
TOGETHER, WE IMAGINE ROTARY

November 2022 was full of activities. Rotary Asia South Asia Office (RISAO) organized Fiscal Agent meet in Nepal attended by Fiscal Agents from India, Pakistan, Sri Lanka, Nepal. We had regular meeting with Assistant Governors where current update as well as upcoming district programs were discussed. Assistants Governors were requested to encourage/ motivate Presidents of their assigned clubs to work towards achieving set goals and start contributing in the Rotary Foundation to make it a stronger Foundation. This will help clubs to plan their activities in such a way that club goals are achieved. Assistant Governors were advised to plan at least two joint meeting of clubs assigned to them. This will help clubs to understand more about Rotary and increase fellowship and bonding.

Rotary International President Jennifer E Jones' Nepal visit during 05-08 December 2022 has been confirmed. Preparation has been in full swing to ensure that RI President's visit becomes a grand success.

Club visits have been in the full swing.

We have successfully completed first five months of the IMAGINE ROTARY YEAR 2022-2023 with lots of exciting activities. Great way to start the year.

Sarita and myself and entire District Team are with you every inch of the way to enjoy Imagine Rotary Year and to do good to the world.



With Warm Regards,  
**Jitendra B Raibhandary**  
DG, RID 3292

## Imagine Rotary Year and to do good to the world.



**Jennifer Jones**  
**RI President**

Being asked to Imagine Rotary can seem like a big, heady exercise, but the most important element of it is something quite small, even personal.

Not too long ago, Rotary members were expected to perform our acts of service quietly. I understood and appreciated the thought behind that — humility is a wonderful trait, and we should continue to nurture it in other ways.

But keeping Rotary to ourselves has a cost, and by sharing our Rotary moments, we are being generous with others and giving them an opportunity to understand the impact of Rotary.

It brings to mind that wonderful aphorism: “People will forget what you said. People will forget what you did. But people will never forget how you made them feel.”

So how do we make people feel Rotary? The best way is to share our Rotary moments. We have all had them — when the ordinary collides with intention to create something extraordinary.

Some people have those Rotary moments the first time they go to a meeting. For others, it can take years, before seeing the joy in the eyes of someone we serve. Or perhaps in hearing from another member something that hit close to home.

As Nick and I share this journey, we are amazed at the work you are performing and the lives that are transforming. Throughout the year, I'm going to share with you the sights and the stories that made those tours meaningful for us.

I hope you can do the same in your corner of Rotary. It can be something you share in meetings or on social media. For the most savvy and ambitious, it could be an event you publicize with local media. Even sharing your stories with friends has impact.

We need ambassadors for Rotary's message and our dreams for a better world. The best ambassadors are you. The more you share stories — and share them from the heart — the more you encourage others to partner with us, to join us, and to stay.

To give you just one small example, in the months ahead, I will be turning over this column to Rotary members who will share their personal stories as they relate to diversity, equity, and inclusion in our organization. It's important that we hear these stories directly from the people who experienced them as a way of feeling the importance of DEI for the future of Rotary.

In everything we do, what people feel about Rotary will shape our future. I can only imagine what you will inspire through the stories you'll tell.



Felicitation & TRF Seminar with RI President Jennifer Jones





**Felicitation & TRF Seminar with RI President Jennifer Jones**





# Felicitation & TRF Seminar with RI President Jennifer Jones





Felicitation & TRF Seminar with RI President Jennifer E. Jones





## Felicitation & TRF Seminar with RI President Jennifer Jones



**Felicitation & TRF Seminar with RI President Jennifer Jones**





# Felicitation & TRF Seminar with RI President Jennifer Jones





## Felicitation & TRF Seminar with RI President Jennifer Jones





## Felicitation & TRF Seminar with RI President Jennifer Jones





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With the help of a donation from the Rotary Club of Narayani Midtown, Asmita BK, a 9-year-old student in Grade 3 with a hernia, is having treatment at Maula Kalikai Pvt Hospital. This commitment was given to her when the club visited her school. An operation and medication worth Rs. 55,000 were sponsored by PP Rtn. Keshav Raj Bhurtel.

