





GOVERNOR'S MONTHLY LETTER

JULY 2024

Transition Month

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Stephanie A. Urchick
President 2024-25
Rotary International



Rajendra Man Sherchan
District Governor 2024-25
Rotary International District 3292



The Magic OF ROTARY



JULYTransition Month

I would like to express my heartfelt gratitude to all the club leaders across the district for your unwavering support and relentless efforts in accomplishing various service projects that have significantly benefited our community.

GOVERNOR'S MONTHLY LETTER

Dear Fellow Rotarians, Rotaractors, and Interactors,

First and foremost, I extend my heartfelt congratulations to all Rotarians, Rotaractors, and Interactors for the commencement of the Rotary Year 2024-25. My best wishes go out to all club leaders and members for a successful tenure ahead, following the completion of a productive Rotary Year 2023-2024.

Throughout the past year, Rotary International, District 3292, and all Rotary Clubs have diligently served our communities through various humanitarian initiatives.

I am delighted to have the opportunity to share my thoughts and happiness through the district's official website and mobile app. These platforms serve as reliable sources of Rotary-related information for District 3292.

The Rotary International President for RY 2024-2025, Stephanie A. Urchick, has called upon members to recognize and amplify our organization's ability to save lives. She unveiled the 2024-25 presidential theme, "The Magic of Rotary," urging members to infuse every project completed, every dollar donated, and every new member with this transformative magic.

As Rotarians, we engage in service projects aimed at aiding communities in need, thereby positively impacting the lives of those facing hardship. The leadership roles within Rotary, although spanning just one year, have the potential to be life-changing when we harness the capabilities of our teams and club members. Let us unite in our efforts towards enhancing humanitarian services.

I trust that all clubs within District 3292 will strive wholeheartedly to achieve the objectives of the presidential theme and district goals.

Yours in Rotary,

Rtn. Rajendra Man Sherchan

District Governor 2024-25 Rotary International District 3292, Nepal-Bhutan



Magical Rotary

At the District Governor Installation at Hotel Soaltee, Kathmandu, DG Rajendra Man Sherchan unveiled his captivating theme for the 2024-25 Rotary Year: "Magical Rotary."



RI PRESIDENTIAL STATEMENT

Rotary is at its best when we foster a sense of inclusion and belonging in our clubs. In fact, I would go so far as to say that belonging is The Magic of Rotary itself.

With a focus on inclusivity and belonging, it is easier to be united in a common purpose. When we are committed to one another and focused on our goals, we are most effective.

Rotary's Action Plan can help. The Action Plan comes with tools you can use to collect feedback, assess your club's strengths and weaknesses, and address challenges.

The world is changing, and our clubs can't afford to stand still. But the changes we make need to be consistent and strategic — building on one another toward a greater vision. The Action Plan can help you work toward that vision and create effective change within your club. Following the Action Plan and addressing suggestions from the community will go a long way to fostering the sense of belonging we want all Rotary members to feel in their clubs.

That's why expanding our commitment to diversity, equity, and inclusion is so important. Committing ourselves to each other's well-being is the first step to expanding our reach, allowing us to spread Positive Peace in these troubled times.

Peacebuilding is one of our top priorities, and one of the most effective ways we can build peace is with our Rotary Peace Fellowships, through which peace and development professionals learn how to prevent and end conflict.

We offer the fellowships through our Rotary Peace Centers at leading universities around the globe, where more than 1,800 Rotary Peace Fellows have graduated. And thanks to a \$15.5 million gift from the Otto and Fran Walter Foundation, we can continue supporting peacebuilders in more regions with the next peace center at Bahçeşehir University in Istanbul.

Opening another peace center is a monumental achievement, and it is my great honor to invite you to celebrate at next year's Rotary Presidential Peace Conference at the Istanbul center. The three-day conference 20-22 February will highlight the many ways our family of Rotary advances peacebuilding. Registration for the conference is officially open. I hope to see you there.

The 2025 Rotary Presidential Peace Conference has great potential for our peacebuilding efforts — but only if we have your support.

The truth is, we're not going to bring peace to the world, end polio, or grow membership by waving a wand and saying some funny words. It's up to you. You create the mavgic with every project completed, every dollar donated, and every new member inducted.

I love my Rotary family and I know you do too. That's why I know that together, we can make every club and district simply irresistible. This year, let us change the world by embracing The Magic of Rotary.

Yours in Rotary, **Rtn. Stephanie A. Urchick** President 2024-25 Rotary International



The Magic of Rotary

RI President Stephanie Urchick celebrates the magic of Rotary. She says members create that magic with every project completed, every dollar donated, and every new member of Rotary.

DISTRICT GOVERNER'S INSTALLATION

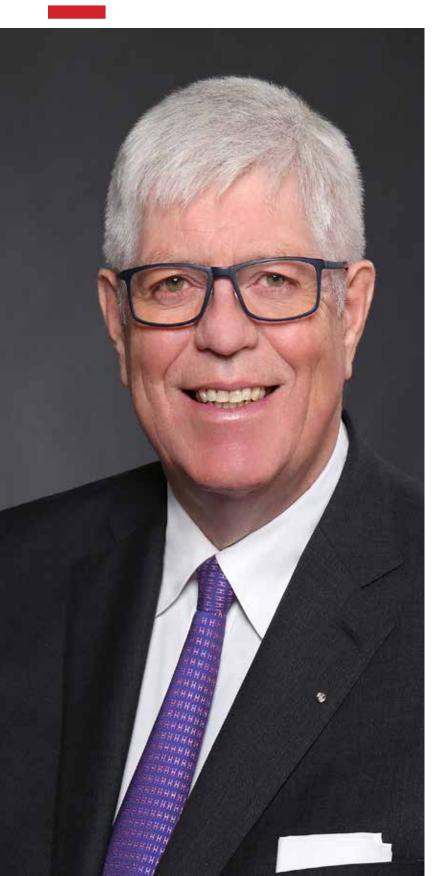
HOTEL SOALTEE, KATHMANDU, 1ST JULY 2024

In a significant ceremony, District Governor 2023-24 Rtn. Rajendra Prasad Dhoju passed the DG Collar, Rotary Gong, and Gavel vto the new District Governor, Rajendra Man Sherchan, symbolizing the transition of leadership. At the event, DG Rajendra Man Sherchan introduced his newly envisioned District Theme, 'Magical Rotary,' which will steer the district's activities and initiatives throughout his term. This memorable occasion marked the start of a new era in Rotary's dedication to serving and positively impacting communities in Nepal and Bhutan. Approximately 400 Rotarians and guests from Nepal, Bhutan, and India attended the installation ceremony.





INTERVIEW WITH RI VICE-PRESIDENT HANS-HERMANN KASTEN



"Namaste from Nepal, Vice President Hans-Hermann Kasten. This is Rtn. Gautam Shrestha from Rotary Club of Yala (RID 3292-Nepal, Bhutan) and currently I am the Chair of RID 3292 Publication and Newsletter and we're delighted to have this opportunity to learn more about your vision for Rotary International."

To start, could you tell us a bit about your background and how you became involved with Rotary International? What has your journey been like, and what motivates you in your role as Vice President?

I came to Rotary in quite the traditional way—a friend of mine and business partner told me about the clubs, the friendships, and the great projects they were involved in. This piqued my curiosity as I was already reflecting on how I could contribute at this stage in my career. I engaged immediately and became club president after just a few years.

My role as club president taught me that the clubs and their members are the foundation of Rotary's activities and success. As District Governor of District 1810, I learned much about the need to support the clubs through the district and Rotary International (RI). All Rotary officers must continually prove their usefulness to clubs and members. As a governor, and later as a representative of my district to the council of legislation, I learned a lot about areas where Rotary could improve—enhancing its impact and ensuring the organization remains fit for a long-lasting future.

This motivated me to not only address these ideas and topics as a "legislator" but to roll up my sleeves as an officer of RI. My motto and vision, "Rotary needs to become younger, more female, more colorful, and more joyful," which I established during my governor year, is still valid today and serves as my north star when discussing our action plan and current focus on membership.

How do you perceive the current state of Rotary International's membership? What are the key challenges you identify in attracting new members?

RI membership numbers have been stagnating for years. Worldwide, we need to pay more attention to the question of how to grow membership. My personal motto, "Rotary has to become younger, more female, more colorful, and more joyful," highlights the key points of membership development.

Sorry for repeating this, but it is essential that we reflect on how to make clubs attractive. As board members, we focus on this, we work with the governors in our districts, and we address members directly. I am very passionate about this topic; increasing membership is crucial for our continued attractiveness and our ability to do good in the world. Stagnation will not bring the "Magic of Rotary" to life.

