

GML

GOVERNOR'S MONTHLY LETTER

Rotary
District 3292

UNITE
FOR
GOOD



06 | Feature News

08 | District News

18 | DG Visits

21 | Club News and Activities

38 | Global Grant News



Francesco Arezzo
RI President 2025-26



Binod Koirala
District Governor 2025-26

GOVERNOR'S MONTHLY LETTER



Dear Fellow Rotarians, Rotaractors, and Interactors,

December, observed as Disease Prevention and Treatment Month, served as a strong reflection of Rotary's enduring commitment to transforming lives through sustainable growth, empowerment, and well-being. Through The Rotary Foundation's focus on community development, clubs emphasized creating opportunities, strengthening livelihoods, and fostering self-reliance through education, entrepreneurship, skill development, and preventive health initiatives.

Across District 3292, Rotary clubs actively implemented impactful projects that supported local enterprise, vocational training, community service, and health awareness. These initiatives empowered individuals to realize their potential, strengthened community resilience, and contributed to inclusive and sustainable progress. Collectively, they demonstrated Rotary's holistic approach to development—combining immediate support with long-term capacity building.

The month also highlighted Rotary's unity, resilience, and collaborative spirit. As District Governor, several official club visits were successfully conducted, enhancing engagement, communication, and alignment across clubs. Additionally, the district initiated regional execution of the Vibrant Club Workshop and

successfully completed the Region VI workshop, further strengthening club effectiveness and service impact.

These achievements reflect Rotary's unwavering dedication to empowering communities, advancing health, and building a more peaceful, self-reliant world. On behalf of District 3292, heartfelt gratitude is extended to every Rotarian for your commitment, compassion, and service. Together, we continue to inspire meaningful change and build a brighter, more equitable future for all.

Yours in Rotary,

Binod Koirala

District Governor, RY 2025-26

18th
DISTRICT CONFERENCE

FEBRUARY 19-21, 2026 | POKHARA

(फाल्गुन ७-९, २०८२)

Welcome to Pokhara



RI PRESIDENTIAL STATEMENT

Dear fellow Rotary leaders,

This month's special issue of Rotary magazine is all about happiness, that most elemental of human yearnings. More than a feeling, though, this state of positive well-being, and the conditions necessary to create and sustain it, should be considered a universal right.

December also marks Rotary's Disease Prevention and Treatment Month, when we highlight our members' work to promote health and wellness, including mental wellness. Globally, nearly 1 in 7 people have a mental health disorder, according to a recent World Health Organization report. Yet only 9 percent of people with depression receive adequate treatment.

We are fortunate in Rotary to have a powerful way to support emotional well-being and happiness: friendship. The connections we build in Rotary can be a powerful force for change. I know this from personal experience.

When my fellow members first proposed that I become club president, I demurred. I had a stutter. I was terrified of speaking. But having club members who supported me and surrounded me with affection enabled me to face my fear, and I found a way to stand confidently before a crowd. Today, I regularly address audiences — some numbering in the thousands — in a language that is not native to me. The Rotary members in my life helped me create lasting change within myself.

That fellowship gives us the courage and means to create lasting change in the world as well, and mental health services are in desperate need of

improvement. The WHO reports that governments on average devote only 2 percent of their health budgets to mental health, and only 11 percent of that funding reaches community-based services. In some countries, only one trained mental health professional is available for every 100,000 people. The WHO has called for strategic and urgent action to close the gap.

Rotary can answer that call by championing mental health awareness in our clubs, working with local health systems, funding training for community health workers, and supporting initiatives that bring care to places where none exists. Even small investments in mental health yield enormous returns in productivity, public health, and happiness.

While we are creating lasting change in the world, we cannot forget to take care of each other. Past RI President Gordon McInally wisely reminds us that we must go beyond asking, "How are you?" We owe it to each other to instead ask, "How are you really?"

As we transition to a new year filled with new possibilities, let us Unite for Good — for healing, friendship, and access to happiness.

**Yours in Rotary,
Francesco Arezzo**
Rotary International President, 2025-2026





Editorial

Dear Fellow Rotarians, Greetings!

GML serves as a dynamic platform that informs, inspires, and connects every member of the Rotary family. Each edition is thoughtfully curated to reflect the true essence of Rotary—showcasing stories of service, innovation, and compassion that highlight the strength, dedication, and unity of our community. More than a record of achievements, GML stands as a testament to Rotary's creativity, values, and enduring commitment to service. Through its pages, we celebrate fellowship, strengthen connections, and reaffirm our shared purpose—to serve humanity, to lead with integrity, and to create lasting impact. Every story and highlight embodies the Rotary spirit: purposeful service, fellowship in action, and the power of united humanity working for the greater good.

December, observed as Disease Prevention and Treatment Month, showcased the remarkable dedication and service of clubs across District 3292. Key highlights included the **District 3292 IT initiatives, Vibrant Club Workshop (Region VI), Train the Trainers 2026-27, the Regional Road Safety Art and Essay Competition (Regions 1-3)**, and diverse club activities aligned with Rotary's Areas of Focus and district goals. The cover page

of this issue proudly features the first-position artwork from the road safety competition, drawn by Richelle Alden Shrestha of Little Angel's School, Lalitpur.

This issue also celebrates the outstanding engaging Rota Quiz, where participating clubs demonstrated knowledge, teamwork, and enthusiasm—reflecting a spirit of healthy competition and continuous learning. We extend our heartfelt gratitude to all Rotarians whose unwavering commitment and generous support make these meaningful accomplishments possible.

Yours in Rotary,
Rtn. Er. Bidur Timalsina
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2025-26

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ROTARY ON HAND

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THE QR
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DISCLAIMER: Governor Monthly Letter (GML) is an official monthly newsletter of Rotary International District 3292, Nepal-Bhutan. This publication is published by the Editor under leadership and guidance of the District Governor to showcase his vision, mission, plans and activities. It provides opportunities for all fellow rotarians to learn about Rotary International (RI) goals and developments, regional and district activities as well as various news and activities from the clubs. Content published in GML are the sole responsibility of respective clubs, writers and content creators that publishing Team doesn't hold any accountability, if any error in fact, data and information are found. Please, write anything in concern of this publication to gml.district3292@gmail.com



"Life Restored Through Sight: Rotary Club of Hetauda Brought Vision Back to an 82-Year-Old Man"

Eighty-two-year-old Sanukanchha Syangtan of Bhalukharka, Indrasarovar Rural Municipality-2, had been unable to walk independently for nearly two years after cataracts covered both of his eyes. Dependent on his 15-year-old granddaughter for daily movement, he had lived with blurred vision for a long time but could not afford eye examinations, relying solely on a senior citizen allowance.



At the initiative of the Rotary Club of Hetauda, Syangtan attended a free eye camp in Indrasarovar with the support of his granddaughter. The examination confirmed cataracts in both eyes. The following day, with assistance from Rotary volunteers and health workers, he was brought from his home to the surgery camp at Shree Panchakanya Secondary School, Khanikhet.

Using modern technology and the expertise of skilled doctors, the surgery was completed successfully, fully restoring his vision. Overjoyed after the operation, Syangtan said it felt as if life had returned to him. He expressed deep happiness at being able to see clearly again after two years and offered heartfelt gratitude to the doctors, health workers, and Rotary team for giving him the gift of sight.

Feature

District Digital Update



Rtn. Chhongba Sherpa

Chair, District Information Technology Committee 2025-2026

Dear Fellow Rotarians,

Warm Greetings!

We are pleased to share updates on monthly club reporting, member engagement via the district's digital platforms, and a significant milestone in our district's ongoing digital transformation.

This system automatically reflects the information you submit—including club profiles, member details, and monthly reports—enhancing our district's digital presence, transparency, and public outreach while ensuring consistency.

Great News !

AUTO-SYNC Club websites are Now Live

All Rotary clubs in District 3292 now have their own AUTO-SYNC website, generated directly from the District Central Platform. A total of 163 club websites are now active and require no technical work or maintenance from clubs.

For any technical assistance, the District Information Technology Committee is ready to support you.

District 3292 Central Platform is all About ?

Rotary Clubs

Manage club data and leadership
Submit reports easily
Auto-sync club website
Preserve digital Records

District 3292

Monitor club progress
Enable fair recognition
Access secure, authenticated data

The Word

See Rotary's real impact
Trust verified stories and data
Experience Rotary's service

One platform. Shared responsibility. Visible impact.

