

AUGUST 2025 | Membership and New Club Development Month

GML

GOVERNOR'S MONTHLY LETTER

Rotary
District 3292



**UNITE
FOR
GOOD**



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Francesco Arezzo
RI President 2025-26



Binod Koirala
District Governor 2025-26

GOVERNOR'S MONTHLY LETTER



Dear Fellow Rotarians, Rotaractors, and Interactors,

Warm greetings to you all.

In our Rotary calendar, August was a pivotal month for the development of new clubs and membership. Our organization is built on a solid membership base, and reaching a wider audience guaranteed that we would continue to provide effective community service. Our district establishes ambitious goals, including keeping 90% of our current membership, growing our membership by a net increase of 300 by that date, giving women and youth precedence, and starting five new clubs that are satellite, cause-based, or passport clubs. Young people and Rotaractors have been encouraged to join Rotary groups. We also reach out to former Rotary members to invite them to rejoin Rotary groups. I have no doubt that we would accomplish these goals if we worked together.

We extend a warm welcome to new members and give them chances to serve and lead. We keep in mind that each Rotarian contributed special abilities and viewpoints that enhanced our community. In order to promote an inclusive and helpful culture, I encourage each of you to actively participate in attracting and mentoring new members.

The Rotary India Leadership Conclave (Lead 25-AIM HIGH) took place in Chennai, India, from August 22 to 24, 2025. An estimated 13,000 people attended. We took part in the program as well.

We held a District Membership and Public Image Seminar on August 30, 2025. The event provided a forum for learning, networking, and the development of important connections. Rotary Public Image Chair Zone 6 PDG Bindu Singh was our guest of honor, and we were honored to have Rotary Membership Coordinator (2023-26) PDG CA Sharat Chandra as our chief guest. We received their insightful remarks.

Together, we continued to strengthen our district and contributed to a brighter future through Rotary! Unite for Good!!

Yours in Rotary,

Binod Koirala

District Governor, RY 2025-26



RI PRESIDENTIAL STATEMENT



Dear fellow Rotary leaders,

August is Membership Month, but our commitment to growth and connection is year-round. When we focus on growing Rotary, we grow our ability to serve, to lead, and to bring lasting change.

Membership growth isn't just about numbers. It's about opening doors. It's about inviting more people who are ready to give their time, talents, and hearts to a cause greater than themselves. When we welcome new members, we bring in fresh ideas and new energy. We expand our impact, strengthen our clubs, and ensure that Rotary continues to evolve with the world around us.

Remember, there is now great flexibility in fashioning nontraditional club models. I'm inspired when I see these innovative clubs thrive by offering new and prospective members more ways to connect and serve.

In Korea, the growth of satellite clubs has created opportunities for nearly 1,000 new members to find their place in Rotary. In Romania, the close collaboration between Rotarians, Rotaractors, and Interactors has built a pipeline of future leaders. In India, some Rotarians gather around a shared interest — whether it's professional development or a passion for service — and those connections deepen their commitment and their joy in being part of Rotary. And we've seen cause-based clubs thrive in regions as diverse as Southeast Asia, Africa, and Europe.

There's a common thread: Where clubs are growing, membership is a priority and there is a willingness to try something new. Rotary is not

limited to one structure or tradition. We are a global network of people of action, and that means there is room for many kinds of clubs, many ways to serve, and many paths into our organization.

This spirit of innovation is also guiding our efforts to reach new communities. In places where there has never been a Rotary club — or where a club once existed and faded — Rotarians are finding ways to grow Rotary. They are identifying areas of potential and building clubs that reflect the character and needs of their communities.

Every member plays a part in this journey. Whether you introduce a friend to your club, support a new meeting format, reconnect with program alumni, or simply share your Rotary story, you are helping our organization grow stronger and more vibrant.

No one owns a Rotary club. It is a gift we pass on to the next generation. When we nurture that gift, when we invite others to share in it, we ensure that Rotary continues to be a force for good.

Let's prioritize membership growth — not just in August but every month of the year. Together, through friendship, creativity, and shared purpose, we will grow Rotary and Unite for Good..

Warm regards,

**Yours in Rotary,
Francesco Arezzo**

Rotary International President, 2025-2026





Editorial

Dear Fellow Rotarians, Greetings!

At GML, our vision goes beyond publishing a monthly newsletter—we aspire to create a meaningful platform that inspires, informs, and connects every member of our Rotary family. Each edition is thoughtfully crafted to share stories that uplift the spirit, spark new ideas, and showcase the remarkable service and fellowship happening across our district.

We aim not only to highlight achievements but also to celebrate the values, creativity, and dedication that define Rotary. Through these pages, we hope to strengthen the bonds that unite us, encouraging every reader to feel more connected to our shared mission of service and impact. Every feature reflects our collective commitment to making a difference and embodies the essence of Rotary—fellowship, service, and the power of community working together for good.

August marks Membership Retention and New Club Development Month. This is a time when your contributions have not only impacted society but also inspired new members to join Rotary, significantly expanding and strengthening our

community. Congratulations to all, especially the new members who now share our commitment to Service Above Self.

In this issue, we have brought you highlights of key district events, including the Membership and Public Image Seminar, Empowering Her, the DEI Talk, Rota Gaijatra 2025, Lead 25 – Rotary India Leadership Conclave, the District Governor's official club visits, impactful service activities by clubs, success stories, articles, and more.

I'm also delighted to share that the July edition of GML received an overwhelmingly positive response. It was published at the end of July through the District 3292 website. This recognition is truly worth celebrating. Thank you for your continued support and encouragement. Together, with your unwavering commitment and support, we can make a big difference. Together, we can create a better future by embracing the spirit of "Unity."

Yours in Rotary,

Rtn. Er. Bidur Timalisina

Chair,

District Publication & GML Sub-Committee
2025-26

ROTARY ON HAND

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DISCLAIMER: Governor Monthly Letter (GML) is an official monthly newsletter of Rotary International District 3292, Nepal-Bhutan. This publication is published by the Editor under leadership and guidance of the District Governor to showcase his vision, mission, plans and activities. It provides opportunities for all fellow rotarians to learn about Rotary International (RI) goals and developments, regional and district activities as well as various news and activities from the clubs. Content published in GML are the sole responsibility of respective clubs, writers and content creators that publishing Team doesn't hold any accountability, if any error in fact, data and information are found. Please, write anything in concern of this publication to gml.district3292@gmail.com

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Rtn. Laxman Gnawali

Chair- District Membership Committee

What is Rotary?

Rotary is an organization of business and professional leader, united worldwide, providing humanitarian service, encourage high ethical standard in all vocation, help build goodwill and peace in the world.

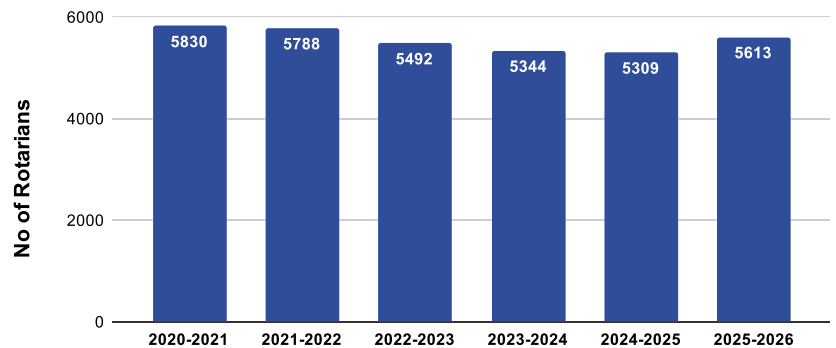
What is Rotary International?

Rotary International is the apex body of rotary and headed by Rotary International President.

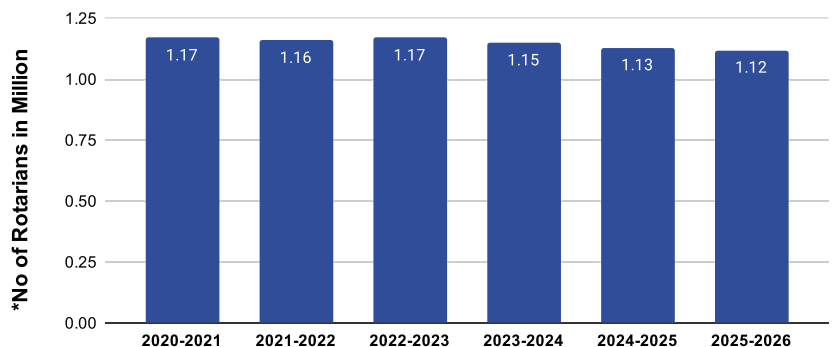
There are 19 board members in Rotary International including President, President elect and 17 directors from 34 zones. There are 10 districts in zone 6 and district 3292 is belongs to this zone.

Membership Status and Overview of Rotary International (RI) and District 3292

No of Rotarians vs. Rota Year



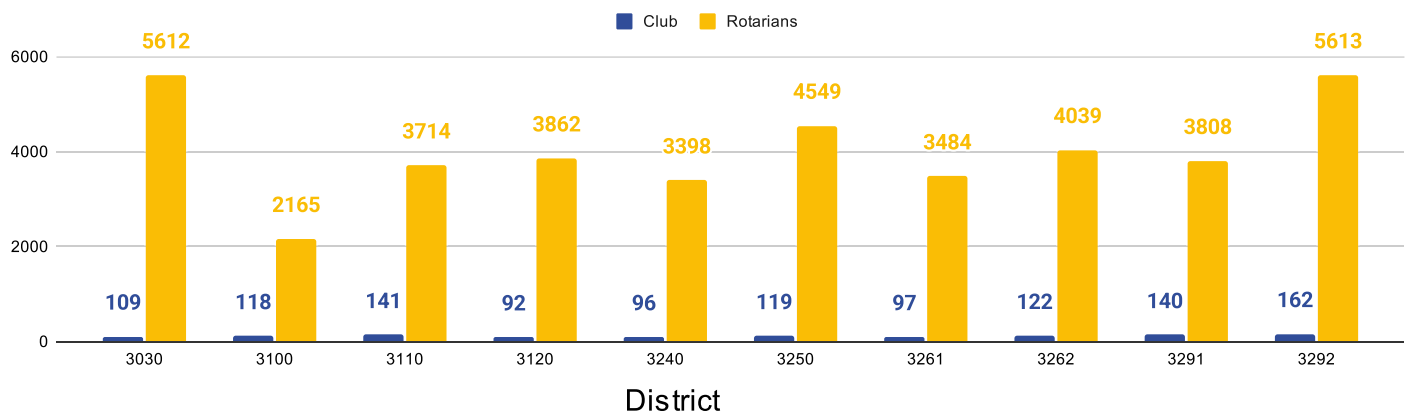
Membership Status of RI (World Wide)



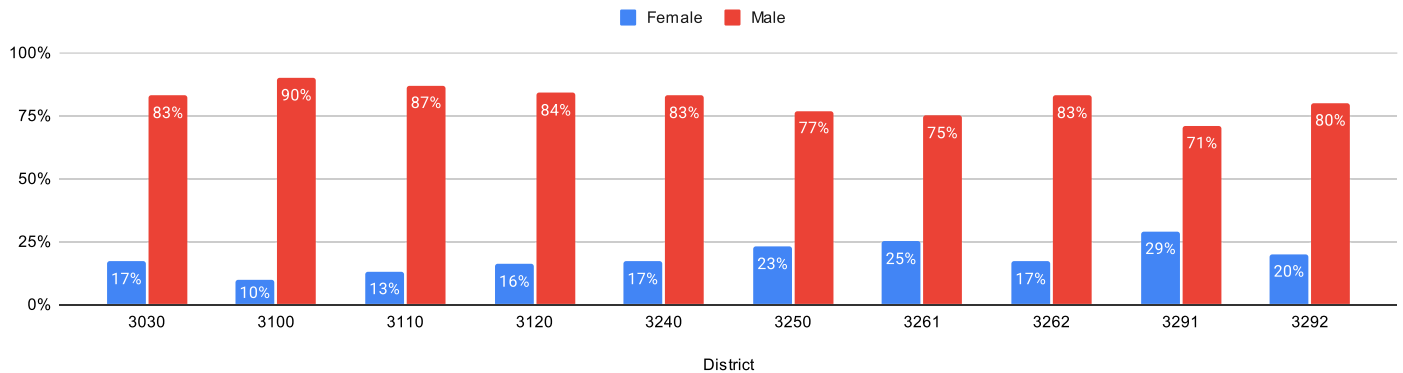
What is Rotary District and Zone in International Level?

Rotary International has 524 districts and 34 zones worldwide. These districts are geographical areas that group Rotary Clubs to facilitate local administration. District 3292 is belongs to zone 6 and there are 10 districts in zone 6. Each district is led by a Governor and a team of officers.

Number of Clubs & Membership Status of districts of Zone 6



Gender wise status of various districts of zone 6



What members get opportunities from Rotary?

The members of Rotary Clubs are known as Rotarians. As a large and diverse organization, Rotary provides individuals with the power to help those in need. There are countless opportunities to make a difference to those less fortunate than ourselves. Rotarians get significant benefits, including opportunities for professional and personal growth, opportunities to serve community for global impact. Members also gain access to networking opportunities, develop leadership skills, and contribute to meaningful service projects. The organization fosters friendships, promotes ethical conduct, and provides a platform for continuing education and cultural exchange.