How do you plan to improve member retention across various Rotary clubs? What initiatives do you believe will enhance member engagement and satisfaction?

Our strategic plan, "The Rotary Action Plan," leads the way to success for our clubs. We must bring this plan into the clubs. Every club should hold at least one strategic meeting each year based on the Action Plan. Especially, the pillar "engage" will help to involve new and existing members and improve retention rates. We are not doing too badly at attracting new members, but we often fail to take the time to integrate them into the clubs and bring the magic of Rotary to them. As a result, too many people leave our clubs after a short time. If we seriously talk to our members, understand their passions, and know how to use them, we can increase satisfaction and engagement, paving the route to success.

How do you envision the role of Rotary Districts evolving in the coming years? What support and resources do you believe are necessary for districts to thrive?

Challenges such as logistical issues, cultural differences, language barriers, and financial constraints can be addressed by thorough planning, cultural sensitivity training, language support, and seeking financial assistance. Future plans for the program include expanding partnerships, organizing thematic exchanges, creating youth-specific programs, and developing digital platforms for virtualexchanges. In my zones, we strongly support the Friendship Exchange Program, encouraging clubs and districts to select their exchange partners. By addressing challenges and promoting exchanges, we can build stronger international relationships and contribute to global peace and cooperation.

What do you see as the biggest challenges Rotary International will face in the next decade? How do you plan to address these challenges proactively?

Rotary is faced with challenges rooted in developments in our world and societies: climate change, conflict, digitization, growing inequality, and fracturing societies, to name a few. We can positively contribute to our societies if we continue to grow our membership. There are many challenges we must face, but membership is our most important challenge. We must grow to stay relevant in our communities, and our values—our Rotary DNA—will have a positive influence.

In many parts of the world, districts do a great job of communicating between the clubs and the headquarters of RI in both directions. To ensure this communication has a clear direction and long-term perspective, we are establishing a system of rolling three-year goals based on our Action Plan. This will enable planned actions, continuity, and focus. The districts, under the leadership of the current governorand involving past and incoming governors, play a vital role in the successful development of Rotary—both internationally and locally.

Rotary's Friendship Exchange program has made its impact on peace building and international cooperation. How could we promote extensive exchange between countries like Germany and Nepal? What challenges are faced by clubs and participants in Exchange program, and how are these challenges addressed? Are there any future plans for expanding and enhancing the Friendship Exchange program?

Rotary's Friendship Exchange program plays a vital role in peace building and international cooperation. To promote extensive exchanges between countries like Germany and Nepal, we can enhance awareness, establish club partnerships, and leverage technology for virtual meetings.

What personal experiences and values guide your vision for Rotary International? How do you plan to inspire and lead Rotarians worldwide toward achieving this vision?

"Together we see a world where people unite and take action to create lasting change across the globe, in our communities, and in ourselves." I am using all available resources, programs, my personal influence, and my travels and interactions with other Rotarians, both in my zones and beyond, to push for this.

I have to say it again—our action plan is well thought out and

I support the Rotary Vision Statement 100%:

provides the foundation to make all of this happen. If you think about it, it is quite amazing how an organization of 1.4 million volunteers like Rotary shares the same values. Just imagine how much more we can achieve if we direct this energy and motivation towards growth, working together on a three-year strategy and our projects.

Recently, your club, the Rotary Club of Aachen Frankenburg (Germany), along with the Rotary Club of Hilversum West (Netherlands), has partnered with the Rotary Club of Yala (Nepal) on a Global Grant project focusing on Teaching at the Right Level (TaRL). Would you like to share any insights or details about this collaboration?

Certainly! The collaboration between the Rotary Club of Aachen Frankenburg (Germany), the Rotary Club of Hilversum West (Netherlands), and the Rotary Club of Yala (Nepal) on the Teaching at the Right Level (TaRL) Global Grant project has been incredibly impactful. The main objectives of this project are to help children quickly develop foundational reading and mathematics skills, improving their understanding of course materials. Additionally, it aims to enhance foundational education in schools, accelerating the recovery of learning gaps, and to establish and activate school management networks to sustainably increase access to education for children.

This project directly benefits over 28 community schools adopted by the Rotary Club of Yala, 138 teachers through Teaching at the Right Level training and mentoring, and nearly 3,600 students in grades 2, 3, and 4/5 from these adopted schools. Furthermore, School Management Committee members and the parents of the students also benefit from this initiative.

This collaboration exemplifies that Rotary's impact extends far beyond the local club or community. Our club is particularly focused on projects involving children and young adults, with an emphasis on eduation due to its sustainable nature. The success of our project in Nepal has inspired new engagements and highlighted new opportunities for future initiatives. Thank you for taking the time to share your vision and insights with us. Your responses will help shape the future direction of Rotary International and its impact on communities worldwide.