One-time Entry

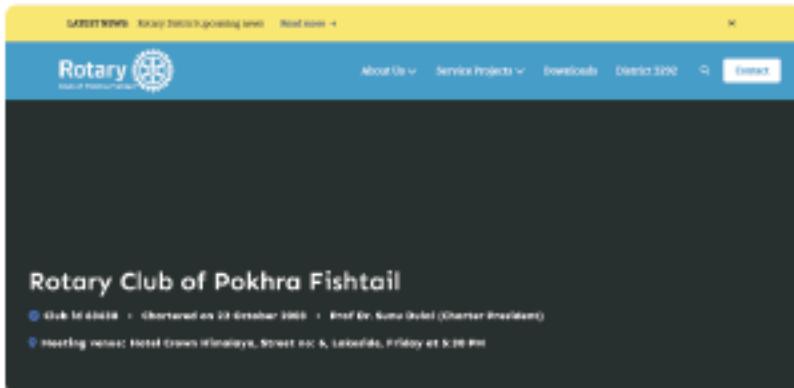
auto syncs data
across district
systems and club
websites securely.
No need to maintain
separate systems

163 Websites ready to go..



**Always-Updated
CLUB WEBSITE**
clubname.rotarydistrict3292.org.np

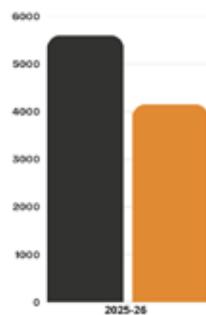
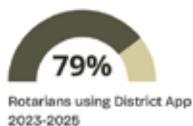
Rotary
District 3292
Monitor club progress



How to Access Your Site

Each club can access its website at: clubname.rotarydistrict3292.org.np
(For multi-word club names, use hyphens; e.g., thamel-kathmandu.rotarydistrict3292.org.np)

Mobile App Users Status



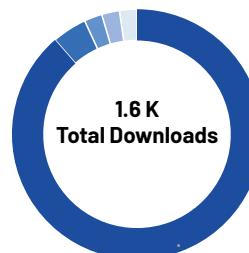
Dec 16, 2025

Device acquisition (New devices, All events Cumulative, Daily)

All Country / Region	2555
Nepal	2426
India	51
United States	13
Australia	9

Total Downloads by Source

App Store Search	88.60%	1416
App Referrer	4.50%	72
Web Referrer	2.30%	37
App Store Browse	2.30%	37
Unavailable	2.30%	36



MONTHLY REPORTED CLUBS

Select Month:	Select Rotary Year:	<input type="checkbox"/> Show Only Non-Submitted Clubs
November	Active Rotary Years	
Reports (Including Service Projects): November (Active Rotary Years)		
Show 7 entries		
#	Club Name	Committee
1	Udholakar	Membership
2	Bhagjan	Club Administration, Membership, Public Image, Service Projects, TRF Contributions
3	Patan West	Club Administration, Membership, Public Image, TRF Contributions
4	Bhaktapur-Downtown	Club Administration, Membership, Public Image, Service Projects
5	Uttar	Membership, Public Image, TRF Contributions
6	Purni Chhewari	Club Administration, Membership, Service Projects
7	Patan	Club Administration, Public Image, TRF Contributions

Action Required from Clubs

To ensure your club website is accurate and effective, all clubs are strongly encouraged to:

- Submit monthly reports regularly.
 - Keep member information and portfolios updated in the system.
- Regular updates will keep your website current, credible, and impactful.

Website Global Reach



497+
daily visitor

15K+
Monthly visitor

District News



Vibrant Club Workshop Strengthens Rotary Clubs in Region VI

Hotel Lords CBC Plaza, Bharatpur,
Chitwan
December 6, 2025

A one-day Vibrant Club Workshop – Region VI was successfully conducted by Rotary International District 3292 (Nepal-Bhutan) on December 6, 2025 in Bharatpur, Chitwan. The workshop focused on strengthening club effectiveness, membership growth, public image, and overall vibrancy across Region VI.

The program was jointly hosted by 14 Rotary clubs of Region VI, reflecting strong inter-club collaboration and a shared commitment to Rotary's mission. The workshop was chaired by Region VI Chair Rtn. Arpana Pradhan, ensuring effective coordination and smooth facilitation throughout the day.

The Opening Plenary began with a welcome and program overview by Past District Governor Rtn. Jitendra B. Rajbhandary, followed by inspiring remarks from District Governor Rtn. Binod Koirala. PDG Rtn. Sanjay Giri shared insights on basic education and literacy initiatives, while District Governor Nominee Rtn. Dr. I. P. Dhakal delivered encouraging remarks. Audio-visual presentations highlighting the 18th District Conference and the RI Convention in Taipei further energized the participants.





The workshop featured a series of high-impact technical sessions delivered by experienced and engaging speakers. Key areas covered included district membership status, building healthy and vibrant clubs, participant engagement, club public image, service projects, club administration, Rotary promotion, and online reporting. The sessions were widely appreciated for their clarity, relevance, and practical value.



The Closing Plenary included a comprehensive wrap-up by PDG Rtn. Jitendra B. Rajbhandary, highlighting key learnings and actionable takeaways. A heartfelt vote of thanks was delivered by Region VI DLF Chair Rtn. Arpana Pradhan, acknowledging the speakers, organizers, host clubs, and participants. The program concluded with a fellowship dinner, further strengthening bonds among Rotarians.

Key outcomes of the workshop included improved understanding of membership development, strengthened club reporting and administration practices, clearer strategies for enhancing public image, and renewed enthusiasm for impactful service projects. The participation of 95 Rotarians underscored Region VI's strong commitment to building healthy, vibrant, and effective Rotary clubs.





Train The Trainers 2026-27

Himalaya Deurali Resort, Pokhara
December 20 & 21, 2025

The District Learning Facilitator (DLF) "Train the Trainers" program for Rotary International District 3292 (Nepal and Bhutan) concluded successfully with great enthusiasm at the serene Himalaya Deurali Resort, Pokhara. The two-day seminar brought together aspiring and experienced facilitators with the objective of strengthening training capacity across Rotary clubs in the district.





Day One Highlights:

The program commenced with a warm welcome by DLF Co-Chair Rtn. Pawan Raman Khanal, setting an inspiring tone for the event. District Governor Rtn. Binod Koirala delivered the opening remarks, emphasizing unity and service under the Rotary theme "Unite for Good." District Governor-Elect Rtn. Vishnu Bahadur Karkee shared his vision for the coming year, while District Governor Nominee Dr. I. P. Dhakal offered valuable insights. District Learning Facilitator and Immediate Past District Governor Rtn. Rajendra Man Sherchan outlined the program guidelines, reinforcing Rotary's commitment to developing skilled facilitators and effective club training.

The day featured five insightful presentations:

- Rtn. Dr. Dhruba P. Acharya - Effective Facilitator
- Rtn. Chhongba Sherpa - RI Online Resources
- Rtn. Dr. Dinesh Manandhar - Adult and Facilitator Learning
- Rtn. Laxman Gnawali - Non-Verbal Communication
- Rtn. Laxmi Thapa Giri - Managing the Classroom

Past District Governors Rtn. Jitendra Bahadur Rajbhandary and Rtn. Sanjay Giri shared their experiences, providing practical guidance and reflections. The day concluded with a fellowship dinner.





Day Two Highlights:

From 9:30 AM to 12:30 PM, an intensive hands-on session on individual trainer presentations was conducted in two parallel groups. Group A was facilitated by District Secretary 2026-27 Rtn. Gautam Shrestha, and Group B by DLF Co-Chair 2026-27 Rtn. Pawan Raman Khanal. Participants were divided into Group A (15 trainers) and Group B (11 trainers). Each trainer delivered a focused 10-minute presentation followed by an interactive Q&A session.

In Group A, PDG Rtn. Sanjay Giri, DG Rtn. Binod Koirala, and DGN Dr. I. P. Dhakal served as panelists. Group B featured PDG Rtn. Jitendra Bahadur Rajbhandary, DGE Rtn. Vishnu Bahadur Karkee, IPDG Rtn. Rajendra Man Sherchan, and Rtn. Laxman Gnawali as panelists. The session provided valuable practical exposure to effective facilitation techniques.





The Closing Plenary marked an inspiring conclusion to the seminar. Two participants shared their reflections and key learnings from the program. District Governor-Elect Rtn. Vishnu Bahadur Karkee commended the participants' enthusiasm and underscored the importance of skilled facilitation in strengthening Rotary clubs. DLF Chair 2026-27 IPDG Rtn. Rajendra Man Sherchan delivered the closing remarks, summarizing the objectives of the program and encouraging participants to apply their new skills in service. A heartfelt vote of thanks was presented by Rtn. Maheshwor Pahari, acknowledging the organizers, facilitators, speakers, and participants.

District Secretary 2026-27 Rtn. Gautam Shrestha served as the Master of Ceremonies. The program concluded with a fellowship lunch before participants departed for their respective destinations.





Regional Road Safety Art & Essay Competition (Region 1-3)

The Rotary Regional (Region 1-3) Road Safety Art & Essay Competition, organized by Rotary International District 3292, was successfully held at Himalayan Restro & Events, Hattisar, Kathmandu. The program brought together leaders, advocates, and educators dedicated to promoting road safety and raising awareness about traffic rules. It emphasized the importance of early education in shaping responsible citizens who can prevent accidents and contribute to community well-being.

A highlight of the event was the active participation of school students in both art and essay competitions, which provided a platform to express their understanding of road safety creatively. Through drawing, painting, and writing, students internalized key safety messages while learning to communicate them effectively to peers, families, and the wider community. Such initiatives cultivate a generation that is both aware and proactive in preventing road accidents, combining education with creative expression to promote behavioral change and social engagement.

