



*Magical
Rotary*



GML

GOVERNOR'S MONTHLY LETTER

FEBRUARY 2025
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Conflict Prevention Month**
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Stephanie A. Urchick
RI President 2024-25



Rajendra Man Sherchan
District Governor 2024-25

**120 Years of Rotary
Connecting Communities,
Changing Lives**



GOVERNOR'S MONTHLY LETTER

Dear Fellow Rotarians, Rotaractors, and Interactors,

As we step into March, Rotary's designated month for Water, Sanitation, and Hygiene (WASH), I extend my warm greetings to each of you. This month serves as a powerful reminder of the impact we can create when we work towards ensuring access to clean water, adequate sanitation, and proper hygiene for all.

Access to clean water and sanitation is a fundamental human right, yet millions of people around the world, including many in our own communities, continue to struggle with waterborne diseases due to lack of safe drinking water and inadequate sanitation facilities. Rotary has long been at the forefront of addressing these issues, and this month, I encourage each club to rededicate efforts toward sustainable WASH initiatives.

Across District 3292, we have seen inspiring projects that reflect our unwavering commitment to this cause. From building and refurbishing community water supply systems to conducting hygiene awareness programs in schools, your dedication has been commendable. Let us continue our efforts by:

1. **Enhancing Sustainable Water Solutions** – Investing in projects that provide clean and safe drinking water to underserved communities.
2. **Promoting Hygiene Awareness** – Educating children and families about proper handwashing and sanitation practices to prevent diseases.
3. **Supporting School Sanitation Programs** – Ensuring that schools have functional toilets and handwashing facilities, creating a healthier learning environment.
4. **Collaborating for Greater Impact** – Partnering with local governments, NGOs, and experts to amplify our reach and effectiveness.

I urge clubs to organize impactful activities such as community clean-ups, water conservation campaigns, and sanitation drives to ensure a lasting impact. Together, through small but significant actions, we can make a difference in the lives of those who need it most.

March also marks the approach of the final quarter of our Rotary year. As we reflect on the progress we have made, let us continue striving towards our annual goals with renewed enthusiasm. I encourage every club to strengthen membership, enhance public image, and align projects with Rotary's core areas of focus.

Let us remain united in our service and commitment to creating a cleaner, healthier future for all. I look forward to seeing your inspiring efforts throughout this month and beyond.

We also have our 17th District Conference from March 21-23, 2025 in The Plaza, Lalitpur, where I hope to see you all. Let us all participate to make our 17th District Conference a huge success.

Yours in Rotary,
Rtn. Rajendra Man Sherchan
District Governor 2024-25
Rotary International District 3292, Nepal-Bhutan





RI PRESIDENTIAL STATEMENT

This month, as we come together for the International Assembly and the Presidential Peace Conference, we celebrate The Magic of Rotary – a unique blend of global connection, vision, and action that empowers us to create lasting change.

One of the most inspiring examples is our Rotary Peace Fellowship program, a cornerstone of Rotary's mission to build a more peaceful and just world.

For more than 23 years, Rotary Peace Fellowships have been transforming communities. Our Rotary Peace Centers, hosted at leading universities around the globe, have educated over 1,800 fellows who now work in more than 140 countries.

These centers cultivate expertise in fields like conflict resolution, sustainable development, and peacebuilding, preparing fellows to tackle some of the world's most pressing challenges. This program exemplifies how Rotary turns vision into action, creating a ripple effect of hope and change.

This month during the Presidential Peace Conference, we celebrate a significant milestone with the opening of our newest peace center in Istanbul. This center will focus on training leaders to address peacebuilding challenges in the Middle East and North Africa, further extending Rotary's impact.

Peace fellows are dedicated champions of transformation, addressing critical issues such as refugee resettlement, youth and women's empowerment, and reconciliation in conflict zones. Many founded vital organizations or hold leadership roles in governments,

nongovernmental organizations, and international institutions like the United Nations and World Bank.

One inspiring story is that of Ntang Julius Meleng, a 2024 Rotary Peace Fellow at Makerere University in Uganda. Through his Social Change Initiative, Julius has worked to empower young people in Cameroon to take active roles in peacebuilding and leadership.

His project provided training in conflict prevention, civic engagement, and leadership to youths and community officials in areas affected by conflict, equipping people to drive sustainable peace efforts.

Julius harnessed Rotary's global network to overcome obstacles, including limited funding and security risks, and make a meaningful impact.

The Rotary Peace Fellowship gave Julius the tools and support to turn his vision into reality. His work embodies The Magic of Rotary – the transformative power of connecting people, sharing resources, and uniting for a common purpose.

As we reflect on the achievements of our peace fellows and celebrate Rotary's enduring commitment to peace, let us also recognize the role that everyone in our network of 1.2 million members plays in creating magic through service.

Together, we can amplify our impact, inspire new generations of leaders, and build a brighter, more peaceful future.

Yours in Rotary
Rtn Stephanie A. Urchick
 President 2024-25



Widening The Understanding Of Peace: Some Reflections



RTN. BISHNU RAJ UPRETI
CHAIR, PEACE AND CONFLICT RESOLUTION
SUB-COMMITTEE

As Nelson Mandela once said, "Peace is not just the absence of conflict; peace is the creation of an environment where all can flourish, regardless of race, color, creed, religion, gender, class, or any other social markers of difference."

1. Introduction

In this short paper, I will present a brief concept of peace, the role of Rotary in achieving peace, and an overview of selected structures and institutions active in global peace efforts. Additionally, I will discuss the ongoing peace debate in Nepal, the need to establish Rotary Peace Centers in the country, and conclude with key takeaways.

2. Understanding Peace

Peace is more than just the absence of violence, armed conflict, war, or civil unrest. It is the creation of an environment—characterized by social justice, equity, human dignity, and mutual respect—where all people and societies can flourish. As Nelson Mandela once said, "Peace is not just the absence of conflict; peace is the creation of an environment where all can flourish, regardless of race, color, creed, religion, gender, class, or any other social markers of difference."

Peace is a broad and often ambiguous concept, open to diverse interpretations. It can be categorized as external (societal peace) or internal (personal peace), or as inner (related to psychological well-being) and outer (related to physical well-being). It can also be understood as negative peace (the absence of violence) or positive peace (where the root causes of insecurity have been addressed). A common feature of peace, however, is the close interconnection between its mental and physical aspects.

Various factors influence peace, including spirituality, psychology, politics, religion, faith, economics, and the surrounding environment. Different organizations approach peace-building in different ways. For example, Rotary adopts a "peace through service" approach, while the UN employs multiple strategies. At the political level, geopolitics, geostrategic concerns, and geodemographic factors directly affect peace and security, with politics often dominating global peace debates.

Barriers to peace—or sources of insecurity and conflict in societies—include chronic poverty, backwardness, discrimination (based on gender, caste, class, religion, etc.), corruption and malpractice, irrational exploitation of natural resources, rapid inflation and price hikes, the adverse effects of climate change, the use of nuclear weapons, the proliferation of small arms and light weapons (SALW), the arms trade, transboundary crimes (such as trafficking of illicit goods like drugs, stolen property, and counterfeit items), illicit services (commercial sex and human trafficking), infiltration of businesses and governments (fraud, racketeering), displacement and illegal migration, radical and extremist groups, terrorism, and violence.

Many of these issues stem from feelings of injustice or the manipulation of radicalized minds.

Addressing these structural sources of insecurity and conflict requires eliminating poverty, inequality, discrimination, and injustice, as well as pursuing disarmament, prohibiting the trade of SALW, enforcing arms embargoes, investing in psychological health, and promoting ethical, moral, and educational development.

Another important way to promote peace is by strengthening interpersonal qualities such as empathy, mutual trust, respect, communication, and psychological well-being (e.g., self-acceptance, positive relationships, autonomy, and a sense of purpose). Cultivating virtues like kindness, integrity, compassion, humility, honesty, trustworthiness, and a commitment to justice also fosters peace.

At a structural level, peace-building begins with families, schools, and local communities. Education is one of the most effective means of cultivating a culture of peace, as it teaches values like empathy, respect, and trust. Education fosters critical thinking, cross-cultural understanding, and resilience, enabling communities to resolve differences and conflicts peacefully.

3. Rotary And Contribution In Peace

Historically, Rotary is engaged in and contributing to create the United Nations. About the Rotary's work with the United Nations, RI website (<https://www.rotary.org/en/history-rotary-and-united-nations>) states, "Rotary and the United Nations have a shared history of working toward peace and addressing humanitarian issues around the world. During World War II, Rotary informed and educated members about the formation of the United Nations and the importance of planning for peace. Materials such as the booklet "From Here On!" and articles in the Rotarian helped members understand the UN before it was formally established and follow its work after its charter. ...Rotary published "What Can Rotarians Do Following Dumbarton Oaks?" It included the proposed charter, talking points, and suggestions for discussing with club members how the United Nations would relate to Rotary's goal of advancing international understanding. It also emphasized the importance of having a plan ready for when the war ended, rather than waiting until the fighting stopped".

Rotary and the United Nations share a history of working together toward world understanding and peace. In 1942, Rotary clubs from 21 nations organized a conference in London attended by ministers of education and observers to develop ideas for advancing education, science and culture across nations. That event planted the seed for the organization now known as UN Educational, Scientific, and Cultural Organization (UNESCO.) In 1945, 49 Rotarians in 29 delegations helped to draft the UN Charter in San Francisco. Rotary became heavily engaged in supporting the United Nations during its initial years by routinely sending observers to major meetings and actively promoting the organization in specialized Rotary publications such as Report on the U.N. by Rotary International, From Here On! and The World at Work. Five Rotarians served as presidents of the UN General Assembly". This evidence suggest that Rotary was even actively engaged in establishing the UN.

Rotary has priority in promoting peace globally. Peacebuilding and conflict prevention is one of the seven priority focus areas of Rotary (a) peacebuilding and conflict prevention; b) disease prevention and treatment; c) water, sanitation, and hygiene; d) maternal and child health; e) basic education and literacy; and f) community economic development. Rotary has collaborated with different institutions working in peace. One of such examples is collaboration with the Institute for Economics and Peace, where Rotary is providing resources to this organization to develop tools for becoming effective peacebuilders. Rotary is collaborating with numerous organizations working in peace around the world.

Rotary has also established seven Rotary Peace Centers in different parts of the world. At present they are in Duke University/University of North Carolina, North Carolina, USA; International Christian University, Tokyo, Japan; University of Bradford, England; University

of Queensland, Brisbane, Australia; Uppsala University, Uppsala, Sweden; Chulalongkorn University, Bangkok, Thailand; Makerere University, Kampala, Uganda and now they have decided to open it at Turkey and planning to open soon another centre in Asia. These centres have so far trained more than 1,700 peace fellows and working in different sector to serve as peace catalysts.

Rotary has a seat in the General Assembly of the United Nations in recognition of the efforts of its membership to foster goodwill and peace across national boundaries. One of most successful achievements of Rotary from the perspective of peace is 'ending polio', which directly contribute to peace. Many other service projects are also contributing to peace like ending polio. Rotary has successfully implemented so many service projects that addresses root causes of conflict. However, RID 3292 leadership has to make more efforts to integrate peace into its activities in the district.

4. Structures And Institutions Active In Global Peace

Several global, regional, sub-regional, national and sub-national structures/ institutions exist to address conflict and promote peace around the world, with limited success. Some of them are directly dealing with peace whereas others are contributing. It is not possible to list all of them but few most prominent global institutions substantially contributing peace are as:

4.1 United Nations:

It is the globally leading institution in dealing with peace. It deals peace in several ways as a) Security Council, b) General Assembly, c) Office of the Secretary General, d) International Peace keeping Operation, e) Human Rights Council, f) specialized agencies like the UN Women, UNESCO, WFP, etc. However, it is time to restructure UN in general and the UN Security Council in particular because they are notable to tackle the present challenges from the structures, they developed 80 years ago. The UN will be less relevant without reforming its Security Council in future.

