

GML

GOVERNOR'S MONTHLY LETTER

FEBRUARY 2024

Peacebuilding and Conflict Prevention Month

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Gordon R. McNally

President 2023-24
Rotary International



Rajendra Dhoju

District Governor 2023-24
Rotary International District 3292



Pursuing Peace
in our **Community**



GOVERNOR'S MONTHLY LETTER

Dear Fellow Rotarians, Rotaractors, and Interactors,

It's another overwhelming month in Rotary that I am overwhelmed to see so many impactful projects, our club leaders and members have accomplished.

A special congratulations to our Rotaractors for their outstanding organization of the District Conference in Kathmandu, Nepal, which saw over 1,000 participants. This momentous occasion marks a significant milestone for us all, and I applaud the enthusiasm demonstrated by all Rotaract leaders. Best wishes to the incoming leaders as well.

February has been dedicated to Peace Building and Prevention of Conflict in Rotary, aligning with our year-long commitment to supporting mental health, fostering social harmony, and promoting justice and supporting the environment. Rotary's efforts are instrumental in promoting lasting peace worldwide.

We also organized a review meeting of Assistant Governors, President and Secretaries on February 16th in Pokhara, where we discussed learnings and achievements, challenges faced and way ahead for improvement. We organized a week-long programme at various regions of our district to celebrate Rotary day. Pokhara Marathon organized on Feb 17th in Pokhara with the Past Sports Persons Forum gave another mileage to our district. February 23rd as the Rotary Day was celebrated in Patan Museum and Lumbini as well with felicitation of our senior Rotarians and with lightening of 119 lamps.

As we approach the 16th District Conference of Rotary International District 3292, Nepal-Bhutan, taking place at the Butwal International Convention Center from March 15th to 17th, 2024, I urge every Rotarian to register and actively participate in this significant event. It presents a valuable opportunity to share Rotary knowledge, celebrate our successes, and prepare for the future.

TRF Symposium is going to be held on March 6th in Kathmandu, where Rotary International President Barry Rassin, Trustee Chair and many other international delegates will grace the event as Chief Guest.

Furthermore, as we enter March, designated as 'Water, Sanitation, and Hygiene Month', Rotary International's collaboration with the United Nations Environment Programme (UNEP) underscores our commitment to a cleaner, greener future, starting with initiatives to clean riverbeds and safeguard water sources and ensure safe water and sanitation services. Let us unite in this endeavor.

Yours in Rotary,

- Rtn. Rajendra Prasad Dhoju

District Governor 2023-24

Rotary International District 3292, Nepal-Bhutan

FEBRUARY

Peacebuilding and Conflict
Prevention Month

I urge every Rotarian to register and actively participate in 16th District Conference. It presents a valuable opportunity to share Rotary knowledge, celebrate our successes, and prepare for the future.



RI PRESIDENTIAL STATEMENT

I am enthused and encouraged by your embrace of mental health initiatives throughout the Rotary world. More than 1,000 of you have responded so far to an ongoing survey by the Rotary Action Group on Mental Health Initiatives, offering your feedback on what Rotary can do to improve the personal well-being of members.

Here are some great ways that we can help achieve these results and make Rotary more appealing to those considering membership. First, we need to acknowledge the importance of increasing belonging in our clubs and to encourage Rotary members to make the most of every opportunity for new and stronger connections. We need to make sure all of our members are fully engaged and that our communities are better aware of this inherent strength.

Second, if your club has found new ways to build connection, please share your stories with us at mindhealth@rotary.org so we can make them more broadly known within the Rotary world. Your good ideas might inspire others. Post your service project stories on Rotary Showcase.

And finally, I encourage you to share feedback from surveys like this with your club and bring forward your own ideas to improve your club experience and meet your peers' expectations. The journey we have begun is about more than mental health. It is about taking advantage of the full strength of our wonderful organization and helping all members feel that they are part of a community that cares deeply about their personal well-being.



Everything you do to strengthen connections in Rotary, with each other and the people we serve, also helps improve mental health. And everything we do to improve mental health helps strengthen those connections. Let's continue this virtuous cycle.

- Rtn. Gordon R. McInally
President 2023-24
Rotary International

SHARING HOPE WITH THE WORLD

SINGAPORE
25-29 MAY 2024

#Rotary24



Rotary's Participation in NCC

The National Cadet Corps (NCC) 18th batch of Senior Division witnessed enthusiastic participation from Rotary District 3292 Nepal and Bhutan. The program, organized by the NCC, received exemplary leadership from our RI Program Chair, Rtn. Bishnu Hari Dahal, ensuring its success. Rtr. Subash Sapkota served as the liaison officer for Rotary District 3292, Nepal, and Bhutan. The batch comprised 36 students, evenly split between 18 boys and 18 girls. The NCC provided 100 days of training to students



from different schools, marking Rotary District 3292's second participation in the program. Participants hailed from three schools—Goldengate, Annapurna, and Shivapuri—representing their respective Interact Clubs. The training spanned 79 days at the Army Headquarters Ground and 21 days at the Mid Training Center in Hattikhori,

Kawasoti, Nawalparasi district. Currently, they are gearing up for the final pass-out parade at Tudikhel. The event, scheduled for the 12th of March 2024, will be graced by the presence of the President of Nepal, Puspakamal Dahal Prachanda, where students will showcase their skills and achievements before graduating. 🌟

Inter Rotary Club Governor's Cup Badminton Competition

24 FEBRUARY 2024

On February 24, 2024, to commemorate Rotary Day, the Inter Rotary Club Governor's Cup Badminton Competition took place at the APF Halchowk Hall, hosted by the Rotary Club of Pashupati-Kathmandu. The event commenced with an inauguration by District Secretary Rtn. Durga Prasad Subedi. Twelve different clubs participated in the competition across three categories: Men's Double, Mix Double, and Veteran Double.

In the Men's Double category, RC Kathmandu Downtown clinched the first prize, with RC Maharajgunj securing the runner-up position. The Mix Double category saw a team comprising members from RC Pashupati & RC Kathmandu Midtown emerge victorious, while in the Veterans Double category, RC Kathmandu Downtown secured the first prize, and RC Balaju attained the runner-up position.

Winners were honored with trophies, medals, certificates, and cash prizes of Rs 15000, Rs 12000, and Rs 9000 for the first, second, and third positions, respectively. These awards were presented by District Governor Rtn. Rajendra Prasad Dhoju, host club President Rtn. Surya Bahadur Adhikari, and APF Club President SP Sudhir Subedi.

During the closing remarks, DG Rtn. Rajendra Prasad Dhoju extended his congratulations to all participants and suggested organizing similar events, including other sports activities, as

part of a Sports Week to commemorate Rotary Day annually.

The initiative was spearheaded by the Sports Committee Co-Chair and Past President Rtn. Jessica Chemjong, with the objective of fostering a sporting culture and enhancing fellowship among Rotarians. Following the event, a dinner program was held at Budha Party Palace to facilitate further fellowship. Participants were given the opportunity to share their experiences, with many expressing their desire for the event to continue annually with improvements. 🌟



Pokhara Marathon: Rotarians Rally for Health and Community

17 FEBRUARY 2024

Rotarians from across the nation converged in Pokhara to participate in the Pokhara Marathon, representing over 154 Rotary Clubs from Rotary International District 3292. The event, held on Saturday,

the 5th of Falgun 2080, was organized in collaboration with the esteemed sports organization Bhutpurva Manch.

DG Rajendra Prasad Dhoju expressed his pride in the association with Bhutpurva Manch, highlighting Rotary's commitment to social welfare. He expressed the

success of the Pokhara Marathon as a testament to Rotary's dedication to both sports and community service.

The marathon saw a remarkable turnout, with over 300 Rotarians joining the event, alongside District Governor, Past District Governors, District Governor Nominee, Assistant Governors, Club Presidents, and other members. The collective participation showcased Rotary's spirit of camaraderie and commitment to healthy living and social engagement. 🌟



Rota Quiz Regional Round Announcement

ROTA QUIZ SUBCOMMITTEE-REGION V
25 JANUARY 2024

The Rota Quiz Subcommittee for Region V, under Rotary District 3292 Nepal & Bhutan, is pleased to announce the successful completion of Zonal level Rota Quiz Rounds across all zones in Region V. This marks a significant milestone as it reflects the enthusiasm and knowledge-sharing spirit among Rotary clubs in the region.

Having witnessed impressive performances during the Zonal Rounds, the Rota Quiz Subcommittee is now gearing up for the much-anticipated Regional Round. The Regional Round was scheduled to take place on the 3rd

of February 2024 and hosted at the prestigious Dreamland Gold Resort in Tilottama-5, Manigram Rupandehi. Nine outstanding clubs have emerged victorious from the Zonal Rounds and will compete head-to-head in the Regional Round. The winner of the Regional Round will earn the coveted opportunity to advance to the National Round, a prestigious event scheduled to be held at the District Conference 2023-24.

The Rota Quiz Subcommittee expresses its gratitude to all participating clubs, acknowledging their commitment to Rotary ideals and intellectual engagement. The Subcommittee looks forward to a dynamic



and challenging Regional Round, fostering the spirit of healthy competition and fellowship among Rotary clubs in Region V.