Speakers, including Service Project Chair Dr. Nirmal Rijal, Guest of Honor Muhammad Irfan Saeed Alrai, Chief WASH, UNICEF Nepal, and Chief Guest SSP Navraj Adhikari, Valley Traffic Police Chief, delivered inspiring messages on the importance of road safety and youth engagement. They highlighted how



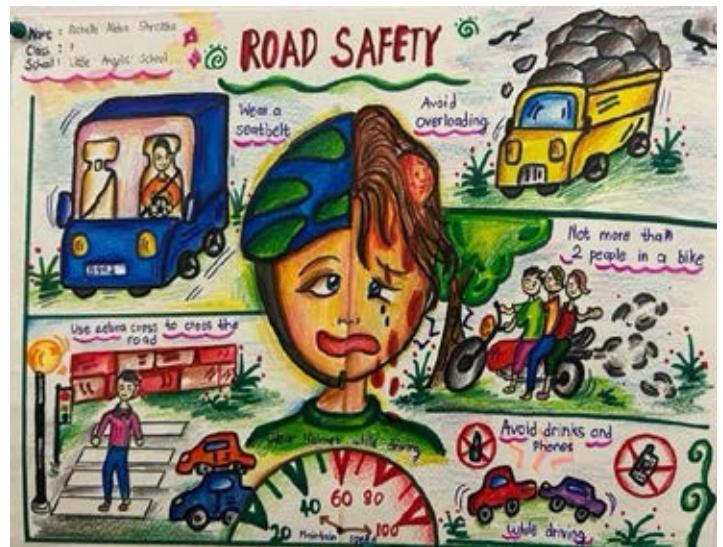


creative platforms like art and essay competitions raise awareness, shape responsible behavior, and encourage students to become advocates for safer roads. The speakers also emphasized the significance of collaboration between communities, organizations, and authorities in reducing accidents and appreciated the participants for using their creativity to promote public safety.

In the Art Competition, Richelle Alden Shrestha (Little Angel School, RC Kasthamandap) won first place, followed by Itr. Swornima Rachel (Mount Valley School, RC Bhaktapur) in second, and Itr. Sharmila Shahi (Mount Valley School, RC Bhaktapur) in third. Finalists included Deepjala Rimal (Prithvi Narayan Secondary School, RC Patan West) and Simran Khadka (Mangal Secondary School, RC Kathmandu Mid Town).

The Essay Competition, Anuska Bajracharya (Khwopa Secondary School, RC Bhaktapur) secured first place, followed by Ankita Shrestha (Khwopa Secondary School, RC Bhaktapur) in second, and Riddhima Bhujel (Uniglobe Secondary School, IAC Kathmandu) in third. Finalists included Rohit Shrestha (Annapurna Secondary School, RC Thamel) and Srivali Adhikari (Rupy's International School, RC Kathmandu Mid Town).

Overall, the event successfully merged creativity, awareness, and advocacy, fostering a strong culture of road safety consciousness among young participants and inspiring them to actively promote safer communities.





RC Patan Durbar Advances to Finals in Region 3 Rota Quiz Contest

The Rota Quiz Sub-Committee of Region 3 successfully conducted the Regional Round of the Rota Quiz on December 26, 2025, at Saba Cliff Restro, Lagankhel. Three teams—RC Patan Durbar Square, RC Yala, and RC Patan East—participated in a competitive and engaging quiz session. The event was managed under the guidance of Advisor Rtn. Manish Ghiraiya, with judging by Advisor Rtn. Lalita Thapa. Rotaractor Sandip Dangol handled scoring, while Rotaractor Naiju Awale oversaw timekeeping.



RC Patan Durbar Square emerged as the winner with 195 points, followed by RC Yala with 100 and RC Patan East with 50, securing their place in the finals. The event also included the respective RWM sessions of the participating clubs, fostering fellowship and knowledge sharing among members. The contest reflected strong enthusiasm, preparation, and collaboration, highlighting the spirit of healthy competition and Rotary's commitment to engaging members in educational and interactive initiatives.

RC Yala Secure First Place on Zonal Round of Zone 17

The Rotary Club of Yala hosted the district 3292 Zonal Round of Rota Quiz 2025 (Region 3, Zone 17) on December 5 at Revive Leisure Park, Mahalaxmishan, Lalitpur. Teams from RC Yala, RC Himalayan Patan, and RC Chandragiri competed across six rounds with 36 questions. RC Yala secured first place with 120 points, followed by RC Himalayan Patan (115) and RC Chandragiri (105). The participants' preparation, confidence, and knowledge of Rotary made the event memorable. The quiz was conducted by Quiz Master Rtn. Lalita Thapa, adjudicated by Judge Rtn. Naresh Tuladhar, and organized under the leadership of region 3 Rota Quiz Chair, Rtn. Gupta Bahadur Rana.





Rotary Club of Pokhara Newroad Advances to District Finals in Rota Quiz from Region 4

The Region IV Rota Quiz 2025-26 concluded successfully on December 6, 2025, at Step-by-Step Secondary School, Masbar, Pokhara. Fourteen clubs competed in the Zonal Round, and six winning clubs advanced to the Regional Final. Rotary Club of Pokhara Newroad emerged first in the Final Round, with team members Rtn. Ram Bikram Adhikari, Rtn. Laxmi Basnet Adhikari, Rtn. Indra Bahadur Thapa, and Rtn. Puspa Kamal Poudel.

The event was graced by District Secretary Rtn. Subash Sigdel, District Conference Committee Chair Rtn. Laxmi Giri, AGs from Zones 21-24, district officials, Rotarians, Rotaractors, Interactors, and spouses. Special thanks were extended to the organizing committee and AG Rama Kanta Baral for venue arrangements and logistical support. The competition showcased remarkable enthusiasm, preparation, and Rotary knowledge. Congratulations were extended to all participants, with best wishes to RCP Newroad for the upcoming District Level competition, celebrating fellowship, learning, and healthy competition.



Rotary Club of Rupandehi Advances to District Finals in Rota Quiz 2025-26 From Region 5

The Region 5 Rota Quiz Competition for the Rotary Year 2025-26 was successfully conducted with active participation and support from district officials and Rotaractors, who played a vital role in organizing and managing the program.

Rotary Club of Rupandehi emerged as the winner, securing their place in the district finals. The first runner-up was Rotary Club of Kapilvastu Midtown, followed by RC Butwal South in the second runner-up position. The competition highlighted the enthusiasm, preparation, and Rotary knowledge of the participating clubs, fostering fellowship, healthy competition, and engagement among members across region 5. The event also emphasized the collaborative spirit of Rotarians and Rotaractors in ensuring a smoothly conducted and impactful quiz program.



District Governor's Official Club Visit



DG Visit RC Chitwan

The District Governor's Official Club Visit is recognized as an essential annual practice within Rotary International, designed to enhance engagement and reinforce coordination between district leadership and individual clubs. These visits played a key role in ensuring alignment with Rotary's overarching mission while fostering fellowship, accountability, and a shared sense of purpose.

Throughout each visit, the District Governor will meet with club leaders and members to assess ongoing service projects, acknowledge achievements, and address challenges requiring collective focus. Such interactions offer strategic guidance, renewed inspiration, and supported clubs in aligning their goals with district priorities and Rotary's global objectives.

Beyond administrative review, the Governor's visits serve to energize members and strengthen unity. Through the exchange of ideas, recognition of best practices, and encouragement of collaboration, these visits help build partnerships that enhanced the overall impact of Rotary's humanitarian work.

In Rotary International District 3292, Nepal & Bhutan, District Governor Binod Koirala commenced his official club visits in July 2025 with notable commitment and enthusiasm. He emphasized direct engagement, traveling extensively to connect with clubs across diverse communities. By the completion of the first half of the Rotary year 2025-26, 75 clubs had been successfully visited.

Each visit showcased impactful service initiatives, encouraged constructive dialogue, and revitalized clubs for the remainder of the Rotary year. Governor Koirala's leadership and guidance were widely appreciated, providing motivation, practical insight, and a reinforced commitment to advancing Rotary's mission throughout Nepal and Bhutan.



DG Visit RC Gaindakot



DG Visit RC Kathmandu West



DG Visit RC Kathmandu Metro



DG Visit RC Kopundol



DG Visit RC Patan Durbar Square



DG Visit RC Madhyapur



DG Visit RC Patan Heritage



DG Visit RC Mount Everest Lalitpur



DG Visit RC Patan West



DG Visit RC Ratnanagar



DG Visit RC Narayangarh



DG Visit RC The Himalayan Gurkhas



DG Visit RC Narayani Mid Town



DG Visit RC Rudramati Kathmandu



DG Visit RC Kawasoti



DG Visit RC Himalayan Golfers



DG visit RC Balaju



DG Visit RC Saibu Bhaisepati



DG Visit Rotary E-Club of Namobuddha Bagmati



DG Visit RC Swoyambhu



DG Visit Rotary E-Club of District 3292



DG Visit RC Kathmandu North



DG Visit RC Nawalpur Kawasoti



DG Visit RC Dillibazar Kathmandu



Blood Donation Program

RC Itahari
November 29, 2025

The 12th Late Sachin Memorial Blood Donation Program was successfully organized in Itahari by the Rotary club of Itahari and Rotaract Clubs of Itahari and Sunsari. The event supported local blood banks, promoted voluntary donation, and honored the late Sachin Shrestha's legacy. Medical professionals from the Nepal Red Cross Society Morang handled donor screening and collection, while volunteers managed registration, assistance, and coordination.

A brief memorial session was held under the chairmanship of President Rtn. Dev Charan Chaudhary, with Ward-9 Chairman Mr. Jiten Thapa as Chief Guest. The initiative reflected Rotary's spirit of service and strengthened inter-club collaboration.