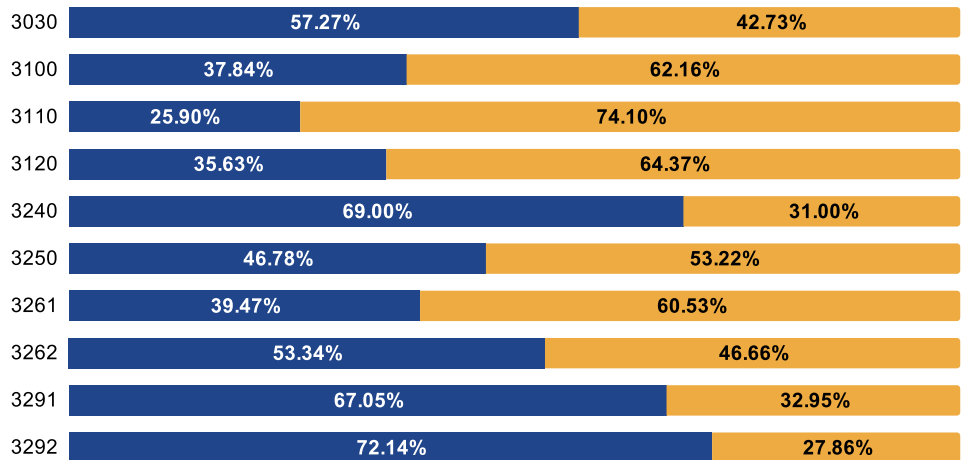
Why Membership is important in rotary?

We should not count members only as number. It is heart and life blood of the organization. We can not imagine life of the rotary without members. More members mean more heads and creative minds to make better decision and more funds and hands for service opportunities.

What is My Rotary?

My Rotary is the members-only section of the Rotary International website. It provides a platform for Rotary members to manage their involvement, access resources, and connect with other members. It's essentially a personalized hub for all things Rotary, tailored to individual members and their roles within the organization. Rotary International encourages all members to register in My Rotary account.

My Rotary registration status of various districts of zone 6



Geographical Administrative Structure of District 3292

District 3292 is divided in to seven regions for better administration of rotary clubs. Each region is also divided in to various zones. District Governor can locate the zone as required for effective club administration. In Rotary, Assistant Governors (AGs) are appointed by the District Governor to support and oversee a group of assigned Rotary clubs. They act as a liaison between the clubs and the District Governor, helping to ensure smooth operations and efficient communication within the district. District membership goals for RY 2025-26 is to increase net a 300 members and charter 5 new clubs. Two new rotary clubs have been already chartered and net 251 members have been increased as of 25th August 2025. The major status and overview of membership of District 3292 is given below.

Region wise clubs and membership status

S.N.	Region	No of Clubs	No of Rotarians	Member as of 31 July		Net Gain	Total
			01-Jul-25	Inducted	Terminated		
1	1	25	811	53	2	51	862
2	2	32	969	100	0	100	1069
3	3	18	491	39	0	39	530
4	4	19	553	19	3	16	569
5	5	32	1104	39	8	31	1135
6	6	16	692	30	1	29	721
7	7	20	689	38	0	38	727
Total		162	5309	318	14	304	5613

Clubs categories based on members

District 3292 Region	Clubs Based on Members				Total No of Clubs
	11 - 25	26 - 50	51 - 75	76 - 100	
1	10	12	3	0	25
2	8	23	1	0	32
3	9	9	0	0	18
4	8	9	2	0	19
5	13	13	5	1	32
6	2	9	3	2	16
7	6	10	4	0	20
Total	56	85	18	3	162

Top 10 Highest Member Clubs as of 26 August 2025

S.N.	Club	Rotarians
1	Chitwan	89
2	Butwal	84
3	Ratnanagar	81
4	Central Butwal	75
5	Biratnagar	71
6	Butwal Downtown	69
7	Rupendehi	68
8	Tripureswor	67
9	Itahari	61
10	Narayani Midtown	61

5 years history of New Clubs Chartered and Terminated

S.N.	Rota Year	Clubs	Chartered	Termination	Total
		Jul7 01	July-June	July-June	June-End
1	2020-2021	126	23	0	149
2	2021-2022	149	10	6	153
3	2022-2023	153	7	9	151
4	2023-2024	151	7	0	158
5	2024-2025	158	4	2	160
6	2025-2026*	160	2	0	162

RY 2025-26, July to August 26

Membership Status and Overview of Rotaract Clubs

S.N.	Rota Year	Club	Rotractor
1	2020-2021	160	7545
2	2021-2022	176	5180
3	2022-2023	181	4442
4	2023-2024	135	3995
5	2024-2025	179	4652
6	2025-2026*	179	4882

* As of August 2025, Net increase - 240

5 Years new and Existing member retention rate of 3292

S.N.	Rota Year	Member Retention	
		New	Existing
1	2021-2022	95.23%	99.42%
2	2022-2023	86.61%	99.50%
3	2023-2024	90.42%	99.80%
4	2024-2025	88.49%	99.40%
5	2025-2026*	100.00%	99.59%

* As of RY 2025-26, July to August 26



Rtn. Dr. I.P. Dhakal
District Governor Nominee
2025-26

Opening Satellite Club is an Innovation in Rotary

What is a Satellite club ?

A Satellite club is an extension of an existing Rotary club (the "sponsor club") but operates with its own meeting schedule, format, and leadership. It is not a separate Rotary club but functions under the sponsor club's governance.

Rotary Satellite clubs are a flexible and innovative way to extend Rotary's reach by allowing members to meet at different times, locations, and formats while remaining connected to a sponsor Rotary club.

Structure & Governance

Sponsored by a Rotary club:

The sponsor club provides guidance and support.

Autonomous Operations: Satellite clubs set their own meeting times, frequency, and activities but remain under the sponsor club's oversight.

Membership: Satellite club members are considered full Rotary members (with voting rights in the sponsor club). Members are 8 to 12 in the club.

Membership & Fees

Dual membership: Members can belong to both the sponsor club and the satellite club.

Rotary dues: Satellite members pay Rotary International (RI) and district dues through the sponsor club.

Lower costs: Some satellite clubs have reduced fees due to simpler meeting formats.

Benefits

Flexibility: Meetings can be shorter, virtual, or activity-based.

Easier recruitment: Appeals to younger professionals and those with time constraints.

Pathway to Independence: Successful satellite clubs can eventually become full Rotary clubs.

How it differs from existing traditional clubs ?

A satellite club is sponsored by existing traditional club but operate with it's own meetings, projects, bylaws and board. Service projects are conducted with the backing of Parent club. Satellite club can reduce the cost of meeting by organizing informal meetings. In this club members records volunteer hours instead of attendance. Home club treasurer manages invoice and reporting.

Table : Differences between Satellite Clubs & Traditional Clubs

Features	Satellite clubs	Traditional clubs
Independence	Operates under a sponsor club	Fully independent
Meeting Format	Flexible (virtual, casual, project-based)	Typically formal, weekly meetings
Chartering	No separate charter; part of sponsor club	Requires official RI charter
Membership Fees	Paid through sponsor club	Paid directly by the club

How to Start a Satellite Club ?

Sponsor club approval:

The sponsor club's board and members must agree.

Recruit members:

Find at least 8-12 interested people.

Submit application:

The sponsor club submits a Satellite club organization list to Rotary International.

Launch:

Begin meetings under the sponsor club's guidance.

Transitioning to a Full Rotary Club

If a Satellite club grows (typically to 15+ members), it can apply to become an independent Rotary club.

Conclusions

Rotary Satellite clubs offer a modern, adaptable approach to Rotary membership, helping the organization grow while maintaining its core values. They are ideal for engaging new demographics and expanding Rotary's impact in innovative ways.

District Membership and Public Image Seminar

Hotel Royal Tulip, Lalitpur
August 30, 2025

The Rotary District Membership and Public Image Seminar stands as a cornerstone event in the Rotary calendar, designed with the vital mission of empowering Rotary club members with the knowledge, strategies, and tools necessary to strengthen their clubs and magnify the presence of Rotary in society. This annual gathering is more than just a seminar—it is an opportunity for Rotarians to reflect, learn, and unite around the common goal of service, growth, and sustainability. By addressing the critical areas of membership development and public image enhancement, the seminar creates a platform where innovative ideas meet proven practices, ensuring that Rotary continues to thrive and remain relevant in a rapidly changing world.





The discussions and training sessions traditionally revolve around some of the most pressing aspects of Rotary's journey—recruitment of new members, retention of existing members, and engaging all Rotarians meaningfully in service and fellowship. Equally important is the focus on communication and public image, where participants learn effective ways to convey Rotary's story, values, and impact. By mastering these skills, Rotarians not only foster stronger and more vibrant clubs but also inspire communities to recognize, appreciate, and support Rotary's mission of "Service Above Self."

The 2025 seminar carried exceptional significance. It was graced by the esteemed presence of Chief Guest Rotary Membership Coordinator (2023-26) PDG CA Sharat Chandra and Guest of Honor Rotary Public Image Chair Zone 6 PDG Bindu Singh, who both brought with them a



expertise and commitment to Rotary's mission added immense value to the proceedings for more than 200 participants. The event, seamlessly hosted by District Secretaries Subash Sigdel and Anish Kumar Bajracharya, was not only a learning platform but also a celebration of leadership, partnership, and the boundless potential of collective action.

The seminar, held on August 30, 2025, during Rotary Membership and New Club Development Month, was a milestone event that perfectly encapsulated the presidential message "Unite For Good." It reinforced the idea that when diverse individuals—leaders, Rotarians, and youth icons—come together under a shared mission, extraordinary outcomes are possible. Through knowledge-sharing, inspiration, and strategic partnerships, the Rotary District Membership and Public Image Seminar not only strengthened District 3292 but also reaffirmed Rotary's unwavering commitment to service, fellowship, and positive global impact.



wealth of experience, global insights, and motivational guidance. Their participation underscored the importance that Rotary International places on strengthening membership and public image at the district level.

The event was further honored by the attendance of distinguished Rotary leaders and dignitaries, including District Governor Binod Koirala, along with council of Governors whose wisdom and long-standing dedication to Rotary serve as guiding lights for the district. The seminar also benefited from the presence of ARMC District Learning Facilitator PDG Jitendra Bahadur Rajbhandary, PDG Dilendra Raj Shrestha, ARIPC PDG Ajay Agrawal, RMC 2026-29 PDG Sanjay Giri, District Membership Committee Chair Laxman Gnawali, DPIC Amit Giri, Dr. Dhruaba Acharya, and Laxmi Thapa Giri, who were present there as resource persons. Their combined



In essence, this seminar was not just an event; it was a celebration of Rotary's spirit, a renewal of its purpose, and a bold step forward in ensuring that Rotary continues to shine as a beacon of hope, service, and a better world.





Rotary International District 3292 District Awards & Recognition 2024-25 On Membership & The Rotary Foundation

30 August 2025, Lalitpur



Best Club 2024-25: Rotary Club of Butwal Downtown

Highest Membership Growth

Winner : Rotary Club of Butwal Chautari

1st Runner UP : Rotary Club of Butwal Downtown

2nd Runner UP : Rotary Club of Makawanpur

Highest Contribution to TRF

Winner : Rotary Club of Pashupati Kathmandu

1st Runner UP : Rotary Club of Rajdhani

2nd Runner UP : Rotary Club of Thamel Kathmandu

Highest Contribution to Polio

Winner : Rotary Club of Pashupati Kathmandu

1st Runner UP : Rotary Club of Dillibazar Kathmandu

2nd Runner UP : Rotary Club of Patan

Highest Contribution to Annual Fund

Winner : Rotary Club of Birganj Metropolis

1st Runner UP : Rotary Club of Kasthamandap

2nd Runner UP : Rotary Club of Biratnagar Downtown



100% Membership Retention Clubs

1. Bardibas
2. Biratnagar Fusion
3. Butwal-Downtown
4. Chitwan
5. Ilam
6. Janakpurdham
7. Jawalakhel-Manjushree
8. Lalitpur Mid Town
9. Mahabouddha
10. Maharajgunj
11. Makawanpur
12. Nyatapola
13. Patan East
14. Pokhara Mid Town
15. Pokhara Paradise
16. Ratnanagar
17. Sainbu Bhainsepati
18. Thamel-Kathmandu
19. Tilottama-Rupandehi



Highest Per Capita (TRF)

Winner : Rotary Club of Pashupati Kathmandu

1st Runner UP : Rotary Club of Rajdhani

2nd Runner UP : Rotary Club of Thamel Kathmandu



Empower HER:

An Initiative Within and Beyond Rotary

The Diversity, Equity, and Inclusion (DEI) Committee of Rotary International District 3292: Nepal and Bhutan organized **EMPOWHER** on Friday, August 15, 2025, at Hotel Royal Singi, Kathmandu. The event brought together Rotary leaders, allies, and changemakers for an inspiring conversation on advancing equity in service and governance. Through inspiring keynotes, interactive panels, and open-floor discussions, we explore how to dismantle systemic barriers, foster inclusive decision-making, and amplify diverse voices at every level within and beyond Rotary.