4.2 Nobel Peace Prize

Will of Alfred Nobel, a weapon producer, inventor, entrepreneur and businessman, before he died stated that his fortune was to be used to reward "those who, during the preceding year, shall have conferred the greatest benefit to humankind." So, awarding Nobel prize to the field where he was most involved, i.e.: physics, chemistry, medicine, literature and peace. After his death, the first Nobel Prizes were awarded in 1901. The Nobel Peace Prize was established by Alfred Nobel and since 1901 it is awarded by a committee elected by the Norwegian Parliament (Stortinget) to people substantially contributing to achieve peace.

4.3 Other organizations

There are other so many important organizations substantially contributing to peace. The most prominent one is the Rotary International. Other important organizations are Åland Islands Peace Institute, Finland, Catalan Peace Institute, Spain, Costa Rica University for Peace, European Institute of Peace, Flemish Peace Institute, Belgium, Peace Research Institute Frankfurt; Bonn International Centre for Conversion in Arms (Germany), Institute for Economics and Peace (USA), Stockholm International Peace Research Institute International Alert, International Crisis Group, Geneva Centre for Security Sector Governance and so many others.

5. Peace debate in Nepal

Historically, Nepal has contributed to global peace directly. Contribution of Gautam Buddha in the global peace is unbeatable so far. True peace emanates from non-violence and practice of non-violence contributes to harmony, human unity, progress truth and self-control. However, in the later centuries, violence became integral part of state governing system. Rana Regime and Shah regime are examples of such governance system.

Late King Birendra in his speech during the Non-Aligned Summit in 1973 mention about his wish to declare Nepal as a 'Zone of Peace' (ZoP) and officially announced the ZoP on 25th February 1975, during the farewell address to the foreign dignitaries attending his coronation ceremony. Major elements of the ZoP proposal were peace, non-alignment and peaceful coexistence with the strategy of survival. The proposal was coming at the time when India integrated an independent country Sikkim having majority of ethnic Nepali people into the union territory of India. Regrettably, even when the proposal was endorsed by more than 130 nations around the world but India did not.

Most regrettably however, the latest ugly form of violence observed in the decade long armed conflict waged by Nepal Communist Party (Maoist) that has took lives of more than 17 thousand people, damaged property of billions of rupees and negatively affected social harmony. Though it has brought some positive change, the magnitude of negative effects is more.

6. Expectation for RI engagement in Nepal by establishing Rotary Peace Centre

When I joined Rotary, I constantly raised issue with RI District 3292 for establishing Rotary Peace Center (RPC) in Nepal. I also discussed it with some PDGs, IPDG, DGE and DGN. I also talked with the Rector of the Tribhuvan University and TU became ready to host the RPC. Some of the PDGs discouraged me saying impossible. But, the present Governor took it positively and asked me develop a concept paper. I prepared it and he officially requested the RI to open RPC. However, Ms. Laura Descher, the RPC Program Director and the liaison to the RPC Search Committee informed to our DG that even though Tribhuvan University was considered at first stage but was not selected as a finalist to submit a full proposal. Most probably, either the Symbiosis International University in India or Kyung Hee University in

South Korea will be selected for hosting the center and will operate from 2027. Nevertheless, she shared that the fellows studying at the new center would undertake field visits to Nepal, which could be an option for our district to directly engage with the program. She had also encourage District 3292 to continue to recruit candidates for the fellowship, both as part of the certificate program and the master's degree program.

Even if it may not be possible to have the RPC immediately in Nepal, I still believe that establishing its peace Centre in Nepal is possible especially if the new center is decided At Kyung Hee University in South Korea. Our main arguments for having Rotary Peace Centre in Nepal are: a) Nepal has firsthand experiences of armed conflict and it's successful management, that provide solid empirical evidences for the study peace, b) Nepal is a globally known for peace because of being birth place Buddha, c) Nepal is provider of highest number of Peace Keeping Operation troops to United Nations for its global peace mission, d) Nepal is only country in the reason for easy accessibility in terms of visa and migration rules as well as its centrality (so many strategic events not possible to organize in other countries of South Asia are organized in Nepal), e) Nepal's Tribhuvan University has strong Department of Peace and Development Studies to locale the Rotary Peace Centre; f) Nepal's geo-location provides perfect context for studying peace.

7. Conclusion

Based on my direct and active engagement of in conflict management and peace promotion in the past 3 decades I realized that Nepal still lacks proper understanding of peace, even seriously lack commitment of policy and political decision makers to promote peace. Consequently, peace is not getting enough attention in policy, strategy, law, plans and actions. RI-3292 is no exception. Therefore, it is essential to integrate peace into all activities .



The Role of Youth and Students in Peace Promotion: Peace Awareness Programme

PEACE AND CONFLICT RESOLUTION SUB-COMMITTEE
FEBRUARY 9, 2025

In alignment with Rotary Peace Month, the Peace and Conflict Resolution Sub-Committee of RID 3292 organized a flagship event titled "Role of Youth and Students in Peace Promotion: Peace Awareness Programme" on February 9, 2025. The event was held in collaboration with the Rotary Club of Pashupati-Kathmandu, Rotary Club of Jawalakhel, Joseph High School, and International Joseph Public School. Over 100 students from various schools, along with

their teachers, attended the event. Dr. Bishnu Raj Upreti, Chair of the Sub-Committee, served as the resource person. The event was successfully conducted with the gracious presence of District Governor Rtn. Rajendra Man Serchan as the Chief Guest and DGN Rtn. Bishnu Bahadur Karkee as the Special Guest. Other attendees included chairs of various clubs and officials from RID 3292 Nepal-Bhutan.

The financial resources required for the event were generously supported by DPCRSC member Rtn. Surya Bahadur Adhikari.

Throughout the event, the students actively participated in discussions and came to recognize their important role in promoting peace within society.



Region 1, 2, & 3

Rotary District Semi Annual Review Meeting

LE HIMALAYA HOTEL, LAZIMPAT,
KATHMANDU
JANUARY 30, 2025

On January 30, 2025, Rotary District 3292 Nepal-Bhutan District Governor (DG) Rajendra Man Sherchan led a semi-annual review meeting for Regions 1, 2, and 3 at Le Himalaya Hotel in Lazimpat, Kathmandu. The event served as a crucial platform to evaluate the progress of all clubs, reflect on their achievements, and engage in productive discussions about future plans and strategies to enhance club operations and continue serving the community effectively.

Assistant Governors Gupta Bahadur, Arjun Shrestha, Shobhakar Baidhya, Chhongba Sherpa, Prabin Bhattarai, Arun Man Sherchan, Dinesh Prasad Shrestha, Rupesh Shrestha, Ishwori Shah, Sushil Khadka, and Bhawani Devkota presented progress reports for their respective clubs. Club Presidents also shared their experiences, challenges, and suggestions with DG Rajendra Man Sherchan.

Key district leaders, including Public Image Chair Rtn Amit Giri, DRFC Chair Kumud Tripathy, DLF Chair PDG Jitendra Bahadur Rajbhandary, and PDG Sanjay Giri, provided updates on their initiatives. Additionally, District Conference Committee Chair Rtn Madhu Acharya encouraged all Rotarians to actively participate in the upcoming District Conference.

DG Rajendra Man Sherchan concluded the meeting with valuable suggestions and urged all clubs to achieve their goals within the designated timelines.





Mental Health Awareness Program

GIRL CHILD EMPOWERMENT COMMITTEE

FEBRUARY 11, 2025

The Girl Child Empowerment Committee of Rotary District 3292 (Nepal-Bhutan) successfully organized a Mental Health Awareness Program at Rani Devi Secondary School. The event was graced by First Lady Rtn. Sarojani Sherchan as the chief guest. Also in attendance were Amarawati Balami,

President of the Management Team and Principal of the School; Prema Chaulagai, Board Member of Human Rights Kathmandu District; Durga Puja, Treasurer of the Sayapatri Women Team; and Bimala, Life Member of the Saurya Society.

The Girl Child Empowerment Committee extends its gratitude to all the participating students, facilitator Sarita Acharya, Co-Chair Binita Hada, Master of Ceremony Ngigma Sherpa, Rtn. Sunita Rijal, and the Saurya Society for their contributions to the program.

Vibrant Club Workshop (Region VI)

HOTEL ROYAL CENTURY, BHARATPUR, CHITWAN

FEBRUARY 15, 2025

The Region-VI Vibrant Club Workshop was successfully conducted at Hotel Royal Century in Bharatpur, Chitwan. The event saw enthusiastic participation, with over 100 attendees representing various clubs from the region. The workshop was well-organized, fostering collaboration and learning among participants. Congratulations to the organizers for their efforts, and heartfelt appreciation for the warm hospitality extended to all attendees.



Where There is a Woman, There is Magic

**DISTRICT WOMEN LEADERSHIP IN ROTARY
FEBRUARY 14, 2025
HOTEL DEEJPYOTI, KATHMANDU**

The Women's Leadership Program, titled "Where There is a Woman, There is Magic," was held on February 14, 2025, at Hotel Deepjyoti. The event was organized by the Rotary Club of Bhaktapur and was a great success. A big thank you to Region 1 Chair, Rtn. Krishneshwori Hada, for her hard work and dedication in making this event possible.

The program was graced by Chief Guest Rtn. Jaya Raya Laxmi Shah Mam, Guest of Honour First Lady Rtn. Sarojani Serchan Mam, and Program Chair Rtn. Gyanendra Narayan Dhaubhadel. Their presence and encouraging words made the event even more special.

The event featured inspiring speakers who shared their knowledge and experiences. Mrs. Swastika Pradhan spoke about small-scale businesses and how they empower women. Mrs. Nila Ghimire, Chief of Social Service at Changunarayan Municipality, discussed women's roles in society. Rtn. Gopal Sir Kakshapati, Chairman of Hidden



Treasure, highlighted opportunities for women, and Rtn. Namrata Sharma, a journalist, shared insights on women in media and leadership.

The program had 35 participants, including both Rotarians and non-Rotarians. Everyone actively participated in discussions about women's leadership and empowerment. The message was clear: women can achieve anything with determination and support. The interactive sessions helped participants learn new

ideas and gain confidence.

Rtn. Bhawani Ghimire provided the venue at Hotel Deepjyoti and played a key role in ensuring the event's success.

In conclusion, the program was a wonderful celebration of women's leadership and empowerment. It motivated everyone to continue supporting and uplifting women in leadership roles. Where there is a woman, there is truly magic!





120th Rotary Day Celebration with Heritage Walk

ROTARY DAY CELEBRATION COMMITTEE | FEBRUARY 23, 2025

Rotary International District 3292, in collaboration with the **Rotary Club of Thamel-Kathmandu**, celebrated the 120th Rotary Day with a Heritage Walk through various historical heritage sites, moving from bahal to bahal, on February 23, 2025. The Heritage Walk began at the Mahadev Parvati Courtyard, Kasthamandap, at 7:30 AM and concluded at Laxmeshwor Mahadev, Pachali Teku. Along the way, participants visited the Lok Baja Museum. The program concluded at 11:00 AM.

The event was co-hosted by 14 other Rotary Clubs, including the **Rotary Clubs of Bhaktapur, Pashupati Kathmandu, Kantipur Kathmandu, Himalayan Golfers, Kathmandu Circle, Patan West, Balaju, Lalitpur Mid Town, Swoyambhu, Lalitpur, Kathmandu Mid Town, Patan Heritage, New Road City, and Tripureshwar**. The Chief Guest for the event was DG Rajendra Man Sherchan.