Distributed Warm Clothes, Stationery and Installed Water Filter in Bulingtar

RC Gaidakot
November 29, 2025

The Rotary Club of Gaidakot organized a community welfare program at Udhya Secondary School in Bulingtar Ward 5, Bhadure, on 29 November 2025. The event supported students through the distribution of warm clothes and stationery, along with the installation of a water filter to ensure clean drinking water. The program was chaired by President Rtn. Hiralal Aryal, with Assistant Governor Rtn. Dr. Promod Poudel attending as the Chief Guest, joined by Ward Chairperson Bijaya Thapa, Education Resource Person Dev Rana, School Management Committee President Rimesh Gurung, and Principal Hom Bahadur Saru Magar. Rotarians, including President-Elect Ramhari Shrestha, Program Coordinator Rekhe Shrestha, and other members, participated alongside teachers, guardians, and students. A total of 116 students received warm clothes and stationery. Speakers highlighted Rotary's commitment to education, hygiene, and safe water and expressed gratitude to all who contributed to the program's success.



Health Check-up Camp and Medical Equipment Distribution

Rotary E-Club of Medicofusion Hybrid Nepal
November 29, 2025

A Health Check-up Camp and Medical Equipment Distribution Program was organized on 29 November 2025 at Lumbini Apanga, Dristribihin Anath Ashram in Ujelapur, Butwal-15, serving nearly 50 residents. The initiative aimed to provide essential healthcare services and strengthen long-term health support for differently-abled

and visually impaired individuals. A team of Rotarian doctors, including general physicians, orthopaedicians, ophthalmologists, ENT specialists, dental surgeons, and radiologists, conducted general screenings, consultations, specialized eye check-ups, and distributed prescribed medicines. The club also provided mobility aids such as wheelchairs, walking sticks, crutches, walkers, and white canes. Additional support included warm clothes, 15 blankets, two gas cylinders, vegetables, lentils, and a first-aid box. With a budget of NPR 80,000, the project offered both immediate care and sustainable health resources, embodying Rotary's commitment to Service Above Self.





Furniture Distribution & Blood Donation on Charter Day

RC Damak
November 30, 2025

The Rotary Club of Damak successfully organized the blood donation program on the occasion of the 15th Charter Day, where 52 enthusiastic volunteers donated blood. Held at the Gorkha Department Store premises, the event was supported technically by the Nepal Red Cross Society, Damak Sub-Chapter. Marking the celebration, the Club also handed over an office table and chair set each to the Area Police Office and the Area Traffic Police Office to enhance their service delivery. Representatives from various organizations, social leaders, businesspersons, students, and security personnel attended the program. Club officials emphasized that the initiative not only helps meet urgent blood needs but also promotes healthier lifestyles by encouraging regular blood donation. With a budget of Rs. 30,000 for the blood donation event and Rs. 70,000 for furniture support, the program strengthened public service facilities, encouraged voluntary blood donation, and contributed to overall community health and well-being.



Free Health Camp

RC Bhadgaon
November 28, 2025

The Rotary Club of Bhadgaon organized a comprehensive health camp in Dhunibeshi Municipality Ward 1, Dhading, on November 28, 2025, providing health checkups for 320 local residents. A team of 27 doctors and nurses from Kathmandu Medical College delivered services including ECG, video X-ray, dental checkups, lab tests, general medicine, orthopedic care, and gynecology consultations. The local government supported the initiative by offering the school premises and necessary logistics. Club Secretary Suman Koirala led the volunteer team and coordinated effectively with the hospital and local authorities to ensure the camp's success.



Skyhydrant Filter Installed at Phulchoki Secondary School

RC Patan South
December 3, 2025

On December 3, 2025, Phulchoki Secondary School in Nepal marked the installation and handover of a Skyhydrant water filtration system, providing safe drinking water to nearly 1,200 students. The ceremony was attended by the school management committee, local government representatives, Rotarians, and Rotaractors. The program was hosted by Rtn. Surendra Shrestha, President of the Rotary Club of Patan South. The electricity-free filtration system was generously supported by Disaster Aid Australia, with Rotaractors from the Rotaract Club of Peninsula, Melbourne, joining the event and highlighting the spirit of international collaboration and sustainability.



Awareness Program on Prohibited Sales Near Schools

RC Mechinagar
December 9, 2025

The Rotary Club of Mechinagar, in collaboration with East Horizon Higher Secondary School's FAN Club (Fight Against Narcotics), successfully organized an awareness program against the sale of prohibited and harmful items within 200 meters of school premises. The program saw active participation from the Nepal Police, local government representatives, and ten social organizations, reflecting strong community support for student safety.



A large awareness rally was conducted across Dhulabari Chowk, where participants displayed banners and raised slogans to educate shopkeepers and the public about legal restrictions and the harmful effects of tobacco, alcohol, and narcotics near schools. The rally concluded with a mass gathering, where speakers stressed strict law enforcement and community vigilance. The initiative aimed to foster a safe and healthy environment for students. The total expenditure for the program was approximately NPR 12,000.



Winter Clothing Support for Students

RC Damak
December 3, 2025

The Rotary Club of Damak and Rotaract Club of Damak jointly organized a Winter Clothing Distribution Program to support underprivileged students of Shree Durga Devi Primary School, Gauradaha. The initiative benefited 80 children, providing sweaters and tops to 70 students and school uniforms with chocolates to 10 others. Conducted with a budget of Rs. 65,000, the program aimed to enhance students' comfort, confidence, and school participation during the cold season. The effort contributed to improved well-being and encouraged regular attendance by ensuring children remained warm throughout winter.



Handover the Police Bit

RC Bhadgaon
November 29, 2025

The Rotary Club of Bhadgaon rebuilt and handed over a 150 sq. ft. police booth in Sallaghari, Bhaktapur, after it was destroyed during the recent Gen-Z movement. The booth was officially inaugurated in the presence of Bhaktapur CDO Umesh Kumar Dhakal and SP Surya Bahadur Khadka, who praised the club's contribution. Club President Dilli Ram Giri, Charter President Manoj Kandel, and Secretary Suman Koirala highlighted the support worth around four lakh rupees. Additionally, the club donated water pumps, tanks, duvets, mattresses, and other logistics to several police offices, totaling five lakh rupees in assistance.



Dustbin Distribution Program

RC Dillibazaar
December 9, 2025

The Rotary Club of Dillibazar-Kathmandu, in collaboration with the Unnati Organization, successfully conducted a dustbin distribution program at Kankali Secondary School, Ward No. 13, Old Naikap, Chandragiri Municipality, to promote cleanliness and enhance the learning environment. President Rtn. Prem Oli, serving as chief guest, handed over the dustbins to Principal Mr. Bishnu Paneru in the presence of senior Rotarians. President Oli highlighted the project's alignment with Rotary's focus on environment, education, and health. Principal Paneru expressed gratitude for the support and welcomed future collaboration.



Food Distribution at Manavsewa Ashram

RC The Himalayan Gurkhas
December 8, 2025

The Rotary Club of The Himalayan Gurkhas successfully organized a food distribution program at Manavsewa Ashram, Samakhosi Center, as part of its ongoing commitment to community service. Dedicated club members actively participated, ensuring the program was conducted smoothly and with compassion. A total of 51 residents—helpless individuals—received freshly prepared meals, providing both nourishment and dignity. The program was made possible through the generous sponsorship of Board Director Rotarian Capt. Harak Singh Thapa, whose support reflected the true Rotary spirit of service and inspired collective responsibility toward those in need.



A Little Warmth, A Lot of Smiles

RC Pashupati Kathmandu
December, 2025

On a cold morning, small hands reached out not only for clothes but also for comfort and care. The Rotary Club of Pashupati Kathmandu shared warmth with the students of Shree Adharbhit Madhyamik Vidyalaya, Dhankuta, and Hermichour Madhyamik Vidyalaya, Gulmi. A total of 100 sets of warm jackets and tracksuits were distributed to 100 children, helping them face winter with comfort and dignity. With a total project budget of Rs. 100,000, this small act of kindness demonstrated how collective effort can create lasting impact and bring warmth, confidence, and smiles to young lives.



Girls Toilet Inaugurated at Nawadurga Basic School

RC Gaidakot
December 2, 2025

The Rotary Club of Gaindakot successfully inaugurated a girls' toilet at Nawadurga Basic School on December 2, 2025, with support from Mahalaxmi Development Bank, under Rotary's focus on basic education and literacy. The program was chaired by Club President Rtn. Hiralal Aryal and attended by RI District 3292 District Governor Rtn. Binod Koirala as Chief Guest, along with district leaders, municipal representatives, Rotarians, Rotaractors, school officials, and students. Rtn. Binod Koirala formally handed over the key to the school and highlighted Rotary's commitment to education and sanitation. On the same day, the Rotary team visited the Jagannath Gaun integrated community project, reviewing drinking water, irrigation, sanitation initiatives, and the distribution of electric ovens to promote clean energy and improved living standards.



Empowering Hands Through Traditional Yomari Making

RC Kathmandu Height
December 14, 2025

The Rotary Club of Kathmandu Height successfully concluded the Yomari Promotion 2082 Training Program at Ward Office No. 27, Sunakothi, Lalitpur, which commenced on "Yomari Punhi". The program celebrated Yomari's inclusion in Nepal's National Intangible Cultural Heritage List while promoting women's economic empowerment. The training targeted single women, with 53 participants, and the closing ceremony was attended by over 350 community members from Lalitpur Wards 26, 27, 5, and 7. During the program, 200 kg of rice flour was used to prepare traditional "Chaku and Khuwa" Yomari, providing practical skills in quality production. The club contributed NPR 25,000 and collaborated with Lalitpur Metropolitan City, Ward No. 27, local committees, partner organizations, and women's groups. The initiative enabled participants to begin commercial Yomari production, supporting self-employment, cultural preservation, and sustainable livelihoods.