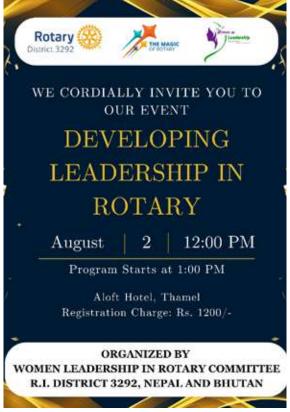




MAGIC ALL AROUND

21-25 JUNE 2025 • CALGARY, CANADA Register today at convention.rotary.org

#Rotary25

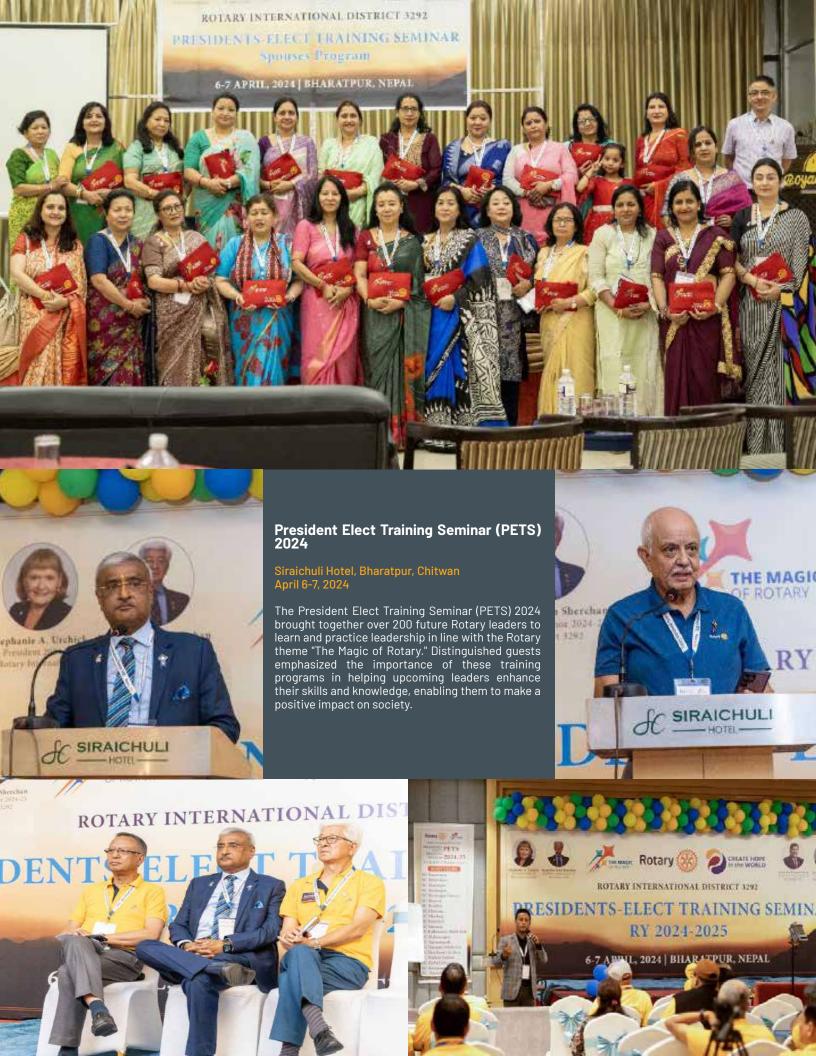


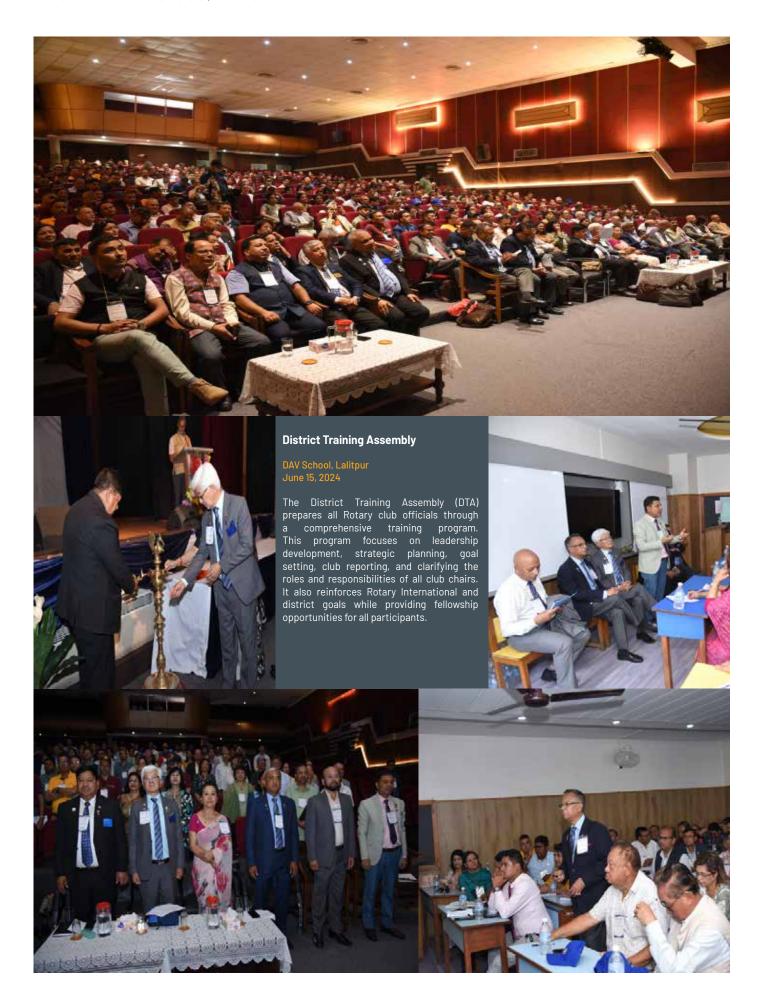
PREPARING DISTRICT TEAM

FOR ROTARY YEAR 2024-25











INSTALLATION OF CLUB PRESIDENTS

During the month of July



District Rotract Representative (DRR)- RTR. Bikram Chettri Installation



District Interact Representative (DIR)- ITR. Deeepsan Adhikari Installation



President Rtn Kumar Prasad Gautam (RC Rajdhani)



President Rtn Dharmendra Shakya (RC Yala)



President Rtn Manju Agarwal (RC Biratnagar Downtown)



President Rtn Vivek Kumar Agrawal (RC Biratnagar Fusion)



President Rtn Prajwal Thanju (RC Butwal)



President Rtn Suresh Kumar Agrawal (RC Birtamod)



President Rtn Kamal Prasad Koirala (RC Mechinagar)



President Rtn Bishnu Pokharel (RC Swoyambhu)



President Rtn Ramila Sharma (RC Tinau Butwal)



President Rtn Dr. Anandraj Khanal (RC Kakarvitta)



President Rtn Rombus Kumar Shrestha (RC Patan Durbar Square)



President Rtn Dev Raj Adhikari (Kathmandu Metro)



President Rtn Milan Kumar KC (RC Pashupati)



President Suresh Man Shrestha (RC Thamel)



President Rtn Shova Bajracharya Shakya (RC Himalaya Patan)



President Rtn Krishna Dhakal (RC Rudramati)



President Rtn Lata Baral Sharma (RC Tripureshwor)



President Rtn Biranjana Ghimire (RC Ratnanagar)



President Rtn Rupy Sing (RC Kathmandu Midtown)



President Rtn Dibya Man Shrestha (RC Kantipur)



President Rtn Anup Adhikari (RC Purbi Chitwan)



President Rtn Bishnu Poudel (RC Narayani Midtown)



President Rtn Raj Shrestha (RC E-Club)



President Rtn Dr. Gyanendra N. Dhaubhadel (RC Bhaktapur)



President Rtn Sagar Nidhi Tiwari (RC Dillibazaar)



President Rtn Bimal Kumar Chhetri (RC Bharatpur)



President Rtn Priyabandhu Neupane (RC Central Lumbini)



President Rtn Nirmal Kumar Khatri (RC Birganj)

President Rtn Nitu Barnawal (RC Patan East)



President Rtn Shanta Bahadur Kunwar (Kalanki Kathmandu)



President Rtn Ramesh Shrestha (RC Lalitpur Midtown)



President Rtn Ramesh Kafle (RC Gaidakot)



President Rtn Dujendra Kumar Basnet (RC Butwal South)



President Rtn Prakash Dhakal (RC Hetauda)



President Rtn Sudip Rasaili (RC Dhading)



President Rtn Luba Raj Uprety (RC Surunga)



President Rtn Bhoj Bahadur Khatri (RC The Himalayan Gurkhas)



FLY FROM EVEREST SPECIAL SCREENING

QFX Cinema, Rising Mall, Kathmandu July 15, 2024

On, a special screening of the documentary "Fly from Everest" was held at QFX Cinema, Rising Mall, in Kathmandu. The film chronicles the story of 62-year-old Rotarian Ken Hutt (Rotary Club of Berry, Australia) and his attempt to paraglide from Mount Everest to raise funds for Rotary's "End Polio Now" campaign. Hutt's adventure raised over \$400,000 for the cause.

The event featured a presentation by the film's director, Dr. Joe Carter, followed by a Q&A session discussing the challenges faced during the expedition. Dr. Carter's dedication to the project is evident through his thorough preparation and filming efforts, which included research and shooting in some of Australia's premier paragliding locations and on-site in the Nepalese Himalayas. His commitment ensured an authentic and compelling portrayal of Hutt's adventure.

The documentary highlights the severe chest infection Hutt developed at Camp 2, which required an emergency evacuation to Kathmandu. Though Hutt did not paraglide from Everest's summit, his mission to raise awareness succeeded, as a Brazilian couple from the group raised the "End Polio Now" flag at the top of Everest, symbolizing global commitment to eradicating polio.

The Rotary Club of Kathmandu Circle facilitated the organization of a special screening of the documentary film. This event successfully brought together community members and Rotarians, reinforcing the collective commitment to Rotary International's "End Polio Now" campaign. The focal person was Rtn. Dipendra Bhandari, an avid filmmaker. This program is an initiative of "Beyond Borders," India, and the Queensland University of Technology, Brisbane, Australia. Ten filmmaking students from this university were also engaged in Bungmati, Lalitpur, to make two short documentaries on wood carving and menstrual hygiene.

The event saw the participation of 90 enthusiastic attendees, including notable filmmakers, filmmaking students, journalists, mountaineers, adventurists, social figures, and Rotarians. The Rotary Club of Kathmandu Circle presented Tokens of Appreciation to three main contributors: lead actor Rtn. Ken Hutt, director Prof. Dr. Joe Carter, and Arunabha Pal, CEO of Beyond Borders. Immediate Past District Secretary Dinesh Manandhar and GML Editor Gautam Shrestha were present on the occasion.







GLOBAL GRANT

Hospital and Rehabilitation Center for Disabled Children (HRDC)

Rotary Club of Pashupati Kathmandu

The Rotary Foundation, through RI District 3012, RI District 3261, and RI District 3292, is embarking on a transformative journey with a physical disability management project in Nepal. This heartfelt initiative is brought to life by the Rotary Club of Pashupati, Kathmandu, in an inspiring international partnership with the Rotary Club of Kashipur, RID 3110, India.

With the dedicated support of the

Hospital and Rehabilitation Centre for Disabled Children (HRDC), this project, launched on May 15, 2024, and running until April 2025, is poised to make a profound impact. It aims to change the lives of 650 children with physical disabilities and their families within a

The focus of this endeavor is deeply compassionate: providing life-changing surgical interventions and assistive devices, including prostheses and orthoses, to the most vulnerable and needy children in Nepal.

Valued at USD 375,000, this project is a testament to the power of collective goodwill and unwavering commitment to creating a brighter, more inclusive future.

"To enhance the quality of life for marginalized children with physical disabilities in Nepal."



A JOURNEY TOWARDS HOPE: SAILESH GUPTA'S FIGHT AGAINST OSTEOGENESIS IMPERFECTA

Sailesh Gupta from Kapilbastu district suffers from Osteogenesis Imperfecta (OI), a genetic condition where bones break easily and do not form normally. Due to his family's poverty, he remained untreated for years. Mr. Gupta was identified through one of our health and rehabilitation mobile camps and referred to the HRDC center for further surgical intervention through the ongoing Rotary project.

Mr. Gupta received surgical intervention on one leg and is awaiting surgeries on the other leg to correct the bony deformity. After completing the corrective surgeries, he will be provided with artificial appliances to correct the deformity and prevent recurrence. It is estimated that Mr. Gupta will take 8 to 12 months for complete rehabilitation.