Rota Quiz Region V Chair Rtn. Thaneshwor Pandey will chair the prestigious event, and Regional Co-Chair Rtn. Milan Bhandari will play the Quiz Master Role, along with the presence of the District Governor as the Chief Guest, Assistant Governors of Region V, Chairs of Different Committees of the District as the special guests. The Rotary Club of Rupandehi will host this grand Regional Round of Region V. 🌟



Assistant Governors, President and Secretaries Review Meet

**POKHARA, GANDAKI, NEPAL
16 FEBRUARY 2024**

Two thirds of our tenure this Rotary year to "Create Hope in the World" with "Light of Hope". Under the able leadership of DG Rajendra Prasad Dhoju, many of the district goals have been achieved and it is because of all clubs focusing on the district and their own goals. It would not have been possible without proper guidance and support from Assistant Governors to the clubs and also the Presidents and Secretaries and all members doing impactful service projects and serving the community in need. The review meetings were organized on 16th February 2024 to look into the major learnings/ achievements, challenges faced and improvement/suggestions for the way ahead.

Rajendra Prasad Dhoju and Council of Governors. The event was attended by about 100 participants. The speech by Kamal Sanghvi was highly motivational and inspired all the participants to move ahead and do good for the rest of the period. The President Secretaries and AGs held separate group works and presented on looking back with achievements and learnings, challenges faced and provided solutions and suggestions for improvement in terms of Governance, Structural changes, Value addition, Recognition, Communication, Transparency, Strategic planning, Innovations, Digitalization, Sharing of information via website, Utilization of social media Fund utilization and resource mobilization, Global grants and district grant administration and promoting leadership within clubs and district as well. 🌟

The event was commenced with opening by Chief Guest, Past RI Director Kamal Sanghvi and DG



Sun Never Sets In Rotary

**DISTRICT 3292 NEPAL BHUTAN
24 FEBRUARY 2024**

The Sun Never Sets in Rotary was initiated by D 3232 South India in 2021 as an online 24 hour non-stop cycle of meetings hosted by Rotary Countries/ Districts across the world to celebrate Rotary's Birthday on 23rd February and World Understanding and Peace Day. It was also an opportunity to stay connected during Covid and to share the good work carried out by Rotarians and their partners benefiting numerous communities around the globe.

Each year the event begins on 23rd February and concludes on 24th February in the home Country/District of the serving RI President. There are 24 meeting slots each 60 minutes. All meetings run consecutively with an official handover from one host to the next. We were in Slot 17.

District 3292 is represented by Program Coordinator Dinesh Raj Manandhar and Tech Coordinator Rama Kandel to attend planning meetings and prepare for the show. There were several meetings with the International organizing team. The video slot of 60 minutes includes welcome by RI President Gordon McLnally,

song by First Lady Heather McLnally, remarks by District Governor Rajendra Prasad Dhoju, presentation of description of our country Nepal and Bhutan by DS Dinesh Raj Manandhar and few impactful service projects done by clubs under our district. The SNSR event provided a platform to our district in portraying our service projects and making it well known to the Rotary World. This event will be continued next year as well. 🌍



Rotary   **Sun Never Sets in Rotary**

District 3292 at Glance

- Rotary movement started in Nepal- 1959
- Rotary clubs in Nepal till 1988-5
- Rotary clubs in Nepal till 1995-12
- Rotary clubs in Nepal till 2008 -67

CONNECT | INSPIRE | PARTNER

WELCOME TO NEPAL, BHUTAN

SLOT 17

District Team Learning Seminar (DTLS)/Assistant Governor Learning Seminar (AGLS)

POKHARA, GANDAKI, NEPAL
24 - 25 FEBRUARY 2024

The District Team Learning Seminar (DTLS) and Assistant Governor Learning Seminar (AGLS) took place on February 24th and 25th, 2024, respectively, at Hotel Pokhara Grande, Pokhara, featuring over 100 participants and a distinguished panel of trainers including DLF 2024 – 2025 IPDG Jitendra Bahadur Rajbhandari, ARC DRF PDG Sanjaya Giri, PDG Dilendra Shrestha, PDG Basudev Golyan, PDG Santosh Rijal, Chongba Sherpa, Gautam Shrestha, ARRFC M K Jha, DRFC Kumud Tripathi, Rajendra Lamsal, Pradeep Man Vaidya, DGND Vishnu Bahadur Karkee, Dinesh Raj Manandar, Amit Giri, DMC Subash Sigdel, Co-Chair Laxman Gnawali, Hira Sharma Nepal, Pawan Raman Khanal, Laxmi Thapa Giri, DGN Binod Koirala, Kumar Giri and



the Program facilitators included Incoming District Secretary Ashok Nath Pyakuryal.

The program commenced with an inauguration jointly led by DG Rajendra Prasad Dhoju, DGE Rajendra Man Sherchan, and spouse Rtn. Sarojini Sherchan.

The activities on Day 1 of the seminar began with the arrival and registration of participants, followed by a refreshing high tea session. The opening plenary session commenced with a warm welcome speech delivered by Region 4 District Learning Facilitator Chair Jayram Poudel, along with opening remarks and addresses from





esteemed dignitaries including DG Rajendra Prasad Dhoju, DGN Binod Koirala, DGND Vishnu Bahadur Karkee, DGE Rajendra Man Sherchan and DLF IPDG Jitendra Bahadur Rajbhandari. This was followed by a series of plenary sessions covering eight different topics, each led by different facilitators, with session durations ranging from 10 to 30 minutes. Participants were then divided into three groups Group A (AGs), Group B and Group C (Committee Chairs) for a breakaway session focusing on making connections, networking, and team building, facilitated by experts in the field. The day concluded with a fellowship dinner and entertainment, which was enthusiastically participated in by all attendees.

On Day 2, parallel sessions were conducted for the three groups, addressing topics such as roles and responsibilities, supporting clubs, and goal setting through interactive and participatory sessions. Concurrently, a session was held for sergeants-at-arms regarding their responsibilities, led by PDG Dilendra Shrestha and SAA chair Binita Pradhan Joshi. The groups later reconvened for a wrap-up and closing plenary session, where two participants shared their reflections on the training, followed by closing remarks from DGE Rajendra Man Sherchan and DLF IPDG Jitendra Bahadur Rajbhandari, and a vote of thanks from incoming ADS Ashok Man Kapali. The seminar concluded with a fellowship lunch, marking the end of the enriching training program. 🌟





BUTWAL INTERNATIONAL CONVENTION CENTER (BICC), BUTWAL, NEPAL

Rotary District 3292 is gearing up for an exciting three-day conference aimed at fostering fellowship, learning, and celebration among Rotarians. The event, scheduled to take place from 15 to 17 March, promises an engaging program designed to enlighten and unite participants from across the district.

The conference will kick off on 15th March, 12:30 PM with registration and kit collection, followed by the enrollment for the Talent Show. The highlight of the day will be the ceremonial hoisting of the Rotary Flag by RIPR Dennis Shore, symbolizing the commencement of the event. Attendees will then have the opportunity to explore

Club Exhibits through a captivating video showcase.

The conference inauguration will set the stage for a day filled with enriching sessions, running from 1:00 PM until 4:00 PM. Following the informative discussions, participants will enjoy a refreshing Hi-Tea session before diving into technical sessions.

Day 2 will begin with a hearty breakfast, fueling attendees for a full day of learning and engagement. Starting at 9:00 AM, sessions will run until 6:30 PM, with highlights including the RotaQuiz final, where participants will showcase their Rotary knowledge and skills. The day will conclude with a Fellowship dinner featuring entertaining

performances and a Talent Show, fostering bonds among attendees.

On Day 3, attendees will gather for breakfast before engaging on the conference. From 9:00 AM to 12:30 PM, participants will participate in insightful sessions, wrapping up the event on a high note. The conference will formally conclude at 12:30 PM, followed by a delicious lunch, and delegates will bid farewell as they depart, carrying with them memories of a fulfilling and enlightening conference experience.

The Rotary District 3292 conference promises to be an unforgettable event, embodying the Rotary spirit of service above self and the power of community engagement. 🌟





Short Rotary Bio Dennis Shore

Dennis was in Apex (a service club for people under 40) for nearly 10 years before being invited to join the Rotary Club of Aspley in Queensland in 1980. He was subsequently a member of the Rotary Club of Traralgon in country Victoria before joining the Rotary Club of Hawthorn in 1984.

He served in numerous positions at club level and was President in 2002-3.

At District level Dennis has been District Foundation Chair and District Council on Legislation & Resolutions Representative for 2 terms. He was previously Chair of Boroondara Cares Forum. Dennis was District Governor in 2012-13 and before that an Assistant Governor, GSE Team Leader to D5520 (New Mexico) in 2005 and was District GSE Chairman for 4 exchanges. Dennis has also served as District Secretary, District Governance Director, District Finance Committee Chair (twice), Global Grant Scholar Committee Chair, Club Vision Chair and District Chair for Leader Training. He was Vice Chair of the Melbourne RI Convention Host Organizing Committee and Promotions Director. Dennis was Endowment and Major Gifts Advisor for Zone 8 from 2019 to 2022 and is a Trustee of The Rotary Foundation from 2023 to 2027. He is also Vice Chair of the Rotary Foundation Australia and a recipient of

The Rotary Foundation Distinguished Service Award.

Outside of Rotary Dennis has been involved in a number of Community activities, including the Australian Shareholders' Association, a volunteer based not for profit association and was a Director for some years. He served in a number of community and industry roles associated with Monash University for more than 25 years and was honored to receive the University's Sir John Monash Medal for distinguished service to engineering education. He has been involved with Scope and a community retirement village.

Dennis has been married to Lynda for many years and they are proud parents to 2 adult daughters and grandparents to four grandchildren.