रोटरी क्लब अफ रत्ननगर द्वारा राष्ट्रिय आधारभुत विद्यालय लटौलीलाई जग्गा हस्तान्तरण



रोटरी क्लब अफ रत्ननगरले कालिका-९ मा रहेको राष्ट्रिय आधारभुत विद्यालय लटौलीलाई भवन निर्माणार्थ जग्गा हस्तान्तरण गरेको छ ।

शनिवार क्लबले एक कार्यक्रमका बिच स्कुललाई करिब ७ लाख ५० हजार बराबर को साथै ३ कठ्ठा जग्गा हस्तान्तरण गरेको हो । उक्त जग्गामा क्लबकै पहलमा वागमती प्रदेश सरकारबाट ३० लाख र कालिका नगरपालिका वाट १० लाख गरि ४० लाखमा भवन निर्माण को लागि ठेक्का समेत लगाइसकिएको छ ।

रोटरी जोन ३५ का एजी अवेश भण्डारीज्यु को प्रमुख आध्यतामा, डिएस रो. निरन्जन प्रधान, district women training chair रो.अर्पना प्रधान भण्डारी, कालिका बाहे न ९ का बडा अध्यक्ष निलकन्ठ मगरको आध्यता रहेको सो कार्यक्रममा विद्यालयका प्रअ बुद्धिराज गिरी, क्लबका निवर्तमान अध्यक्ष निराजन खनाल,पुर्व अध्यक्षहरु रो.जगन्नाथ अधिकारी ,रो.प्रेमकृष्ण खनाल,रो.विष्णु शर्मा,रो.जनकराज पौडेल, स्पाउस क्लब का अध्यक्ष विमला सुवेदी खनाल,रोट्याक्ट क्लब अफ रत्ननगर का अध्यक्ष Rtn.मनिष बानिया, क्लब का कार्यसमिती एव एक्सपर्ट एजुकेसनका सञ्चालक डिल्लीराम अधिकारी लगाएतको उपस्थिति रहेको थियो । उक्त अवसरमा रो.डिल्लीराम अधिकारी वाट न्यु क्यापिटल कलेज को तर्फ वाट १० हजार र Expert education को तर्फ वाट २० हजार गरि ३० हजार बराबर को स्कुललाई नगद सहयोग गरिएको क्लबका सचिव लक्ष्मीलाल श्रेष्ठले जानकारी गराउनु भयो । साथै ९१ जना विद्यार्थीहरुलाई स्टेशनरी सामानसंगै दैनिक उपभोग्य सामान खाद्यान्न, चप्पल, जुता, कपडा, पि-म्याट्रेस लगाएतको सामान पनि वितरण गरिएको थियो । उक्त कार्यक्रममा रोट्याक्ट क्लब र स्पाउस क्लब को पनि सहभाहिता थियो।

## RC Kasthamandap in Itahara

RC Kasthamandap members have been supporting disabled children at Damravitta village, ward no 3, Itahara Morang since last six years. Past President Niranjan Bhattarai visited to continue support on behalf of the club to the disables of one family of six members where all five of the family members are disabled except for the mother. The support this year included food items enough for three months and warm clothes that worth total approximately Rs. 50,000. This amount was supported by Rtn Urmila Shrestha, charter member of the club. After the support by RC Kasthamandap six years back, several other people also came to know about the difficulties of this family and they have also started some help to the family.





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# Wheelchairs distributed by Rotary Club of Yala

Ten wheelchairs were given out by RC Yala to various organizations. 4 wheelchairs to Sankhu Kathmandu's Conflict Victim Disabled Society. To Shyampati Health Post, Namobuddha, Kavre, there is one wheelchair. To Daapcha Health Post in Kavre, one wheelchair. To a medical rehabilitation organization, two wheelchairs. One wheelchair each was donated to the Mother Nepal Child Home in Tarkeswor and the Nepal Disabled Women Association. In a similar vein, they have finished the first stage of the wheelchair distribution mission.





