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Rotary International District 3292





MAY

Youth Service Month

I would like to express my heartfelt gratitude to all the club leaders across the district for your unwavering support and relentless efforts in accomplishing various service projects that have significantly benefited our community.

GOVERNOR'S MONTHLY LETTER

Dear Fellow Rotarians, Rotaractors, and Interactors,

I would like to express my heartfelt gratitude to all the club leaders across the district for your unwavering support and relentless efforts in accomplishing various service projects that have significantly benefited our community. Your dedication to service above self is truly commendable. The RI District 3292 team is always ready to support you whenever and wherever needed.

As we near the end of the Rotary Year 2023-24, we prepare to hand over our responsibilities to our incoming capable leader DGE Rajendra Man Sherchan and his team. I trust that all club leaders have also prepared their successors to enhance our clubs to a newer height. This transition represents a relay of power, process, and responsibility to lead our teams. Together, we build a promising voice for Rotary worldwide.

I and my district team have made every effort to visit each club in our District and have been deeply inspired by the work you all have accomplished. I hope you have taken note of the feedback and suggestions provided during my DG visits. I encourage you to participate in district events to gain more insights into Rotary's actions both within our District and internationally. To prepare your new teams, the Club Officials Training Seminar (COTS) is essential, and I am pleased to see many have already conducted it. For those who haven't, please do so soon before the next year begins.

Many Global Grants (GG) and the District Grants (DG) have been already approved and are in the process of execution. I humbly request all successful grant applicants to meet the necessary criteria and coordinate with the District for the required processes. The District Award and Recognition Program as well as Journo award is scheduled for June 29, 2024 and I urge all club leaders to actively participate by submitting your applications. Also, RI Presidential Citation and Governors Citation are to be fulfilled by all clubs.

The Rotary International Convention 2024 in Singapore has just been concluded, marking our district's largest participation yet with over 70 attendees. I appreciate your enthusiasm for expanding your knowledge, fellowship, and networking with Rotarians globally as well as learning and sharing. The next RI Convention is scheduled for June 2025 in Calgary, Canada, and I encourage you to start registering now.

The month of May, as Youth Service Month in Rotary, witnesses various projects empowering youth, and I trust you have ample plans and programs to foster fellowship in June.

Yours in Rotary,

- Rtn. Rajendra Prasad Dhoju

District Governor 2023-24

Rotary Indternational District 3292, Nepal-Bhutan



RI PRESIDENTIAL STATEMENT

I am deeply gratified by the enthusiasm shown across the world in the past year to better support the mental health needs of each other and the people we serve.

In January 2023 when I first spoke about the need for Rotary to become more engaged on this crisis, I noted that the global mental health system couldn't be described as broken only because it didn't exist. But I also offered a highly aspirational wish that Rotary could help build that system.

The first glimmers of this vision have been brought to light by you in dozens of mental health projects. But just as important is the invitation many of you have given to fellow Rotary members to share their stories.

I am impressed by the leadership young Rotarians and Rotaractors have shown and by the brave, inspiring stories they have shared. Former Rotaractor Freddie Almazan, a survivor of gun violence who refused to give in to despair, has an especially powerful personal narrative that you can hear firsthand at this month's Rotary International Convention in Singapore.

At the convention, you can also hear from 2024 People of Action honorees lauded for the impact they and their clubs have made through mental health initiatives. Bindi

Rajasegaran will talk about a Rotary-led project in Malaysia helping children develop skills to cope with mental health challenges and building capacity for support throughout the country.

In addition, Rita Aggarwal, an officer of the Rotary Action Group on Mental Health Initiatives, will be recognized for her success in applying the Wellness in a Box framework, a mental health literacy approach for adolescents, in her hometown of Nagpur, India.



As we look ahead, the Rotary Action Group on Mental Health Initiatives will play a critical leadership role in promoting proven, measurable projects. In doing so, it will empower clubs to focus on initiatives that drive scalable, sustainable impact.

- Rtn. Gordon R. McInally President 2023-24 Rotary Indternational



Club Official Training Seminar (COTS) for Zone-14

ROTARY CLUBS OF KUPONDOLE, MAHABAUDDHA, PATAN EAST, PATAN HERITAGE, AND MOUNT EVEREST 25TH MAY 2024

The Rotary Club Official Training Seminar (COTS) for Zone-14 of Rotary District 3292 was successfully conducted on May 25th, 2024. This pivotal event, aimed at preparing club officers and upcoming presidents for the Rotary year 2024/25, was graced by the presence of Special Guest District Governor Nominee Designate (DGND) Rtn. Vishnu B. Karkee, adding inspiration and authority to the proceedings. Thirty-four Rotarians attended the program, which was jointly organized by the Rotary Clubs of Kupondole, Mahabauddha, Patan East, Patan Heritage, and Mount Everest. Rtn. Dhurba Acharya, Rtn. Sunil Tuladhar, and Rtn. Lalita Thapa played the role of facilitators.

Assistant Governor Rtn. Arjun Shrestha (2024/25) led the seminar, demonstrating exceptional leadership and organizational skills. His sessions provided the attending officers and presidents with the knowledge and tools needed to lead their clubs effectively in the upcoming year. The training was comprehensive, covering essential topics such as effective club management, leadership development, and strategic planning.

DGND Rtn. Vishnu B. Karkee's presence was a highlight of the event. His address





emphasized the importance of leadership, commitment to community service, and upholding Rotary ideals. His words resonated deeply with the attendees, motivating them to strive for excellence in their roles.

The seminar's success was further enriched by the expertise of facilitators Rtn. Dhurba Acharya, Rtn. Sunil Tuladhar, and Rtn. Lalita Thapa. Their sessions were instrumental in providing practical insights and strategies for effective club operations.

In summary, the COTS Zone-14 seminar was a commendable success, thanks to the combined efforts of the organizing clubs, the insightful

leadership of Assistant Governor Rtn. Arjun Shrestha, and the invaluable contributions of the facilitators. The Rotary community looks forward to a year of impactful service and leadership under the guidance of these well-prepared club officers and presidents.

Rotary District 3292 is proud to witness such dedication and excellence in its members, anticipating the positive changes they will bring about in 2024/25.

This event provided the Rotarians with a platform to share their projects, exchange experiences, and develop better ideas to serve the community for a positive impact.