Outside of Rotary Dennis enjoys trying to play golf, walking, photography and travelling. 🌍

District Conference Committee



Rtn. Azaj Alam
District Conference Chair
9857020051
RC Central Butwal



Rtn. Bindhya Keshar Joshi
Conference Co-Chair
9857020830
RC Butwal



Rtn. Dhurba Kumar Dhital
Conference Co-Chair/Fundraising
and Sponsorship Committee
9857020378
RC Butwal South



PDG. Rtn. Sanjay Giri
Advisor Program
9851071861
RC Birganj



IPDG. Rtn. Jitendra Bdr. Rajbhandari
Advisor Program
9851023265
RC Kopundol



Rtn. Krishna Pandey
Conference Secretary
9857023517
RC Central Lumbini



Rtn. Sanjiv Sharma Regmi
Conference Treasurer
9857020577
RC Bhairahawa



Rtn. Dilli Kumar Shrestha
Registration and
Check-In Committee
9857028325
RC Butwal



Rtn. Suraj Kshetri
Accommodation Committee
9857029498
RC Lumbini



Rtn. Raj Kumar Gupta
Entertainment and
Activities Committee
9857020252
RC Bhairahawa



Rtn. Himal Gaire
Food and Beverage
Committee
9857025924
RC Central Butwal



Rtn. Laxman Gyanwali
Publication Committee
9857030849
RC Butwal South



Rtn. Binita Hada
Pradhananga Sergeant-at
Arms Committee
9841621027
RC Bhaktapur



Rtn. Shyam Pun
Sergeant-at-Arms Coordinator
9857020615
RC Butwal South



Rtn. Maniratna Pandey
Sergeant-at-Arms Coordinator
9857020615
RC Butwal South

DISTRICT EVENTS



Rtn. Jiban Adhikari
Kit Bag Coordination/Regional Promotions Coordinator - Region 5 Committee
9857025914/RC Butwal Downtown



Rtn. Binita Pradhan Joshi
House of Friendship/Regional Promotions Coordinator - Region 3 Committee
9851072532/RC Mahaboudha



Rtn. Puran Bdr. Gnawali
Transportation and Parking Committee
9857025416
RC Central Butwal



Rtn. Chhonga Sherpa
Technology and IT Support Committee
9841595911
RC Boudha



Rtn. Dinesh Pandey
Communication and Media Committee
9851253234
RC Capital Butwal



Rtn. Samira Dhoju
Spouse Engagement Committee
9857025955
First Lady



Rtr. Bikram Chhetri
Promotions and Social Media Committee
9857030576
RAC Tillotama Rupandehi



Rtn. Yadav Bhandari
Venue Management Committee
9857028955
RC Lumbini Star



Rtn. Baburam Bohora
Security and Protocol Committee
9857038500
RC Central Butwal



Rtn. Krishna Parajuli
Cleaning and Maintenance Committee
9857025645/9857028200
RC Butwal



Rtn. Sharada Acharya
Token of Love Committee
9851126424
RC Jawalakhel/Rotary District Office



Rtn. Laxmi Pradhan
Token of Love Committee
9860773016
RC Jawalakhel/Rotary District Office



Rtn. Dinesh Raj Manandhar
Program Development Committee/9851051822
RC Patan South/Pashupati Kathmandu



Rtn. Durga Subedi
Program Development Committee/9851011720
RC Patan South/Pashupati Kathmandu



Rtn. Dr. Prakash Basnet
Health and Safety Committee
9841473423
RC E-Club of Medicofusion Hybrid Nepal



Rtn. Kamala Hamal
Hospitality and Guest Services Committee/9847059256
RC Butwal Downtown/Kapilvastu Midtown



Rtn. Bishnumaya Pradhan
Hospitality and Guest Services Committee/9857075444
RC Butwal Downtown/Kapilvastu Midtown



Rtn. Rama Kandel
Exhibition and Showcase Committee
9851081934
RC Bagmati Kathmandu



Rtn. Ramila Shrestha
Regional Promotions Coordinator - Region 1
9841229063
RC New Road City Kathmandu



Rtn. Kishor Tripathi
Regional Promotions Coordinator - Region 2
9841574781
RC Rudramati Kathmandu



Rtn. Rajendra Ligal
Regional Promotions Coordinator - Region 4
9856026229
RC Pokhara Lakeside



Rtn. Sweta Upadhya
Regional Promotions Coordinator - Region 6
9801307708
RC Narayani Midtown



Rtn. Nabinita Rijal
Regional Promotions Coordinator - Region 7
9852022735
RC Biratnagar Downtown



Rtr. Anup Pandey
Conference Joint Secretary
9801242121
RAC Tinau City



Rtn. Sunita Rijal
Committee Members
9851083733
RC New Road City Kathmandu



Rtn. Mahendra Dhoju
Committee Members
9847025800
RC Butwal Downtown



Rtn. Jayendra Gauchan
Committee Members
9856020844
RC Pokhara Fishtail



Rtn. Anup Kumar Shrestha
Committee Members
9857820280
RC Tulsipur City



Rtn. Madhu Acharya
Committee Members
9851024500
RC Thamel



Rtn. Mahesh Bir Bajracharya
Committee Members
9841373897
Rotary District Office



SEE YOU IN

BUTWAL



Rotary
100th
District
Conference

March 15-17, 2024 | Butwal

Rotary Day Celebration (23 February 2024)

Lightening of 119 Lamps in Lumbini
on the Occasion of Rotary Day Celebration



Bagh Bhairab Temple & Surroundings Cleaning



CELEBRATION OF ROTARY DAY & CULTURAL AFFAIRS WEEK
CLEANING CULTURAL HERITAGE SITE BAGH BHAIRAB TEMPLE

Participating Clubs
ROTARY CLUB OF KIRTIPUR
INNER WHEEL CLUB OF BALAJI
ROTARACT CLUB OF KIRTIPUR
ROTARACT CLUB OF TRIBHUVAN UNIVERSITY
INTERACT CLUB OF KIRTIPUR SECONDARY SCHOOL
INTERACT CLUB OF CREATIVE ACADEMY

Supported by: नैवा सत्या विषय सफाई अभियान
कोशीपुर नगरपालिका वडा नं. १

Date: 22 Feb, 2024 Time: 7:00 AM Venue: Baghbhairab, Kirtipur-1



Rotary Week Inauguration: Butwal & East West Cycle Rally by RC Butwal



Rotary Day Celebration and Felicitation Program held at Patan Museum, Lalitpur, Nepal



DG Visit

During the Month of February 2024



RC Central Kapilvastu DG Visit (2 February 2024)



RC Palpa Lumbini DG Visit (3 February 2024)



Rotay E-club of Medicofusion Hybrid Nepal DG Visit (3 February 2024)



RC Capital Butwal DG Visit (4 February 2024)



RC Tinau Butwal DG Visit (4 February 2024)



RC Tilotama Rupandehi DG Visit (5 February 2024)



RC Butwal South DG Visit (7 February 2024)



RC Nawalparasi DG Visit (8 February 2024)



RC Bhairahawa DG Visit (8 February 2024)



RC Butwal DG Visit (9 February 2024)



RC Central Lumbini DG Visit (10 February 2024)

Club News & Activities

FEBRUARY 2024

GG Inauguration

Rotary Club of Balaju
October 2023

The dedication ceremony for the newly constructed children's room, made possible through the collaborative efforts of RC Baroda Metro, Rotary Club of Balaju, in cooperation with the Deepak Foundation, marks a significant milestone in our global grant initiative.



Global Grant GG 2,233,671 Handover Program

Rotary Club of Sankhu
8th November 2023

In a remarkable demonstration of global compassion, the Rotary Club of Sankhu, in collaboration with the Rotary Club of Lyon Nord, France, hosted their Global Grant handover program at Sushma Koirala Hospital

on November 8, 2023. The Rotary Club of Sankhu is fully committed to enhancing healthcare services for burn victims.

This transformative project, valued at \$109,216 (equivalent to NPR 14,560,677.12 in today's exchange rate), has provided vital medical equipment and extensive training to healthcare professionals. The project's objective is to ensure that these essential medical resources and expertise are utilized to deliver top-tier medical services to our community and beyond, offering the best care to those in need. We extend our heartfelt gratitude to our dedicated partners and Rotary District 3292 for their unwavering support in this noble endeavor.

Blood Donation Camp on President's Birthday

RC Central Lumbini
24th December 2023

On December 23, 2023, Bhairahwa, RC Central Lumbini organized a Blood Donation Camp in honor of President Rtn Rambahadur Koiri's birthday. The camp, held at Hotel Maurya, was successfully managed with the technical assistance of the Red Cross Blood Bank Bhairahwa Branch, and resulted in the collection of 30 units of fresh blood.

Rotarians and their families actively participated in the program, alongside employees of Hotel Maurya. This initiative falls in line with RC Central Lumbini's practice of engaging in social activities to celebrate member birthdays during this Rotary Year. To date, other meaningful projects have included wheelchair distribution, stationary distribution, providing wall fans for an orphanage home, and tree planting, all conducted on various members' birthdays.

These events have received positive coverage from local media, and the club is commended by the community for its noble approach to celebrating its members' birthdays.



Celebrating Tamu Lhosar with Health and Service

RC of Kathmandu Downtown
31st December 2023

In honor of the Tamu Lhosar festival, a combined Blood Donation and Health Camp was organized at Tundikhel, Kathmandu. This collaborative effort benefitted approximately 600 individuals, offering both health checkups and the opportunity to contribute to the critical cause of blood donation.

A total of 27 people, including security personnel, stepped forward to donate blood during the camp, demonstrating

their commitment to helping others. The initiative was organized jointly with the Tamu Lhosar Community, highlighting the spirit of community engagement and collaboration.

The Rotary Club of Kathmandu Downtown played a vital role in supporting the program by contributing Rs. 10,000.00. This financial assistance helped ensure

the smooth operation of the camp and made it accessible to a larger number of participants. The combined Blood Donation and Health Camp exemplifies the positive impact that can be achieved through partnership and community involvement. The event not only promoted healthy living but also fostered a sense of solidarity and social responsibility, aligning with the spirit of Tamu Lhosar celebrations.