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### Together We Transform - Together We Make a Difference



## THE POWER of GIVING –The SECRET to LIVING

Compiled by Rtn. Rajendra Shakya  
Past President/Club Trainer/Editor  
RC Tripureswor




It is amazing how contributing to others makes us feel. It is a feeling that is hard to explain. There is a sense of fulfillment that you cannot get from buying or receiving things. It makes you happy. It puts a smile on your face-a real smile. The contribution to help those less fortunate carries far more significance to the **GIVER** than to the **RECEIVER**, although both get benefits. **Giving** itself opens the doors for **Receiving**.

Rotary designated **November** as **The Rotary Foundation (TRF)** month. Rotary gives us an opportunity to become a **“Gift to the World”** by making a difference through our contribution to **The Rotary Foundation**, which was set up in 1917 by **PRIP Arch C Klumph**, the pioneer of TRF.

**THE ROTARY FOUNDATION**

The Rotary Foundation helps Rotarians to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty. The Foundation is a not-for-profit organization supported solely by voluntary contributions from Rotary members and friends of the Foundation who share its vision of a better world. This support is essential to make possible projects, funded with Foundation grants, that bring sustainable improvement to communities in need.



Please find this compilation of some ideas and articles of several authors on this subject for the benefit of Rotarians to understand the **“Power of Giving as the Secret to Living”** and hence the value of our contribution to **TRF**.

### Giving Is Living

By **SWAMI CHIDANAND SARASWATI** on June 24, 2020, in [Practical Spirituality](#)

An old adage says, “It is better to give than to receive.” Yet, how many of us actually live by this? How many of us would give to another before taking for ourselves? It is not a simple sacrifice I am talking about. Sacrifice implies some level of suffering. It implies that one is forsaking something one wants out of duty to another.

While there is a great deal of spiritual value in the lessons of sacrifice, this is not what I am talking about. For, in true giving, there is no suffering. One does not forsake anything. The giving itself becomes its own reward. People talk about cycles of life. For me, the true cycle is giving is living, living is learning, learning is knowing, knowing is growing, growing is giving and giving is living. This is the true cycle of life.

The poet Khalil Gibran said beautifully, “All that we have will someday be given away. Let us open our hearts and give with our hands so the joy of giving is ours and not our inheritors’.”

This is truly the message to live by. Embedded within this phrase are many important factors. The first is the fact that we expend so much time, mental energy and physical energy to acquire material possessions. Yet, we come into this world with nothing, & we can take nothing with us when we leave this Earth but the karma accrued from the lives we lived.



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Hence, we must re-evaluate the drastic measures we take and the stress we go through to acquire more and more fleeting wealth. That which marks our life that, which lives on after we have departed, is **that which we gave** while we lived.

The second important message in the above phrase is the idea of the **“joy of giving.”** Giving truly is a joy. We think we will be happy if we get this or get that. However, that kind of happiness is temporary.

Watch a child with a new toy, for this is a beautiful example of the happiness, which is possible through material wealth. The first minute, the child is ecstatic. Nothing else matters in the world; he can barely contain his exuberance. Within a mere few minutes though, you can see the child start to get a little bored. He looks around; what else does this toy do? Are there any other parts that came with it? Within a matter of hours, the toy is lying behind the couch, and will only be picked up by the child’s mother or father in an attempt to either straighten the house or re-stimulate the child’s interest.

Yet, when the child’s interest is completely faded, watch the child give this toy to a younger brother or sister. Watch how he loves showing what the toy can do, how he loves telling everyone that “I gave this toy,” and how he loves watching his sibling enjoy it.

Isn’t this how life is? The pleasure you get out of an old sweater, a dress you wore once, or some mechanical appliance that you just “had to have,” is minimal. Yet, take those clothes or appliances to a homeless shelter; donate them to someone in need—you will then know real joy, the joy of having given to someone else. As said by Ravi and Paola Dakoju, Arch Klumph Foundation Circle, **“Contributing to The Rotary Foundation has been one of the biggest turning points in our lives. We believe that what you don’t need for yourself belongs to society.....”**

This joy will last. It will stay with you and never fade. In fact, it will inspire you to give even more.