Though our DEI Committee addresses all aspects of life, we began with this event, EMPOWHER, focusing on empowering women, strengthening leadership, building mentorship, and creating pathways for growth within Rotary and beyond.



The program began with a warm welcome by DEI Chair Rtn. Kalpana Devi Piya Shrestha, followed by District Governor Binod Koirala's remarks, then engaging sessions that featured Rtn. Dr. Nirmal Rijal as moderator, with panelists PDG Rtn. Sanjay Giri, Hon. Madam Lily Thapa, and Ms. Jalasa Sapkota. The keynote was delivered by Rtn. Dr. Suniti Acharya, the first woman Rotarian of RID 3292, and closing remarks were offered by PDG AKS Rtn. Jaya Rajya Laxmi Shah. A vote of thanks was given by DEI Co-Chair Rtn. Mahabir Gurung.

With the participation of around 130 attendees, the program highlighted powerful stories, inclusive dialogue, and a shared commitment to amplify diverse voices in Rotary and beyond. An interactive session of about half an hour further enriched the discussions, making the program lively and engaging.

The event concluded with the resounding message: When women thrive, our communities flourish.

EMPOWER:

An initiative within and beyond Rotary. Join us to connect, learn, and co-create equitable leadership pathways, because when women thrive, our communities flourish. Be part of the movement that empowers women in Rotary and beyond to lead with fairness, purpose, and impact





Rota Gai Jatra 2025 Celebration

Rotary District 3292 and Rotaract District 3292, in collaboration with the main hosts, the Rotary Club of Bhaktapur & Rotaract Club of Bhaktapur, successfully organized the vibrant and traditional festival Rota Gai Jatra 2025 at the historic Taumadi Square, Bhaktapur, on August 16, 2025.

The chief guest, District Governor Binod Koirala, honored the event, and numerous Rotary, Rotaract, and Inner Wheel organizations enthusiastically participated. Through the famous Gaijatra procession, traditional Ghintang Ghisi dances, and social awareness messages, the celebration, which drew over 300 participants, highlighted Bhaktapur's distinctive Newari cultural

history. Rotarians from other clubs conveyed their joy and gratitude to the planning team, stating that the event was exciting, memorable, and had a significant impact. They said that by combining culture, camaraderie, and service into a lavish district-level celebration, the event brilliantly enhanced Rotary's image in the community.

The expenses for the program were managed by RI District 3292, the host club, and co-host clubs RC Budhaniikantha, RC Himalayan Golfers, RC Matribhumi Baluwatar, RC Rajdhani, RC Thimphu, RC Thamel Kathmandu, RC Tripureshwor, the Rotaract Club of Mahaboudha, the Rotaract Club

of Kathmandu Medical College, the Inner Wheel Club of Bhaktapur, and registration from individual participants.

District-level cultural event blending Gaijatra tradition with Rotary fellowship and awareness. Rotarians, Rotaracts, Inner Wheel members, Nasa Hema Baja Khala, senior citizens, and the local community of Bhaktapur graced the event. The program not only highlighted the essence of cultural preservation but also promoted cultural preservation, Rotary fellowship, and community awareness; strengthened unity across clubs; and enhanced Rotary's public image through inclusive participation.



LEAD 25 – AIM HIGH: Rotary India Leadership Conclave 2025



August 22-24, 2025

LEAD 25 is a first-of-its-kind Pan-India leadership conclave, bringing together over 13,000 Rotarians, Rotaractors, and guests from Rotary Zones 4, 5, 6, and 7, spanning India, Sri Lanka, Nepal, Bhutan, and the Maldives. The theme “AIM HIGH” underscores the event's ambition: to encourage leadership excellence, fellowship, and a renewed sense of purpose across the Rotary community. Pre-Lead 25 (an exclusive evening event for College of Governors and AKS members) took place on 22 August 2025, at Hotel Feathers, Manappakkam, Chennai. TRF (The Rotary Foundation) meeting & celebrations were done on that program.

The Rotary India Leadership Conclave was held on 23-24 August 2025, at the Chennai Trade Centre, Nandambakkam, Chennai. The conclave was graced by distinguished guests: Rtn. Francesco Arezzo, Rotary International President 2025-26, Thiru Udhayanidhi Stalin, Deputy Chief Minister of Tamil Nadu, Thiru Anbil Mahesh Poyyamozhi, Minister for School Education, Tamil Nadu, Convener: Rtn AKS Er Muruganandam M (MMM), Rotary International Director, 2025-27; Co-Convener: Rtn AKS Flt Lt K P Nagesh, Rotary



International Director, 2025-27, A robust team of PDGs, Rtns, and host District Governors collaborated across committees handling programming, hospitality, logistics, media, and more.

The program was scheduled by different plenary sessions, and there was also provision for the House of Friendship (HOF).— Networking & Exhibits:

Day 1: Inaugurated in the morning; open all day for stall exhibitions, entertainment, and End Polio Games; evening fellowship included.

Day 2: Continued through early afternoon with winding down of stalls before valedictory assembly. In the fellowship there were different musical sessions. The event featured inspiring addresses from renowned personalities such as Gaur Gopal Das, Dr. V. Narayan, Professor Kamakoti Veezhinathan, Shri Aasaanji, and the legendary South Indian superstar Kamal Hassan. The presence of RI President Francesco Arezzo made the conclave even more special. Despite the challenges of managing such a massive audience, the seminar was both graceful and insightful.



It Matters for Unprecedented Scale: A first-of-its-kind conclave of this magnitude within Rotary, uniting a vast, diverse Rotary audience. **Leadership & fellowship:** Structured to inspire leadership excellence, enable meaningful connections, and demonstrate Rotary's commitment to service and legacy. **Strategic relevance:** With high-impact keynote guests, interactive breakout sessions, and dynamic networking zones (like the House of Friendship), LEAD 25 shaped a powerful collective experience for present and future leaders.

From Nepal, District Governor Binod Koirala, along with the council of governors, district officials, club presidents, Rotarians, and Rotaractors, was present there. District Governor Koirala met with RI President (2025-26) Francesco Arezzo for the very first time there. Besides that, Rotarians got the chance to introduce themselves to other Rotarians from different countries and made connection with them.

My Participation at LEAD25- AIM HIGH

Rtn. Saroj Bajracharya
President 2025/26
RC Bagmati Kathmandu

I had the privilege of participating in the LEAD25-AIM HIGH, held at the Chennai Convention Center, Chennai. With nearly 13,000 Rotarians and Rotaractors in attendance, it was a truly memorable gathering that provided me with an opportunity to introduce myself to Rotarians from across India and experience Rotary on such a vast scale. Despite the challenges of managing such a massive audience, the seminar was both graceful and insightful. During my short stay in Chennai, I was warmly invited to attend several Rotary Club meetings. Due to time constraints, I could not accept all invitations, but I was honored to attend the regular weekly meeting of the Rotary Club of Madras on August 26 at Hotel Hyatt, where I enjoyed meaningful fellowship with members.



Beyond Rotary, this visit to Chennai after nearly three decades was deeply nostalgic. I had studied in Madras (1989-1993), completing my Electronics & Communication Engineering and gaining additional training in computer software and hardware. Walking through the city again, revisiting places I once knew, brought back countless memories of my student life and the lessons I learned about adapting to life in a metropolitan city.

In short, this visit was a beautiful blend of Rotary fellowship and personal reflection—a trip I will always treasure.





My Experience About LEAD 2025

Rtn. Shakila Pathak
President 2025/26
RC Changu

At first, I was truly surprised and delighted to see our RI President, Francesco Arezzo, at the event. Many Rotarians were actively involved, and the spirit of fellowship was evident everywhere. However, one of the biggest challenges we faced was obtaining our ID cards, which caused a lot of disappointment among the participants. In spite of this, the atmosphere changed completely when Gaur Gopal Das began his speech. His words were inspiring and left me speechless. He spoke beautifully about fellowship, diversity, and equality in his unique and meaningful way. Listening to him made me feel so proud to be a Rotarian. In my opinion, this Lead 2025 event, held as preparation for the International Conference, was an incredible experience of fellowship, learning, and exchange. I am deeply thankful to the organizing team and all my fellow Rotarians and colleagues for making this conclave memorable.



Club Installations



23rd Installation Ceremony of RC Gorkha



4th Installation Ceremony of RC Himalayan Golfers



8th Installation Ceremony of RC Palpa Lumbini



10th Installation Ceremony of RC Gongabu



25th Installation Ceremony RC Dillibazar



Joint Installation Ceremony of Biratnagar Central & Biratnagar Mid Town



6th Installation & Charterday Ceremony of RC Kirtipur



23rd Installation Ceremony RC Birgunj Metropolis



10th Installation Ceremony of Bajra Manasalu Gorkha



30th Installation Ceremony of Lumbini Siddharthanagar



12th Installation Ceremony of RC Bhadgaon



5th Installation & Thanks Giving Ceremony of RC Patan East



23rd Installation Ceremony of RC Tripureshwar



4th Installation & Chartered Day Celebration of RC Patan Heritage



22nd Installation RC Narayani Mid Town



Joint 29th Installation Ceremony of RC Itahari and 4th Installation Ceremony of RC Itahari Yugal



6th installation ceremony and Charter Day celebration of RC Kathmandu Height



4th Installation Ceremony RC Lumbini

District Governor's Official Club Visit

The District Governor's Official Club visit is an annual program of the Rotary International that fosters engagement and collaboration. During these visits, the Governor meets with club members to review their activities, address challenges, and outline future goals. This interaction provides valuable guidance, reinforces Rotary's broader vision, and strengthens connections within the Rotary network. It also plays a pivotal role in aligning the club's initiatives with district objectives, promoting greater collaboration among clubs.

District Governor Binod Koirala for RI District 3292 Nepal & Bhutan has already started the District Governor's official club visit in the month of July. He had completed 24 clubs at the end of August 2025 across district 3292.



DG Visit : RC Central Kapilvastu



DG Visit : RC Bhadrapur



DG visit : RC Mahaboudha



DG Visit : RC Gorkha



DG Visit : RC Birtamode



DG Visit : RC Butwal



DG Visit : RC Kakarvitta



DG Visit : RC Mechinagar



DG Visit : RC Urlabari



DG Visit : RC Kathmandu Circle



DG Visit : RC Surunga



DG Visit : RC Devdaha



DG Visit : RC Patan



DG Visit : RC Nyatapola



Interaction with Chief of Divisional Forest Office

RC Hetauda
July 15, 2025

An interactive program was held with Rakesh P. Chandrabanshi, Chief of the Divisional Forest Office, at the Rotary Club of Hetauda's secretariat building on the topics of tree planting, environment, and conservation.

The club's officers, charter members, past presidents, and members all attended the program. The forest officer who took part in the conversation shared valuable information regarding selecting acceptable species for tree planting, the optimal planting period, soil conditions, irrigation management, and conservation strategies. The interaction was based on the concept that one individual should commit to planting one tree and avoiding wildlife habitat destruction and protecting the natural environment.



Dental and Health Check-up Camp

RC Madhyapur
July 8, 2025

The Rotary Club of Madhyapur successfully hosted a Dental and Health Check-up Camp at Creative English School in Patibihar, Thimi, as part of the club's ongoing School Health Program on July 8, 2025. That was the second event in the series, and the effort will continue every Tuesday at various schools. The camp was being held in conjunction with KMC Hospital and Chimalaya Nepal.



Handover Water Filter to Mental Hospital

RC Pashupati Kathmandu
July 21, 2025

The Rotary Club of Pashupati successfully completed its first water and sanitation project by delivering a 250-liter/hour capacity water filter with four output taps for clean drinking water to the mental hospital in Lalitpur. This project was initiated by the Club President, Rtn. Ganesh Subedi, with the enthusiastic support of all club members, and was officially launched by our Chief Guest, District Governor Rtn. Binod Koirala, in the presence of Assistant Governor Rtn. Binita Hada and Hospital Director Dr. Suraj Tiwari. Rotarians from the club and other clubs were there.

The total budget for the project was 300,000 rupees. After the filter plant is installed, hospital visitors, patients, and others will have free access to drinking water. It is a highly impactful sustainable initiative that enhances Rotary's public image while also providing clean and safe drinking water.



New Member Induction

Rotary E-Club of Medico Fusion
Hybrid Nepal
July 19, 2025

The Rotary E-Club of Medico Fusion Hybrid Nepal welcomed new members into the Rotary family on July 19, 2025, through a formal induction ceremony. The program highlighted the objectives and key activities of the event, ensuring a smooth transition for new members into Rotary's values and activities. A total of 12 new members were inducted in the ceremony. The induction ceremony successfully integrated new members, reinforcing the club's commitment to service, fellowship, and leadership development.



Plantation at Terai's First Community Forest

RC Surunga
July 26, 2025

The Surunga Rotary and Rotaract Clubs successfully organized a tree planting campaign in the Kankai Community Forest Area, the Terai's first community forest. Conducted under Rotary International District 3292 Champions' annual plantation program, the initiative focused on environmental protection and biodiversity. Club President Dilliram Mainali reported that more than 300 saplings, including purple and yellow jacaranda and scarlet gulmohar, were planted.