Nepali Topi Diwas

Rotary Club of Bhairahwa
1st January 2024

We, the Nepalese people, are globally known for our diversity in unity. To represent each of these nations, we need to prove ourselves on the international stage through socio-cultural activities and events. The Rotary Club of Bhairahwa has been celebrating 'Topi Diwash' every New Year's Day as one of its pristine and unique traditions, by donning the Nepalese Cultural Hat. This tradition was observed on New Year's Eve 2024, January

1st, in the presence of Chief Guest Mr. Jay Prakash Bhattarai, Secretary of the National Sports Council, Lumbini Province, under the chairmanship of Rtn Umesh Chandra Acharya, with special guest Assigned Assistant Governor Hira Bahadur Shah. The assigned Assistant Governor surprised the participants by presenting gifts for the President-Elect Team (PST), along with providing a beautiful Bhadgaule Topi for all the distinguished guests, and commended the event. The Chief Guests delivered speeches, extending New Year wishes to all members and expressing gratitude for making Topi Diwash a remarkable event that could become a landmark in preserving our pristine culture.

Free General Health Camp

RC of Mahabouddha
6th January 2024

Rotary Club Mahabouddha, in collaboration with Lalitpur Ward No. 5, held a Grand Free General Health Camp at the Mahalaxmishan Temple compound on the 21st of Poush 2080 (as per Nepali calendar). The camp offered comprehensive health services, including ENT, eyes, orthopedics, gynaecology, paediatrics, and senior citizen checkups, along with ECG and blood sugar tests, all completely free of charge.

A total of 513 patients benefited from the camp, receiving necessary medical attention and prescribed medications free of charge. The dedicated team comprised 4 participating ward members, 11 Rotarians/ Assistant Governors, 6 Rotractors, and 18 doctors and health volunteers.



Three-days Cataract Surgery camp

Rotary Club of Pokhara Fishtail

8th – 10th January 2024

RC Pokhara Fishtail successfully concluded its 3rd "Eye Screening and Cataract Surgery Camp" at Huwas Parbat, collaborating with Himalaya Eye Hospital, Pokhara and ICO Foundation, Canada. 1,200 patients from the local community benefitted from free services at the camp.

Among the attendees, 500 individuals with visual impairments received reading glasses.

Additionally, 40 individuals diagnosed with cataracts received surgery in their local communities. Patients who underwent surgery expressed their immense gratitude for the opportunity to regain their vision close to home. They acknowledged Rotary's life-changing gift – "Back to light from the dark world!"

One particularly moving story involved a man nearly blind for 14 years. He could feel his daughter's presence nearby and hear her voice, but couldn't see her. After surgery, he was overwhelmed with joy upon seeing his daughter's face for the first time in years. He also connected with his sons and son-in-law working in Qatar by looking at their faces through a smartphone – a moment of immense gratification for himself and a testament to the impact of Rotary's work.



Artificial Hand and Limb Project

Rotary Club of Narayani Mid Town

10th January 2024

On February 10, 2024, the Rotary Clubs of Birgunj, Narayani Mid Town, Bharatpur, Narayangarh, Purbi Chitwan, and Gaiindakot jointly inaugurated a 14-day project to provide free artificial hands

and limbs to 80 individuals in need at Chetana Village, Bharatpur-7, Chitwan.

The inauguration ceremony was graced by the presence of esteemed guests, including Hon'ble Uttam Joshi, Health Minister of Bagmati Province, as the Chief Guest, and Past District Governor Rabindra Piya as the Special Guest. Additionally, Assistant Governors Zone 36 Dinup Baral, Zone 37 Surendra Regmi, and Zone 38 Ram Prasad Sharma, along with the President of the Chitwan Chamber of Commerce, representatives from industry associations, senior Rotarian IP Dhakal, Presidents of Region VI, and Rotarians from various clubs attended the program.

This impactful project will not only provide 80 individuals with life-changing artificial limbs but also cover their lodging and fooding needs during the fitting process.



Gender-Free Toilet at Kalika Basic School

Rotary Club of Sainamaina

13th January 2024

Rotary Club of Sainamaina has completed a Gender-Free (Girls) Toilet guided by the RNLM program of Rotary District 3292 on January 13, 2024. This toilet was built at Kalika Basic School, located in Ward No. 2 of Sainamaina Municipality. The toilet was handed over to the school administration in presence of Assistant Governor (Zone 31) Rtn. Krishna Pd Sharma. The completion program was held in front of the Girls' toilet in the presence of Ward Chairman Ammar Kandel, School Management Committee Chair Durga Chhetri, Principal Baburam Bashyal, Club Past Presidents, local gentlemen, teachers, and fellow Rotarians. The toilet was built by constructor Rtn Pitambar Neupane (our President Elect). The program was conducted by Secretary Uday Raj Khanal under the chairmanship of Club President Rtn Madhab Khanal.



Warm Clothes Distribution

Rotary Club of Dharan Ghopa

19th January 2024

Warm clothes were distributed to all the students of SHREE JANSEWA ADHARBHUT VIDYALAYA, Kerabari, Morang. Fifty-six sweaters were procured and distributed after ensuring that the recipients of the clothes were deserving. It was the most satisfying moment for all the members present to see the faces of the kids after they wore the sweaters. The warmth they received from the students was much more than the warmth provided by the sweaters themselves. The beneficiaries were from financially deprived groups.

Free Health Camp and Blood Donation Program

Rotary Club of Mount Everest
20th January 2024

Rotary Club of Mount Everest, Lalitpur in collaboration with Nepal Red Cross Society, Khokana Sub Committee Lalitpur organized Free Health Camp and Blood Donation Program on Saturday, 20 January 2024 at Shree Rudrayani Secondary School, Khokana, Lalitpur.

236 patients underwent a comprehensive general physical health checkup, including



screenings for blood pressure, weight, and blood sugar, conducted by the medical team from KIST Hospital. Additionally, 100 patients received dental health services from Kantipur Dental Hospital. Gynaecology health services were provided to 39 women by Dr. Bimala Malla and Subarna Baidya. Vision tests were conducted for 136 patients, overseen by Dr.

Sagar Rajkarnikar, with support from OA Raju Khatri of Birendra Hospital, Chauni. Furthermore, 21 blood donors participated in a blood donation program organized by the Nepal Red Cross Society.

Free health Camp "Sewa ma Samarpit 3rd Phase"

RC Patan Durbar Square
20th - 21st January 2024

The Rotary Club of Patan Durbar Square, in collaboration with the Cerebral Palsy Clinic and Care Center, organized a two-day Free Health Camp titled 'Sewa ma Samarpit 3rd Phase' for children with Cerebral Palsy and related neurological disorders at Laxmipur Health-Post, Laxmipur, ward -6, with the support of Haripur Nagarpalika and Karmacharya Arcade on January 20th and 21st, 2024. The camp, led by Rtn. Dr. Pragna Karmacharya Rajbhandari, aimed to provide quality treatment to needy children. A multidisciplinary team, including physiotherapist Anuja Kariki and EEG Technician Abha Dhungana, served the children wholeheartedly. Rtn. Niraj Bhakta Mathema (PP), Spouse Anjana K.C, and Rtn. Manoj Maharjan from the Rotary Club of Patan Durbar Square actively participated. Out

of 124 children, 50% suffered from neurological disorders while the others suffered from seizure disorders, seasonal common cold, and other ailments. Nine children with seizure disorders benefited from EEG, and 50% of children with neurological disorders received physiotherapy. Awareness about Cerebral Palsy was raised by Rtn. Dr. Pragna Karmacharya Rajbhandari during the camp. The camp concluded with a meeting with the Mayor, Deputy Mayor, and Ward Chairperson from Haripur Nagarpalika to discuss future collaborations for the welfare of children with Cerebral Palsy. Both the Cerebral Palsy Clinic and Care Center and Haripur Nagarpalika expressed eagerness to work together in serving the needs of these children.

School Dress and Educational Materials Distribution

RC of Matribhumi Baluwatar
20th January 2024

The Rotary Club of Matribhumi Baluwatar's recent philanthropic program in Benighat Rorang Gaunpalika-6, Chepang Basti, was a commendable initiative aimed at supporting underprivileged school-going children in a foundational school. The program focused on distributing essential educational materials, warm winter clothes, and daily-use items like plates and glasses. Led by Club's Service Project Chair, Rtn. Kalpana Timsina, the event demonstrated a commitment to social welfare, with plans to make it an annual tradition for sustained impact. The program's success was evident in the delighted atmosphere among both organizers and beneficiaries, and the gratitude expressed by students and parents alike. Special thanks were extended to the school administration for their cooperation, highlighting the significance of community engagement and social responsibility in making a positive difference in the lives of Chepang children.





Friendship Exchange with District 3191

Rotary Club of Bhadgaon
21st - 29th January 2024

Six members of RC Bhadgaon, accompanied by two of their spouses, recently engaged in the Rotary Friendship Exchange program with 16 Rotary Clubs in District 3191.

In addition to their participation in the Friendship Exchange, they actively participated in the District Conference of 3191 on January 27th.

During the concluding phase of the Friendship Exchange, they embarked on

visits to three different Rotarian service projects, including two specialized children's care centers and the Bangalore Hospice Trust, an institution offering complimentary services primarily supported by Rotary, individuals, and various organizations.

As a gesture of goodwill, the members contributed a donation of ten thousand Indian rupees to one of the special children's centers.