Rotary Service Project Showcase

DISTRICT SERVICE PROJECT COMMITTEE 15TH-17TH MAY 2024

For the first time in the history of RID 3292 Nepal-Bhutan, a unique event, "Rotary Service Project Showcase," was organized during the 16th District Conference held in Butwal from March 15-17, 2024. The event was initiated by the Service Project Committee in association with the Urban Environment Sub-Committee. A total of 63 outstanding projects were received from 47 Rotary Clubs, and one Rotaract Club also participated in the showcase.

The jury members, Past District Governor Rtn Rajiv Pokhrel, District Governor Nominee Rtn Binod Koirala, and International Service Chair Rtn Rajendra Lamsal, selected the best projects based on sustainability, completion period, budget, impact, prompt response, and adherence to guidelines. The organizing team awarded a cash prize of NRs 50,000/- to the winner, the Parsu Drinking Water Project of RC Narayani Midtown. The first runner-up, the Rotary Dialysis Centre of RC Birtamode Midtown, received NRs 30,000/-, and the second runner-up, the Wash project of RC Patan West, received NRs 25,000/-. Consolation awards of NRs 5,000/- were given to RC Rajdhani, RC Jawalakhel, and RC Patan Durbar Square.

This event provided the Rotarians with a platform to share their projects, exchange experiences, and develop better ideas to serve the community for a positive impact.



GLIMPSES OF ROTARY INTERNATIONAL CONVENTION 2024 IN SINGAPORE

25TH-29TH MAY 2024



















Shreeya Giri is the Founder and Managing Director of happyminds.health, one of Nepal's first online mental health and wellbeing platforms. She holds a postgraduate degree in MSc International Business Management with Project Management from London South Bank University. Ms. Giri's interests lie in creating projects, market research, and mental health. Before embarking on her entrepreneurial journey, she worked as a project coordinator in the UK's market research industry. When the pandemic altered working conditions, Ms. Giri chose to offer freelance project management services and initiated projects that fulfilled her passion.

Currently, her startup has over 30 mental health and project management professionals from around the world, providing digital mental health literacy and psychotherapy services to promote a healthy life, both physically and mentally.

Recently, Ms. Giri was listed on Forbes' 30 Under 30, which features 300 young entrepreneurs, leaders, and trailblazers from across the Asia-Pacific region. Here is an excerpt from her conversation with Editor Raj Shrestha on her journey, vision, and contributions to mental health sector in Nepal.

First of all, congratulations on being named one of the Forbes' 30 Under 30 - Asia - Social Impact 2024. Thank you for agreeing to share your thoughts with us. Could you please tell us about your journey so far?

Thank you. A year and a half ago, my journey to give proper structure to Happy Minds began with an incubation program opportunity co-organized by UNDP, Kathmandu Metropolitan City, and facilitated by Impact Hub. This sparked my interest. I had a clear vision for Happy Minds but needed support to solidify its foundation. That's when I connected with the incredible UNDP Bangkok team through the Youth Co-Lab program. It provided the perfect environment - a supportive and inclusive space for learning and growth. With the resources, networking opportunities, and guidance offered by Youth Co-Lab, Happy Minds has flourished, even receiving a Forbes' 30u30 nomination. It's a true testament to the power of programs like Youth Co-Lab in empowering young entrepreneurs.

You have chosen to focus on mental health issues. What inspired you to pursue a career in this sector, and what impact do you hope to make in society? When living in London, after I failed to balance my personal and professional life due to the Covid-19 pandemic because of my mental health challenges, I struggled to find the right professional support I needed to feel better. As an empath, I chose to pursue a career in the mental health sector of Nepal to ensure no one is left behind when it comes to mental healthcare and support. I envision building a global community that can foster a sense of belonging with support in times of crisis.

How would you evaluate the current state of mental health in Nepal? Are there significant efforts being made by the government or private sector to address this issue?

Nepal is still ahead when compared to other nations from Southeast Asian countries in mental health, showing significant improvement in raising psycho-social awareness and policy. However, this still isn't enough as we are experiencing a severe shortage of mental health professionals along with inclusive and accessible mental health policies and budget. While the government of Nepal and I/NGOs have invested heavily in raising awareness to destigmatize mental health mostly in rural areas, our country still records up to 19 suicide cases on an average day. As for the private sector, from the experience of Happy Minds, corporate houses and colleges show signs of progress in understanding the need for mental health intervention.

What are the primary factors affecting mental health in rural and urban areas of Nepal?

In rural areas, it has to be a lack of awareness about mental health and acknowledging the connection of mental health to finance, relationships, health, and more. In urban areas, it is the stigmatization, merely coming from the worry of what society would say.

Are there effective treatments for mental health problems? What are the major challenges in addressing these issues?

Mental health remedies aren't "one-sizefits-all" solutions; they vary from person to person, their upbringing, society,



personality, lifestyle, and more. The factors that might support your mental wellness rely on emotion regulation, communication skills, and self-care routines.

How crucial is social awareness in promoting a better and safer environment for future generations concerning mental

The key to dismantling the stigma around mental health lies in raising social awareness. By focusing on positive narratives of well-being, we can encourage people to seek help. When raising awareness, incorporating patience, timely check-ins, and ongoing support creates a lasting impact, shifting perspectives and fostering a culture of mental health acceptance.

Rotary International has prioritized mental health with its annual theme 'Create Hope in the World,' and RI President Gordon R. McInally has urged all Rotarians to engage in mental health initiatives. How urgent do you think this issue is?

Hope is the fuel that drives us forward, especially when facing mental health challenges. It builds resilience, eases stress, and inspires us to seek help, creating a brighter future. With this in mind, I wholeheartedly encourage the Rotary fraternity to dedicate their time and energy to spreading hope and happiness within the community. By doing so, we can foster a culture of mental well-being together.



Hope is the fuel that drives us forward, especially when facing mental health challenges. It builds resilience, eases stress, and inspires us to seek help, creating a brighter future.

Rotary has always been a beacon of hope in the world, and now, your impact is needed more than ever.

Rotary promotes youth leadership and nurtures them for a better future. May is also designated as 'Youth Service' month in Rotary. How do you think today's youth can contribute to making a difference?

The future we build depends on empowered youth. By equipping them with emotional intelligence, communication skills, and mental health first aid, we can create a generation comfortable discussing wellbeing anywhere. They'll be able to recognize signs of struggle and offer support, breaking the stigma and fostering a culture of kindness and mental health awareness.