The event was supported by the Kankai Community Forest, Interact Club of Surunga, and Shivshani Charitable Organization Kankai-4, whose involvement ensured its success. Past President and Region 7 Learning Committee Co-chair Kumaramani Pokharel also contributed, noting that community participation and leadership from club executives gave the campaign a lively, festive spirit.

This ongoing plantation effort is expected to aid long-term conservation of the community forest while fostering leadership and service opportunities for young people.



Blood Donation Camp

RC Biratnagar Midtown
August 8, 2025

The Rotary Club of Biratnagar Midtown arranged a blood drive at Kwaliti Thai Foods Pvt. Ltd., Katakari-6, Morang, with support from the Nepal Red Cross Society, Biratnagar Unit. Fifty pints of blood were collected in the camp. The initiative was supported by Biratnagar's Maheshwari Samaj and other organizations. While at the camp, club members provided services to the society's members. The program's primary objective was to raise awareness about blood donation and lifesaving.



One-Day Multispecialty Free Health Camp

August 14, 2025

A one-day multispecialty health camp was successfully organized at Kaligandaki Rural Municipality-5, Nayamil, Syangja, to provide free medical services to the local community. The camp focused on orthopedic, internal medicine, gynecology, and dermatology services, aiming to improve access to specialized healthcare, raise health awareness, and identify patients requiring further medical attention.

The program was co-organized by BM Foundation, locally coordinated by Nawadip Youth Club, and co-organized by RC Nyatapola, RC Thamel Kathmandu, RC Greenland Kathmandu, RC Kathmandu Downtown, and RC Kathmandu North. Technical support was extended by Gandaki Medical College, Pokhara.

The camp successfully delivered specialized consultations and treatment to numerous community members, diagnosing various health conditions. Follow-up programs and similar outreach initiatives are recommended to ensure continuity of care and sustained health improvement in the region.



Reproductive Health Awareness

RC Tinau Butwal

July 27, 2025

The Rotary Club of Tinau Butwal proudly organized the Reproductive Health Awareness program, a local initiative to raise awareness about the importance of reproductive health and hygiene as well. The event was honored by the presence of Assistant Governor Rtn. Dinesh Mani Subedi and Ram Bdr. Karki, Management Committee President of Gyan Udaya Secondary School, alongside Rotarians. Led by program coordinator Rtn. Krishna Maya Karki, the club mobilized members, including President Rtn. Uma Acharya and Secretary Rtn. Sabita Niraula and other members of the club, to participate in the campaign.

The main motto of this awareness campaign was to manage reproductive health issues effectively

and also to prevent any kind of reproductive issues from occurring to the children. This initiative reflects Rotary's commitment to protecting human rights and breaking cultural taboos. The event concluded with a pledge to underscore the importance of preventive health care, safe sexual practices, and timely medical consultation to reduce maternal mortality, sexually transmitted infections (STIs), and unplanned pregnancies. The Rotary Club of Tinau Butwal extends gratitude to all volunteers for this impactful campaign.



Wheelchair Distribution Program

RC Kakarvitta

August 15, 2025

The Rotary Club of Kakarvitta organized a wheelchair distribution program. Successfully giving direct assistance to those with mobility disabilities. The program's unique feature was its targeted, direct-to-beneficiary method, which



Service Activity on Father's Day

RC Kamaladi / RAC Kamaladi

August 23, 2025

On Father's Day, the Rotary Club of Kamaladi and the Rotaract Club of Kamaladi collaborated to arrange a service activity at Sevak Nepal Children's Home, Mandandeupur, Kavre. The program featured a one-day special meal for 37 youngsters, during which Rotarians and Rotaractors shared food and fellowship with the young inhabitants. Essential items such as rice, lentils, beaten rice, snacks, stationery, and sports materials were distributed in addition to the meal.

The event was led by Rtn. Yubak Kumar Gautam, President of the Rotary Club of Kamaladi, and Rtr. Prashanti Sitoula, Secretary of the Rotaract Club of Kamaladi, with enthusiastic involvement by members of both clubs. Mr. Yagya Prasad Chaulagain, president of Sevak Nepal Children's Home, attended the handover event, as did other officials. The project expense of the effort was covered by generous contributions from members, demonstrating the real spirit of "Service Above Self." The program benefited youngsters who were deprived of parental care, providing them with joy, encouragement, and a sense of belonging. The impact was plainly obvious in the children's smiles, emphasizing that happiness does not involve traveling far—it begins with compassion and service.

ensured that aid reached those in most need in the Mechinagar community. The Rotary Club of Kakarvitta and Karuna Foundation Nepal worked together to make the event efficient and relevant to the local community. Latter-day Saint Charities helped provide the wheelchairs. Donor and partner donations covered the whole budget, ensuring that beneficiaries faced no financial strain. The four beneficiaries were carefully chosen following a joint review by the partners and local authorities. They are permanent Mechinagar Municipality inhabitants who have significant, long-term mobility issues.



Classification Talk

RC Greenland Kathmandu

August 15, 2025

Successfully organized a classification talk session featuring guest speaker CA Nirmal Aryal, who delivered an insightful presentation on the topic of financial literacy. The session emphasized the growing importance of financial awareness in today's fast-changing world and how individuals can better manage their personal finances for long-term security and growth.

CA Aryal highlighted practical approaches to personal finance management, covering key aspects such as budgeting, savings, responsible spending, and planning for the future. His simple yet effective examples helped participants connect the concepts to real-life situations, making the session both engaging and impactful.



Track Suit Distribution

RC Birgunj Metropolis

August 19, 2025

RC Birgunj Metropolis distributed 15 tracksuits to blind students at Trijuddh MPRR Senior Secondary School in Birgunj. The blind students/children need frequent clothing changes, which neither the school administration nor the local government could provide. Hence, RC Birgunj Metropolis stepped in and aided the youngsters. President Sanjay Joshi, President-Elect Raj Kishore Prasad, Secretary Shashi Ranjan, Treasurer Hari Gopal Shrestha, and club members were present there. The overall budget was Rs. 18,000.00.



Heart Screening Program

RC Rapti /RC Chandragiri

August 4-11, 2025

The first phase of the cardiac screening program for more than 5000 children in schools in Rapti Rural Municipality of Dang has been completed. The Rotary Club of Rapti, the Rotary Club of Chandragiri, and the Rapti Rural Municipality jointly organized a screening program for congenital heart disease and pulmonary heart disease in youngsters. The Nepal Institute of Cardiovascular Disease Prevention and Control Central Office, the Lalitpur Lumbini Province Committee, and the Dang District Branch provided technical support for the program's implementation.

More than 5,000 children from community schools were tested for congenital heart disease and heart illness, according to Dr. Sumant Banjade, a central member of the Nepal Heart Disease Prevention Foundation and a cardiologist. Nine children were diagnosed with congenital heart disease. Dr. Banjade also announced that free surgery would be performed on youngsters with cardiac issues.



Vocational Service Award 2025

RC Pokhara Paradise

July 17, 2025

In an emotional and heartfelt gesture, the Rotary Club of Pokhara Paradise conferred the prestigious Vocational Service Award 2025, along with Rs. 70,555/-, to Laxmi Gurung and Krishna Prasad Pokhrel, the beloved couple behind Pokhara's legendary Sun Welcome Restaurant.

For over six decades, this extraordinary duo has quietly shaped Pokhara's tourism culture—not just through food, but through compassion, resilience, and love. Their journey began when a young Gurung woman and a Brahmin man defied societal norms to build a life of togetherness in Pokhara. From working as caretakers to opening a tent café by Phewa Lake, they went on to establish the now-iconic Sun Welcome Lodge, a humble haven where countless visitors were served not just meals, but warmth and belonging.



Blood Donation

RC Rajdhani

August 2, 2025

The Rotary Club of Rajdhani began August with a blood donation drive. On August 2, 2025, RC Rajdhani and RCC Nayapati co-organized a blood donation activity at Gokarneshwor-01, B.P. Chowk, Sundarjal. The program's goal was to collect blood to help alleviate the blood shortage. The campaign was a success, as 35 people successfully donated blood. Many folks who wanted to give were unable to do so owing to medical difficulties. Each year, RC Rajdhani sets up a blood donation event. The event cost a total of NPR 17,650.



Awareness Talk on Social Media and Mental Health: What Every Student Should Know

RC Changu

July 24, 2025

On July 24, the Rotary Club of Changu hosted an awareness session at a Fulbright school on the topic "Social Media and Mental Health: What Every Student Should Know." The program was for children in grades 6 through 10. Club President Shakila Pathak and members Pradibna Pokharel, Nabin Sapkota, Som Pradhan, and Alisha Budhathoki all actively participated in the program. They delivered short speeches to the kids, sharing their unique insights. A special thanks to Pradibna Pokharel for his efforts and assistance in organizing this event.

During the session, they discussed what mental health entails and why it is important. They also talked about how social media can influence our mental health in both positive and negative ways. Special thanks to Alisha Budhathoki, who delivered an excellent talk about cyberbullying, scamming, and phishing. Her session helps kids grasp online safety in a simple and effective manner.



Surgical Kits Handover

RC Pashupati Kathmandu

August 12, 2025

On August 12, the Rotary Club of Pashupati Kathmandu successfully completed a Medical and Surgical Goods Distribution Program at Bhaktapur Cancer Hospital. This effort was carried out in partnership with the Rotaract Club of Pashupati Kathmandu and the Pashupati Nepal Law Campus. In keeping with the Rotary motto, Service Above Self, the project aims to equip the hospital with critical medical and surgical supplies, thereby making a significant contribution to patient care, particularly for children under the age of 14, and community well-being.



Heart Health Awareness Program

RC Surunga

August 2, 2025

At the Sahara Sakos assembly hall in Charpane, the Nepal Heart Foundation Jhapa, with the assistance of the Rotary and Rotaract Club of Surunga, hosted an interaction session with senior heart disease specialist Prof. Dr. Rajendra Koju. Renowned cardiologists gave comprehensive information on heart disease detection, prevention, and lifestyle during the presentation. The public awareness initiative is expected to raise awareness of heart disease risks and prevention strategies among the general public.

By holding such a program in Jhapa, the Rotary Club of Surunga, which has been raising awareness of heart disease for more than thirty years, hopes to directly assist the local population, according to Dilliram Mainali, president of the club. The Nepal Heart Foundation has been raising public awareness of heart health through a number of projects in the Jhapa area. According to Rotary President Mainali, these initiatives seek to raise awareness of the dangers of heart disease in the neighborhood and provide prompt access to care. The program claimed to offer a road map for lowering heart disease risk and enhancing lifestyle. It details his medical career, personal challenges, and commitment to society.

The Rotary Club expresses profound gratitude to Dr. Ujjwal Chalise, Executive Director of the hospital, for recognizing the club's long-standing partnership with the hospital and for his polite words of appreciation for continuous service. The club also appreciates Dr. Ritu Lamichhane's sincere words of thanks. The program was led by Rtn. Ganesh Subedi, president of the Rotary Club of Pashupati Kathmandu. Assistant Governor Binita Hada, club officers, and other members were present.

Through such meaningful efforts, the Rotary Club of Pashupati Kathmandu reinforces its commitment to working together for good, encouraging camaraderie, and serving our community with devotion and purpose. The budget for the program was Rs. 105000/-. The kits would benefit around 50 cancer patients with various medical procedures.



Two-Day Free Health Camp for Children with Cerebral Palsy

RC Patan Durbar Square

August 13-14, 2025

The Rotary Club of Patan Durbar Square, in collaboration with the Self Help Group for Cerebral Palsy (SGCP) (CP Center), organized a two-day health camp in Biratnagar on 13th and 14th August 2025, led by Rtn. Dr. Pragya Karmacharya Rajbhandari, Club President 2025-26. The camp aimed to promote maternal and child health, disease prevention, and treatment for children with cerebral palsy from economically underprivileged families.

A total of 50 children participated. The multidisciplinary team included Rtn. Dr. Pragya Karmacharya Rajbhandari, physiotherapist Ms. Sarana Shrestha Suwal, EEG technician Ms. Ava Dhungana, and rehabilitation facilitator Ms. Gita Khawas from SGCP. All children received neuro-pediatric consultation, management, and physiotherapy/behavior therapy sessions. Many suffered from seizure disorders, severe pain due to stiffness, and behavioral issues, all of which were evaluated and treated by Dr. Pragya. 13 children underwent EEG tests, five children received free medications, and all parents were counseled on home care and child management. 15 children were selected for a one-month residential program in SGCP for seizure management and management of complications due to cerebral palsy to train parents in physiotherapy, behavior therapy, speech therapy, and occupational therapy based on the needs of the child and also psychological assessment and counselling of both parents and children focusing on mental health.

The camp successfully provided comprehensive medical and therapeutic care, early intervention, and parental guidance, contributing to the improved quality of life for children with cerebral palsy.