Rotary Initiative on Menopause Awareness

RC Dharan Foothills
December 4, 2025

The Rotary Club of Dharan Foothills organized an awareness session on menopause on December 4, 2025 to educate and empower women to navigate this life transition with confidence. The session was led by President-Elect Rtn. Prof. Dr. Pritha Basnet, who explained the physiological aspects of menopause, common symptoms, and practical lifestyle management strategies. Emphasis was given to healthy habits, physical activity, emotional well-being, and timely medical consultation. Participants actively engaged through discussion and shared experiences, helping to dispel myths and reduce stigma. The program was successfully supported by Jhuna's Fitness and Wellness Centre, reflecting Rotary's commitment to women's health and community well-being.



Six Schools, Three Days, One Mission: Promoting Sports and Wellness

RC Biratnagar Downtown
December 14, 2025

The Rotary Club of Biratnagar Downtown successfully implemented a sports material support project covering six community schools over three days. The project aimed to promote physical activity, teamwork, and healthy lifestyles among students by providing comprehensive sports kits. The distribution was carried out in coordination with Biratnagar Metropolitan city to ensure that the support reached deserving schools.

Each phase covered two schools, benefiting institutions including Janta Basic School,



Mahamaya Bhagwati Basic School, Shri Madannagar Basic School, Bakhri Basic School, Susiksha Nikunj Basic School, and Mahamaya Bhagwati Basic School. Each school received a standard set of sports materials, including badminton rackets and nets, volleyballs and net, footballs, skipping ropes, indoor games such as ludo and carrom, and basic cricket equipment.

More than 1,300 students in total benefited from the project, along with teachers and sports instructors who now have better resources to engage students. The initiative generated great enthusiasm among children, increased participation in sports, and enabled schools to conduct regular sports activities and competitions. The durable materials and teachers' commitment to proper use ensure long-term sustainability and lasting positive impact.



Dustbin Handover to Ambikeshwori Mandir

RC Dang
December 11, 2025

The Rotary Club of Dang handed over a large dustbin to Ambikeshwori Mandir in Ghorahi, Dang. The temple, visited daily by nearly 200 pilgrims, is the only site in Ghorahi where the army fired ceremonial guns during Fulpati. The new dustbin was provided to address inadequate waste management within the premises. Implemented with a budget of Rs. 30,000, the initiative improved proper disposal of waste by temple staff and pilgrims, contributing to better cleanliness and sanitation in the temple area.



Support to Musahar Community on 10th Charter Day

RC Bhairahawa
December 6, 2025

The Rotary Club of Bhairahawa celebrated its 10th Charter Day by extending support to the impoverished Musahar community of Kanpara, Tilottama Municipality. To mark the occasion meaningfully, the club organized a humanitarian program and distributed 21 warm blankets and winter clothes to needy families. Club President Rtn. Kamal Koirala stated that the initiative reflected Rotary's commitment to social service. Chief Guest Assistant Governor Rtn. Jitendra Nath Sharma praised the club for upholding the spirit of "Service Above Self." The program concluded with a cake-cutting ceremony shared with the Musahar families.



Diabetic Retinopathy Screening

RC Lumbini Siddhartha Nagar
December 25, 2025

The Rotary Club of Lumbini Siddhartha Nagar successfully conducted a Diabetic Retinopathy Screening Camp to serve the local community. The camp aimed to detect early signs of diabetes-related vision damage and promote awareness of eye health. A total of 180 individuals received free eye check-ups, with the project implemented at a budget of NPR 50,000. The program was carried out with the valuable support of Lumbini Eye Institute, Om Satiya Ward No. 1 Office, and Care + Diagnostic and Reference Lab. Active participation from Interact Clubs and the Rotary Community Corps reflected strong community collaboration.



Joint Blood Donation Camp

RC Patan Durbar Square

RC Patan South

RC Rajdhani

December 1, 2025

A joint Blood Donation Camp was successfully organized on December 1, 2025 at Lagankhel. The camp witnessed enthusiastic participation from donors of diverse communities, including students, professionals, and volunteers. With strong coordination among partnering organizations, the program ran smoothly, covering registration, medical screening, and blood collection. A total of 31 pints of blood were collected, making a meaningful contribution to the blood bank and supporting patients in urgent need. The program was jointly organized by Rotary Clubs of Patan Durbar Square, Rajdhani, and Patan South, along with Lions Club of Kathmandu Gurans and Cerebral Palsy and Neurological Disorder Welfare Society Nepal, in collaboration with Nepal Red Cross Society, Lalitpur Blood Bank, Pulchowk, with technical and volunteer support from partner institutions.



Health Awareness Program (Students with Doctor)

RC Kawasoti

November, 2025

The Rotary Club of Kawasoti successfully organized a "Students with Doctor" Health Awareness Program at Nawalpur Academy, Danda, Kawasoti-16, as part of its commitment to community health. Chaired by Club President Rtn. Narayan Prasad Neupane, the program featured Charter President Rtn. Bharat Sharma Pokharel as Chief Guest. The session, led by Dr. Archana Ghimire of Madhyabindu Provincial Hospital, focused on brain stroke, its symptoms, risk factors, and first-aid response. Over 180 students and teachers participated. The program effectively enhanced awareness, preparedness, and life-saving knowledge among youths, reinforcing Rotary's dedication to health education and youth empowerment.



Girl's Toilet Facility Handover and Support for Inclusive Education

RC Dillibazar

December 1, 2025

The Rotary Club of Dillibazar officially handed over a newly constructed girls' toilet facility to Durga Secondary School in Garamani, Jhapa, with financial support from Rotary International District 3292. The handover ceremony was held on December 1, 2025, in the presence of Rotarian Mr. Bhakti Prasad Pathak and Mrs. Narmada Kharel, along with school management members, teachers, and local social workers. On the occasion, learning materials (bell paper) were also provided to support visually impaired students, reflecting Rotary's commitment to inclusive education. Mr. Krishna Pandey, Chairperson of the School Management Committee, expressed sincere appreciation, noting that the support would significantly improve students' dignity, comfort, and learning environment.



Dental Camp

RC Biratnagar Central

December 14, 2025

A Dental Camp was successfully organized by the Rotary Club of Biratnagar Central in collaboration with Tankisiniwari Junior JCI, with support from COBASS College, at Naragram School, Tankisiniwari on December 14 2025. The program provided free dental check-ups to around 200 students and included the distribution of dental kits to encourage good oral hygiene practices. The initiative helped raise awareness about dental health at an early age and contributed to improving the overall well-being of schoolchildren.





A seven-day School-Based Oral Health Program

RC Kathmandu North
December, 2025

A seven-day School-Based Oral Health Program was successfully conducted in Biruwa Rural Municipality, Syangja, with financial support from Biruwa Rural Municipality and BM Foundation, and programmatic support from the Rotary Club of Kathmandu North, RI District 3292, with technical assistance from Kantipur Dental College Teaching Hospital and Research Center. Honored by the presence of Assistant Governor and Past President Rtn. Dr. Buddhi Man Shrestha, the program covered oral health screening and education in all 35 schools over five days, followed by two days of treatment services.

A total of 1,609 students were screened, revealing a high burden of dental problems; 230 students received treatments including extractions, fluoride application, restorations, and scaling. Clinical services were delivered by a dedicated team of dentists, with overall coordination by Public Health Officer Ms. Swechchha Marasini, alongside oral health education and brushing demonstrations to promote preventive care.

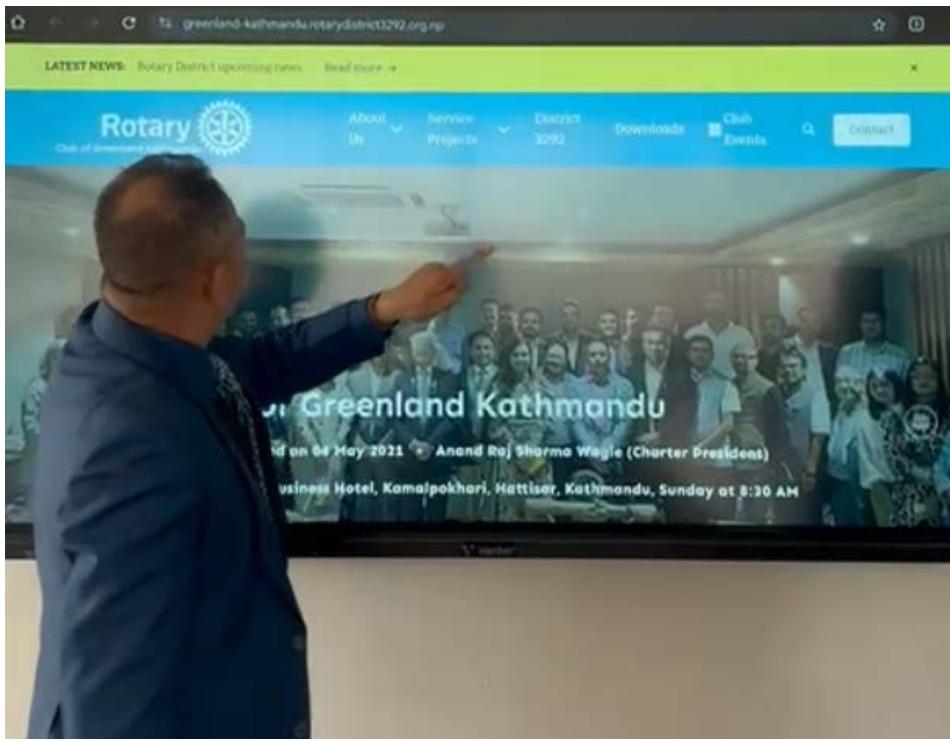


Street Drama for Aids Awareness

RC Rupandehi
December 1, 2025

On the occasion of the 38th World AIDS Day on December 1, the Rotary Club of Rupandehi, in collaboration with Tilottama Municipality, organized a street drama awareness program at Manigram Chowk, Tilottama-5, to promote public understanding of HIV and AIDS. The performance effectively conveyed messages on prevention, transmission, stigma reduction, and the importance of accurate information through engaging, real-life scenarios. The program was graced by Chief Guest Mayor Ram Krishna Khad, who commended the initiative and emphasized the vital role of local governments and civil society in community health awareness.