How are you planning to advance the cause of improving mental health in our society? I have returned to Nepal, contributing my almost 6 years of international academic

and working experience to build an inclusive mental healthcare platform. The goal is to offer accessible healthcare services to Nepali people across the world.

Rotary as one of the largest humanitarian organizations globally, what message would you like to convey to its members for their lasting impact on mental health?

Rotary has always been a beacon of hope in the world, and now, your impact is needed more than ever. By building on your existing strengths and focusing on mental health initiatives, you have the power to create a lasting ripple effect of well-being. Let's work together to ensure every community has the resources and support to thrive, mentally and emotionally.

Club News & Activities

MAY 2024



Girls Toilet Handover and School Health Screening

RC of Jawalakhel 21st April 2024

The Rotary Club of Jawalakhel constructed a girls' toilet at Path Pradarshak Secondary School, Godawari Municipality Ward-4, Badhikhel, with the support of the Rotary Club of Peterborough, Canada. On April 21st, 2024, the newly constructed girls' toilet was officially handed over by Rtn. Marie Press from RC Peterborough and Dr. Bishnu Raj Upariti, RCJ President, in the presence of the Deputy Mayor of Godawari Municipality, the Ward Chairperson of

Food Service to Manav Sewa Ashram, Pokhara

RC of Naxal Shakti 1st May 2024

The Rotary Club of Naxal Shakti organized a lunch facility for the homeless residents of

Godawari Municipality-4, the school principal, teachers, community members, students, and Rotarians of the Rotary Club of Jawalakhel (RCJ). A sanitary pad disposal machine was also installed in the girls' toilet.

On the same day, a school health screening camp was conducted at the school, including eye and dental screenings along with a health awareness session for the students and teachers. Over 200 students benefited from the health screening camp. RCJ appreciated the collaboration, cooperation, and support from RC Peterborough, Godawari Municipality, the Ward Office Badhikel, and Rotarians of RCJ and healthcare professionals. The event was coordinated by Service Committee Chair Rtn. Dr. Subash Pyakurel and Rtn. Hari Adhikari.

Manav Sewa Ashram on Wednesday, May 1st, 2024. Five members from the Rotary Club of Naxal Shakti participated in the program.



Puja Marks New Classroom for Cerebral Palsy Support

RC of Kathmandu Mid-Town 30th April 2024

On Monday, April 30, the Self-Help Group for Cerebral Palsy in Dhapakhel organized a puja to commemorate the construction of a new classroom. Funded by the Malla Family through RC KTM Mid-Town, the classroom honors the memory of Late PP Pratap Malla. Rotarian Dr. Pragya, a pediatrician and relative of the Malla Family, oversees the construction.

The project represents a continuation of RC KTN Mid-Town's longstanding partnership with the SHGCP, spanning over 20 years. The new classroom holds special significance for children with cerebral palsy, offering them enhanced learning opportunities and support.

The primary beneficiaries are children with cerebral palsy and their families, who will benefit from improved educational facilities and resources.

The puja signifies the beginning of construction, marking a milestone in the efforts to support individuals with cerebral palsy. The outcome is expected to have a profound impact on the lives of these children, providing them with a conducive learning environment and fostering their overall development and well-being.



"Community **Assembly at** Badhikel" by RCJ

RC of Jawalakhel 21st April 2024

The "Women Skill Development Project" is currently being executed by the Rotary Club of Jawalakhel through the global grant GG2235008 in Godawari Municipality, Badhikhel, Lalitpur. The Rotary Club of Peterborough, Canada, is supporting this project as the international partner Rotary Club for this Global Grant. The project's objective is to provide certified vocational training in tailoring, Montessori education, baking, junior plumbing, building electricity, bricklaying, and poultry farming, benefiting a total of 140 women.

On April 21, 2024, a Community Assembly was held at Badhikhel, Godawari, to distribute CTEVT certificates to the vocational trainees who successfully passed the exam conducted by CTEVT's National Skill Testing Board (NSTB). Rtn. Marie Press from RC Peterborough attended as a special guest. The event was graced by the presence of the Deputy Mayor of Godawari as the chief guest, the Ward Chairperson as a guest, along with twelve Rotarians from RC Jawalakhel, vocational trainees, trainers, representatives from seven vocational training institutes, and teachers and students of Path Pradarshak Secondary School, Badhikhel. The chief guest, special guest, other guests, and RCJ officials delivered felicitation speeches, congratulating the trainees and expressing gratitude to everyone who supported the success of this project in Badhikhel.

RCJ appreciated RC Peterborough, Godawari Municipality, the Ward Chairperson of Godawari Municipality-4, Badhikhel, trainers, and vocational training institutes with tokens of appreciation for their collaboration, cooperation, and support. The Deputy Mayor provided appreciation certificates to RC Jawalakhel and RC Peterborough on behalf of the municipality, recognizing their efforts in enabling 140 women to receive vocational skill training, RCJ President Dr. Bishnu Raj Upreti delivered a vote of thanks, expressing gratitude to the local government, RC Peterborough, Rotarians of RCJ, trainees, training institutes, trainers, community members, and everyone involved.



Yoga Course for Everyone

RC of Dharan Foothills & RC of Dharan Ghopa

1st - 4th May 2024

The Rotary Club of Dharan Foothills and the Rotary Club of Dharan Ghopa jointly organized "Yoga Course for Everyone," aimed at promoting physical well-being, mental health, and overall wellness within the community. The program was conducted from May 1st to May 4th, 2024, at Geeta Mandir Hall, Dharan.

The event brought together participants of all ages to learn about and practice yoga, with the final day culminating in a consultation with a dietician and an interactive session with both the yoga instructor and the dietician.

During the program, Mr. Nabin Pandey, an experienced yoga instructor, emphasized the importance of yoga for holistic health. He demonstrated and guided the participants through various yoga techniques aimed at enhancing physical health, improving

concentration, reducing stress, and fostering a sense of inner peace.

The fourth day featured an integrative approach to yoga and nutrition. The session began with a yoga practice that combined elements from the previous days. After the yoga session, Mrs. Shilpi Kumari, a certified dietician, discussed the importance of a balanced diet, proper hydration, and mindful eating practices for good health. Participants also had the opportunity to get their blood

pressure and glucose levels tested, providing immediate health feedback and underscoring the importance of regular health monitoring.

The program concluded with an interactive session where participants had the opportunity to ask questions and engage in dialogue with both Mr. Pandey and Mrs. Kumari. Topics ranged from personalized dietary advice to tips on integrating yoga into daily routines.