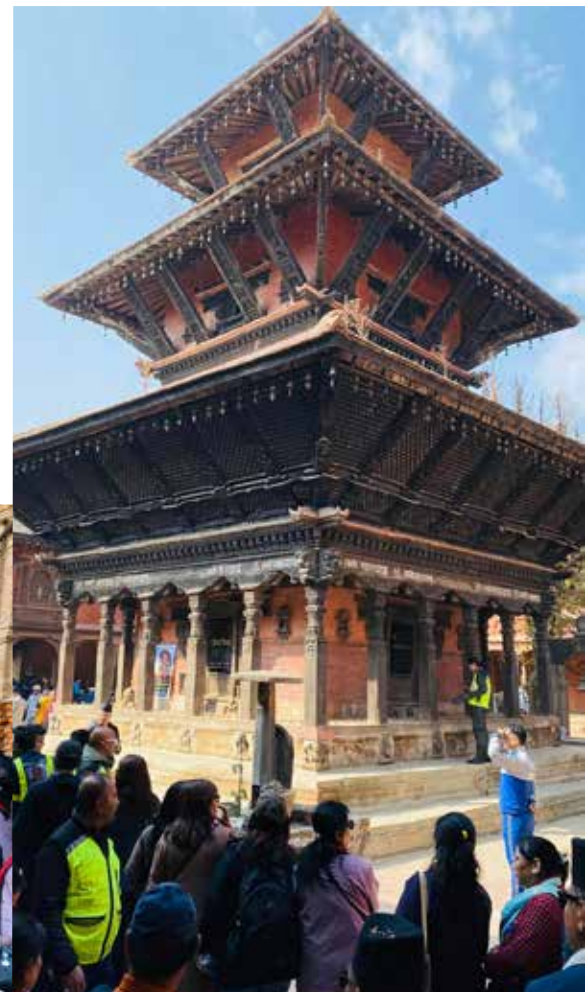
Approximately **300 participants** attended, including Rotarians, Past District Governors (PDGs), District Governor Nominees (DGNs), non-Rotarians, representatives from various Bahal committees, the Kathmandu Core City Coordinator, Chamati Newa Khala, Chamati Misa Khala, the Interact Club of Annapurna HS School, media personalities, and a few foreigners.

Rtn. Swoyambhu Ratna Tuladhar, Past President of the Rotary Club of Thamel-Kathmandu, chaired the Rotary Day Celebration Committee of RID 3292.

The spouses (Anns) of the Rotary Club of Thamel-Kathmandu contributed Rs. 4,500 to nine Bahals, along with Pooja materials.

The Heritage Walk from bahal to bahal was

conceptualized by the Rotary Club of Thamel-Kathmandu. This initiative was first launched during the previous Rotary year (2024-25) on World Tourism Day.





Panel Discussion on Enhancing Cultural Heritage to Promote the Tourism Industry

DISTRICT CULTURE AFFAIRS SUBCOMMITTEE
 FEBRUARY 22, 2025
 EVEREST ENGLISH SCHOOL BHAKTAPUR

Rotary District 3292 and the Rotary Club of Bhaktapur celebrated the 120th Rotary Day with a panel discussion on “Enhancing Cultural Heritage to Promote the Tourism Industry.” Held at Everest English School in Bhaktapur, the event featured experts and stakeholders discussing strategies for preserving heritage and promoting sustainable tourism in the Kathmandu Valley. District Governor Rajendra Man Sherchan attended as Chief Guest, while Rtn. Om Krishna Shrestha chaired the event, and Rtn. Dr. Gyanendra Narayan Dhaubhadel played a key organizational role.

The panel discussion featured distinguished speakers and was moderated by renowned historian **Prof. Dr. Purushottam Lochan Shrestha**. The panelists included:

1. **Prof. Dr. Sudarshan Raj Tiwari** – Expert in architecture and cultural conservation
2. **Ms. Saubhagya Pradhananga** – Representative from the Department of Archaeology
3. **Mr. Binayak Shah** – President of the Hotel Association of Nepal (HAN)



4. **Rtn. Rabindra Puri** – Past President of RC Bhaktapur, Cultural Heritage Conservationist, and Founder of the Rabindra Puri Foundation

This initiative aimed to preserve Nepal's cultural heritage while attracting high-quality tourists, ensuring sustainable tourism that benefits the local economy. Experts from cultural, tourism, and corporate sectors shared insights on conservation, heritage policies, and community engagement. Discussions highlighted Bhaktapur's cultural assets, promoting policies for sustainable tourism and economic growth. Emphasis was placed on safeguarding Bhaktapur's heritage and fostering collaborations among local businesses, leaders, and policymakers.

The event established Rotary as a key player in cultural preservation and economic development, showcasing its commitment to community-driven initiatives and expanding its outreach by promoting its core values and dedication to societal service.

The program was sponsored by NIMB Limited and co-hosted by 22 Rotary Clubs, Dibya Gayetri Trust, Hotel Deep Jyoti Inn, and Hotel Bayberry. It concluded successfully, with participants pledging to preserve cultural heritage and promote Nepal as a top destination for quality tourism. Rotary District 3292 and the Rotary Club of Bhaktapur thanked all attendees, sponsors, and partners for their support.

Awareness Talk Program On Benign Enlargement of Prostate (Prevention Care) & Prostate Cancer

NETWORK OF ROTARY CLUBS OF LALITPUR
FEBRUARY 28, 2025
HOTEL HIMALAYA, KOPUUNDOLE



On February 28, 2025, 17 clubs from Region 3 of Rotary International District 3292 (Network of Rotary Clubs of Lalitpur) and District 3292 collaborated to organize an Awareness Talk Program on Benign Enlargement of Prostate (Prevention Care) and Prostate Cancer at Hotel Himalaya in Kupondole, Lalitpur. The event was graced by District Governor Rtn Rajendra Man Sherchan as the chief guest. Attendees included Past District Governors Rtn Ratna Man Shakya, Rtn Yogendra Man Pradhan, and Rtn Jitendra Bahadur Rajbhandary, along with District Governor Nominee Rtn Vishnu Bahadur Karkee, Assistant Governors, District Officials, Club Presidents, Rotarians, and non-Rotarians. A total of 93 participants attended the program. NRCL Chair Manoj Bahadur Shrestha welcomed the guests and provided an overview of the event.

The program featured two main speakers: Prof. Dr. Narayan Thapa and Dr. Deep Lamichhane. Prof. Dr. Thapa delivered the

first part of the talk, focusing on benign prostate enlargement. He discussed its symptoms, diagnostic methods, prevention strategies, and treatment options. Dr. Lamichhane addressed the current state of cancer in Nepal, general cancer treatment procedures, and the specific status of prostate cancer and its management.

District Governor Rtn Rajendra Man Sherchan, the chief guest, commended the NRCL team for their efforts in organizing the successful event. He emphasized the importance of such awareness programs in the community. Rtn Bidur Timalsina, President of the Rotary Club of Patan West, served as the master of ceremonies. The program concluded with a vote of thanks from Rtn Sarita Karki, President of the Rotary Club of Chandragiri, who expressed gratitude to all guests, participants, and supporters for their contributions to the event.



Club News & Activities

FEBRUARY 2025

Three-day Eye Checkup Camps

RC Makawanpur | January 25, 2025



On January 21, 2025, the Rotary Club of Makawanpur organized an eye camp in the Bara District of Mahagadimai Municipality, Bariyarpur, with the assistance and coordination of the Rotary Club of Kathmandu Midtown and Tilganga Eye Hospital. The event was coordinated by the immediate past president, Rtn. Anjani Kumar Parajuli. Rtn. Shambhu Pudasaini, Rtn. Shiba Karki, Rtn. Sanjip Nepal, and Rtn. Yuddha Thapa were also present. After 328 individuals had their eyes examined, 67 were recommended for cataract surgery.

On the second day, January 22, 2025, an eye camp was held in two locations. The first camp took place in Jitpur Simara Sub-Metropolitan City, Ward No. 19, Inaruwasira, Bara District, under the coordination of club secretary Rtn. Paban Timalisina. Rtn. Damodar Pathak, Rtn. Rajkumar Baniya, and Rtn. Mohan Upreti were present. After 255 individuals had their eyes examined, 62 were recommended for cataract surgery. On the same day, another eye camp was held in Makawanpur District, Bhimpheedi Rural Municipality, Ward No. 3, Thingan, coordinated by past president Rtn. Bijay Lal Shrestha. Rtn. Bhaj Krishna Gorkhali, Rtn. Rabindra Ghimire, and Rtn.

Brindralal Shrestha were present. A total of 60 individuals had their eyes checked, and 10 were identified for cataract surgery.

On the third day, January 23, 2025, eye camps were held in two additional locations. Tilganga Community Eye Hospital conducted a camp in Makwanpur District, Hetauda Sub-Metropolitan City, Ward No. 18, Ramdhuni. Out of 278 individuals who had their eyes examined, 18 required cataract surgery. On the same day, another camp was held in Makwanpur District, Manahari Rural Municipality, Ward No. 8, Chisapani, in the presence of club president Rtn. Anil Agrawal. Of the 126 individuals who had their eyes examined, 8 were found to require cataract surgery.



Organize Cervical Cancer Screening (VIA Test)

RC Bagmati Kathmandu |

February 1, 2025

The Rotary Club of Bagmati Kathmandu and the Nepal Cancer Relief Society Kathmandu branch held a free one-day cervical cancer screening test (VIA test) at Nagarjun Municipality ward number 3 in Halchowk on February 1, 2025. Technical support for the initiative came from a five-person Nepal Australian Cervical Cancer Foundation team under the direction of the Foundation's secretary, Dr. Kasturi Malla. Likewise, it received support from the Lions Club of Ashoka, the Interact Club of Bagmati Halchowk Secondary School, and Nagarjun Municipality Ward No. 3.

The program began with a brief inauguration ceremony. The program was opened by Dr. Kasturi Malla and MS Shuahila Adhikari, the acting chief of the Nagarjun Municipality. The information about cervical cancer was presented by Dr. Malla.

Ten individuals were deemed ineligible or unnecessary for the VIA test out of the 128 community women patients who were registered for it. Of the remaining 118 women who were tested, three had positive results and were treated, counseled, and given medication; 38 other patients had a general infection and were treated with medication; the remaining 77 patients had normal results and were just counseled. Cervical cancer awareness and encouragement are greatly increased by the program.



Splash of Color

RC Himalayan Patan | February 8, 2025

The Rotary Club of Himalaya Patan provided invaluable assistance to the Rotaract Club of Himalaya Patan in organizing the event. The "Splashes of Hope" art event is a fundraiser for the establishment of a library at Shree Saraswati Secondary School in Parthali, Kavreplanchok. The event was promoted by the RC Himalaya Patan using its social media accounts and network. Rotarians took an active part in the activities. Sincere appreciation was shown by the Himalaya Patan Rotaract Club to the Rotary Club for their contribution and generous support. This cooperation is a prime example of Rotaractors and Rotarians' common goal of improving society.



Rotary Sabdaha Griha Project

RC Butwal | February 20, 2025



The Rotary Club of Butwal has successfully completed the construction of Rotary Sabdaha Griha in Magarghat, Tilottama-03, Rupandehi, Nepal, and formally handed it over to the Magarghat Development and Management Council. The project, with a total budget of NPR 68,00,000/-, is set to benefit residents from Rupandehi, Kapilbastu, Palpa, and Nawalparasi districts. This initiative aims to provide essential community infrastructure and improve the quality of life for the local population. The handover ceremony was attended by Rotary members, local officials, and community representatives, marking a significant milestone in the region's development.





Furniture Distribution in Two Schools

RC Palpa Lumbini | February 3, 2025

The Rotary Club of Palpa Lumbini organized a program for the distribution of furniture at Shree Saraswati Secondary School in Tansen-7, Palpa, and Shree Balkanya Bhagwati Adharbhut School in Tansen-10, Palpa, on the auspicious occasion of Saraswati Puja. These schools are supported by the Rotary Club of Palpa Lumbini. Fifty chairs were distributed at Shree Saraswati Secondary School, while ten sets of tables and benches were provided to Shree Balkanya School. With the assistance of Lumbini Medical College, the club was able to manage the project's total budget of approximately 200,000 NPR.

At Shree Balkanya School, there was a shortage of desks and benches, forcing students to sit in groups of about six on a

single bench during learning activities. To address this issue, we provided desks and benches tailored to their needs. This initiative directly benefits the students and alleviates the school's minor financial burden. Similarly, Shree Saraswati Secondary School's auditorium lacked sufficient seating for teaching and learning activities. By providing chairs, we ensured that students have adequate seating during school programs. The direct impact of this program is to facilitate seamless and enjoyable teaching and learning experiences for the students. Additionally, we have enhanced the facilities at these schools by supplying desks, benches, and chairs.