The following Rotary Clubs participated in the friendship exchange:

1. RC of Ramanagara
2. RC Bangalore Mid-Town Nextzen
3. RC Bangalore Garden City
4. RC Bangalore Indiranagar
5. RC Miramar

Free Dental Camp for Students

Rotary Club of Hetauda
31st January 2024

The Rotary Club of Hetauda and Rotaract Club of Hetauda collaborated on organizing a free dental camp for students at Bhutandevi Secondary School in Hetauda. Dedicated dental professionals volunteered



in the camp, led by Dr. Manoj Kumar Upadhyay. They offered services including dental check-ups, basic treatments, and tooth extractions to 1,044 students from early grades to grade 10. Furthermore, approximately 300 students received an awareness talk about oral health and dental care from the doctors.

The camp was organized in partnership with the Bhutandevi Alumni Association and received technical support from Everest Dental Clinic and Puja Dental Clinic in Hetauda. The objective of the event was to make a significant and positive impact on the overall oral health and wellbeing of the students.

Elated by the service provided, Mr. Madhav Dahal, the head teacher of the school, expressed his gratitude to the organizers for their voluntary services. He presented them with a token of love in appreciation of their selfless work.

Winter Wonders: A Gift of Warmth

Rotary Club of Dharan Foothills
23rd January 2024

In a heartwarming display of community spirit, the Rotary Club of Dharan Foothills organized a Winter Warmth Drive on 23rd January 2024, leaving no stone unturned in their commitment to making a positive impact. Focusing their efforts on the children within the community, the Rotary Club initiated a special program to distribute warm clothes, with a particular emphasis on socks and tops (warm hats).

The students of Shree Panchayat School, Dharan, who mainly come from underprivileged family backgrounds, received the thoughtful gifts that promised to shield them from the winter chill. The distribution was not merely a material transaction; it was a manifestation of community solidarity and a testament to the Rotary Club's commitment to fostering warmth, both in the literal and figurative sense.

As the students adorned their new socks and tops, a sense of joy and appreciation radiated through the gathering. The Rotary Club's Winter Warmth Drive not only provided tangible relief from the cold but also sowed seeds of hope, kindness, and shared responsibility within the community. This initiative exemplifies the power of collective goodwill, proving that even the smallest acts of generosity can make a lasting impact on the lives of those less fortunate.



Drug Addiction Prevention and Awareness Program

Rotary Club of Biratnagar Fusion
25th January 2024

According to the Ministry of Home Affairs, Government of Nepal, substance and drug use has notably increased over two decades, starting from 2005 (2063 BS). Reported cases of drug abuse were 46,309 in 2005 and had approximately tripled to 130,424 in 2019. The Nepal Drug Users Survey 2019 indicates that Bagmati Province, Lumbini Province, Koshi Province, and Madhesh Province have the highest number of drug users.

In Nepal, young boys and girls engage in drug use for various reasons, leading to tragic consequences. Drug abuse poses significant health problems at the personal level, affecting families and communities. While herbal drugs like cannabis and locally produced alcohol were once common and culturally accepted, the nature of substances consumed has shifted towards chemical compounds in recent decades.

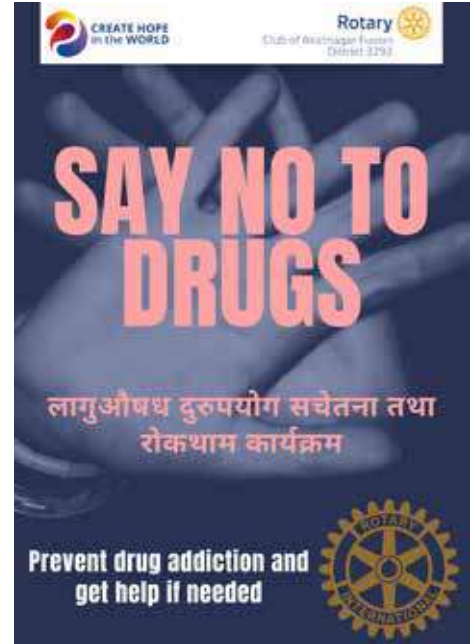
The onset of drug use often occurs during adolescence, typically between ages 12 and 25. Peer pressure, curiosity, and lack of awareness contribute to youth falling into drug addiction. Therefore, raising public awareness and



organizing educational programs in schools and colleges about the dangers of drug addiction and its side effects is imperative.

With this in mind, our club organized a Drug Addiction Prevention and Awareness Program at Goghraha School, Biratnagar. 125 students of classes 8-10 attended this interactive awareness program. The resource person for the program was Mr. Jay from Jeevan Drishti Samudayik Rehabilitation Centre who shared information on drug abuse, its causes, prevention, activities at a rehab center, etc.

The Principal and teachers of the school participated in the event, and based on their response, we have decided to conduct this program in a few more schools in the coming days.



Act of Philanthropy

Rotary Club of Yalaa
3rd February 2024

On February 3, 2024, the Rotary Club of Yala (RC Yala) collaborated with Upachar Ko Laagi Sahayogi Haatharu, Nepal Cancer Relief Society Lalitpur, and Jestha Nagarik Dibya Sewa Kendra, with the support of Nepal Cancer Hospital & Research Center Ltd. Harrisiddhi, to organize a health camp program focusing on uterine and breast cancer screening at Jestha Nagaric Dibya Sewa Kendra in Badegaon, Ward No. 14, Godavari Municipality, Lalitpur.

THE INITIATIVE SUCCESSFULLY BENEFITED 88 WOMEN. THE TOTAL BUDGET FOR THE EVENT WAS **Rs. 20,000.**





Charity Show to support 'Rotary for Her' Project



Rotary E-Club of District 3292, Nepal-Bhutan

3rd February 2024

Rotary E-Club of District 3292 in Nepal organized a Charity Show to raise awareness and support for the crucial cause of mental health among girls and women. The event focused on addressing the distinctive challenges and disorders that they may encounter. The Rotary E-Club of District 3292 aims to foster understanding and empathy for mental health issues specific to women, encompassing concerns such as depression, anxiety, and eating disorders.

The Charity Show took place at One Cinema, New Baneshwor, featuring the movie "Fighter." This initiative underscores the club's commitment to contributing to society and promoting solidarity through

purposeful actions. There were 200 people watching Movie together with fun and fellowship. Rotary Song and Annual theme of RID3292 'Light of Hope' were also played to share awareness on Rotary. Savitri Kanchenjunga Agarbatti provided generous support as the title sponsor, and Fighter Sponsors included Himalayan Distillery Limited, Nepal Life Insurance, Unilab Diagnostic Center, and Kamana Sewa Bikas Bank Limited. Scholar Shares Education served as the Ticket Sponsor for the event. Additional support came from Yedea, Krystal Food Café, CMS Nepal, The Wonderland, Sungabha Nepal and Caravan Bag as Video Sponsors, contributing to the overall success of the event.

The event was successful to raise a net-fund of Rs. 153,000 to support the cause, which is planned to spend on the thematic project called 'Rotary for Her, an initiative of Rotary E-Club of District 3292, Nepal.

Empowering Women: Rotary Rikshaw Donation Initiative

RC Biratnagar Downtown
7th February 2024

The Rotary Club of Biratnagar Downtown exemplified its commitment to community service by donating two thela rickshaws to financially vulnerable single women,



enabling them to attain self-sustainability. The program was conducted on 7th Feb, 2024 at Rotary bhawan in the gracious presence of Veteran Rtn. Leader Beni Gopal Mundara.

This initiative was originated from a proposal by an RCC member and was meticulously planned after conducting thorough surveys to identify deserving recipients. Adorned with the Rotary logo and accompanied by the four-way test of Rotary, the rickshaws not only served as a means of livelihood but also showcased Rotary's values to the public, enhancing the club's image. The impact of the project was multifaceted, as it empowered the recipients economically, boosted their self-esteem, and fostered a sense of independence. The outcome was evident in the improved living standards of the beneficiaries and the ripple effect of positivity within the community, demonstrating Rotary's enduring commitment to making a meaningful difference in people's lives.

Press Meet - 'Rotary Mini Marathon RC Ratnanagar 2024'

Rotary Club of Ratnanagar
5th February 2024

The Rotary Club of Ratnanagar organized a press meet today to unveil details about the upcoming 'Rotary Mini Marathon RC Ratnanagar 2024' and scheduled to take place on 2nd March 2024. The event was held at a Hotel Star Chitwan and saw the enthusiastic participation of nearly 40 journalists from various national and local media.

Program Co-coordinator Rtn. Bipin Pokhrel and President Rtn. Hari Kumar Shrestha were present at the press meet to share insights about the marathon and express their gratitude to the media for their support. As a gesture of appreciation each journalist received a specially crafted jacket adorned with the Rotary International logo and the club's emblem. The jackets aim to enhance the public image of the Rotary Club and promote a sense of unity among participants.

The Rotary Mini Marathon RC Ratnanagar 2024 will feature two categories: an open category and a female category. For the open category the winner will be awarded a cash prize of Rs. 1,00,000 along with a prestigious silver medal. Female participants in the marathon stand a chance to win a cash prize of Rs. 20,000 and a silver medal.

The marathon known for its commitment to promoting health and community engagement and is expected to attract participants from various age groups and backgrounds. Rotary Club of Ratnanagar hopes to make this event a grand success and contribute to the well being of the community while fostering a spirit of unity and camaraderie.





Distribution Of Uniforms At Happy School

Rotary Club of Rupandehi
6th February 2024

The Rotary Club of Rupandehi orchestrated a meaningful School Uniform Distribution Programme on February 6, 2024, at Gautam Buddha Adarsha Sishu Sadan, Tilottama-9, Rupandehi. This initiative aimed to support the educational endeavors of the students by providing them with essential school attire.