Kids Summer Camp and Art Competition

RC of Bhairahwa 1st May 2024

The Rotary Club of Bhairahawa conducted a three-day kids' camp and painting program for 44 students aged 7 to 12 years from different schools as part of its annual program. The program was chaired by Umesh Chandra Acharya, the president of the Rotary Club of Bhairahawa for the year 2023-24, and the chief guest was Sculptor Mr. Yama Bahadur Thapa.

Mr. Jeevan Suwal acted as the main instructor for yoga and meditation, while Rtn. Sanjeev Sharma Regmi, the Regional Training Chair of Rotary District 3292, Mr. Ramesh Aryal, a Public Speaking Trainer, Ranju Sharma, the President of Abalone Nepal, Mr. Upendra Adhikari, a Parenting Trainer, and Raja Pratap Shahi, a Musician, conducted sessions. In this program, every child and girl demonstrated their skills, and they also expressed their feelings by painting on stones. On the last day of the program, children received training in swimming, and parents were also provided with training related to skilled parenting.

Chief Guest Sculptor Mr. Yam Bahadur Thapa emphasized that if children can receive painting education from a young age, they can handle and avoid many problems in the future.



Celebrating Rotary's Legacy: Installation of a New Club in Town

RC of Kathmandu Heritage May 2024

In the heart of Kathmandu, on February 23, a special event unfolded, marking the birth of a new Rotary Club. This day holds significance as it mirrors the founding day of Rotary International way back in 1905. The new club, named Rotary Club of Kathmandu Heritage, aims to continue the tradition of serving the community and fostering fellowship.

Led by District Governor RC Rajendra Dhoju and his spouse, the ceremony was graced by esteemed individuals like Rtn. Bishnu Upreti, President of the sponsor club, RC Jawalakhel, and RTN Raman Upreti, the club's secretary. RTN Dr. Subash Pyakural also shared valuable insights, adding depth to the occasion.

Among the esteemed guests in attendance were President Rtn. Dr. Bishnu Upreti, serving as the honored representative, along with District Governor Rajendra Dhoju, who graced the occasion as the Chief Guest. Also present

were Chair Membership Rtn. Subash Sigdel, New Club Advisor Rtn. Dr. Subash Pyakurel, Charter President Rtn. Hema Kumari Adhikari, and Past District Governors Rtn. Jaya Rajya Laxmi Shah, Rtn. Rajiv Pokharel, and Rtn. Chintamani Bhattarai. Furthermore, the gathering included the distinguished presence of the District Governor Nominee Designate Rtn. Bishnu Bahadur Karki. Rtn. Upendra Poudel, Chair of Corporate Social Responsibility (CSR), added to the honor of the assembly, as did Secretary Rtn. Raman Upreti and Charter Secretary Dr. Buddhi Malla.

The atmosphere buzzed with warmth and unity as guests exchanged greetings and well wishes. Bouquets and khadas adorned the honored guests, reflecting the community's embrace of Rotary values.

The ceremony began with patriotic fervor, singing the National Anthem and Rotary Song, followed by a moment of silent reflection. President Rtn. Dr. Bishnu Upreti set the tone with a heartfelt welcome speech, inspiring everyone present.

The highlight of the day was the installation of the Charter President, Rtn. Hema Kumari Adhikari, conducted by District Governor Rajendra Dhoju. With the exchange of symbolic items like the Charter Certificate, Gavel, Gong, and Presidential Collar, a new era of service commenced.

The solemnity of the occasion was further emphasized as Chief Guest Rajendra Dhoju illuminated the Panas, symbolizing Rotary's guidance to communities worldwide. With the administration of oath by the District Governor, the Charter President pledged her dedication to Rotary's principles.



Rotary Club of Rajdhani handed over 6 units of Dialysis Machines to B&B Hospital (P) Ltd under **The Rotary Foundation Global** Grant 2,461,721

RC of Rajdhani May 2024

Plan Lead and PDG Basu Deo Golyan handed over the dialysis machines to the hospital's founders, Dr. Ashok Kumar Baskota and Dr. Jagadish Lal Vaidhya, in the presence of ARRFC M.K. Jha, DRFC Kumud Tripathy, and Assistant Governor Raj Bhai Suwal. This project, involving US \$54,600, was made possible by the joint funding support from the Rotary International Foundation, District Fund, Major Donor Surendra Bhakta Mathema, and the international partner, Rotary Club of Raipur Royal.





Rotarians are **Active in Polio Eradication** from the World

RC of Boudha May 2024

The Rotary Club of Boudha successfully completed its weekly meeting #102 in the presence of special guest Deepak Rajbhandari, Chairman of the Polio Sub-Committee 2023-24, and AG Lakhfuti Sherpa. On this occasion, we are pleased to induct 3 Rotarians and 3 MPHFs, as well as 8 PHFs, through this club. We are also happy to hand over a \$500 cheque to our chief guest with the goal of eradicating polio from the world.

Integrated Health Camp in Ratanpur, Rupandehi

RC of E-club Medicofusion Hybrid Nepal 1st May 2024





An Integrated Health Camp was successfully conducted at Semlar Ratanpur, Rupandehi, on the premises of Ganesh Mandir. The event was a collaborative effort organized by the Rotary E Club of Medicofusion Hybrid, Crimson Hospital - Manigram, Nepal Medicine and Sales Representative Association, Muktidham Aama Samuha, Muktidham Tole Bikash Samiti, and Health Nepal.

The camp provided free medical consultations and medicines to the local community, serving a total of 350 patients of various ages, from children to the elderly. The medical team was led by renowned specialists, including Dr. Shekhar Prasad Pokhrel, an orthopedic surgeon and TRF Foundation chair, along with Rtn Dr. Manish Bishwakarma, a physician, Rtn Dr. Suman Poudel, an ENT specialist, Dr. Ruksana Huk, a gynecologist, and two dedicated medical officers.

Total Budget 95,000.00



Dental Camp in Sangjya

RC of Naxal Shakti 4th May 2024

The Rotary Club of Naxal Shakti organized a dental camp at Saksham Ama Samuha Bhawan, Putalibazar, Ward No. 13, Lampata, Sangjya, on Saturday, May 4th, 2024. Approximately 253 dental patients received check-ups and treatments at the camp, benefiting the same number of people from the general public. Five members from the Rotary Club of Naxal Shakti, including Charter President Dr. Luna Aryal, participated in this program.