Thread Painting

RC Mahabouddha | February 3, 2025

RC Mahabouddha successfully organized a Thread Painting event at Sudesha School in Nakhu, Lalitpur, on February 3, 2025. The event was organized by the Youth Committee of the club as part of the Interact Club's programs. Distinguished participants included PP Rtn. Tika Nidhi Lahoni, PP Rtn. Gupta Bahadur Rana, PP Rtn. Batsa Kumar Shakya, Manju Rana, and Rtn. Narhari Khatri. The program was inaugurated by Club President Rtn. Birangana Maharjan. A total of 39 students from grades 8, 9, and 10 participated, which significantly boosted their motivation and creativity. The workshop was led by the Bihani team and coincided with the Saraswati Pooja festivities.



Region 7 Rota Quiz

February 8, 2025

The regional Level Rota Quiz of Region 7 for Rotary Year 2024-25 was successfully held in Surunga on February 8, 2025, by the [Rotary Club of Surunga](#). This prestigious occasion gave Rotarians a chance to compete intellectually while promoting learning, camaraderie, and the Rotary spirit.

After a fiercely contested competition, the [Rotary Club of Surunga](#) won the championship title, showcasing their outstanding expertise and collaboration. The [Rotary Club of Dharan Foothills](#) and the [Rotary Club of Biratnagar Central](#) both finished as the first and second runners-up, respectively.

Prominent attendees, such as AGs Region 7's Rtn. Kumar Mani Pokharel, Rtn. Sujan Pradhan, and Region 7's Rota Quiz Subcommittee Chair Rtn. Sunita Agrawal, and Region 7's Rtn. Sujan Pradhan, commemorated the occasion. Members of the Rotary Club of Surunga were also present, including President Rtn. Luba Raj Uprety, Immediate Past President Rtn. Shiva Kandel, President-Elect Rtn. Dilliram Mainali, Secretary Rtn. Somnath Uprety, Rtn. Menuka Siwakoti, President Nominee Rtn. Arjun Bohora, Vice President Rtn. Akhil Koirala, and Chartered President Rtn. LP Uprety. Sincere thanks are given by the Rotary Club of Surunga to all participating clubs, distinguished visitors, and organizers for their priceless efforts. The event reaffirmed the spirit of service and friendship within Rotary District 3292, Region 7, in addition to highlighting the dedication to intellectual enrichment.



Essential Winter Apparel Distribution

RC Pashupati Kathmandu | February 2, 2025



On February 2, 2025, the Rotary Club of Pashupati Kathmandu successfully distributed essential winter apparel to students at Shree Durga Shakti School in Khiping, Barabise, located in the Sindhupalchok District, approximately 100 kilometers north of Kathmandu.

The distribution program, conducted as part of the club's ongoing community service initiatives, benefited 36 students by providing them with tracksuits, socks, and shoes. These items aim to enhance the students' well-being and comfort, especially during the colder months. This initiative reflects Rotary's core mission of creating a meaningful impact on communities through education, health, and humanitarian service.



A Week-Long Vocational Training

RC Lumbini Siddharthanagar | January 31, 2025

On January 31, 2025, the Rotary Club of Lumbini Siddharthanagar conducted a week-long vocational training for local women in collaboration with the RCC Khunsa. Mrs. Hema Belbasey KC, MLA of Lumbini Province was one of the opening session's chief guests. Assigned AG Rotarian Sanjiv Sharma Regmi presided over the ceremony as a distinguished guest. Mr. Til Bdr. Gurung, President of RCC Khunsa, was also present. Mrs. Shila Sharma, a recognized trainer, trained a total of 38 women to manufacture the pickle (achar). They learned how to

prepare pickles using various ingredients such as ginger, garlic, amla, fish, and chicken.

The program's main objective was to Train local women to adopt it professionally. The principal guest promised them the money and marketing they needed to make it a professional event. The program's budget was around NRS 3470000. The community will gain since the Women who obtain this training will be ready to pursue these as a career. The Ladies would become self-dependent as a result of the program.



Blanket Distribution

RC Birgunj Metropolis |

January 16, 2025



The Rotary Club of Birgunj Metropolis distributed blankets to 35 Dalit families in Nitanpur Village, Bara District, Madhesh Province. This initiative builds on our previous efforts to improve their livelihoods through the donation of piglets and goats, demonstrating our ongoing commitment to their well-being. The contributions were funded by donations from club members. The program was attended by our charter member, PP Jagdish Pd. Sharma, President Rtn. Anil Jayswal, and Secretary Rtn. Hariom Kumar Shah. The total cost of the project was Rupees 54,900.



Cheque Handover to Flood Victim

RC Patan Durbar Square | February 7, 2025

On February 7, 2025, the Rotary Club of Patan Durbar Square successfully distributed the flood relief fund provided by the Rotary Club of Tokyo Cross City, Japan, in Mulkot, Sindhuli, Nepal. This generous contribution will significantly aid in the relief and rehabilitation efforts for those impacted by the disaster.

We would like to express our heartfelt thanks to the Rotary Club of Tokyo Cross City for their invaluable support. Their dedication to humanitarian service and their generosity have made a profound difference in the lives of the affected families.



District Level Speech Contest on Agriculture

RC Ratnanagar | January 21, 2025

The first district-level inter-college speech competition with the theme "Knowledge in Agriculture and Animal Science in Nepal" was successfully organized by the Rotary Club of Ratnanagar in association with the Agriculture and Forestry University, Rampur, and the GAVS student group. Instead of pursuing studies overseas, the event attempted to persuade students to investigate prospects in Nepal's agriculture and animal husbandry sectors. Twenty colleges participated in the competition, which gathered 120 attendees at the Hotel Star Banquet in Ratnanagar. Aroma College's Baibhavi Kunwar took first place, followed by Narayani Public College's Sangita Sigdel and Gurukul College's Prashant Pandey, who came in second and third, respectively.

The program was chaired by Rotary Club of Ratnanagar's President Biranjana Sapkota Ghimire, with Dean of Agriculture Faculty, Arjun Kumar Shrestha, as the chief guest.



Other notable attendees included Prabin Lama (Head of Agriculture Department, Ratnanagar Municipality) and past presidents of the Rotary Club.

The event received extensive media coverage, reaching 17,000 viewers via Narayani Online. Due to its success, participants and attendees suggested that the Rotary Club should make this an annual event.

This program especially promoted awareness of Nepal's agricultural potential and encouraged students to pursue local education and careers in agriculture. A total of 120 attendees were present from more than 20 colleges. The total budgeted cost is Nrs. 80000/-. The impactful program encouraged students to explore local agricultural and livestock career prospects and strengthened Rotary Club's community engagement and boosted the public image.



Steps Of Hope

RC Biratnagar Central | January 20, 2025

The Rotary Club of Biratnagar Central donated 150 pairs of shoes and socks to students at two community schools— Dharnidhar Adharbhut Vidhyalaya and Shree Narayan Adharbhut Vidhyalaya.

This initiative was undertaken to protect the students from the harsh cold by keeping their feet warm and to strengthen our relationship with the local community. The total cost of the project was \$100.

Support to Hospital for Sickle Cell Anemia unit

RC Bagmati Kathmandu | January 20, 2025

The illness known as sickle cell anemia is inherited. A genetic trait is passed on to a child if both parents carry it. This set of blood disorders is linked to hemoglobin. The Tharu people in Nepal's Tarai Belt are primarily affected by sickle cell anemia, including the residents of Bardia district.

Barbardiya Town Hospital (Nagart Aspatal), located in the Bardiya area, plans to establish a special ward or unit for patients with sickle cell anemia. With the support of the Bagmati Kathmandu Rotary Club, the hospital received

four sets of hospital beds, each including an IV stand, mattress, medication tray with a stand, a foldable bed with railing and side locker, a pillow, a bed sheet, and an oxygen flow meter, equivalent to Rs. 140,000.00. This contribution will help establish a new unit dedicated to sickle cell disease in the hospital.

The new unit will enable the hospital to treat patients with sickle cell anemia separately and provide them with higher-quality care.



Anti- Drug Abuse Movement Program

RC Kapilvastu |

February 7, 2025

The Rotary Club of Kapilvastu organized a health awareness program for students in classes 11, 12, and bachelor-level studies at Rastriya Ma. Vi. Chandrauta, Shivaraj-5, Kapilvastu. The program was chaired by Rtn. Balkrishna Pandeya and featured Mr. Baldev Lamichhane, the headmaster of Rastriya Ma. Vi., as a special guest. The session was led by Mr. Sujan Bikram Shah, a police inspector from the Chandrauta Ward Police Office, who delivered an hour-long presentation on the impact of drug misuse on children. Approximately 140 students attended, and the program had a significant positive impact.

Teachers and students expressed their appreciation and gratitude to the Rotary Club of Kapilvastu for organizing such an important event on school premises. They also requested similar programs in the future, particularly those targeting youth. The total cost of the program was Rs. 5,000.00.



Food Items and Medical Supplies Distribution

RC Boudha | February 23, 2025

On February 23, 2025, the Rotary Club of Boudha distributed food items and medical supplies worth NPR 26,000 to the Spinal Injury Group Nepal, located in Gokarneshwor-8, in celebration of the 120th Rotary Day. These supplies will benefit 11 residents with spinal injuries at the center, who hail from various parts of Nepal and are currently pursuing their studies at Khagendra Navajeevan School. The center primarily relies on donations from generous individuals and seeks support from service organizations like Rotary to meet its basic needs.



120 Years of Rotary Celebration with Deep Prajwalan and Aarti Program

Rotary E-Club Namobuddha Bagmati, RC Dhulikhel, RC Panauti, RC Kavre-Banepa, and RC Kavre Valley | February 23, 2025

In celebration of the 120th Rotary Day, the Rotary E-Club of Namobuddha Bagmati, in collaboration with the Rotary Club of Dhulikhel-Nepal, Rotary Club of Panauti, Rotary Club of Kavre-Banepa, and Rotary Club of Kavre Valley, organized a grand Deep Prajwalan and Aarti program at the Shree Mai Chandeswori Temple in Banepa. The event was dedicated to promoting world peace and global harmony.

The program was graced by Chief Guest PDG Rtn. Keshav Kunwar and distinguished guests, including IPDG Rtn. Rajendra Dhoju, Rotary Day Celebration Committee Chair Rtn. Swoyambhu Ratna Tuladhar, WASH Committee Chair Rtn. Dinesh Manandhar, WASH Committee Co-Chair Rtn. Situ Sainju, Award & Recognition Committee Chair Rtn. Azaz Aalam, as well as presidents and members of the collaborating Rotary and Rotaract Clubs. Their presence added significance to the event, highlighting the Rotary movement's commitment to service and peace.

During the event, Rtn. Ganga Luintel, President of the Rotary E-Club of Namobuddha Bagmati, expressed heartfelt gratitude to all participants and presented tokens of appreciation to the esteemed dignitaries. A special acknowledgment was given to the Shree Mai Chandeswori

Sandhyakalin Arati Khala for their devotional aarti and bhajan performance, which enriched the spiritual ambiance of the evening. The Deep Prajwalan ceremony symbolized the Rotary Club's unwavering dedication to spreading light, peace, and goodwill across communities. The event served as a reminder of Rotary's core values—service above self,

unity, and collective efforts toward a better world.

The celebration concluded on a high note, with attendees reaffirming their commitment to continuing Rotary's legacy of humanitarian service.



Rotary Quiz Successfully Concludes in Region 4



Region IV | February 15, 2025

The Rotary Quiz for the Rotary Year 2024-25 in region 4 was successfully conducted on February 15, 2025. A total of **13 clubs** from the region participated in the competition, showcasing their knowledge of Rotary and its values. The **Rotary Club of Pokhara Midtown** emerged as the winner of the regional contest.

The event was effectively organized under the leadership of Rtn. Ram Bikram Adhikari, Chair of the Regional Rotary Quiz, with the collaborative support of club presidents, district officials, and dedicated Rotarians from the region.

A formal program was hosted by the Rotary Quiz Committee, where Assistant Governor Rtn. Ramesh Prasad Koirala addressed the gathering as the Chief Guest. In his remarks, he emphasized that the quiz had significantly enhanced participants' understanding of Rotary's mission, principles, and global impact.