As part of our ongoing commitment to the school, which serves as the focus of our Happy School Project under the RNLM, the Club distributed 115 sets of track-suits and 115 pairs of school shoes.

The event was graced by the esteemed presence of DG Rtn Rajendra Prasad Dhoju, who served as the Chief Guest. His attendance, alongside the presence of

AG Rtn. Krishna Prasad Sharma, Ward-Chairperson of Tilottama-9 Dhurba Neupane, and other distinguished guests, underscored the significance of the initiative and highlighted Rotary's dedication to supporting education and community development. Through the School Uniform Distribution Programme, the Rotary Club of Rupandehi reaffirmed its commitment to uplifting educational standards and ensuring equal opportunities for all students, regardless of their socio-economic backgrounds.

The event served as a testament to Rotary's ethos of service above self, demonstrating how collaborative efforts can create tangible, positive impacts within the community.

The Club would like to specially recognize the individual Rotarians who supported generously to accomplish the needs of the students and the school. Big thanks to coordinator Rtn. Om Prakash Shrestha for coordinating this event so beautifully. Special Regards to the School family & Rotary family. The programme was hosted by Secretary Rtn. Thanswor Chapagain under the chairing of President Rtn. CA Hari Lamsal.

ICT Training for Public School Teachers

Rotary Club of Kathmandu
17th - 19th February 2024

The Rotary Club of Kathmandu, in collaboration with Rotary International District 3292 and the Lions Club of Gaurishankar, organized a three-day ICT

Training for Public School Teachers from February 17 to 19, 2024. Sixteen teachers from 12 schools across Kathmandu, Lalitpur, Bhaktapur, Kavre, and Sindhupalchok districts participated in the event aimed at enhancing teaching methodologies. The closing ceremony, graced by the President of the Rotary Club of Kathmandu, Rtn Kishor Upreti, and the Chair of Rotary Nepal Literacy Mission, PDG Tirtha Man Shakya, expressed gratitude to all participants for their dedication and enthusiasm. The workshop underscored the importance of collaborative efforts in promoting excellence in education.



Yomari Making Entrepreneurship Training

RC of Kathmandu Height
8th - 10th February 2024

Through a collaborative effort between the Rotary Club of Kathmandu Height, the ward office, and the Lalitpur Single Women Group, a three-day entrepreneurship training program (8th-10th Feb 2024) was organized for twenty single women residing in Sunakothe, Lalitpur. This advanced training aimed to empower these women economically by equipping them with the skills needed to produce Yomari, a traditional Newari delicacy, and turn it into an income-generating venture.

The selected 20 single women had previously undergone basic training, demonstrating their commitment and readiness to engage in entrepreneurship. Yomari holds significant cultural value within the Newar community and is also appreciated by other communities. By preserving and promoting this traditional delicacy, the trainees not only contribute to their own livelihoods but also play a role in fostering cultural exchange and social harmony.

The primary objective of the entrepreneurship training was to provide the necessary skills and knowledge for the participants to effectively produce and market Yamari. Additionally, the program aimed to empower these women economically, enabling them to become self-sufficient and financially independent. The three-day training covered various aspects of Yomari production, including recipe refinement, production techniques, dough preparation, shaping and filling, quality control, hygiene and marketing strategies in brief.

Continued support and collaboration from organizations like the Rotary Club of Kathmandu Height and local authorities are essential for sustaining and scaling up such initiatives in the future. Project Budget contributed: Rs.20,000





Valentine's Day Literature Program

RC of Dillibazar-Kathmandu
14th February 2024

Rotary Club of Dillibazar Kathmandu hosted a lovely literary program on Valentine's Day, bringing together poets from both Rotarian and non-Rotarian communities to celebrate romance and love. More than two dozen Non-Rotarian poets were featured in the event, and their poignant and romantic poetry enthralled the crowd.

The Chief Guest of the program, Dr. Udayraj Sharma, enhanced the attractiveness of the evening by his gracious presence. In addition, Spouse of Rotarians took part and shared their own love poems. Notably, poets from Sinsupani Nepal added to the program's enriching ambience by bringing a wider variety of views and opinions to the table.

All in attendance found the event to be a great success, full of romantic, humorous, and interesting moments that left a lasting impression. Fitkauli.com, Nepal Samachar Patra, and Nepaliliterature.com all covered the presentation, bringing its message of love and literary expression to a wider audience.

The participating poets received certificates as a token of appreciation for their literary achievements, demonstrating their skill and commitment to the medium. All in all, the Valentine's Day Literature Program with Non-Rotarians, which was arranged by the Rotary Club of Dillibazar Kathmandu, was an unforgettable and rewarding experience for everyone who took part. It promoted a sense of community and celebration by utilizing the potency of poetry and love

Saraswati Puja Celebration

Rotary Club of Itahari Yugal
14th February 2024

Celebrating the auspicious occasion of Saraswati Puja, RC Itahari Yugal organized a program with students of Shree Ram Janaki Ekal Vidhayalya, Sakhbuni Ramdhuni 9. The program was celebrated in the presence of Sunsari Ekal Vidhayalya President Mr. Binod Agrawal, along with Club President Rtn Rajiv Ghimire, club members, students, parents, and our own children. Lighting a diya before Lord Saraswati symbolized the program's beginning with blessings and positivity.

The concept of Ekal Vidhayalya is a valuable initiative focused on imparting knowledge about religion, rituals, traditions, and cultural practices. With over 1,500 Ekal Vidhyalayas established after the COVID-19 period, it's clear that there is a significant effort to reach out to communities and provide them with education on various aspects of Hinduism, such as religious rituals, practices, and cultural values. Thanks to the Marwari community for such a worthy initiative for children of underprivileged communities like Chaudhay, Musar, and Jhagad. It's commendable that these centers specifically cater to these students and offer daily teaching in 2-3 hour sessions for groups of 25-40 students. Students are given knowledge on different topics, chant bhajans and Gayatri mantras, fostering a deeper understanding and appreciation of their cultural heritage.

The distribution of stationery items (notebook, pencil, eraser, sharpener, color) and food items (jerry, cupcake, samosa, puri, sabji, and kheer) created a feeling of community and connection among everyone present. Seeing the happy faces of the children as they shared and cared for each other was truly gratifying. The total cost of this program was Rs 20,000.



Cyclofun 2.0 and Cyclocross1.0 "Pedal for Child Education"

Rotary Club of Dharan
19th February 2024

The Rotary Club of Dharan organized two cycling events: Cyclofun 2.0 (a 7 km fun ride) and Cyclocross 1.0 (a 16 km mountain bike race), titled "Pedal for Child Education," on February 19, 2024. RC Dharan is the first club in Nepal to organize a Mountain Bike (MTB) Cross Country race. Having the most suitable landscape and a vibrant sporting culture, Dharan hosted the cycling event. A total of 105 participants from Kakarbhitta, Birtamode, Sundarharicha, Ithari, Biratnagar, Pokhara, Kathmandu, Kavre, and Dharan took part in the event.

The Mayor of Dharan Sub Metropolitan City, Mr. Harka (Sampang) Raj Rai, inaugurated the cycling event at Bhanu chowk. The closing ceremony was conducted by Vice Mayor Mr. Aindra Bikram Begha at Shree Janta Aadharbhut School, Khoriya Basti, Dharan 15. Mr. Achyut Krishna Kharel, Mr. Dip Sagar Tamang, and Mr. Laxman Malla secured the 1st, 2nd, and 3rd positions in the Cyclocross 1.0, respectively, and were awarded cash prizes of NRS 20,000/-, NRS 15,000/-, and NRS 10,000/-. Additionally, Ms. Asha Limbu, the fastest female rider, and Mr. Padam Thapa, the fastest rider in the Master category (40+), each received a cash prize of NRS 5,000/-. A Slow Cycling Race for children below 16 years was also organized at the finishing point.

Since Cyclofun is the signature program of Rc Dharan, the event's proceeds will be donated to installing a playground at Shree Janta Aadharbhut School, Dharan 15. The event was covered by many national and local media outlets.



Distributed Educational Materials and Free Dental Check-ups

Rotary Club of Tinau Butwal
23rd February 2024

On the occasion of the 119th Rotary Day, the Rotary Club of Tinau Butwal distributed educational materials to students along with conducting dental check-ups. The club distributed educational materials, including free dental check-ups, at our Sagarmatha Basic Foundation School in Tilottama. Rotary Club of Lumbini Star collaborated on the dental check-ups, while Social Tent provided technical support.

During the event, AG Yadav Bhandari emphasized the crucial role played by the Rotary Club of Tinau Butwal in the fields of health and education. He highlighted how the club's consistent support to children from the community, who come to study at our foundation school, has inspired them to pursue education further.

In recent times, due to the prepared foods stored in packets in the market, children have been facing health issues related to dental hygiene, such as tooth decay and weakness. Such camps serve to raise awareness for regular dental hygiene and safety. The program was chaired by Club Advisor and District Conference Committee Chair, Aijaz Alam, Rotary Day Celebration Committee Chair, Rajendra Dhakal, among others, who urged the Rotary Club of Tinau Butwal to continue their ongoing efforts in the coming days.



The program, under the presidency of Club President Amrita Bhushal, was successfully concluded under the coordination of Secretary Anita Bhushal and the leadership of President Durva Koirala of Rotary Club of Lumbini Stars, with the coordination of Sapna Karki.