Website Launched

RC Greenland Kathmandu
December 28, 2025

The website of Rotary Club of Greenland Kathmandu (<https://rcgreenlandktm.org.np/>) was officially launched by Assistant Governor Rtn. Buddhiman Shrestha during our Regular Meeting and 3rd Club Assembly, marking an important milestone in strengthening the club's digital presence and communication.

The website launch reflects the club's commitment to transparency, effective information sharing, and enhanced public image in line with Rotary's vision. It will serve as a key platform to showcase

club activities, service projects, announcements, and member engagement, while also connecting the club with the wider community.

We extend our heartfelt gratitude to Past Assistant Governor Rtn. Chhongba Sherpa, Chair, District Information Technology Committee, for his invaluable support in hosting the website and providing professional design assistance. His guidance and technical expertise played a vital role in making this initiative successful.



Empowering Children Through Technology: Rotary Club's Initiative

RC Himalayan Golfers
December 6, 2025

The Rotary Club of Himalayan Golfers President Rtn. Daman B. Ghale attended the Installation and Oath-Taking Ceremony of the Rotaract Club of Himalayan Golfers as the Chief Guest. During the event, he formally handed over a computer to Anmol Children Development Home under the club's 'Digital Literacy Initiative.' The contribution aimed to enhance IT-based learning and digital skills among the children, supporting their educational development and improving access to technology-driven opportunities.



Celebrating Charter Day with Service to Humanity at Manavsewa Ashram

RC Central Lumbini
November 26, 2025

The Rotary Club of Central Lumbini celebrated its 10th Charter Day by providing a full day of nutritious meals to around 150 residents of Manav Sewa Ashram in Bhalwari, Tillottama Municipality. The member-funded initiative included breakfast, lunch, evening snacks, and dinner, benefiting homeless, disabled, and mentally challenged individuals. A brief formal program with a cake-cutting ceremony was also held to mark the milestone. Dignitaries and Rotarians highlighted the value of collective service.



Cervical Screening Camp

RC Greenland Kathmandu
RC Kathmandu Downtown
RC Thamel Kathmandu
RC Nyatapola

December 2025, RC Greenland Kathmandu, in collaboration with BM Foundation, RC Kathmandu Downtown, RC Thamel Kathmandu, RC Nyatapola, and Himalayan Brokerage Co. Ltd., successfully organized a Free Cervical Screening Camp at Jhor Mahankal, Tokha Municipality Ward No. 1. The camp was conducted with the aim of raising awareness about women's health and providing early detection services for cervical-related issues, which remain a significant concern in many communities.

More than 100 women from the local area participated in the screening, demonstrating strong community engagement and interest in preventive healthcare. The program was supported by dedicated medical professionals and volunteers who ensured smooth service delivery and proper counseling for all attendees.

This initiative reflects the collective commitment of partnering organizations to promote women's health, encourage timely screening, and support healthier communities. RC Greenland Kathmandu extends sincere gratitude to all partners, health professionals, and participants for making this service project impactful and meaningful.



School Uniforms Distributed to Students

RC Hetauda
December 1, 2025

The Rotary Club of Hetauda distributed school uniforms to students of Shree Yuva Barsha Ganga Basic School through a special program designed to support economically disadvantaged children and promote regular school attendance. Club President Pramesh Pradhan noted that the initiative, carried out under the School Educational Program, would enhance students' confidence and motivation. To address absenteeism caused by the lack of uniforms, 130 students received support with the assistance of Asmita Thapa. The program also featured an inspiring message encouraging discipline, good health, and academic dedication in the presence of club leaders, parents, teachers, and local stakeholders.



Spreading Joy among Senior Citizens

RC Gongabu
December 25, 2025

Embracing the spirit of service, the Rotary Club of Gongabu successfully brought joy to senior citizens by organizing a special screening of the movie "Paran," creating moments of happiness and meaningful entertainment. Through that initiative, the club truly reflected the Rotary principle of Service Above Self by spreading joy, care, and compassion within the community.



Foods, Warm Clothes and Essential Materials Distribution

RC Dharan

On December 20, 2025, the Anns and Rotarian members of the Rotary Club of Dharan successfully organized a Food, Clothes, and Essentials Distribution Program at Maya Ghar, Itahari. The initiative supported vulnerable community members by distributing nutritious meals, fresh fruits and vegetables, and warm winter clothing to over 148 residents, including children, adults, and the elderly. The active participation of Ann, Rotarians, and volunteers ensured smooth execution. The Club expressed sincere appreciation to all contributors and reaffirmed its commitment to continued service-oriented initiatives.



Handover the Toilet Project

RC Birtamode
December 23, 2025

The Rotary Club of Birtamode successfully completed and handed over a girl-child-friendly toilet project at Shree Nawa Durga Basic School in Gherabari, Kachankawal Rural Municipality, Jhapa, with support from the Basic Education and Literacy Committee. The facility was designed to be safe and hygienic, supporting adolescent girls and promoting regular attendance. Complementing this effort, the Rotaract Club of

Birtamode implemented a pure drinking water project at the same school, ensuring access to clean water. Sports equipment and stationery were also distributed, encouraging learning and physical activity. This joint initiative reflected strong Rotary-Rotaract collaboration and a shared commitment to education, health, and dignity.



Stationary Distribution and Collective Planning

RC Gongabu/RC Balaju
RC Kathmandu Downtown/RC Rajdhani/RC Bagmati Kathmandu
RC Kathmandu Circle/RC Kathmandu
RC Matribhumi Baluwatar/RC Hetauda
RC Patan/RC Kathmandu Height
RC Tinkune Kathmandu
RC Kathmandu Metro
RC Madhyapur/RC Yala

December 6-7, 2025

Under the initiative and coordination of the Rotary Club of Hetauda, 15 Rotary clubs of District 3292 distributed stationery materials to children who attended the eye camp with their parents. Following the completion of the five-day free eye screening camp, a review and planning meeting was held on the final day to design the next phase of the project, including cataract surgery services. The meeting evaluated activities conducted over the previous five months and reached agreements to enhance the effectiveness of programs planned for the remaining term. The participation of club presidents highlighted strong collaboration and a shared commitment to strengthening future service initiatives and community impact.



Rotary's collective support in Nagarjun Secondary School: Making the future of students bright!

RC Gongabu/RC Balaju/RC Kathmandu Downtown/RC Rajdhani/RC Bagmati Kathmandu/RC Kathmandu Circle/RC Kathmandu/RC Matribhumi Baluwatar/RC Hetauda/RC Patan/RC Kathmandu Height/RC Tinkune Kathmandu/RC Kathmandu Metro/RC Madhyapur
December 25, 2025

Following the RI Presidential message "Unite for Good," 14 Rotary clubs of District 3292, led by the Rotary Club of Gongabu, distributed educational materials, sports equipment, and community water filters to 408 students of Nagarjuna Secondary School, Tarakeshwor. Educational supplies worth approximately NPR 535,000, including stationery items, were provided along with 24 football jerseys and various sports materials. The initiative aimed to encourage education and support students' overall development. The program was attended by senior members of the School Management Committee, former and current district leaders, club presidents, Rotaractors, school officials, media representatives, and Rotarians. The event reflected Rotary's commitment to educational support and community upliftment through collective service and collaboration.





Community Public Toilet Project at Dharmasthali Balaju Police Post

RC Gongabu/RC Balaju/RC Kathmandu Downtown/RC Bagmati Kathmandu/RC Kathmandu Circle/RC Kathmandu/RC Matribhumi Baluwatar/RC Hetauda/RC Patan/RC Kathmandu Height/RC Tinkune Kathmandu/RC Kathmandu Metro/RC Madhyapur

November 19, 2025

During the Gen-Z Movement on 8-9 September, the Dharmasthali Police Station faced significant disturbances, leading to severe damage to the Balaju Police Post. As a result, the post was temporarily relocated to the Dharmasthali Police Station premises. With nearly 200 police personnel stationed there and only a single pit toilet available, the situation created serious sanitation and hygiene challenges.

Recognizing the urgent need, 13 Rotary Clubs jointly initiated the construction of a community public toilet at the Dharmasthali Balaju Police post. The project site, located in Ward No. 6 of Tarkeshwor Municipality, Kathmandu, is a semi-urban area near Padmasal Chowk that continues to struggle with limited sanitation facilities, especially in government institutions. Rapid population growth, overcrowding, and vulnerability during civil unrest further highlighted the necessity for a durable, community-focused solution.