Scholarship and Educational Material Distribution Program

RC Gaidakot

August 15, 2025

On August 15, 2025, the Rotary Club of Gaidakot successfully organized a Scholarship and Educational Material Distribution Program at Nawadurga Basic School in Gaidakot-1. The program was led by Rtn. Hiralal Aryal, president of the Rotary Club of Gaidakot. Guest Assistant Governor Rtn. Hari Kumar Shrestha and Assistant Governor Rtn. Dr. Pramod Paudel were present. The ceremony was also attended by the Immediate Past President, Past Presidents, the Rotaract Club President, Rotarians, the School Management Committee president and members, the Principal of the School, teachers, and children. Four financially weak students who are trustworthy received full scholarships. Educational materials were supplied to 103 children at the school. The total budget of the program was 50000.



Food Materials Support

RC Naxal Shakti

August 25, 2025

The Naxal Shakti Rotary Club donated food supplies for the Teej celebration and daily feeding at the Rima Sewa Samaj Ashram in Budhanilkantha. Rice, beaten rice, oil, ghee, wheat, dal, beans, sugar, tea, and vegetables are among the main ingredients. In partnership with Rima Sewa Samaj, a community that is extending its aid in the volunteer effort, a token of assistance for food items has been distributed to the elderly, homeless, street people, and those in need. Philanthropic efforts The Rotary Club of Naxal Shakti provides humanitarian assistance by engaging in community service and humanizing volunteer work.



Dustbin Distribution

RC Manigram

July 27, 2025

The Rotary Club of Manigram and the Rotaract Club of Manigram worked together to organize the Dust Bin Distribution Program at Shree Durga Vaidik Sanskrit Vidhya Pith, Nayamill. On the occasion of the "Bolbam Yatra" on Sunday, July 27, 2025, with hearts full of dedication and unity. The total Two large bins and a few stationary items had been distributed. This project is conducted annually at the local temple during the month of Shrawan. They are in the fifth year of the continuity era. Overall, 100 devotees and students benefited. It's more than just passing out garbage cans. They were promoting a culture of cleanliness and shared responsibility, raising the bar for communal hygiene, and promoting environmental awareness.



Club Officers Learning Seminar (COLS)

RC Kawasoti

August 2, 2025

The Rotary Club of Kawasoti conducted a Club Officers Learning Seminar (COLS) at Nawalpur Academy in Kawasoti, which was graciously attended by Assistant Governor Pramod Poudel. The COLS's resource persons included Ashesh Bhandary, a member of the District Learning Facilitating Team; Bimal Chhetri, a member of the District Learning Facilitating Team; Arpana Pradhan, Regional Learning Facilitating Team Chair for Region 6; Bharat Pokharel, co-chair of the Region VI Regional Learning Facilitating Team; and AG Zone 33 Pramod Poudel. The program was attended by 25 Rotarians.



Drinking Water Distribution program

RC Kirtipur

August 10, 2025;

As part of the GaiJatra celebration, the Rotary Club of Kirtipur organized a water distribution program for devotees. The sequence is executed successfully at Laika, Kirtipur. In total, 300 liters of drinking water were distributed, benefiting 450 people. The club president, Lok Raj Koirala, and the past president and members were present to make the program a success.



Scholarship Handover

RC Kasthamandap

July 11, 2025

Md. Ali Muhammad, the Defense Attaché of Pakistan's Embassy in Nepal, visited the Rotary Club of Kasthamandap on July 11, 2025. With the help of the Pakistani Embassy in Nepal, the club was able to deliver the Rs.50,000 check to Mr. Parshuram Baral, the principal of Shramic Secondary School in Pulchowk, Lalitpur, during his visit. The top students in grades 4, 5, 6, 7, and 8 will each get a scholarship of NRs 10,000 thanks to this generosity. He emphasized the historical ties between Pakistan and Nepal and promised to support such humanitarian endeavors in the future.



Four Way Test Distribution

RC Narayani Mid Town

August 20, 2025

The Rotary Club of Narayani Midtown distributed the Four-Way Test in the workplace of their two Rotarians on August 20, 2025. The Four-Way Test was distributed in the office of Quality Press at Hakimchowk, which is owned by Rotarian Arjun Sapkota, and in the office of Chitwan Model Dental Pvt. Ltd. of Rotarian Rekha Bohara at Chaubiskothi, Bharatpur 10. The importance of the Four-Way Test was also communicated to the staff working in both the offices. 10 Rotarians were present during the program.



Nyano Maya

RC Gyaneswor

July 31, 2025

The Rotary Club of Gyaneswor organized "Nyano Maya" on July 31 at Prasuti Griha in Thapathali to provide love, warmth, and support to mothers and their newborns as part of Rotary's Maternal and Child Health Month celebrations. As an essential component of the event, 60 pregnancy kits were presented to mothers, each comprising important goods such as suitable clothing for mothers and newborns, nutritional meals, and sanitary supplies. The budget for this project was NRs. 70,000. Ms. Rabina Timalisina, a public health graduate, led an informative discussion on the benefits of breastfeeding and maternal nutrition, both before and after birth. Her guidance was valuable in preparing the mothers for a healthy future.



Food Serving Program at Rotary Karunalaya, Devghat

RC Gaidakot

August 16, 2025

A food serving event was held at Rotary Karunalaya, Devghat, with the assistance of the Rotary Club of Gaindakot. The occasion honored the late mother, Ganesh Laxmi Shrestha, and father, Khadga Narayan Shrestha, of President-Elect Rtn. Ram Hari Shrestha. Their sons (Ram Hari, Krishna, Ram, and Laxman Shrestha), daughters-in-law (Bidya, Shubhalaxmi, Nila, and Kamala Shrestha), daughters (Bishnumaya, Bijaya, and Sumitra Shrestha), and sons-in-law (Gopiman and Rajesh Shrestha) all backed the admirable endeavor.

On this occasion, a meal was served to almost 160 individuals. The remaining participants were those who came specifically to take part in the feeding program, while 37 Karunalaya residents were given the meal. The chief guest, Rtn. Chandraman Shrestha, from the Rotary Club of Chitwan, honored the program. Among the other notable guests were Rotarians from the Rotary Club of Gaindakot and Rtn. Hiralal Aryal, the club's president. Their enthusiastic involvement demonstrated the support and service-oriented ethos of Rotary.



Breast Feeding Awareness Program

RC Palpa Lumbini

August 6, 2025

On August 6, 2025, the Rotary Club of Palpa Lumbini successfully held a breastfeeding awareness session at Lumbini Medical College's postnatal ward, coinciding with the global efforts of World Breastfeeding Week (August 1-August 7) to promote the importance of breastfeeding.

The program most likely focused on teaching mothers and families about the benefits of breastfeeding, providing support, and encouraging sustainable practices. Expert opinion, nutritional material distribution, and involvement are typically used to underline the importance of breastfeeding for mother and child health.



Temple Cleaning

RC Yala

August 21, 2025

The inside-out cleaning of Mahalaxmi Temple, which is situated in Mahalaxmasthan, Lagankhel, Lalitpur, was accomplished successfully on August 21, 2025, by RC Yala. The cleaning effort was vigorously attended by Rotarians and spouses. The entire amount spent came to Rs. 10,600.

RC Yala is concerned that places of worship should always be neat and clean. Devotees go to temples, stupas, and chaityas in the morning to worship and pray for blessings. Devotees feel joy, relief from negative thoughts, and a restored sense of strength as a result of these spiritual practices. Through these cleaning initiatives, RC Yala aims to create a clean and welcoming environment so devotees can experience greater happiness, peace, and spiritual fulfillment.



Handover of Kitchen Utensils and Water Filters

RC Jawalakhel

RC Kathmandu Circle

RC Tinkune Kathmandu

August 24, 2025

The handover ceremony was conducted in Srijanshil Apanga Punarsthapna and Bishesh Shikshya Bidhyalaya Naikap Kathmandu. The event was jointly organized by RC Jawalakhel, RC Kathmandu Circle, and RC Tinkune Kathmandu. On this auspicious occasion, the Teej Daar celebration was organized, and food was provided to 25 differently abled children. The budget of the project was NPR 81,200 for water filters and 21,000 for kitchen utensils. The beneficiaries got access to pure drinkable water, improved hygiene and sanitation, and the use of utensils, which helped children gain confidence and practice self-feeding skills.



Tree Plantation & Pruning Program

RC Gokarneshwor
August 16, 2025

The Rotary Club of Gokarneshwor conducted a tree plantation and pruning program on August 16, 2025. The event took place on the Bagmati corridor in the Makalbari area of Gokarneshwor Municipality, Kathmandu, where the club, in collaboration with the Rotaract Club of Gokarneshwor & local community people, planted 50 plants of various types, relocated 10, pruned 20 & cleared weeds and grass from a wide stretch of the Bagmati corridor in the Makalbari area. Around 25 participants took part in the event, including rotaractors, local residents, club members, and their family members. During the program, Club President Sabika Twanabasu expressed gratitude to all participants.



Furniture Handover

RC Lumbini
August 8, 2025

Club Charter President Rtn. Thaneshwor Pandey sponsored a donation of NPR 45,000, while President Rtn. Umapati Bhusal provided NPR 5,000 in cash, enabling the Rotary Club Lumbini to successfully conduct a furniture handover program. These contributions added up to a total of NPR 50,000, which was given to the Kamdhenu Gaushala Cow Shelter in Debdaha Bhaluhi, Rupandehi, for furniture. Special Guest Swami Yogi Somnath Guru and Chief Guest Assistant Governor Rtn. Jitendranath Sharma attended the handover ceremony. Rtn. Laxman Subedi offered a vote of gratitude after Rtn. Khadka Kumar KC this endeavor would enhance Rotary's reputation and encourage broader organizational backing for the shelter.



Wheelchair Distribution

RC Dharan Foothills
July 31, 2025

On July 31, 2025, the Rotary Club of Dharan Foothills successfully donated five high-quality wheelchairs to physically challenged individuals in an inspiring demonstration of compassion and partnership. The distribution was made possible by the gracious sponsorship of Latter-day Saint Charities and the Rotary Club of Kathmandu Metro. The ceremony was attended by club members, local community leaders, and officials from partner organizations. The collaboration between Latter-day Saint Charities and RC Kathmandu Metro was important in making this project a reality. Their effort demonstrates the effectiveness of joint service and cross-club cooperation.



Self Defence Training for Girls

RC Biratnagar Downtown
August 5-11, 2025

The Rotary Club of Biratnagar Downtown organized five days of self-defense training for girls enrolled in Delhi Public School in Biratnagar with the goal of equipping them with self-defense skills, security awareness, and confidence-boosting abilities. 62 students in all received training. Additionally, the program involved the DPS School Interact Club, which improved teenage involvement and leadership. Participants' confidence and empowerment grew as a result of the training, which also helped to make the community safer and more informed. Participants also acquired useful skills in self-defense and security awareness, which strengthened Rotary's image and togetherness by collaborating with the DPS Interact Club and Maheshwari Mahila Manch Biratnagar, which demonstrated a successful partnership between non-Rotary and Rotary organizations.



Food Distribution on the Occasion of Teej Special

RC Itahari Yugal
August 21, 2025

A food distribution event was arranged by the Itahari Yugal Rotary Club with the subject "Helping one person might not change the whole world, but it could change the world for one person." distribution of food during the Teej festival. The residents of Sunsari District, particularly those below the poverty line who are unable to purchase items to commemorate the festival, were pleased to receive the entire material of budget of 15000.



Kitchen Equipments and Utensils Distribution Program

RC Biratnagar Midtown
July 18, 2025

The Rotary Club of Biratnagar Midtown handed over the kitchen equipment and utensils to Shri Jyoti Adharbhat Vidyalaya, Biratnagar, under their midday meal program for the students of the school in the presence of Assistant Governor Rtn Priya Sharda. Sweets and chocolates were distributed among the students. The total cost of items amounted to Rs.20,000/- and was sponsored by Rtn Ghanshyam Kabra. Members of the club in large numbers were present in the program. The program aim was to make the students come to school daily in lieu of a midday meal and become good people in the society.



Support to Orphanage Home

RC Patan West

August 25, 2025

In a heartwarming celebration of service and community, the Rotary Club of Patan West and the Inner Wheel Club of Balaju joined forces to support the Women and Child Development Forum Nepal (Maya Ghar) in Kirtipur on August 25, 2025. The collaborative event was organized in honor of the birthday of Dipsan Baniya, son of the club's Past President, Rtn. Sudip Kumar Baniya.

The program brought essential supplies and festive joy to the 27 children at the Maya Ghar orphanage. Each child received a new set of Dashain clothes, a traditional gift for the upcoming festival season. Beyond the festive clothing, the clubs and their members provided significant material support to aid the orphanage's daily operations and educational efforts. The comprehensive donation included: Educational Support from RC Patan West: 200 notebooks and biscuits for the children's schooling. Essential Food Supplies from New Member Rtn. Surendra Bahadur Sodari: 60 kg of dal, 50 liters of sunflower oil, and 900 eggs to help maintain nutritious daily meals. The handover ceremony was led by the president of the Rotary Club of Patan West, Rtn. Suman Kumar Pokharel, and was attended by dedicated members from both clubs.