The event was coordinated by Rtn. Laxmi Thapa, Rtn. Puspa Kamal Poudel, and Rtn. Jay Ram Poudel, who served as Quiz Masters, ensuring a fair and engaging competition. Rtn. Chhabi Subedi, as the Master of Ceremonies, contributing to the smooth execution of the event.

Rtn. Ram Bikram Adhikari, in his closing remarks, expressed heartfelt gratitude to all club presidents, participants, quiz masters, and everyone involved in making the program a resounding success. The event served as a significant platform for fostering fellowship and reinforcing Rotary's commitment to knowledge and service.

The Rotary Quiz in Region 4 continues to inspire Rotarians to deepen their engagement with Rotary's ideals, further strengthening the organization's mission of service above self.

Environment Awareness Road Trip

RC Birgunj | February 21, 2025

Three Rotarian Women's Green Warriors from Chennai Meraki's RI District 3233 The trip was began on February 14, 2025, and will end on March 2, 2025, covering 6360 kilometers, 10 RI districts, 10 states, and 2 countries in 17 days. They were warmly received at Hotel Pujan by the members of the Rotary Club of Birgunj and the Rotary Club of Birgunj Metropolis, in accordance with Indian customs. Our meet and greet was attended by about 29 members from both organizations. Mr. Dipendra Prajapati, a journalist from the SAARC forum, was also present at the event.

We were overwhelmed to exchange our flags and souvenirs along with ideas and opinions from the rally team. We had a wonderful time during the dinner program. The next morning after breakfast, we visited our Signature Project, the Rotary Mahaveer Jaipur Limb Rehabilitation Centre, where Rtn. Dr. Anand Kumar Jha briefed the details of the project. Further, we had a very good time with the students and teachers of D.A.V School Birgunj for the tree plantation program. We almost planted more than 25 trees with the



help of Rotarians, Rotaractors, Interactors, teachers, and students. Rtn. Nirmal Khatri, Rtn. Anil Jaiswal, Rtn. Sohan Poddar, Rtn. Hari Om Shah, Rtn. Abhishek Chaudhary, along with a few lady members and Rtr. Piyush Daruka, Rtr. Vivek Patel, Rtr. Ayush Gupta, and Rtr. Prakash Karn, were present throughout the event. We express our deepest gratitude to the Green Warriors team for their visit. We will be sure to join our hands together for future days.





Charter Day Celebration

RC Kamaladi | February 23, 2025

On February 23, 2025, the Rotary Club of Kamaladi marked a significant milestone by celebrating its first charter day, unveiling the club souvenir, and honoring the 120th anniversary of Rotary International. The event took place at the Dusit Princess in Kathmandu and was a memorable evening filled with camaraderie, insightful moments, and joyous celebrations.



Christmas Celebration (Santa Sparkle)

RC Itahari Yugal | December 24, 2024

On 24th December 2024, the Rotary Club of Itahari Yugal celebrated Christmas (Santa Sparkle) with the students of Sunaulo Bal Bikash Kendra, Itahari, bringing joy and festive spirit to the young children. The event was organized to spread happiness and support the children by providing them with essentials. During the celebration, the club members distributed school bags, toys, and other gifts to the students. To make the occasion even more special, chocolates were also shared, adding swaddling to the festive atmosphere. The children were delighted to receive these gifts and actively participated in the celebration. Celebration made possible with the generous support of President Rtn. Shraddha Bista's sister Bhawana from America, who provided financial support to fund the gifts and refreshments and contributed to making the celebration more

meaningful and ensuring that every child received something special. The Christmas celebration was a heartwarming experience of the bond between the Rotary Club of Itahari Yugal and the children of Sunaulo Bal Bikash of Dra. The club remains committed to ensuring underprivileged children and spreading such initiatives, continuing initiatives, service, and goodwill.



Free Health Camp for Women & Children

RC Biratnagar Downtown | January 31, 2025

As part of our monthly Rotary Arogya Mission project, which focuses on disease prevention and treatment, we collaborated with Birat Nursing Home and Hari Satsang Samiti, Nepal, to host a free health camp for women and children at Shree Fokni Madyamik Vidyalaya, Durga Chowk, Biratnagar, in January. The patients were examined by a team of four specialized physicians, six paramedics, and personnel. Free blood sugar and blood pressure checks were also provided, and free medications were given out based on the diagnosis.

The entire budget was Rupees 18,000. There were 200 beneficiaries in all, including 70 mothers and 130 children. Free health camps provide women and children with access to healthcare, early health problem detection, nutrition and hygiene education, risk reduction, family support, and community healthcare improvement for a better future.



Lalitpur Chakrapath Mahanagar Cleaning Campaign

RC Patan Heritage | February 8, 2025

The Rotary Club of Heritage was honored to join Lalitpur Metropolitan City Mayor, Mr. Chiri Babu Maharjan, in supporting and participating in the "Lalitpur Chakrapath Mahanagar Cleaning Campaign." More than 250 individuals from various organizations came together for this common cause. The campaign began at Bagmati Bridge, Kupondole, and proceeded to Pulchowk, Lalitpur. The program will continue in various wards of Lalitpur Metropolitan City every Saturday for 52 weeks.



Heritage Walk

RC Gorkha | February 23, 2025

The Rotary Club of Gorkha has successfully completed a heritage walk. On the occasion of the 120th Rotary Day, the club organized a heritage walk from the Gorkha Palace to another historical and archaeological site, Uppalokot and Bajrabhairav.

The walk was organized with the aim of

promoting the ancient historical significance of Uppalokot and Bajrabhairav, as well as highlighting the importance of the area, as explained by the club's president, Vinod Kumar Basnyat.

The walk saw the participation of more than 25 Rotarians, including District Officer Pawanraman Khanal and District AG Vishal Rana from the Rotary Club.

Orthopedic Health Camp and Blood Donation Program

RC Kathmandu West | February 23, 2025

The Rotary Club of Kathmandu West, in collaboration with Spark Health Home, successfully organized a free orthopedic health camp and a large-scale blood donation program in honor of the founding president, the late Hikmat Bahadur Mali. The event took place on Sunday, 23rd February 2025, starting at 9:00 AM.

During the health camp, participants received medical checkups, while 53

generous individuals contributed to the blood donation drive. The program concluded with remarkable success, benefiting the community significantly.

The club president extended heartfelt thanks to all the doctors, Red Cross officials, and Spark Health Home for their invaluable support and contributions to the event. Their efforts played a crucial role in ensuring the program's success.





New Chapter Begins: Rotary Club of Tinkune Celebrates Its First Installation

RC Tinkune | January 29, 2025

The Rotary Club of Tinkune, Kathmandu, has organized its first installation ceremony. On Wednesday, January 29, the club held an event in Kathmandu to mark its installation ceremony, during which Rotary pins were presented to the 27 members of the club, and they were also administered the oath.

The ceremony was attended by the chief guest, District Governor Rajendra Man Sherchan, First Lady Sarojini Sherchan, Council of Governors, Assistant Governors of the club, New Club Advisor, officials from the sponsor club, district officials, officials from

various Rotary clubs, charter members of the club, their family members, and other invited guests.

On this occasion, District Governor Rajendra Man Sherchan expressed confidence that the club would contribute to humanitarian services and the socio-economic transformation of the community, and assured that the district would provide the necessary support to the club.

Charter President Tilak Prasad Tiwari mentioned that the club has members from various fields and that the club plans to expand its membership in the coming days. Tiwari expressed heartfelt gratitude to all

the senior Rotarians who contributed to the establishment of the Rotary Club of Tinkune, Kathmandu, and pledged to continue working diligently on humanitarian services in the future.

Founding President Tiwari also expressed gratitude to everyone, expressing confidence that the same level of support, cooperation, and encouragement would continue in the future to establish the Rotary Club of Tinkune, Kathmandu, as a dynamic Rotary club within the Rotary family of Nepal. The club was sponsored by the Rotary Club of Jawalakhel. Founding President Tiwari had previously served in various responsibilities at the Rotary Club of Jawalakhel.



Free Eye Screening and Cataract Operation Camp

RC Biratnagar Fusion |

February 8, 2025

Cataract (Motibindu) is the clouding of the lens inside the eye, which causes blurred and foggy vision. This condition can lead to difficulties in face recognition, driving, and seeing distant objects. Cataracts and

glaucoma are among the major causes of blindness in Nepal.

The Rotary Club of Biratnagar Fusion, in collaboration with Ramlal Golchha Eye Hospital and Biratnagar Ward 4, organized a successful free eye screening camp at Shree Madhyamik Vidhyala. The camp aimed to provide essential eye health services to the local community, particularly to those who lack easy access to proper medical facilities. The event saw overwhelming participation, with a total of 116 individuals undergoing comprehensive eye examinations. The screenings were conducted by experienced

medical professionals from Ramlal Golchha Eye Hospital, who identified various eye conditions among the participants.

Out of those screened, 24 patients were diagnosed with cataracts, a condition that can lead to blindness if left untreated. In partnership with Ramlal Golchha Eye Hospital, the Rotary Club arranged immediate follow-up care for these patients. Thanks to the dedicated efforts of the medical team, 20 patients successfully underwent cataract surgeries, restoring their vision and significantly improving their quality of life.

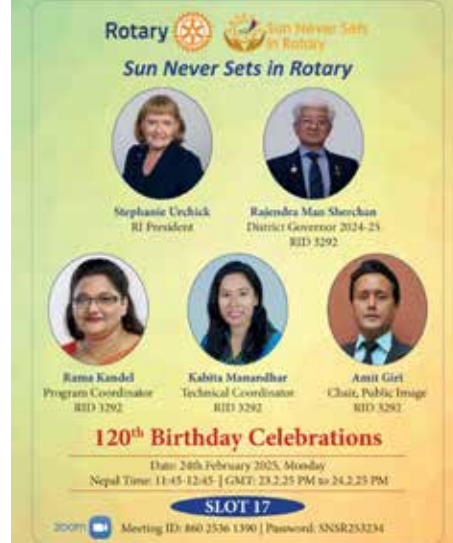
SUN NEVER SETS IN ROTARY (SNSR)

February 23, 2025

The Sun Never Sets in Rotary is an annual 24-hour virtual marathon program organized to celebrate Rotary International's anniversary on February 23rd. This global event features hourly slots hosted by Rotary Districts from around the world, showcasing their impactful community service projects, partnerships, and fellowship initiatives. The marathon begins at 2:00 PM GMT on February 23rd and concludes at 2:00 PM GMT on February 24th, with participants joining via Zoom.

This extraordinary 24-hour celebration was initiated by District 3232, and this year marks its fifth anniversary. Our very own District 3292 participated for the second consecutive year, adding to the global spirit of Rotary.

In this year's event, Rotarians worldwide witnessed the awe-inspiring participation of over 50 districts. The virtual marathon is



more than just an anniversary celebration; it is a unique platform that connects clubs beyond geographical boundaries. As we celebrated Rotary's 120th anniversary this year, the event served as a powerful reminder that Rotarians are truly engaged in Service Above Self in every corner of the world.

District 3292 hosted Slot 17, led by Rtn. Rama Kandel as Program Coordinator, Rtn. Amit Giri as District Public Image Chair, and Rtn. Kabita Manandhar as Tech Coordinator. Their efforts contributed to the success of this global celebration, highlighting the unity and dedication of Rotarians worldwide.

Cardio Screening Camp

RC Chitwan | February 5, 2025



The Rotary Club of Chitwan successfully organized a Cardio Screening Camp on 5th February 2025 at its club premises, focusing on the early detection and intervention of heart conditions in children. The initiative, in collaboration with Rotary Pun Naryan Ujelidevi Cardio Care Center, was led by senior cardiologist Rtn. Dr. Manoj Shrestha. The program aimed to identify heart-related issues in students from community schools and intervene at an early stage to ensure timely medical care and treatment.

Rtn. Dr. Manohar Pradhan, Chairman of the Rotary Pun Narayan Ujeli Devi Cardio Care Center, emphasized that early detection of heart diseases in children allows for timely intervention, preventing severe complications and ensuring better health outcomes. The total budget allocated for this program was NPR 30,000/-, covering medical examinations, logistics, and awareness materials.