The presidents led the initiative with participation from the 13 clubs. On the occasion of World Toilet Day, the newly constructed toilet facility at Dharmasthali Police Station was formally handed over in coordination with the district 3292 Basic Education & Literacy Committee. The infrastructure now serves 190 police personnel, ensuring improved hygiene, dignity, and a healthier working environment. The project, completed at a total cost of NPR 722,898, demonstrated the collective commitment of all participating Rotary Clubs to enhancing public sanitation and supporting frontline personnel.

on December 6, 2025, screened over 800 rural residents, identifying 280 cataract patients. Following medical tests, 250 patients underwent successful cataract surgeries at Lumbini Netralaya, Bhairahawa. Supported by Kotahimai Rural Municipality, corporate sponsors, and volunteers, initiative restored vision to many underprivileged individuals and significantly enhanced Rotary's public image through wide national media coverage.



Celebrating 10 Year of Service with 250 Cataract Surgeries

RC Central Lumbini
December 6, 2025

To mark Clubs 10 years of service to mankind, the Rotary Club of Central Lumbini successfully conducted a mega eye care project at Kotahimai, Rupandehi. The free eye screening camp held



International Menstrual Dignity Day and Reusable Pad - Making Training Program

RC Bhaktapur
December 8, 2025

The 7th International Menstrual Dignity Day and Reusable Pad-Making Training Program was successfully conducted through strong community participation and inter-club collaboration. Jointly organized by RC Bhaktapur, RC Gyaneshwar, RC Kalanki Kathmandu, RC Pashupati Kathmandu, RC New Road City Kathmandu, Rotaract Club of Bhaktapur, and Rotaract Club of KMC Duwakot, the program promoted menstrual dignity, awareness, and sustainable practices through interactive discussions and hands-on training. A total of 80 participants attended the event, which featured insightful addresses from Rotary leaders, community representatives, and the Chief Guest, DGE Rtn. Vishnu Bahadur Karkee. The program concluded with a practical reusable pad-making session, empowering women and girls with eco-friendly skills and knowledge.





Preventative Health Camp

RC Biratnagar Downtown
December 20, 2025

The Rotary Club of Biratnagar Downtown, in collaboration with the Rotaract Club of Nobel Medical College, successfully organized a preventive health screening camp for 88 elderly residents (age 50-70) at Birateshwar Bridh Ashram. Final-year medical students conducted screenings for hypertension, diabetes, and lipid profiles, while Rotarians & Rotaractors were managed registration, counseling, and meal service. Participants received nutritious meals, gained awareness of risk factors, and some were referred for follow-up care. The camp identified several undiagnosed conditions, promoted community well-being, and demonstrated a replicable model for improving senior health and morale.



Blanket Distribution Program

RC Birtamode Midtown
December 3, 2025

The Rotary Club of Birtamod Midtown, in collaboration with the Inner Wheel Club and Rotaract Club of Birtamod Midtown, successfully organized a blanket distribution program on 3 December 2025 to mark the 34th International Day for Persons with Disabilities. Conducted in coordination with Shanti Apanga Sangh, Buddhishanti-3, Budhabare, the initiative provided warm blankets to 72 individuals with disabilities, offering comfort and support during the winter season.



Bags, Stationary & Clothes Distribution Program

RC Dharan
December 12, 2025

The Rotary Club of Dharan successfully organized a Bags, Stationery, and Clothes Distribution Program on Friday, December 12, 2025, at Saptakoshi Bal Bikas Basic School, Barachetra-06, Khasrae, Sunsari. The initiative benefited 57 students from Nursery to Class Two, supporting early childhood education by addressing essential learning and basic needs. The program was effectively coordinated by Program Coordinator Rtn. Gaurav Shakya, ensuring smooth implementation. The club sincerely appreciated the school principal and teaching staff for their strong cooperation and support. Such initiatives reaffirm the club's commitment to child welfare, education, and community service.



Training on "Circular Economy and Nature based Regenerative Agroforestry"

RC Kathmandu Circle
December 16-18, 2025

Eco Himal Nepal and the RRC Circle jointly conducted a 3 day training on "Circular Economy and Nature-Based Regenerative Agroforestry" at Everything Organic Nursery, Dhulikhel, engaging 26 participants (11 female, 15 male) from 13 Rotary Community Corps, local government, and farmer groups. The program covered agroforestry, bio-intensive farming, organic practices, regenerative agriculture, and orchard management through field demonstrations and theory. Participants learned to address pests, soil fertility, and chemical dependency while applying high-value, resource-efficient techniques. Supported financially and technically by Eco Himal Nepal, the training enhanced farmers' skills, awareness, and commitment to regenerative agriculture and local knowledge sharing.

Annual Club Contribution Hand over for Retina Support

RC Bagmati Kathmandu
December 1, 2025

Since 2019, the Rotary Club of Bagmati Kathmandu has annually supported Tilganga Eye Hospital to assist economically disadvantaged patients requiring eye care. To date, the club has contributed NPR 978,500, enabling treatment for 143 patients and helping save 172 eyes.

On December 1, 2025, aligning with Rotary's Disease Prevention & Treatment Month, President Rtn. Saroj Bajracharya, along with Past Presidents, formally handed over the annual contribution cheque to Dr. Reeta Gurung, CEO of Tilganga Eye Hospital, in the presence of hospital officials.



Cataract Surgery of 131 Peoples Completed in Two Phases

RC Hetauda
December 3-7, 2025

A free eye screening and cataract surgery program was successfully completed in two phases under the leadership of the Rotary Club of Hetauda, restoring vision to 59 patients and benefiting hundreds in the local community. In the first phase, launched on November 21, 2025, a total of 720 people received free eye screenings in Chitwan, Sarlahi, and Mahanadi, resulting in 72 cataract surgeries.

The second phase was conducted from December 3 to 7, 2025, as a joint initiative of 15 Rotary clubs of District 3292 (**RC Hetauda, RC Bagmati Kathmandu, RC Balaju, RC Gongabu, RC Kathmandu, RC Kathmandu Circle, RC Kathmandu Downtown, RC Kathmandu Height, RC Kathmandu Metro, RC Madhyapur, RC Matribhumi Baluwatar, RC Patan, RC Rajdhani, RC Yala, and RC Tinkune Kathmandu**), in collaboration with Community Eye Hospital Hetauda and Indrasarovar Rural Municipality. During this phase, 350 individuals were screened at five locations in the Indrasarovar area, with 67 diagnosed with cataracts, including three patients suffering from bilateral vision loss.

Free cataract surgeries were performed on 59 patients on December 6 at Khanikhet Health Post, Kulekhani-3, by a medical team led by ophthalmologist Dr. Sunil Thakali. All patients were re-evaluated on December 7 during an "Eye



Opening Day." The project, implemented with a total budget of NPR 421,325, significantly restored sight, mobility, and quality of life, reaffirming Rotary's belief that there is no greater charity than the gift of vision.



Environmental Protection: Induction Cookstove Distribution Program

RC Kathmandu Circle /RC Salleri
December 8, 2025



Distributes Warmth and Educational Supplies at Blind Children Educational Centre

RC Patan West
December 1, 2025

In a gesture of care and service, the Rotary Club of Patan West conducted a distribution program at the Blind Children Educational Centre in early December. The club provided essential items to support the children's comfort and learning, including 30 sets of blanket, pillow, and bed covers worth Rs. 35,000, along with two rims of Braille notebooks valued at Rs. 15,000. The program was attended by club leaders and members, with active participation from Interactors of Prithivi Narayan Secondary School, reflecting strong community engagement and commitment to inclusive education.



With financial support from a TRF District Grant of the Rotary Club of Richmond, RI District 9800 Melbourne, the Rotary Clubs of Kathmandu Circle and Salleri jointly supported the distribution of 110 induction cookstove sets to households in Solukhumbu. The distribution program was implemented through Srijansheel Yuwa Samaj of Kangel, Thulung Dudhkoshi Rural Municipality-2, and included induction cookers with cooking pots. The total project cost was NPR 1,155,000. The initiative improved access to clean cooking technology, reduced dependence on firewood, minimized exposure to smoke and dust, and saved time for women traditionally responsible for collecting firewood, thereby contributing to better health, environmental protection, and household efficiency.



Girl's Toilet Handover Program

RC Kathmandu Heritage
December 13, 2025

The Rotary Club of Kathmandu Heritage successfully handed over two toilets to Shree Ganesh Surya Basic School, Likhu Rural Municipality-3, Malakot, Nuwakot, aiming to improve sanitation for primary-level girl students. Constructed with support from Rotary International – Basic Education & Literacy, the handover was held at the school premises and chaired by President Mr. Krishna Prasad Sharma. The event was attended by club leaders, school staff, students, local stakeholders, and media, totaling around 45 participants. The project is expected to promote a healthy learning environment, hygiene, and dignity for girl students.



Wheelchair distribution on Charter Day

RC Narayangarh
November 27, 2025

Upholding the spirit of "Service Above Self," the Rotary Club of Narayangarh distributed five wheelchairs to local residents during a program held at the Ward No. 10 office of Bharatpur Metropolitan City to mark Clubs 23rd Charter Day. The event was chaired by Club President Rtn. Sewan Panta, with Ward No. 10 Chairman Parmeshwar Khanal as Chief Guest. The support was provided to five beneficiaries, enhancing their daily mobility. Program Coordinator Rtn. Bholanath Lamichhane highlighted the club's continued commitment to serving the underprivileged.