Two-Days Training of Trainers on Stress Management

RC Kathmandu

August 1-2, 2025

The Rotary Club of Kathmandu, in collaboration with Connection Nepal, successfully conducted a two-day Training of Trainers workshop on Stress Management from August 1-2, 2025, at Rotary Bhawan, Thapathali. The training aimed to empower 20 individuals from diverse professional



Culture with Enterprise

RC Mechinagar

August 21, 2025

The Rotary Club of Mechinagar, in collaboration with the Mechi Chamber of Commerce and Industry, successfully organized a special Teej celebration on August 21, 2025. This year's celebration transcended traditional festivities by focusing on women's economic empowerment with the empowering motto, "Earn Before Spending." At least 40 female entrepreneurs and traders participated in that training, and 100-plus participated in the Teej celebration.

The key highlight was a practical bouquet training workshop. Women participants were trained in creating bouquets using natural flowers, a skill chosen specifically because it is low-cost, resource-accessible, and immediately applicable for home-based income generation. This initiative aimed to equip women with a tangible skill that facilitates entrepreneurship. The successful integration of cultural celebration with a vocational training program showcased a commitment to financial prudence and self-reliance, ensuring that the joy of Teej is complemented by sustainable economic independence for women in the community. This collaborative effort had set a new benchmark for community economic development cultural events.

backgrounds to conduct stress management sessions in schools and community settings.

The comprehensive training covered key areas such as understanding various forms of stress, including acute, chronic, distress, and eustress. The physiological and psychological effects of stress, The concept of resilience and its significance in daily life, Practical approaches to implementing stress management strategies in educational and community contexts, Addressing emotional well-being and support mechanisms.

The sessions were led by a team of distinguished experts, including neuropsychiatrist Rtn. Dr. Pradeep Pandey, senior psychologist Binod Paudel, psychologist Kapil Sharma, and psychologist Pujan Sharma. Additionally, a session on facilitation skills specific to stress management was conducted by Rtn. Sushil Kumar Karki. The training program was formally chaired by Club President Rtn. Rajendra Gautam and was attended by club members, professionals, and invited guests.



'Bhutan 2030'

Clean Water for Better Education

RC Thimphu

August, 2025

The Rotary Club of Thimphu, in collaboration with the Bhutanese Ministry of Education (MoESD) and other international partners, including the Rotary Club and the German Bhutan Himalaya Society (DBHG), is providing support, for example, by financing and installing additional Sky Hydrant ultrafiltration systems to provide clean drinking water in schools. The initiative has already reached over 130 schools and monasteries, improving the lives of tens of thousands of children in the process.

The Sky Hydrant filter is a robust and simple solution. That is also highly effective. It purifies water using modern membrane technology and weighs only 20 kilograms. High performance: up to 10,000 liters of drinking water per day, no electricity or chemicals required: purely mechanical operation makes it ideal for remote regions. Easy to use: maintenance can be carried out by trained school staff. Cost: approx. 4,500 US dollars.



The MoESD provides the necessary infrastructure, such as water tanks, pipes, and protective shelters. This creates a reliable and sustainable solution.

The filters will directly benefit several hundred schoolchildren, teachers, and monastery residents. This means health protection: less diarrhea and dysentery will be less common; better education: fewer absences and improved concentration in class; preventive care reduces the burden on the healthcare system; and a better quality of life for families and neighborhoods.



Snakebite Prevention Awareness Program

RC Kathmandu Mid-Town
RC Godawari
August 2, 2025

Saw the successful organization of a "Snakebite Prevention Awareness Program" at the Arjunhara Municipality Hall in Shanischare, Jhapa. Raising public awareness of snakebite avoidance, first aid, and the region's medical facilities was the program's main goal.

District & Regional Officers; Rotary Club Representatives; Presidents and teams from Rotary Clubs, including Birtamode, Birtamode Midtown, Kakarvitta, Mechinagar, Bhadrapur, Surunga, Damak, and Urlabari; program chair Suresh Kumar Agrawal, immediate past president of the Rotary Club of Birtamode; and Chief Guest Rtn. Baldev Singh Gomden Tamang, Mayor of Arjunhara Municipality. More than 150 people from a wide range of backgrounds, including the Nepal Army, the APF, the Nepal Police, and Government & Security, participated in the event. WHO representatives, local residents, ward chairs, medical professionals, educators, Tolbikash Samiti representatives, community forest and tea garden representatives, and other local groups and media representatives.

The keynote speakers were Dr. Nirmal Rijal, who is the chair of the District Service Projects and a member of the Nepal Snakebite Prevention Team, and Dr. Krishna Prasad Acharya, MD, Senior Consultant. A thorough discussion on the medical aspects of snakebite, including the signs and symptoms of poisonous bites and the required medical interventions, was given by Dr. Krishna Prasad Acharya. In addition to giving a thorough explanation of snakebite prevention, Dr. Nirmal Rijal also discussed the state of affairs in Nepal, the community's involvement, and the "Rotary Nepal Snake Bite Prevention Awareness Program."

Participants were able to get their questions answered during an interactive Q&A session. A group of neighborhood snake rescuers conducted a hands-on presentation on how to safely handle and rescue snakes. The chief guest's speech, Rtn. Sujan Pradhan's vote of gratitude, and Past President Navin Gattani's concluding remarks brought the event to a close.

Together with the **Rotary Club of Kakarvitta and the Rotary Club of Birtamode Midtown**, the Arjunhara Municipality and the Rotary Club of Birtamod arranged the event. The Rotary Clubs of Godawari and Kathmandu Mid-Town provided technical assistance.



Lead the Change: Youth for a Better Tomorrow

RC Matribhumi Baluwater
August 13, 2025

The Rotary Club of Matribhumi Baluwater marked International Youth Day 2025 with an interactive program on the theme "Lead the Change: Youth for a Better Tomorrow."

The event, held in the presence of President Rtn. Nirmal Dhakal, Charter President Rtn. Nigam Humagain, and Chief Guest Rtn. Vishnu B. Karkee, featured insightful discussions by panelists Pawan Acharya (Media Person) and Aleeza Dhakal (Youth Leader). Their perspectives inspired and empowered youths to embrace leadership, responsibility, and active participation in shaping a better future.

This celebration reflected the club's commitment to fostering youth engagement and highlighted the power of collaboration under Rotary's guiding spirit of Service Above Self.



Wheel Chair Distribution

RC Hetauda
August 1, 2025

The Rotary Club of Hetauda distributed two wheelchairs to Manav Sewa Ashram, Hetauda, in a program attended by club office bearers and members. The wheelchairs have provided a new sense of freedom, dignity, and hope to the ashram's dependents who face difficulties in mobility due to disability. The main objective of this initiative was to support people with physical disabilities by ensuring easy mobility, enhancing self-reliance, and encouraging active participation in society.

Club President Rtn. Pramesh Pradhan remarked, "If our small efforts can make someone's life easier, there is no greater service than that. We will continue such programs." The initiative, in line with Rotary's motto "Service Above Self," reflects the club's commitment to inclusivity and compassion.



Kurintar Drinking Water Project Inauguration

RC Himalayan Golfers
August 25, 2025

The Rotary Club of Himalayan Golfers, in partnership with Shahid Lakhan Gaunpalika, Teadatar, Gorkha, officially inaugurated the Kurintar Drinking Water Project on August 25, 2025. The project was initiated to provide reliable and safe drinking water to families in remote and underdeveloped villages.

The system draws water from a deep drilling source into a central storage tank, which supplies clean water directly to 30 households, benefiting around 150 people. This has brought immense relief to the Chepang and Dura communities, who expressed their joy and gratitude as one of their most urgent daily needs has been addressed.

The project reflects Rotary's motto, "Service Above Self," by reducing the struggle of water scarcity, improving health, and uplifting marginalized families. The Rotary Club of Himalayan Golfers celebrated the project's completion alongside the local community, marking a sustainable step toward Rotary's focus on clean water and sanitation.



Fan Hand Over

RC Kavre-Banepa
R E-club of Namobuddha
RC Kavre Valley
July 27, 2025

The Rotary E-Club of Namobuddha, Bagmati; RC of Kavre Banepa; and RC of Kavre Valley jointly handed over wall fans to ISKCON Panauti, with generous support from Banepa Health Care, Mama's Cafe, Lotus Event & Reception, and Ajima Abhusan Griha. The ceremony was warmly welcomed by ISKCON members, who expressed heartfelt gratitude. The fans will enhance comfort for devotees and visitors, especially during religious gatherings. This initiative reflects Rotary's motto, "Service Above Self," promoting community welfare. The active participation of Rotarians and the warm hospitality of ISKCON members made the event meaningful.



Orientation on Eye Health

RC Dillibazar

August 2, 2025

The Rotary Club of Dillibazar, in collaboration with Chandragiri Municipality, Matrika Eye Center, Kalibhakta-Krishna, GMPT Foundation, and Sahaj Foundation, conducted a one-day "Orientation on Eye Health" for community school teachers and nurses of Chandragiri Municipality. The event, part of Rotary's community service project Dristi Pahila (Sight First), trained 46 participants, including 22 school health teachers, 8 school nurses, and 16 community health nurses, with technical guidance from Matrika Eye Center experts.

The program was inaugurated by Mayor Ghanashyam Giri and chaired by the RC Dillibazar President, Rtn. Prem Kumar Oli. Service Project Director Rtn. Dr. Hari Banskota highlighted the importance of school eye health and the role of local government and civil society organizations like Rotary International in promoting vision care. In the first phase, trained teachers, supported by school and community health nurses, will screen students in 22 community schools, reaching approximately 12,000 children. Those identified with potential vision issues will be referred for comprehensive eye examinations in the second phase, led by Matrika Eye Center's optometrists and ophthalmologists.



Celebrating Father's Day with Service to Elders

RC Central Lumbini

August 23, 2025

The Rotary Club of Central Lumbini conducted its 422nd regular meeting in a unique way by blending fellowship with service. The meeting was hosted at Satya Sai Old Age Home, Balapur, Bhairahawa, on the auspicious occasion of Father's Day. On this culturally significant day, Rotarians handed over food, groceries, warm shawls, and cash donations to the senior citizens residing in the ashram. The initiative symbolized Rotary's motto of Service Above Self while also respecting Nepal's rich cultural traditions of honoring elders.

President Rtn. Bishnu Sharma expressed his joy in aligning a regular meeting with a meaningful service project, remarking that "blessings of elders enrich every Rotarian family." The ashram coordinator, Ms. Maya Kharel, conveyed heartfelt gratitude for Rotary's humanitarian efforts, while Past President Krishna Prasad Pandey highlighted the cultural significance of this day. Charter President Bimal Senchury extended a vote of thanks, and Special Guest Mr. Chopal Pandey praised Rotarians' involvement in serving humanity.

Weekly Heart Screening Program

RC Chitwan

August 18, 2025

The Rotary Club of Chitwan has started a weekly Heart Screening Program at the Rotary Pun Narayan Ujeli Devi Cardio Care Center, Rotary Dandapani Bhattarai Bhawan, and Rotary . The program began on August 4, 2025, under the coordination of Rtn. Dr. Manohar Pradhan, with the handover of essential screening equipment by Assistant Governor Rtn. Dhan Bahadur Shrestha to Rtn. Dr. Manoj Shrestha. On the first day, 19 children from Sano Ghar received heart check-ups.

On August 11, under the coordination of President-Elect Rtn. Gehendra Man Shrestha, 18 senior



Catalysts for Change: A Call to Collective Service

RC Birtamode

August 25, 2025

With the honor of having Shri Milind Parande, General Secretary of the Vishva Hindu Parishad (VHP), as a guest speaker, the 504th meeting of the Rotary Club of Birtamode was nothing short of inspirational.

His speech emphasized how, despite their differences in structure, groups like VHP and Rotary have two things in common: a dedication to improving society and service above self. Shri Parande discussed VHP's extensive programs in Nepal, such as the 1,050 schools operated by Jan Kalyan Pratisthan (Ekal Vidyalaya) that are supported at a mere Rs. 40,000 annually and the Mahila Aarogya Kendras that combat cervical cancer, anemia, and malnutrition with the help of the local community and volunteers. Additionally, he highlighted how small enterprises, vocational training, and organic farming may reduce brain drain and create job opportunities.

The speaker also brought attention to urgent social issues, such as vulnerable single women and the growing problem of drug addiction among minors, which currently affects lakhs of young people. He emphasized the need of using community hubs like temples as centers of constructive transformation in a variety of areas, from livelihoods and culture to health and education. "The one who serves the most profits the most" was his straightforward yet effective guiding principle. In closing, Shri Parande made a strong case for cooperation while highlighting previous fruitful collaborations with Rotary in India. Members were greatly impressed by his idea of group action, which strengthened Rotary's position as a genuine social change agent.

citizens benefited from the service. Similarly, on August 18, with President Rtn. Ram Chandra Adhikari chairing the program and support from nurses of the College of Medical Sciences, 20 people of different age groups received screenings.

The program runs every Monday from 4:00 to 6:00 PM, free of cost, and is open to all age groups. Plans are in place to expand the service to six days a week at a minimal fee. In just three weeks, 57 individuals have already benefited, marking an important step in early detection and prevention of heart disease while strengthening Rotary's commitment to community health.