A total of 26 students from Chamelidevi Secondary School underwent video X-ray and other cardiac tests, conducted by specialists. The event was graced by Rotary Club President Rtn. Bhanu Sharma, who highlighted Rotary's global efforts in eradicating polio and its continuous contribution to health-related initiatives. He expressed happiness in launching a heart screening program for children at the club's premises. The program aimed not only at raising awareness about heart health but also at ensuring early intervention through referrals to relevant healthcare institutions for necessary treatment. The screening camp provided a vital healthcare intervention for students from underprivileged backgrounds and strengthened Rotary's commitment to community healthcare initiatives.

Speech Competition on "Role of Rotary in Social Development"

RC Butwal Downtown |

February 7, 2025

On February 7th, the Rotary Club of Butwal Downtown hosted a district-level inter-school speech competition on the theme "Role of Rotary in Social Development." The event aimed to deepen students' understanding of Rotary's global impact. The program was chaired by Club President Rtn. Shiva Gyawali, with Rtn. Laxman Gyawali, the Global Networking Chair, serving as the chief guest. Rtn. Baburam Banjade coordinated the event. 12 schools from Rupandehi District participated, and the winners were Deep Boarding High School (1st), Everest Secondary School (2nd), New Horizon Higher Secondary School (3rd), and Scholars Home (4th). The top four schools received cash prizes of Rs. 8,000, Rs. 5,000, Rs. 3,000, and Rs. 1,000, respectively.

The participants focused on how the Rotary Club of Butwal Downtown, through its various community-based projects, has played a pivotal role in improving the lives of people in the region. They discussed Rotary's initiatives in areas such as education, health, clean water access, sanitation, and empowerment of underprivileged communities. The students shared how the club's local efforts, such as health camps, educational programs, and environmental projects, have made a tangible impact on social development.

Additionally, the speeches highlighted the broader contribution of RID 3292 in humanitarian projects. Students showcased how RID 3292 has worked on a range of global projects, including supporting disaster relief efforts, promoting literacy, eradicating polio, and fostering peace and understanding.





Fire Fighter Uniform Handover Program

RC Kapilvastu | February 18, 2025

The Rotary Club of Kapilvastu has handed over the firefighter uniforms for the second time to the staff members of the Fire Extinguisher of Shivraj Municipality. President of RC Kapilvastu, Balkrishna Pandeya, along with past presidents and other club members of RC Kapilvastu, collectively handed over the three sets of uniforms. The Mayor of Shivraj Municipality, Ajaya Thapa, thanked the team for making available the valuable uniforms.

This act has improved RC Kapilvastu's image at the local level. This is a tiny but significant contribution, as it has cleared the way for coordination and collaboration with the local administration. This scheme appears to help both the Shivraj Municipality and the adjoining municipality.



Distribution of Sports Material, Shoes and Mats.

RC Biratnagar DOWNTOWN | February 3, 2025

Rotary's focus areas include basic education and literacy. In line with this, we organized a distribution initiative at Shree Jyoti Adharbhat Vidyalaya, Kharji, which will be implemented in the 2022-23 academic year. We provided the school with sporting materials, including footballs, skipping ropes, badminton rackets, Ludo sets, and carrom boards. Additionally, we distributed shoes to all the students at the school. We also offered fruits and mats to the parents of these children.

The total cost of the project was 38,500 NPR, benefiting 110 children. By providing shoes and sports equipment to such schools, children can maintain good health, attend classes regularly, build confidence, learn teamwork, discover their talents, and enjoy sports without financial barriers. This initiative not only supports the students but also strengthens the schools and their surrounding communities.



Sister Club MOU Signing on Charter Day

RC Kathmandu Heritage | February 22, 2025

The Rotary Club of Kathmandu Heritage and the Rotary Club of Chennai Meraki had signed a Sister Club Agreement. The agreement was formalized during an event organized to mark the Charter Day of the Rotary Club of Kathmandu Heritage. The agreement aims to

foster cooperation and collaboration between the two clubs. The event was attended by Rotary District 3292 Governor Rajendra Man Sherchan, First Lady Sarojini Sherchan, Immediate Past District Governor Rajendra Prasad Dhoju, Past District Governor Jaya

Rajya Laxmi Shah, District Governor-Nominee Vishnu Bahadur Karkee, and various other district leaders. Additionally, Rotary Club of Chennai Meraki President Saravanaselvi, Car Rally Coordinator Kothangi Suchitra, Car Rally Chairman Shivabala Rajendran, and several club presidents were also present. The agreement was signed by Chartered President of RC of Kathmandu Heritage Hema Kumari Adhikari and President of RC of Chennai Meraki President Saravanaselvi.

Krishna Prasad Sharma, the RC Kathmandu Heritage President-Elect, organized the event, while Dr. Buddhi Malla, the club secretary, performed the role of Master of Ceremonies. During the event, a souvenir magazine with a variety of articles and club activities was also introduced. Under the theme "Plantation Drive," a vehicle rally was held after the official Charter Day ceremony. It began in Babarmahal and ended in Gokarneshwar.

Rotaract Club of Naxal Chartership

Rotaract Club of Naxal |

February 24, 2025

The Rotaract Club of Naxal was officially installed on January 3, 2025, with support from District 3292 and sponsorship by the Rotary Club of Naxal Shakti. The Charter President of RC Naxal Shakti and advisor to RAC Naxal Shakti, Rtn. Luna Aryal, had long envisioned establishing a Rotaract club. With the help of Rtr. Biplove Gnyawali, the Charter President of RAC Naxal Shakti, she successfully gathered a group of 18 members



to form the club.

The charter ceremony was held on February 24th at AmritBhog Caterings in Kalikastan, Dilibazar. The event was graced by District Governor Rtn. Rajendra Man Sherchan as the chief guest, alongside Assistant Governor Rtn. Bhawani Devkota, District Governor-Elect Rtn. Vishnu Bahadur Karkee, and the

Rotaract Zone 6 Representative. Other distinguished guests, including past district governors, presidents of Rotary Clubs, and Interact Club presidents, also attended. Members of RC Naxal Shakti were present in full force, and the club inducted five new members following the meeting.

Rotary Heritage Walk-A Walk to Remember

RC Pokhara Annapurna |

February 23, 2025

Heritage is something we have inherited from the past, to value and enjoy in the present and to preserve and pass on to the future generations. It was a moment to prove the worthiness of our heritage as a responsible Rotarian. The occasion was 120th Rotary Day, and the theme was "Rotary Heritage Walk-2025," organized by District 3292. A total of 10 Rotary clubs with 40 folks from Pokhara Valley vowed to make the program successful. The presence of innumerable heritage sites in and around Pokhara was a moral boost for us. Every one of us was enlivened by the theme.

After starting the excursion at 0 km, we stopped at Nagdada and started walking towards Hyangja. For the 7-kilometer trip, a simple, portable breakfast and a bottle of water were more than plenty. It was fun to gaze at the expansive mountain landscape. Although we appreciated the local authorities for creating the hiking trail, some guidance on how to get around would be useful. Both digital and human memories should document the moment the rhododendron petals were ready to bloom. We arrived at Devi Gupt Kalika's house in Kaskikot, our last destination.

With its 1700-meter elevation above sea level, Kaskikot is considered one of the most sought-after heritage sites in Nepal, where kings such as Kulmandan Shah have left their mark. Additionally, Gupt Kalika's presence has spiritual and religious significance of its own. During the Bada Dasain festival, in particular, people swarm there to ask Devi for her blessing. Being blessed by Kalika Bhagawati in her calm presence was indeed

a blessing. The priest gave us prasadam, flowers, and Tika. The chairman of the Temple Management Committee gave a briefing about the location's past. At the conclusion of the Heritage Walk, DG Elect Binod Koirala greeted and thanked everyone for helping to make the event a success.

Finally, we made our way downhill from Kaskikot to the luncheon area, where all devoured the local organic cuisine. We all took pride in making the walk a memorable one, not only fulfilling the obligations as a Rotarian but also as a responsible citizen. The initiative was spearheaded by the Rotary Club of Pokhara Capital, coordinated by the president of the very club, Rtn. Santosh Shahi. Assistant governors, past presidents, district officials, club presidents, and members' participation made the walk vibrant. Rtn. Subash Sigdel, who conceptualized the theme, facilitated the program.

As part of their annual plan of action, the Rotary Club of Pokhara held a peace candlelight march that same day in the evening to honor Rotary Day. All ten of Pokhara's clubs enthusiastically participated in the candlelit peace march, which generated a certain atmosphere. Club president Bhanubhakta Bhandari, AGS, district officials, previous presidents, club presidents, and Rotarians were all present as Rtn. Santosh Bhandari led the event.





DG Official Visit & 4th Charter Day Celebration

RC Patan East | January 25, 2025

The Rotary Club of Patan East successfully conducted the District Governor's official club visit and 4th Charterday ceremony on January 25, 2025, at Royal Thai Hospitality Radhe Radhe, Bhaktapur, in the presence of DG Rtn. Rajendra Man Sherchan, first lady Rtn. Sarojini Sherchan, IPDG Rtn. Rajendra Dhoju, PDG Rtn. Sanjay Giri, PDG Rtn. Jitendra Raj Bhandari, District Secretary, District Dignitaries & officials, Assistant Governor, Past Presidents, Presidents, Club members and family members.

The fourth club assembly took place during the program's closed meeting, and charter day was celebrated. DG appreciated RC Patan East's quick success and encouraged club members to seek assistance from District 3292. President Rtn. Nitu Barnawal and Charter President Rtn. Sudip Pathak expressed gratitude to all invitees for their presence and contribution to the success of this program.

Cash Contribution to Maitriseewa Ashram

RC Patan West | February 7, 2025

On February 7, 2025, the Rotary Club of Patan West made a monetary donation of NPR 11000.00 to JP Foundation's Maitriseewa Ashram in the presence of the president, past presidents, president-elect, members, and spouses of members. That is an ashram in Kathmandu, Nepal, dedicated to improving

the lives of elderly people. The ashram is a popular tourist and religious site. The ashram is located in Lapsefedi, Sankarapur Municipality, Kathmandu. The ashram's purpose is to make the lives of the elderly more pleasurable and prosperous. The organization also offers workshops, provides food to senior citizens and cows, and hosts literary events.



Showering Small Act of Kindness to Create a Better World

RC Dharan Foothills |

February 23, 2025

On February 23, 2025, the Rotary Club of Dharan Foothills celebrated the 120th World Rotary Day at Shree Panchayat Basic School, Dharan-16, with a heartfelt initiative. The club distributed shoes, toothbrushes, and Frooti to forty school children aged 5 to 12 years.

The program began with an overview of the history of Rotary, highlighting how the Rotary Club was first established and how it has connected the world to create meaningful impacts in society. This was followed by a fun-filled creative session, where the students showcased their talents through singing and dancing, aligning with the club's objective of creating a Happy School environment.

The event was attended by teachers, Rotarians, and the school children. The overwhelming gratitude and joy expressed by the underprivileged children and the school teachers left a lasting impression on everyone present, making the celebration truly memorable.



Distribution of Clothes to Household Sweepers

RC Biratnagar Fusion | January 30, 2025



The Rotary Club of Biratnagar Fusion recently distributed woolen shirts and woolen Kurtis to the household sweepers in the Biratnagar area. This event, which took place as part of the club's ongoing efforts to support the community, brought comfort to many who rely on their hard work to maintain cleanliness in the region. A team of Rotary members gathered on the day of the distribution, ready to distribute the carefully selected woolen shirts and Kurtis. The event was organized with careful planning and coordination, ensuring that each household sweeper received items suitable for their size and needs. The distribution was met with much

appreciation and gratitude. Many recipients expressed their joy and relief at receiving such thoughtful and practical gifts. These warm clothing items will not only protect them from the winter chill but will also serve as a symbol of recognition for their hard work and dedication to keeping the city and surrounding area clean. The local community has applauded the club's actions, with many expressing their hope that other organizations may follow suit in supporting those in need. The distribution of woolen clothing not only provided immediate relief but also strengthened the sense of community in Biratnagar.