OVERCOMING CLUBFOOT: JITESH'S JOURNEY FROM BARA DISTRICT

Jitesh, from Bara district, suffered from clubfoot, a condition where the feet are turned inward and upward. Unaware that treatment was available and unable to afford private services due to severe poverty, he remained untreated for several years, accepting his situation as a curse. HRDC discovered Jitesh through one of their mobile clinics.

After prolonged treatment with a circular frame to pull the feet back to a normal position, one of Jitesh's feet has been corrected, while the other is still undergoing treatment. It is estimated that Jitesh will need more than six months for the complete correction of the deformity. Once corrected, he will be provided with special shoes to prevent recurrence.

Jitesh hopes to change the social stigma attached to disability in his community in the future.





ICT Training For Public School Teachers

Rotary Club of Kathmandu 12th July to 26th July 2024

In July, the Rotary Club of Kathmandu, in collaboration with Rotary Clubs of Pashupati-Kathmandu, Yala, Bagmati-Kathmandu, Madhyapur, and Parbat, conducted five ICT training sessions for public school teachers. This initiative was part of the RID 3292 RNLM TEACH program, aimed at providing teacher support.

The training involved 11 teachers from 41 different schools across the districts of Kathmandu, Lalitpur, Bhaktapur, Kavre, Nuwakot, Sindhupalchok, Dolkha, Ramechhap, Okhaldhunga, Terathum, and Parbat. The total cost for the five training programs was NPR 649,900 (Six Lakhs Forty-Nine Thousand Nine Hundred Only). Additionally, the Gopal Kamala Rajbhandari Foundation supported the ICT training program with the donation of 15 laptops to RC Kathmandu.

	Batches	Date	No of Schools	Venue	Participation	Clubs
1	BASIC ICT Training (32th Batches)	12 -14 July	16	RC Kathmandu Hall Thapathali Kathmandu	19	Pashupati
2	BASIC ICT Training (33th Batches)	17 -19 July	3	Shree Sarswati Ma.V. Techo, Godawari Municipality-12, Lalitpur	22	Yala
3	BASIC ICT Training (34th Batches)	19-21July	4	Shree Halchok Ma.Vi.Nagarjun Municipality-03 kathmandu	26	Bagmati Kathmandu
4	BASIC ICT Training (35th Batches)	20 -22 July	12	RC Kathmandu Hall Thapathali,Kathmandu	19	Madhyapur
5	BASIC ICT Training (36th Batches)	25 -26 July	6	Shree Purneshwor Ma.Vi. Kushma Municipality ,Parbat	25	Parbat
	TOTAL		41		111	



Empowering Girls: Understanding Menstrual Health, Fertility, and Cervical

Rotary Club of Devdaha

19th July, 2024

The Rotary Club of Devdaha organized a one-day program titled "Empowering Girls: Understanding Menstrual Health, Fertility, and Cervical Cancer" for female bachelor's degree students at Devdaha Aadarsha Multiple Campus. Facilitated by Dr. Nishant Kumar Thakur from Devdaha Medical College and Research Institute, the program provided expert insights and counsel on important health issues.

Fifty beneficiaries, including female staff members and students, actively participated. The event was hosted by RC Devdaha Secretary Narayan Bhandari and chaired by RC Devdaha President Bishnu Prasad Pathak, with a total

The program had a profound impact, allowing participants to discuss health concerns related to menstrual cycles, fertility, and cervical cancer. One participant, Sandhaya Magar, expressed gratitude for the opportunity to openly discuss these issues with a gynecologist. The initiative empowered the girls with knowledge and confidence, enabling them to make informed health decisions and positively influence their families and society.





Tree Plantation

Rotary Club of Itahari & Rotary Club of Itahari Yugal

On July 1, 2024, the Rotary Club of Itahari, in collaboration with the Rotary Club of Itahari Yugal and the Rotaract Club of Itahari, conducted a significant tree plantation program. This event was held along the corridor of Itahari Municipality, specifically along the Koshi Highway and Biratnagar line. The initiative, undertaken in association with the Itahari Sub-metropolitan City, aimed to enhance and preserve the natural beauty of the Itahari corridor. A diverse selection of 90 different flower species, chosen for their adaptability to the local climate, aesthetic appeal, and ecological benefits, was planted.

Food Donation at Spinal Cord Injury Network Nepal

Rotary Club of Pashupati, Kathmandu 1st July, 2024

On July 16, 2024, the Rotary Club of Pashupati Kathmandu proudly celebrated the 78th birthday of Past President and AKS Trustee Chair, Rtn. Sashi Raj Pandey, with a food donation program under the KJ Baral Food Bank. This initiative benefited the patients of the Spinal Cord Injury Network Nepal, located in Gokarneshwar-8, Makalbari Jorpati.

The KJ Baral Food Bank, named in honor of our Past President and former IGP Khadga Jeet Baral, was established through a fixed deposit fund of 10 lakh Nepalese rupees collected by club members after his demise. The interest generated from this deposit is dedicated to providing food donations.

On this special occasion, the Immediate Past President, Rtn. Surva Bahadur Adhikari, also donated Rs. 5000 to the organization in honor of his father's birthday.





Outdoor Playground Equipment Handover Program

Rotary Club Of Dharan

1st July, 2024

RC Dharan provided outdoor playground equipment to Janmabhumi Adharbhut School, Chokti, Morang, on July 1, 2024, under the Cyclofun Program. A total of Rs. 80,000 was collected through the Cyclofun program and used to create playground equipment such as a merry-go-round, seesaw, swing, and slide. The program was organized in the presence of the Chairperson of Wada, the School Management Committee, the Principal, teachers, and staff. This program is also designed to support RC Dharan's RNLM TEACH project.



Tree Plantation

Rotary Club of Biratnagar Downtown 7th July, 2024

In support of the environment, 100 saplings of fruit-bearing trees, such as guava, mango, amla, jamun, and bael, along with flower-bearing and medicinal trees like neem, were planted on the premises of the construction site of the Rehabilitation Centre in Ikrahi village. The project, costing Rs. 15,000 and donated by the President, will benefit the children of the Rehabilitation Centre and the local community. With 30% of the targeted 1,000 plantations already completed, the initiative will significantly enhance the environment of the Centre and provide fruits and flowers to its inhabitants.

Maternal and Child health With technical support from Awareness Program

Rotary Club of Surunga

26th July 2024

The Rotary Club of Surunga successfully conducted a maternal and child health checkup and awareness program on July 26, 2024, at the Kanakai Municipality Ward No. 2 Ward Office Hall. Presided over by Lubaraj Uprety, President of Rotary Surunga 2024-25, and attended by 15 Rotarians, the event had a budget of Nrs. 20,000. The Chief Guest was the Ward President, and Assistant Governor Rtn. Kumar Mani Pokharel was also present.

Kanakai Nagar Hospital, Gynecologist Dr. Bidhya Pokharel (MD) and Staff Nurse Nisha Sangroulla provided health checkups for mothers and children under four months, along with awareness on childcare necessities and nutritious food for mothers. The event aligned with Rotary's focus for



Wheelchair to ICU of BPKISH

Rotary Club of Dharan Foothills

28th June 2024

The Rotary Club of Dharan Foothills donated a wheelchair to the Intensive Care Unit of BPKIHS, Dharan. The wheelchair donation was supported by the Rotary Club of Kantipur, Kathmandu. The wheelchair was received by Deputy Hospital Director Dr. Lokesh Jaiswal, and the handover was conducted by our immediate past president, Rtn. Dr. Rita Khadka, and secretary, Dr. Mona Dahal, along with Rotarians Dr. Rajani Giri and Dr. Masum Paudel. This donation aims to address the mobilization and postural support of critically ill patients in the ICU, thus enhancing their quality of life. This gesture exemplifies Rotary's commitment to humanity by providing "Service Before Self."





DENTAL CAMP

ROTARY CLUB OF BIRATNAGAR, CENTRAL

7th JULY 2024

The Rotary Club of Biratnagar Central, in collaboration with Sana Paila (a non-profit organization), conducted a "Free Dental Check-Up and Awareness Program" at District Jail, Haatkhola, benefiting 350 people. Dental kits and medicines were provided, and further free dental treatments will be offered. The total cost of this program was Rs. 15,000 (approximately \$134). This initiative aims to promote healthy teeth and hygiene for the prisoners and address any underlying health issues.