Environmental Awareness Talk

RC Bhaktapur

August 2, 2025

The Rotary Club of Bhaktapur, in collaboration with the Rotaract Club of KMC Duwakot, successfully organized a talk program on "Environmental Awareness on Pharmaceutical and Personal Care Products (PPCPs) Contaminations" on August 2,



The Cup Story – Menstrual Hygiene Awareness Program

RC Biratnagar Downtown

August 20, 2025

The Rotary Club of Biratnagar Downtown organized a program on menstrual hygiene awareness on August 20, 2025, at the Delhi Public School in Biratnagar. Women are being encouraged to embrace more economical, eco-friendly, and healthful menstrual practices by educating them about sustainable menstruation. 60 female teachers and support staff at DPS Biratnagar Through information exchange, the community at large as well as the families of the staff and students indirectly benefited. With a budget of Rs. 5000, which was adequate to ensure the program's success, the trainer was Rtn. Girija Sarda, a member of the Rotary Action Group for Menstrual Health and Hygiene.

After that, the following effect was noted. Menstrual cups encouraged sustainable menstruation, raised knowledge of menstrual health and hygiene practices, decreased long-term waste and ongoing expenses, broke taboos, normalized conversations around menstrual health, empowered women with information, promoted inclusivity by having open discussions with support and teaching personnel, enhanced Rotary's image as supporters of women's dignity, sustainability, and health.

2025, at the Basic Sciences Complex Building, KMC, Duwakot, Bhaktapur. The session was facilitated by Dr. Bishnu Twanabasu, an environmental biologist & professor at Weatherford College, Texas, USA.

Dr. Twanabasu highlighted the growing concern of PPCPs in the environment and their adverse impacts on ecosystems and human health. A key takeaway from the talk was the importance of proper disposal of unused or expired medicines—never mixing them with regular trash but instead returning them to pharmacies for safe collection and disposal. The interactive session created meaningful discussions among participants, enhancing awareness of responsible environmental practices.

The program saw active participation of 25 members and guests. The Rotary Club of Bhaktapur extended heartfelt thanks to Dr. Twanabasu for his valuable insights and to President Rajesh Twanabasu and all members for their warm hospitality and active engagement. The event concluded with the exchange of a beautiful souvenir and tokens of love, symbolizing appreciation and partnership.



Talk on Membership Growth Strategies and Retention

RC Patan West

August 7, 2025

The Rotary Club of Patan West conducted a membership talk on August 7, 2025, with Rtn. Samjhana Pokharel, co-chair of the District Membership Committee, as the guest speaker. She shared valuable insights on membership growth and retention, offering practical ideas to strengthen the club.

The session was engaging and sparked meaningful discussions on sustainable development and innovative ways to involve current and prospective members. An interactive Q&A allowed members to explore the topic further, with Rtn. Pokharel providing thoughtful responses.

The meeting had strong participation, with 20 members and 9 guests in attendance. They sincerely thanked Rtn. Samjhana Pokharel for her time, expertise, and inspiring contribution, which will guide our future efforts to enhance engagement and retention.



Youth and Career

RC Biratnagar Central

August 12, 2025

On the occasion of Youth Day, the Rotary Club of Biratnagar Central, in collaboration with the Rotaract Club of Central, organized an educational and motivational program at Rising Nepal School for Grade 10 students. The purpose of the project was to inspire and guide young students as they prepare for their academic and personal growth, helping them build confidence and broaden their perspectives. The event included interactive sessions, knowledge-sharing, and activities designed to encourage participation and engagement. Around 20 students took part in the program, benefiting directly from the exposure and guidance. The project aimed to empower these students with practical insights and motivation to excel in their studies and future endeavors. Total cost of this project: Rs 5,000.



Health Camp, Blood Donation and Water Distribution

RC New Road City, Kathmandu

August 10, 2025

The Road City Kathmandu Rotary Club organized a health camp at Maha Dev Sthan, next to Kumari Ghar, Kathmandu, on August 10, 2025, in collaboration with the Rotaract, Interact & Inner Wheel Club of New Road City Kathmandu. In order to help street walkers throughout the festival, they engaged in the following activities and rendered the following services throughout the day: 54 donors donated blood, 200 recipients received a free health examination, and 1200 bottles of drinking water were distributed. The Nepal Red Cross, the Nepal Army, and Chirayu Hospital all provided support for the initiative. As a thank you, food packs, fruits, and certificates were given to each blood donor. The project was completed with total expenses of Rs. 47900.



Joint Installation Ceremony of Seven Interact Clubs

RC Butwal
August 1, 2025

The Rotary Club of Butwal organized the Joint Installation Ceremony of seven sponsored Interact Clubs on August 1, 2025, at the Rupandehi Chamber of Industries. The event formally installed the new boards of the Interact Clubs for the Rotary Year 2025-26 and encouraged youth to actively engage in service and leadership.

The participating Interact Clubs were **New Horizon, Deep Boarding, Oxford, Canon, Butwal, Pamir Academy, and Horizon GBS**. The program began with a welcome address and ceremonial lamp lighting by the chief guest, the deputy mayor of Butwal Sub-Metropolitan City. Distinguished guests included DIR Itr. Sushan Adhikari and PDG Rajendra Dhoju, along with Rotarians, faculty advisors, and parents.

The oath-taking ceremony, officiated by DIR Adhikari, installed the presidents and boards of all seven clubs. Newly inducted leaders pledged to uphold Rotary values and lead through service. Senior Rotarians delivered motivational messages, while Rtn. Krishna Parajuli, President of RC Butwal, emphasized the role of Interact in community development.



Certificates and Interact pins were presented, followed by group photographs. Encouraging remarks came from Rtn. Lok Nath Upadhaya (Principal, New Horizon), Mr. Gopal Gautam (Principal, Pamir Academy), and Rtn. D.R. Panthi, Youth Service Chair, who also offered the vote of thanks.

The ceremony celebrated new leadership while fostering fellowship among Interactors and strengthening Rotary's bond with the younger generation.



Free Skill-Based Training for Students

RC Hetauda
August 16, 2025

With the slogan "Let's learn skills; let's build a future," the Rotary Club of Hetauda organized free skill-based training for students with the aim of making the youth self-reliant. The 7-day training was held at Pragati Secondary School, Hetauda-9, on August 10-16, 2025. The training included electricians, beauticians, baristas, and haircutting. Started in collaboration with Hetauda Sub-metropolitan City No. 9 Ward Office and Pragati Secondary School, Hetauda, this training gave participants the opportunity to learn useful skills in practical life, which will help them in future employment or entrepreneurship.

The training, which was received by about 100 students and was conducted by experienced trainers with an emphasis on training and practical practice, was led by Pramesh Pradhan, president of the Rotary Club of Hetauda.



Focus on Maternal and Child Health

RC Newroad City / RC Bhaktapur
July 25-28, 2025

On July 25, 2025, Ms. Hema Kumari Adhikary, Chair, District Maternal and Child Health Committee, was invited as the guest speaker at the regular meeting of RC New Road City. Around 20 Rotarians were present at the meeting. Ms. Adhikary highlighted the importance of maternal and child health in shaping healthier and stronger future generations. Members actively engaged in the



Hepatitis Awareness Program with Hepatitis B Screening

R E-Club of Medicofusion Hybrid
July 28, 2025

On World Hepatitis Day 2025 (July 28), the Rotary E-Club of Medicofusion Hybrid Nepal—comprising doctors—organized a Hepatitis Awareness and Hepatitis B Screening Program at Saino Center, Rupandehi. The program offered free hepatitis B screening and ultrasound tests for 50 individuals. Club President 2025/26, Dr. Manju Gubhaju, emphasized that health remains the club's top priority, aligning with Rotary's motto of service. She explained that the initiative focused on awareness, early detection, vaccination, and follow-up care, while assuring future free health camps and awareness drives.

Dr. Sahil Bhusal conducted an informative session on hepatitis, its types, high-risk behaviors, and preventive measures. He highlighted that hepatitis B and C cause severe liver damage, spreading through infected blood, unsafe needles, unprotected sex, and mother-to-child transmission. He encouraged vaccination, safe practices, and early testing.

Free ultrasound services were provided by Dr. Abhishek Man Bajracharya and Dr. Bijay Bhandari. Based on the results, Dr. Gubhaju also announced a vaccination plan for 50 patients in need.

This impactful initiative showcased the club's commitment to awareness, prevention, and timely treatment in the fight against hepatitis.

discussion by raising queries on the subject. She further encouraged the club to initiate programs focused on maternal health in the coming days.

Similarly, on July 26, 2025, the Maternal and Child Health Committee Chair addressed a program organized by RC Bhaktapur, where the keynote speaker was Ms. Kabita Maharjan, PhD. The session witnessed the participation of approximately 30 attendees.

In addition, Chair Hema Kumari Adhikary and Past President of RC Bhaktapur, Rtn. Bhawani Thapa Ghimire, joined an online program organized by the Interact Clubs of Bhaktapur and Kavre Valley. Chair Hema served as the speaker, engaging with around 50 enthusiastic Interactors. The session proved to be highly impactful as the young participants raised insightful queries regarding maternal and child health, making the program both interactive and meaningful.

Teej Celebration

August, 2025

The Teej celebration, organized by various Rotary clubs, aimed to strengthen fellowship among members and expand bonds beyond the club community. The event brought together club members, district officials, guests, Rotaractors, and Interactors in a spirit of unity and joy.

The festival holds deep cultural and spiritual significance, rooted in the devotion of Goddess Parvati, whose penance to marry Lord Shiva symbolizes marital blessings, longevity, and prosperity. Married women fasted and prayed for their husbands' well-being, while unmarried women sought blessings for a good life partner. The occasion also fostered sisterhood, cultural expression, and togetherness through vibrant songs, dances, traditional attire, and feasting.



RC Dillibazar



RC Rupandehi



RC Tilottama-Rupendehi



RC Hetauda



RC Dharan Foothills



RC Balaju



RC Kathmandu Height

The program was filled with energy, featuring traditional dance performances, soulful music, Mehendi art, entertaining games, and a festive ramp walk. Members showcased their talents through dance, music, and poetry, while a bingo game and other fun activities added to the excitement. A special highlight was the performance by a national-level singer, which further elevated the festive spirit.

The celebration concluded with a fellowship dinner, leaving everyone with cherished memories. Happy Teej!



RC Biratnagar Central



RC Dhulikhel



RC Biratnagar Down Town



RC Gyaneswor

Article

मेरो रोटरी यात्रा



रोटरीयन, किशोर कृष्ण भण्डारी

जीवनका अनेक रूपहरू हुन्छन् । कसैका लागि जीवन केवल निजी सुख-सुविधा भित्र सिमित रहन्छ, भने कसैका लागि यो समाजमा केही परिवर्तन ल्याउने निरन्तरको संघर्ष बन्छ । म दोस्रो धारको यात्रु हुँ । एक मध्यम वर्गीय परिवारमा जन्मिएको म, सानैदेखि अभाव, परिश्रम र संवेदनाका बीच हुर्किएँ । ती दिनहरूले मलाई जीवनको मूल्य र समाजप्रतिको उत्तरदायित्वको अनुभूति दिलाए ।

मेरो जीवनको यात्रा केवल व्यक्तिगत उन्नति सिमित थिएन । यो यात्रामा मैले सधैं समाजलाई नजिकबाट नियालें जहाँ गएँ, जे गरेँ - मेरो ध्यान सधैं ती अनुहारहरूमा अडिन्थ्यो, जहाँ हाँसोहरू भन्दा धेरै आँशुहरू थिए अनि आशाहरू भन्दा धेरै निराशाहरू । जीवनका यिनै यथार्थहरूसँग साक्षात्कार गर्दै जाँदा, म समाज सेवाको यात्रामा होमिन प्रेरित भएँ ।

पेशागत जीवनमा मैले विभिन्न राष्ट्रिय तथा अन्तर्राष्ट्रिय गैरसरकारी संस्थाहरूमा कार्य गर्ने अवसर पाएँ केहि वर्ष शिक्षक भएर पनि काम गर्ने अवसर पाएँ । ती संस्थाहरूमा काम गर्दै गर्दा मलाई देशका विभिन्न दुर्गम र पछाडि पारिएका क्षेत्र र ठाउँहरूमा पुग्ने अवसर मिल्यो । ती ठाउँहरूमा मैले देखेका दृश्यहरू आज पनि मेरो स्मृतिमा ताजै छन्, एकातिर खाने अन्न छैन, अर्कोतिर शिक्षाको उज्यालो टाढाको सपना बनेको छ; रोगले थलिएका शरीर छन् तर औषधिमा पहुँच छैन दैनिक जिविकोपार्जनको मुख्य विकल्प भनेको साहुको ऋण त्यसपछि भारत मात्रै थियो । यिनै यथार्थहरूले मेरो सोच र दृष्टिकोणलाई परिवर्तन गर्दै लगे ।

मैले बुझें, समाजमा परिवर्तन ल्याउने कार्य केवल चन्दा वा राहत वितरणमा सिमित छैन । त्यो त एक निरन्तर प्रक्रिया हो-जहाँ जनचेतना, सशक्तिकरण, सहकार्य र समर्पणको आवश्यक पर्छ । यही सोचले मलाई एउटा यस्तो संस्थाको खोजी तिर प्रेरित गर्‍यो, जसले यी मूल्यहरूलाई आत्मसात् गरेर