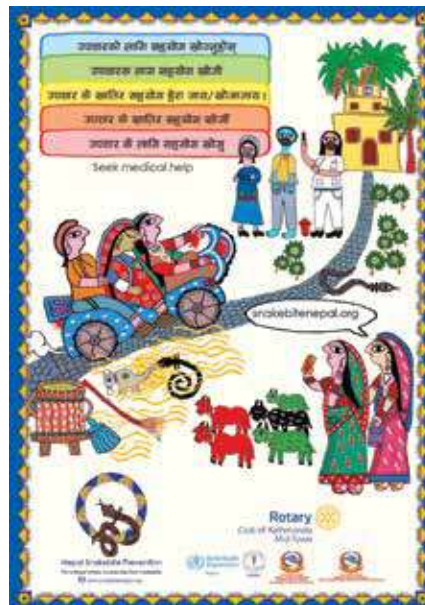
Snakebite Prevention Project

RC of Kathmandu Mid-Town
22nd February 2024

Organised by the Rotary Club of Kathmandu Mid-Town and attended by the District Governor on 22 February 2024, the Rotary Nepal Snakebite Prevention event shared information with over 150 guests from Nepal's diplomats, NGO workers, media influencers and Kathmandu residents. There was particular interest from those working with rural communities in Nepal's lowland Terai which is most afflicted by this neglected and preventable public health issue.

Every year over 40,000 people are bitten and more than 3,000 die from snakebite. This four-year Rotary global grant funded Nepal Snakebite Prevention campaign uses multi-media communications to save thousands of lives by spreading awareness about the venomous snake species in Nepal, how accidents can be prevented, and the immediate steps to take when someone is bitten.

During the snakebite season, May to September the campaign is run in five local languages (Nepali, Pashimi Tharu, Awadhi, Bhojpuri and Maithili subtitled in English) to reach the widest audience. This is the first nation-wide snakebite prevention project to be undertaken in so many languages in Nepal.



Activities focus on FM radio broadcasts, outreach meetings and a range of knowledge products including posters, social media, YouTube, and websites (accessible by QR codes).

With a budget of US\$84,000 during 2022-2026, the working partners led by Rotary Club of Kathmandu Mid-Town are Epidemiology Disease Control Division, National Health Education Information and Communication Center, BP Koirala Institute of Health Sciences in Dharan and its affiliated Snakebite Research Centre and World Health Organization (WHO-Nepal). The implementing partner is Digital Broadcast Initiative - Equal Access.

Inter School Quiz Competition

Rotary Club of Tulsipur City
23rd February 2024

The Rotary Club of Tulsipur City and Rotaract Club of Tulsipur successfully conducted an Inter School Competition on the occasion of World Rotary Day, February 23, 2024. Thirteen schools participated in the competition, where Rapti Bal Academy emerged as the winner and received a cash prize of Rs. 10,000, a trophy, medal, and certificates. Marigold English School secured the first runner-up position and received a cash prize of Rs. 5,000, along with a medal and certificate. Gorkha Secondary School secured the second runner-up position and received a cash prize of Rs. 3,000, along with a medal and certificate. The event was graced by our Chief Guest, Rtn. Bimal Rijal (AG Zone 33), and the President of Rc Tulsipur City, Rtn. Paban Kumar Yogi.





Rotary Rotaract Dancing Stars 2024

RC of Pokhara Paradise
February 2024

On the 119th Rotary Day, the Rotary Club of Pokhara Paradise, Stars Foundation Nepal, and Stars Studio Pvt Ltd jointly organized ROTARY ROTARACT DANCING STARS 2024 with the theme of dance for mental well-being. Baseline Academy clinched the group category title with a prize of 1 lakh rupees among 16 groups, followed by Nischal Dance Academy and Kaski Modernized Academy as first and second runners-up, respectively. Interact Club of Pokhara Lakeside won the Public Choice Award in the group category. In the singles category, Santosh Thapa Magar of Rotaract Club of Soyambhu emerged victorious, with Bindu Nepali and Niti Narkami securing the runner-up positions. Kusum Kumari Thapa from the Rotaract Club of Pokhara won the Public Choice Award in the single category. Winners received cheques, certificates, and trophies, while participants were awarded certificates. Judges Mankumar

Shrestha, Rabin Gurung, and Raj Bahadur Gurung oversaw the event held on February 17, 2024, at Gandaki Academy's hall. The program was chaired by Dr. Hari Bikram Adhikari, VP of Rotary Club of Pokhara Paradise, with District Governor Rajendra Prasad Dhoju as the chief guest. Notable figures like District Governor Nominee Binod Koirala and Chancellor of Pokhara Pragya Pratishthan, Padmaraj Dhakal, graced the event. The inauguration, marked by lighting the lamp and cultural dances, was followed by a welcome address from Devendra Parajuli, Secretary of Rotary Club of Pokhara Paradise. Archana Gurung's performance added to the event's allure. Jassu Gurung, the program coordinator, highlighted the event's mission to enhance Rotary's Public Image, preserve culture, and support women's empowerment through dance scholarships. Laxmi Thapa Giri, as Club/Program advisor, and Jassu Gurung conducted the program, which concluded with tokens of appreciation for all contributors.



Promoting Peace & Literacy through Art, Literature and Culture

Rotary Club of Surunga
26th - 28th February 2024

The Rotary Club of Surunga, aligned with Region 7, has successfully completed a three-day art, culture, and literature festival in Surunga, located in the Kankai Municipality of Jhapa. Senior artist Neer Shah inaugurated the festival on February 26th, 2024, with a grand ceremony. The program was followed by the display of costumes from various ethnic groups residing in Kankai town and a marching rally in the market, circulating the message of unity and peace with a vow for peace.

District Governor Rtn. Rajendra Dhoju virtually welcomed everyone and wished success for the program. Assistant Governor of the Club, Rtn. Dipu Sandeep Chapagai, stated that this program, organized for the promotion and encouragement of the literature, culture, and art sector, along with the concept of peace, will enhance the public image of Rotary Surunga and District 3292. Given the current situation, this program, connected with the community, will bring people together and promote peace and harmony.

Shiv Kandel, President of the Rotary Club of Surunga, mentioned that during this three-day festival, teachers and students from schools will engage in writing, learning, and testing poetry, collecting books for a library, listening to the thoughts and works of famous writers at the national and local levels, promoting literary conferences, cultures, costumes, identities, and featuring performances by renowned artists such as Rachana Rimal and Manoj Gaujel at the national level. This is the first such three-day festival hosted at the regional level under District 3292.





Cleaning 300 year old Cultural Heritage Temple During Rotary Week

Rotary Club of New Road City
February 2024

On the occasion of Rotary Week, the Rotary Club of New Road City, along with the Inner Wheel Club of New Road City, Rotaract, and Interact Club of New Road City, jointly cleaned a 300-year-old Cultural Heritage temple and its premises. We would like to thank the Chief Guest, DG Rajendra Dhoju, AG Sarita Shrestha, District Chair Kaushal, Rtn. Linda

from Anchorage, Alaska, and the temple Guthi members who all joined hands with the members of RC New Road City to clean this very old temple site. We held a competition to see who cleaned the brass lamps in the temple the best, and all Rotarians, including DG Rajendra, really worked hard. The winner was DG Rajendra Dhoju. Congratulations, sir, for the great effort! Actually, we were all very surprised to see the cleaning work done by DG; it was just fantastic. By the way, Rtn. Sita Rupakheti, who tried her best, came second.



Educational Materials Handover Program In Gulmi

Rotary Club of Butwal Downtown
28th January 2024

The Rotary Club of Butwal Downtown orchestrated a significant initiative at Shree Nepal Rastriya Secondary School in Chtrakot-6 Dauga, Gulmi on January 28th. This expansive project encompassed both service and public image enhancement efforts. Notably, the club organized a program dedicated to distributing school uniforms and educational materials to the most underprivileged students in the area. A total of 141 deserving students were beneficiaries of this program, receiving essential school uniforms and educational supplies. The distribution was overseen by

the Club President, Kamala Malla Hamal, alongside Past Presidents, fellow Rotarians, and distinguished guests in attendance. Moreover, as part of their commitment to promoting ethical standards, the Club presented the Rotary 4-way test to the administration of Nepal Rastriya Secondary School.

In terms of contributions, the Rotary Club of Butwal Downtown demonstrated remarkable generosity:

Monetary Contribution: **Rs 80,000**
Time Contribution: **10 hours**
Number of Participating Rotarians: **15 members**



Rheumatic Heart Disease Screening Program

Rotary Club of Devdaha
20th February 2024

The Rotary Club of Devdaha has been conducting the Rheumatic Heart Disease screening program as a signature project for the Rotary year 2023-2024. The aim is to screen all school-going children, both from private and government schools, within Devdaha municipality.

So far, we have screened more than 10,000 students. Among them, approximately 184 students have been diagnosed with some form of cardiac illness. Of these, 84 have been diagnosed with Rheumatic Heart Disease and have commenced treatment, while 13 have been diagnosed with Congenital Heart Disease requiring surgical correction.

This program is held every Tuesday under the leadership of President Dr. Sundar Pandey, with significant participation from club members.

Food Items for Disabled Children's Assistance (CDCS) in Kapan

Rotary Club of Boudha
February 2024

The Rotary Club of Boudha distributed food items worth 24,000 to the Center for Disabled Children's Assistance (CDCS) in Kapan on the occasion of the 119th birthday of Rotary.



Rotarians at UN Climate Conference

By Etelka Lehoczky

A new collaboration with the United Nations Environment Programme empowers Rotary members to clean up, protect, and monitor their local waterways.

A new collaboration with the United Nations Environment Programme empowers Rotary members to clean up, protect, and monitor their local waterways. The strategic partnership aligns with both the UN's Sustainable Development Goals and Rotary's environment area of focus.

The partnership "brings together Rotary's community-based solutions and UNEP's technical expertise," RI President-elect Stephanie Urchick said when announcing the

partnership on 10 January. She spoke at Rotary's International Assembly, the organization's gathering of incoming district governors.