Traffice Awareness Program

RC of Mahabouddha 4th May 2024

The Rotary Club of Mahabouddha conducted a Traffic Awareness program in collaboration with the Community and Traffic Police on 22nd Baishakha 2081 at Lagankhel Bus Park, Lalitpur. We informed drivers about the importance of driving safely and following traffic rules and regulations. We also distributed various traffic awareness stickers with the Rotary Club logo to promote the Rotary public

image. These stickers were adhered to public buses and taxis by program participants, including Rotarians, Rotaracts, police officers, drivers, and conductors.

Thank you to all participants for making the program successful and fruitful in promoting traffic awareness through Rotary initiatives.



Rotarian **Non Rotarian** Interaction **Program**

RC of Narayani Mid Town 4th May 2024

RC Narayani Mid Town organized a Rotary knowledge-sharing and interaction program between Rotarians and non-Rotarians on May 4th, 2024, at Hotel Royal Century, Bharatpur Height, Chitwan. President Arpana Pradhan gave a PowerPoint presentation about the basics of Rotary. The interaction program that followed the presentation focused on information about Rotary clubs and their activities. The discussion also highlighted the lasting changes in communities due to the humanitarian activities by Rotary clubs. Twenty non-Rotarians and fifteen Rotarians enjoyed the interaction program. The queries raised by non-Rotarians were subsequently answered by AG Zone 37 Surendra Nath Regmi, AG Zone 36 Dinup Kumar Baral, and Club President Arpana Pradhan. The budget for the program was Rs. 15,000, which was borne by the club.

Cheque Handover for the Victim of **Accident in** Nilkantha-5, **Dhading**

RC of Dhading 7th May 2024

On May 7th, 2024, the Rotary Club of Dhading conducted a financial support handover program for the treatment of accident victims from Nilkantha-5, Khalta, Dhading, who are still in the hospital. The accident occurred on April 14th, 2024, when a truck

carrying manure for the field overturned, resulting in three deaths at the scene and seven injuries. The injured individuals are still receiving hospital treatment. To support their medical expenses, the Rotary Club of Dhading provided Rs. 25,000 in the presence of Neelakantha Municipality Ward No. 5 President Ram Bahadur Shrestha. The handover was conducted by President Rtn Nabin Kumar Shrestha.



Basic hygiene and Self Care

RC of Biratnagar Fusion 10th May 2024

The Rotary Club of Biratnagar Fusion conducted an educational program focusing on basic hygiene and self-care at Satyanarayan Adharbhut School. The initiative aimed to impart essential knowledge and practices to the students, promoting personal hygiene and well-being. The program was organized in collaboration with Birat Medical College, emphasizing the importance of preventive healthcare measures in maintaining overall health.

Key Topics Covered:

Hand Hygiene: The importance of regular handwashing with soap and water was emphasized to prevent the spread of germs and infections. Proper handwashing techniques were demonstrated to ensure thorough cleaning.

Dental Care: Students were educated about the significance of dental hygiene, including brushing teeth twice daily and using fluoride toothpaste. Tips for maintaining oral health, such as avoiding sugary snacks and having regular dental checkups, were shared. Personal Hygiene: The program highlighted the significance of maintaining cleanliness



in daily routines, including bathing regularly, wearing clean clothes, and keeping surroundings tidy. Proper disposal of waste and sanitation practices were also discussed.

Nutritional Awareness: Students were educated about the importance of a balanced diet comprising fruits, vegetables, proteins, and whole grains. The role of nutrition in supporting overall health and immunity was emphasized.

Self-care Practices: The importance of self-care, including adequate sleep, physical activity, and stress management, was emphasized to promote mental and emotional well-being among students.

The Basic Hygiene and Self-care Program at Satyanarayan Adharbhut School served as a valuable initiative to instill essential hygiene practices and promote self-care among students. Through the guidance of Prof. Dr. Himsagar Rimal and his team, along with support from Birat Medical College, the program empowered students with knowledge and skills to maintain good health habits. Such initiatives contribute to the holistic development of students and foster a culture of health consciousness within the school community.

के डेरा, के घर, **Short Cancer Awareness Film**

RC of Yala 10th May 2024

On 10 May 2024, a Nepali short film raising awareness about cancer, titled के डेरा, के घर premiered at a placed QFX cinema hall at CTC Mall in China Town, Tripureshor . The film, produced by MaHa Sanchar and coordinated by PP Rtn. Kiran Shrestha, attracted a large audience including the Mayor of Lalitpur Metropolitan City, Rotarians, cancer survivors, and other quests. Legendary actors, the MaHa Jodi, were also present.

The program featured inspiring stories from cancer survivors Dolly Gurung, Tara Prasad Tripathi, and Sangita Shakya Thapa. Additionally, Chiribabu Maharjan, Mayor of

Lalitpur, and Dr. Sudip Shrestha, chairman of Nepal Cancer Hospital & Research Center Ltd, provided insights on the current state of cancer treatment in Nepal.

Similarly, legendary MaHa Jodi shared their experience on film making. It was a collaborative effort between the Rotary Club of Yala, Madan Devi Foundation, Nepal Cancer Hospital & Research Center Ltd, IGI Prudential Insurance, Nepal Cancer Relief Society Lalitpur Branch, Upachar Ko Laagi Sahayogi Haatharu, LMC-16, and Purna Mangal Joshi.

Budget- Rs 26,00,000



Water Filter Handover Program

RC of Dharan 10th May 2024

A water filter was provided to Saraswati Secondary School, Panbari, Dharan in coordination with RC Dharan on May 10th, 2024. The filter was donated by Mrs. Kanta Agrawal in loving memory of her late husband, Mr. Shiva Shankar Agrawal.



RC Dillibazar's Buffalo Livestock **Project Transforms the Lives of 54 Families in Kayre**

RC of Dillibazar-Kathmandu and Rotary Club from Germany 11th May 2024



Rotary Club of Dillibazar-Kathmandu and Rotary clubs from Germany have completed a Global Grant by providing buffaloes to 40 disadvantaged families at Mandan Deupur Municipality, Kavre. In addition, RC Dillibazar in coordination with the local government has supported 14 families with buffaloes too.