Tree Plantation

Rotary Club of Patan Heritage

5th July 2024

On July 5, 2024, the Rotary Club of Patan Heritage, in collaboration with Lalitpur Metropolitan City, Ward 11, the Rotaract Club of Patan Heritage, Maa Banglamukhi Upabhokta Sahakari, Konti Sakriya Mahila Samuha, and Little Flowers Public School, hosted a Tree Plantation Event to cultivate a sustainable future and enrich our community. The Rotary Club of Patan Heritage successfully planted 150 native saplings along the river banks of Shankhamul, engaging Rotaract members, local residents, and community organizations in the effort. This initiative not only enhanced the green cover and improved air quality in urban areas but also fostered a sense of community and environmental stewardship. We also raised awareness about the importance of environmental conservation. We believe that this project embodies the spirit of Rotary's commitment to service and community engagement. We are excited to share our achievements and hope that our efforts will inspire other clubs to undertake similar initiatives.



Tree Plantation Program

Rotary Club of Patan East 2nd July 2024

The tree plantation program, held on July 2, 2024, was a collaborative effort between RC Patan East, Westar Welfare Society, Balkumari Lalitpur, and Jivan Yog Bigayn, at the Westar Residency premises, with support from G reen Valley Green Nepal. The event was attended by 27 non-Rotarians and 4 Rotary members. The total cost of the program amounted to Rs. 21,800.







Uplifts Local Students with School Bags and Footwear Donation

RC Central Lumbini

June 29, 2024

The Rotary Club of Central Lumbini has recently demonstrated its commitment to community service by distributing 100 school bags and 35 sets of footwear to students from low-income families at the government school "Shree Darbare Adharbhut Vidyalaya" in Sitganga Nagarpalika-12, Arghakhanchi District, Nepal. This school, located 110 kilometers from Bhairahwa, received the generous donation on the last working day of Rtn. Ram Bahadur Koiri's tenure as President for the Rotary Year 2023-24.

This heartwarming initiative was executed with the dedicated efforts of 15 Rotarian volunteers, coordinated by Secretary Rtn. Gangadhar Bhandari. The project aimed to provide essential supplies to underprivileged students, enhancing their educational experience and supporting their academic journey.

RC Central Lumbini's service project stands as a testament to the club's ongoing efforts to positively impact the community. By addressing the needs of students in remote areas, the club continues to fulfill its mission of service above self, ensuring that no child is left behind in their pursuit of education.





Plantation

Rotary Club of Sankhu

16th July 2024

RC Sankhu organized a plantation program with the participation of members, including the IPP and past presidents. On that day, RC Sankhu completed the planting of 500 saplings, contributing to a healthy environment, which is one of the seven service sectors of Rotary International. The budget for this program was NRs. 15,000, which was fulfilled through contributions from RC members. This plantation initiative helps to improve the environment, provide fresh air, prevent landslides, and support the RI Service theme. The community gained knowledge about the importance of trees and a green environment, which may reduce sickness by ensuring the availability of fresh air.



Plantation

Rotary Club of Mahabouddha

18th July 2024

In Lalitpur, Jenisha Bhomjan, the 6-year-old daughter of Prem Bhomjan from Bagmati Rural Municipality-5, Ikudol, is currently battling blood cancer. She is receiving treatment at Bhaktapur Cancer Hospital in Bhaktapur. On Thursday, July 18, 2024, financial support was provided for Jenisha's treatment. A total of Rs. 60,750 was handed over to her father, Prem Bhomjan, at the hospital. This amount includes Rs. 50,600 collected from Rotarians affiliated with the Rotary Club of Mahabuddha and Rs. 10,150 collected from the students of the Regent's Interact Club of Regent School, located in Dhapakhel.

Rotary Dandapani Bhattarai **Bhawan Innauguration Programme**

Rotary Club of Chitwan

26th June, 2024

On Wednesday, 26th June 2024, the Rotary Club of Chitwan inaugurated the Rotary Dandapani Bhattarai Bhawan. The chief guest, District Governor of Rotary District 3292, Rtn. Rajendraman Sherchan, and the special guest, Rotary Club of Chitwan Founder President Rtn. K. L. Bhushan Pradhan, jointly inaugurated the building. During the event, the chief guest and distinguished guest also unveiled the statue of the late Shri Prasad Bhattarai, who generously donated the land for the construction of the building, paying special respect tohim.

After the inauguration, a formal program was organized at the Bharatpur Garden Hotel. The program was chaired by the Immediate Past President of RC Chitwan, Rtn. Chandershwar Bhattarai, with District Governor Rtn. Rajendra Man Sherchan serving as the chief guest.



On this occasion, Rtn. Mahendralal Pradhan, past president and **Building Construction main** committee member, shared the history of the Chitwan Rotary Club and the construction of the Rotary Dandapani Bhattarai Bhawan. The family of the land donor, The program was conducted by



Past President and Building Construction Committee Chair, Rtn. Prachanda Lal Pradhan. During the event, Immediate Past President Rtn. Chandershwar Bhattarai delivered a welcome speech. The Building Construction Main Committee, and the Building Construction Committee Chair were specially honored. Additionally, those who supported with contributions of one crore rupees, 50 lakhs rupees, 25 lakhs rupees, 10 lakh rupees, and other significant amounts were also honored



Plantation

Rotary Club of Purbi Chitwan

6th July 2024

The Rotary Club of Purbi Chitwan planted a variety of fruit saplings on Saturday as part of the club's regular program, Buddhashanti. The tree plantation took place on the premises of Gadyauli, Rapti-2. During the distribution of the saplings, Club President Anup Adhikari emphasized the importance of nurturing the plants to help mitigate the impacts of climate change. Rajan Thapaliya, the club's joint secretary and program coordinator, stated that the tree plantation program aims to create a cleaner environment. The event was attended by Rapti-2 Ward Chair Shyam Sundar Upreti, the club's founding president Rammani Neupane, and other members



Club Officer's Training Seminar (COTS)

Rotary Club of Biratnagar Fusion 18/07/2024

The Club Officers Training Seminar (COTS) was successfully completed on 18th July 2024, jointly with the Rotary Club of Biratnagar Downtown.

DLF Region 7 Chair Rtn. Badri Katuwal, DRFC Region 7 Chair Rtn. Kamal Agrawal, PHS Sub-Committee Advisor Rtn. Sushil Rijal, District Public Image Co-Chair Rtn. Jayshree Jaju, and our AG Rtn. Biju Thapaliya served as trainers for the event.

There was active participation from 40 fellow Rotarians. It was a wonderful session, and their expertise and insights have greatly enriched our understanding of our roles. We are confident that we are now better equipped to serve our communities and fulfill our responsibilities as club officers.





Aquabox Handover to Rotary Clubs for Flood Relief

Rotary Club of Kathmandu Circle July 2024

RC Kathmandu Circle distributed Aquaboxes, one of its flagship service projects for disaster relief, to support flood victims coping with the challenges of floods and landslides caused by this monsoon season's heavy rainfall. The relief efforts included:

Relief Provided:

4 Aquaboxes to RC Kawasoti (July 8) 2 Aquaboxes to RC Baglung (July 11) 5 Aquaboxes to RC Dhulikhel (July 11) 10 Aquaboxes to EcoHimal for Adikhola Rural Municipality, Syangja (July 11)

Kitchen Utensils and Personal Hygiene Materials: To RC E-Club Namobuddha for Manav Sewa Ashram, Panauti, Kavre (July 15) To RC llam for 2 schools, including 6 water filters and 2 mini water tanks (July 8)

Outcome: Aquaboxes contain essential materials to support displaced households during natural disasters. Each box includes

kitchenware for a family of five, personal hygiene materials, basic educational supplies, children's play items, repair tools, one manual family water filter, and a mini water tank.

Conclusion: This service project has highlighted the importance of timely intervention and community cooperation in disaster relief efforts. RC Kathmandu Circle is dedicated to continuing support for affected communities and enhancing their resilience against future calamities with support from the Aquabox Foundation, UK

Investing in the Future: Scholarships to Community School Students

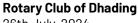
Rotary E-Club of District 3292, Nepal 13 July 2024

Service Committee Chair Sashi Bajracharya, handed over the cheques to representatives from Shree Bhanodaya Basic School, Sanagaon, and Lalit Kalyan Kendra School, Patan. Both schools are government-run community schools that primarily serve students from low-income families. Principal Bahadur Maharjan from Shree Bhanodaya Basic School and Ms. Rashna Shrestha from Lalit Kalyan Kendra School were invited to receive the scholarship cheques. Both school representatives expressed their heartfelt gratitude to Rotary E-Club for the ongoing support to needy students, enabling them to pursue a better future.

The club has been supporting students from low-income families with good academic performance. The students are selected based on their merit and recommendations from the school management. Rotary E-Club has been running this scholarship program for several years under Rotary's Area of Focus on Basic Education and Literacy.