A Milestone in Service and Commitment Supporting BE&L

RC Chitwan | February 4, 2025



The Rotary Club of Chitwan and Spouse Club of R.C. Chitwan jointly organized a Clothes Distribution Program on 4th February 2025 at the Clothes Bank operated by Bharatpur Hospital. The initiative aimed to support patients and their caregivers who often face difficulties due to a lack of proper clothing. Considering the shortage of clothes in the bank, the clubs took the initiative to provide free clothing to those in need. Bharatpur Hospital, being a government hospital, serves a high number of financially disadvantaged patients, including those from mountainous regions, Chepang, Tharu, and other marginalized communities, who often rely on the government's health insurance scheme for treatment but struggle due to a lack of sufficient cash to purchase essential items, including clothing.

During the event, Rotary Club of Chitwan President Rtn. Bhanu Sharma and Spouse Club of RC Chitwan President Parbati Bagale Subedi jointly handed over approximately 300 pieces of clothing worth NPR 150,000 to Bharatpur Hospital Medical Superintendent/ RC Chitwan President Nominee Rtn. Dr. Krishna Paudel, along with Hospital Development Committee Chairman and Past President Rtn. Raju Poudel. The distribution was specifically targeted at patients and caregivers to ensure they do not suffer due to a lack of proper clothing. This initiative played a vital role in providing warmth and comfort to patients and their attendants, ensuring that no one at the hospital faces difficulties due to a lack of clothing. The event highlighted Rotary's ongoing commitment to community welfare and reinforced the importance of social responsibility and humanitarian service.

Vocational Training to Empower Women

RC Butwal Downtown |

February 2, 2025

The Rotary Club of Butwal Downtown, with support from Shree Cheli Agriculture Cooperative Ltd. and RCC Devdaha Khaireni, successfully organized vocational training for 40 women from Devdaha. The training, held from August 20, 2024, to Feb 1, 2025, included six months of basic and advanced sewing and cutting courses, along with three months of beauty parlor training. This initiative aimed at empowering women by providing them with essential skills to improve their livelihoods and create sustainable opportunities. The closing ceremony was conducted on 3rd February, and a certificate for the trainee was provided by the club.





Rotary Club of Changu Completes Diverse Programs in a Single Day

RC Changu | February 8, 2025

The Rotary Club of Changu organized a series of programs on Saturday in the historic and religiously significant Changu Narayan Temple premises and the Shankha Dah area, located in Ward 4 of Changunarayan Municipality, Bhaktapur. The initiatives included:

1. Cleaning the temple premises.
2. Installing signboards with the message "Let's not litter around the temple area" to promote cleanliness.
3. Organizing a large-scale open blood donation event.
4. Establishing a Rotary Community Corps to engage the local community.

5. Handing over 10 iron dustbins labeled "For Waste Only" to promote proper waste disposal.

These activities aimed to preserve the cultural and religious heritage of the area while promoting community engagement and environmental awareness.

In the program, there was a notable presence of distinguished guests, including: District Governor Rajendra Man Sherchan, District Officials, Rotarians from other clubs, Club Officer, Rotary Community Corps (RCC) Member and local representatives. The event was graced by their active participation, making it a grand success.

DG Rajendraman Sherchan praised the Rotary

Club of Changu for organizing four different programs in a single day, highlighting their sensitivity towards the preservation of historical and archaeological heritage as well as humanitarian service.

DG mentioned that the club's sense of responsibility towards the community, demonstrated in such a short time since its establishment, indicates that the club will continue to embody the essence of Rotary and move forward in the coming days. Club President Uttammani Poudyal stated that the club is committed to working in collaboration with all stakeholders to realize the vision of a beautiful, clean, and prosperous Changunarayan. During the event, 42 individuals donated blood.

Inauguration and Handover of the Computer Lab Project

RC Butwal | February 20, 2025

The Computer Lab Project, undertaken by the Rotary Club of Butwal and Rotary District 3292 Nepal-Bhutan, was officially inaugurated and handed over to the management of Gyanodaya Secondary School. The project included the provision of

30 computer sets and one smart interactive board. This initiative has directly benefited approximately 235 students, enhancing their access to modern educational resources. The event was graced by the presence of District Governor Rajendra Man Sherchan,

Rotary members, school officials, and local community leaders, who emphasized the importance of technology in education. The project aims to bridge the digital divide and empower students with the skills needed for the 21st century.





Project Nyano Provided Warmth to the Musahar Community in Sarlahi

RC Thamel | December 21, 2024

The Rotaract Club of Thames International College, in collaboration with the Rotary Club of Thamel-Kathmandu and the Interact Club of Annapurna Higher Secondary School, successfully executed Project Nyano in the Musahar community of Ishworpur Municipality, Ward No. 2, Sarlahi. The project aimed to combat winter hardships by distributing 106 mattresses, blankets, and over 600 kg of clothes to 106 underprivileged households.

The initiative began with a garment collection drive from November 10 to 22, followed by sorting on November 23. A large-scale collection event was held on December 13, with final sorting completed by December 14. On December 18, blankets and mattresses were branded with the logos of participating organizations. The items were

then transported to Rastriya Basic School in Ishworpur Municipality on December 19, courtesy of Namaste Transport.

On December 20, eight volunteers, led by Sachet Gurung, club president Samir Karki, and project chair Kungha Gurung, traveled from Kathmandu to Lalbandi. They arrived on December 21 and personally distributed the relief materials to the beneficiaries. The project directly impacted 106 households, benefiting 235 men, 248 women, and 138 children. The community expressed deep gratitude, with municipal officials praising the initiative for its meaningful impact.

Fundraising efforts, including the Rota-Acoustic Evening and Deusi Bhailo Celebration, raised NPR 181,165. Key supporters included Thames International

College, Mahalaxmi Bikas Bank Ltd., District Governor Rtn. Rajendra Man Sherchan, and several Rotarians and Rotaractors. The project also received guidance from RC Thamel-Kathmandu and Thames International College.

The distribution day was marked by heartfelt moments as families and children expressed their appreciation. Reflecting on the experience, the team pledged to continue Project Nyano annually and expand their service initiatives, including awareness campaigns, forestry projects, and public school interventions. President Samir Karki emphasized, "Project Nyano is not just about providing warmth but also fostering hope and building connections with communities in need."

Talk Program on Importance of The Rotary Foundation

RC Patan West | February 20, 2025

The Rotary Club of Patan West held its regular weekly meeting number 1379 on February 20, 2025, at Maximums Banquet and Events in Kupondole Heights, Lalitpur. Rotarian Bishnu Hari Dahal, past president of the Rotary Club of Matribhumi Baluwatar and current district learning facilitator co-chair of Rotary International District 3292, delivered the keynote address at the gathering.

He explained how the Rotary Foundation was



established, how to give to the foundation, how the fund would be repaid, how the fund is divided into the DDF, and how the district and global grants are administered. How do you apply for global grants? How are funds distributed? What role do the host club

and international partner club play in these projects? In conclusion, the club president thanked all the guests and participants for dedicating their time.



Mental Health Awareness Program

RC Devdaha | February 2, 2025

The Rotary Club of Devdaha conducted a Mental Health Awareness Program for school teachers on February 2, 2025, at Kerwani Secondary School, aiming to equip teachers with knowledge and strategies to support students' emotional well-being.

30 teachers from various schools participated in the session, facilitated by Dr. Bikram Kafle and Yesoja Bagale, who provided expert guidance on mental health issues and coping mechanisms.

With a budget of NPR 50,000, the program covered management, materials, and snacks. It was attended by President Bishnu Prasad Pathak, Secretary Narayan Bhandari, and other Rotarians, whose support ensured its success.

The program primarily benefited school teachers, who play a key role in shaping students' mental and emotional well-being. By educating teachers on mental health, the initiative indirectly supports hundreds of students across schools.

The program significantly enhanced teachers' understanding of mental health and provided practical strategies to help students facing emotional or psychological challenges. Teachers appreciated the insights and committed to fostering a more supportive school environment.

This initiative by the Rotary Club of Devdaha marks a crucial step in promoting mental health awareness among educators, ensuring better student care and overall well-being in schools.

Joint Meeting between Yala, Hetauda and Makawanpur

RC Yala, Hetauda & Makawanpur | January 17, 2025

On January 17, 2025, a joint meeting between the Rotary Club of Yala, Rotary Club of Hetauda, and Rotary Club of Makawanpur was held at Hotel Smarak in Hetauda. During the meeting, it was decided to organize an integrated health camp collaboratively. The 1448th meeting was attended by a total of 18 Rotarians and Anns from the Rotary Club of Yala.



Artificial Hand to Chitwan Resident

RC Purbi Chitwan |

February 12, 2025

With the support of the Rotary Club of Purbi Chitwan, a person from Chitwan received an artificial hand, greatly benefiting their life.



Three-Month Motorcycle Maintenance Training for Flood-Affected Community



RC Chandragiri | February 8, 2025

The Rotary Club of Chandragiri, in collaboration with Nahuda Sewa and Ward 1, and with support from the Rotary Club of Dickinson, USA, successfully conducted a three-month Motorcycle Maintenance Training program in Parkhalchaur, Panauti Municipality, Ward 1. The training, which ran from October 2024, was attended by 20 participants (2 females and 18 males) from communities affected by the 2024 floods. A joint monitoring visit was carried out on February 8, 2025, by members of the Rotary Club of Chandragiri and Nahuda Sewa to assess the progress and impact of the training.



Celebrating a remarkable 120-year legacy of Rotary

RC E-Club, Kathmandu, Kathmandu Height, Mount Everest Lalitpur, & Kathmandu Circle | February 23, 2025

Celebrating a remarkable 120-year legacy of Rotary, an organization that has transformed lives and fostered a better world through service and fellowship.

In honor of this milestone, five Rotary Clubs came together to host a Joint Fellowship Dinner Meeting today. The event was organized by the Rotary E-Club of District 3292, Nepal, in partnership with RC Kathmandu, RC Kathmandu Height, RC Mount Everest Lalitpur, and RC Kathmandu Circle.





The Gift of Sight in Hetauda

Lisa Choegyal

The grey mist hangs heavy in the early morning, wrapping the trees, silencing the birds and reducing the sun to an orange disk. We all shiver in the damp air, but none more so than the rows of patients sitting on blue plastic chairs after a long overnight stay in the community hospital, wrapped in shawls and blankets following eye surgeries the day before.

Mostly old and patently poor, each has one eye neatly taped with gauze, except for one old man in a blue fleece cap and blank expression, who has both eyes covered. This morning the bandages are due to come off. All tremble in anticipation of the revelation of restored sight as much as the chill of the Tarai winter.

The Gift of Sight annual eye camp is one of [Rotary Club of Kathmandu Mid-Town's](#) oldest projects. The need for care of avoidable blindness continues to be severe in Nepal's rural areas, the most prevalent problem being milky cataracts obscuring sight mainly in older people.

Every year since the first camp in a school in Chitwan in 1997, the number of patients has been growing because of a publicity program that includes posters, leaflets, miking and local FM radio in Chitwan's villages, and from as far afield as Phaparbesi, Chitlang, Tistung, Palung, Chisapani and Birganj.

In two days, 124 cataracts have been removed and intraocular lens implanted by skilled eye surgeons. This was an initiative originally inspired by Sanduk Ruit of Tilganga, who had identified Makwanpur as being

particularly susceptible to eye disease due to mineral deficiencies, waterborne infections, and smoke induced by wood fires and genetic defects.

Many patients who had one eye done last year are here for their second cataract removal and intraocular lens surgery. Although still called an eye camp, the operations are done in the state-of-the-art Hetauda Community Eye Hospital opened in 2008.

The camp in January had ophthalmologist Sunil Thakali in charge. Free accommodation and meals were provided to patients, their relatives and attendants during the pre- and post-operative period. Each was given counselling, dark glasses and medication before discharge and sent home by bus to their villages.