सेवा गर्‍यो । यही सन्दर्भमा मेरो भेट भयो, रोटरी इन्टरनेशनल सँग ।

जब मैले रोटरीको आदर्श, दर्शन र अभियानहरू बुझ्न थालें, म भित्रको सेवा भाव झन् प्रगाढ हुँदै गयो । रोटरी केवल एउटा संस्था मात्र हैन रहेछ, यो त एक यस्तो विशाल परिवार रहेछ, जसले "SERVICE ABOVE SELF" भन्ने मूल मन्त्रलाई जीवनको मार्गदर्शन बनाईदिएको छ ।

म सन् २०२० मा रोटरी क्लब अफ सेन्ट्रल बाँकेमा सदस्यको रूपमा आवद्ध भएँ । क्लबसँगको मेरो यो यात्राले मलाई केवल एउटा सदस्य बनाइएन, यसले मलाई मित्रता, नेतृत्व, प्रतिबद्धता र समाजप्रतिको जिम्मेवारी सिकायो ।

क्लबको संस्थापक सचिवको भूमिकाबाट मेरो औपचारिक रोटरी यात्रा सुरु भयो । त्यसपछि मैले क्लबको अध्यक्षको पदमा समेत रहेर कार्य गर्ने अवसर पाएँ । अहिले म परियोजना सेवाको अध्यक्ष (Service Project Chair) को जिम्मेवारीमा कार्यरत छु ।

हामीले हाम्रो क्लब मार्फत विभिन्न महत्वपूर्ण परियोजनाहरू सफलतापूर्वक सञ्चालन गरेका छौं

- १) विपद् प्रभावित क्षेत्रहरूमा राहत वितरण,
- २) सरकारी विद्यालयका शिक्षकहरूलाई ICT तालिम,
- ३) गरिब समुदायलाई बाखा पालन जस्ता आम्दानीमुखी कार्यक्रम,
- ४) छात्राहरूका लागि मैत्रीपूर्ण शौचालय निर्माण,
- ५) स्वच्छ खानेपानी परियोजना,
- ६) साँस्कृतिक संरक्षणमा आधारित सहयोग लगायत थुप्रै जनहितका कामहरू ।

यी परियोजनाहरू केवल कार्यक्रम मात्र होइनन्, ती मेरा र मेरा अग्रज व्यक्तित्वहरूका सपना, भाव, उद्देश्य र प्रतिबद्धताको अभिव्यक्ति हुन् । जब मैले कुनै आमाको अनुहारमा राहत देख्छु, कुनै विद्यार्थीको आँखामा उज्यालो देख्छु तब लाग्छ, मेरो जीवन सार्थक हुँदैछ ।

रोटरीले मलाई सेवा केवल एकपटकको क्रियाकलाप होइन, त्यो जीवनशैली हो भन्ने मुल मन्त्र सिकायो । रोटरीले मलाई दिएको संस्कार, ज्ञान, मित्रता र नेटवर्क मेरो व्यक्तिगत, पेशागत र सामाजिक जीवनको अमूल्य सम्पत्ति बनेका छन् । आज म गर्वका साथ भन्छु-म रोटरीयन हुँ ।

म ती दुःखी अनुहारहरूमा मुस्कान ल्याउन चाहन्छु, ती थलिएका आत्माहरूमा आशाको ज्योति बाल्न चाहन्छु । मेरो यात्रा अझ बाँकी छ, साथै यात्रा कुन दिशामा अग्रसर छ भन्ने कुरा प्रष्ट छ ।

‘सेवाको मार्गमा, मानवताको उज्यालोतर्फ’



Gautam Shrestha

Shrestha is the 2025-26 Assistant Governor for District 3292 (Nepal, Bhutan), and Past President of the Rotary Club of Yala, Nepal. He served as Chief Editor of the district's Governor's Monthly Letter (GML) in 2024-25.

50000 Trees in One Day

A Rotary legacy of Green Hope

"The widespread participation and devotion to Rotary's motto of 'Service above Self, through Reconciliation' are truly laudable."



On a crisp morning, my heart raced with excitement as I joined Rotarians Ravi Lamichhane, Chand SJB Rana, and Suman Ratna Tuladhar from the Rotary Club of Mount Everest. Our destination: Dalchowki, a breathtaking village in Konjyosom Rural Municipality, Lalitpur, about 23 km from Patan. Nestled in Nepal's hilly heart at 1,200 to 2,300 meters, this serene hill station promised adventure and purpose.



The hour-long drive was thrilling, with twisting roads and epic views. At Dalchowki, we waited an hour for other Rotarians and locals community to join us. Like Darjeeling, this hill station was magical—fog rolled in, skies cleared, rain teased, and a chilly breeze kept us on our toes. Every moment sparked a new thrill in this wild, beautiful place.

District Governor Binod Koirala's vision set the tone for the day: "My dear fellow Rotarians, as your District Governor, I am committed to an ambitious yet achievable mission: planting 50,000 tree saplings across Rotary District 3292 Nepal-Bhutan on Saturday, July 26, 2025. This initiative is close to my heart, and I call upon each of you to join hands in making it a resounding success. Together, we can create a lasting green legacy for our communities and future generations." His words, echoed in every speech, fueled our resolve.

Rotary District 3292 has a proud history of massive tree plantations, but this year's '50,000 Trees in One Day' campaign was its most ambitious yet.



By uniting communities, wards, social organizations, educational institutions, and local governments across Nepal and Bhutan, RID 3292 aimed to make this the largest and most impactful tree-planting initiative in its history.

On Plantation Day, as the sun rose, excitement filled the air. Rotarians and community members poured out of their homes, hearts brimming with purpose. Dressed in Rotary T-shirts and caps, they greeted each other with joyful laughter, united by a shared goal. With every step toward the planting sites, determination surged. Young and old carried saplings like treasures, eager to dig into the soil. From parks to hilly areas, trees were planted near schools, public spaces, police stations, and highways, transforming landscapes with hope and greenery.

"This is not just about planting trees; it is about planting hope and strengthening community ties," said District Governor Koirala. "The widespread participation and devotion to Rotary's motto of 'Service above Self, through Reconciliation' are truly laudable." The campaign also opened doors for future service, as clubs visited diverse areas, learning local needs and identifying new opportunities.

Post-planting, Rotary clubs collaborated with stakeholders to ensure the saplings' survival, providing protective fencing, regular watering, and community-led monitoring. This commitment to sustainability underscored the campaign's long-term vision.

Rotary International President Francesco Arezzo's theme, 'UNITE FOR GOOD,' was vividly realized on July 26, 2025. His message highlighted the power of collective action and a shared commitment to a greener, more sustainable future. The campaign's success—planting over 50,000 saplings across urban and rural landscapes—proved Rotary's enduring dedication to service.

As the day ended, Dalchowki's hills stood prouder, dotted with new life. The '50,000 Trees in One Day' campaign was more than an event; it was a movement, uniting communities and sowing seeds for a thriving planet. With every tree planted, Rotary District 3292 left a legacy of hope, unity, and environmental stewardship for generations to come.

A Success Story

Sunmaya's Foundation: Rotary Club's MICROCREDIT

RC Hetauda
August, 2025

No land, no house. Without a husband, there is no family support. Instead, she is responsible for all three of her girls. Many people are saddened when they think of Sunmaya's life, as she has virtually lost half of it. She regrets the anguish and suffering of the past, saying, 'If it weren't for the Rotary Club of Hetauda's microcredit program...!'

Thinking of a beautiful future and happiness, Sunmaya Bal and her husband tied the knot for a beautiful life of bonding. Unfortunately, after the birth of their first daughter, life became even more difficult. When they had trouble finding food, they decided to leave their village, Dandakharka, a remote area in the north of Makawanpur. Then, they arrived in Manahari Rural Municipality Ward No. 3, Handikhola, with their one-and-a-half-year-old daughter. They had neither education nor any skills. The husband and wife started earning a living by working on other people's land. Leaving their daughters at home, they worked as wage laborers all day long from dawn to dusk. "After working, they would give us money or food, so we had two meals a day," she recounted.



Even though they worked day and night as wage laborers, they still had trouble making ends meet. One day, they thought, if they hired someone's land, they wouldn't have a problem finding a place to live. In 2060 BS, they rented 10 katthas of land for an annual rent of 25,000 rupees. They started living in the landowner's house in Sajhatol, Handikhola. They initially started earning a living by cultivating food on the land. Sunmaya's life became easy, as they had enough food from the land and were sheltered in the landowner's house. Farming life, with no time for recreation, required managing multiple labor responsibilities. But time passed without me recognizing it. By 2070 BS, Sunmaya had three daughters. However, Sunmaya's family's position had not changed significantly. On the contrary, the number of mouths to feed and expenses had risen. She had to educate her daughters and handle their finances.



Call it chance or serendipity, but for Sunmaya, the Rotary Club of Hetauda launched a microcredit program in Handikhola. The initiative aims to empower financially underprivileged, single, and disabled women through self-employment while also promoting women's empowerment through self-employment. Sunmaya joined Rotary Community Crops (RCC) Handikhola. It felt like finding a god while looking for a stone. Because the yield from the rented land was insufficient to feed the family and repay the lender. A family of five's expenses had risen, making it difficult to pay for all of their daughters' education.

Sunmaya got a loan of 20 thousand rupees to grow vegetables and raise cows; initially people mocked, "Who will give money to those who do not have a house, land, or income in the village?" On top of that, they were not able to pay the interest on the amount taken. They were very happy with the interest-free loan they received at such a time. Along with happiness, Sunmaya's family spent a lot of time planting, cultivating, and selling vegetables. The villagers were also amazed by their hard work, vegetable production, and earnings. As a result, the villagers also gave them

a financial loan. Apart from vegetable farming, Sunmaya bought and raised two calves. Raising cows earned money by selling milk at home and also provided fertilizer for the farm. Gradually, cauliflower, cabbage, gourd, brinjal, cucumber, and beans started growing in the field. During the off-season, they planted rice and corn. Days of happiness and joy entered in Sunmaya's family. With hard work, earnings increased. They were able to educate the daughters.

Even though some days of ease and happiness came, another problem was added to Sunmaya. Misunderstandings with her husband increased. Due to which she had to divorce in 2080 BS. And the responsibility of raising and educating her daughters also fell on Sunmaya's shoulders. But with good income from vegetable farming and cattle rearing, her courage did not waver with the support and cooperation of the villagers. Sunmaya earns a good income from cattle rearing, along with producing fertilizer for the fields and selling milk. She says that she sells cow's milk worth 2 lakh 20 thousand rupees a year. Enthusiastic about her earnings, Sunmaya currently rents 25 kathas of land and pays 50 thousand rupees

annually to the moneylender. Through vegetable farming and cattle rearing, she has educated her three daughters up to grade 12. Moreover, she has been saving 2 lakh rupees annually by cutting all her household expenses.

Now, Sunmaya produces 45 bushels of rice and 5 quintals of corn annually along with vegetable farming. Rice is enough to feed the family, while corn helps feed the cows. Sunmaya, who was afraid of talking to new people, has changed a lot after joining the Rotary Community Corps, Handikhola. She is now able to explain her problems and progress in detail. Similarly, after receiving adult education, she is even able to write her name. Thus, Rotary's selfless, interest-free loan turned Sunmaya's hopelessness and darkness of life into light. Sunmaya, who was walking with a burden of tears, received small but warm support from the Rotary Club of Hetauda, which was the key to opening the door to her valuable future.

District Governor's Calendar

September 2025

Day	Programme	Location
01	Charter Presentation of RC Vision	Kathmandu
02	DG official Visit and Charter Day of RC Gyaneswor	Kathmandu
03	DG Visit and Charter Day of RC Patan South	Lalitpur
04	Charter Presentation of RC Godawari	Lalitpur
05	Pokhara Area	Pokhara
06	Pokhara Area	Pokhara
07	Pokhara Area	Pokhara
08	Basic Education and Literacy Program	Kathmandu
09	DG Visit of RC Boudha	Kathmandu
10	DG Visit and Charter Day Celebration RC The Himalayan Gurkhas	Kathmandu
11	DG Visit of RC Bhaktapur	Bhaktapur
12	Installation & DG Visit RC Gandaki	Pokhara
12	Rotaract Program	Pokhara
13	Vibrant Club Workshp, Region 4	Pokhara
14	DG Visit of RC Pokhara	Pokhara
15	DG Visit of RC Pokhara Newroad	Pokhara
16	Pokhara Area	Pokhara
17	DG Visit of RC Himalaya Patan	Lalitpur
18	DG Visit of RC Maharajgunj	Kathmandu
19	DG Visit of RC Kathmandu Mid Town	Kathmandu
20	DG Visit and Charter Day of RC Changu	Bhaktapur
23	DG Visit of RC Bharatpur	Bharatpur
23	DG Visit of RC Narayani Midtown	Chitwan
24	DG Visit of RC Narayangarh	Narayangarh
24	DG Visit of RC Purbi Chitwan	Chitwan
25	DG Visit of RC Kawasoti	Kawasoti
25	DG Visit of RC Nawalpur Kawasoti	Kawasoti
26	DG Visit of RC Chitwan	Chitwan
26	DG Visit of RC Gaidakot	Gaidakot
27	DG Visit of RC Ratnanagar	Ratnanagar