The project aimed to empower underprivileged families by providing them with buffalos and parallelly enriching their lives and improving their economic prospects with their economic development ultimately helping their children's education. Since its inception, the project has distributed a total of 54 buffalos to families who were previously struggling to make ends meet and were unable to meet their children's education costs. Now, by selling milk, the beneficiaries have not only enhanced their economic stability but have also been able to afford education for their children, breaking the vicious cycle of poverty.

As the project now draws to a close, the Rotary Club remains committed to monitoring its impact in the community, ensuring sustained progress and continued support for the beneficiaries. In the realm of sustainability, post-project completion, the beneficiaries are making their saving in local cooperatives and regular monitoring and follow-up by the local user group.

Health Camp at Neelakantha -3, **Jerabar Dhading**

RC of Dhading 11th May 2024

On May 11, 2024, the Rotary Club of Dhading conducted a free non-communicable diseases screening health camp in Neelakantha Municipality-3, Jerabar, Dhading, with the support of district hospital doctors. The camp included blood pressure, sugar, and urine checks, as well as an awareness program about non-communicable diseases. Patients with identified issues were referred to Dhading Hospital for free treatment. The total number of registered patients was 305.



Picnic Program With Family

RC of Kathmandu Downtown 11th May 2024

The Rotary Club of Kathmandu Downtown's annually scheduled Family Picnic - 2081 was organized in the naturally beautiful location of Shivapuri Resort, Nuwakot, on May 11th, 2024. District Governor Rtn. Rajendra Prasad Dhoju was invited as the chief quest, and Assistant Governor Rtn. Shankar Prasad Pandey also attended with his family. All Rotarians and their family members enjoyed the nature, various fun activities, and food. The cost was managed by club members.



Pediatric Health Checkup

RC of Biratnagar Fusion 10th May 2024



On the 10th of May 2024, Rotary Club of Biratnagar Fusion conducted a comprehensive Pediatric Health Checkup program at Satyanarayan Adharbhut School. This initiative aimed to assess and promote the health and well-being of the students. The event was made possible through the collaborative efforts of Birat Medical College and its team of healthcare professionals led by Prof. Dr. Himsagar Rimal, a renowned pediatrician.

The health checkup program catered to a total of 90 students. The health checkup encompassed a thorough assessment of each student's health status. The examination included vital sign measurements such as temperature, heart rate, and blood pressure. Additionally, the medical team conducted physical examinations to evaluate overall growth and development, as well as screening for any existing health concerns.

12 students needing additional diagnosis and testing were referred to Birat Medical College & Teaching Hospital for further examination at no additional cost. The school Principal thanked the club for their initiative and hoped for more such programs to be conducted.

Raising Snakebite Awareness at **Multiple Locations**

RC of Kathmandu Mid-Town 11th May 2024

The NEPAL SNAKEBITE PREVENTION team launched a multifaceted awareness campaign, engaging diverse communities through different activities. At the Labim Mall Saturday Morning market, the team shared informative posters and pamphlets with shoppers, while Rotaracts interacted with passers-by, gathering statistics and insights into snakebite prevention knowledge.

Additionally, cyclist Gyan Maharjan pledged his support to the cause during an encounter with the team, expressing his intent to spread awareness during his upcoming travels. Known for his advocacy efforts across 20 countries, including Germany, Switzerland, and South Korea, Maharjan embodies a commitment to making a difference globally.

Furthering the initiative, Rt. Ms. Poonam Rana and Rotaracts from RC Kastamandhap conducted a NEPAL SNAKEBITE PREVENTION program at New Heaven School in Chitwan on Tuesday, April 30. Delivering two informative sessions, they engaged over 150 students in this snakebite-prone area, fostering discussion and raising awareness. The students eagerly participated, posing questions relevant to their community's daily challenges, and took home posters to disseminate knowledge within their neighborhoods.

In collaboration with the Rotary Club of Bardibas, the NEPAL SNAKEBITE PREVENTION program expands its reach to further communities, setting up

presentations to raise awareness about snakebite prevention.

These combined efforts underscore a comprehensive approach to snakebite prevention, encompassing outreach, education, and community engagement to mitigate risks and enhance safety across Nepal.



Celebrating 1000th Regular **Weekly Meeting**

RC of Patan Durbar square 12th May 2024

On 12th May 2024, Rotary Club of Patan Durbar Square celebrated 1000th Regular Weekly Meeting with all Charter Members, Past Presidents, Guests, Rotarians, Rotaractors and Spouse Group of Patan Durbar Square at Universal Café, Satdobato. There was a gracious presence of AG Rtn. Rajani Shrestha, Journalist Ms. Kalpana Maharjan, a Guinness World Record holder for climbing Mt. Everest from Nepal and Tibet, RYLA participant Ms. Unnati Shrestha, and team from Cerebral Palsy Clinic and Care Center.

This program was organized and felicitate to all Charter Members and Past President of Rotary Club of Patan Durbar Square for their dedication, commitment, and camaraderie of our Rotary community. As we reflect on the incredible journey of our Rotary Club of Patan Durbar Square over the past two decades, it's impossible not to recognize the monumental role

played by all Rotarians. On behalf of our entire Rotary family, President Rtn. Keshab Maharjan thanked and express his deepest gratitude for extraordinary leadership, unwavering dedication, and profound impact on our Rotary Club and the communities we serve. This legacy of service will forever inspire us to strive for excellence and continue making a difference in the world.



Distribution of School dress, bag, stationery, hygiene kit

RC of Narayani Mid Town 17th May 2024

The Rotary Club of Narayani Mid Town and the Rotaract Club of Narayani Mid Town jointly organized a School Dress, School Bag, Stationery, and Hygiene Kit Distribution Program at Panchadeep Primary School in Saalghari, Ratnanagar, on May 17th, 2024. Ten



underprivileged students, who are supported under the guardianship program by the Rotarians of RC Narayani Mid Town, were the beneficiaries of this program. Ten Rotarians

and three Rotaractors were present during the program. The budget for the program was Rs. 50,000, which was sponsored by the ten Rotarians who support the children.

Free Health Camp at Gagalphedi, Kageswori **Municipality**

RC of Kopundol 11th May 2024

Rotary club of Kopundol organized a mega health camp at Shri Bal Uddhar School canp at Gagalphedi, Kageswori ward 1 on May 11, 2024 with a medical team from Manmohan Memorial Medical College & Teaching Hospital supported by municipal health post officials.

Some 165 people from the local Tamang community benefitted from the free health check up and medicine supply on gyne, eye, general medicine, ultra-sound (USG) scanning and other services from a team of 7 professionals led by senior physicians Dr. Manoradin Saiyad and the chairman and CEO of the hospital Dr. Nastu Sharma.