So, remember, old adages may have a great deal of meaning for today. “It is better to give than to receive” is one of those adages.

### The Power of Giving – Living a Life of Meaning -By Joel Brown (Founder of Addicted2Success.com)

Even after obtaining, what may be considered as ‘enough’ for personal fulfillment, many still feel a void inside them that yearns to be filled. This is where **the power of giving** is realized.



#### Anyone Can Give

Some people would be inclined to think that only those who are sufficiently endowed financially should give to charity. However,

one must always remember that giving starts from personal will or from the heart, a thing that every human being has, no matter what is their financial status or material standing. So long as whatever is given, whether a service or material gift, makes a positive impact and difference on the life of the recipient, then it qualifies to be a charitable gift.

#### Why Don't Some People Give?

While a good number of people will give out selflessly despite their meagre capabilities, others who may even be more endowed do not give to charity. They claim that they first have to achieve substantially at a personal level before they can give to others. This is not true. **GIVING** is the outcome of the mind-set with an attitude to serve someone with whatever resource we have. It is a mind-set of **ABUNDANCE** mentality with fulfillment in heart to help someone even though you might not have enough resources.

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The reason why some people do not give is because they still act out of a perception of **SCARCITY** even though they may have more resources in hand compared to others, they believe that they do not have it enough in them to give; they still feel something missing in their life to give. All of this is far from the truth, anyone and everyone has something they can offer one another.

### Giving is better than Receiving:

- Being on the receiving end always feels good. However, there is a kind of satisfaction you get from giving gifts to others that cannot be measured by monetary value. The satisfaction you get from receiving a bunch of gifts is only temporary. Giving is a more fulfilling experience and the feeling that lasts for a long time.
- It is not the money that will bring you happiness. It is the way you spend it that really counts. In the end, you will realize that giving is one of the ways you can acquire real happiness.
- When you give to others, you are establishing a relationship with your recipients. Many people agree that their relationships with other people are more valuable than any money in the world.
- Giving makes you the giver and the recipient both happy at the same time. By giving, you are making your receiver happy. In return, you are also getting a feeling of fulfillment and satisfaction. This gift is more worthwhile than the one you have given away.
- If you find meaning in the lives of those in need and do something about it, you will also find meaning in your own life. You find yourself in **better health and peace and you achieve more happiness**. That is the **magic of selfless giving**.

### Why should we contribute to The Rotary Foundation?



The mission of **The Rotary Foundation** of **Rotary International** is to enable Rotarians to advance world understanding, goodwill, and peace

through the improvement of health, the support of education, and the alleviation of poverty. **The Rotary Foundation** transforms our contribution/gifts into service projects that change lives both close to home and around the world.

**PRIP P.R. Ravindran, Past TRF Trusty Chair** also spelt out his "fundamental philosophy: *When I give to temple, church or mosque, I am never sure if the money reaches Him above. But when I give to the needy through Rotary projects — imaginative, sustainable and big — I am certain that the money reaches Him.*"

### Why do we contribute to TRF?

- Its outreach greater than the United Nations with its presence in more than 220 countries.
- Addresses greater needs like COVID19
- Over 100 years of doing good in the world
- 2.5 billion children immunized and polio cases now down to 0.1 %
- TRF has already spent over \$4 billion on life-changing sustainable projects
- TRF has awarded until now, 2066 Global Grants, 467 District Grants and 55 Disaster Response Grants to Rotary Districts, of which D3292 Nepal is the one among receiving the award every year.
- The return we received from TRF - as a matching to our GG Projects is more than 10 times to our contribution to TRF thus enabling us to serve and make a difference.
- The Charity Navigator has given highest 4-star rating to TRF for the 14<sup>th</sup> consecutive year.