26th July 2024



On July 26, 2024, the Rotary Club of Dhading organized a tree plantation program in the compound of Prakash Ma.Vi. Neelkantha-1, Kaule, Dhading. More than 150 saplings were planted with the support of local government members, teachers, parents, and students of the school.

Different kinds of decorative and fruit plants were planted in the presence of the Rotary Club of Dhading President Rtn. Sudip Rasaili, IPP, PP, and members of RC Dhading. On this occasion, RI District 3292 Nepal-Bhutan, Zone 35 AG Rtn. Ashok Kumar Basnet gave an introduction about Rotary and its importance to the students of Prakash Ma.Vi. The main objective was to maintain a healthy environment within the school premises.



Inclusive Education and Gender Responsive Workshop

Rotary Club of Yala

July 2024

A workshop on Inclusive Education and Gender Responsiveness was held at each of the four schools-Buddha Secondary School, Pulchowki Secondary School, Padam Prakash Secondary School, and Kitini Secondary School in Lalitpur District. The workshop was designed for teachers, School Management Committee representatives, students from Child Clubs, and Parent-Teacher Assembly representatives. A total of 157 participants attended the workshops.

Additionally, posters on inclusive education and gender responsiveness were distributed to the schools to raise awareness among the students. The workshop and orientation were facilitated by gender expert Kamala Upreti and President Rtn Dharmendra Raj Shakya, with the participation of 4 to 5 Rotarians and Anns from RC Yala. Following the workshop, all schools and teachers demonstrated an understanding of inclusive education and gender responsiveness, with the School Head Teachers and SMC representatives committing to creating an enabling environment in their schools.



Handover of 65" Smart **Board to School**

Rotary Club of Bagmati 21 July 2024

Halchok School, a community school adopted by the Rotary Club of Bagmati Kathmandu, is located in Nagarjun Municipality, Ward No. 3. The majority of its students come from deprived and marginalized ethnic groups, particularly from the Putuwar, Tamang, and Bhujel Caste.

The number of students decreased after COVID-19, and currently, there are about 250 students in the school, with 20 students in class one.

The Rotary Club of Bagmati, with support from Rtn. Sharada Ram Bhandari, Past President and TRF Chair of the Rotary Club of Royal Palm Beach, RID 6930, Florida, USA, donated a 65" Smart Board to the school for use in class one. RC Bagmati Kathmandu is also supporting class one to operate as a "Happy Class" in a "Happy School." The school aims to equip each class with a smart board within a few years to ensure that students have access to the same learning environment until they pass the SEE exams.



Interaction program on PLAN LEADS FOUNDATION, ADDICTION and PREVENTION

Rotary Club of Birgunj

21st July 2024

On July 21, 2024, an interaction program was held at Hotel Vishwa by Plan Leads Foundation, focusing on addiction and prevention. The event featured Plan Lead for Foundation & Zonal Coordinator, RI Zone 6, PDG Basudev Golyan, and included contributions from Rtn Sohan Poddar, Past President of the Rotary Club of Birgunj and Chair of the Addiction and Prevention Committee of RI District 3292, who shared the work done by his team in Nepal during the Rotary Year 2023/24. Additionally, ARRFC Rtn M K Jha and AG Rtn Ram Prasad Sharma were present. The event was attended by 30 participants, including members of Rotary International Districts 3292 and 3250 (Bihar, India).

The participating clubs from RI District 3292 included: Rotary Club of Janakpur, Birguni, Birguni Metropolis, Hetauda, Makwanpur, and Bardibas.

The participating clubs from RI District 3250 included: Rotary Club of Motihari, Motihari Lake Town, Bettiah Central, and Bettiah Town.

The total budget for the project is NPR 140,000. The beneficiaries of this initiative are the local marginalized and deprived ethnic communities, who will benefit from sending their children to a school that employs smart technology teaching methods.



Rotary year kicks off with community service and plantation

RC Narayangarh

20 July 2024

In a vibrant start to the new Rotary year, the Rotary Club of Narayangarh and the spouse club of RC Narayangarh have launched a dual initiative focusing on environmental sustainability and community welfare. The first event, a large-scale plantation drive, took place over the weekend, where members gathered to plant over 64 plants in Aamaghar, Manahari. This initiative aligns with Rotary's commitment to environmental stewardship, aiming to combat climate change and enhance green spaces for future generations.

Simultaneously, the Rotary clubs organized a food distribution program for elderly residents in Aamaghar. Rotarians delivered nutritious food to over 30 senior citizens, ensuring they received essential nourishment and companionship. This initiative not only addresses food insecurity but also

Simultaneously, the Rotary clubs organized a food distribution program for elderly residents in Aamaghar. Rotarians delivered nutritious food to over 30 senior citizens, ensuring they received essential nourishment and companionship. This initiative not only addresses food insecurity but also fosters a sense of community and support among the elderly. The event, chaired by Rtn. Taranath Pathak, president of RC Narayangarh, began with a warm welcome speech by Vijay Raj Sigdel, followed by insightful speeches by Ramchandra Upreti and Ek Raj Upreti. The program also featured a special appearance by the chief quest, Brahmakumari Revati Didi. Heartfelt thanks were expressed by spouse Indu Shrestha, and past president Sahan Pradhan played a crucial role as program coordinator. The event was expertly hosted by master of ceremonies Rtn. Sewan Panta. The total cost of food and plants for the event amounted to Rs 65,000.



Maternal and Child Health Awarness & Good Handover **Rotary Club of Matribhumi** July 2024

The Rotary Club of Matribhumi Baluwatar, in coordination with the Rotaract Club of Matribhumi Baluwatar IOM, successfully conducted a maternity and child health awareness program along with a goods handover ceremony at Tribhuwan University Teaching Hospital, Maharajgunj. Firstly, we conducted a needs assessment of the maternal ward with the help of the Rotaract Club of Matribhumi Baluwatar IOM. This initiative will assist mothers who are giving birth. The donations included:

- 1. 5 wall fans
- 2. 33 trays
- 3. 1 weighing machine for adults
- 4. 1 fetal Doppler

The program, which took place on July 26, 2024, during Maternal and Child Health Month, was attended by the Executive Director, Prof. Dr. Dinesh Kafle, of Teaching Hospital.



Female Reproductive Health Camp

Rotary Club of Kavre Valley 26th July, 2024 Friday

Cervical cancer is the most common cancer in women globally, with around 660,000 new cases and approximately 350,000 deaths. Addressing this urgent issue, the Rotary Club of Kavre Valley organized Female Reproductive Health Camp with Senior Gynaecologist and Infertility Specialist Dr. Chunmila Maharjan,

in collaboration with Banepa Health Care, at the Gyane OPD Unit of Banepa Health Care. More than 40 women were screened, and PAP smear tests were performed. Cases such as cervicitis, vaginal infections, menstrual disorders, and pelvic inflammatory diseases were identified and treated accordingly.





Maternal Health in Nepal

Rotary Club of Patan West July 2024

With the intention to increase the knowledge on maternal health in Nepal, Rotary Club of Patan West conducted an orientation session on cancer prevention and awareness. Dr. Madan Piya, Past President and valued member of the club shared his on-hand experience on this.

There is alarmingly high rates of breast, lung, prostate, and ovarian cancers in Nepal, driven by risk factors such as poor diet, lack of exercise, and delayed medical consultation.

Breast and ovarian cancers are influenced by a combination of factors, including genetics, hormones, lifestyle, and food habits. These cancers are increasingly prevalent, with lifestyle factors such as smoking, stress, excessive alcohol consumption, and a diet high in processed meats, cans food are significant contributors. Recognizing and responding to early symptoms like lumps or unusual pain

symptoms like lumps or unusual pain is crucial for early detection and treatment. Thanks to technological advancement, that we individual can assess their potential risk of cancer, and it is also available in Nepal.

A lack of awareness about maternal hygiene and the tendency to seek medical advice only when symptoms become severe contribute to the problem. Raising awareness about this updated information and on hand experiences is crucial, for which the club will take action forward in upcoming events.

17 members of RCPW and 2 Rotractors increased their knowledge on maternal health and preventive measures



Awareness Programme on Drug Abuse and Hepatitis B screening

Rotary E- Club of Medicofusion Hybrid Nepal 28th July 2024

With the intention to increase the knowledge on maternal health in Nepal, Rotary Club of Patan West conducted an orientation session on cancer prevention and awareness. Dr. Madan Piya, Past President and valued member of the club shared his on-hand experience on this. There is alarmingly high rates of breast, lung, prostate, and ovarian cancers in Nepal,

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17 members of RCPW and 2 Rotractors increased their knowledge on maternal health and preventive measures

MY REFLECTION AS DISTRICT SECRETARY OF ROTARY INTERNATIONAL 3292



Dear Fellow Rotarians Rotary Greetings!!!