Handing over female toilets to the school

RC Rapti
December 12, 2025



The Rotary Club of Rapti constructed and handed over a disabled-friendly girl's toilet to Shree Adarsh Model Secondary School, Lalmatia, Ward No. 2, Rapti Rural Municipality, Dang. The handover program, chaired by Club President Gopal Acharya, was graced by Rotary International District 3292 Zone 32 Assistant Governor Bir Bahadur Raut, who committed to providing additional sanitary facilities to improve school cleanliness. The toilet, built with support from Basic Education & Literacy, RID 3292, the school, and the Rotary Club, cost NPR 414,028. Over 500 girl students are expected to benefit directly, enhancing their health, dignity, and learning environment. Founding President Basudev Neupane highlighted the project's role in promoting girls' education and well-being, while Damodar Pokhel, coordinator of the Teachers' Parents Association, expressed gratitude and hope for continued support from the Rotary Club in the future.



Cultural Carnival 2025: Celebrating Heritage, Creativity, and Community Well-Being

RC Patan Heritage
December, 2025

The Cultural Carnival 2025 was successfully held at the historic Patan Museum, engaging over 1,000 participants in a vibrant celebration of Nepal's cultural heritage, creativity, and community well-being. Jointly organized by the Rotary Club of Patan Heritage and the Rotaract Club of Patan Heritage, the event promoted culture, local entrepreneurship, and mental wellness through art and collaboration. Highlights included over 250 free health check-ups, local vendor stalls, and diverse cultural performances. The seven-month initiative "Nritya Sanjwani: Healing Through Kathak" powerfully showcased dance as a medium for emotional healing, leaving a lasting impact on attendees. Nepali Buwa" by Balen Shah, added strong social resonance and significance to the evening.

The Cultural Carnival 2025 concluded with sincere appreciation to all performers, collaborators, sponsors, co-host clubs, volunteers, vendors, and attendees. The event stood as a powerful celebration of culture, healing, storytelling, and collective pride, reinforcing the role of art and community in social well-being.

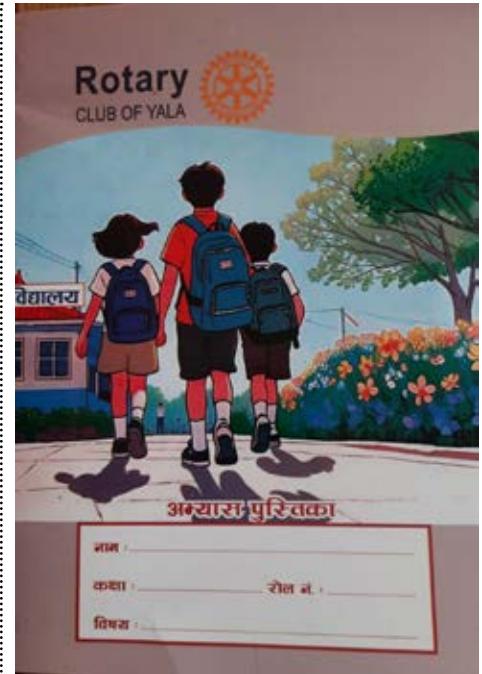




Financial Literacy

RC Rupandehi
December 24, 2025

The Rotary Club of Rupandehi successfully organized a Financial Literacy Program on December 24, 2025, at Resunga Party Palace, Tilottama-8, for over 110 women involved in microfinance activities. Chaired by President Rtn. Krishna Gautam, the event featured Mr. Dhruba Kumar Poudel, CEO of RSDC Microfinance, as Resource Person. He addressed responsible loan use, savings, self-employment, and pathways to economic self-reliance. Participants actively engaged, sharing experiences and practical questions. The program concluded with discussions and a fellowship dinner, fostering unity. This initiative reinforced the club's commitment to women's empowerment, financial inclusion, and sustainable community development.



Distribution of Exercise Copy

RC Yala
December 17, 2025

The Rotary Club of Yala implemented its Adult Learning Support initiative under the TEACH Program by distributing 1,500 notebooks worth approximately NPR 50,000 to Sinchahiti Mahila Vidyalaya, Sinchahiti, Lalitpur. Established in 2071 B.S., the school offers adult education from Nursery level to Grade 8 and serves over 80 women learners above 40 years of age. The support strengthened access to learning materials, promoting literacy, educational continuity, and women's empowerment. The club sincerely appreciated Past President Rtn. Surendra Govinda Joshi for his generous contribution.





Warm Clothes Distributions

RC Surunga
December 7, 2025

The Rotary Club of Surunga distributed warm sweaters to 100 students of Chumpapur Secondary School, Ward No. 6, Kankai, aimed at providing relief during the winter season. Chaired by President Dilliram Mainali and hosted by Ward President Laxmi Prasad Oli, the event saw active coordination from members abroad, Sumitra and Prajwal Sitaulapati. The school principal, Bishnu Prasad Koirala, expressed gratitude, noting the support's positive impact on students and families from disadvantaged communities. Since 2011, the club has supported rural schools through initiatives in education, health, sanitation, and community development, fostering sustainable social welfare.



Graphic Design Workshop and Contest

RC Yala
December 13-14, 2025

The Rotary Club of Yala, in collaboration with Women in Information Technology (WIIT) and Shree Harisiddhi Secondary School, successfully conducted a two-day Graphic Design Workshop and Contest on 13-14 December 2025. The program engaged 30 Grade 9 girl students, providing hands-on graphic design training by professional instructors. Students presented group posters evaluated on creativity, message clarity, and design. The top three designs were awarded prizes sponsored by WIIT and RC Yala. The initiative effectively enhanced digital skills and encouraged girls to explore ICT and creative fields.

Global Grant



budgets were NPR 20,847,619, NPR 6,549,919, and NPR 17,795,337 respectively. These initiatives are benefiting kidney patients, spinal injury patients, and rural communities through improved healthcare, safe drinking water, and year-round irrigation. Notably, the Gauritar project was fully automated with digital monitoring systems. Collectively, the projects are expected to deliver lasting improvements in health, livelihoods, and quality of life.



Inauguration of Global Grant Projects

RC Chitwan
December 5, 2025

Three Global Grant projects were successfully inaugurated on December 5, 2025, through formal programs held at three locations in Chitwan and Tanahu districts, in the presence of Rotary International District 3292 District Governor Rtn. Binod Koirala as Chief Guest and Mrs. Biba Koirala as First Lady. The projects included the **Hemodialysis Center (GG2235682)** project at Chitwan Medical College, Bharatpur; **Gauritar Water Supply and Micro-irrigation project (GG2465622)** at Devghat-5, Tanahu; and the **Spinal Injury Rehabilitation Center, Chitwan Unit (GG2239851)** at Bharatpur-3, Chitwan.

The international sponsoring clubs were RC Sangli Mid-town, Mumbai; RC Auburn, USA; and RC Bangalore Whitefield, India. The total project





Disability Camp with Surgery – GG2350574

RC Dhulikhel
November 29, 2025

The Rotary Club of Dhulikhel, in partnership with international Rotary clubs, districts, TRIFC.org, and The Rotary Foundation, successfully conducted a comprehensive disability screening camp under Global Grant GG2350574 across Taplejung, Panchthar, and Dolakha districts. The camp focused on identifying orthopedic, neurological, and physical disabilities in underserved communities where access to medical care remained limited due to geography and poverty. A total of 203 cases were identified, with 42 patients referred to HRDC for admission, corrective surgery, and specialized treatment.

The initiative addressed long-neglected disabilities by bringing medical expertise directly to remote communities. Early identification and referral restored mobility and hope, enabling children to return to school, adults to regain livelihoods, and families to live with dignity. The project demonstrated a sustainable model of inclusion, rehabilitation, and improved quality of life for marginalized populations.



RC Dublin North and RC Dublin Fingal, the project received technical support from Water Center Twenty-One Pahal.



The one-year initiative, with a total budget of USD 40,824, trained 23 teachers in effective teaching methods, critical thinking, and STEM education, and established a computer lab with solar backup and high-speed internet. Benefiting around 400 students and 23 teachers, the project supports a blended learning system using digital technologies. The handover ceremony was attended by Rotarians, school officials, teachers, and students, reflecting Rotary's commitment to quality education, innovation, and sustainable community development.

Rotary GG2457541 Teacher's Training Support Project Handed Over in Madi

RC Narayangarh
December 3, 2025

The Rotary Global Grant GG2457541 – Teacher's Training Support Project was formally handed over to Khairahani Secondary School, Madi, Chitwan, on December 3, 2025, aiming to strengthen education quality through teacher capacity building and digital learning support. The handover was jointly conducted by District Governor Rtn. Binod Koirala and Mayor Ms. Tara Kumari Kaji Mahato, highlighting strong collaboration between Rotary and local government. Implemented by the Rotary Club of Narayangarh with international sponsorship from the Rotary Club of Omagh and co-sponsorship from



District Governor's Calendar

JANUARY 2026

Day	Programme	Location
2	DG Visit of RC Sankhu / RCC Conference	Sankhu
3	RCC Conference	Sankhu
4	DG Visit of RC Pokhara Paradise	Pokhara
5	DG Visit of RC Pokhara Lakeside	Pokhara
8	DG Visit and Charter Day of RC Tripureswor	Kathmandu
10	Vibrant Club Workshop Region 5	Butwal
17	DG Visit of RC Kathmandu Height (Morning) / RC Dhulikhel (Afternoon)	Kathmandu/Dhulikhel
24	Vibrant Club Workshop Region 7	Jhapa
28	DG Visit and Charter Day of RC Nagarjun	Kathmandu
29	DG Visit of RC Bhadgaon	Bhaktapur
30	DG Visit RC Kavre Banepa (Evening) / Electric Crematorium Opening	Kavre
31	DG Visit of RC Patan East (Morning)	Lalitpur