### How do you contribute to TRF?

There are at least seven different ways individual can contribute to TRF and get recognition:

1. **Rotary Foundation Sustaining Member**, when you give \$100 or more per year to the Annual Fund (AF).
2. **Benefactor**, when you include the Endowment Fund as a beneficiary in your estate plans or





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when you donate \$1,000 or more to the fund outright

3. **Paul Harris Fellow (PHF)**, when you give \$1,000 or more to the Annual Fund (AF), Polio Plus, or an approved Foundation grant.
4. **Paul Harris Society (PHS)** member, when you give \$1,000 or more annually to the AF, Polio Plus, or an approved Foundation grant.
5. **Bequest Society** member, when you give \$10,000 or more via your estate plans.
6. **Major Donor (MD)**, when your cumulative donations reach \$10,000.
7. **Arch C. Klumph Society**, when your cumulative giving reaches \$250,000.

### What Impact Can One Donation Have?

Download

- \$100 can buy textbooks for one elementary school in Zambia
- \$100 can buy vaccine to immunize 200 children against polio
- \$100 can provide mosquito nets for 50 children in Tanzania
- \$100 can give microcredit loans for 3 women in the Philippines
- \$100 helps provide a small watch-repair business for one disabled worker in the Philippines
- \$100 provides tuition & books for one school year for two children in Sri Lanka
- \$100 can provide for three cataract surgeries in India

**EVERY ROTARIAN EVERY YEAR**

**\$100.00 = \$8.34 / MONTH**  
**\$1.93 / WEEK**  
**\$0.28 / DAY**

### District 3292 contribution to TRF:

Rotarians from D3292 Nepal & Bhutan have always been the generous contributors to TRF as shown in figures below:

- All-Time Giving to TRF: approx. USD 9.0 million
- No of PHFs (Up to PHF+8): 3000+ Rotarians
- No of Major Donors (Level I-IV): 200+Rotarians
- No. of Arch Klumph Trustee Circle: 2 Rotarians
- No. of Arch Klumph Chair Circle: 2 Rotarians

### Some of the projects implemented in D3292 Nepal & Bhutan with TRF matching funding support in the past:

- 2014: Jaluke Drinking Water Project at Gaidakot, Nawalparasi under a GG of USD 109,252, RC Narayeni Midtown.
  - 2014: Nepal Rotary-Heart Foundation-Red Cross Blood Transfusion Center with TRF matching grant of USD 192,000.00, 17 RCs of South Korea.
  - 2015: ICU unit in the Gautam Budha Community Heart Hospital, Butwal under the TRF Term Gift of USD 301,500.00,
  - 2018: first fibro Scan machine to Bir Hospital together with nine hemodialysis machines under GG 1748187, worth USD 254,000.00. RC Rajdhani
  - 2018: Micro Hydropower for community development in Solu worth USD 51,119.00 with GG contribution of USD 37,500. RC Patan
  - 2019/20: 43 global grant projects worth 5.5 million for health equipment support to hospitals, water and sanitation projects, education support to schools
  - 2020: Nepal Public Toilet Project worth USD 35,000.00 at Palanchok Municipality under GG 1981082, RC Dhulikhel
  - 2020: Water, sanitation and hygiene facilities in School, GG project worth USD 80,000, RC Patan
  - 2021: Shree Chandeswori Secondary School, Sindhuli Reconstruction Project with ERRRP and GG matching fund support. RC Dhulikhel
- (Reference: Rotary District 3292 at a Glance)

### Conclusion:

Because of the contribution by you and me as part of the network of Rotary International humanitarians, the legacy of Rotary continues to serve humanity, promote world understanding; goodwill and peace and now we are at the verge of eradicating Polio from the world.

**GIVING** can inspire great positive change and healing in a world that deeply needs it and has the power to shift the **GIVER** into a **State of Grace**.

Therefore, let us all reach a **State of Grace** by contributing to **The Rotary Foundation**.

Jai Rotary!