Club president Rtn. Nav Raj Baral led the RC Kopundol team of 10 persons, including PP. Maheswor Bhakta Shrestha, PP Dr. Nastu Sharma, PP Bandhu Ranjan, PP Dr. Dhruba Acharya, PP Gobinda Neupane, Rtn. Purushottam Acharya, Rtn. Purnima Gurung, Rtn. Leera Raj Upadhaya and club secretary Mr. Banik Adhikari.







RC Kopundol team with Mayor of the municipality, school Management Committee chair, local health workers and others. May 13, 2024

Waste Management **Training**

RC of Dharan Foothills 18th May 2024

The Rotary Club of Dharan Foothills organized an educational program on waste management at BPKIHS on May 18th, 2024. The program aimed to teach Rotaractors of the Rotaract Club of Dharan Ghopa about general waste management practices and included an interactive demonstration to reinforce the concepts discussed. This initiative was part of RC Dharan Foothills' ongoing efforts to promote environmental sustainability and community awareness about waste management.

The program began with a warm welcome from Rtn Dr. Mona Dahal, Secretary of

RC Dharan Foothills. She emphasized the importance of waste management in maintaining a clean and healthy environment. Rtn Dr. Rita Khadka, President of RC Dharan Foothills and an expert in waste management, delivered an informative presentation on the basics of waste management. The presentation was followed by interactive group activities where participants were given various types of waste items and asked to segregate them into appropriate

categories (organic, recyclable, hazardous, and non-recyclable). This hands-on activity reinforced the importance of proper waste segregation.

A question-and-answer session was then held, allowing participants to ask questions and seek clarification on various aspects of waste management. Rtn Dr. Rita Khadka answered queries and provided additional insights and resources.



Women Led Marketplace 3.0

RC of Kathmandu Height 18th May 2024

The Women Led Marketplace 3.0, orchestrated by the Rotary Club of Kathmandu Height, unfolded on May 18th, 2024, at the scenic Utpala Café nestled in Bouddha. This dynamic event served as a tribute to the ingenuity of women entrepreneurs, providing them with a platform to showcase their exceptional creations while fostering invaluable networking prospects.

With a kaleidoscope of over 30 stalls gracing the venue, the marketplace boasted a diverse array of products, catering to the varied tastes of its attendees. Among the event's main highlights were the offerings of organic produce, tantalizing homemade delicacies, unique crafts and accessories, traditional attire, moonj grass products, exquisite silver and artificial stone jewelry, aromatic incense sticks, sumptuous bed sheets and garments, refreshing berries and smoothies, and a delightful array of homemade pickles, each adding its own charm to the bustling marketplace.



The event wasn't just about shopping; it also encouraged people to come with their loved ones for a fun day with good food and friends. The event focused on empowering women, supporting local businesses, and promoting meaningful purchases. This demonstrated the Rotary Club of Kathmandu Height's commitment to making the world better by supporting women in business.



Food and Clothes Distribution Program

RC of Dharan 24th May 2024

On 24th May 2024 Anns of RC Dharan visited Maya Ghar Nepal, a Social organization which has been providing a shelter to 150 Mentally ill and helpless victims of violence and street human beings. Anns donated food edibles and clothes to the victims residing in the organization. The program was concluded by the Anns providing some fun filled activities to entertain the beneficiaries. First lady Ms. Khushbu Shah was the coordinator of the program.



Saurpani School **Support Project**

RC of Kopundol 28th - 29th April 2024

On April 28-29, Rotary Club of Kopundol members: Club president Rtn. Nav Raj Baral, Past president and Project Coordinator Rtn. Maheswor Bhakta Shrestha, Club Secretary PP Dr. Dhruba Acharya and Rotaract club of Kopundol president Anshuya Shrestha visited the School at Barpak-Sulikot Rural Municipality, Gorkha district. Rotary also handed over a laser printer.

Saurpani School students and teachers leaded by Principal Ms. Tanka Kumari Fewali warmly welcomed the visiting Rotary and Rotaract team on April 29. School Management Committee Chair Mr. Prasan Babu Shrestha, past Chairs Bir Bahadur and Keshari Dhakal expressed gratitude for the continuous support through Rotary club of Kopundol since October 2017 to reconstruct the earthquake devastated school building, roofing of the old office buildings, and develop other facilities under TEACH program (Teacher's training, E-Learning, Adult Literacy, Child Development and Happy School) for a qualitative teaching - learning environment.

Local education office has described it as the exemplary (Namuna) school in the District as testified by the good result in their higher

Field Monitoring Visit for the Second Phase School Support project on TEACH components and Office Building Roofing project in the Shree Saurpani Samudayik Smrity Primary School, Barpak, Gorkha





classes. The young kids now are the future of the community, District and the country at large.

FACTS AND FIGURES:

Project Cost: NPR 26,65,842/- + NPR 999,648





Environmental Concerns and Solutions Featured at Rotary International Convention

By Etelka Lehoczky and Rose Shilling

Environmental protection was a central theme on the third day of the 2024 Rotary International Convention in Singapore, which featured an appearance by a globetrotting activist and environment-focused breakout sessions. At the convention's second general session, a naturalist and an entrepreneur called for greater social and corporate responsibility in addressing environmental problems.

Nacho Dean, who has walked 33,000 kilometers around the world and has swum between five continents, spoke about the urgency of the environmental crisis.

"During my expeditions, I have seen both sides of the coin: a planet of spectacular beauty ... punished by human action [such as] global warming, biodiversity loss, [and] plastic pollution," said Dean, who walked through four continents and in 31 countries to raise awareness of climate change. "There is a direct relationship between the health of the environment and the health of humanity."

Dean outlined numerous ways that environmental problems make people's daily lives more difficult and more painful.

At Saving Endangered Species, From Mountains to Marine, members asked how they could connect their passion for protecting animals and the environment with their commitment to increasing Rotary membership.

Audience members and panelists from the Rotary Action Group for Endangered Species suggested offering conservation-related tours and volunteer opportunities for Rotaractors. That way, Rotaractors could get involved in making a difference in places that are experiencing (or successfully reversing) ecosystem damage and the loss of species.

Panelists noted that the Rotary Action Group for Endangered Species includes more than a thousand people who have vast expertise and are ready to help Rotary members save animals and plants. They encouraged attendees to contact the action group about projects they're working on and issues they want to address.