I want to share with you all, my story and reflections of the Rota Year 2023-24. This may be taken as a learning and sharing for our district 3292 and also beyond for Rotary International in general. I have tried my best to serve at our district and beyond and accomplished my responsibilities. Rotary journey continues and am ready and committed to serve at whatever role I am in.

Rotary is an open university and a big ocean of knowledge and resources. It depends on how one tap the resources and mobilize and share among your fellow Rotarians and also to Non Rotarians. It was a similar experience for me when I delved myself into the role of District Secretary. Infact, I along with the District Governor spent guite a bit of time for planning and preparing much before our actual tenure started. We traveled to all seven regions of our district and met and interacted with President and Secretary Elects of clubs, Joint secretaries, Regional coordinators and incoming Assistant Governors and other district and regional committee members. Getting to know many out of the 154 clubs and interaction with most of the members among 5400 members in our district was a great opportunity of learning for me then. We need to interact with Rotarians to work with them better. Each clubs potential and strength is different from others and their need is different.

About Rotary and Rotarians:

We know that Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers engaged with about 46000 clubs, who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Rotarians work together to Promote peace, Fight disease, Provide clean water, sanitation, and hygiene, Save mothers and children, Support education, Grow local economies and Protect the environment. Rotarians see and think differently and act responsibly and we all make a difference around the world by our services. Our time, energy, and a passion to improve the world are all we need to get involved with Rotary.

Role and responsibilities of District Secretary:

vI have experienced that the role of a District Secretary in Rotary International is both rewarding and challenging. There were lot of Challenges and with support from all turned them to Opportunities and Weaknesses to the Strengths. District Secretary's role is to serve as the primary administrative support for the District Governor and play a crucial part in ensuring that the district operates smoothly. The role of a District Secretary in Rotary comes

with several challenges, but these experiences also have provided valuable lessons that has enhanced personal and professional development.

Here are some of my experiences and responsibilities associated with the role:

- Administrative Support: Manage the administrative tasks of the district, including record-keeping, correspondence, and communication with clubs within the district.
- Coordination of Meetings: Help organize and coordinate district meetings, including the District Conference, various training sessions for club leaders, and other events. Also meetings with district committees and regular online meetings with club Presidents and AGs and follow up has been effective.
- Communication: Act as a liaison between the clubs and the Rotary International office, ensuring that information flows effectively in both directions. For this creation of whatsapp and viber groups beside the email system helped a lot.
- Tracking Membership: Involved in tracking membership statistics and ensuring that clubs meet their reporting requirements.
- Support for Clubs: Providing support to individual clubs, helping them with documentation, and ensuring that they are aware of and compliant with Rotary International policies.
- 6. Maintain Record: Keeping records of district activities, minutes of meetings, and various reports is an essential part of the role.
- 7. **Event Planning:** Involvement in planning and executing various district events, workshops, and training sessions for Rotarians.
- 8. Problem-Solving: Addressing any issues or challenges that arise within the district, including conflicts between clubs or difficulties in communication.
- **Engagement with Rotarians:** Building relationships with Rotarians and fostering a sense of community within the district.
- 10. Maintaining International Network: As being a part of Rotary action groups like ESRAG and WASHRAG and being Cadre of Technical Advisor in WASH and Environment, it has been a good experience in participating and networking with the Rotarains from various other districts and linking them to members of our district. It was a good opportunity of being a part of evaluation of Programme of Scale Grant of Rotary Foundation.
- 11. Learning and Knowledge Management: Participate in training programs like PETS, AGTS/DTTS, ToTs, GMS, TRF seminars to develop skills and sharing knowledge and stay updated on Rotary programs and best practices. Being active in My Rotary, Learning centers and making use of vast online resources were very helpful. Also participation in two International Conventions in Melbourne and Singapore and being speaker of the breakout sessions, meeting International leaders and Rotarians from around the world has been an inspiring and encouraging expereince.

Few challenges faced and the lessons learned from those experiences:

Challenges

- Time Management: Balancing the administrative responsibilities of the role with personal or professional commitments has been challenging. I often juggled with multiple tasks, including coordination of events and communication with clubs.
- 2. Communication Gaps: Ensuring effective communication among clubs, the district leadership, and Rotary International has been a difficult task. Miscommunication or delays in information dissemination could have led to confusion or missed opportunities.
- 3. Engagement of Clubs: Encouraging participation and engagement from all clubs in the district is also another challenge. Some clubs may be less active or may face their own internal issues, making collaboration harder.
- 4. Conflict Resolution: We encountered conflicts or disagreements between clubs or members. Navigating these situations required diplomacy and strong interpersonal skills.
- 5. Adapting to Change: Rotary frequently updates its policies, programs, and priorities. Staying informed and helping clubs adapt to these changes is overwhelming.
- Maintaining Accurate Records: Keeping up with record and ensuring that all documentation is complete and accurate is essential but is always a logistical challenge.
- Resource Limitations: District have limited resources, including funding and volunteer support, weak secretariat, which impact the ability to execute events and initiatives effectively.



Lessons Learned

- 1. **Effective Communication:** Clear and proactive communication is key to ensuring everyone is informed and engaged. Establishing regular updates and open lines of communication can mitigate misunderstandings.
- 2. **Time Management Skills:** Balancing multiple tasks teaches valuable time management skills, highlighting the importance of prioritization and organization.
- **3. Building Relationships:** Developing strong relationships with district and club leaders and members fosters collaboration and a sense of community, making it easier to address challenges.
- **4. Emotional Intelligence:** Navigating conflicts and sensitive situations helps build emotional intelligence, allowing a District Secretary to better understand the perspectives and emotions of others.
- **5. Resilience and Adaptability:** Facing challenges encourages resilience and the ability to adapt to changing circumstances, which are valuable skills in any role.
- **6. Problem-Solving Abilities:** Encountering various issues fosters creativity and resourcefulness in finding solutions, which can be applied in many areas of life.
- 7. Commitment to Service: Engaging deeply with the principles of Rotary reinforces the importance of Service above Self, motivating a District Secretary to lead by example.
- 8. Continuous Learning: The role often requires ongoing learning and development, emphasizing the importance of seeking and sharing knowledge and skills continuously.

By overcoming these challenges, it helped me not only to contribute to the effectiveness of the district but also grow substantially in leadership and interpersonal skills, making valuable asset to Rotary and the communities that Rotary support.

Overall, being a District Secretary has been a fulfilling way to contribute to the mission of Rotary while developing strong administrative, leadership, networking, communicating and organizational skills.

At last, thank you very much to my loving family members, specially to my better half Arati and my two boys Dibesh and Abhisek, who supported me in every part of my journey in Rotary. A big thank you to our District Team including District Governor Rajendra Prasad Dhoju and First lady Sameera Dhoju and members of Council of Governors, District Advisory Council members, District Administrative Council members, Assistant Governors, Regional Coordinators, Joint Secretaries, District Secretariat and staffs, District Committees and Sub committees, all Presidents & Secretaries and members of our esteemed Rotary clubs, Rotaracts and Interacts and all fellow Rotarians, organizations and agencies, who worked with us as Partners in Service. It was also wonderful to travel to various places and work with Rotary International team, various international clubs, WASHRAG and ESRAG team members, Cadre of Technical Advisors national and international team, participate actively in national and international events as well. I respect the guidance from seniors and suggestions and feedbacks from colleagues for the way ahead.

We all had "Imagine Rotary" in our mind when we started our Journey together for 2023-24. But with "Create hope in the World" theme of Rotary International President Gordon R. McInally and "Light of Hope" theme of the District Governor Rajendra Prasad Dhoju, we accomplished some milestones and in overall, we all have left a impactful RY 2023-24. Rotary journey continues and we still have much more to do to take our district 3292 to a new height. There might have been mistakes, from which we learnt and we committed to improve. We all need to Walk our Talk and find Innovative ways to make an impact in our community motivating all of our members to contribute their voluntary time meaningfully and add value of Rotary wherever we serve and build public image. The fellowship and comradeships are needed as a fuel to our engine called "Rotary" and as we continue to do "Service above Self". The Core Values of Rotary, 24 word Four Way test and Rotary wheel with 24 Cogs and 6 Spokes will always be guiding our path.

The journey and lessons learnt this year has taught me a lot and have been instrumental in transformation of my life, raised my inner engineering spirit and have encouraged me to serve the community in a better way, not only in Rotary, but in my professional life as well. In overall it has brought a positive change as how I look ahead towards serving the society and be a part of Rotary movement.

Once again thank you all and looking forward to serve towards "The Magic of Rotary" in RY 2024-25. In the year 2024-25, I will be serving as District Chair of Water and Sanitation Subcommittee in our district.