Under bright lights Thakali operates, peering through a microscope, the eye of the otherwise swathed patient propped open with a metal frame whilst he coaxes out the hard cloudy film that has shrouded their sight. The nurse at his side confidently and calmly anticipates the surgeon's needs, handing him sharp instruments and syringes in a well-rehearsed ballet.

The extracted small dark disk is displayed to us on a green cloth whilst the new lens, calibrated for each individual, is inserted with precision tweezers into the eye.

The invaluable gift of sight is bestowed on another Nepali who could otherwise never afford it. Over the years the real groundwork and annual organization has been undertaken by [Rotary Club of Hetauda](#), led by Siddhi Lal Shrestha. His special skill is motivating local governments, religious organizations, scouts



and volunteers for the smooth running of the eye camp.

This year the preliminary screening was undertaken with 1,065 people identified as needing surgery who were brought to the Hetauda Community Eye Hospital, with free transportation, accommodation and food. Continuity to the Gift of Sight project has been possible with decades of financial support from [Rotary Clubs of Garden City Singapore, Yuanshan Taiwan, Tainan East Taiwan, Jingfu Taiwan, and Science Park Taiwan](#) and personally from [CC Chong from RC Garden City Singapore](#).

As the sun struggles through the fog, we are invited to peel off the bandages from the wrinkled upturned faces, helped by Rotary colleagues and guided by hospital staff. It is impossible not to be deeply moved by the emotion of the moment.

Thakali moves along the rows with his team, checking and reassuring whilst humbly acknowledging the out-stretched hands thanking and appreciating him. Already the new day's patients are queueing in the arrival area, awaiting the doctor's return to office for another full day of work.

A man in a blue fleece hat looks out at his newly revealed world with an expression hard to describe.

Get Ready for the Rotary 17th District Conference 2025



Rotary International District 3292

17th DISTRICT CONFERENCE

21-23 March 2025 | The Plaza, Lalitpur Nepal

<i>Registration Details</i>	<i>upto 31st Dec 2024</i>	<i>1st Jan - 28 Feb 2025</i>	<i>Spot Registration</i>
Rotarians/Guest	10,500	11,000	12,000
Rotarians with Non-Rotarians Spouse	20,000	21,000	23,000
Rotarians with Rotarians Spouse	19,000	20,000	22,000
Rotaract/Interact/RCC	6,000	6,500	7,000

Bank Information

Account Name : 17th District Conference Rotary Club of Thamel
Account No : 0120060719300115
Account Bank : NMB Bank Ltd



for online registration, please visit: <https://events.rotarydistrict3292.org.np/>

District Conference Committee



Rtn Madhu Sudan Acharya
District Conference Chair
9851024500
RC Thamel



Rtn Laxmi Thapa Giri
District Conference Co-Chair
9856044572
RC Pokhra Rishtail



Rtn Anish Bajracharya
District Conference Co-Chair
9851083768
RC Lalitpur



Rtn Arjun Shrestha
District Conference Co-Chair
9841236099
RC New Road City

Sno	Sub-committee		Name	Club	Cell
1	Conference Secretary		Ashok Man Kapali	Thamel	9851022922
2	Conference Treasurer		Kumud Tripathy	Thamel	9851023063
3	Registration	Chair	Kishor Tripathy	Rudramati Kathmandu	9851248173
4	Accommodation & Hospitality	Chair	Cheban Devkota	Patan South	9851055876
5	Entertainment & Activities	Chair	Amit Giri	Rajdhani	9851155941
6	Food & Beverage	Chair	Ummed Shrestha	EClub of District 3292	9851058915
		Member	Bishnu Kumar Agrawal	Kantipur Kathmandu	9851023710
7	Publication	Chair	Gautam Shrestha	Yala	9851068909
		Member	Raj Shrestha	EClub of District 3292	9851000209
8	Sergeant-at-Arms	Chair	Binita Pradhan Joshi	Mahabouddha	9851072532
9	House of Friendship / Showcase	Chair	Rama Kandel	Bagmati Kathmandu	9851081934
		Member	Kabita Manandhar	Gongabu	9849783090
		Member	Binita Hada Pradhananga	Bhaktapur	9841205861
10	Technology & IT Support	Chair	Chhongba Sherpa	Boudha	9841595911
		Member	Sujan Pradhan	Kakarvitta	9852662265
		Member	Arun Bansal	Baneshwor	9851021715

Sno	Sub-committee		Name	Club	Cell
11	Media Relation	Chair	Tilak Tiwari	Tinkune	9851117517
		Member	Suresh Acharya	Kopundol	9851109925
		Member	Himal Poudel	Rajdhani	9841862722
12	Spouse Engagement	Chair	Sarojani Sherchan	Thamel	9851041405
13	Venue Management	Chair	DGN Vishnu Bahadur Karkee	Baneshwor	9851035000
14	Token of Love	Chair	Ashok Man Kapali	Thamel	9851022922
			Mahesh Bir Bajracharya	Rotary District Office	9841373897
15	Program Development	Chair	PDG Jitendra B. Rajbhandary	Kopundol	9851023265
			PDG Sanjay Giri	Birganj	9851071861
			DG Rajendra Man Sherchan	Thamel	9851021761
16	Health & Member Safety	Chair	Mahesh Pradhan	Thamel	9851032382
		Member	Dr Budhi Man Shrestha	Kathmandu North	9851023469
17	Hospitality & Guest Service	Chair	Durga Subedi	Pashupati Kathmandu	9851011720
		Member	Uttam Mani Poudyal	Changu	9851040809
		Member	Anil Thapaliya	Narayani Midtown	9855055358
18	Conference Kit Bag & Gifts Distribution				
19	Vocational Award	Chair	PDG Dilendra Raj Shrestha	Yala	9851060654
20	Election/Balloting	Chair	PDG Yogendra Man Pradhan	Kathmandu Midtown	9851020775
21	RIPR AID		DGE Binod Koirala	Pokhra Fishtail	9856027774
Regional Promotion Coordinator					
1	Region 1	Chair	Manju Dhamala Thapa	Bagmati Kathmandu	9841222254
2	Region 2	Chair	Lata Baral	Tripureswor	9851098499
3	Region 3	Chair	Sonu Shakya Bajracharya	Patan Heritage	9851217336
4	Region 4	Chair	Santosh Pokhrel	Pokhara Midtown	9856021795
5	Region 5	Chair	Krishna Prasad Sharma	Tilotama Rupandehi	9857026525
6	Region 6	Chair	Janak Raj Poudel	Ratnanagar	9855055271
7	Region 7	Chair	Nikita Giri	Birtamode	9852673083

UNITE FOR GOOD

The RI President-Elect Speaks About The Power Of Rotary's Members

By Etelka Lehoczky

Rotary International President-elect Mário César Martins de Camargo asked members to Unite for Good by embracing growth, service, and connection as he outlined a plan to expand “the best-qualified team of volunteers on the planet.”

“Rotary’s greatest asset is not our history, our projects, or even our unmatched global reach. It is our members,” de Camargo said at the organization’s International Assembly in Orlando, Florida, USA, on 10 February. He noted praise from one of Rotary’s partners about “the extraordinary dedication” of Rotary members. “That recognition from an outsider deepened my understanding: Rotary’s greatest gift to the world is its people.”

De Camargo, a member of the Rotary Club of Santo André, São Paulo, Brazil, emphasized the importance of seeking out new perspectives and strengthening Rotary’s service to communities around the globe. He outlined three “essential pillars” for growth: innovation, continuity, and partnership.

Innovating while also building a consistent legacy

Noting how quickly the world changes, de Camargo urged members to innovate.

“Technology, social expectations, and economic conditions evolve constantly, and Rotary must evolve with them,” he said. “Innovation is how we adapt to this changing world.”

One important way to do this, de Camargo

said, is by embracing and promoting a variety of club models. Satellite clubs, cause-based clubs, enterprise clubs, and passport clubs offer people different ways to experience Rotary. Noting that his wife helped charter a satellite club with nearly 50 members, he said, “Future Rotary members are out there. We must meet them where they are.”

De Camargo also emphasized the importance of leadership continuity and said he observed its benefits during his extensive travels in the past 18 months. Districts thrive, he said, when governors build on their predecessors’ efforts, ensuring that programs and strategies continue without interruption.

He cited an effort to build wells in Nigeria, an initiative in Pakistan that helped people affected by devastating floods to find a better future, and a Rotary grant-funded program in India where children get lifesaving care.

“Continuity is not about uniformity; it’s about alignment,” de Camargo said. “When district leaders work together, envisioning Rotary beyond their ‘governor year,’ they set the stage for long-term success.”

The power of partnership

Rotary members working alone can achieve great things, de Camargo said, but collaborating with others makes it possible to change the world. He noted that Rotary’s historic effort against polio has been undertaken with partners such as the Gates Foundation, the World Health Organization, and UNICEF. Without these partners, de Camargo said, Rotary couldn’t have had the same impact. He suggested exploring other



kinds of partnerships to attract members and revitalize clubs.

Partnering with business associations, professional organizations, and academic institutions can help Rotary attract members while embracing diversity in professions and perspectives, he said. “By reaching out to professionals who share our values of service and engagement, we can expand Rotary’s capacity to do good in the world.”

Ultimately, de Camargo said, all of Rotary’s achievements and growth depend on members. By focusing on attracting and retaining them, Rotary can renew its strength as well as its ability to create change in communities for years to come.

“In a world often divided, Rotary stands as a beacon of unity and hope,” de Camargo said. “Our projects bring together people of all races, religions, genders, ideologies, and economic backgrounds, uniting us in a shared purpose: to do good in the world. ... Let’s build a Rotary that unites for good and ensures a brighter future for all.”

District Governor's Calendar

MARCH 2025



DATE	DAY	EVENT
5	Wednesday	DG Visit RC Kamaladi Kathmandu
5	Wednesday	DG Visit RC Kathmandu Downtown
6	Thursday	DG Visit RC Thamel
7	Friday	PresidentElects Learning Seminar
8	Saturday	PresidentElects Learning Seminar
21	Friday	District Conference 2024-25
22	Saturday	District Conference 2024-25
23	Sunday	District Conference 2024-25

ROTARY ON HAND

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FROM THE EDITOR'S DESK



Dear Fellow Rotarians,

With great pride and enthusiasm, we present the latest edition of our Governor's Monthly Letter. This issue is filled with updates from our vibrant Rotary clubs, highlights of district activities, and exciting details about the upcoming District Conference, which promises to be a landmark event in our Rotary calendar.

This year, we celebrate a monumental milestone—120 years of Rotary International. Since its founding in 1905, Rotary has grown into a global network of 1.2 million members dedicated to creating lasting change. From eradicating polio to promoting peace and supporting education, Rotary's impact over the past 120 years has been extraordinary. This issue also covers the 120-year celebration activities.

Our Rotary clubs continue to live up to the motto, "Service Above Self," through their unwavering commitment to community development. From health camps, heritage walks, food and clothes distribution, and literacy drives to environmental sustainability initiatives, our clubs are making a tangible difference in people's lives. From last eight months, 85% of our clubs reported their activities, reflecting the vitality of RID3292. The GML & Publication Team extends sincere gratitude to all Rotary Clubs for their support in producing this 40-page GML.

February has been bustling with district-level activities. Collaborative projects, panel discussions, and inter-club meetings have strengthened our bonds and enhanced our collective impact. These activities foster camaraderie and provide valuable opportunities for learning and growth. Let's

continue working together to amplify our efforts and achieve our shared goals.

Mark your calendars! The 17th District Conference will be held from March 21-23 at The Plaza, Lalitpur. This event will bring together Rotarians from across the district to celebrate our achievements, exchange ideas, and plan for the future. With inspiring speakers, engaging workshops, and networking opportunities, the conference promises to be both informative and enjoyable. So far, 600+ Rotarians have already registered, and we look forward to seeing you there as we unite in the spirit of Rotary.

As we move forward, let's continue to uphold Rotary's values and strive to make a positive impact in our communities. Together, we can achieve greatness and leave a lasting legacy of service.

Yours in Rotary,

Rtn. Gautam Shrestha

Chair 2024-25

District Publication & GML Sub-Committee

DISTRICT GOVERNOR 2024-25

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