At the center of the partnership is a program enabling Rotary and Rotaract clubs to make commitments to the health of their own nearby waterways. Called Community Action for Fresh Water, the program will encourage clubs to organize river cleanup days, raise awareness in their communities about the importance of healthy waterways, conduct basic

water quality tests, and report their findings.

To participate, Rotary and Rotaract clubs can identify a local body of water (river, lake, wetland, or natural reservoir) and commit to protecting and restoring it. They can then engage with the local community and other relevant groups to identify any major threats to the body of water and ultimately develop a plan of action in coordination with nongovernmental organizations, private enterprises, or government agencies. 🌱



District Governor's Calendar

MARCH 2024

DATE	DAY	EVENT
1	Friday	DG Visit of RC Kawasoti DG Visit of RC Nawalpur Kawasoti
2	Saturday	Closing Ceremony of Limbs project, RC Narayani Midtown Rotary Marathon
6	Wednesday	Multi District TRF Symposium and Recognition Program
15	Friday	16 th District Conference District Conference, Butwal
16	Saturday	District Conference, Butwal
17	Sunday	District Conference, Butwal
23	Saturday	DG visit of Nyatapola



ROTARACT ACTIVITIES



16TH ROTARACT DISTRICT CONFERENCE Dazzling display of unity and enthusiasm

The Rotaract District Committee of Rotary International District 3292 orchestrated the highly successful 16th Rotaract District Conference on January 19th and 20th, 2023, at the prestigious Nepal Academy Hall in Kamaladi, Kathmandu.

With an extraordinary turnout exceeding 1000 passionate Rotaractors from diverse clubs across Nepal, the conference marked itself as an iconic event in the Rotary calendar. The

event sparkled further with the presence of eminent personalities, such as Guest of Honor DG Rtn. Rajendra Dhoju, PDG Sanjay Giri, IPDG Jitendra Bahadur Rajbhandari, DG Nominee Rtn. Binod Koirala, and District Secretary Rtn. Durgadev Subedi, among other respected Rotarians.

Spanning two dynamic days, the conference featured three insightful panel discussions and hosted more than five keynote speakers, transforming the Nepal Academy Hall into a hub of excitement and inspiration. Participants engaged in meaningful

conversations, shared impactful ideas, and explored avenues for collaborative service, truly embodying the spirit of Rotary. A pivotal moment unfolded with the election of Dinesh Gaire as the District Rotaract Representative (DRR) for the Rotary year 2025-26. Current DRR Rtr. Rtn Roshan Karki expressed heartfelt gratitude to the host clubs, acknowledging their tireless efforts in making the conference a memorable experience.

As the curtains fell on the conference, leaving attendees inspired and motivated, the echoes of collaboration and commitment lingered, setting the stage for a promising future in Rotary service. The event will undoubtedly be remembered as a pivotal moment in the journey of Rotary International District 3292, symbolizing the power of unity, leadership, and service above self.

In an exciting development, the recently concluded conference saw DRR-elect Bikram Chhetri take center stage to announce the eagerly anticipated District Board of Directors for the Rotary year 2024-25.

The event, hosted by the Rotaract Club of Rudramati and the Rotaract Club of Rudramati Babarmahal, Kathmandu, showcased exemplary teamwork and organizational prowess.



16TH INTER-COLLEGE ROTARACT RUNNING SHIELD QUIZ CONTEST

Rotaract Club of Kathmandu
10th - 17th February 2024

Began in 2004 AD, the Inter-College Rotaract Running Shield Quiz Contest has been a signature project of the Rotaract Club of Kathmandu, fostering educational engagement and friendly competition among college students. After facing challenges posed by the pandemic, the event returned stronger,

reaffirming its commitment to promoting knowledge-sharing and camaraderie within the community.

The contest comprised of two rounds: the Cluster Round held on February 10, 2024, and the Final Round on February 17, 2024. Participants showcased their intellectual prowess and teamwork skills, vying for the prestigious Rotaract Running Shield. Sunway College emerged victorious in the 16th Inter-College Rotaract Running Shield Quiz Contest, a prestigious event organized by the Rotaract Club of Kathmandu. Held at the Rotary Hall Thapathali, the competition witnessed 17 team's enthusiastic participation from various colleges across Kathmandu.

Sunway College demonstrated exceptional knowledge and quick thinking, securing the coveted title amidst intense competition. IOE, Thapathali Campus claimed the first runner-up

position, while Public Administration Campus earned the second runner-up spot. "We extend our heartfelt congratulations to Sunway College for their outstanding performance and commend all participating teams for their enthusiasm and dedication," stated Professional Development Chair Rtr. Sandesh Tripathi from the Rotaract Club of Kathmandu.

The event not only celebrated academic excellence but also aimed to cultivate a spirit of learning and collaboration among educational institutions, in line with the Rotaract Club's ethos of promoting friendship and service. The Rotaract Club of Kathmandu expressed gratitude to all participating teams and extended best wishes for their future endeavors as well as thanked supporting partners Rotary Club of Kathmandu, AK Books and Sunway College.

INTERACT ACTIVITIES



NATIONAL INNOVATION CENTER FOR SUPPORT

Interact Club of Vishwa Adarsha
February 2024

The Interact Club of Vishwa Adarsha successfully sold over 100 books priced at NPR 750 each, resulting in a total collection of over NPR 80,000 for the Mahabir Pun Project. The fundraising event was organized in two phases. During the first phase, which spanned a week, they sold books to teachers, parents, students, and staff, achieving a total of 77 book sales. In the second phase, they operated a stall at the prestigious Educational Expo held at Vishwa Adarsha School. This event attracted a large number of visitors from Itahari and featured prominent personalities such as the school founder and the mayor of Itahari. At the expo, they sold an additional 30+ books. Their contribution to Mahabir Pun's initiative to raise funds through the sale of his autobiography demonstrates their commitment to supporting worthy causes.



SCREENING FOR IMPACT

Interact Club of LRI School
3rd February 2024

The Interact Club of LRI School orchestrated a heartwarming event titled "Screening for Impact" on February 3rd, 2024, at Kirtipur

Cineplex . This initiative aimed to provide an informative and entertaining movie screening experience for 250 orphans from seven different orphanages. The event was made possible through the generous sponsorship of Ncell and the invaluable support of The Nepali Comment, Cloud Education, and Kirtipur Cineplex. Their contributions ensured that the event could reach its full potential and have a lasting impact on the lives of the participating children. In addition to the movie screening, the event also featured interactive sessions and discussions aimed at further engaging the children and encouraging them to reflect on the themes presented in the film. The highlight of the event was undoubtedly the sense of joy and camaraderie that filled the auditorium. As the children left with smiles on their faces and hearts full of newfound inspiration, it was clear that "Screening for Impact" had achieved its goal of making a meaningful difference in the lives of these young individuals.



ANNOUNCEMENT OF DISTRICT INTERACT REPRESENTATIVE 2024-2025

Interact District Committee 3292- Nepal & Bhutan
19th February 2024

We are delighted to announce the appointment of Itr. Deepsan Adhikari as the District Interact Representative for the Rotary Year 2024-2025. We extend our warmest congratulations to him and eagerly anticipate the innovative, service-oriented, and leadership-driven journey ahead. Together, we look forward to achieving great accomplishments and inspiring others toward positive change.

FROM THE EDITOR'S DESK



Dear Fellow Rotarians,

Once again, I am truly amazed by the incredible work accomplished by Rotarians districtwide this month. Your continuous dedication and news submissions are commendable this month. It enables us to extend our outreach globally.

February has proven to be an exceptionally eventful month, with various district activities such as the Rota Quiz, Assistant Governors (AG), President and Secretary Review meetings, Sun Never Sets in Rotary initiatives, National Cadet Corps (NCC) involvement, Pokhara International Marathon, and Rotary Week Celebrations, all fostering greater connectivity and participation among us.

I'm deeply moved by the updates on projects shared by clubs, ranging from blood donations, charity shows for fundraising, Yomari-making and ICT training sessions, snakebite prevention efforts, distribution of artificial hands and limbs, gender-neutral toilet initiatives, to the distribution of warm clothing. These service projects truly exemplify Rotary's relevance within our communities, demonstrating empathy and support for those in need.

I've been closely following the preparations of DGE Rajendra Man Sherchan, as he successfully completed the Assistant Governors' Learning Seminar (AGLS) and the District Team Learning Seminar (DTLS) in Pokhara. I have full

confidence in his ability to lead and execute his plans effectively during his tenure.

As many of you are aware, we are swiftly approaching the 16th District Conference at the Butwal International Convention Center. This promises to be a historic event, meticulously planned by our DG Dhoju, with a myriad of activities scheduled from the 15th to the 17th of March, 2024. The District Conference team is fully prepared to extend a warm and inclusive welcome to all participants and guests. Let us come together, enjoy this event, and make it truly unforgettable.

Furthermore, I'm delighted to announce that the system for club news reporting in our Rotary District 3292 for GML, which underwent rigorous editing, designing, and layout processes by professional graphic designers to meet international standards, will be continued under the leadership of our upcoming editor, Rtn. Gautam Shrestha. His invaluable assistance has been instrumental in ensuring the smooth operation of our endeavors thus far, and I'm confident that he will continue to excel in the upcoming Rotary year.

May the joy of Rotary continue to resonate across the globe.

Yours in Rotary,
- Rtn. Raj Shrestha
 Chair 2023-24
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ROTARY NEWS / RISAO

What's up?

Send club news & activities, articles and your creativity to gml.district3292@gmail.com And, get it published.

TEMPLATES HERE →



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