# tributetodrtikamanvaidya\_rid3292\_2022-23

# Tribute to Rotarian Dr. Tika Man Vaidya

The First District Governor of Rotary International District 3292 Nepal in 2008-09

Dr. Tika Man Vaidya joined Rotary on 11 December 1995 as the Charter President of Rotary Club of Patan West. From 1996 to 2004, he was the convener of the task force to form Nepal District and was engaged constantly in adding new clubs and members to fulfil the requirements of a new district. Finally, with untiring effort and dedication, he succeeded in establishing RI District 3292 in the year 2008-09 and became the Charter Governor. Rtn Dr Tika Man Vaidya was the Governor's Special Representative (GSR) to establish Rotary Club of Dhulikhel.

By profession, he was a well-known reproductive health specialist. He had served as Master trainer in voluntary surgical contraception and executive president of Nepal Fertility Care Center (NFCC). Dr Vaidya also worked as a consultant for various national, international and bi-lateral organizations such as AVSC, USA, USAID, UNFPA, World Bank, ADB and WHO. Dr Vaidya was also affiliated to many health related organizations and recipient of national and international awards. Dr Tika Man Vaidya completed basic degree in MBBS from Nagpur University and pursued post-graduate degree in Bombay University. His membership and fellowships in professional bodies include a) FABI, USA, b) FICS, International College of Surgeon and c) MPH, UNC, Chapal Hill.

He served Rotary cause for 27 years till his accession to the heavenly abode on 14th November 2022. Rotarians of Nepal paid a respectful tribute to Dr. Tika Man Vaidya at the Rotary center in Thapathali, before being cremated at the sacred Aryaghat, Pashupati, and Kathmandu on Nov 15. On behalf of Rotarians of RID 3292, Past District Governor Tirtha Man Sakya honored him with a Rotary banner.

Fondly remembered by Rotarians of Nepal as one of the strongest pillars of Rotary movement in Nepal, he was recognized by the Service Above Self Award of Rotary International in 2015.

Born on 27 December 1934, Dr. Tika Man Vaidya had an illustrious life of 88 years, survived by wife Rajani, two sons Sirish and Siddharth and one daughter Silpa. PDG RID Elect Aniruddha Roy Choudhury spoke of Dr Tikaman Vaidya as a perfect gentleman and a very learned Rotarian, who had maneuvered the new district so well and had been instrumental to put fundamentals on strong foundation. PDG Ravi Sehgal remembered Dr Tikaman Vaidya as a wonderful person, who supported the journey in the formation of the Nepal District, being the Assistant Governor for the whole of Nepal, during his tenure as the District Governor in 2000-01.

**Rotarians of Nepal paid a respectful tribute to Dr. Tika Man Vaidya at the Rotary center in Thapathali, before being cremated at the sacred Aryaghat, Pashupati.**





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In the winter, the Sree Baraho Prathmik Vidyalay Debpur students received 90 sweaters from the **Rotary Club of Narayani Midtown** and the Rotaract Club. It had Keshav Raj Burtel's sponsorship. Ward presidents, society presidents, school principals, teachers, guardians, etc. were among the participants. Along with them, they held a parenting program.

### Walkathon for diabetes awareness



Aarus Life Style Hospital, in association with DEAN Nepal, Pragma Foundation, and Rotary Club of Yala, organised a walkathon to create awareness on diabetes and its

prevention and healthy lifestyle in Patan Durbar Square on 12th November 2022 Saturday. The walkathon, which started at Patan Durbar Square, passed through Mangal Bazaar, Pulchowk, Kupondol and Maitighar Mandala. Honorable Deputy Mayor of KMC, Sunita Dangol was also participated in that event. More than 100 people participated in it. The program was coordinated by Rtn Dr Santosh Shakya.



### 30 chairs were donated by the **Rotary Club of Kirtipur**

to the Ishaneshowr Mandir in Maitrinagar-02, Kirtipur, Nepal.

They also held an interaction program with members of the local community and the Temple Management Committee during the handover event.

### The Valimiki Interact Club

organized a theatre competition about the struggles and issues facing young people in Nepal. Their main goal is to provide a forum for the student to highlight the challenges faced by Nepalese young, to foster innovative thinking, and to raise the student's self-confidence. As a result, each contestant from each home impressively displayed their drama and accepted the reality of Nepalese youths who are imitating the pattern of brain drain because of challenges with unemployment in Nepal.