Truly Yours and At Your Service, Rtn. Dinesh Raj Manandhar, PhD District Secretary RY 2023-24 RI District 3292, Nepal-Bhutan





Dear Rotarians!

Why should you use rotarydistrict3292.org.np and Mobile App

The **rotarydistrict3292.org.np** web portal helps Rotary Clubs manage and enhance activities with a centralized system for better accessibility and connectivity with the district.



Download Mobile App



Rotary &

The portal allows you to effortlessly manage club profiles, board of directors, and member information. Club presidents and secretaries have administrative access to ensure streamlined management.



Simplified Reporting

The system offers easy web forms to submit reports for the five standing committees. You can update each committee's report, attach supporting documents, and add remarks. This streamlined process simplifies monitoring club progress for district administration.





Valuable Features

It provides access to
e-resources for publishing your
club calendar, service projects,
and newsletters. Network with
professionals through the
business directory. Stay
informed with the District
Governor's schedule, Governor's
Monthly Letter (GML), and
information on District Teams
and events.

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Chhongba Sherpa, Chair +977-9841595911

District IT Committee Team 2024-25

https://rotarydistrict3292.org.np



ACHIEVEMENTS OF DISTRICT 3292 IN RY 2023-24

Achievements against the Target:

- 1. The Rotary Foundation (TRF) Contribution-Target was 500000 \$ Achievement 740000 \$
- 2. New Club Target 05 Achievement 06
- 3. Membership growth target was 10% growth-but decreased by 158 members, which is about 3% of total members
- 4. Public Image activities: Marathon in Pokhara, Bhairahawa and Chitwan and many Walkathons and cycling and other activities on Rotary day celebrations all over Nepal.
- 5. 12 GML (one per month) published on time with good quality and shared among 43 districts of Zone 4, 5, 6 and 7
- 6. Tree plantation target was 100 thousand, Achievement was 107000 plantation and many other environment projects.
- 7. Every Month AGs/ PRESIDENT SECRETARY and District Officials ZOOM MEETING
- 8. AGs and PRESIDENT/ Secretary Review Meeting in Pokhara
- 9. Participation in Rotary Institute in Banglore, India
- 10. Oral Dental camp 100000+ all over Nepal
- 11. Rotary Week and Rotary Day Celebration Region 01 to 07 on Feb 23rd week
- 12. Polio day function on Oct 24, 2023 by clubs
- 13. Mental Health Awareness 60 + Program all over Nepal
- Basic Education Literacy Program ICT PROGRAM 35+ ACHIEVEMENT
- 15. RI CONVENTION SINGAPORE 100+ registered participants
- 16. RC Thimphu CONFERENCE in Bhutan
- 17. Global Grant 3000000 \$ Achievement
- 18. District Grants 41 nos- Rotary club 29 and Rotaract Club 12
- 19. Girl Child Toilet Project 30 under TEACH programme
- 20. Global Grant Regional Grant Officer Laura Bradley VISIT to Nepal in November 2023
- 21. Earthquake Support to Jajarkot and West Rukum- MoU with National Society of Earthquake Technology (NSET) Nepal to build 7 Model homes

DG visit Feedback and Positive Message

The DG official club visits were conducted for all 157 clubs by the District Governor in person with only 8 clubs online. The club issues, progress, gaps and confusion and anomalies were cleared during these visits with close interaction with the board and members. The remotely located clubs were highly encouraged and got motivated to do projects, learn about governance, procedures, rules and regulations and gain Rotary knowledge. The club administration procedures, My Rotary, Learning Center, Goad setting, RI Citation, COTS knowledge were shared during the DG visit. Also clubs were motivated to contribute on TRF and retain and sustain existing membership rather than increase members. The combined meeting of board and in presence of all members was praised by all and President and team got more motivated and encouraged in almost all of the clubs. Moreover President Elect were more benefited as to how to run clubs next year and do proper planning.

Moreover the distance and misunderstanding between clubs and district were more or less minimized during the DG visits and clubs were encouraged to do projects, contribute on TRF, participate in Rotary activities, foster good partnership with government and other partners. Moreover the clubs to motivate members to retain and make the bonding strong. Unless the clubs are strong, district cannot be strong, that was the message conveyed to clubs. The Rotary structure and functioning of most of the district and regional committees were made vibrant and communication among district and clubs and structural networks were working in collaboration and coordination among each other. The One District approach and harmony was created.

In Rotary continuity is important, so whatever new and innovative steps were started this year, they will be continued and more will be achieved next year 2024-25. My commitment to Rotary for next year and beyond for taking our district to new height in Rotary International.

Jai Rotary, Rtn. Rajendra Prasad Dhoju District Governor RY 2023-24 RI District 3292, Nepal-Bhutan DG Rajendra Man Sherchan, has a long and distinguished history with Rotary. He was the Charter President of RC Thamel (2001-2004) and has served in various capacities within RI District 3290, coordinated Adult Literacy under the Rotary Nepal Literacy Mission. His Rotary service includes roles such as Assistant Governor, District Advisory Council Member, and Co-Chair of the Family Values Subcommittee.

DG Rajendra Man Sherchan has been instrumental in environmental conservation, having chaired the Tree Plantation Committee that planted over 100,000 trees in Nagarkot in 1979. He also served as Chairman of Thames International College and held director positions in Salt Trading Corporation Ltd. and Sagarmatha Insurance Company Ltd.

Recognized for his contributions, DG Rajendra received the Citation for Meritorious Service from the International Federation of Asian and Western Pacific Contractors' Association in 2016. His extensive business and social service experiences span various sectors, including finance, industry, and education, and he has represented Nepal in numerous international forums and delegations.





District Governor's Calendar

August 2024

Aug 1st, Thursday Installation Ceremony of RC Boudha Aug 1st, Thursday Installation Ceremony of RC Madhyapur **Aug 2nd, Friday** Installation Ceremony of RC Balaju Aug 2nd, Friday Women in Leadership Seminar Aug 3rd, Saturday Installation Ceremony of RC Kathmandu Height **Aug 3rd, Saturday** Installation Ceremony of RC Gongabu **Aug 4th, Sunday** Installation Ceremony of RC Damak **Aug 5th, Monday** Installation Ceremony of RC Illam Aug 6th, Tuesday Joint Installation Ceremony of RC Dharan and RC Dharan Foothills Installation Ceremony of RC Aug 7th, Wednesday Matribhumi Baluwatar Aug 9th, Friday Installation Ceremony of RC Patan Heritage **Aug 10th, Saturday** Installation Ceremony of RAC Thamel Installation Ceremony of RC Aug 11th, Sunday Narayangarh Aug 13th, Tuesday Installation Ceremony of RC Chitwan DG Visit of RC Jawalakhel Aug 14th, Wednesday Majushree Aug 15th, Thursday DG Visit of RC Bhadgaon

Aug 17th, Saturday

District Membership and Public

Image Seminar

FROM THE EDITOR'S DESK

THE MAGIC OF ROTARY: A NEW BEGINNING

Dear Fellow Rotarians,

Welcome to the 2024-25 edition of the Governor's Monthly Letter (GML), the official newsletter connecting the District Governor with every club and member. This year, we embrace the theme "The Magic of Rotary", celebrating the remarkable impact our members have in communities. As we embark on this journey, we invite all club presidents and secretaries to share their club's inspiring activities and achievements with us. Your stories of service and fellowship are the heart of our publication, showcasing the true magic of Rotary in action.

July marks a significant transition period for our clubs, where new leaders step into their roles, and we reflect on past achievements while setting new goals. This month of transitions has brought us a series of installations, celebrations, and fellowships. Cheers to them!

We are excited to introduce dedicated sections in our newsletter to showcase updates from The Rotary Foundation, Membership Status,

Global Grant Projects, and District Grant Projects. These sections aim to inspire others and provide valuable insights from successful endeavors. Additionally, we proudly feature interviews with esteemed personalities and leaders from various fields, creating a platform for thought leadership both within and beyond the Rotary fraternity.

We are also introducing a fun and engaging quiz section, where members can test their Rotary knowledge. The winner will receive a special gift from the District Publication & GML Sub-Committee team!

We look forward to receiving your updates and celebrating the magic that each of you brings to Rotary. Together, let's create a year of unforgettable service, friendship, and positive change.

Yours in Rotary Service, Rtn Gautam Shrestha Chair, 2024-25 District Publication & GML Sub-Committee

Guess the answer and email it to gml.district3292@gmail.com along with your name, home club, phone number, and email for a chance to win a surprise gift!

Q. \$26.50 from Rotary Club of Kansas City in 1917. What started the...?

1. World War I Relief Fund

2. Rotary Staff Retirement Program

3. First District Conference Budget

4. The Rotary Foundation

DISTRICT GOVERNOR 2024-25

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