District Governor's Calendar

JUNE 2024

	DATE	DAY	EVENT
	15	Saturday	District Training Assembly (DTA)
	16	Sunday	Grant Management Seminar (GMS)
200	25	Tuesday	Charter Day of RC Jawalakhel
	27	Thursday	Charter Day and Installation Ceremony of RC Kopundol
	28	Friday	Charter Day of RC Kathmandu West
	29	Saturday	District Award and Recognition Program
			Rotaract DLTS, Assembly and Recognition
Year of the second			

INTERACT ACTIVITIES



DENTAL CAMP PHASE 2

Interact Club of Annapurna H.S. School 10th-12th May 2024

This event was organized by the Interact Club of Annapurna H.S. School in collaboration with The Perfect Smile Ortho Dental Clinic, Rotaract Club of Thames Int'l College, and Rotary Club of Thamel. The dental health event, held on May 10th and 12th, was a collaborative effort involving 6 Interact volunteers and 5 doctors, aimed at improving community dental health. On the first day, we focused on students, conducting check-ups from Class 1 to Class 7 by $3\!:\!30$ pm and examining over 300 students, many of whom had cavities

likely due to high consumption of sweets. We provided guidance and recommended dental visits for those in need. The second day was dedicated to the broader community, including parents, teachers, and staff, and followed a similar schedule, starting at 10 am. We extended services to students in UKG and received a positive response from the community, with support from various Rotarians from RC Thamel. By the end of the event, we had completed over 220 check-ups, totaling more than 520 individuals. We also distributed free toothbrushes and one-time-use toothpaste to all participants. The event was a gratifying success, making a positive impact on the community's dental health.







CLIMATE CHANGE AWARENESS

Interact Club of Rupy's International School 8th May 2024

Climate change, a critical global issue, was the focus of the Climate Change Awareness: Teach the Teachers session held at Rupy's International School in collaboration with MOCK COP. The session featured an insightful discussion led by MOCK COP representative Ms. Shreeya KC, who emphasized the current global climate crisis and its impending consequences. She stressed the importance of collective action in mitigating these effects and outlined various measures we can take to reduce our impact. The event successfully engaged students, enhancing their understanding of climate change.

The session also saw the participation of distinguished quests, including Rupy Singh, President-Elect of the Rotary Club of Kathmandu Mid-Town, and Shreeya Dangol, President-Elect of the Rotaract Club of Kathmandu Mid-Town, along with other Rotaract members. A few students from our group will participate in the upcoming Teaching the Teacher session.

ZONAL INTERACT FIESTA

Zone 1 18th May 2024

The inaugural Zonal Interact Fiesta, जीवंत: Celebrating Vibrance,' held at Aadarsha Banquet, Birtamode, Jhapa on May 18, 2024, marked a momentous occasion with the participation of 190 individuals, including 150 participants and 40 esteemed guests. The event, organized by Zone 1, Interact District 3292, commenced with a grand opening ceremony graced by the esteemed presence of past district governor Rtn. Basu Dev Golyan Sir and Guest of Honour ltr. Biplob Thapa, Chairman ltr. Krish Agrawal among several other dignitaries.

The program was meticulously orchestrated by Interact Club of Pragyan Academy Pvt. Ltd. and Interact Club of Devbhumi, in collaboration with co-host clubs Interact Club of Delhi Public School (Dharan) and Interact Club of Bishnu Memorial, with generous support from Rotary Club of Dharan Foothills and local makeup brand Amaeya. The proceedings commenced with a vibrant Opening Ceremony followed by a captivating keynote session on Youth Empowerment through Leadership by Rtn. Shiv Kumar Agrawal, followed by a delightful Thakali.

Dr. Abhash Niraula, a leading psychiatrist from BirtaCity Hospital, delivered an insightful session on Adolescents Psychology and Mental Health in Teenagers, providing invaluable knowledge to the

> attendees. The highlight of the event was a dynamic panel discussion on Youth Entrepreneurship moderated by RTR. Babita Acharya, featuring illustrious speakers including Mr. Sharad Joshi, Mr. Rajat Sahewala, Mr. Roshan Budhathoki, and Mr. Sunny Goyal.

Additionally, the Zonal AWARDS RY 2023-24 recognized nine clubs for their exceptional dedication across different categories.

FROM THE **EDITOR'S DESK**



Dear Fellow Rotarians.

Summer has arrived with some of the hottest days ever recorded in various parts of the world. The Terai region of Nepal is no exception, and I urge everyone to stay safe. While natural systems play a role, human actions such as global warming, biodiversity loss, and plastic pollution significantly impact temperature harmony. As responsible stewards of the planet, we must act to save our environment by reducing carbon emissions and adopting environmentally friendly lifestyles.

We strive to provide engaging content in GML each month, featuring diverse personalities sharing their insights with the Rotary community. In May, designated as 'Youth Service Month,' we are honored to have Ms. Shreeya Giri, recently named one of Forbes' 30 Under 30 from Asia-Pacific for her contributions to mental health. This year, Rotary has focused on promoting good mental health, and Ms. Giri shares her vision with us.

The Rotary International Convention 2024 recently concluded in Singapore, with a notable participation from Nepal. I believe this event was instrumental in promoting Rotary's spirit, fellowship, and grant pitching through an international network.

What's up?

articles and your creativity to gml.district3292@gmail.com

And, get it published.

We are on the verge of a leadership transition. New teams for Rotary Year 2024-25 are being prepared to take on their roles. Club Officials Training Seminars (COTS) are actively being conducted club-wise and region-wise. The District Training Assembly (DTA) and Grant Management Seminar (GMS) are scheduled for June 15 and 16, respectively. The District Award and Recognition Program is on June 29. I encourage everyone to take full advantage of these opportunities to celebrate the joy of Rotary.

June has arrived as Fellowship Month in Rotary. This is a time to get to know each other better across different clubs, regions, and zones. Prepare to partner with other clubs for joint projects, learn from each other, and work together to enhance Rotary's impact in our community.

Let's prepare ourselves to show 'The Magic of Rotary' with upcoming RI President Elect Stephanie A. Urchick and our very own DGE Rajendra Man Sherchan.

Yours in Rotary,

- Rtn. Raj Shrestha

Chair 2023-24

District Publication & GML Sub-Committee

ROTARY ON HAND Download 'Rotary District 3292' App

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