Red House's outstanding performance earned them the title of the Drama competition's champion. In addition, Priseela Bhusal was named the theater competition's "Best Performer."





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The Dream Cricket Nepal & KITS Handover Program was organized by

### The Rotary Club of Ratnanagar, Rotary Club of Ratnanagar, and Interact Club of Sky rider

with the participation of roughly 48 students. The event took place at Panchakanya Vidya Mandir in Ratnanagar. These youngsters were absolutely amazing, and they do possess abilities beyond those of ordinary humans. They had a blast playing together, sharing their joy, eating lunch together, and growing closer as a group. A dreadful presence of humanity was felt, wretched heart. There is something unique here. Rob OHL, DGN of RI Dist 9705, is from New South Wales, Australia. Rtn. Prakash Aryal, Rtn. Mary Brell, and the organizations that participated in the program both directly and indirectly were thanked by the organizers.

### रोटरी क्लब अफ रत्ननगर, रोट्याक्ट क्लब अफ रत्ननगर र इन्ट्याक्ट क्लब अफ स्काइराइडरको सयुक्त

आयोजनामा स्काइराइडर उच्च मा.वि.को प्राणणमा 2200 जना विद्यार्थीहरु मध्यबाट आँखा सचेतना कार्यक्रम सहित screening गरेर करिब १५० जना विद्यार्थी भाइर्वाहिनीहरुको आँखा जाँच गरेर औषधि सहित वितरण गरिएको छ । उक्त कार्यक्रम मा प्राविधिक सहयोग भरतपुर आँखा अस्पताल को रहेको थियो ।



## RC Biratnagar Downtown

organized a Mega Health Camp at Kharji village as part of the "HAPPY VILLAGE" project in collaboration with Birat Nursing Home Pvt. Ltd., Birat International Diagnostic Lab Pvt. Ltd., Biratnagar Mahanagarpalika Ward No. 4, and medicine support from Amtech Med Pvt. Ltd., Brt.

ENT, Gynecologist, Dermatologist, Paediatrician, General Physician, and Surgeon were among the medical professionals in attendance. During the three days of campaigning, 1500 pamphlets were handed out while I was on stage. The leaflets were handed out in 5 communities.

Twenty medical professionals checked both adults and children for general health checks. All the residents received free medicines as well as free blood sugar checks. About 500 residents of neighbouring villages received benefits from the camp. • Members of our club as well as the Rotaract Clubs of Nobel Medical College and Biratnagar Downtown participated actively. • The price of medications is roughly NRS 40000, and the overall cost of the health camp is NRS 81000. • The AG, Rtn. Kamal Agrawal, Rtn. Beni Gopal Mundra, a senior veteran district leader, and media representatives also stopped by our camp.





**Rtn. Sarin Shrestha**  
Chair, District Publication  
& GML Sub-Committee  
(2022-23)

# EDITOR'S NOTE

Light Up Rotary 2014-15

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**G**reetings, fellow Rotarians,

It gives me pleasure to present the fifth Governor's Monthly Letter (GML) of this year, which is for November.

All of the clubs organized programs and initiatives to improve the quality of education in our community during the month-long celebration of basic education and literacy in September. This issue also places a focus on these initiatives.

Since November is National Economic and Community Development Month, we'll be focusing on our volunteer activities. Our physical activities at our project locations are expanding.

We have consistently worked to include as many club activities as we can in our GML, however a lot of inspiring events seem to be missing because of low reporting. In order for readers to be inspired by such tales, we also invite members to submit articles.

Once again, we would like to ask that you get in touch with your respective Regional Chairs and ask them to send us the report in the format specified rather than Viber, WhatsApp, or other social media platforms, as we are inundated with information on those platforms and might miss wonderful humanitarian efforts carried out by clubs. All of us are present to highlight your project.

**Imagine Rotary with SMiLE**

